

Torneio Zonal de Juvenis (Zona Sul)
Tomar, 17- - 19-12-2021

Prova 1 Femin., 800m Livres Juvenis Resultados
17-12-2021 - 16:00

Recordes Nacionais 25m Absoluto	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04-12-2019
Recordes Nacionais 25m Juv A	8:46.74	SANTOS Ana Claudia	POR	Cantanhede	19-12-2004
Recordes Nacionais 25m Juv B	9:00.27	SILVA Alexandra Maria	POR	Antibes (FRA)	20-12-1980

TAC-JUVA Fem Juv A 50m: 10:21.66 - 25m: 10:09.47 / TAC-JUVBFem Juv B 50m: 10:39.59 - 25m: 10:27.05

Pontos: FINA 2021

Lugar	Ano		Tempo final								Pts	
Juvenis B												
1.	FERREIRA Constanca Santos		08	Alges				9:59.57				510
	50m:	33.71	33.71	250m:	3:03.48	37.97	450m:	5:35.35	38.01	650m:	8:08.08	38.49
	100m:	1:10.48	36.77	300m:	3:41.50	38.02	500m:	6:13.45	38.10	700m:	8:45.53	37.45
	150m:	1:47.91	37.43	350m:	4:19.32	37.82	550m:	6:51.44	37.99	750m:	9:22.98	37.45
	200m:	2:25.51	37.60	400m:	4:57.34	38.02	600m:	7:29.59	38.15	800m:	9:59.57	36.59
2.	BOLEIXA Carlota Costa		08	Louletano / Loule Concelho				10:05.76				495
	50m:	33.40	33.40	250m:	3:01.79	37.61	450m:	5:34.36	38.44	650m:	8:09.06	39.16
	100m:	1:09.59	36.19	300m:	3:39.77	37.98	500m:	6:12.74	38.38	700m:	8:48.01	38.95
	150m:	1:47.01	37.42	350m:	4:17.83	38.06	550m:	6:51.35	38.61	750m:	9:27.34	39.33
	200m:	2:24.18	37.17	400m:	4:55.92	38.09	600m:	7:29.90	38.55	800m:	10:05.76	38.42
3.	LOPES Catarina Maria		08	BUZIOS-Coruche				10:15.51				472
	50m:	33.98	33.98	250m:	3:04.85	38.37	450m:	5:40.58	39.31	650m:	8:18.89	39.42
	100m:	1:11.19	37.21	300m:	3:43.70	38.85	500m:	6:20.21	39.63	700m:	8:58.15	39.26
	150m:	1:48.52	37.33	350m:	4:22.25	38.55	550m:	6:59.80	39.59	750m:	9:37.63	39.48
	200m:	2:26.48	37.96	400m:	5:01.27	39.02	600m:	7:39.47	39.67	800m:	10:15.51	37.88

Juvenis A

1.	VIANA Matilde Violante		07	Ba-Leiria				9:39.90				564
	50m:	32.23	32.23	250m:	2:55.77	37.01	450m:	5:22.74	36.45	650m:	7:50.59	36.64
	100m:	1:06.38	34.15	300m:	3:31.98	36.21	500m:	5:59.48	36.74	700m:	8:28.11	37.52
	150m:	1:42.10	35.72	350m:	4:09.04	37.06	550m:	6:36.52	37.04	750m:	9:05.14	37.03
	200m:	2:18.76	36.66	400m:	4:46.29	37.25	600m:	7:13.95	37.43	800m:	9:39.90	34.76
2.	RODRIGUES Leonor Carreiro		07	Benfica				9:44.02				552
	50m:	34.04	34.04	250m:	3:00.38	36.71	450m:	5:26.82	36.35	650m:	7:53.68	36.69
	100m:	1:10.17	36.13	300m:	3:37.22	36.84	500m:	6:03.47	36.65	700m:	8:30.49	36.81
	150m:	1:46.77	36.60	350m:	4:13.79	36.57	550m:	6:40.26	36.79	750m:	9:07.21	36.72
	200m:	2:23.67	36.90	400m:	4:50.47	36.68	600m:	7:16.99	36.73	800m:	9:44.02	36.81
3.	CAMARA Ines Cruz		07	Desportivo Nacional				9:44.60				551
	50m:	33.85	33.85	250m:	3:00.11	36.74	450m:	5:26.80	36.55	650m:	7:54.53	37.17
	100m:	1:09.79	35.94	300m:	3:36.89	36.78	500m:	6:03.46	36.66	700m:	8:31.72	37.19
	150m:	1:46.40	36.61	350m:	4:13.58	36.69	550m:	6:40.56	37.10	750m:	9:08.55	36.83
	200m:	2:23.37	36.97	400m:	4:50.25	36.67	600m:	7:17.36	36.80	800m:	9:44.60	36.05

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Prova 1, Femin., 800m Livres, Juvenis A

Lugar			Ano							Tempo final	Pts	
4.	SANTOS Leonor Castanho		07	Sporting						9:51.60	531	
	50m:	33.04	33.04	250m:	2:58.04	36.70	450m:	5:25.57	36.79	650m:	7:57.25	37.84
	100m:	1:08.40	35.36	300m:	3:34.88	36.84	500m:	6:03.39	37.82	700m:	8:36.02	38.77
	150m:	1:44.81	36.41	350m:	4:11.76	36.88	550m:	6:41.14	37.75	750m:	9:14.23	38.21
	200m:	2:21.34	36.53	400m:	4:48.78	37.02	600m:	7:19.41	38.27	800m:	9:51.60	37.37
5.	MALFEITO Maria Francisca		07	Natacao de Lisboa						10:16.57	469	
	50m:	33.62	33.62	250m:	3:04.46	38.33	450m:	5:40.28	39.26	650m:	8:18.90	39.84
	100m:	1:10.04	36.42	300m:	3:43.17	38.71	500m:	6:19.70	39.42	700m:	8:58.60	39.70
	150m:	1:47.22	37.18	350m:	4:22.06	38.89	550m:	6:59.64	39.94	750m:	9:38.63	40.03
	200m:	2:26.13	38.91	400m:	5:01.02	38.96	600m:	7:39.06	39.42	800m:	10:16.57	37.94