

Prova 37	Femin., 200m Livres				Open
30/07/2023 - 12:10					Resultados Elimin
Recordes Nacionais 50m Open	1:58.55	MARTINS, Francisca Soares	FOCA	Canet-en-Roussillion (FRA)	13/05/2023
Recordes Nacionais 50m Sen	1:58.55	MARTINS, Francisca Soares	FOCA	Canet-en-Roussillion (FRA)	13/05/2023
Recordes Nacionais 50m Jun17	2:03.11	MARTINS, Francisca Soares	POR	Loule	16/08/2020
Recordes Nacionais 50m Jun16	2:02.89	SOUSA, Ana Reis	POR	Helsinki (FIN)	06/07/2018
Recordes Nacionais 50m Juv A	2:05.85	MARTINS, Francisca Soares	FOCA	Oeiras	27/07/2018
Recordes Nacionais 50m Juv B	2:07.40	CABRAL, Maria Francisca	FCP	Oeiras	25/07/2014
Recordes Nacionais 50m Inf A	2:10.86	FRAZAO, Alexandra Couto	CNA	Oeiras	11/04/2015
Recordes Nacionais 50m Inf B	2:12.20	RUIVO, Filipa Vilas	DNMG	S. Joao da Madeira	24/07/2009

Pontos: FINA 2023

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
Juvenis B							
1.	MAIA, Lara Catarina	09	Estarreja/PROZINCO	2:14.26	+0,53	595	
	50m: 30.85 30.85	100m: 1:04.71 33.86	150m: 1:40.01 35.30	200m: 2:14.26 34.25			
2.	MATIAS, Alana Costa	09	Uniao Coimbra	2:14.84	+0,72	588	
	50m: 31.68 31.68	100m: 1:05.58 33.90	150m: 1:41.03 35.45	200m: 2:14.84 33.81			
3.	PEREIRA, Beatriz Maciel	09	Desportiva de Viana	2:15.87	+0,69	574	
	50m: 31.28 31.28	100m: 1:05.62 34.34	150m: 1:40.85 35.23	200m: 2:15.87 35.02			
4.	BAPTISTA, Carolina Sofia	09	Estarreja/PROZINCO	2:15.89	+0,64	574	
	50m: 31.19 31.19	100m: 1:05.70 34.51	150m: 1:40.98 35.28	200m: 2:15.89 34.91			
5.	CARDOSO, Raquel Campos	09	Bombeiros de Ponta Delgada	2:16.51	+0,72	566	
	50m: 31.66 31.66	100m: 1:06.38 34.72	150m: 1:41.73 35.35	200m: 2:16.51 34.78			
6.	ARAUJO, Catarina Soares	09	Penafiel	2:17.38	+0,85	556	
	50m: 30.95 30.95	100m: 1:04.70 33.75	150m: 1:40.36 35.66	200m: 2:17.38 37.02			
7.	UVA, Sofia Monteiro	09	Alges	2:18.11	+0,64	547	
	50m: 31.33 31.33	100m: 1:06.98 35.65	150m: 1:43.15 36.17	200m: 2:18.11 34.96			
8.	JORDAO, Beatriz Silva	09	Vikings	2:18.48	+0,56	543	
	50m: 31.70 31.70	100m: 1:06.07 34.37	150m: 1:42.31 36.24	200m: 2:18.48 36.17			
9.	PINTO, Maria Carvalho	09	Viana Natacao	2:19.82	+0,77	527	
	50m: 31.58 31.58	100m: 1:06.79 35.21	150m: 1:43.81 37.02	200m: 2:19.82 36.01			
10.	MOREIRA, Madalena Valente	09	Colegio Efanor	2:19.94	+0,73	526	
	50m: 31.23 31.23	100m: 1:07.36 36.13	150m: 1:43.63 36.27	200m: 2:19.94 36.31			
11.	MARTINS, Carolina Correia	09	Porto	2:20.88	+0,58	515	
	50m: 31.53 31.53	100m: 1:06.66 35.13	150m: 1:43.52 36.86	200m: 2:20.88 37.36			
12.	NUNES, Francisca Ramos	09	Naval de Peniche	2:22.39	+0,76	499	
	50m: 31.30 31.30	100m: 1:07.44 36.14	150m: 1:46.03 38.59	200m: 2:22.39 36.36			

Prova 37, Femin., 200m Livres, Elimin, Juvenis B

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	COSTA, Laura Brites	09		Rio Maior	2:22.50	+0,65	498	
	50m: 32.80 32.80	100m: 1:08.29	35.49	150m: 1:45.52	37.23	200m: 2:22.50	36.98	
14.	FARCAS, Annabela Veronika	09		Naval de Faro	2:22.87	+0,71	494	
	50m: 32.97 32.97	100m: 1:08.74	35.77	150m: 1:45.92	37.18	200m: 2:22.87	36.95	
15.	GONCALVES, Leonor Queiroz	09		Braga	2:23.53	+0,76	487	
	50m: 32.32 32.32	100m: 1:08.29	35.97	150m: 1:46.13	37.84	200m: 2:23.53	37.40	
16.	PEDREIRO, Francisca Soreto	09		Galitos / Bresimar	2:23.80	+0,74	484	
	50m: 33.24 33.24	100m: 1:09.73	36.49	150m: 1:47.23	37.50	200m: 2:23.80	36.57	
17.	SANTOS, Joana Almeida	09		Galitos / Bresimar	2:23.92	+0,77	483	
	50m: 32.99 32.99	100m: 1:10.70	37.71	150m: 1:48.19	37.49	200m: 2:23.92	35.73	
18.	SANTOS, Joana Pereira	09		Rio Maior	2:23.96	+0,76	483	
	50m: 33.55 33.55	100m: 1:10.19	36.64	150m: 1:47.29	37.10	200m: 2:23.96	36.67	
19.	GALANTE, Filipa Carvalho	09		Vilacondense	2:24.46	+0,69	478	
	50m: 33.15 33.15	100m: 1:09.25	36.10	150m: 1:46.83	37.58	200m: 2:24.46	37.63	

Juvenis A

1.	FERREIRA, Carolina Amadeu	08		Leixoes	2:14.42	+0,61	593	
	50m: 31.12 31.12	100m: 1:05.25	34.13	150m: 1:40.75	35.50	200m: 2:14.42	33.67	
2.	FREITAS, Diana Gomes	08		Amigos da Montanha	2:15.50		579	
	50m: 31.38 31.38	100m: 1:05.75	34.37	150m: 1:41.36	35.61	200m: 2:15.50	34.14	
3.	BARBOSA, Sofia Teixeira	08		Colegio Efanor	2:16.65	+0,80	565	
	50m: 32.02 32.02	100m: 1:06.14	34.12	150m: 1:41.49	35.35	200m: 2:16.65	35.16	
4.	COSTA, Maria Joao	08		Vilacondense	2:16.98	+0,72	561	
	50m: 32.20 32.20	100m: 1:07.12	34.92	150m: 1:42.57	35.45	200m: 2:16.98	34.41	
5.	SANTOS, Emilly Gabrieli	08		Natacao Triatlo Lisboa	2:17.94	+0,81	549	
	50m: 30.61 30.61	100m: 1:03.90	33.29	150m: 1:40.17	36.27	200m: 2:17.94	37.77	
6.	CRUZ, Ana Carolina	08		Famalicao	2:18.93	+0,74	537	
	50m: 32.12 32.12	100m: 1:07.26	35.14	150m: 1:43.30	36.04	200m: 2:18.93	35.63	
7.	NASCIMENTO, Leonor Serrao	08		Alges	2:21.24	+0,63	511	
	50m: 32.34 32.34	100m: 1:07.94	35.60	150m: 1:44.96	37.02	200m: 2:21.24	36.28	
8.	BARROS, Adriana Ribeiro	08		Braga	2:21.48	+0,76	509	
	50m: 31.60 31.60	100m: 1:06.81	35.21	150m: 1:44.72	37.91	200m: 2:21.48	36.76	
9.	PIRES, Ana Beatriz	08		Uniao Piedense	2:21.74	+0,74	506	
	50m: 32.27 32.27	100m: 1:07.47	35.20	150m: 1:44.18	36.71	200m: 2:21.74	37.56	

Prova 37, Femin., 200m Livres, Elimin, Juvenis A

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	LOURENCO, Bruna Filipa	08		O Crasto	2:22.48	+0,73	498	
	50m: 32.10 32.10	100m: 1:07.26	35.16	150m: 1:44.61	37.35	200m: 2:22.48	37.87	
11.	NUNES, Carolina Mendes	08		Estarreja/PROZINCO	2:23.59	+0,78	487	
	50m: 33.28 33.28	100m: 1:08.85	35.57	150m: 1:46.49	37.64	200m: 2:23.59	37.10	

Juniores

1.	AMORIM, Ines Santos	06		Desportiva de Viana	2:08.92	+0,64	673	
	50m: 30.34 30.34	100m: 1:03.39	33.05	150m: 1:36.34	32.95	200m: 2:08.92	32.58	
2.	VIEIRA, Ana Beatriz	07		Foca Quinta da Lixa CNF	2:10.28	+0,66	652	
	50m: 29.99 29.99	100m: 1:02.28	32.29	150m: 1:36.50	34.22	200m: 2:10.28	33.78	
3.	FRANCO, Catarina Andrade	07		Benfica	2:10.44	+0,70	649	
	50m: 30.33 30.33	100m: 1:03.90	33.57	150m: 1:37.27	33.37	200m: 2:10.44	33.17	
4.	MESQUITA, Mafalda Martins	07		Famalicao	2:10.71	+0,79	645	
	50m: 31.31 31.31	100m: 1:04.36	33.05	150m: 1:38.01	33.65	200m: 2:10.71	32.70	
5.	CABRAL, Carolina Vizinho	07		Natacao de Vagos	2:10.72	+0,73	645	
	50m: 31.14 31.14	100m: 1:04.18	33.04	150m: 1:37.55	33.37	200m: 2:10.72	33.17	
6.	BARBEITO, Laura Espinola	06		Nucleo Sporting da Terceira	2:10.97	+0,72	641	
	50m: 29.81 29.81	100m: 1:02.57	32.76	150m: 1:36.05	33.48	200m: 2:10.97	34.92	
7.	PINTO, Margarida Vieira	07		Braga	2:11.18	+0,72	638	
	50m: 30.74 30.74	100m: 1:04.01	33.27	150m: 1:37.85	33.84	200m: 2:11.18	33.33	
8.	FARIA, Leonor Verissimo	06		Nucleo de Pombal	2:13.81	+0,70	601	
	50m: 31.32 31.32	100m: 1:05.30	33.98	150m: 1:39.76	34.46	200m: 2:13.81	34.05	
9.	PIRES, Catarina Gaspar	06		Porto	2:14.12	+0,83	597	
	50m: 31.32 31.32	100m: 1:04.87	33.55	150m: 1:39.65	34.78	200m: 2:14.12	34.47	
10.	ALMEIDA, Bianca Filipa	07		Alges e Agueda XXI	2:14.32	+0,69	595	
	50m: 31.17 31.17	100m: 1:05.53	34.36	150m: 1:40.17	34.64	200m: 2:14.32	34.15	
11.	DIOGO, Ines Miranda	07		Nautico Academico	2:14.54	+0,76	592	
	50m: 31.67 31.67	100m: 1:05.99	34.32	150m: 1:39.98	33.99	200m: 2:14.54	34.56	
12.	GOUVEIA, Ana Luisa	06		Colegio Efanor	2:14.56	+0,72	591	
	50m: 30.94 30.94	100m: 1:04.25	33.31	150m: 1:39.53	35.28	200m: 2:14.56	35.03	
13.	MANO, Leonor Mil	07		Nautico Academico	2:14.59	+0,70	591	
	50m: 30.64 30.64	100m: 1:04.83	34.19	150m: 1:39.83	35.00	200m: 2:14.59	34.76	
14.	CARVALHO, Sofia Alexandra	07		Fluval Portuense	2:15.63	+0,72	578	
	50m: 31.75 31.75	100m: 1:06.01	34.26	150m: 1:40.53	34.52	200m: 2:15.63	35.10	

Prova 37, Femin., 200m Livres, Elimin, Juniores

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	AMADOR, Erica Domitila	07		Estarreja/PROZINCO	2:16.32	+0,65	569	
	50m: 30.85 30.85	100m: 1:04.64	33.79	150m: 1:40.27	35.63	200m: 2:16.32	36.05	
16.	ROJAS, Zara Alejandra	07		Desportivo Nacional	2:16.82	+0,73	563	
	50m: 30.91 30.91	100m: 1:05.19	34.28	150m: 1:41.09	35.90	200m: 2:16.82	35.73	
17.	TEIXEIRA, Ines Correia	06		Amadora	2:17.06	+0,72	560	
	50m: 31.09 31.09	100m: 1:06.20	35.11	150m: 1:41.05	34.85	200m: 2:17.06	36.01	
18.	SOARES, Miriam Mortagua	06		Galitos / Bresimar	2:17.26	+0,76	557	
	50m: 32.32 32.32	100m: 1:06.81	34.49	150m: 1:42.97	36.16	200m: 2:17.26	34.29	
19.	FERREIRA, Maria Neto	06		Nautico Academico	2:17.48	+0,67	554	
	50m: 32.17 32.17	100m: 1:07.16	34.99	150m: 1:42.73	35.57	200m: 2:17.48	34.75	
20.	RODRIGUES, Leonor Carreiro	07		Benfica	2:17.52	+0,67	554	
	50m: 32.05 32.05	100m: 1:06.94	34.89	150m: 1:43.13	36.19	200m: 2:17.52	34.39	
21.	SANTOS, Rita Machita	07		Naval Setubalense	2:20.39	+0,82	521	
	50m: 32.08 32.08	100m: 1:06.73	34.65	150m: 1:42.98	36.25	200m: 2:20.39	37.41	
DNS	LOURO, Beatriz Silva	07		Louletano / Loule Concelho				

Seniores

1.	CONCEICAO, Ema Jeronimo	03		Benfica	2:03.67	+0,72	762	
	50m: 29.76 29.76	100m: 1:00.80	31.04	150m: 1:32.28	31.48	200m: 2:03.67	31.39	
2.	FOMINA, Anna	02		Sporting	2:05.25	+0,79	733	
	50m: 29.70 29.70	100m: 1:01.22	31.52	150m: 1:33.29	32.07	200m: 2:05.25	31.96	
3.	ANDRE, Leticia Maia	02		Benfica	2:06.85	+0,70	706	
	50m: 28.95 28.95	100m: 1:00.67	31.72	150m: 1:33.81	33.14	200m: 2:06.85	33.04	
4.	FRISCHKNECHT, Rita Barros	98		Sporting	2:07.49	+0,73	695	
	50m: 28.96 28.96	100m: 1:00.72	31.76	150m: 1:34.29	33.57	200m: 2:07.49	33.20	
5.	FIDALGO, Aroa Silva	02		Nautico Sevilla	2:08.73	+0,72	676	
	50m: 30.86 30.86	100m: 1:03.18	32.32	150m: 1:35.63	32.45	200m: 2:08.73	33.10	
6.	VIANA, Carolina Pereira	04		Sporting	2:09.01	+0,71	671	
	50m: 30.80 30.80	100m: 1:03.03	32.23	150m: 1:36.40	33.37	200m: 2:09.01	32.61	
7.	CARDEAL, Joana Nunes	02		Academico Viseu	2:10.16	+0,74	653	
	50m: 29.70 29.70	100m: 1:02.19	32.49	150m: 1:36.19	34.00	200m: 2:10.16	33.97	
8.	LOPES, Francisca Macedo	05		Vilacondense	2:10.68	+0,74	646	
	50m: 30.58 30.58	100m: 1:03.38	32.80	150m: 1:36.99	33.61	200m: 2:10.68	33.69	

Prova 37, Femin., 200m Livres, Elimin, Seniores

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	PIRES, Marta Joao	05		Alges	2:10.99	+0,71	641	
	50m: 30.56 30.56	100m: 1:03.85	33.29	150m: 1:37.51	33.66	200m: 2:10.99	33.48	
10.	PINTO, Mafalda Marques	02		Sporting	2:11.30	+0,70	637	
	50m: 30.66 30.66	100m: 1:03.92	33.26	150m: 1:37.81	33.89	200m: 2:11.30	33.49	
11.	RODRIGUES, Helena Nunes	03		Condeixa Clube	2:11.56	+0,78	633	
	50m: 30.54 30.54	100m: 1:03.20	32.66	150m: 1:37.32	34.12	200m: 2:11.56	34.24	
12.	PIMENTA, Margarida Sobral	99		Vikings	2:11.72	+0,71	631	
	50m: 29.94 29.94	100m: 1:02.69	32.75	150m: 1:36.88	34.19	200m: 2:11.72	34.84	
13.	URIBE, Ainhoa Sobrado	04		Louletano / Loule Concelho	2:12.80	+0,67	615	
	50m: 31.15 31.15	100m: 1:04.93	33.78	150m: 1:38.97	34.04	200m: 2:12.80	33.83	
14.	MERCEDES, Mariana Marques	03		Vikings	2:12.83	+0,64	615	
	50m: 30.41 30.41	100m: 1:03.90	33.49	150m: 1:38.15	34.25	200m: 2:12.83	34.68	
15.	MONTEIRO, Margarida Cabral	02		Galitos / Bresimar	2:13.47	+0,75	606	
	50m: 31.56 31.56	100m: 1:05.20	33.64	150m: 1:39.04	33.84	200m: 2:13.47	34.43	

Open

1.	CONCEICAO, Ema Jeronimo	03		Benfica	2:03.67	+0,72	762	
	50m: 29.76 29.76	100m: 1:00.80	31.04	150m: 1:32.28	31.48	200m: 2:03.67	31.39	
2.	FOMINA, Anna	02		Sporting	2:05.25	+0,79	733	
	50m: 29.70 29.70	100m: 1:01.22	31.52	150m: 1:33.29	32.07	200m: 2:05.25	31.96	
3.	ANDRE, Leticia Maia	02		Benfica	2:06.85	+0,70	706	
	50m: 28.95 28.95	100m: 1:00.67	31.72	150m: 1:33.81	33.14	200m: 2:06.85	33.04	
4.	FRISCHKNECHT, Rita Barros	98		Sporting	2:07.49	+0,73	695	
	50m: 28.96 28.96	100m: 1:00.72	31.76	150m: 1:34.29	33.57	200m: 2:07.49	33.20	
5.	FIDALGO, Aroa Silva	02		Nautico Sevilla	2:08.73	+0,72	676	
	50m: 30.86 30.86	100m: 1:03.18	32.32	150m: 1:35.63	32.45	200m: 2:08.73	33.10	
6.	AMORIM, Ines Santos	06		Desportiva de Viana	2:08.92	+0,64	673	
	50m: 30.34 30.34	100m: 1:03.39	33.05	150m: 1:36.34	32.95	200m: 2:08.92	32.58	
7.	VIANA, Carolina Pereira	04		Sporting	2:09.01	+0,71	671	
	50m: 30.80 30.80	100m: 1:03.03	32.23	150m: 1:36.40	33.37	200m: 2:09.01	32.61	
8.	CARDEAL, Joana Nunes	02		Academico Viseu	2:10.16	+0,74	653	
	50m: 29.70 29.70	100m: 1:02.19	32.49	150m: 1:36.19	34.00	200m: 2:10.16	33.97	
9.	VIEIRA, Ana Beatriz	07		Foca Quinta da Lixa CNF	2:10.28	+0,66	652	
	50m: 29.99 29.99	100m: 1:02.28	32.29	150m: 1:36.50	34.22	200m: 2:10.28	33.78	

Campeonato Nacional Juvenis, Juniores e Seniores-Open
Campeonato Nacional Juvenis, Juniores e Seniores
Coimbra, 28 - 30 de Julho de 2023

Prova 37, Femin., 200m Livres, Elimin, Open

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	FRANCO, Catarina Andrade	07		Benfica	2:10.44	+0,70	649	
	50m: 30.33 30.33	100m: 1:03.90	33.57	150m: 1:37.27	33.37	200m: 2:10.44	33.17	
11.	LOPES, Francisca Macedo	05		Vilacondense	2:10.68	+0,74	646	
	50m: 30.58 30.58	100m: 1:03.38	32.80	150m: 1:36.99	33.61	200m: 2:10.68	33.69	
12.	MESQUITA, Mafalda Martins	07		Famalicao	2:10.71	+0,79	645	
	50m: 31.31 31.31	100m: 1:04.36	33.05	150m: 1:38.01	33.65	200m: 2:10.71	32.70	
13.	CABRAL, Carolina Vizinho	07		Natacao de Vagos	2:10.72	+0,73	645	
	50m: 31.14 31.14	100m: 1:04.18	33.04	150m: 1:37.55	33.37	200m: 2:10.72	33.17	
14.	BARBEITO, Laura Espinola	06		Nucleo Sporting da Terceira	2:10.97	+0,72	641	
	50m: 29.81 29.81	100m: 1:02.57	32.76	150m: 1:36.05	33.48	200m: 2:10.97	34.92	
15.	PIRES, Marta Joao	05		Alges	2:10.99	+0,71	641	
	50m: 30.56 30.56	100m: 1:03.85	33.29	150m: 1:37.51	33.66	200m: 2:10.99	33.48	
16.	PINTO, Margarida Vieira	07		Braga	2:11.18	+0,72	638	
	50m: 30.74 30.74	100m: 1:04.01	33.27	150m: 1:37.85	33.84	200m: 2:11.18	33.33	
17.	PINTO, Mafalda Marques	02		Sporting	2:11.30	+0,70	637	
	50m: 30.66 30.66	100m: 1:03.92	33.26	150m: 1:37.81	33.89	200m: 2:11.30	33.49	
18.	RODRIGUES, Helena Nunes	03		Condeixa Clube	2:11.56	+0,78	633	
	50m: 30.54 30.54	100m: 1:03.20	32.66	150m: 1:37.32	34.12	200m: 2:11.56	34.24	
19.	PIMENTA, Margarida Sobral	99		Vikings	2:11.72	+0,71	631	
	50m: 29.94 29.94	100m: 1:02.69	32.75	150m: 1:36.88	34.19	200m: 2:11.72	34.84	
20.	URIBE, Ainhoa Sobrado	04		Louletano / Loule Concelho	2:12.80	+0,67	615	
	50m: 31.15 31.15	100m: 1:04.93	33.78	150m: 1:38.97	34.04	200m: 2:12.80	33.83	
21.	MERCEDES, Mariana Marques	03		Vikings	2:12.83	+0,64	615	
	50m: 30.41 30.41	100m: 1:03.90	33.49	150m: 1:38.15	34.25	200m: 2:12.83	34.68	
22.	MONTEIRO, Margarida Cabral	02		Galitos / Bresimar	2:13.47	+0,75	606	
	50m: 31.56 31.56	100m: 1:05.20	33.64	150m: 1:39.04	33.84	200m: 2:13.47	34.43	
23.	FARIA, Leonor Verissimo	06		Nucleo de Pombal	2:13.81	+0,70	601	
	50m: 31.32 31.32	100m: 1:05.30	33.98	150m: 1:39.76	34.46	200m: 2:13.81	34.05	
24.	PIRES, Catarina Gaspar	06		Porto	2:14.12	+0,83	597	
	50m: 31.32 31.32	100m: 1:04.87	33.55	150m: 1:39.65	34.78	200m: 2:14.12	34.47	
25.	MAIA, Lara Catarina	09		Estarreja/PROZINCO	2:14.26	+0,53	595	
	50m: 30.85 30.85	100m: 1:04.71	33.86	150m: 1:40.01	35.30	200m: 2:14.26	34.25	
26.	ALMEIDA, Bianca Filipa	07		Alges e Agueda XXI	2:14.32	+0,69	595	
	50m: 31.17 31.17	100m: 1:05.53	34.36	150m: 1:40.17	34.64	200m: 2:14.32	34.15	

Prova 37, Femin., 200m Livres, Elimin, Open

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
27.	FERREIRA, Carolina Amadeu	08		Leixoes	2:14.42	+0,61	593	
	50m: 31.12 31.12	100m: 1:05.25	34.13	150m: 1:40.75	35.50	200m: 2:14.42	33.67	
28.	DIOGO, Ines Miranda	07		Nautico Academico	2:14.54	+0,76	592	
	50m: 31.67 31.67	100m: 1:05.99	34.32	150m: 1:39.98	33.99	200m: 2:14.54	34.56	
29.	GOUVEIA, Ana Luisa	06		Colegio Efanor	2:14.56	+0,72	591	
	50m: 30.94 30.94	100m: 1:04.25	33.31	150m: 1:39.53	35.28	200m: 2:14.56	35.03	
30.	MANO, Leonor Mil	07		Nautico Academico	2:14.59	+0,70	591	
	50m: 30.64 30.64	100m: 1:04.83	34.19	150m: 1:39.83	35.00	200m: 2:14.59	34.76	
31.	MATIAS, Alana Costa	09		Uniao Coimbra	2:14.84	+0,72	588	
	50m: 31.68 31.68	100m: 1:05.58	33.90	150m: 1:41.03	35.45	200m: 2:14.84	33.81	
32.	FREITAS, Diana Gomes	08		Amigos da Montanha	2:15.50		579	
	50m: 31.38 31.38	100m: 1:05.75	34.37	150m: 1:41.36	35.61	200m: 2:15.50	34.14	
33.	CARVALHO, Sofia Alexandra	07		Fluvial Portuense	2:15.63	+0,72	578	
	50m: 31.75 31.75	100m: 1:06.01	34.26	150m: 1:40.53	34.52	200m: 2:15.63	35.10	
34.	PEREIRA, Beatriz Maciel	09		Desportiva de Viana	2:15.87	+0,69	574	
	50m: 31.28 31.28	100m: 1:05.62	34.34	150m: 1:40.85	35.23	200m: 2:15.87	35.02	
35.	BAPTISTA, Carolina Sofia	09		Estarreja/PROZINCO	2:15.89	+0,64	574	
	50m: 31.19 31.19	100m: 1:05.70	34.51	150m: 1:40.98	35.28	200m: 2:15.89	34.91	
36.	AMADOR, Erica Domitila	07		Estarreja/PROZINCO	2:16.32	+0,65	569	
	50m: 30.85 30.85	100m: 1:04.64	33.79	150m: 1:40.27	35.63	200m: 2:16.32	36.05	
37.	CARDOSO, Raquel Campos	09		Bombeiros de Ponta Delgada	2:16.51	+0,72	566	
	50m: 31.66 31.66	100m: 1:06.38	34.72	150m: 1:41.73	35.35	200m: 2:16.51	34.78	
38.	BARBOSA, Sofia Teixeira	08		Colegio Efanor	2:16.65	+0,80	565	
	50m: 32.02 32.02	100m: 1:06.14	34.12	150m: 1:41.49	35.35	200m: 2:16.65	35.16	
39.	ROJAS, Zara Alejandra	07		Desportivo Nacional	2:16.82	+0,73	563	
	50m: 30.91 30.91	100m: 1:05.19	34.28	150m: 1:41.09	35.90	200m: 2:16.82	35.73	
40.	COSTA, Maria Joao	08		Vilacondense	2:16.98	+0,72	561	
	50m: 32.20 32.20	100m: 1:07.12	34.92	150m: 1:42.57	35.45	200m: 2:16.98	34.41	
41.	TEIXEIRA, Ines Correia	06		Amadora	2:17.06	+0,72	560	
	50m: 31.09 31.09	100m: 1:06.20	35.11	150m: 1:41.05	34.85	200m: 2:17.06	36.01	
42.	SOARES, Miriam Mortagua	06		Galitos / Bresimar	2:17.26	+0,76	557	
	50m: 32.32 32.32	100m: 1:06.81	34.49	150m: 1:42.97	36.16	200m: 2:17.26	34.29	
43.	ARAUJO, Catarina Soares	09		Penafiel	2:17.38	+0,85	556	
	50m: 30.95 30.95	100m: 1:04.70	33.75	150m: 1:40.36	35.66	200m: 2:17.38	37.02	

Prova 37, Femin., 200m Livres, Elimin, Open

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
44.	FERREIRA, Maria Neto	06		Nautico Academico	2:17.48	+0,67	554	
	50m: 32.17 32.17	100m: 1:07.16	34.99	150m: 1:42.73	35.57	200m: 2:17.48	34.75	
45.	RODRIGUES, Leonor Carreiro	07		Benfica	2:17.52	+0,67	554	
	50m: 32.05 32.05	100m: 1:06.94	34.89	150m: 1:43.13	36.19	200m: 2:17.52	34.39	
46.	SANTOS, Emilly Gabrieli	08		Natacao Triatlo Lisboa	2:17.94	+0,81	549	
	50m: 30.61 30.61	100m: 1:03.90	33.29	150m: 1:40.17	36.27	200m: 2:17.94	37.77	
47.	UVA, Sofia Monteiro	09		Alges	2:18.11	+0,64	547	
	50m: 31.33 31.33	100m: 1:06.98	35.65	150m: 1:43.15	36.17	200m: 2:18.11	34.96	
48.	JORDAO, Beatriz Silva	09		Vikings	2:18.48	+0,56	543	
	50m: 31.70 31.70	100m: 1:06.07	34.37	150m: 1:42.31	36.24	200m: 2:18.48	36.17	
49.	CRUZ, Ana Carolina	08		Famalicao	2:18.93	+0,74	537	
	50m: 32.12 32.12	100m: 1:07.26	35.14	150m: 1:43.30	36.04	200m: 2:18.93	35.63	
50.	PINTO, Maria Carvalho	09		Viana Natacao	2:19.82	+0,77	527	
	50m: 31.58 31.58	100m: 1:06.79	35.21	150m: 1:43.81	37.02	200m: 2:19.82	36.01	
51.	MOREIRA, Madalena Valente	09		Colegio Efanor	2:19.94	+0,73	526	
	50m: 31.23 31.23	100m: 1:07.36	36.13	150m: 1:43.63	36.27	200m: 2:19.94	36.31	
52.	SANTOS, Rita Machita	07		Naval Setubalense	2:20.39	+0,82	521	
	50m: 32.08 32.08	100m: 1:06.73	34.65	150m: 1:42.98	36.25	200m: 2:20.39	37.41	
53.	MARTINS, Carolina Correia	09		Porto	2:20.88	+0,58	515	
	50m: 31.53 31.53	100m: 1:06.66	35.13	150m: 1:43.52	36.86	200m: 2:20.88	37.36	
54.	NASCIMENTO, Leonor Serrao	08		Alges	2:21.24	+0,63	511	
	50m: 32.34 32.34	100m: 1:07.94	35.60	150m: 1:44.96	37.02	200m: 2:21.24	36.28	
55.	BARROS, Adriana Ribeiro	08		Braga	2:21.48	+0,76	509	
	50m: 31.60 31.60	100m: 1:06.81	35.21	150m: 1:44.72	37.91	200m: 2:21.48	36.76	
56.	PIRES, Ana Beatriz	08		Uniao Piedense	2:21.74	+0,74	506	
	50m: 32.27 32.27	100m: 1:07.47	35.20	150m: 1:44.18	36.71	200m: 2:21.74	37.56	
57.	NUNES, Francisca Ramos	09		Naval de Peniche	2:22.39	+0,76	499	
	50m: 31.30 31.30	100m: 1:07.44	36.14	150m: 1:46.03	38.59	200m: 2:22.39	36.36	
58.	LOURENCO, Bruna Filipa	08		O Crasto	2:22.48	+0,73	498	
	50m: 32.10 32.10	100m: 1:07.26	35.16	150m: 1:44.61	37.35	200m: 2:22.48	37.87	
59.	COSTA, Laura Brites	09		Rio Maior	2:22.50	+0,65	498	
	50m: 32.80 32.80	100m: 1:08.29	35.49	150m: 1:45.52	37.23	200m: 2:22.50	36.98	
60.	FARCAS, Annabela Veronika	09		Naval de Faro	2:22.87	+0,71	494	
	50m: 32.97 32.97	100m: 1:08.74	35.77	150m: 1:45.92	37.18	200m: 2:22.87	36.95	

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Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
61.	GONCALVES, Leonor Queiroz	09		Braga	2:23.53	+0,76	487	
	50m: 32.32 32.32 100m: 1:08.29 35.97 150m: 1:46.13 37.84 200m: 2:23.53 37.40							
62.	NUNES, Carolina Mendes	08		Estarreja/PROZINCO	2:23.59	+0,78	487	
	50m: 33.28 33.28 100m: 1:08.85 35.57 150m: 1:46.49 37.64 200m: 2:23.59 37.10							
63.	PEDREIRO, Francisca Soreto	09		Galitos / Bresimar	2:23.80	+0,74	484	
	50m: 33.24 33.24 100m: 1:09.73 36.49 150m: 1:47.23 37.50 200m: 2:23.80 36.57							
64.	SANTOS, Joana Almeida	09		Galitos / Bresimar	2:23.92	+0,77	483	
	50m: 32.99 32.99 100m: 1:10.70 37.71 150m: 1:48.19 37.49 200m: 2:23.92 35.73							
65.	SANTOS, Joana Pereira	09		Rio Maior	2:23.96	+0,76	483	
	50m: 33.55 33.55 100m: 1:10.19 36.64 150m: 1:47.29 37.10 200m: 2:23.96 36.67							
66.	GALANTE, Filipa Carvalho	09		Vilacondense	2:24.46	+0,69	478	
	50m: 33.15 33.15 100m: 1:09.25 36.10 150m: 1:46.83 37.58 200m: 2:24.46 37.63							
DNS	LOURO, Beatriz Silva	07		Louletano / Loule Concelho				