

Torneio Zonal de Juvenis (Zona Sul)
Tomar, 17- - 19-12-2021

Prova 25
19-12-2021 - 10:10

Femin., 400m Estilos

Juvenis
Resultados

Recordes Nacionais 25m Absoluto	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13-12-2017
Recordes Nacionais 25m Juv A	4:51.85	SANTOS Ana Claudia	POR	Setubal	21-11-2004
Recordes Nacionais 25m Juv B	4:56.53	CUNHA Mariana Pacheco	POR	Porto	05-05-2018

TAC-JUVA Fem Juv A 50m: 5:44.16 - 25m: 5:37.41 / TAC-JUVBFem Juv B 50m: 5:54.08 - 25m: 5:47.14

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Juvenis B			
1. FERREIRA Constanca Santos	08 Alges	5:23.30	513
50m: 32.40 32.40	150m: 1:52.03 41.29	250m: 3:20.51 47.41	350m: 4:46.57 37.16
100m: 1:10.74 38.34	200m: 2:33.10 41.07	300m: 4:09.41 48.90	400m: 5:23.30 36.73
2. CARVALHO Constanca Isabel	08 Alges	5:38.77	446
50m: 36.17 36.17	150m: 2:03.81 45.37	250m: 3:35.50 47.31	350m: 5:01.41 37.94
100m: 1:18.44 42.27	200m: 2:48.19 44.38	300m: 4:23.47 47.97	400m: 5:38.77 37.36
3. BOLEIXA Carlota Costa	08 Louletano / Loule Concelho	5:40.11	441
50m: 35.64 35.64	150m: 1:59.27 39.60	250m: 3:29.15 49.27	350m: 4:59.43 40.16
100m: 1:19.67 44.03	200m: 2:39.88 40.61	300m: 4:19.27 50.12	400m: 5:40.11 40.68
4. REBELO Rita Alexandra	08 Alcobaca	5:44.82	423
50m: 37.20 37.20	150m: 2:04.27 43.38	250m: 3:36.23 48.97	350m: 5:06.24 41.08
100m: 1:20.89 43.69	200m: 2:47.26 42.99	300m: 4:25.16 48.93	400m: 5:44.82 38.58
5. ANDRADE Matilde Sousa	08 Naval do Funchal	5:45.53	420
50m: 34.71 34.71	150m: 2:00.18 44.55	250m: 3:34.43 50.90	350m: 5:05.67 40.11
100m: 1:15.63 40.92	200m: 2:43.53 43.35	300m: 4:25.56 51.13	400m: 5:45.53 39.86

Juvenis A

1. SANTOS Rita Machita	07 Naval Setubalense	5:17.46	542
50m: 33.59 33.59	150m: 1:53.75 41.23	250m: 3:17.57 43.08	350m: 4:40.95 39.38
100m: 1:12.52 38.93	200m: 2:34.49 40.74	300m: 4:01.57 44.00	400m: 5:17.46 36.51
2. PIRES Teresa Joao	07 Alges	5:18.58	536
50m: 33.07 33.07	150m: 1:53.81 41.99	250m: 3:20.04 46.05	350m: 4:44.53 36.34
100m: 1:11.82 38.75	200m: 2:33.99 40.18	300m: 4:08.19 48.15	400m: 5:18.58 34.05
3. BERNAT Elena Del Rio	07 Alges	5:21.70	521
50m: 34.02 34.02	150m: 1:56.30 42.91	250m: 3:22.04 44.01	350m: 4:45.30 37.49
100m: 1:13.39 39.37	200m: 2:38.03 41.73	300m: 4:07.81 45.77	400m: 5:21.70 36.40
4. CAMARA Ines Cruz	07 Desportivo Nacional	5:23.02	515
50m: 32.99 32.99	150m: 1:54.09 42.87	250m: 3:22.34 45.89	350m: 4:46.62 37.82
100m: 1:11.22 38.23	200m: 2:36.45 42.36	300m: 4:08.80 46.46	400m: 5:23.02 36.40
5. MAGALHAES Leticia Rodrigues	07 Individual ANL	5:27.69	493
50m: 33.65 33.65	150m: 1:52.97 39.72	250m: 3:20.52 48.33	350m: 4:48.78 39.59
100m: 1:13.25 39.60	200m: 2:32.19 39.22	300m: 4:09.19 48.67	400m: 5:27.69 38.91

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Prova 25, Femin., 400m Estilos, Juvenis A

Lugar	Ano	Tempo final	Pts
DNS SOUSA Matilde Filipe	07 Nucleo Sporting da Terceira		