

Prova 7 Femin., 200m Costas 10 anos e mais velhos
29-01-2022 Resultados

S14	3:14.60	RESENDE Sonia Castanheiro	SCA	Póvoa de Varzim	18-06-2016
S15	3:43.76	CORREIA Raquel Rosa	ACDCBR	Póvoa de Varzim	18-06-2016
S17	59:00.00	start			
S21	3:41.39	NG Mannie	POR	Liberec (CZE)	08-07-2009

S14 Esp S14: 5:30.82; Sen S14: 4:51.90 / S114 Esp S114: 5:30.82; Sen S114: 4:51.90 / S15 Esp S15: 6:20.39; Sen S15: 5:35.64 / S17 Esp S17: 6:36.00; Sen S17: 5:49.41 / S21 Esp S21: 6:16.36; Sen S21: 5:32.09

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe S14-Absoluto

1.	MATOS Gabriela Chambel	05	S14		Alhandra	5:11.72	112	-					
		50m:	1:04.57	1:04.57	100m:	2:22.95	1:18.38	150m:	3:42.93	1:19.98	200m:	5:11.72	1:28.79

Classe S21 (SDown)-Absoluto

1.	CASTRO Ana Alexandra	92	S21		Porto	4:19.62		9,00					
		50m:	1:02.56	1:02.56	100m:	2:09.36	1:06.80	150m:	3:15.30	1:05.94	200m:	4:19.62	1:04.32

Classe S14-Seniores

1.	MATOS Gabriela Chambel	05	S14		Alhandra	5:11.72	112	-					
		50m:	1:04.57	1:04.57	100m:	2:22.95	1:18.38	150m:	3:42.93	1:19.98	200m:	5:11.72	1:28.79

Classe S21 (SDown)-Seniores

1.	CASTRO Ana Alexandra	92	S21		Porto	4:19.62		9,00					
		50m:	1:02.56	1:02.56	100m:	2:09.36	1:06.80	150m:	3:15.30	1:05.94	200m:	4:19.62	1:04.32