

Torneio Zonal de Juvenis (Zona Sul)
Tomar, 17- - 19-12-2021

Prova 15
18-12-2021 - 16:30

Masc., 1500m Livres

Juvenis
Resultados

Recordes Nacionais 25m Absoluto	14:48.89	LOPES Jose Paulo	POR	Felgueiras	22-12-2019
Recordes Nacionais 25m Juv A	15:36.31	COSTA Rui Filipe	POR	Braga	04-03-2007
Recordes Nacionais 25m Juv B	16:09.71	MONTEIRO Luis Miguel	POR	Felgueiras	01-03-1998

TAC-JUVAMasc Juv A 50m: 18:45.56 - 25m: 18:23.49 / TAC-JUVBMasc Juv B 50m: 19:06.60 - 25m: 18:44.12

Pontos: FINA 2021

Lugar			Ano			Tempo final			Pts
Juvenis B									
1.	ASMAR Axel Guedes		07	Sporting		17:07.23			562
	50m:	29.18	29.18	450m:	5:00.78	34.29	850m:	9:37.30	34.70
	100m:	1:02.21	33.03	500m:	5:35.42	34.64	900m:	10:11.72	34.42
	150m:	1:35.68	33.47	550m:	6:10.02	34.60	950m:	10:46.34	34.62
	200m:	2:09.49	33.81	600m:	6:44.61	34.59	1000m:	11:21.59	35.25
	250m:	2:43.74	34.25	650m:	7:19.08	34.47	1050m:	11:55.75	34.16
	300m:	3:17.86	34.12	700m:	7:53.49	34.41	1100m:	12:30.10	34.35
	350m:	3:51.94	34.08	750m:	8:28.12	34.63	1150m:	13:05.05	34.95
	400m:	4:26.49	34.55	800m:	9:02.60	34.48	1200m:	13:40.20	35.15
2.	MESQUITA Tomas Afonso		07	Sporting		17:17.06			546
	50m:	31.20	31.20	450m:	5:04.80	34.67	850m:	9:43.45	35.18
	100m:	1:04.83	33.63	500m:	5:39.63	34.83	900m:	10:18.30	34.85
	150m:	1:38.88	34.05	550m:	6:14.47	34.84	950m:	10:53.48	35.18
	200m:	2:12.72	33.84	600m:	6:49.10	34.63	1000m:	11:28.41	34.93
	250m:	2:47.05	34.33	650m:	7:23.69	34.59	1050m:	12:03.38	34.97
	300m:	3:21.34	34.29	700m:	7:58.59	34.90	1100m:	12:38.52	35.14
	350m:	3:55.62	34.28	750m:	8:33.31	34.72	1150m:	13:13.85	35.33
	400m:	4:30.13	34.51	800m:	9:08.27	34.96	1200m:	13:48.96	35.11
3.	ROQUE Afonso Dinis		07	Ba-Leiria		17:18.05			545
	50m:	30.89	30.89	450m:	5:09.57	34.96	850m:	9:47.63	34.68
	100m:	1:04.54	33.65	500m:	5:44.29	34.72	900m:	10:22.94	35.31
	150m:	1:39.22	34.68	550m:	6:18.90	34.61	950m:	10:57.46	34.52
	200m:	2:14.47	35.25	600m:	6:53.76	34.86	1000m:	11:32.16	34.70
	250m:	2:49.51	35.04	650m:	7:28.57	34.81	1050m:	12:06.57	34.41
	300m:	3:24.51	35.00	700m:	8:03.43	34.86	1100m:	12:41.70	35.13
	350m:	4:00.08	35.57	750m:	8:37.98	34.55	1150m:	13:16.42	34.72
	400m:	4:34.61	34.53	800m:	9:12.95	34.97	1200m:	13:52.00	35.58
4.	MORARI Alexandre		07	Rio Maior		17:34.79			519
	50m:	32.82	32.82	450m:	5:13.96	35.41	850m:	9:55.59	35.48
	100m:	1:08.63	35.81	500m:	5:48.67	34.71	900m:	10:31.32	35.73
	150m:	1:43.50	34.87	550m:	6:23.44	34.77	950m:	11:06.86	35.54
	200m:	2:18.67	35.17	600m:	6:58.12	34.68	1000m:	11:42.64	35.78
	250m:	2:53.28	34.61	650m:	7:34.04	35.92	1050m:	12:17.95	35.31
	300m:	3:28.83	35.55	700m:	8:09.44	35.40	1100m:	12:53.64	35.69
	350m:	4:03.47	34.64	750m:	8:45.03	35.59	1150m:	13:29.04	35.40
	400m:	4:38.55	35.08	800m:	9:20.11	35.08	1200m:	14:04.99	35.95

Torneio Zonal de Juvenis (Zona Sul)
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Prova 15, Masc., 1500m Livres, Juvenis B

Lugar				Ano				Tempo final	Pts
5.	CARAPINHA Joao Pedro			07	Uniao Piedense			17:41.48	509
	50m:	30.76	30.76	450m:	5:13.31	35.97	850m:	9:57.35	35.77
	100m:	1:04.54	33.78	500m:	5:49.16	35.85	900m:	10:32.87	35.52
	150m:	1:39.20	34.66	550m:	6:23.83	34.67	950m:	11:08.42	35.55
	200m:	2:14.49	35.29	600m:	6:59.26	35.43	1000m:	11:44.37	35.95
	250m:	2:50.09	35.60	650m:	7:34.98	35.72	1050m:	12:20.04	35.67
	300m:	3:25.69	35.60	700m:	8:10.42	35.44	1100m:	12:56.11	36.07
	350m:	4:01.50	35.81	750m:	8:45.96	35.54	1150m:	13:31.72	35.61
	400m:	4:37.34	35.84	800m:	9:21.58	35.62	1200m:	14:07.23	35.51
6.	PEREIRA Lucas Santos			07	Naval do Funchal			18:08.18	473
	50m:	32.37	32.37	450m:	5:20.36	36.32	850m:	10:13.71	36.53
	100m:	1:07.21	34.84	500m:	5:56.69	36.33	900m:	10:50.40	36.69
	150m:	1:43.07	35.86	550m:	6:33.03	36.34	950m:	11:26.64	36.24
	200m:	2:19.07	36.00	600m:	7:09.68	36.65	1000m:	12:02.89	36.25
	250m:	2:55.05	35.98	650m:	7:46.86	37.18	1050m:	12:38.91	36.02
	300m:	3:31.18	36.13	700m:	8:23.60	36.74	1100m:	13:14.83	35.92
	350m:	4:07.60	36.42	750m:	9:00.45	36.85	1150m:	13:51.29	36.46
	400m:	4:44.04	36.44	800m:	9:37.18	36.73	1200m:	14:27.74	36.45
7.	ALMEIDA Joao Francisco			07	Naval do Funchal			18:15.47	463
	50m:	31.07	31.07	450m:	5:17.01	36.54	850m:	10:11.80	36.56
	100m:	1:06.13	35.06	500m:	5:53.49	36.48	900m:	10:48.44	36.64
	150m:	1:41.43	35.30	550m:	6:29.94	36.45	950m:	11:25.48	37.04
	200m:	2:16.88	35.45	600m:	7:06.70	36.76	1000m:	12:02.51	37.03
	250m:	2:52.60	35.72	650m:	7:43.39	36.69	1050m:	12:40.00	37.49
	300m:	3:28.74	36.14	700m:	8:20.76	37.37	1100m:	13:17.27	37.27
	350m:	4:04.35	35.61	750m:	8:57.72	36.96	1150m:	13:54.82	37.55
	400m:	4:40.47	36.12	800m:	9:35.24	37.52	1200m:	14:31.91	37.09
8.	RITA Francisco Xavier			07	Vieirense			18:20.04	458
	50m:	32.20	32.20	450m:	5:25.24	37.05	850m:	10:22.38	36.49
	100m:	1:07.78	35.58	500m:	6:02.87	37.63	900m:	10:59.63	37.25
	150m:	1:43.69	35.91	550m:	6:40.32	37.45	950m:	11:36.88	37.25
	200m:	2:20.18	36.49	600m:	7:17.18	36.86	1000m:	12:14.27	37.39
	250m:	2:57.27	37.09	650m:	7:54.76	37.58	1050m:	12:51.14	36.87
	300m:	3:33.93	36.66	700m:	8:31.86	37.10	1100m:	13:28.54	37.40
	350m:	4:10.84	36.91	750m:	9:09.03	37.17	1150m:	14:05.90	37.36
	400m:	4:48.19	37.35	800m:	9:45.89	36.86	1200m:	14:43.03	37.13
9.	COSTA Guilherme Corte			07	Desportivo Nacional			18:24.30	452
	50m:	33.22	33.22	450m:	5:26.35	37.02	850m:	10:23.72	37.15
	100m:	1:08.67	35.45	500m:	6:03.62	37.27	900m:	11:01.02	37.30
	150m:	1:44.76	36.09	550m:	6:40.52	36.90	950m:	11:38.36	37.34
	200m:	2:21.63	36.87	600m:	7:17.40	36.88	1000m:	12:15.58	37.22
	250m:	2:58.21	36.58	650m:	7:54.87	37.47	1050m:	12:52.92	37.34
	300m:	3:35.25	37.04	700m:	8:32.09	37.22	1100m:	13:30.21	37.29
	350m:	4:12.61	37.36	750m:	9:09.21	37.12	1150m:	14:07.26	37.05
	400m:	4:49.33	36.72	800m:	9:46.57	37.36	1200m:	14:44.76	37.50

Torneio Zonal de Juvenis (Zona Sul)
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Prova 15, Masc., 1500m Livres, Juvenis B

Lugar				Ano					Tempo final	Pts		
10.	FIGUEIRAS Guilherme David			07	Colegio Monte Maior				18:25.32	451		
	50m:	31.83	31.83	450m:	5:25.49	36.40	850m:	10:22.24	37.07	1250m:	15:21.32	37.09
	100m:	1:07.39	35.56	500m:	6:02.37	36.88	900m:	10:59.91	37.67	1300m:	15:58.58	37.26
	150m:	1:43.89	36.50	550m:	6:39.51	37.14	950m:	11:37.61	37.70	1350m:	16:35.53	36.95
	200m:	2:20.68	36.79	600m:	7:16.83	37.32	1000m:	12:15.32	37.71	1400m:	17:13.19	37.66
	250m:	2:57.87	37.19	650m:	7:53.89	37.06	1050m:	12:52.31	36.99	1450m:	17:50.12	36.93
	300m:	3:34.51	36.64	700m:	8:30.80	36.91	1100m:	13:29.71	37.40	1500m:	18:25.32	35.20
	350m:	4:12.19	37.68	750m:	9:08.02	37.22	1150m:	14:06.88	37.17			
	400m:	4:49.09	36.90	800m:	9:45.17	37.15	1200m:	14:44.23	37.35			
11.	ALVES Mateus Jose			07	Bombeiros de Ponta Delgada				18:31.15	444		
	50m:	33.38	33.38	450m:	5:28.50	37.68	850m:	10:26.66	37.22	1250m:	15:26.35	37.21
	100m:	1:09.70	36.32	500m:	6:05.79	37.29	900m:	11:04.29	37.63	1300m:	16:03.69	37.34
	150m:	1:46.06	36.36	550m:	6:43.16	37.37	950m:	11:41.60	37.31	1350m:	16:40.88	37.19
	200m:	2:22.94	36.88	600m:	7:20.09	36.93	1000m:	12:18.96	37.36	1400m:	17:18.30	37.42
	250m:	3:00.04	37.10	650m:	7:57.46	37.37	1050m:	12:56.35	37.39	1450m:	17:55.21	36.91
	300m:	3:36.71	36.67	700m:	8:35.05	37.59	1100m:	13:33.89	37.54	1500m:	18:31.15	35.94
	350m:	4:13.80	37.09	750m:	9:12.46	37.41	1150m:	14:11.38	37.49			
	400m:	4:50.82	37.02	800m:	9:49.44	36.98	1200m:	14:49.14	37.76			

Juvenis A

1.	TIGRE Pedro Bethlem			06	Sporting				16:17.04	653		
	50m:	28.77	28.77	450m:	4:48.98	32.67	850m:	9:11.43	33.06	1250m:	13:34.31	32.99
	100m:	1:00.01	31.24	500m:	5:21.78	32.80	900m:	9:44.37	32.94	1300m:	14:07.42	33.11
	150m:	1:32.15	32.14	550m:	5:54.47	32.69	950m:	10:17.16	32.79	1350m:	14:40.27	32.85
	200m:	2:04.79	32.64	600m:	6:27.25	32.78	1000m:	10:50.02	32.86	1400m:	15:13.30	33.03
	250m:	2:37.44	32.65	650m:	6:59.95	32.70	1050m:	11:23.00	32.98	1450m:	15:45.75	32.45
	300m:	3:10.18	32.74	700m:	7:32.76	32.81	1100m:	11:55.71	32.71	1500m:	16:17.04	31.29
	350m:	3:43.40	33.22	750m:	8:05.65	32.89	1150m:	12:28.50	32.79			
	400m:	4:16.31	32.91	800m:	8:38.37	32.72	1200m:	13:01.32	32.82			
2.	BAPTISTA Guilherme Fernandes			06	Benfica				16:37.69	614		
	50m:	28.90	28.90	450m:	4:49.93	33.09	850m:	9:18.14	33.79	1250m:	13:50.19	33.72
	100m:	1:00.41	31.51	500m:	5:23.03	33.10	900m:	9:52.07	33.93	1300m:	14:24.25	34.06
	150m:	1:32.43	32.02	550m:	5:56.45	33.42	950m:	10:25.95	33.88	1350m:	14:58.23	33.98
	200m:	2:05.02	32.59	600m:	6:29.72	33.27	1000m:	10:59.71	33.76	1400m:	15:31.94	33.71
	250m:	2:37.85	32.83	650m:	7:03.16	33.44	1050m:	11:33.94	34.23	1450m:	16:05.41	33.47
	300m:	3:10.72	32.87	700m:	7:36.74	33.58	1100m:	12:07.93	33.99	1500m:	16:37.69	32.28
	350m:	3:43.94	33.22	750m:	8:10.43	33.69	1150m:	12:42.17	34.24			
	400m:	4:16.84	32.90	800m:	8:44.35	33.92	1200m:	13:16.47	34.30			
3.	MESQUITA Rodrigo Andrade			06	Sporting				17:05.18	566		
	50m:	31.32	31.32	450m:	5:06.39	34.98	850m:	9:40.18	34.82	1250m:	14:15.65	34.25
	100m:	1:05.21	33.89	500m:	5:40.33	33.94	900m:	10:14.48	34.30	1300m:	14:50.29	34.64
	150m:	1:39.49	34.28	550m:	6:15.05	34.72	950m:	10:48.98	34.50	1350m:	15:24.61	34.32
	200m:	2:14.01	34.52	600m:	6:49.30	34.25	1000m:	11:23.12	34.14	1400m:	15:58.80	34.19
	250m:	2:48.33	34.32	650m:	7:23.44	34.14	1050m:	11:58.12	35.00	1450m:	16:32.63	33.83
	300m:	3:22.61	34.28	700m:	7:58.20	34.76	1100m:	12:33.01	34.89	1500m:	17:05.18	32.55
	350m:	3:57.03	34.42	750m:	8:31.62	33.42	1150m:	13:07.10	34.09			
	400m:	4:31.41	34.38	800m:	9:05.36	33.74	1200m:	13:41.40	34.30			

Torneio Zonal de Juvenis (Zona Sul)
Tomar, 17- - 19-12-2021

Prova 15, Masc., 1500m Livres, Juvenis A

Lugar				Ano					Tempo final	Pts		
4.	SIMOES Manuel Costa			06	Uniao Piedense				17:08.55	560		
	50m:	31.12	31.12	450m:	5:07.48	33.82	850m:	9:40.86	34.38	1250m:	14:16.90	34.67
	100m:	1:04.90	33.78	500m:	5:41.77	34.29	900m:	10:15.19	34.33	1300m:	14:51.66	34.76
	150m:	1:39.47	34.57	550m:	6:15.81	34.04	950m:	10:49.59	34.40	1350m:	15:25.90	34.24
	200m:	2:14.35	34.88	600m:	6:49.97	34.16	1000m:	11:24.19	34.60	1400m:	16:00.62	34.72
	250m:	2:49.02	34.67	650m:	7:24.19	34.22	1050m:	11:58.36	34.17	1450m:	16:34.87	34.25
	300m:	3:23.66	34.64	700m:	7:58.31	34.12	1100m:	12:32.97	34.61	1500m:	17:08.55	33.68
	350m:	3:58.56	34.90	750m:	8:32.24	33.93	1150m:	13:07.58	34.61			
	400m:	4:33.66	35.10	800m:	9:06.48	34.24	1200m:	13:42.23	34.65			
5.	CORREIA Tiago Almeida			06	Natacao do Montijo				17:18.41	544		
	50m:	30.09	30.09	450m:	5:04.08	34.83	850m:	9:43.09	35.00	1250m:	14:25.38	35.08
	100m:	1:03.49	33.40	500m:	5:38.91	34.83	900m:	10:18.12	35.03	1300m:	15:00.83	35.45
	150m:	1:37.36	33.87	550m:	6:13.84	34.93	950m:	10:53.42	35.30	1350m:	15:36.12	35.29
	200m:	2:11.57	34.21	600m:	6:48.68	34.84	1000m:	11:28.79	35.37	1400m:	16:11.09	34.97
	250m:	2:45.76	34.19	650m:	7:23.54	34.86	1050m:	12:03.87	35.08	1450m:	16:45.98	34.89
	300m:	3:20.19	34.43	700m:	7:58.32	34.78	1100m:	12:39.33	35.46	1500m:	17:18.41	32.43
	350m:	3:54.59	34.40	750m:	8:33.21	34.89	1150m:	13:14.79	35.46			
	400m:	4:29.25	34.66	800m:	9:08.09	34.88	1200m:	13:50.30	35.51			
6.	CHAO Tiago Ventura			06	Naval Setubalense				17:49.69	498		
	50m:	31.28	31.28	450m:	5:17.69	35.80	850m:	10:04.76	35.75	1250m:	14:52.33	35.76
	100m:	1:06.12	34.84	500m:	5:53.46	35.77	900m:	10:40.33	35.57	1300m:	15:28.81	36.48
	150m:	1:41.53	35.41	550m:	6:29.23	35.77	950m:	11:16.56	36.23	1350m:	16:04.70	35.89
	200m:	2:17.04	35.51	600m:	7:05.50	36.27	1000m:	11:51.74	35.18	1400m:	16:40.97	36.27
	250m:	2:53.29	36.25	650m:	7:41.22	35.72	1050m:	12:27.63	35.89	1450m:	17:16.74	35.77
	300m:	3:29.32	36.03	700m:	8:17.23	36.01	1100m:	13:03.77	36.14	1500m:	17:49.69	32.95
	350m:	4:05.51	36.19	750m:	8:53.54	36.31	1150m:	13:39.97	36.20			
	400m:	4:41.89	36.38	800m:	9:29.01	35.47	1200m:	14:16.57	36.60			
7.	STARYNSKY Daniel			06	Benedita				18:02.92	480		
	50m:	30.02	30.02	450m:	5:12.08	36.25	850m:	10:02.96	37.03	1250m:	15:01.09	37.69
	100m:	1:03.02	33.00	500m:	5:48.77	36.69	900m:	10:40.41	37.45	1300m:	15:38.52	37.43
	150m:	1:37.43	34.41	550m:	6:18.28	29.51	950m:	11:18.19	37.78	1350m:	16:15.95	37.43
	200m:	2:12.84	35.41	600m:	7:01.42	43.14	1000m:	11:55.51	37.32	1400m:	16:52.68	36.73
	250m:	2:48.55	35.71	650m:	7:37.90	36.48	1050m:	12:31.68	36.17	1450m:	17:28.48	35.80
	300m:	3:24.04	35.49	700m:	8:12.99	35.09	1100m:	13:08.36	36.68	1500m:	18:02.92	34.44
	350m:	3:59.09	35.05	750m:	8:49.85	36.86	1150m:	13:45.55	37.19			
	400m:	4:35.83	36.74	800m:	9:25.93	36.08	1200m:	14:23.40	37.85			
8.	PINHO Afonso Formigo			06	Torres Novas				18:09.25	471		
	50m:	32.35	32.35	450m:	5:23.19	36.80	850m:	10:15.65	36.46	1250m:	15:08.12	36.23
	100m:	1:08.34	35.99	500m:	5:59.97	36.78	900m:	10:51.95	36.30	1300m:	15:45.44	37.32
	150m:	1:44.20	35.86	550m:	6:36.45	36.48	950m:	11:28.44	36.49	1350m:	16:21.52	36.08
	200m:	2:20.50	36.30	600m:	7:13.17	36.72	1000m:	12:05.04	36.60	1400m:	16:58.19	36.67
	250m:	2:56.75	36.25	650m:	7:49.52	36.35	1050m:	12:41.62	36.58	1450m:	17:34.60	36.41
	300m:	3:33.15	36.40	700m:	8:25.97	36.45	1100m:	13:18.31	36.69	1500m:	18:09.25	34.65
	350m:	4:09.79	36.64	750m:	9:02.85	36.88	1150m:	13:54.95	36.64			
	400m:	4:46.39	36.60	800m:	9:39.19	36.34	1200m:	14:31.89	36.94			