

Torneio Zonal de Juvenis (Zona Sul)
Tomar, 17- - 19-12-2021

Prova 28
19-12-2021 - 15:30

Femin., 1500m Livres

Juvenis
Resultados

Recordes Nacionais 25m Absoluto	15:55.19	DURAES Diana Margarida	POR	Felgueiras	23-11-2019
Recordes Nacionais 25m Juv A	16:54.39	HOLUB Tamila Hryhorivna	POR	Vila Praia Ancora	16-03-2014
Recordes Nacionais 25m Juv B	17:17.43	HOLUB Tamila Hryhorivna	POR	Vila Praia Ancora	30-06-2013

TAC-JUVA Fem Juv A 50m: 20:02.78 - 25m: 19:32.33 / TAC-JUVBFem Juv B 50m: 20:12.93 - 25m: 19:52.63

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Juvenis A			
1. RODRIGUES Leonor Carreiro	07	Benfica	18:22.84 576
50m: 34.50 34.50	450m: 5:30.09 37.18	850m: 10:25.94 36.64	1250m: 15:23.01 37.51
100m: 1:11.24 36.74	500m: 6:07.35 37.26	900m: 11:03.14 37.20	1300m: 15:59.37 36.36
150m: 1:47.83 36.59	550m: 6:44.51 37.16	950m: 11:40.51 37.37	1350m: 16:36.01 36.64
200m: 2:24.79 36.96	600m: 7:21.72 37.21	1000m: 12:17.11 36.60	1400m: 17:12.63 36.62
250m: 3:02.05 37.26	650m: 7:58.81 37.09	1050m: 12:53.91 36.80	1450m: 17:48.93 36.30
300m: 3:38.79 36.74	700m: 8:35.53 36.72	1100m: 13:31.23 37.32	1500m: 18:22.84 33.91
350m: 4:15.84 37.05	750m: 9:12.50 36.97	1150m: 14:08.32 37.09	
400m: 4:52.91 37.07	800m: 9:49.30 36.80	1200m: 14:45.50 37.18	
2. VIANA Matilde Violante	07	Ba-Leiria	18:23.62 575
50m: 34.14 34.14	450m: 5:29.61 37.18	850m: 10:25.56 36.84	1250m: 15:22.77 37.58
100m: 1:10.93 36.79	500m: 6:06.83 37.22	900m: 11:02.50 36.94	1300m: 15:59.36 36.59
150m: 1:47.57 36.64	550m: 6:43.66 36.83	950m: 11:40.20 37.70	1350m: 16:35.86 36.50
200m: 2:24.24 36.67	600m: 7:20.94 37.28	1000m: 12:16.88 36.68	1400m: 17:12.98 37.12
250m: 3:01.19 36.95	650m: 7:58.13 37.19	1050m: 12:53.46 36.58	1450m: 17:49.79 36.81
300m: 3:38.40 37.21	700m: 8:35.04 36.91	1100m: 13:30.60 37.14	1500m: 18:23.62 33.83
350m: 4:15.40 37.00	750m: 9:11.94 36.90	1150m: 14:08.09 37.49	
400m: 4:52.43 37.03	800m: 9:48.72 36.78	1200m: 14:45.19 37.10	
3. SANTOS Leonor Castanho	07	Sporting	18:56.21 527
50m: 34.67 34.67	450m: 5:33.96 38.19	850m: 10:40.00 38.54	1250m: 15:46.91 38.21
100m: 1:11.30 36.63	500m: 6:12.18 38.22	900m: 11:18.88 38.88	1300m: 16:24.66 37.75
150m: 1:48.34 37.04	550m: 6:50.35 38.17	950m: 11:57.46 38.58	1350m: 17:02.33 37.67
200m: 2:25.37 37.03	600m: 7:28.85 38.50	1000m: 12:34.55 37.09	1400m: 17:40.41 38.08
250m: 3:02.80 37.43	650m: 8:07.16 38.31	1050m: 13:12.92 38.37	1450m: 18:18.59 38.18
300m: 3:40.30 37.50	700m: 8:45.42 38.26	1100m: 13:51.40 38.48	1500m: 18:56.21 37.62
350m: 4:17.97 37.67	750m: 9:23.49 38.07	1150m: 14:30.14 38.74	
400m: 4:55.77 37.80	800m: 10:01.46 37.97	1200m: 15:08.70 38.56	