

Campeonato Nacional Inverno - Natação Adaptada
Porto, 29 e 30 de Janeiro de 2022



Prova 25 30-01-2022	Masc., 200m Estilos				Absoluto Resultados
S5	3:24.10	ROCHA Ivo Filipe	FVCD	Porto	26-05-2019
S6	3:09.79	VIDEIRA Daniel Carlos	GESL	Rio Maior	26-01-2020
S7	3:18.41	CAMPOS Joao Miguel	ADADA	Rio Maior	26-01-2020
S8	2:30.08	CANCELA Diogo Luis	POR	Tokyo (JPN)	28-08-2021
S9	2:24.99	GRACHAT David Realista	POR	Berlim (GER)	04-07-2011
S10	2:23.69	GONCALVES Emanuel Luis	POR	Glasgow (GBR)	27-03-2015
S11	2:43.75	MENESES Marco Ribeiro	CRASTO	Coimbra	09-01-2022
S12	3:09.49	CRUZ Joao Tanica	PDEM	Oeiras	12-05-2019
S13	2:33.52	ENCARNACAO Vitor Hugo	POR	Eindhoven (NED)	06-08-2014
S14	3:00.98	DUARTE Samuel Lima	FVCD	Póvoa de Varzim	28-11-2021
S15	2:16.25	NEVES Tiago Correia	POR	Lublin (POL)	03-07-2018
S16	2:41.05	JORGE Andre Camara	CEOL	Funchal	22-02-2020
S17	3:56.56	MENDES Humberto Julio	ADADA	Póvoa de Varzim	28-11-2021
S21	3:02.61	VAZ Joao Francisco	POR	Olbia (ITA)	18-09-2019

S5 Esp S5: 5:46.97; Sen S5: 4:04.92 / S6 Esp S6: 5:22.64; Sen S6: 4:44.68 / S7 Esp S7: 5:37.30 / S8 Esp S8: 4:18.84; Sen S8: 3:48.39 / S9 Esp S9: 4:06.48; Sen S9: 3:37.48 / S10 Esp S10: 4:04.27; Sen S10: 3:35.54 / S11 Esp S11: 4:04.27; Sen S11: 3:35.54 / S11 Esp S11: 4:40.67; Sen S11: 4:07.65 / S12 Esp S12: 5:22.13; Sen S12: 4:44.24 / S13 Esp S13: 4:20.98; Sen S13: 3:50.28 / S113 Esp S113: 4:20.98; Sen S113: 3:50.28 / S14 Esp S14: 5:12.37; Sen S14: 4:35.63 / S114 Esp S114: 5:12.37; Sen S114: 4:35.63 / S15 Esp S15: 3:51.63; Sen S15: 3:24.38 / S16 Esp S16: 4:33.78; Sen S16: 4:01.58 / S17 Esp S17: 5:12.37; Sen S17: 4:35.63 / S21 Esp S21: 5:10.44; Sen S21: 4:33.92

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe SM5-SM14-Absolutos								
1.	CORDEIRO Tomas Coelho	04	SM10	3,5,12+	Colegio Efanor	2:24.42	674	9,00
	50m: 30.24 30.24	100m: 1:08.98	38.74	150m: 1:51.11	42.13	200m: 2:24.42	33.31	
2.	ROCHA Ivo Filipe	90	SM5	A 12	Feira Viva	3:25.02	661	9,00
	50m: 48.80 48.80	100m: 1:41.98	53.18	150m: 2:37.00	55.02	200m: 3:25.02	48.02	
3.	CAMPOS Joao Miguel	79	SM7	6,12+	ADADA Porto	3:19.14	456	9,00
	50m: 40.14 40.14	100m: 1:35.17	55.03	150m: 2:30.65	55.48	200m: 3:19.14	48.49	
4.	SOARES Ricardo Aderneira	99	SM8	3,5,12+	Gesloures	3:06.62	447	9,00
	50m: 43.63 43.63	100m: 1:31.83	48.20	150m: 2:28.43	56.60	200m: 3:06.62	38.19	
5.	DUARTE Samuel Lima	04	SM14		Feira Viva	3:02.27	355	9,00
	50m: 36.27 36.27	100m: 1:21.79	45.52	150m: 2:25.16	1:03.37	200m: 3:02.27	37.11	
6.	CRUZ Joao Tanica	92	SM12	A T	Palmela	3:12.74	336	9,00
	50m: 38.74 38.74	100m: 1:30.62	51.88	150m: 2:26.94	56.32	200m: 3:12.74	45.80	
7.	RIBEIRO Pedro Miguel	91	SM14		Gondomar Cultural	3:14.73	291	7,00
	50m: 37.68 37.68	100m: 1:33.47	55.79	150m: 2:31.06	57.59	200m: 3:14.73	43.67	
8.	FREIRE Hugo Filipe	04	SM14		Sporting de Aveiro	3:19.31	272	6,00
	50m: 39.79 39.79	100m: 1:35.43	55.64	150m: 2:31.24	55.81	200m: 3:19.31	48.07	
9.	ROCHA Simao Pedro	06	SM14		Aquatico Pacense	3:26.11	246	9,00
	50m: 50.59 50.59	100m: 1:41.77	51.18	150m: 2:39.44	57.67	200m: 3:26.11	46.67	
10.	RIBEIRO Jose Carneirinho	90	SM14		Sporting	4:00.43	155	5,00
	50m: 46.73 46.73	100m: 1:58.52	1:11.79	150m: 3:13.77	1:15.25	200m: 4:00.43	46.66	

Splash Meet Manager, 11.71811

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 25, Masc., 200m Estilos, Classe SM5-SM14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
11.	SOUSA Helder Ferreira	75	SM7	12+	Porto	4:47.79	151	7,00
	50m: 57.81 57.81	100m: 2:08.65 1:10.84	150m: 3:47.53 1:38.88	200m: 4:47.79 1:00.26				
12.	ALVES Nuno Diogo	88	SM7	A 12	Gondomar Cultural	4:54.73	141	6,00
	50m: 1:26.14 1:26.14	100m: 2:34.71 1:08.57	150m: 3:52.11 1:17.40	200m: 4:54.73 1:02.62				
13.	COSTA Luis Espinho	90	SM6	A 2,4,12+	Alhandra	5:45.52	103	9,00
	50m: 1:01.72 1:01.72	100m: 2:28.27 1:26.55	150m: 4:30.68 2:02.41	200m: 5:45.52 1:14.84				

Classe SM15 (Auditiva)-Absolutos

1.	CRUZ Miguel Duarte	99	SM15	H	Belenenses	2:30.90		9,00
	50m: 30.88 30.88	100m: 1:11.29 40.41	150m: 1:56.73 45.44	200m: 2:30.90 34.17				

Classe SM21 (SDown)-Absolutos

1.	VAZ Joao Francisco	92	SM21		Sporting	3:09.62		9,00
	50m: 40.40 40.40	100m: 1:32.14 51.74	150m: 2:22.47 50.33	200m: 3:09.62 47.15				
2.	GOMES Diogo Lopes	96	SM21		Feira Viva	3:41.45		7,00
	50m: 52.36 52.36	100m: 1:51.73 59.37	150m: 2:52.70 1:00.97	200m: 3:41.45 48.75				
3.	VICENTE Francisco Jose	99	SM21		Sporting	3:52.46		6,00
	50m: 48.74 48.74	100m: 1:49.74 1:01.00	150m: 3:00.00 1:10.26	200m: 3:52.46 52.46				

Classe SM5-Seniores

1.	ROCHA Ivo Filipe	90	SM5	A 12	Feira Viva	3:25.02	661	9,00
	50m: 48.80 48.80	100m: 1:41.98 53.18	150m: 2:37.00 55.02	200m: 3:25.02 48.02				

Classe SM6-Seniores

1.	COSTA Luis Espinho	90	SM6	A 2,4,12+	Alhandra	5:45.52	103	9,00
	50m: 1:01.72 1:01.72	100m: 2:28.27 1:26.55	150m: 4:30.68 2:02.41	200m: 5:45.52 1:14.84				

Classe SM7-Seniores

1.	CAMPOS Joao Miguel	79	SM7	6,12+	ADADA Porto	3:19.14	456	9,00
	50m: 40.14 40.14	100m: 1:35.17 55.03	150m: 2:30.65 55.48	200m: 3:19.14 48.49				
2.	SOUSA Helder Ferreira	75	SM7	12+	Porto	4:47.79	151	7,00
	50m: 57.81 57.81	100m: 2:08.65 1:10.84	150m: 3:47.53 1:38.88	200m: 4:47.79 1:00.26				
3.	ALVES Nuno Diogo	88	SM7	A 12	Gondomar Cultural	4:54.73	141	6,00
	50m: 1:26.14 1:26.14	100m: 2:34.71 1:08.57	150m: 3:52.11 1:17.40	200m: 4:54.73 1:02.62				

Prova 25, Masc., 200m Estilos

Classe SM8-Seniores

1. SOARES Ricardo Aderneira	99	SM8	3,5,12+	Geslours	3:06.62	447	9,00
50m: 43.63 43.63	100m: 1:31.83	48.20	150m: 2:28.43	56.60	200m: 3:06.62	38.19	

Classe SM10-Seniores

1. CORDEIRO Tomas Coelho	04	SM10	3,5,12+	Colegio Efanor	2:24.42	674	9,00
50m: 30.24 30.24	100m: 1:08.98	38.74	150m: 1:51.11	42.13	200m: 2:24.42	33.31	

Classe SM110-Seniores

1. FIDALGO Joao Matos	03	SM110	4	Geslours	2:28.81		9,00
50m: 31.27 31.27	100m: 1:09.40	38.13	150m: 1:53.81	44.41	200m: 2:28.81	35.00	

Classe SM12-Seniores

1. CRUZ Joao Tanica	92	SM12	A T	Palmela	3:12.74	336	9,00
50m: 38.74 38.74	100m: 1:30.62	51.88	150m: 2:26.94	56.32	200m: 3:12.74	45.80	

Classe SM14-Esperanças

1. ROCHA Simao Pedro	06	SM14		Aquatico Pacense	3:26.11	246	9,00
50m: 50.59 50.59	100m: 1:41.77	51.18	150m: 2:39.44	57.67	200m: 3:26.11	46.67	

Classe SM14-Seniores

1. DUARTE Samuel Lima	04	SM14		Feira Viva	3:02.27	355	9,00
50m: 36.27 36.27	100m: 1:21.79	45.52	150m: 2:25.16	1:03.37	200m: 3:02.27	37.11	
2. RIBEIRO Pedro Miguel	91	SM14		Gondomar Cultural	3:14.73	291	7,00
50m: 37.68 37.68	100m: 1:33.47	55.79	150m: 2:31.06	57.59	200m: 3:14.73	43.67	
3. FREIRE Hugo Filipe	04	SM14		Sporting de Aveiro	3:19.31	272	6,00
50m: 39.79 39.79	100m: 1:35.43	55.64	150m: 2:31.24	55.81	200m: 3:19.31	48.07	
4. RIBEIRO Jose Carneirinho	90	SM14		Sporting	4:00.43	155	5,00
50m: 46.73 46.73	100m: 1:58.52	1:11.79	150m: 3:13.77	1:15.25	200m: 4:00.43	46.66	

Classe SM15 (Auditiva)-Seniores

1. CRUZ Miguel Duarte	99	SM15	H	Belenenses	2:30.90		9,00
50m: 30.88 30.88	100m: 1:11.29	40.41	150m: 1:56.73	45.44	200m: 2:30.90	34.17	

Prova 25, Masc., 200m Estilos

Classe SM21 (SDown)-Seniores

1. VAZ Joao Francisco	92	SM21	Sporting	3:09.62	9,00
50m: 40.40 40.40	100m: 1:32.14 51.74	150m: 2:22.47 50.33	200m: 3:09.62 47.15		
2. GOMES Diogo Lopes	96	SM21	Feira Viva	3:41.45	7,00
50m: 52.36 52.36	100m: 1:51.73 59.37	150m: 2:52.70 1:00.97	200m: 3:41.45 48.75		
3. VICENTE Francisco Jose	99	SM21	Sporting	3:52.46	6,00
50m: 48.74 48.74	100m: 1:49.74 1:01.00	150m: 3:00.00 1:10.26	200m: 3:52.46 52.46		