

Prova 16 **Open**
29/07/2023 **Startlist**
Femin., 400m Livres

| | | | | | |
|------------------------------|---------|---------------------------|------|----------------------------|------------|
| Recordes Nacionais 50m Open | 4:08.77 | MARTINS, Francisca Soares | FOCA | Canet-en-Roussillion (FRA) | 14/05/2023 |
| Recordes Nacionais 50m Sen | 4:08.77 | MARTINS, Francisca Soares | FOCA | Canet-en-Roussillion (FRA) | 14/05/2023 |
| Recordes Nacionais 50m Jun17 | 4:14.67 | HOLUB, Tamila Hryhorivna | SCB | Oeiras | 23/07/2016 |
| Recordes Nacionais 50m Jun16 | 4:20.37 | FERREIRA, Marta Andreia | POR | Berlim (GER) | 04/08/2002 |
| Recordes Nacionais 50m Juv A | 4:20.78 | HOLUB, Tamila Hryhorivna | POR | Porto | 07/06/2014 |
| Recordes Nacionais 50m Juv B | 4:26.20 | CABRAL, Maria Francisca | FCP | Oeiras | 26/07/2014 |
| Recordes Nacionais 50m Inf A | 4:31.53 | SILVA, Alexandra Maria | POR | Skovde (SWE) | 08/08/1980 |
| Recordes Nacionais 50m Inf B | 4:43.70 | SILVA, Alexandra Maria | FCP | Funchal | 27/07/1979 |

DOHA2024 : 4:10.57 / TAC_Sen1 18 50m: 4:41.10 - 25m: 4:33.12 / TAC_Sen2 19 + 50m: 4:39.70 - 25m: 4:31.76 / TAC_Jun1 Jun16 50m: 4:48.09 - 25m: 4:39.91 / TAC_Jun2 Jun17 50m: 4:46.69 - 25m: 4:38.55 / TAC_Juv1 Juv B 50m: 5:02.08 - 25m: 4:53.50 / TAC_Juv2 Juv A 50m: 4:55.08 - 25m: 4:46.71

| Pista | Nome | Ano | NFed | Clube | Tp inscrição | | |
|---------------------|-----------------------------|-----|--------|-------|----------------------------|---------|-------|
| Série 6 de 7 | | | | | | | |
| | 0 RAMOS, Joana Barbas | 06 | 153484 | Jun | Gafanha da Encarnacao | 4:32.83 | _:._. |
| | 1 PINTO, Margarida Vieira | 07 | 204344 | Jun | Braga | 4:34.69 | _:._. |
| | 2 PIRES, Catarina Gaspar | 06 | 129871 | Jun | Porto | 4:29.78 | _:._. |
| | 3 MESQUITA, Mafalda Martins | 07 | 202805 | Jun | Famalicao | 4:26.58 | _:._. |
| | 4 AMORIM, Ines Santos | 06 | 200626 | Jun | Desportiva de Viana | 4:23.54 | _:._. |
| | 5 FARIA, Leonor Verissimo | 06 | 143779 | Jun | Nucleo de Pombal | 4:28.71 | _:._. |
| WDR | 6 LOURO, Beatriz Silva | 07 | 129303 | Jun | Louletano / Loule Concelho | 4:28.42 | _:._. |
| | 7 CABRAL, Carolina Vizinho | 07 | 206307 | Jun | Natacao de Vagos | 4:30.73 | _:._. |
| | 8 FERREIRA, Maria Neto | 06 | 131467 | Jun | Nautico Academico | 4:35.26 | _:._. |
| | 9 PEIXOTO, Carolina Esteves | 06 | 133308 | Jun | Braga | 4:36.27 | _:._. |

Série 7 de 7

| | | | | | | | |
|-----|----------------------------|----|---------|-----|-----------------------|---------|-------|
| DNS | 0 GOURSON, Margaux Verger | 95 | 218761 | Sen | Fluvial Portuense | 4:28.46 | _:._. |
| | 1 MENDES, Mariana Amaral | 02 | 123959 | Sen | Sporting | 4:21.72 | _:._. |
| | 2 FOMINA, Anna | 02 | 208146 | Sen | Sporting | 4:22.91 | _:._. |
| | 3 FIDALGO, Aroa Silva | 02 | 1120186 | Sen | Nautico Sevilla | 4:21.08 | _:._. |
| | 4 HENRIQUES, Ines Jacinto | 00 | 120220 | Sen | Louzan Natacao/EFAPEL | 4:16.97 | _:._. |
| | 5 CONCEICAO, Ema Jeronimo | 03 | 129812 | Sen | Benfica | 4:19.83 | _:._. |
| | 6 VIANA, Carolina Pereira | 04 | 129199 | Sen | Sporting | 4:19.23 | _:._. |
| | 7 CARDEAL, Beatriz Nunes | 04 | 124753 | Sen | Academico Viseu | 4:23.93 | _:._. |
| | 8 MOURA, Maria Ferreira | 04 | 131382 | Sen | Sporting | 4:24.94 | _:._. |
| | 9 LOPES, Daniela Magalhaes | 05 | 130098 | Sen | Famalicao | 4:27.20 | _:._. |