

Torneio Zonal de Juvenis (Zona Sul)
Tomar, 17- - 19-12-2021

Prova 29

Masc., 400m Livres

Juvenis
Resultados

19-12-2021 - 15:50

Recordes Nacionais 25m Absoluto	3:42.57	LOPES Jose Paulo	POR	Abu Dhabi (UAE)	16-12-2021
Recordes Nacionais 25m Juv A	3:58.82	RIBEIRO Diogo Matos	POR	Mealhada	07-12-2019
Recordes Nacionais 25m Juv B	4:02.41	RIBEIRO Diogo Matos	POR	Lousã	23-06-2019
TAC-JUVAMasc Juv A 50m: 4:38.91 - 25m: 4:33.44 / TAC-JUVBMasc Juv B 50m: 4:44.13 - 25m: 4:38.55					

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Juvenis B			
1. CRUZ Leonardo Jose	07 Alcobaca	4:15.88	570
50m: 27.90 27.90	150m: 1:32.74 32.92	250m: 2:38.61 32.77	350m: 3:44.12 32.75
100m: 59.82 31.92	200m: 2:05.84 33.10	300m: 3:11.37 32.76	400m: 4:15.88 31.76
2. ASMAR Axel Guedes	07 Sporting	4:20.95	538
50m: 28.56 28.56	150m: 1:34.24 33.43	250m: 2:41.18 33.67	350m: 3:48.16 33.63
100m: 1:00.81 32.25	200m: 2:07.51 33.27	300m: 3:14.53 33.35	400m: 4:20.95 32.79
3. MORARI Alexandre	07 Rio Maior	4:25.45	511
50m: 28.91 28.91	150m: 1:34.69 33.09	250m: 2:42.20 34.00	350m: 3:51.69 34.82
100m: 1:01.60 32.69	200m: 2:08.20 33.51	300m: 3:16.87 34.67	400m: 4:25.45 33.76
4. MESQUITA Tomas Afonso	07 Sporting	4:25.94	508
50m: 30.57 30.57	150m: 1:36.14 33.25	250m: 2:43.22 33.78	350m: 3:52.46 35.01
100m: 1:02.89 32.32	200m: 2:09.44 33.30	300m: 3:17.45 34.23	400m: 4:25.94 33.48
5. CARAPINHA Joao Pedro	07 Uniao Piedense	4:27.59	499
50m: 30.47 30.47	150m: 1:36.27 33.16	250m: 2:43.48 33.63	350m: 3:53.15 35.06
100m: 1:03.11 32.64	200m: 2:09.85 33.58	300m: 3:18.09 34.61	400m: 4:27.59 34.44
6. ALMEIDA Joao Francisco	07 Naval do Funchal	4:33.02	469
50m: 29.44 29.44	150m: 1:37.53 34.92	250m: 2:48.32 35.12	350m: 3:58.80 35.27
100m: 1:02.61 33.17	200m: 2:13.20 35.67	300m: 3:23.53 35.21	400m: 4:33.02 34.22
7. NEVES Tiago Brazao	07 Naval do Funchal	4:40.15	434
50m: 31.35 31.35	150m: 1:40.29 34.91	250m: 2:52.09 36.07	350m: 4:04.57 36.17
100m: 1:05.38 34.03	200m: 2:16.02 35.73	300m: 3:28.40 36.31	400m: 4:40.15 35.58

Juvenis A

1. FOMIN Yury	06 Louletano / Loule Concelho	4:11.97	597
50m: 28.66 28.66	150m: 1:31.10 31.55	250m: 2:35.68 32.41	350m: 3:40.22 32.19
100m: 59.55 30.89	200m: 2:03.27 32.17	300m: 3:08.03 32.35	400m: 4:11.97 31.75
2. TIGRE Pedro Bethlem	06 Sporting	4:13.52	586
50m: 28.30 28.30	150m: 1:30.37 31.44	250m: 2:35.24 32.63	350m: 3:41.32 33.03
100m: 58.93 30.63	200m: 2:02.61 32.24	300m: 3:08.29 33.05	400m: 4:13.52 32.20
3. ALVES Andre Correia	06 Uniao Piedense	4:15.99	569
50m: 28.32 28.32	150m: 1:33.22 32.62	250m: 2:38.79 32.14	350m: 3:44.58 32.73
100m: 1:00.60 32.28	200m: 2:06.65 33.43	300m: 3:11.85 33.06	400m: 4:15.99 31.41

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Prova 29, Masc., 400m Livres, Juvenis A

Lugar					Ano					Tempo final	Pts	
4.	GOMES Joao Almeida				06	Nacional de Natacao				4:19.95	544	
	50m:	29.21	29.21	150m:	1:34.39	32.94	250m:	2:40.72	33.39	350m:	3:47.60	33.27
	100m:	1:01.45	32.24	200m:	2:07.33	32.94	300m:	3:14.33	33.61	400m:	4:19.95	32.35
5.	BAPTISTA Guilherme Fernandes				06	Benfica				4:20.87	538	
	50m:	25.02	25.02	150m:	1:33.82	32.05	250m:	2:40.09	33.10	350m:	3:48.11	34.23
	100m:	1:01.77	36.75	200m:	2:06.99	33.17	300m:	3:13.88	33.79	400m:	4:20.87	32.76
6.	ALMEIDA Afonso Silvestre				06	Amadora				4:24.21	518	
	50m:	29.65	29.65	150m:	1:34.95	33.16	250m:	2:42.07	33.54	350m:	3:50.53	34.50
	100m:	1:01.79	32.14	200m:	2:08.53	33.58	300m:	3:16.03	33.96	400m:	4:24.21	33.68
7.	FERRAZ Luis Afonso				06	Naval do Funchal				4:24.91	514	
	50m:	28.75	28.75	150m:	1:32.42	32.42	250m:	2:39.34	34.06	350m:	3:49.45	35.13
	100m:	1:00.00	31.25	200m:	2:05.28	32.86	300m:	3:14.32	34.98	400m:	4:24.91	35.46
8.	MESQUITA Rodrigo Andrade				06	Sporting				4:27.34	500	
	50m:	31.08	31.08	150m:	1:38.98	33.79	250m:	2:47.15	34.01	350m:	3:56.09	34.05
	100m:	1:05.19	34.11	200m:	2:13.14	34.16	300m:	3:22.04	34.89	400m:	4:27.34	31.25
9.	BONNIZ Pedro Goncalves				06	Geslours				4:28.25	495	
	50m:	29.01	29.01	150m:	1:33.60	32.86	250m:	2:41.68	34.41	350m:	3:52.37	35.95
	100m:	1:00.74	31.73	200m:	2:07.27	33.67	300m:	3:16.42	34.74	400m:	4:28.25	35.88