

Event 34  
29/05/2022

Women, 400m Medley

Open  
Results

Recorde Nacional Open	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09/04/2017
Recorde Nacional Sen	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09/04/2017
Recorde Nacional Jun17	4:52.12	KAMINSKAYA Victoria	PIMP	Oeiras	27/07/2012
Recorde Nacional Jun16	4:54.00	ROCHA Ines Neto	SANNP	Gijón (ESP)	20/05/2017
Recorde Nacional Juv A	4:58.08	DURAES Diana Margarida	FOCA	Povoia de Varzim	05/08/2011
Recorde Nacional Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24/07/2015
Recorde Nacional Inf A	5:11.29	ROCHA Diana Ramos	EDV	Faro	20/07/2007
Recorde Nacional Inf B	5:14.05	RUIVO Filipa Vilas	DNMG	S. Joao da Madeira	24/07/2009
Recorde Meeting	4:42.53	KAMINSKAYA Victoria	ESJB	Coimbra	29/05/2016

TAC : 5:36.60

Points: FINA 2022

Rank	Nome	YB	Classe	Clube	Tempo Final	RTPts FINA	Pontos	
1.	VARGAS Giovanna Vaz	00		Nautico Marinha Grande	<b>5:10.28</b>	+0,79	632	16,00
	50m: 32.75 32.75	150m: 1:49.13	41.01	250m: 3:14.19	45.33	350m: 4:34.89	36.39	
	100m: 1:08.12 35.37	200m: 2:28.86	39.73	300m: 3:58.50	44.31	400m: 5:10.28	35.39	
2.	ESTEVENES Laura Fabiana	05		Naval de Faro	<b>5:19.67</b>	+0,53	578	13,00
	50m: 33.09 33.09	150m: 1:55.18	44.23	250m: 3:22.72	45.24	350m: 4:44.53	36.83	
	100m: 1:10.95 37.86	200m: 2:37.48	42.30	300m: 4:07.70	44.98	400m: 5:19.67	35.14	
3.	ALMEIDA Maria Emilia	07		Portugal	<b>5:21.05</b>	+0,81	571	11,00
	50m: 32.59 32.59	150m: 1:52.74	42.07	250m: 3:22.30	47.75	350m: 4:45.86	36.17	
	100m: 1:10.67 38.08	200m: 2:34.55	41.81	300m: 4:09.69	47.39	400m: 5:21.05	35.19	
4.	LOPES Matilde Nunes	06		Benfica	<b>5:21.59</b>	+0,70	568	10,00
	50m: 33.71 33.71	150m: 1:55.01	42.76	250m: 3:23.91	46.54	350m: 4:46.11	35.59	
	100m: 1:12.25 38.54	200m: 2:37.37	42.36	300m: 4:10.52	46.61	400m: 5:21.59	35.48	
5.	SANTOS Rita Machita	07		Portugal	<b>5:24.71</b>	+0,81	551	9,00
	50m: 33.38 33.38	150m: 1:57.27	45.33	250m: 3:25.75	44.36	350m: 4:48.56	38.84	
	100m: 1:11.94 38.56	200m: 2:41.39	44.12	300m: 4:09.72	43.97	400m: 5:24.71	36.15	
6.	GASPAR Beatriz Andre	06		Nautico Academico	<b>5:29.24</b>	+0,60	529	8,00
	50m: 34.56 34.56	150m: 2:01.62	45.79	250m: 3:30.27	45.22	350m: 4:52.80	37.23	
	100m: 1:15.83 41.27	200m: 2:45.05	43.43	300m: 4:15.57	45.30	400m: 5:29.24	36.44	
7.	MONTEIRO Ana Carolina	04		Uniao Coimbra	<b>5:30.75</b>	+0,77	522	7,00
	50m: 32.88 32.88	150m: 1:57.42	45.35	250m: 3:28.38	46.33	350m: 4:53.88	38.70	
	100m: 1:12.07 39.19	200m: 2:42.05	44.63	300m: 4:15.18	46.80	400m: 5:30.75	36.87	
8.	COSTA Daniela Alexandra	06		Leixoes	<b>5:30.96</b>	+0,83	521	6,00
	50m: 35.44 35.44	150m: 2:00.60	41.72	250m: 3:28.82	47.73	350m: 4:54.30	37.63	
	100m: 1:18.88 43.44	200m: 2:41.09	40.49	300m: 4:16.67	47.85	400m: 5:30.96	36.66	
9.	MAGALHAES Leticia Rodrigues	07		Naval Setubalense	<b>5:40.35</b>	+0,73	479	-
	FTL							
	50m: 34.52 34.52	150m: 1:59.42	41.89	250m: 3:30.67	50.26	350m: 5:01.25	40.66	
	100m: 1:17.53 43.01	200m: 2:40.41	40.99	300m: 4:20.59	49.92	400m: 5:40.35	39.10	
DSQ	CARDEAL Joana Nunes	02		Academico Viseu				-
	SW 8.3 - O (a) atleta efectuou movimento alternado de pernas após a viragem aos 250 m							



XIV MEETING CIDADE DE COIMBRA  
XXXIII Torneio Internacional Queima das Fitas  
Coimbra, 28.5.- 29.5.2022



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Rank	Nome	YB	Classe	Clube	Tempo Final	RTPts FINA	Pontos
DSQ	LEECH Mia <i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultâneamente na viragem aos 250 metros</i>	02		Co Peterboro			-
DNS	SIMOES Dania Rodrigues	07		Louzan Natacao/EFAPEL			-
DNS	RENHOLM Ella	06		Vaesby SS			-

