



XIV MEETING CIDADE DE COIMBRA
XXXIII Torneio Internacional Queima das Fitas
Coimbra, 28.5.- 29.5.2022



Event 35
29/05/2022

Men, 400m Medley

Open
Results

Recorde Nacional Open	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Recorde Nacional Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Recorde Nacional Jun18	4:21.42	LOPES Jose Paulo	POR	Helsinki (FIN)	08/07/2018
Recorde Nacional Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore (SGP)	29/08/2015
Recorde Nacional Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01/06/2014
Recorde Nacional Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16/07/2013
Recorde Nacional Inf A	4:46.20	FREITAS Tomas Miguel	CDN	Póvoa Varzim	23/07/2004
Recorde Nacional Inf B	4:54.87	RUIVO Andre Vilas	DNMG	S. Joao da Madeira	12/07/2013
Recorde Meeting	4:20.44	DRYMONAKOS Ioannis	GRE	Coimbra	30/05/2010

TAC : 5:11.85

Points: FINA 2022

Rank	Nome	YB	Classe	Clube	Tempo Final	RTPts FINA	Pontos
Open							
1.	LOPES Gabriel Jose	97		Louzan Natacao/EFAPEL	4:22.78 +0,59	798	16,00
	50m: 27.30 27.30	150m: 1:35.24	35.25	250m: 2:45.14	36.02	350m: 3:53.02	31.90
	100m: 59.99 32.69	200m: 2:09.12	33.88	300m: 3:21.12	35.98	400m: 4:22.78	29.76
2.	BASTOS Lucas Pereira	00		Nautico Academico	4:36.96 +0,69	682	13,00
	50m: 29.36 29.36	150m: 1:38.75	36.67	250m: 2:54.35	39.70	350m: 4:06.48	31.71
	100m: 1:02.08 32.72	200m: 2:14.65	35.90	300m: 3:34.77	40.42	400m: 4:36.96	30.48
3.	COSTA Joao Peres	04		Naval Praia da Vitoria	4:39.46 +0,60	664	11,00
	50m: 28.69 28.69	150m: 1:37.88	35.19	250m: 2:52.52	39.20	350m: 4:06.53	32.78
	100m: 1:02.69 34.00	200m: 2:13.32	35.44	300m: 3:33.75	41.23	400m: 4:39.46	32.93
4.	MARQUES Gustavo Pires	04		Uniao Coimbra	4:41.27 +0,66	651	10,00
	50m: 28.52 28.52	150m: 1:38.58	37.04	250m: 2:56.70	42.04	350m: 4:09.10	31.20
	100m: 1:01.54 33.02	200m: 2:14.66	36.08	300m: 3:37.90	41.20	400m: 4:41.27	32.17
5.	CARVALHO Goncalo Duarte	05		Benfica	4:53.09 +0,67	575	9,00
	50m: 30.06 30.06	150m: 1:46.47	39.76	250m: 3:04.91	38.73	350m: 4:20.24	34.56
	100m: 1:06.71 36.65	200m: 2:26.18	39.71	300m: 3:45.68	40.77	400m: 4:53.09	32.85
6.	SIMONSSON Ragnar	04		Vaesby SS	4:54.10 +0,66	569	8,00
	50m: 30.06 30.06	150m: 1:46.91	41.28	250m: 3:05.94	38.94	350m: 4:20.72	34.16
	100m: 1:05.63 35.57	200m: 2:27.00	40.09	300m: 3:46.56	40.62	400m: 4:54.10	33.38
7.	ZHUKOV Mark	06		Braga	4:55.71 +0,68	560	7,00
	50m: 29.94 29.94	150m: 1:44.17	39.04	250m: 3:04.07	41.82	350m: 4:21.51	34.94
	100m: 1:05.13 35.19	200m: 2:22.25	38.08	300m: 3:46.57	42.50	400m: 4:55.71	34.20
8.	PINTO Guilherme Lobo	04		Foca Quinta da Lixa CNF	4:57.11 +0,66	552	6,00
	50m: 31.07 31.07	150m: 1:46.69	40.14	250m: 3:08.71	43.84	350m: 4:25.24	32.81
	100m: 1:06.55 35.48	200m: 2:24.87	38.18	300m: 3:52.43	43.72	400m: 4:57.11	31.87
9.	NEAGU Tiberius Sebastian	04		Academico Viseu	4:58.08 +0,65	547	5,00
	50m: 31.04 31.04	150m: 1:47.25	40.84	250m: 3:07.85	41.52	350m: 4:24.89	34.03
	100m: 1:06.41 35.37	200m: 2:26.33	39.08	300m: 3:50.86	43.01	400m: 4:58.08	33.19
10.	LEIFSEN Gustav	02		Vaesby SS	4:59.10 +0,63	541	4,00
	50m: 29.31 29.31	150m: 1:42.16	38.58	250m: 3:04.16	43.97	350m: 4:24.77	36.08
	100m: 1:03.58 34.27	200m: 2:20.19	38.03	300m: 3:48.69	44.53	400m: 4:59.10	34.33





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Rank	Nome	YB	Classe	Clube	Tempo Final	RTPts FINA	Pontos
11.	OLIVEIRA Simao Lopes	05		Naval Setubalense	4:59.78	+0,71 538	3,00
	50m: 31.05 31.05	150m: 1:48.29	41.57	250m: 3:10.21	41.21	350m: 4:26.61	34.50
	100m: 1:06.72 35.67	200m: 2:29.00	40.71	300m: 3:52.11	41.90	400m: 4:59.78	33.17
12.	CRUZ Leonardo Jose	07		Alcobaca	5:00.69	+0,56 533	2,00
	50m: 31.38 31.38	150m: 1:46.76	38.96	250m: 3:07.46	43.35	350m: 4:28.56	35.39
	100m: 1:07.80 36.42	200m: 2:24.11	37.35	300m: 3:53.17	45.71	400m: 5:00.69	32.13
13.	RELVAS David Ferreira	03		Nautico Marinha Grande	5:00.75	+0,78 532	1,00
	50m: 29.07 29.07	150m: 1:44.98	41.86	250m: 3:09.26	43.95	350m: 4:27.99	35.12
	100m: 1:03.12 34.05	200m: 2:25.31	40.33	300m: 3:52.87	43.61	400m: 5:00.75	32.76
14.	CUNHA Joao Simons	02		Leixoes	5:01.10	+0,68 531	-
	50m: 29.85 29.85	150m: 1:45.95	40.72	250m: 3:08.70	42.75	350m: 4:27.19	34.55
	100m: 1:05.23 35.38	200m: 2:25.95	40.00	300m: 3:52.64	43.94	400m: 5:01.10	33.91
15.	CRUZ David Miguel	04		Braga	5:08.45	+0,66 494	-
	50m: 29.83 29.83	150m: 1:48.15	41.72	250m: 3:13.12	43.83	350m: 4:32.72	35.32
	100m: 1:06.43 36.60	200m: 2:29.29	41.14	300m: 3:57.40	44.28	400m: 5:08.45	35.73
16.	COSTA Goncalo Filipe	04		Gafanha da Encarnacao	5:10.09	+0,70 486	-
	50m: 30.91 30.91	150m: 1:47.59	40.14	250m: 3:11.17	45.17	350m: 4:34.79	37.49
	100m: 1:07.45 36.54	200m: 2:26.00	38.41	300m: 3:57.30	46.13	400m: 5:10.09	35.30
17.	FERNANDES Duarte Jose	06		Uniao Coimbra	5:11.59	+0,64 479	-
	50m: 29.89 29.89	150m: 1:48.38	42.59	250m: 3:11.49	41.64	350m: 4:35.17	38.37
	100m: 1:05.79 35.90	200m: 2:29.85	41.47	300m: 3:56.80	45.31	400m: 5:11.59	36.42
DSQ	LINDHOLM Christopher	02		Vaesby SS			-
	<i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultâneamente na viragem aos 250 metros</i>						
DSQ	BAPTISTA Guilherme Fernandes	06		Portugal			-
	<i>SW 8.4 - O (a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 300 metros</i>						
DNS	LOPES Jose Paulo	00		Braga			-
DNS	PEREIRA Tiago Maia	04		Galitos / Bresimar			-

