

Prova 19	Masc., 200m Bruços					Open
29/07/2023						Resultados Final
Recordes Nacionais 50m Open	2:11.92	LOPES, Gabriel Jose	POR	Roma (ITA)	13/08/2022	
Recordes Nacionais 50m Sen	2:11.92	LOPES, Gabriel Jose	POR	Roma (ITA)	13/08/2022	
Recordes Nacionais 50m Jun18	2:15.99	SILVA, Andre Miguel	PDEM	Faro	20/07/2009	
Recordes Nacionais 50m Jun17	2:19.00	SANTOS, Andre Goncalo	LSC	Oeiras	26/07/2014	
Recordes Nacionais 50m Juv A	2:15.98	MIMOSO, Rafael Miguel	POR	Maribor (SLO)	24/07/2023	
Recordes Nacionais 50m Juv B	2:19.73	MIMOSO, Rafael Miguel	POR	Banská Bystrica (SVK)	26/07/2022	
Recordes Nacionais 50m Inf A	2:32.07	CARNEIRO, Joao Soares	SLB	Loulé	15/07/2017	
Recordes Nacionais 50m Inf B	2:38.94	SOUSA, Duarte Anastacio	CAC	Oeiras	19/07/2015	

Pontos: FINA 2023

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
Juvenis								
1.	NUNES, Duarte Ramos	07		Galitos / Bresimar	2:27.01	+0,58	628	
	50m: 32.88 32.88	100m: 1:09.93	37.05	150m: 1:48.54	38.61	200m: 2:27.01	38.47	
2.	DOURADO, Alexandre Moreira	07		Naval Povoense	2:32.50	+0,71	563	
	50m: 34.27 34.27	100m: 1:13.38	39.11	150m: 1:52.99	39.61	200m: 2:32.50	39.51	
3.	RODRIGUES, Gil Afonso	07		Fluvial Portuense	2:33.57	+0,67	551	
	50m: 34.66 34.66	100m: 1:13.48	38.82	150m: 1:53.39	39.91	200m: 2:33.57	40.18	
4.	RODRIGUES, Joao Alves	07		Famalicao	2:34.00	+0,73	547	
	50m: 34.67 34.67	100m: 1:14.42	39.75	150m: 1:54.79	40.37	200m: 2:34.00	39.21	
5.	CHOCAS, Rodrigo Martins	07		Sporting	2:34.52	+0,61	541	
	50m: 34.23 34.23	100m: 1:13.78	39.55	150m: 1:53.88	40.10	200m: 2:34.52	40.64	
6.	BESSA, Guilherme Simao	08		Vilacondense	2:37.94	+0,70	507	
	50m: 35.28 35.28	100m: 1:16.86	41.58	150m: 1:57.13	40.27	200m: 2:37.94	40.81	
7.	MARICI, Dario Cristiano	07		Louletano / Loule Concelho	2:38.11	+0,82	505	
	50m: 36.77 36.77	100m: 1:17.23	40.46	150m: 1:57.36	40.13	200m: 2:38.11	40.75	
8.	IONAS, Daniel	07		Amadora	2:39.07	+0,65	496	
	50m: 36.51 36.51	100m: 1:18.21	41.70	150m: 2:00.60	42.39	200m: 2:39.07	38.47	
9.	COLACO, Goncalo Pereira	07		Nautico de Leiria	2:39.14	+0,74	495	
	50m: 35.23 35.23	100m: 1:15.23	40.00	150m: 1:57.11	41.88	200m: 2:39.14	42.03	
10.	CARREIRA, Duarte Maria	07		Porto	2:39.20	+0,64	495	
	50m: 35.67 35.67	100m: 1:17.02	41.35	150m: 1:57.60	40.58	200m: 2:39.20	41.60	

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Juniores

1.	BONNIZ, Pedro Goncalves	06	Benfica	2:20.60	+0,68	718
	50m: 32.47 32.47	100m: 1:08.40 35.93	150m: 1:44.77 36.37	200m: 2:20.60 35.83		
2.	NUNES, Carlos Daniel	05	Nautico Salvaterra Magos	2:22.83	+0,66	685
	50m: 32.78 32.78	100m: 1:09.16 36.38	150m: 1:45.76 36.60	200m: 2:22.83 37.07		
3.	CARVALHO, Goncalo Duarte	05	Benfica	2:24.42	+0,65	663
	50m: 33.65 33.65	100m: 1:10.70 37.05	150m: 1:48.22 37.52	200m: 2:24.42 36.20		
4.	FERNANDES, Leonardo Freitas	06	Famalicao	2:24.59	+0,69	660
	50m: 33.25 33.25	100m: 1:10.04 36.79	150m: 1:47.87 37.83	200m: 2:24.59 36.72		
5.	RODRIGUES, Joao Carvalho	06	Galitos / Bresimar	2:26.74	+0,71	632
	50m: 33.29 33.29	100m: 1:10.91 37.62	150m: 1:48.82 37.91	200m: 2:26.74 37.92		
6.	COSTA, Tomas Mendes	06	Famalicao	2:27.11	+0,74	627
	50m: 32.92 32.92	100m: 1:10.71 37.79	150m: 1:48.27 37.56	200m: 2:27.11 38.84		
7.	ZHUKOV, Mark	06	Braga	2:32.67	+0,73	561
	50m: 34.24 34.24	100m: 1:12.99 38.75	150m: 1:52.40 39.41	200m: 2:32.67 40.27		
8.	MONTEIRO, Jose Alves	05	Belenenses	2:33.18	+0,72	555
	50m: 35.28 35.28	100m: 1:14.57 39.29	150m: 1:54.17 39.60	200m: 2:33.18 39.01		
9.	EVARISTO, Bernardo Miguel	06	Gualdim Pais	2:34.61	+0,63	540
	50m: 35.51 35.51	100m: 1:15.78 40.27	150m: 1:55.02 39.24	200m: 2:34.61 39.59		
DSQ	GOUVEIA, Afonso Martim	05	FC Ferreiras/AlgarExperience			
	<i>7.2 - O(A) nadador(a), após a viragem dos 100 metros, executou mais do que uma pernada de golfinho durante a braçada subaquática que antecede a pernada de bruços - SW 7.1</i>					

Seniores

1.	QUINTAS, Francisco Robalo	95	Sporting	2:17.12	+0,66	774
	50m: 31.15 31.15	100m: 1:05.99 34.84	150m: 1:41.79 35.80	200m: 2:17.12 35.33		
2.	SIMOES, Rafael Gomes	00	Braga	2:17.47	+0,77	769
	50m: 31.63 31.63	100m: 1:06.96 35.33	150m: 1:42.53 35.57	200m: 2:17.47 34.94		
3.	REBELO, Joao Lourenco	04	Alges	2:23.21	+0,63	680
	50m: 32.82 32.82	100m: 1:09.15 36.33	150m: 1:46.28 37.13	200m: 2:23.21 36.93		
4.	MATEUS, Diogo Garcez	02	Sporting	2:25.42	+0,70	649
	50m: 31.36 31.36	100m: 1:07.72 36.36	150m: 1:45.53 37.81	200m: 2:25.42 39.89		
5.	DEL VADO SANZ, Marcos	04	Circulo Mercantil	2:27.40	+0,68	623
	50m: 33.09 33.09	100m: 1:09.99 36.90	150m: 1:48.37 38.38	200m: 2:27.40 39.03		

Campeonato Nacional Juvenis, Juniores e Seniores-Open
Campeonato Nacional Juvenis, Juniores e Seniores
Coimbra, 28 - 30 de Julho de 2023

Prova 19, Masc., 200m Bruços, Final, Seniores

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	CABRITO, Rodrigo Almeida	01		Belenenses	2:28.40	+0,64	611	
	50m: 32.79 32.79	100m: 1:09.89	37.10	150m: 1:48.57	38.68	200m: 2:28.40	39.83	
7.	TSYKAL, Daniel	04		Alcobaca	2:28.42	+0,67	611	
	50m: 32.82 32.82	100m: 1:10.66	37.84	150m: 1:50.07	39.41	200m: 2:28.42	38.35	
8.	MERUJE, Joaquim Agra	01		Uniao Coimbra	2:30.43	+0,70	586	
	50m: 33.22 33.22	100m: 1:11.64	38.42	150m: 1:50.63	38.99	200m: 2:30.43	39.80	
9.	RIBEIRO, Afonso Mateus	95		Belenenses	2:30.88	+0,68	581	
	50m: 34.77 34.77	100m: 1:12.95	38.18	150m: 1:51.68	38.73	200m: 2:30.88	39.20	
10.	IZAGUIRRE GARCIA, Adrian	94		Madrid Moscardo	2:37.41	+0,70	512	
	50m: 34.73 34.73	100m: 1:14.66	39.93	150m: 1:54.85	40.19	200m: 2:37.41	42.56	