

Prova 2 Masc., 400m Livres Master Esc A  
27/01/2023 - 12:20 Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	ABREU Sergio Gomes	Naval do Funchal	<b>4:23.27</b>	+0.74	779	9.00
	50m: 29.17 29.17	150m: 1:34.25 33.22	250m: 2:41.74 33.72	350m: 3:49.79 34.13	400m: 4:23.27 33.48	
	100m: 1:01.03 31.86	200m: 2:08.02 33.77	300m: 3:15.66 33.92			
2.	PAIVA Daniel Filipe	Miranda do Corvo	<b>4:39.78</b>	+0.82	649	7.00
	50m: 31.30 31.30	150m: 1:39.92 34.78	250m: 2:51.00 35.66	350m: 4:02.96 36.07	400m: 4:39.78 36.82	
	100m: 1:05.14 33.84	200m: 2:15.34 35.42	300m: 3:26.89 35.89			
3.	BAPTISTA Filipe Jose	Feirense	<b>5:05.51</b>	+0.79	498	6.00
	50m: 32.32 32.32	150m: 1:45.40 36.94	250m: 3:03.57 39.71	350m: 4:24.70 40.96	400m: 5:05.51 40.81	
	100m: 1:08.46 36.14	200m: 2:23.86 38.46	300m: 3:43.74 40.17			
4.	SILVA Flavio Dias	Famalicao	<b>5:09.48</b>	+0.75	479	5.00
	50m: 34.03 34.03	150m: 1:48.77 37.72	250m: 3:06.25 39.30	350m: 4:27.63 41.28	400m: 5:09.48 41.85	
	100m: 1:11.05 37.02	200m: 2:26.95 38.18	300m: 3:46.35 40.10			
DNS	MARAFONA Joao Duarte	Porto				-

Prova 2 Masc., 400m Livres Master Esc B  
27/01/2023 - 12:20 Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	PINOTES Pedro Miguel	Sporting	<b>4:04.38</b>	+0.76	950	9.00
	50m: 27.81 27.81	150m: 1:29.08 31.03	250m: 2:31.84 31.26	350m: 3:34.09 31.19	400m: 4:04.38 30.29	
	100m: 58.05 30.24	200m: 2:00.58 31.50	300m: 3:02.90 31.06			
2.	ROQUE Jorge Manuel	Porto	<b>4:32.26</b>	+0.75	687	7.00
	50m: 28.82 28.82	150m: 1:35.64 34.10	250m: 2:45.63 35.07	350m: 3:56.90 35.74	400m: 4:32.26 35.36	
	100m: 1:01.54 32.72	200m: 2:10.56 34.92	300m: 3:21.16 35.53			
3.	SOTELO Carlos Miguel	Nucleo de Pombal	<b>4:38.37</b>	+0.93	642	6.00
	50m: 30.52 30.52	150m: 1:39.87 34.99	250m: 2:52.46 36.55	350m: 4:04.03 35.78	400m: 4:38.37 34.34	
	100m: 1:04.88 34.36	200m: 2:15.91 36.04	300m: 3:28.25 35.79			
4.	PAULINO Diogo Miguel	Alcobaca	<b>4:39.72</b>	+0.78	633	5.00
	50m: 30.25 30.25	150m: 1:38.70 35.07	250m: 2:50.46 35.96	350m: 4:04.07 37.12	400m: 4:39.72 35.65	
	100m: 1:03.63 33.38	200m: 2:14.50 35.80	300m: 3:26.95 36.49			
5.	FELICIO Mario Nuno	Ginasio Clube	<b>4:41.83</b>	+0.75	619	4.00
	50m: 31.56 31.56	150m: 1:40.58 34.97	250m: 2:52.48 36.23	350m: 4:05.06 36.30	400m: 4:41.83 36.77	
	100m: 1:05.61 34.05	200m: 2:16.25 35.67	300m: 3:28.76 36.28			
6.	VIEIRA Joao Guilherme	Pimpoes/Cimai	<b>4:44.22</b>	+0.74	604	3.00
	50m: 31.19 31.19	150m: 1:41.27 35.59	250m: 2:53.74 37.29	350m: 4:08.10 37.05	400m: 4:44.22 36.12	
	100m: 1:05.68 34.49	200m: 2:16.45 35.18	300m: 3:31.05 37.31			
7.	FERREIRA Artur Sousa	Feirense	<b>4:49.89</b>	+0.83	569	2.00
	50m: 31.17 31.17	150m: 1:41.84 36.16	250m: 2:56.49 37.65	350m: 4:12.60 38.13	400m: 4:49.89 37.29	
	100m: 1:05.68 34.51	200m: 2:18.84 37.00	300m: 3:34.47 37.98			

Prova 2, Masc., 400m Livres, Master Esc B

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
8.	MENESES Goncalo Goncalves	Braga	<b>4:51.44</b>	+0.87	560	1.00
	50m: 33.28 33.28	150m: 1:45.76 36.59	250m: 2:59.05 36.57	350m: 4:14.89 38.13		
	100m: 1:09.17 35.89	200m: 2:22.48 36.72	300m: 3:36.76 37.71	400m: 4:51.44 36.55		
9.	CORDEIRO Diogo Andre	Masters de Almada	<b>5:07.58</b>	+0.89	476	-
	50m: 33.25 33.25	150m: 1:49.00 38.34	250m: 3:08.03 39.71	350m: 4:27.95 40.22		
	100m: 1:10.66 37.41	200m: 2:28.32 39.32	300m: 3:47.73 39.70	400m: 5:07.58 39.63		
10.	FERREIRA Francisco David	Fluvial Portuense	<b>5:10.69</b>	+0.87	462	-
	50m: 33.62 33.62	150m: 1:49.07 38.22	250m: 3:08.77 40.52	350m: 4:30.47 40.99		
	100m: 1:10.85 37.23	200m: 2:28.25 39.18	300m: 3:49.48 40.71	400m: 5:10.69 40.22		
11.	SANTOS Telmo Almeida	Sao Joao Ver	<b>5:21.93</b>	+0.72	415	-
	50m: 33.98 33.98	150m: 1:54.11 40.89	250m: 3:17.26 41.64	350m: 4:40.92 41.77		
	100m: 1:13.22 39.24	200m: 2:35.62 41.51	300m: 3:59.15 41.89	400m: 5:21.93 41.01		
DNS	RUAS Bruno Miguel	Sporting				-
DNS	NEVES Ricardo Duarte	Bairro dos Anjos/ Leiria				-

Prova 2  
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Masc., 400m Livres

Master Esc C  
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	SEVIERI Eduardo Ferreira	Porto	<b>4:08.64</b>	+0.78	926	9.00
	50m: 28.06 28.06	150m: 1:29.52 30.95	250m: 2:32.57 31.57	350m: 3:36.72 32.36		
	100m: 58.57 30.51	200m: 2:01.00 31.48	300m: 3:04.36 31.79	400m: 4:08.64 31.92		
2.	NOLASCO Nuno Maria	Ginasio Clube	<b>4:38.64</b>	+0.78	657	7.00
	50m: 31.33 31.33	150m: 1:40.92 35.32	250m: 2:51.80 35.34	350m: 4:03.40 35.83		
	100m: 1:05.60 34.27	200m: 2:16.46 35.54	300m: 3:27.57 35.77	400m: 4:38.64 35.24		
3.	CAMPOS Tiago Dourado	Vilacondense	<b>5:02.82</b>	+0.74	512	6.00
	50m: 33.63 33.63	150m: 1:49.64 38.44	250m: 3:08.16 39.67	350m: 4:26.06 38.37		
	100m: 1:11.20 37.57	200m: 2:28.49 38.85	300m: 3:47.69 39.53	400m: 5:02.82 36.76		
4.	MACHADO Pedro Ricardo	Famalicao	<b>5:37.56</b>	+0.96	370	5.00
	50m: 34.90 34.90	150m: 1:55.40 41.33	250m: 3:22.53 43.97	350m: 4:54.30 46.34		
	100m: 1:14.07 39.17	200m: 2:38.56 43.16	300m: 4:07.96 45.43	400m: 5:37.56 43.26		
5.	MARICATO Luis Carlos	Naval de Ponta Delgada	<b>5:38.90</b>	+0.91	365	4.00
	50m: 36.23 36.23	150m: 1:58.76 42.28	250m: 3:25.74 43.69	350m: 4:55.63 45.36		
	100m: 1:16.48 40.25	200m: 2:42.05 43.29	300m: 4:10.27 44.53	400m: 5:38.90 43.27		
6.	FERREIRA Manuel Filipe	Porto	<b>5:50.38</b>	+0.88	330	3.00
	50m: 39.00 39.00	150m: 2:06.72 44.29	250m: 3:36.45 44.93	350m: 5:07.82 45.89		
	100m: 1:22.43 43.43	200m: 2:51.52 44.80	300m: 4:21.93 45.48	400m: 5:50.38 42.56		
7.	IEMELIANOV Igor	Sporting Caminha	<b>6:02.07</b>		299	2.00
	50m: 37.50 37.50	150m: 2:04.99 44.92	250m: 3:39.44 47.34	350m: 5:16.05 48.49		
	100m: 1:20.07 42.57	200m: 2:52.10 47.11	300m: 4:27.56 48.12	400m: 6:02.07 46.02		

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Prova 2, Masc., 400m Livres, Master Esc C

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
8.	LETRA Ricardo Jorge	Vieirense	<b>6:19.13</b>	<b>+0.83</b>	261	1.00
	50m: 42.76 42.76 150m: 2:17.58 47.92 250m: 3:56.10 49.50 350m: 5:34.98 49.11					
	100m: 1:29.66 46.90 200m: 3:06.60 49.02 300m: 4:45.87 49.77 400m: 6:19.13 44.15					
DNS	GONCALVES Filipe Gouveia	Lisboa PoolSharks				-

Prova 2  
27/01/2023 - 12:20  
Pontos: DSV Masters 22

Masc., 400m Livres  
Master Esc D  
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	PASSOS Francisco Zamith	Famalicao	<b>4:27.25</b>	<b>+0.88</b>	730	9.00
	50m: 29.83 29.83 150m: 1:36.69 33.78 250m: 2:45.21 34.06 350m: 3:53.95 34.67					
	100m: 1:02.91 33.08 200m: 2:11.15 34.46 300m: 3:19.28 34.07 400m: 4:27.25 33.30					
2.	MALTA Joao Carlos	Salesianos	<b>4:54.29</b>	<b>+0.87</b>	546	7.00
	50m: 33.66 33.66 150m: 1:46.45 36.65 250m: 3:00.16 36.78 350m: 4:16.64 37.88					
	100m: 1:09.80 36.14 200m: 2:23.38 36.93 300m: 3:38.76 38.60 400m: 4:54.29 37.65					
3.	MAIA Bruno Santos	Vilacondense	<b>4:59.62</b>	<b>+0.87</b>	518	6.00
	50m: 34.90 34.90 150m: 1:48.81 37.18 250m: 3:04.67 37.99 350m: 4:22.03 38.81					
	100m: 1:11.63 36.73 200m: 2:26.68 37.87 300m: 3:43.22 38.55 400m: 4:59.62 37.59					
4.	NEVES Jose Pedro	Fluvial Portuense	<b>4:59.69</b>		517	5.00
	50m: 34.26 34.26 150m: 1:48.19 37.79 250m: 3:04.33 38.36 350m: 4:21.92 38.80					
	100m: 1:10.40 36.14 200m: 2:25.97 37.78 300m: 3:43.12 38.79 400m: 4:59.69 37.77					
5.	RODRIGUES Marcelo Porto	Natacao de Valongo	<b>5:13.55</b>	<b>+0.93</b>	452	4.00
	50m: 34.87 34.87 150m: 1:52.17 39.38 250m: 3:12.46 40.47 350m: 4:34.42 40.80					
	100m: 1:12.79 37.92 200m: 2:31.99 39.82 300m: 3:53.62 41.16 400m: 5:13.55 39.13					
6.	RUSSO Daniel Dantas	Ginasio Figueirense	<b>5:16.44</b>	<b>+0.89</b>	439	3.00
	50m: 33.95 33.95 150m: 1:50.65 39.18 250m: 3:11.26 40.72 350m: 4:34.77 42.02					
	100m: 1:11.47 37.52 200m: 2:30.54 39.89 300m: 3:52.75 41.49 400m: 5:16.44 41.67					
7.	RIBEIRO Tiago Goncalo	Pimpoes/Cimai	<b>5:43.37</b>	<b>+0.94</b>	344	2.00
	50m: 38.53 38.53 150m: 2:05.01 43.43 250m: 3:33.48 44.77 350m: 5:01.59 43.78					
	100m: 1:21.58 43.05 200m: 2:48.71 43.70 300m: 4:17.81 44.33 400m: 5:43.37 41.78					
8.	COELHO Ruben Filipe	Gesloures	<b>6:25.89</b>	<b>+0.92</b>	242	1.00
	50m: 40.74 40.74 150m: 2:14.82 48.25 250m: 3:55.26 51.37 350m: 5:37.88 51.26					
	100m: 1:26.57 45.83 200m: 3:03.89 49.07 300m: 4:46.62 51.36 400m: 6:25.89 48.01					
9.	GONCALVES Pedro Naia	O2-Portimao	<b>6:31.93</b>	<b>+0.92</b>	231	-
	50m: 39.07 39.07 150m: 2:10.29 46.35 250m: 3:45.23 47.62 350m: 5:32.51 55.95					
	100m: 1:23.94 44.87 200m: 2:57.61 47.32 300m: 4:36.56 51.33 400m: 6:31.93 59.42					
10.	GONCALVES Pedro Miguel	Vilacondense	<b>7:48.66</b>	<b>+0.81</b>	135	-
	50m: 40.87 40.87 150m: 2:36.13 1:01.42 250m: 4:41.40 1:03.94 350m: 6:47.22 1:03.68					
	100m: 1:34.71 53.84 200m: 3:37.46 1:01.33 300m: 5:43.54 1:02.14 400m: 7:48.66 1:01.44					
DNS	CALDINHAS Joao Pedro	Academica de Coimbra				-

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Prova 2, Masc., 400m Livres

Prova 2 Masc., 400m Livres Master Esc E  
27/01/2023 - 12:20 Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	SANTOS Bruno Miguel	Individual ANNP	<b>4:52.79</b>	+0.77	592	9.00
	50m: 32.50 32.50 150m: 1:44.45 36.23 250m: 2:57.92 36.88 350m: 4:13.84 38.40					
	100m: 1:08.22 35.72 200m: 2:21.04 36.59 300m: 3:35.44 37.52 400m: 4:52.79 38.95					
2.	TROVISCO Pedro Nuno	Natacao da Maia	<b>5:12.85</b>	+0.88	485	7.00
	50m: 32.91 32.91 150m: 1:50.04 39.14 250m: 3:10.02 40.50 350m: 4:32.49 40.96					
	100m: 1:10.90 37.99 200m: 2:29.52 39.48 300m: 3:51.53 41.51 400m: 5:12.85 40.36					
3.	MACEDO Joao Miguel	Leixoes	<b>5:26.57</b>	+0.81	426	6.00
	50m: 35.18 35.18 150m: 1:57.06 41.89 250m: 3:22.17 42.61 350m: 4:46.59 42.17					
	100m: 1:15.17 39.99 200m: 2:39.56 42.50 300m: 4:04.42 42.25 400m: 5:26.57 39.98					
4.	REIS Marcio Leandro	Fluvial Portuense	<b>5:42.01</b>	+0.99	371	5.00
	50m: 40.31 40.31 150m: 2:05.61 43.66 250m: 3:33.12 44.01 350m: 5:00.66 43.93					
	100m: 1:21.95 41.64 200m: 2:49.11 43.50 300m: 4:16.73 43.61 400m: 5:42.01 41.35					
5.	LEMONS Goncalo Martins	Pimpoes/Cimai	<b>5:55.21</b>	+0.95	331	4.00
	50m: 38.54 38.54 150m: 2:04.81 44.39 250m: 3:35.03 45.34 350m: 5:07.98 46.71					
	100m: 1:20.42 41.88 200m: 2:49.69 44.88 300m: 4:21.27 46.24 400m: 5:55.21 47.23					
6.	COSTA Antonio Goarmon	Nacional de Natacao	<b>6:02.90</b>		311	3.00
	50m: 43.11 43.11 150m: 2:13.79 45.64 250m: 3:45.87 46.35 350m: 5:18.21 46.24					
	100m: 1:28.15 45.04 200m: 2:59.52 45.73 300m: 4:31.97 46.10 400m: 6:02.90 44.69					
7.	MORA Luis Ricardo	Academica de Coimbra	<b>6:04.51</b>	+0.89	307	2.00
	50m: 38.69 38.69 150m: 2:09.44 46.22 250m: 3:42.79 46.89 350m: 5:19.07 48.23					
	100m: 1:23.22 44.53 200m: 2:55.90 46.46 300m: 4:30.84 48.05 400m: 6:04.51 45.44					
8.	AMBRUS Attila-Janus	Individual ANNP	<b>6:08.97</b>		296	1.00
	50m: 40.05 40.05 150m: 2:09.64 45.44 250m: 3:45.50 47.95 350m: 5:22.91 48.69					
	100m: 1:24.20 44.15 200m: 2:57.55 47.91 300m: 4:34.22 48.72 400m: 6:08.97 46.06					
9.	CUNHA Jose Sizenando	Fluvial Portuense	<b>6:13.67</b>	+0.91	284	-
	50m: 41.60 41.60 150m: 2:17.66 48.84 250m: 3:54.89 48.63 350m: 5:30.75 47.79					
	100m: 1:28.82 47.22 200m: 3:06.26 48.60 300m: 4:42.96 48.07 400m: 6:13.67 42.92					
10.	SANTOS Paulo Viana	Lagoa AC	<b>7:07.53</b>	+0.99	190	-
	50m: 43.85 43.85 150m: 2:27.44 54.28 250m: 4:19.61 56.36 350m: 6:10.56 52.98					
	100m: 1:33.16 49.31 200m: 3:23.25 55.81 300m: 5:17.58 57.97 400m: 7:07.53 56.97					
11.	OLIVEIRA David Jose	Alcobaca	<b>7:44.40</b>	+0.91	148	-
	50m: 49.20 49.20 150m: 2:42.38 58.21 250m: 4:41.61 59.92 350m: 6:43.65 1:01.24					
	100m: 1:44.17 54.97 200m: 3:41.69 59.31 300m: 5:42.41 1:00.80 400m: 7:44.40 1:00.75					
12.	MATOS Jose Manuel	Leixoes	<b>8:23.08</b>		116	-
	50m: 53.02 53.02 150m: 2:58.04 1:03.45 250m: 5:08.47 1:05.95 350m: 7:21.71 1:06.20					
	100m: 1:54.59 1:01.57 200m: 4:02.52 1:04.48 300m: 6:15.51 1:07.04 400m: 8:23.08 1:01.37					

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Prova 2, Masc., 400m Livres, Master Esc E

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip		
13.	RODRIGUES Luis Miguel	Aquatico Silves	<b>8:24.09</b>	+0.99	116	-		
	50m: 51.29 51.29	150m: 2:52.55 1:03.44	250m: 5:03.46 1:06.07	350m: 7:21.55 1:07.20	100m: 1:49.11 57.82	200m: 3:57.39 1:04.84	300m: 6:14.35 1:10.89	400m: 8:24.09 1:02.54
DSQ	CAMPOS Bruno Goncalo 4.2 - Falsa Partida – SW 4.4	Luz e Vida				-		
DNS	QUARESMA Carlos Goulao	Luz e Vida				-		

Prova 2  
27/01/2023 - 12:20 Masc., 400m Livres Master Esc F Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip		
1.	FONSECA Bruno Miguel	Salesianos	<b>5:07.41</b>	+0.86	608	9.00		
	50m: 33.63 33.63	150m: 1:49.60 38.77	250m: 3:08.62 39.41	350m: 4:28.43 39.99	100m: 1:10.83 37.20	200m: 2:29.21 39.61	300m: 3:48.44 39.82	400m: 5:07.41 38.98
2.	SOUSA Paulo Alexandre	Lagoa AC	<b>5:18.61</b>		546	7.00		
	50m: 36.51 36.51	150m: 1:53.64 38.86	250m: 3:14.28 40.74	350m: 4:37.62 41.82	100m: 1:14.78 38.27	200m: 2:33.54 39.90	300m: 3:55.80 41.52	400m: 5:18.61 40.99
3.	RIBEIRO Celso Fernando	Porto	<b>5:23.34</b>	+0.76	522	6.00		
	50m: 38.60 38.60	150m: 2:01.04 41.58	250m: 3:24.80 41.70	350m: 4:43.50 38.75	100m: 1:19.46 40.86	200m: 2:43.10 42.06	300m: 4:04.75 39.95	400m: 5:23.34 39.84
4.	PEREIRA Jose Manuel	Palmela	<b>5:33.30</b>	+0.98	477	5.00		
	50m: 36.82 36.82	150m: 2:00.10 42.50	250m: 3:25.83 42.90	350m: 4:51.91 42.85	100m: 1:17.60 40.78	200m: 2:42.93 42.83	300m: 4:09.06 43.23	400m: 5:33.30 41.39
5.	IDA Hamilton Kenji	Vitoria Guimaraes	<b>5:45.67</b>	+0.92	427	4.00		
	50m: 38.14 38.14	150m: 2:01.81 42.76	250m: 3:31.36 45.26	350m: 5:02.13 45.14	100m: 1:19.05 40.91	200m: 2:46.10 44.29	300m: 4:16.99 45.63	400m: 5:45.67 43.54
6.	BARROS Francisco Santos	Porto	<b>5:49.42</b>	+0.91	414	3.00		
	50m: 35.85 35.85	150m: 2:01.15 44.28	250m: 3:32.68 45.79	350m: 5:04.87 45.76	100m: 1:16.87 41.02	200m: 2:46.89 45.74	300m: 4:19.11 46.43	400m: 5:49.42 44.55
7.	CARDOSO Vitor Manuel	Natacao de Valongo	<b>6:16.52</b>	+0.91	331	2.00		
	50m: 39.55 39.55	150m: 2:14.48 48.07	250m: 3:52.43 48.66	350m: 5:30.62 49.16	100m: 1:26.41 46.86	200m: 3:03.77 49.29	300m: 4:41.46 49.03	400m: 6:16.52 45.90
8.	CUNHA Antonio Maria	Fluvial Portuense	<b>6:23.20</b>		314	1.00		
	50m: 40.59 40.59	150m: 2:15.22 48.78	250m: 3:56.65 50.84	350m: 5:37.40 49.60	100m: 1:26.44 45.85	200m: 3:05.81 50.59	300m: 4:47.80 51.15	400m: 6:23.20 45.80
9.	FARIA Rui Viegas	Alges	<b>6:26.68</b>	+0.97	305	-		
	50m: 40.76 40.76	150m: 2:14.74 48.27	250m: 3:55.98 50.32	350m: 5:37.52 50.28	100m: 1:26.47 45.71	200m: 3:05.66 50.92	300m: 4:47.24 51.26	400m: 6:26.68 49.16
10.	SANTINHA Antonio Manuel	Masters de Almada	<b>6:32.12</b>		293	-		
	50m: 42.87 42.87	150m: 2:20.32 48.42	250m: 4:02.63 51.62	350m: 5:44.73 50.97	100m: 1:31.90 49.03	200m: 3:11.01 50.69	300m: 4:53.76 51.13	400m: 6:32.12 47.39



Prova 2, Masc., 400m Livres, Master Esc F

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
11.	OLIVEIRA Filipe Serra	Salesianos	<b>6:37.97</b>	+0.96	280	-
	50m: 44.20 44.20 150m: 2:25.66 51.03 250m: 4:06.53 50.56 350m: 5:47.67 50.60					
	100m: 1:34.63 50.43 200m: 3:15.97 50.31 300m: 4:57.07 50.54 400m: 6:37.97 50.30					
12.	ALMEIDA Francisco Olazabal	Fluvial Portuense	<b>6:49.58</b>	+0.93	257	-
	50m: 44.04 44.04 150m: 2:26.42 52.46 250m: 4:11.75 53.17 350m: 5:57.19 52.68					
	100m: 1:33.96 49.92 200m: 3:18.58 52.16 300m: 5:04.51 52.76 400m: 6:49.58 52.39					
13.	PINTO Rui Miguel	Viana Natacao	<b>6:50.94</b>		254	-
	50m: 41.40 41.40 150m: 2:19.33 50.83 250m: 4:08.35 54.27 350m: 5:57.74 55.52					
	100m: 1:28.50 47.10 200m: 3:14.08 54.75 300m: 5:02.22 53.87 400m: 6:50.94 53.20					
14.	ARANTES Marco Miguel	Gesloures	<b>6:59.06</b>	+0.89	240	-
	50m: 42.53 42.53 150m: 2:23.98 52.98 250m: 4:13.40 55.11 350m: 6:04.68 55.16					
	100m: 1:31.00 48.47 200m: 3:18.29 54.31 300m: 5:09.52 56.12 400m: 6:59.06 54.38					
15.	COSTA Nuno Ramalho	Luz e Vida	<b>7:10.91</b>		220	-
	50m: 46.19 46.19 150m: 2:28.90 52.17 250m: 4:21.37 57.22 350m: 6:15.10 57.31					
	100m: 1:36.73 50.54 200m: 3:24.15 55.25 300m: 5:17.79 56.42 400m: 7:10.91 55.81					
16.	GONCALVES Pedro Nuno	Fluvial Portuense	<b>7:12.00</b>		219	-
	50m: 48.03 48.03 150m: 2:36.18 55.38 250m: 4:29.62 55.06 350m: 6:21.92 55.65					
	100m: 1:40.80 52.77 200m: 3:34.56 58.38 300m: 5:26.27 56.65 400m: 7:12.00 50.08					
17.	CARVALHO Luis Duarte	Sporting de Aveiro	<b>8:04.46</b>		155	-
	50m: 52.05 52.05 150m: 2:52.39 1:01.25 250m: 4:59.27 1:03.11 350m: 7:05.79 1:02.79					
	100m: 1:51.14 59.09 200m: 3:56.16 1:03.77 300m: 6:03.00 1:03.73 400m: 8:04.46 58.67					

Prova 2  
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Masc., 400m Livres

Master Esc G  
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	OLIVEIRA Carlos Jorge	Masters de Almada	<b>5:17.56</b>		613	9.00
	50m: 35.99 35.99 150m: 1:55.50 40.01 250m: 3:16.87 40.70 350m: 4:38.43 40.94					
	100m: 1:15.49 39.50 200m: 2:36.17 40.67 300m: 3:57.49 40.62 400m: 5:17.56 39.13					
2.	SOARES Ralf Pinto	Nadadores dos Estoris	<b>5:22.28</b>	+0.87	586	7.00
	50m: 34.84 34.84 150m: 1:53.86 40.49 250m: 3:16.18 41.36 350m: 4:39.81 41.82					
	100m: 1:13.37 38.53 200m: 2:34.82 40.96 300m: 3:57.99 41.81 400m: 5:22.28 42.47					
3.	MARTINS Joao Gao	Colegio Monte Maior	<b>6:00.04</b>		420	6.00
	50m: 39.94 39.94 150m: 2:10.52 46.20 250m: 3:43.83 46.50 350m: 5:16.11 45.78					
	100m: 1:24.32 44.38 200m: 2:57.33 46.81 300m: 4:30.33 46.50 400m: 6:00.04 43.93					
4.	MARTINHO Antonio Jorge	Academica de Coimbra	<b>6:16.73</b>	+0.98	367	5.00
	50m: 38.56 38.56 150m: 2:09.95 47.28 250m: 3:48.70 50.03 350m: 5:27.96 49.66					
	100m: 1:22.67 44.11 200m: 2:58.67 48.72 300m: 4:38.30 49.60 400m: 6:16.73 48.77					
5.	CARITA Antonio Carlos	Academica de Coimbra	<b>6:23.05</b>		349	4.00
	50m: 41.87 41.87 150m: 2:16.81 47.87 250m: 3:55.96 50.25 350m: 5:34.86 49.47					
	100m: 1:28.94 47.07 200m: 3:05.71 48.90 300m: 4:45.39 49.43 400m: 6:23.05 48.19					

Prova 2, Masc., 400m Livres, Master Esc G

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
6.	VELEZ Rui Manuel	Luz e Vida	<b>6:52.72</b>		279	3.00
	50m: 49.32 49.32 150m: 2:35.97 52.96 250m: 4:21.65 53.40 350m: 6:03.99 51.01					
	100m: 1:43.01 53.69 200m: 3:28.25 52.28 300m: 5:12.98 51.33 400m: 6:52.72 48.73					
7.	BARRETO Nelson Serodio	Naval de Ponta Delgada	<b>7:04.66</b>	+0.71	256	2.00
	50m: 43.17 43.17 150m: 2:18.24 48.94 250m: 4:09.06 56.28 350m: 6:06.77 59.06					
	100m: 1:29.30 46.13 200m: 3:12.78 54.54 300m: 5:07.71 58.65 400m: 7:04.66 57.89					
8.	LOUREIRO Luis Miguel	Fluvial Portuense	<b>7:13.74</b>		240	1.00
	50m: 46.09 46.09 150m: 2:31.47 53.65 250m: 4:22.68 55.99 350m: 6:17.25 57.62					
	100m: 1:37.82 51.73 200m: 3:26.69 55.22 300m: 5:19.63 56.95 400m: 7:13.74 56.49					
9.	ANTUNES Luis Miguel	Leixoes	<b>7:22.69</b>		226	-
	50m: 44.40 44.40 150m: 2:27.57 54.09 250m: 4:30.07 1:02.37 350m: 6:26.82 57.79					
	100m: 1:33.48 49.08 200m: 3:27.70 1:00.13 300m: 5:29.03 58.96 400m: 7:22.69 55.87					
10.	FERNANDES Celso Abreu	Sporting de Aveiro	<b>7:31.12</b>		213	-
	50m: 49.44 49.44 150m: 2:42.74 57.73 250m: 4:37.57 57.81 350m: 6:35.16 58.82					
	100m: 1:45.01 55.57 200m: 3:39.76 57.02 300m: 5:36.34 58.77 400m: 7:31.12 55.96					
11.	CARDOSO Vitor Manuel	Geslours	<b>7:35.92</b>		207	-
	50m: 48.74 48.74 150m: 2:43.88 58.53 250m: 4:41.94 1:00.01 350m: 6:40.06 58.99					
	100m: 1:45.35 56.61 200m: 3:41.93 58.05 300m: 5:41.07 59.13 400m: 7:35.92 55.86					
12.	PINTO Paulo Monteiro	Porto	<b>8:00.07</b>	+0.94	177	-
	50m: 51.70 51.70 150m: 2:50.57 59.76 250m: 4:53.42 1:02.59 350m: 6:59.27 1:03.41					
	100m: 1:50.81 59.11 200m: 3:50.83 1:00.26 300m: 5:55.86 1:02.44 400m: 8:00.07 1:00.80					
DNS	QUARESMA Paulo Miguel	Aminata				-
DNS	ALBUQUERQUE Nuno Carlos	Braga				-

Prova 2 Masc., 400m Livres Master Esc H Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	FREITAS Jose Carlos <i>Rec Nacional Esc H</i>	Litoral Alentejano	<b>4:42.61</b>	+0.81	1094	9.00
	50m: 32.93 32.93 150m: 1:44.01 35.88 250m: 2:56.46 36.17 350m: 4:08.43 35.83					
	100m: 1:08.13 35.20 200m: 2:20.29 36.28 300m: 3:32.60 36.14 400m: 4:42.61 34.18					
2.	BENTO Jaime Carlos	Alges	<b>5:25.16</b>	+0.84	718	7.00
	50m: 35.62 35.62 150m: 1:57.02 41.70 250m: 3:21.27 41.97 350m: 4:45.57 41.73					
	100m: 1:15.32 39.70 200m: 2:39.30 42.28 300m: 4:03.84 42.57 400m: 5:25.16 39.59					
3.	SEABRA Henrique Luis	Fluvial Portuense	<b>5:38.71</b>	+0.90	635	6.00
	50m: 37.53 37.53 150m: 2:01.21 42.81 250m: 3:28.82 43.86 350m: 4:56.60 44.14					
	100m: 1:18.40 40.87 200m: 2:44.96 43.75 300m: 4:12.46 43.64 400m: 5:38.71 42.11					
4.	COSTA Armando Joao	Feirense	<b>5:54.65</b>	+0.88	553	5.00
	50m: 39.49 39.49 150m: 2:09.66 45.34 250m: 3:41.41 45.87 350m: 5:12.34 45.43					
	100m: 1:24.32 44.83 200m: 2:55.54 45.88 300m: 4:26.91 45.50 400m: 5:54.65 42.31					

Prova 2, Masc., 400m Livres, Master Esc H

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
5.	BARKA Youssef-andre	Salesianos	<b>6:17.19</b>	+0.93	460	4.00
	50m: 40.35 40.35 150m: 2:16.72 48.80 250m: 3:53.29 48.28 350m: 5:30.62 48.02					
	100m: 1:27.92 47.57 200m: 3:05.01 48.29 300m: 4:42.60 49.31 400m: 6:17.19 46.57					
6.	AMARAL Jose Rui	Fluvial Portuense	<b>6:33.40</b>		405	3.00
	50m: 42.05 42.05 150m: 2:20.04 50.34 250m: 4:00.70 50.82 350m: 5:44.14 50.50					
	100m: 1:29.70 47.65 200m: 3:09.88 49.84 300m: 4:53.64 52.94 400m: 6:33.40 49.26					
7.	SARVIA Paolo	Individual ANNP	<b>6:36.08</b>	+0.92	397	2.00
	50m: 42.46 42.46 150m: 2:20.46 50.40 250m: 4:03.95 51.70 350m: 5:46.56 52.01					
	100m: 1:30.06 47.60 200m: 3:12.25 51.79 300m: 4:54.55 50.60 400m: 6:36.08 49.52					
8.	ROCHA Paulo Jorge	Fluvial Portuense	<b>7:20.82</b>		288	1.00
	50m: 49.12 49.12 150m: 2:40.69 56.87 250m: 4:35.92 57.77 350m: 6:29.34 56.61					
	100m: 1:43.82 54.70 200m: 3:38.15 57.46 300m: 5:32.73 56.81 400m: 7:20.82 51.48					
9.	LOO Josephus Stephanus	Obidos Criativa	<b>7:38.39</b>		256	-
	50m: 51.96 51.96 150m: 2:47.35 59.40 250m: 4:44.39 57.81 350m: 6:42.12 58.21					
	100m: 1:47.95 55.99 200m: 3:46.58 59.23 300m: 5:43.91 59.52 400m: 7:38.39 56.27					
10.	MARTINS Arnaldo Silva	Fluvial Portuense	<b>8:04.89</b>		216	-
	50m: 57.75 57.75 150m: 3:01.15 1:01.97 250m: 5:03.46 1:01.29 350m: 7:04.73 1:00.60					
	100m: 1:59.18 1:01.43 200m: 4:02.17 1:01.02 300m: 6:04.13 1:00.67 400m: 8:04.89 1:00.16					
11.	NASCIMENTO Joao Carlos	O2-Portimao	<b>8:19.86</b>	+0.98	197	-
	50m: 51.70 51.70 150m: 2:52.87 1:02.32 250m: 5:04.11 1:05.85 350m: 7:13.66 1:04.59					
	100m: 1:50.55 58.85 200m: 3:58.26 1:05.39 300m: 6:09.07 1:04.96 400m: 8:19.86 1:06.20					
12.	NUNES Jorge Joaquim	Vitoria Guimaraes	<b>8:45.18</b>		170	-
	50m: 57.00 57.00 150m: 3:08.64 1:08.45 250m: 5:27.45 1:08.93 350m: 7:43.10 1:07.16					
	100m: 2:00.19 1:03.19 200m: 4:18.52 1:09.88 300m: 6:35.94 1:08.49 400m: 8:45.18 1:02.08					
13.	ALVES Joao Cesar	Fluvial Portuense	<b>9:05.27</b>		152	-
	50m: 1:01.85 1:01.85 150m: 3:17.15 1:07.92 250m: 5:37.75 1:11.58 350m: 7:55.90 1:08.65					
	100m: 2:09.23 1:07.38 200m: 4:26.17 1:09.02 300m: 6:47.25 1:09.50 400m: 9:05.27 1:09.37					
DNS	RUAS Joao Manuel	Sporting				-

Prova 2  
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Masc., 400m Livres

Master Esc I  
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	MAVIOSO Vitor Manuel	Alges	<b>5:41.15</b>	+0.91	715	9.00
	50m: 38.29 38.29 150m: 2:06.23 44.11 250m: 3:34.41 43.79 350m: 5:01.02 43.06					
	100m: 1:22.12 43.83 200m: 2:50.62 44.39 300m: 4:17.96 43.55 400m: 5:41.15 40.13					
2.	MENDES Ricardo Antonio	Salesianos	<b>5:58.37</b>		616	7.00
	50m: 40.10 40.10 150m: 2:08.31 45.24 250m: 3:42.25 46.10 350m: 5:15.23 46.22					
	100m: 1:23.07 42.97 200m: 2:56.15 47.84 300m: 4:29.01 46.76 400m: 5:58.37 43.14					



Prova 2, Masc., 400m Livres, Master Esc I

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
3.	SOARES Manuel Edgar	O2-Portimao	<b>7:25.92</b>		320	6.00
	50m: 46.95 46.95	150m: 2:35.32 54.90	250m: 4:32.15 58.59	350m: 6:30.03 59.57		
	100m: 1:40.42 53.47	200m: 3:33.56 58.24	300m: 5:30.46 58.31	400m: 7:25.92 55.89		
4.	MADAIL Jose Henrique	Galitos / Bresimar	<b>7:27.31</b>		317	5.00
	50m: 49.98 49.98	150m: 2:39.08 54.59	250m: 4:33.20 57.34	350m: 6:27.72 57.27		
	100m: 1:44.49 54.51	200m: 3:35.86 56.78	300m: 5:30.45 57.25	400m: 7:27.31 59.59		
5.	RAPOSO Jose Alexandre	Sporting de Aveiro	<b>8:05.41</b>		248	4.00
	50m: 56.80 56.80	150m: 3:02.10 1:02.65	250m: 5:05.69 1:02.09	350m: 7:09.02 1:01.46		
	100m: 1:59.45 1:02.65	200m: 4:03.60 1:01.50	300m: 6:07.56 1:01.87	400m: 8:05.41 56.39		
6.	SANTOS Jose Goncalves	Sporting de Aveiro	<b>8:18.84</b>		228	3.00
	50m: 53.49 53.49	150m: 2:59.87 1:04.52	250m: 5:09.51 1:04.76	350m: 7:18.32 1:03.97		
	100m: 1:55.35 1:01.86	200m: 4:04.75 1:04.88	300m: 6:14.35 1:04.84	400m: 8:18.84 1:00.52		

Prova 2  
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Masc., 400m Livres

Master Esc J  
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	CORREIA Carlos Augusto	Masters de Almada	<b>6:42.08</b>		542	9.00
	50m: 45.70 45.70	150m: 2:27.03 51.37	250m: 4:10.27 51.55	350m: 5:51.55 50.24		
	100m: 1:35.66 49.96	200m: 3:18.72 51.69	300m: 5:01.31 51.04	400m: 6:42.08 50.53		
2.	BATISTA Antonio Carlos	FC Ferreiras/AlgarExperience	<b>6:56.88</b>	+0.98	486	7.00
	50m: 42.13 42.13	150m: 2:20.97 51.13	250m: 4:10.34 55.68	350m: 6:02.16 56.08		
	100m: 1:29.84 47.71	200m: 3:14.66 53.69	300m: 5:06.08 55.74	400m: 6:56.88 54.72		
3.	CABRAL Luis Pereira	Academica de Coimbra	<b>9:07.88</b>		214	6.00
	50m: 57.51 57.51	150m: 3:16.43 1:11.19	250m: 5:39.72 1:10.39	350m: 8:00.18 1:09.81		
	100m: 2:05.24 1:07.73	200m: 4:29.33 1:12.90	300m: 6:50.37 1:10.65	400m: 9:07.88 1:07.70		
4.	BORGES Daniel Jorge	Naval de Ponta Delgada	<b>9:37.17</b>		183	5.00
	50m: 55.61 55.61	150m: 3:21.38 1:15.96	250m: 5:55.57 1:17.22	350m: 8:31.08 1:16.33		
	100m: 2:05.42 1:09.81	200m: 4:38.35 1:16.97	300m: 7:14.75 1:19.18	400m: 9:37.17 1:06.09		

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Prova 2, Masc., 400m Livres

Prova 2

27/01/2023 - 12:20

Masc., 400m Livres

Master Esc K

Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	SALGUEIRO Luis Vidigal	Alges	<b>7:36.98</b>		451	9.00
	50m: 50.67 50.67	150m: 2:47.57 58.74	250m: 4:47.95 59.61	350m: 6:45.67 58.85		
	100m: 1:48.83 58.16	200m: 3:48.34 1:00.77	300m: 5:46.82 58.87	400m: 7:36.98 51.31		
2.	VIEGAS Luis Silveira	Alges	<b>9:06.65</b>		263	7.00
	50m: 55.97 55.97	150m: 3:08.52 1:08.38	250m: 5:29.69 1:11.24	350m: 7:55.36 1:13.28		
	100m: 2:00.14 1:04.17	200m: 4:18.45 1:09.93	300m: 6:42.08 1:12.39	400m: 9:06.65 1:11.29		
3.	COSTA Antonio Goncalves	Fluvial Portuense	<b>9:52.17</b>		207	6.00
	50m: 1:04.03 1:04.03	150m: 3:43.17 1:22.44	250m: 6:17.28 1:16.92	350m: 8:46.15 1:13.50		
	100m: 2:20.73 1:16.70	200m: 5:00.36 1:17.19	300m: 7:32.65 1:15.37	400m: 9:52.17 1:06.02		

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