

Prova 1
27/01/2023 - 11:00

Femin., 400m Livres

Master Esc A
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	ELOI Ana Monica	CLIP Teams	4:44.75	+0.90	832	9.00
	50m: 31.73 31.73 150m: 1:42.18 35.94 250m: 2:54.48 36.47 350m: 4:08.07 36.91					
	100m: 1:06.24 34.51 200m: 2:18.01 35.83 300m: 3:31.16 36.68 400m: 4:44.75 36.68					
2.	CASTRO Adriana Daniela	Propaganda da Natacao	4:52.45	+0.69	768	7.00
	50m: 31.68 31.68 150m: 1:42.17 35.82 250m: 2:56.66 37.75 350m: 4:14.04 38.84					
	100m: 1:06.35 34.67 200m: 2:18.91 36.74 300m: 3:35.20 38.54 400m: 4:52.45 38.41					
3.	FONTOURA Violante Pascoal	CLIP Teams	5:09.44	+0.93	648	6.00
	50m: 34.09 34.09 150m: 1:51.11 39.21 250m: 3:10.33 39.89 350m: 4:30.23 40.04					
	100m: 1:11.90 37.81 200m: 2:30.44 39.33 300m: 3:50.19 39.86 400m: 5:09.44 39.21					
4.	SANTOS Raquel Fernandes	Masters de Almada	5:17.89	+0.91	598	5.00
	50m: 34.95 34.95 150m: 1:53.47 39.83 250m: 3:15.59 41.30 350m: 4:38.86 41.41					
	100m: 1:13.64 38.69 200m: 2:34.29 40.82 300m: 3:57.45 41.86 400m: 5:17.89 39.03					
5.	GONCALVES Flavia Daniela	Sporting Caminha	5:20.21	+0.96	585	4.00
	50m: 35.45 35.45 150m: 1:55.20 40.27 250m: 3:17.41 41.34 350m: 4:39.94 41.17					
	100m: 1:14.93 39.48 200m: 2:36.07 40.87 300m: 3:58.77 41.36 400m: 5:20.21 40.27					
6.	ROSAS Joana Filipa	Leixoes	5:28.90	+0.93	540	3.00
	50m: 37.19 37.19 150m: 1:58.38 41.14 250m: 3:21.51 41.64 350m: 4:46.57 42.73					
	100m: 1:17.24 40.05 200m: 2:39.87 41.49 300m: 4:03.84 42.33 400m: 5:28.90 42.33					
7.	PINHEIRO Daniela Ferreira	Alcobaca	5:51.94	+0.77	440	2.00
	50m: 38.03 38.03 150m: 2:06.23 44.51 250m: 3:36.74 45.44 350m: 5:07.36 45.26					
	100m: 1:21.72 43.69 200m: 2:51.30 45.07 300m: 4:22.10 45.36 400m: 5:51.94 44.58					

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Femin., 400m Livres

Master Esc B
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	NEVES Vania Soares	Viana Natacao	4:41.29	+0.79	879	9.00
	50m: 31.37 31.37 150m: 1:41.41 35.44 250m: 2:53.05 35.91 350m: 4:05.09 36.19					
	100m: 1:05.97 34.60 200m: 2:17.14 35.73 300m: 3:28.90 35.85 400m: 4:41.29 36.20					
2.	MONTEIRO Alexandra Sofia	Vila DEste/Gaia	5:05.51	+0.87	686	7.00
	50m: 34.83 34.83 150m: 1:50.73 38.02 250m: 3:07.78 38.37 350m: 4:26.20 39.48					
	100m: 1:12.71 37.88 200m: 2:29.41 38.68 300m: 3:46.72 38.94 400m: 5:05.51 39.31					
3.	PEREIRA Solange Ramalho	Lisboa PoolSharks	5:35.47	+0.77	518	6.00
	50m: 37.34 37.34 150m: 2:00.05 41.91 250m: 3:24.33 42.31 350m: 4:51.39 43.82					
	100m: 1:18.14 40.80 200m: 2:42.02 41.97 300m: 4:07.57 43.24 400m: 5:35.47 44.08					
4.	CANTO Anastacia Silva	Masters de Almada	5:52.51		446	5.00
	50m: 38.74 38.74 150m: 2:05.50 43.88 250m: 3:36.65 45.64 350m: 5:08.12 45.38					
	100m: 1:21.62 42.88 200m: 2:51.01 45.51 300m: 4:22.74 46.09 400m: 5:52.51 44.39					

Prova 1, Femin., 400m Livres, Master Esc B

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
5.	SANTOS Miriam Rodrigues	Masters de Almada	5:53.65	+0.98	442	4.00
	50m: 38.19 38.19 150m: 2:04.25 43.96 250m: 3:36.82 46.66 350m: 5:10.31 46.69					
	100m: 1:20.29 42.10 200m: 2:50.16 45.91 300m: 4:23.62 46.80 400m: 5:53.65 43.34					
6.	JORDAO Marta Isabel	Famalicao	5:57.34	+0.92	428	3.00
	50m: 39.35 39.35 150m: 2:03.38 42.85 250m: 3:34.98 46.43 350m: 5:10.14 47.73					
	100m: 1:20.53 41.18 200m: 2:48.55 45.17 300m: 4:22.41 47.43 400m: 5:57.34 47.20					
7.	MOURA Catia Vanessa	Sporting Caminha	6:01.69		413	2.00
	50m: 37.78 37.78 150m: 2:07.08 45.76 250m: 3:42.01 47.68 350m: 5:16.92 47.29					
	100m: 1:21.32 43.54 200m: 2:54.33 47.25 300m: 4:29.63 47.62 400m: 6:01.69 44.77					

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Femin., 400m Livres

Master Esc C
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	ALVES Joana Isabel	Individual ANNP	5:21.80	+0.89	611	9.00
	50m: 35.26 35.26 150m: 1:54.94 40.51 250m: 3:17.62 41.40 350m: 4:40.95 41.72					
	100m: 1:14.43 39.17 200m: 2:36.22 41.28 300m: 3:59.23 41.61 400m: 5:21.80 40.85					
2.	RODRIGUES Sara Daniela	Galitos / Bresimar	5:40.06		518	7.00
	50m: 38.25 38.25 150m: 2:01.33 42.05 250m: 3:26.73 42.93 350m: 4:55.50 44.92					
	100m: 1:19.28 41.03 200m: 2:43.80 42.47 300m: 4:10.58 43.85 400m: 5:40.06 44.56					
3.	MOLEN Laurelin Lucinda	CCDSerta	6:18.90	+0.92	374	6.00
	50m: 41.87 41.87 150m: 2:14.87 47.35 250m: 3:52.09 48.93 350m: 5:30.74 49.86					
	100m: 1:27.52 45.65 200m: 3:03.16 48.29 300m: 4:40.88 48.79 400m: 6:18.90 48.16					
4.	REIS Filipa Isabel	Leixoes	6:50.60	+0.90	294	5.00
	50m: 48.61 48.61 150m: 2:33.04 52.56 250m: 4:17.03 51.77 350m: 5:59.87 51.71					
	100m: 1:40.48 51.87 200m: 3:25.26 52.22 300m: 5:08.16 51.13 400m: 6:50.60 50.73					
5.	FREITAS Ana Rita	Alcobaca	7:21.83		236	4.00
	50m: 52.27 52.27 150m: 2:45.06 57.14 250m: 4:38.25 56.73 350m: 6:30.90 56.07					
	100m: 1:47.92 55.65 200m: 3:41.52 56.46 300m: 5:34.83 56.58 400m: 7:21.83 50.93					
6.	PASCOAL Rita Fernandes	Bairro dos Anjos/ Leiria	7:46.14	+0.99	201	3.00
	50m: 48.92 48.92 150m: 2:46.48 59.73 250m: 4:47.33 59.86 350m: 6:49.54 1:00.71					
	100m: 1:46.75 57.83 200m: 3:47.47 1:00.99 300m: 5:48.83 1:01.50 400m: 7:46.14 56.60					
7.	ALMEIDA Andreia Azevedo	Palmela	8:59.60		129	2.00
	50m: 59.45 59.45 150m: 3:18.08 1:08.50 250m: 5:36.28 1:09.61 350m: 7:50.58 1:08.19					
	100m: 2:09.58 1:10.13 200m: 4:26.67 1:08.59 300m: 6:42.39 1:06.11 400m: 8:59.60 1:09.02					

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Femin., 400m Livres

Master Esc D
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	OLIVEIRA Ana Mafalda	Natacao da Maia	5:53.53	+0.86	480	9.00
	50m: 37.97 37.97 150m: 2:03.63 44.01 250m: 3:35.68 46.31 350m: 5:09.06 46.48					
	100m: 1:19.62 41.65 200m: 2:49.37 45.74 300m: 4:22.58 46.90 400m: 5:53.53 44.47					
2.	GUEDES Ana Dalte	Leixoes	5:56.15	+0.79	470	7.00
	50m: 38.79 38.79 150m: 2:07.63 45.51 250m: 3:39.76 46.33 350m: 5:12.11 45.87					
	100m: 1:22.12 43.33 200m: 2:53.43 45.80 300m: 4:26.24 46.48 400m: 5:56.15 44.04					
3.	MACHADO Maria Margarida	Vila DEste/Gaia	6:49.62	+0.80	309	6.00
	50m: 46.53 46.53 150m: 2:28.88 52.08 250m: 4:13.79 52.30 350m: 5:59.74 53.27					
	100m: 1:36.80 50.27 200m: 3:21.49 52.61 300m: 5:06.47 52.68 400m: 6:49.62 49.88					
4.	MALHEIROS Carmen Silvia	Litoral Alentejano	7:11.48		264	5.00
	50m: 47.80 47.80 150m: 2:36.65 54.87 250m: 4:26.41 54.57 350m: 6:17.23 55.42					
	100m: 1:41.78 53.98 200m: 3:31.84 55.19 300m: 5:21.81 55.40 400m: 7:11.48 54.25					
5.	INACIO Vanessa Mendes	Obidos Criativa	7:17.67	+0.97	253	4.00
	50m: 46.98 46.98 150m: 2:35.94 55.75 250m: 4:28.83 56.80 350m: 6:18.79 53.66					
	100m: 1:40.19 53.21 200m: 3:32.03 56.09 300m: 5:25.13 56.30 400m: 7:17.67 58.88					
6.	CARVALHO Ines Silva	Fluvial Portuense	7:36.34		223	3.00
	50m: 52.41 52.41 150m: 2:46.37 57.04 250m: 4:41.75 58.25 350m: 6:37.91 57.81					
	100m: 1:49.33 56.92 200m: 3:43.50 57.13 300m: 5:40.10 58.35 400m: 7:36.34 58.43					
7.	OLIVEIRA Jacqueline Martins	Naval de Ponta Delgada	8:20.33		169	2.00
	50m: 52.06 52.06 150m: 3:00.70 1:07.69 250m: 5:11.46 1:06.97 350m: 7:22.14 1:06.79					
	100m: 1:53.01 1:00.95 200m: 4:04.49 1:03.79 300m: 6:15.35 1:03.89 400m: 8:20.33 58.19					

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Master Esc E
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	BARBARA Carla Santa	Porto	5:16.20	+0.78	723	9.00
	50m: 34.93 34.93 150m: 1:52.31 39.16 250m: 3:13.09 40.69 350m: 4:35.04 41.17					
	100m: 1:13.15 38.22 200m: 2:32.40 40.09 300m: 3:53.87 40.78 400m: 5:16.20 41.16					
2.	COSTA Maria Luisa	Fluvial Portuense	5:20.44	+0.97	695	7.00
	50m: 35.70 35.70 150m: 1:54.50 40.05 250m: 3:15.90 40.30 350m: 4:38.80 41.74					
	100m: 1:14.45 38.75 200m: 2:35.60 41.10 300m: 3:57.06 41.16 400m: 5:20.44 41.64					
3.	PRIOR Ana Filipa	Luz e Vida	5:35.09	+0.98	607	6.00
	50m: 36.66 36.66 150m: 1:59.32 42.05 250m: 3:25.94 43.22 350m: 4:52.99 43.75					
	100m: 1:17.27 40.61 200m: 2:42.72 43.40 300m: 4:09.24 43.30 400m: 5:35.09 42.10					
4.	REGO Susana Isabel	Leixoes	6:09.24	+0.81	454	5.00
	50m: 40.78 40.78 150m: 2:13.18 46.61 250m: 3:47.48 47.06 350m: 5:22.24 47.41					
	100m: 1:26.57 45.79 200m: 3:00.42 47.24 300m: 4:34.83 47.35 400m: 6:09.24 47.00					

Splash Meet Manager, 11.75806

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



PARCEIROS



Prova 1, Femin., 400m Livres, Master Esc E

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
5.	RIBEIRO Helena Isabel	Lagoa AC	7:02.05	+0.74	304	4.00
	50m: 46.07 46.07 150m: 2:30.17 53.15 250m: 4:19.20 54.71 350m: 6:09.22 55.11					
	100m: 1:37.02 50.95 200m: 3:24.49 54.32 300m: 5:14.11 54.91 400m: 7:02.05 52.83					
6.	GOMES Ana Claudia	Academica de Coimbra	7:03.27		301	3.00
	50m: 46.94 46.94 150m: 2:33.04 53.18 250m: 4:21.49 54.16 350m: 6:10.94 54.46					
	100m: 1:39.86 52.92 200m: 3:27.33 54.29 300m: 5:16.48 54.99 400m: 7:03.27 52.33					
7.	NUNES Marcia Silva	Lagoa AC	7:38.50	+0.99	237	2.00
	50m: 51.68 51.68 150m: 2:45.67 57.46 250m: 4:43.83 59.67 350m: 6:42.13 59.26					
	100m: 1:48.21 56.53 200m: 3:44.16 58.49 300m: 5:42.87 59.04 400m: 7:38.50 56.37					
8.	COSTA Isabel Maria	Naval de Ponta Delgada	9:02.85	+0.98	142	1.00
	50m: 55.87 55.87 150m: 3:12.75 1:11.83 250m: 5:34.08 1:11.47 350m: 7:54.69 1:09.32					
	100m: 2:00.92 1:05.05 200m: 4:22.61 1:09.86 300m: 6:45.37 1:11.29 400m: 9:02.85 1:08.16					
DSQ	PARAMIO Maria Luz	Naval de Ponta Delgada		+0.95		-
	4.2 - Falsa Partida – SW 4.4					

Prova 1
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Pontos: DSV Masters 22

Femin., 400m Livres
Master Esc F
Resultados

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	PEREIRA Patricia Diogenes	Nadadores dos Estoris	5:30.70		649	9.00
	50m: 38.38 38.38 150m: 2:00.64 41.55 250m: 3:24.58 42.20 350m: 4:49.21 42.51					
	100m: 1:19.09 40.71 200m: 2:42.38 41.74 300m: 4:06.70 42.12 400m: 5:30.70 41.49					
2.	ROTHES Ines Maria	Fluvial Portuense	5:31.91		642	7.00
	50m: 37.89 37.89 150m: 2:00.17 41.44 250m: 3:25.46 42.60 350m: 4:50.24 41.91					
	100m: 1:18.73 40.84 200m: 2:42.86 42.69 300m: 4:08.33 42.87 400m: 5:31.91 41.67					
3.	COSTA Marta Sofia	Individual ANNP	6:13.10	+0.97	452	6.00
	50m: 40.23 40.23 150m: 2:10.34 46.24 250m: 3:46.97 48.61 350m: 5:24.40 48.85					
	100m: 1:24.10 43.87 200m: 2:58.36 48.02 300m: 4:35.55 48.58 400m: 6:13.10 48.70					
4.	PALHARES Daniela Maria	Fluvial Portuense	6:16.74	+0.98	439	5.00
	50m: 42.70 42.70 150m: 2:18.30 48.29 250m: 3:55.86 49.33 350m: 5:31.95 47.17					
	100m: 1:30.01 47.31 200m: 3:06.53 48.23 300m: 4:44.78 48.92 400m: 6:16.74 44.79					
5.	BLANCO Catarina Araujo	Fluvial Portuense	6:32.20		389	4.00
	50m: 44.46 44.46 150m: 2:25.25 50.93 250m: 4:04.51 49.64 350m: 5:44.19 49.23					
	100m: 1:34.32 49.86 200m: 3:14.87 49.62 300m: 4:54.96 50.45 400m: 6:32.20 48.01					
6.	FERREIRA Maria Manuela	Vitoria Guimaraes	6:43.40	+0.94	357	3.00
	50m: 46.60 46.60 150m: 2:25.50 49.70 250m: 4:08.11 51.69 350m: 5:52.79 52.94					
	100m: 1:35.80 49.20 200m: 3:16.42 50.92 300m: 4:59.85 51.74 400m: 6:43.40 50.61					
7.	SANTINHA Fernanda Maria	Masters de Almada	7:01.83		312	2.00
	50m: 48.20 48.20 150m: 2:32.21 52.32 250m: 4:21.09 54.88 350m: 6:09.79 53.91					
	100m: 1:39.89 51.69 200m: 3:26.21 54.00 300m: 5:15.88 54.79 400m: 7:01.83 52.04					

Prova 1, Femin., 400m Livres, Master Esc F

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
8.	SOARES Susana Maria	Natacao de Valongo	7:41.05		239	1.00
	50m: 50.82 50.82 150m: 2:45.81 57.92 250m: 4:45.02 1:00.57 350m: 6:45.32 59.94					
	100m: 1:47.89 57.07 200m: 3:44.45 58.64 300m: 5:45.38 1:00.36 400m: 7:41.05 55.73					
9.	MATIAS Claudia Maria	Lagoa AC	7:52.94	+0.94	221	-
	50m: 48.94 48.94 150m: 2:49.66 1:01.43 250m: 4:52.45 1:01.24 350m: 6:54.95 1:01.35					
	100m: 1:48.23 59.29 200m: 3:51.21 1:01.55 300m: 5:53.60 1:01.15 400m: 7:52.94 57.99					
10.	CASTRO Eliana Marta	Sporting de Aveiro	7:57.76		215	-
	50m: 52.77 52.77 150m: 2:55.08 1:02.07 250m: 4:59.33 1:01.27 350m: 6:59.48 1:00.47					
	100m: 1:53.01 1:00.24 200m: 3:58.06 1:02.98 300m: 5:59.01 59.68 400m: 7:57.76 58.28					
11.	GARCIA Ana Luisa	Leixoes	7:58.58		214	-
	50m: 53.09 53.09 150m: 2:51.65 1:01.27 250m: 4:58.39 1:03.52 350m: 7:00.21 1:00.56					
	100m: 1:50.38 57.29 200m: 3:54.87 1:03.22 300m: 5:59.65 1:01.26 400m: 7:58.58 58.37					
12.	ALMEIDA Maria Astride	Fluvial Portuense	8:46.70		160	-
	50m: 57.46 57.46 150m: 3:13.16 1:09.88 250m: 5:25.50 1:06.72 350m: 7:40.72 1:07.92					
	100m: 2:03.28 1:05.82 200m: 4:18.78 1:05.62 300m: 6:32.80 1:07.30 400m: 8:46.70 1:05.98					
DSQ	SANTOS Maria Paula	Natacao de Valongo				-
	4.2 - Falsa Partida – SW 4.4					

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Femin., 400m Livres

Master Esc G
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	GUIMARAES Rita Cabral	Fluvial Portuense	6:33.07	+0.84	407	9.00
	50m: 45.53 45.53 150m: 2:26.31 50.99 250m: 4:04.78 48.82 350m: 5:45.15 49.70					
	100m: 1:35.32 49.79 200m: 3:15.96 49.65 300m: 4:55.45 50.67 400m: 6:33.07 47.92					
2.	REIS Margarida Bleck	Individual ANNP	7:26.28	+0.96	278	7.00
	50m: 45.62 45.62 150m: 2:35.80 57.23 250m: 4:33.13 58.17 350m: 6:31.15 59.21					
	100m: 1:38.57 52.95 200m: 3:34.96 59.16 300m: 5:31.94 58.81 400m: 7:26.28 55.13					
3.	GRAHAM Muriel	Fluvial Portuense	7:28.76		273	6.00
	50m: 52.14 52.14 150m: 2:43.85 56.39 250m: 4:37.55 56.63 350m: 6:31.24 57.36					
	100m: 1:47.46 55.32 200m: 3:40.92 57.07 300m: 5:33.88 56.33 400m: 7:28.76 57.52					
4.	CARDOSO Helena Maria	Fluvial Portuense	8:18.32		200	5.00
	50m: 51.63 51.63 150m: 2:54.73 1:03.37 250m: 5:02.91 1:05.11 350m: 7:13.43 1:05.60					
	100m: 1:51.36 59.73 200m: 3:57.80 1:03.07 300m: 6:07.83 1:04.92 400m: 8:18.32 1:04.89					

Prova 1, Femin., 400m Livres

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Femin., 400m Livres

Master Esc H
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	URBANO Maria Margarida	Academica de Coimbra	6:31.25		524	9.00
	50m: 45.86 45.86 150m: 2:23.51 49.13 250m: 4:01.72 49.12 350m: 5:41.65 50.16					
	100m: 1:34.38 48.52 200m: 3:12.60 49.09 300m: 4:51.49 49.77 400m: 6:31.25 49.60					
2.	FERNANDES Maria Santos	Leixoes	6:44.52		474	7.00
	50m: 45.63 45.63 150m: 2:25.43 50.86 250m: 4:08.69 51.96 350m: 5:53.28 52.88					
	100m: 1:34.57 48.94 200m: 3:16.73 51.30 300m: 5:00.40 51.71 400m: 6:44.52 51.24					
3.	CANORA MARIN Maria Azucena	Leixoes	6:53.62	+0.97	443	6.00
	50m: 48.15 48.15 150m: 2:28.54 50.96 250m: 4:14.20 53.47 350m: 6:01.81 54.59					
	100m: 1:37.58 49.43 200m: 3:20.73 52.19 300m: 5:07.22 53.02 400m: 6:53.62 51.81					
4.	CANINAS Maria Madalena	Masters de Almada	7:27.76		349	5.00
	50m: 48.72 48.72 150m: 2:39.63 56.03 250m: 4:34.03 57.57 350m: 6:32.30 58.27					
	100m: 1:43.60 54.88 200m: 3:36.46 56.83 300m: 5:34.03 1:00.00 400m: 7:27.76 55.46					
5.	CAEIRO Ana Maria	Alhandra	7:48.45		305	4.00
	50m: 53.28 53.28 150m: 2:51.74 59.94 250m: 4:51.48 59.78 350m: 6:51.60 59.81					
	100m: 1:51.80 58.52 200m: 3:51.70 59.96 300m: 5:51.79 1:00.31 400m: 7:48.45 56.85					
6.	NETO Maria Manuela	Natacao da Maia	7:49.82		302	3.00
	50m: 50.29 50.29 150m: 2:48.21 1:00.72 250m: 4:51.15 1:01.92 350m: 6:50.71 1:00.00					
	100m: 1:47.49 57.20 200m: 3:49.23 1:01.02 300m: 5:50.71 59.56 400m: 7:49.82 59.11					
7.	GIAO Wanda Maria	Lagoa AC	7:56.52	+0.97	290	2.00
	50m: 50.84 50.84 150m: 2:52.40 1:00.99 250m: 4:56.18 1:01.86 350m: 6:57.17 1:00.16					
	100m: 1:51.41 1:00.57 200m: 3:54.32 1:01.92 300m: 5:57.01 1:00.83 400m: 7:56.52 59.35					
8.	WERNICKE Maria Giraldo	Fluvial Portuense	8:19.03		252	1.00
	50m: 50.90 50.90 150m: 2:55.23 1:05.20 250m: 5:04.33 1:04.39 350m: 7:17.11 1:04.97					
	100m: 1:50.03 59.13 200m: 3:59.94 1:04.71 300m: 6:12.14 1:07.81 400m: 8:19.03 1:01.92					

Prova 1
27/01/2023 - 11:00

Femin., 400m Livres

Master Esc I
Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	OLIVEIRA Maria Teresa	Academica de Coimbra	6:50.67		631	9.00
	50m: 46.44 46.44 150m: 2:31.60 52.99 250m: 4:17.34 52.42 350m: 5:59.19 49.67					
	100m: 1:38.61 52.17 200m: 3:24.92 53.32 300m: 5:09.52 52.18 400m: 6:50.67 51.48					
2.	CRUZ Maria Josefina	Ginasio Clube	10:22.75		181	7.00
	50m: 1:06.30 1:06.30 150m: 3:41.65 1:20.39 250m: 6:26.68 1:22.33 350m: 9:07.06 1:20.14					
	100m: 2:21.26 1:14.96 200m: 5:04.35 1:22.70 300m: 7:46.92 1:20.24 400m: 10:22.75 1:15.69					

Prova 1, Femin., 400m Livres

Prova 1

27/01/2023 - 11:00

Femin., 400m Livres

Master Esc J

Resultados

Pontos: DSV Masters 22

Lugar	Nome	Clube	Tempo Final	TReac	DSV	Pts Equip
1.	SILVA Marilia Laura	Fluvial Portuense	10:35.93		213	9.00
	50m: 1:09.98 1:09.98	150m: 3:50.04 1:20.18	250m: 6:31.12 1:22.47	350m: 9:14.24 1:21.67	1:21.67	
	100m: 2:29.86 1:19.88	200m: 5:08.65 1:18.61	300m: 7:52.57 1:21.45	400m: 10:35.93 1:21.69	1:21.69	

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