

Prova 44

Masc., 1500m Livres

Absolutos

11/12/2022 - 16:00

Resultados

RN25 Absoluto	14:39.82	Jose Paulo LOPES	POR	Abu Dhabi (UAE)	20/12/2021
RN25 Sen	14:39.82	Jose Paulo LOPES	POR	Abu Dhabi (UAE)	20/12/2021
RN25 Jun18	15:06.77	Filipe Miguel SANTO	SLB	Funchal	26/03/2018
RN25 Jun17	15:05.57	Gustavo Manuel SANTA	CNLA	Leiria	06/12/2009
RN S15	17:29.93	Miguel Duarte CRUZ	CFB	Felgueiras	22/12/2019

Pontos: FINA 2022

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA
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Seniores

1.	Jose Paulo LOPES			00	Braga			15:00.60		+0,71	831	
	50m:	27.26	27.26	450m:	4:26.88	30.12	850m:	8:27.70	30.10	1250m:	12:29.91	30.60
	100m:	56.72	29.46	500m:	4:57.03	30.15	900m:	8:57.77	30.07	1300m:	13:00.26	30.35
	150m:	1:26.45	29.73	550m:	5:27.15	30.12	950m:	9:27.95	30.18	1350m:	13:30.58	30.32
	200m:	1:56.49	30.04	600m:	5:57.16	30.01	1000m:	9:58.26	30.31	1400m:	14:00.83	30.25
	250m:	2:26.62	30.13	650m:	6:27.33	30.17	1050m:	10:28.43	30.17	1450m:	14:31.19	30.36
	300m:	2:56.68	30.06	700m:	6:57.53	30.20	1100m:	10:58.71	30.28	1500m:	15:00.60	29.41
	350m:	3:26.81	30.13	750m:	7:27.60	30.07	1150m:	11:29.01	30.30			
	400m:	3:56.76	29.95	800m:	7:57.60	30.00	1200m:	11:59.31	30.30			
2.	Diogo Santos CARDOSO			01	Sporting			15:17.25		+0,79	787	
	50m:	28.97	28.97	450m:	4:37.38	30.90	850m:	8:45.09	30.76	1250m:	12:49.09	29.99
	100m:	59.80	30.83	500m:	5:08.55	31.17	900m:	9:15.93	30.84	1300m:	13:19.20	30.11
	150m:	1:30.79	30.99	550m:	5:39.65	31.10	950m:	9:46.89	30.96	1350m:	13:49.29	30.09
	200m:	2:02.06	31.27	600m:	6:10.74	31.09	1000m:	10:17.71	30.82	1400m:	14:19.33	30.04
	250m:	2:33.17	31.11	650m:	6:41.71	30.97	1050m:	10:48.68	30.97	1450m:	14:48.89	29.56
	300m:	3:04.41	31.24	700m:	7:12.53	30.82	1100m:	11:18.84	30.16	1500m:	15:17.25	28.36
	350m:	3:35.43	31.02	750m:	7:43.33	30.80	1150m:	11:48.99	30.15			
	400m:	4:06.48	31.05	800m:	8:14.33	31.00	1200m:	12:19.10	30.11			
3.	Francisco Rodriguez AMARAL			02	Porto			15:28.32		+0,84	759	
	50m:	28.96	28.96	450m:	4:37.72	30.95	850m:	8:45.39	30.62	1250m:	12:53.02	31.22
	100m:	59.97	31.01	500m:	5:08.90	31.18	900m:	9:16.19	30.80	1300m:	13:24.07	31.05
	150m:	1:31.08	31.11	550m:	5:39.98	31.08	950m:	9:47.22	31.03	1350m:	13:55.82	31.75
	200m:	2:02.06	30.98	600m:	6:11.03	31.05	1000m:	10:17.99	30.77	1400m:	14:27.31	31.49
	250m:	2:33.24	31.18	650m:	6:42.05	31.02	1050m:	10:49.02	31.03	1450m:	14:58.30	30.99
	300m:	3:04.46	31.22	700m:	7:13.05	31.00	1100m:	11:19.71	30.69	1500m:	15:28.32	30.02
	350m:	3:35.54	31.08	750m:	7:43.98	30.93	1150m:	11:50.73	31.02			
	400m:	4:06.77	31.23	800m:	8:14.77	30.79	1200m:	12:21.80	31.07			
4.	Tiago Filipe CAMPOS			99	Rio Maior			15:33.19		+0,81	747	
	50m:	27.75	27.75	450m:	4:36.92	31.34	850m:	8:46.37	31.07	1250m:	12:57.78	31.25
	100m:	58.19	30.44	500m:	5:08.48	31.56	900m:	9:17.82	31.45	1300m:	13:29.03	31.25
	150m:	1:29.30	31.11	550m:	5:39.97	31.49	950m:	9:49.24	31.42	1350m:	14:00.33	31.30
	200m:	2:00.56	31.26	600m:	6:10.84	30.87	1000m:	10:20.69	31.45	1400m:	14:31.43	31.10
	250m:	2:31.80	31.24	650m:	6:42.02	31.18	1050m:	10:52.05	31.36	1450m:	15:02.93	31.50
	300m:	3:02.91	31.11	700m:	7:13.04	31.02	1100m:	11:23.65	31.60	1500m:	15:33.19	30.26
	350m:	3:34.30	31.39	750m:	7:44.00	30.96	1150m:	11:55.19	31.54			
	400m:	4:05.58	31.28	800m:	8:15.30	31.30	1200m:	12:26.53	31.34			
5.	Gustavo Pires MARQUES			04	Uniao Coimbra			15:35.38		+0,74	742	
	50m:	28.23	28.23	450m:	4:36.02	31.01	850m:	8:46.36	31.24	1250m:	12:59.59	31.63
	100m:	59.00	30.77	500m:	5:07.44	31.42	900m:	9:17.78	31.42	1300m:	13:31.46	31.87
	150m:	1:29.84	30.84	550m:	5:38.50	31.06	950m:	9:49.39	31.61	1350m:	14:03.27	31.81
	200m:	2:00.72	30.88	600m:	6:09.52	31.02	1000m:	10:21.21	31.82	1400m:	14:34.68	31.41
	250m:	2:31.72	31.00	650m:	6:41.07	31.55	1050m:	10:53.08	31.87	1450m:	15:05.60	30.92
	300m:	3:02.75	31.03	700m:	7:12.43	31.36	1100m:	11:24.84	31.76	1500m:	15:35.38	29.78
	350m:	3:33.92	31.17	750m:	7:44.10	31.67	1150m:	11:56.29	31.45			
	400m:	4:05.01	31.09	800m:	8:15.12	31.02	1200m:	12:27.96	31.67			

Splash Meet Manager, 11.75236

Registered to Federacao Portuguesa De Natacao

11/12/2022 16:20 - Página 1

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



Prova 44, Masc., 1500m Livres, Seniores

Lugar	Nome			Ano	Cod	Clube		Tempo Final		TReac	Pts FINA	
6.	Marcio Fernandes GOMES	04				Braga		16:18.38	+0,67	648		
	50m:	29.77	29.77	450m:	4:48.67	32.61	850m:	9:11.55	33.10	1250m:	13:35.51	33.04
	100m:	1:01.62	31.85	500m:	5:21.09	32.42	900m:	9:44.88	33.33	1300m:	14:08.46	32.95
	150m:	1:34.10	32.48	550m:	5:53.90	32.81	950m:	10:17.70	32.82	1350m:	14:41.37	32.91
	200m:	2:06.29	32.19	600m:	6:26.77	32.87	1000m:	10:50.62	32.92	1400m:	15:14.43	33.06
	250m:	2:38.97	32.68	650m:	6:59.64	32.87	1050m:	11:23.31	32.69	1450m:	15:47.46	33.03
	300m:	3:11.06	32.09	700m:	7:32.49	32.85	1100m:	11:56.57	33.26	1500m:	16:18.38	30.92
	350m:	3:43.62	32.56	750m:	8:05.40	32.91	1150m:	12:29.50	32.93			
	400m:	4:16.06	32.44	800m:	8:38.45	33.05	1200m:	13:02.47	32.97			
7.	Filipe Santos CARDOSO	04				Gafanha da Encarnacao		16:27.33	+0,71	631		
	50m:	29.12	29.12	450m:	4:55.63	33.67	850m:	9:22.90	33.30	1250m:	13:47.38	33.00
	100m:	1:01.81	32.69	500m:	5:29.10	33.47	900m:	9:56.38	33.48	1300m:	14:20.18	32.80
	150m:	1:34.96	33.15	550m:	6:02.44	33.34	950m:	10:29.47	33.09	1350m:	14:52.65	32.47
	200m:	2:08.34	33.38	600m:	6:35.86	33.42	1000m:	11:02.53	33.06	1400m:	15:25.11	32.46
	250m:	2:41.62	33.28	650m:	7:09.34	33.48	1050m:	11:35.55	33.02	1450m:	15:56.83	31.72
	300m:	3:14.80	33.18	700m:	7:42.71	33.37	1100m:	12:08.67	33.12	1500m:	16:27.33	30.50
	350m:	3:48.47	33.67	750m:	8:16.08	33.37	1150m:	12:41.58	32.91			
	400m:	4:21.96	33.49	800m:	8:49.60	33.52	1200m:	13:14.38	32.80			
8.	Goncalo Renato CARVALHO	04				Porto		16:37.22	+0,71	612		
	50m:	29.73	29.73	450m:	4:49.74	32.69	850m:	9:15.59	33.84	1250m:	13:46.86	34.10
	100m:	1:01.80	32.07	500m:	5:22.25	32.51	900m:	9:49.29	33.70	1300m:	14:21.15	34.29
	150m:	1:34.06	32.26	550m:	5:54.87	32.62	950m:	10:23.19	33.90	1350m:	14:55.49	34.34
	200m:	2:06.66	32.60	600m:	6:28.20	33.33	1000m:	10:56.89	33.70	1400m:	15:29.80	34.31
	250m:	2:39.11	32.45	650m:	7:01.49	33.29	1050m:	11:30.64	33.75	1450m:	16:03.85	34.05
	300m:	3:11.54	32.43	700m:	7:34.56	33.07	1100m:	12:04.53	33.89	1500m:	16:37.22	33.37
	350m:	3:44.37	32.83	750m:	8:08.20	33.64	1150m:	12:38.71	34.18			
	400m:	4:17.05	32.68	800m:	8:41.75	33.55	1200m:	13:12.76	34.05			
9.	Tiago Diniz LIMA	04				Estarreja/PROZINCO		17:06.28	+0,79	561		
	50m:	29.66	29.66	450m:	4:56.25	33.82	850m:	9:32.38	34.84	1250m:	14:12.97	35.16
	100m:	1:01.85	32.19	500m:	5:30.34	34.09	900m:	10:07.05	34.67	1300m:	14:47.87	34.90
	150m:	1:34.87	33.02	550m:	6:04.61	34.27	950m:	10:42.05	35.00	1350m:	15:23.02	35.15
	200m:	2:08.10	33.23	600m:	6:39.14	34.53	1000m:	11:17.08	35.03	1400m:	15:57.84	34.82
	250m:	2:41.27	33.17	650m:	7:13.78	34.64	1050m:	11:52.38	35.30	1450m:	16:32.63	34.79
	300m:	3:14.75	33.48	700m:	7:48.21	34.43	1100m:	12:27.80	35.42	1500m:	17:06.28	33.65
	350m:	3:48.51	33.76	750m:	8:22.91	34.70	1150m:	13:02.85	35.05			
	400m:	4:22.43	33.92	800m:	8:57.54	34.63	1200m:	13:37.81	34.96			

Juniores

1.	Tomas Amor SARREIRA			05	Nautico Marinha Grande			15:36.63	+0,81	739		
	50m:	27.42	27.42	450m:	4:37.45	31.48	850m:	8:48.22	31.38	1250m:	13:00.60	31.43
	100m:	58.36	30.94	500m:	5:08.77	31.32	900m:	9:19.97	31.75	1300m:	13:32.02	31.42
	150m:	1:29.64	31.28	550m:	5:40.33	31.56	950m:	9:52.05	32.08	1350m:	14:03.69	31.67
	200m:	2:00.81	31.17	600m:	6:11.56	31.23	1000m:	10:23.68	31.63	1400m:	14:35.20	31.51
	250m:	2:32.23	31.42	650m:	6:42.74	31.18	1050m:	10:55.19	31.51	1450m:	15:06.43	31.23
	300m:	3:03.40	31.17	700m:	7:14.10	31.36	1100m:	11:26.45	31.26	1500m:	15:36.63	30.20
	350m:	3:34.71	31.31	750m:	7:45.34	31.24	1150m:	11:57.66	31.21			
	400m:	4:05.97	31.26	800m:	8:16.84	31.50	1200m:	12:29.17	31.51			

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA
2.	Ricardo Matias SANTOS	05		CPFZ - Natacao	15:55.58	+0,77	696
	50m: 28.36 28.36	450m: 4:41.86	32.09	850m: 8:59.52	32.17	1250m: 13:17.52	32.30
	100m: 59.35 30.99	500m: 5:14.07	32.21	900m: 9:31.90	32.38	1300m: 13:49.83	32.31
	150m: 1:30.91 31.56	550m: 5:46.18	32.11	950m: 10:03.94	32.04	1350m: 14:22.10	32.27
	200m: 2:02.43 31.52	600m: 6:18.40	32.22	1000m: 10:35.77	31.83	1400m: 14:54.33	32.23
	250m: 2:34.11 31.68	650m: 6:50.94	32.54	1050m: 11:08.02	32.25	1450m: 15:26.28	31.95
	300m: 3:05.93 31.82	700m: 7:22.95	32.01	1100m: 11:40.57	32.55	1500m: 15:55.58	29.30
	350m: 3:37.70 31.77	750m: 7:55.22	32.27	1150m: 12:12.87	32.30		
	400m: 4:09.77 32.07	800m: 8:27.35	32.13	1200m: 12:45.22	32.35		
3.	Bruno Silva LOUREIRO	06		Porto	16:14.88	+0,74	655
	50m: 29.59 29.59	450m: 4:47.81	32.49	850m: 9:09.70	33.04	1250m: 13:31.87	32.70
	100m: 1:01.47 31.88	500m: 5:19.81	32.00	900m: 9:42.73	33.03	1300m: 14:04.80	32.93
	150m: 1:33.31 31.84	550m: 5:52.88	33.07	950m: 10:15.50	32.77	1350m: 14:37.82	33.02
	200m: 2:05.85 32.54	600m: 6:25.82	32.94	1000m: 10:48.10	32.60	1400m: 15:10.82	33.00
	250m: 2:37.90 32.05	650m: 6:58.53	32.71	1050m: 11:21.19	33.09	1450m: 15:43.72	32.90
	300m: 3:10.03 32.13	700m: 7:30.95	32.42	1100m: 11:53.82	32.63	1500m: 16:14.88	31.16
	350m: 3:42.41 32.38	750m: 8:03.82	32.87	1150m: 12:26.68	32.86		
	400m: 4:15.32 32.91	800m: 8:36.66	32.84	1200m: 12:59.17	32.49		
4.	Pedro Maria AMADO	05		Alges	16:30.53	+0,80	624
	50m: 29.47 29.47	450m: 4:53.50	33.35	850m: 9:19.91	33.29	1250m: 13:46.37	33.25
	100m: 1:01.47 32.00	500m: 5:26.88	33.38	900m: 9:53.17	33.26	1300m: 14:19.48	33.11
	150m: 1:34.22 32.75	550m: 6:00.35	33.47	950m: 10:26.48	33.31	1350m: 14:52.66	33.18
	200m: 2:07.12 32.90	600m: 6:33.60	33.25	1000m: 10:59.89	33.41	1400m: 15:26.16	33.50
	250m: 2:40.31 33.19	650m: 7:06.81	33.21	1050m: 11:33.19	33.30	1450m: 15:59.39	33.23
	300m: 3:13.63 33.32	700m: 7:40.11	33.30	1100m: 12:06.55	33.36	1500m: 16:30.53	31.14
	350m: 3:46.92 33.29	750m: 8:13.44	33.33	1150m: 12:39.99	33.44		
	400m: 4:20.15 33.23	800m: 8:46.62	33.18	1200m: 13:13.12	33.13		
5.	Guilherme Maia CARDOSO	05		Cumbobifila Cantanhedense	16:31.15	+0,71	623
	50m: 29.55 29.55	450m: 4:53.80	33.19	850m: 9:20.68	33.81	1250m: 13:49.01	33.34
	100m: 1:02.19 32.64	500m: 5:27.28	33.48	900m: 9:54.18	33.50	1300m: 14:22.20	33.19
	150m: 1:34.94 32.75	550m: 6:00.18	32.90	950m: 10:27.39	33.21	1350m: 14:55.31	33.11
	200m: 2:07.76 32.82	600m: 6:33.19	33.01	1000m: 11:00.85	33.46	1400m: 15:28.57	33.26
	250m: 2:41.04 33.28	650m: 7:06.34	33.15	1050m: 11:34.40	33.55	1450m: 16:00.96	32.39
	300m: 3:14.21 33.17	700m: 7:40.03	33.69	1100m: 12:08.18	33.78	1500m: 16:31.15	30.19
	350m: 3:47.59 33.38	750m: 8:13.18	33.15	1150m: 12:41.88	33.70		
	400m: 4:20.61 33.02	800m: 8:46.87	33.69	1200m: 13:15.67	33.79		
6.	Joao Maria SOUSA	05		Braga	16:32.27	+0,78	621
	50m: 29.11 29.11	450m: 4:51.88	33.10	850m: 9:16.23	33.21	1250m: 13:45.31	34.00
	100m: 1:01.25 32.14	500m: 5:24.97	33.09	900m: 9:49.40	33.17	1300m: 14:19.14	33.83
	150m: 1:33.74 32.49	550m: 5:57.91	32.94	950m: 10:22.68	33.28	1350m: 14:53.01	33.87
	200m: 2:06.50 32.76	600m: 6:30.84	32.93	1000m: 10:56.33	33.65	1400m: 15:26.77	33.76
	250m: 2:39.45 32.95	650m: 7:03.73	32.89	1050m: 11:30.26	33.93	1450m: 16:00.29	33.52
	300m: 3:12.34 32.89	700m: 7:36.57	32.84	1100m: 12:03.99	33.73	1500m: 16:32.27	31.98
	350m: 3:45.48 33.14	750m: 8:09.69	33.12	1150m: 12:37.79	33.80		
	400m: 4:18.78 33.30	800m: 8:43.02	33.33	1200m: 13:11.31	33.52		
7.	Milan Santos JEVIC	06		Braga	16:34.66	+0,78	617
	50m: 29.01 29.01	450m: 4:51.66	32.97	850m: 9:19.26	33.59	1250m: 13:50.54	33.21
	100m: 1:01.30 32.29	500m: 5:24.54	32.88	900m: 9:53.26	34.00	1300m: 14:24.34	33.80
	150m: 1:33.78 32.48	550m: 5:57.83	33.29	950m: 10:27.43	34.17	1350m: 14:58.01	33.67
	200m: 2:06.83 33.05	600m: 6:31.45	33.62	1000m: 11:01.70	34.27	1400m: 15:31.22	33.21
	250m: 2:40.01 33.18	650m: 7:05.02	33.57	1050m: 11:35.57	33.87	1450m: 16:03.63	32.41
	300m: 3:12.76 32.75	700m: 7:38.33	33.31	1100m: 12:09.63	34.06	1500m: 16:34.66	31.03
	350m: 3:45.91 33.15	750m: 8:12.03	33.70	1150m: 12:43.70	34.07		
	400m: 4:18.69 32.78	800m: 8:45.67	33.64	1200m: 13:17.33	33.63		

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA
8.	Manuel Angelo PEREIRA	05		Sporting	16:38.56	+0,75	610
	50m: 29.81 29.81	450m: 4:54.12	33.28	850m: 9:22.93	33.63	1250m: 13:52.79	33.58
	100m: 1:02.29 32.48	500m: 5:27.57	33.45	900m: 9:56.74	33.81	1300m: 14:26.67	33.88
	150m: 1:35.39 33.10	550m: 6:00.94	33.37	950m: 10:30.58	33.84	1350m: 15:00.18	33.51
	200m: 2:08.34 32.95	600m: 6:34.43	33.49	1000m: 11:04.38	33.80	1400m: 15:34.00	33.82
	250m: 2:41.48 33.14	650m: 7:07.80	33.37	1050m: 11:38.04	33.66	1450m: 16:07.15	33.15
	300m: 3:14.70 33.22	700m: 7:41.77	33.97	1100m: 12:11.77	33.73	1500m: 16:38.56	31.41
	350m: 3:47.69 32.99	750m: 8:15.62	33.85	1150m: 12:45.63	33.86		
	400m: 4:20.84 33.15	800m: 8:49.30	33.68	1200m: 13:19.21	33.58		
9.	Vasco Monteiro CASTRO	06		Porto	16:48.11	+0,81	592
	50m: 30.88 30.88	450m: 4:57.74	33.18	850m: 9:26.33	33.80	1250m: 13:57.79	34.81
	100m: 1:04.41 33.53	500m: 5:30.88	33.14	900m: 9:59.72	33.39	1300m: 14:32.46	34.67
	150m: 1:38.00 33.59	550m: 6:04.53	33.65	950m: 10:33.74	34.02	1350m: 15:07.08	34.62
	200m: 2:11.17 33.17	600m: 6:37.88	33.35	1000m: 11:06.87	33.13	1400m: 15:40.76	33.68
	250m: 2:44.50 33.33	650m: 7:11.42	33.54	1050m: 11:40.43	33.56	1450m: 16:14.84	34.08
	300m: 3:17.89 33.39	700m: 7:44.94	33.52	1100m: 12:14.78	34.35	1500m: 16:48.11	33.27
	350m: 3:51.29 33.40	750m: 8:18.69	33.75	1150m: 12:48.87	34.09		
	400m: 4:24.56 33.27	800m: 8:52.53	33.84	1200m: 13:22.98	34.11		
10.	Rodrigo Andrade MESQUITA	06		Sporting	16:53.89	+0,70	582
	50m: 29.92 29.92	450m: 5:00.87	34.17	850m: 9:30.99	34.03	1250m: 14:04.60	34.31
	100m: 1:03.31 33.39	500m: 5:34.40	33.53	900m: 10:05.09	34.10	1300m: 14:39.23	34.63
	150m: 1:37.29 33.98	550m: 6:07.94	33.54	950m: 10:39.30	34.21	1350m: 15:13.04	33.81
	200m: 2:11.32 34.03	600m: 6:41.93	33.99	1000m: 11:13.65	34.35	1400m: 15:48.52	35.48
	250m: 2:45.06 33.74	650m: 7:15.67	33.74	1050m: 11:47.58	33.93	1450m: 16:21.50	32.98
	300m: 3:19.31 34.25	700m: 7:49.54	33.87	1100m: 12:21.97	34.39	1500m: 16:53.89	32.39
	350m: 3:52.95 33.64	750m: 8:22.97	33.43	1150m: 12:55.89	33.92		
	400m: 4:26.70 33.75	800m: 8:56.96	33.99	1200m: 13:30.29	34.40		
11.	Miguel Costa DURAO	06		Braga	17:00.19	+0,81	572
	50m: 29.20 29.20	450m: 4:58.70	34.00	850m: 9:35.05	34.63	1250m: 14:11.09	35.00
	100m: 1:01.70 32.50	500m: 5:33.17	34.47	900m: 10:08.77	33.72	1300m: 14:45.32	34.23
	150m: 1:35.15 33.45	550m: 6:07.51	34.34	950m: 10:43.71	34.94	1350m: 15:19.94	34.62
	200m: 2:08.74 33.59	600m: 6:42.08	34.57	1000m: 11:18.48	34.77	1400m: 15:54.57	34.63
	250m: 2:42.40 33.66	650m: 7:16.52	34.44	1050m: 11:53.00	34.52	1450m: 16:29.03	34.46
	300m: 3:16.49 34.09	700m: 7:51.28	34.76	1100m: 12:27.45	34.45	1500m: 17:00.19	31.16
	350m: 3:50.53 34.04	750m: 8:25.98	34.70	1150m: 13:01.90	34.45		
	400m: 4:24.70 34.17	800m: 9:00.42	34.44	1200m: 13:36.09	34.19		
12.	Francisco Couto FRAZAO	06		Uniao Coimbra	17:04.04	+0,72	565
	50m: 29.73 29.73	450m: 5:06.51	34.66	850m: 9:42.56	34.99	1250m: 14:15.28	34.18
	100m: 1:03.05 33.32	500m: 5:41.35	34.84	900m: 10:17.32	34.76	1300m: 14:49.09	33.81
	150m: 1:37.34 34.29	550m: 6:15.22	33.87	950m: 10:51.75	34.43	1350m: 15:23.07	33.98
	200m: 2:12.13 34.79	600m: 6:49.47	34.25	1000m: 11:25.95	34.20	1400m: 15:57.26	34.19
	250m: 2:46.77 34.64	650m: 7:24.17	34.70	1050m: 11:59.45	33.50	1450m: 16:31.44	34.18
	300m: 3:21.42 34.65	700m: 7:58.66	34.49	1100m: 12:33.61	34.16	1500m: 17:04.04	32.60
	350m: 3:56.48 35.06	750m: 8:33.36	34.70	1150m: 13:07.17	33.56		
	400m: 4:31.85 35.37	800m: 9:07.57	34.21	1200m: 13:41.10	33.93		
13.	Alexandre Ramos GONCALVES05			Colegio Efanor	17:06.93	+0,78	560
	50m: 29.39 29.39	450m: 4:53.09	33.58	850m: 9:30.39	34.96	1250m: 14:12.75	35.69
	100m: 1:01.46 32.07	500m: 5:26.73	33.64	900m: 10:05.30	34.91	1300m: 14:47.69	34.94
	150m: 1:34.35 32.89	550m: 6:00.94	34.21	950m: 10:40.67	35.37	1350m: 15:23.63	35.94
	200m: 2:06.99 32.64	600m: 6:35.40	34.46	1000m: 11:15.74	35.07	1400m: 15:59.05	35.42
	250m: 2:40.06 33.07	650m: 7:09.86	34.46	1050m: 11:51.01	35.27	1450m: 16:33.70	34.65
	300m: 3:12.80 32.74	700m: 7:45.05	35.19	1100m: 12:26.53	35.52	1500m: 17:06.93	33.23
	350m: 3:45.91 33.11	750m: 8:19.78	34.73	1150m: 13:01.12	34.59		
	400m: 4:19.51 33.60	800m: 8:55.43	35.65	1200m: 13:37.06	35.94		

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA
14.	Ruben Ferreira PAIVA	05		Sanjoanense/FEPSA	17:10.26	+0,87	555
	50m: 31.18 31.18	450m: 5:07.20	34.84	850m: 9:43.31	34.47	1250m: 14:20.16	34.49
	100m: 1:05.17 33.99	500m: 5:42.05	34.85	900m: 10:17.68	34.37	1300m: 14:54.76	34.60
	150m: 1:39.63 34.46	550m: 6:16.68	34.63	950m: 10:52.23	34.55	1350m: 15:28.83	34.07
	200m: 2:14.11 34.48	600m: 6:51.33	34.65	1000m: 11:26.85	34.62	1400m: 16:02.80	33.97
	250m: 2:48.65 34.54	650m: 7:25.91	34.58	1050m: 12:01.43	34.58	1450m: 16:37.05	34.25
	300m: 3:23.39 34.74	700m: 8:00.41	34.50	1100m: 12:36.40	34.97	1500m: 17:10.26	33.21
	350m: 3:57.93 34.54	750m: 8:34.60	34.19	1150m: 13:11.07	34.67		
	400m: 4:32.36 34.43	800m: 9:08.84	34.24	1200m: 13:45.67	34.60		
15.	Tiago Ventura CHAO	06		Naval Setubalense	17:15.30	+0,68	547
	50m: 28.75 28.75	450m: 5:00.90	34.64	850m: 9:39.73	34.94	1250m: 14:21.28	35.42
	100m: 1:00.38 31.63	500m: 5:35.36	34.46	900m: 10:14.94	35.21	1300m: 14:56.94	35.66
	150m: 1:33.88 33.50	550m: 6:10.29	34.93	950m: 10:49.89	34.95	1350m: 15:32.85	35.91
	200m: 2:08.16 34.28	600m: 6:45.66	35.37	1000m: 11:24.86	34.97	1400m: 16:08.52	35.67
	250m: 2:42.30 34.14	650m: 7:20.48	34.82	1050m: 12:00.23	35.37	1450m: 16:43.83	35.31
	300m: 3:16.54 34.24	700m: 7:55.14	34.66	1100m: 12:35.13	34.90	1500m: 17:15.30	31.47
	350m: 3:51.32 34.78	750m: 8:30.09	34.95	1150m: 13:10.99	35.86		
	400m: 4:26.26 34.94	800m: 9:04.79	34.70	1200m: 13:45.86	34.87		
16.	Jose Miguel MARQUES	06		Condeixa Clube	17:15.84	+0,82	546
	50m: 30.72 30.72	450m: 5:05.69	34.69	850m: 9:43.51	34.82	1250m: 14:23.81	35.39
	100m: 1:04.31 33.59	500m: 5:40.74	35.05	900m: 10:18.99	35.48	1300m: 14:58.86	35.05
	150m: 1:38.24 33.93	550m: 6:15.58	34.84	950m: 10:53.49	34.50	1350m: 15:34.35	35.49
	200m: 2:12.54 34.30	600m: 6:50.36	34.78	1000m: 11:28.14	34.65	1400m: 16:09.12	34.77
	250m: 2:46.95 34.41	650m: 7:24.81	34.45	1050m: 12:03.29	35.15	1450m: 16:43.34	34.22
	300m: 3:21.52 34.57	700m: 7:59.44	34.63	1100m: 12:38.53	35.24	1500m: 17:15.84	32.50
	350m: 3:56.03 34.51	750m: 8:34.09	34.65	1150m: 13:13.38	34.85		
	400m: 4:31.00 34.97	800m: 9:08.69	34.60	1200m: 13:48.42	35.04		
17.	Joao Neves ALMEIDA	05		Nautico Academico	17:17.76	+0,74	543
	50m: 30.88 30.88	450m: 5:08.35	35.27	850m: 9:47.96	35.12	1250m: 14:26.41	34.99
	100m: 1:05.26 34.38	500m: 5:43.41	35.06	900m: 10:22.70	34.74	1300m: 15:01.76	35.35
	150m: 1:39.98 34.72	550m: 6:18.57	35.16	950m: 10:57.27	34.57	1350m: 15:36.70	34.94
	200m: 2:14.98 35.00	600m: 6:53.44	34.87	1000m: 11:32.27	35.00	1400m: 16:11.58	34.88
	250m: 2:49.51 34.53	650m: 7:28.10	34.66	1050m: 12:07.50	35.23	1450m: 16:46.07	34.49
	300m: 3:24.26 34.75	700m: 8:03.12	35.02	1100m: 12:42.51	35.01	1500m: 17:17.76	31.69
	350m: 3:58.70 34.44	750m: 8:37.92	34.80	1150m: 13:17.13	34.62		
	400m: 4:33.08 34.38	800m: 9:12.84	34.92	1200m: 13:51.42	34.29		
18.	Joao Neves LUCAS	06		Columbofila Cantanhedense	17:18.27	+0,76	542
	50m: 30.95 30.95	450m: 5:04.04	34.92	850m: 9:42.08	34.93	1250m: 14:22.82	35.44
	100m: 1:04.20 33.25	500m: 5:38.77	34.73	900m: 10:17.09	35.01	1300m: 14:58.38	35.56
	150m: 1:38.05 33.85	550m: 6:12.97	34.20	950m: 10:52.02	34.93	1350m: 15:33.89	35.51
	200m: 2:11.97 33.92	600m: 6:47.67	34.70	1000m: 11:26.89	34.87	1400m: 16:09.38	35.49
	250m: 2:45.90 33.93	650m: 7:22.32	34.65	1050m: 12:01.38	34.49	1450m: 16:44.57	35.19
	300m: 3:20.20 34.30	700m: 7:57.17	34.85	1100m: 12:36.40	35.02	1500m: 17:18.27	33.70
	350m: 3:54.43 34.23	750m: 8:32.20	35.03	1150m: 13:11.97	35.57		
	400m: 4:29.12 34.69	800m: 9:07.15	34.95	1200m: 13:47.38	35.41		
19.	Tomas Veiga PEREIRA	06		Nautico Academico	17:18.90	+0,84	541
	50m: 31.02 31.02	450m: 5:08.48	34.53	850m: 9:47.48	34.88	1250m: 14:27.48	34.96
	100m: 1:05.06 34.04	500m: 5:43.53	35.05	900m: 10:22.39	34.91	1300m: 15:02.25	34.77
	150m: 1:39.50 34.44	550m: 6:18.42	34.89	950m: 10:57.13	34.74	1350m: 15:36.89	34.64
	200m: 2:14.59 35.09	600m: 6:53.41	34.99	1000m: 11:32.20	35.07	1400m: 16:11.42	34.53
	250m: 2:49.23 34.64	650m: 7:28.15	34.74	1050m: 12:07.28	35.08	1450m: 16:46.03	34.61
	300m: 3:24.23 35.00	700m: 8:02.80	34.65	1100m: 12:42.63	35.35	1500m: 17:18.90	32.87
	350m: 3:59.19 34.96	750m: 8:37.69	34.89	1150m: 13:17.73	35.10		
	400m: 4:33.95 34.76	800m: 9:12.60	34.91	1200m: 13:52.52	34.79		

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA
20.	Tiago Almeida CORREIA	06		Natacao do Montijo	17:22.85	+0,82	535
	50m: 28.34 28.34	450m: 5:00.48	35.00	850m: 9:43.59	35.41	1250m: 14:27.23	35.89
	100m: 1:00.11 31.77	500m: 5:35.76	35.28	900m: 10:19.19	35.60	1300m: 15:03.15	35.92
	150m: 1:33.59 33.48	550m: 6:11.01	35.25	950m: 10:54.64	35.45	1350m: 15:38.77	35.62
	200m: 2:07.76 34.17	600m: 6:46.45	35.44	1000m: 11:30.21	35.57	1400m: 16:14.83	36.06
	250m: 2:41.98 34.22	650m: 7:22.22	35.77	1050m: 12:05.56	35.35	1450m: 16:50.56	35.73
	300m: 3:16.16 34.18	700m: 7:57.55	35.33	1100m: 12:40.83	35.27	1500m: 17:22.85	32.29
	350m: 3:50.68 34.52	750m: 8:33.00	35.45	1150m: 13:15.43	34.60		
	400m: 4:25.48 34.80	800m: 9:08.18	35.18	1200m: 13:51.34	35.91		
21.	Jose Maria TEMUDO	06		Rio Maior	17:23.22	+0,70	534
	50m: 30.69 30.69	450m: 5:04.91	34.92	850m: 9:45.77	34.93	1250m: 14:29.17	35.49
	100m: 1:04.48 33.79	500m: 5:39.91	35.00	900m: 10:20.69	34.92	1300m: 15:04.84	35.67
	150m: 1:38.42 33.94	550m: 6:14.91	35.00	950m: 10:56.21	35.52	1350m: 15:40.18	35.34
	200m: 2:12.82 34.40	600m: 6:49.81	34.90	1000m: 11:31.97	35.76	1400m: 16:15.13	34.95
	250m: 2:46.64 33.82	650m: 7:24.82	35.01	1050m: 12:07.53	35.56	1450m: 16:50.23	35.10
	300m: 3:21.08 34.44	700m: 8:00.09	35.27	1100m: 12:42.89	35.36	1500m: 17:23.22	32.99
	350m: 3:55.36 34.28	750m: 8:35.24	35.15	1150m: 13:18.48	35.59		
	400m: 4:29.99 34.63	800m: 9:10.84	35.60	1200m: 13:53.68	35.20		
22.	Abel Renato FERREIRA	05		Alges e Agueda XXI	17:24.18	+0,72	533
	50m: 30.99 30.99	450m: 5:03.85	34.51	850m: 9:41.98	34.41	1250m: 14:25.10	36.17
	100m: 1:04.55 33.56	500m: 5:38.46	34.61	900m: 10:16.72	34.74	1300m: 15:01.53	36.43
	150m: 1:38.42 33.87	550m: 6:13.33	34.87	950m: 10:51.61	34.89	1350m: 15:37.51	35.98
	200m: 2:12.44 34.02	600m: 6:48.18	34.85	1000m: 11:26.28	34.67	1400m: 16:13.62	36.11
	250m: 2:46.45 34.01	650m: 7:22.85	34.67	1050m: 12:01.04	34.76	1450m: 16:49.12	35.50
	300m: 3:20.31 33.86	700m: 7:57.51	34.66	1100m: 12:36.65	35.61	1500m: 17:24.18	35.06
	350m: 3:54.67 34.36	750m: 8:32.87	35.36	1150m: 13:11.87	35.22		
	400m: 4:29.34 34.67	800m: 9:07.57	34.70	1200m: 13:48.93	37.06		
23.	Joao Carlos BARROS	06		Fluvial Portuense	17:49.07	+0,82	497
	50m: 31.13 31.13	450m: 5:11.75	35.49	850m: 10:00.15	36.09	1250m: 14:49.63	35.97
	100m: 1:04.86 33.73	500m: 5:47.74	35.99	900m: 10:36.80	36.65	1300m: 15:26.13	36.50
	150m: 1:39.87 35.01	550m: 6:23.72	35.98	950m: 11:12.79	35.99	1350m: 16:02.34	36.21
	200m: 2:15.19 35.32	600m: 6:59.73	36.01	1000m: 11:48.28	35.49	1400m: 16:38.70	36.36
	250m: 2:50.59 35.40	650m: 7:35.76	36.03	1050m: 12:24.56	36.28	1450m: 17:14.70	36.00
	300m: 3:25.39 34.80	700m: 8:11.95	36.19	1100m: 13:01.19	36.63	1500m: 17:49.07	34.37
	350m: 4:01.04 35.65	750m: 8:48.13	36.18	1150m: 13:37.43	36.24		
	400m: 4:36.26 35.22	800m: 9:24.06	35.93	1200m: 14:13.66	36.23		
DNS	Rui Miguel SANTOS	06		Famalicao			
WDR	Andre Correia ALVES	06		Uniao Piedense			
EXH	Pedro Bethlem TIGRE	06		Sporting	16:03.51	+0,66	679
	50m: 28.81 28.81	450m: 4:48.84	32.84	850m: 9:09.68	32.20	1250m: 13:26.62	32.13
	100m: 1:00.42 31.61	500m: 5:21.45	32.61	900m: 9:42.07	32.39	1300m: 13:58.67	32.05
	150m: 1:32.83 32.41	550m: 5:54.23	32.78	950m: 10:14.46	32.39	1350m: 14:30.71	32.04
	200m: 2:05.56 32.73	600m: 6:27.06	32.83	1000m: 10:46.60	32.14	1400m: 15:02.06	31.35
	250m: 2:38.11 32.55	650m: 6:59.66	32.60	1050m: 11:18.83	32.23	1450m: 15:33.15	31.09
	300m: 3:10.66 32.55	700m: 7:32.20	32.54	1100m: 11:50.42	31.59	1500m: 16:03.51	30.36
	350m: 3:43.31 32.65	750m: 8:04.90	32.70	1150m: 12:22.37	31.95		
	400m: 4:16.00 32.69	800m: 8:37.48	32.58	1200m: 12:54.49	32.12		

Prova 44, Masc., 1500m Livres

Lugar	Nome			Ano	Cod	Clube			Tempo Final		TReac	Pts FINA
EXH	Yury FOMIN			06		Louletano / Loule Concelho			16:27.61		+0,75	630
	50m:	29.41	29.41	450m:	4:50.58	32.76	850m:	9:15.30	33.57	1250m:	13:41.49	33.48
	100m:	1:01.63	32.22	500m:	5:23.55	32.97	900m:	9:48.75	33.45	1300m:	14:15.32	33.83
	150m:	1:34.19	32.56	550m:	5:56.33	32.78	950m:	10:21.98	33.23	1350m:	14:48.83	33.51
	200m:	2:07.06	32.87	600m:	6:29.21	32.88	1000m:	10:55.44	33.46	1400m:	15:22.60	33.77
	250m:	2:39.78	32.72	650m:	7:02.47	33.26	1050m:	11:28.59	33.15	1450m:	15:56.14	33.54
	300m:	3:12.60	32.82	700m:	7:35.65	33.18	1100m:	12:01.62	33.03	1500m:	16:27.61	31.47
	350m:	3:45.20	32.60	750m:	8:08.70	33.05	1150m:	12:34.60	32.98			
	400m:	4:17.82	32.62	800m:	8:41.73	33.03	1200m:	13:08.01	33.41			