

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 28 a 31 de Julho de 2022



Prova 46

Masc., 800m Livres

Juvenis

30/07/2022 - 16:20

Resultados

Rec Nac Absoluto	7:52.68	LOPES Jose Paulo	POR	Budapest (HUN)	22/05/2021
Rec Nac Juv A	8:23.54	SANTA Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	8:37.90	CLARA Vitor Belo	ADBA	Coimbra	14/07/2019

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	LOUREIRO Bruno Silva	06	Porto	8:48.94	+0,78	624	
	50m: 30.31 30.31	250m: 2:43.61	33.63	450m: 4:56.39	33.41	650m: 7:09.75	33.75
	100m: 1:03.39 33.08	300m: 3:16.88	33.27	500m: 5:29.31	32.92	700m: 7:43.46	33.71
	150m: 1:36.40 33.01	350m: 3:50.28	33.40	550m: 6:02.79	33.48	750m: 8:16.97	33.51
	200m: 2:09.98 33.58	400m: 4:22.98	32.70	600m: 6:36.00	33.21	800m: 8:48.94	31.97
2.	MORARI Alexandre	07	Rio Maior	8:54.91	+0,80	603	
	50m: 30.42 30.42	250m: 2:45.60	33.81	450m: 5:01.10	34.03	650m: 7:15.96	33.45
	100m: 1:04.08 33.66	300m: 3:19.50	33.90	500m: 5:34.89	33.79	700m: 7:50.54	34.58
	150m: 1:38.04 33.96	350m: 3:53.20	33.70	550m: 6:08.85	33.96	750m: 8:23.02	32.48
	200m: 2:11.79 33.75	400m: 4:27.07	33.87	600m: 6:42.51	33.66	800m: 8:54.91	31.89
3.	FRAZAO Francisco Couto	06	Uniao Coimbra	8:55.91	+0,79	600	
	50m: 30.11 30.11	250m: 2:44.84	33.27	450m: 5:00.88	33.72	650m: 7:17.50	33.59
	100m: 1:03.71 33.60	300m: 3:18.51	33.67	500m: 5:35.26	34.38	700m: 7:51.53	34.03
	150m: 1:37.83 34.12	350m: 3:52.43	33.92	550m: 6:09.38	34.12	750m: 8:24.48	32.95
	200m: 2:11.57 33.74	400m: 4:27.16	34.73	600m: 6:43.91	34.53	800m: 8:55.91	31.43
4.	LARANJO Filipe Manso	07	Desportiva de Viana	8:56.96	+0,79	596	
	50m: 30.67 30.67	250m: 2:46.09	34.17	450m: 5:02.58	33.86	650m: 7:19.51	33.80
	100m: 1:04.30 33.63	300m: 3:20.34	34.25	500m: 5:36.92	34.34	700m: 7:53.40	33.89
	150m: 1:38.29 33.99	350m: 3:54.19	33.85	550m: 6:11.07	34.15	750m: 8:25.49	32.09
	200m: 2:11.92 33.63	400m: 4:28.72	34.53	600m: 6:45.71	34.64	800m: 8:56.96	31.47
5.	ALVES Andre Correia	06	Uniao Piedense	9:00.08	+0,77	586	
	50m: 30.13 30.13	250m: 2:46.78	34.19	450m: 5:04.51	33.99	650m: 7:21.45	33.83
	100m: 1:03.97 33.84	300m: 3:21.18	34.40	500m: 5:38.85	34.34	700m: 7:55.47	34.02
	150m: 1:38.18 34.21	350m: 3:55.90	34.72	550m: 6:13.07	34.22	750m: 8:28.56	33.09
	200m: 2:12.59 34.41	400m: 4:30.52	34.62	600m: 6:47.62	34.55	800m: 9:00.08	31.52
6.	JEVIC Milan Santos	06	Braga	9:00.83	+0,93	584	
	50m: 30.19 30.19	250m: 2:44.20	33.84	450m: 5:00.30	34.57	650m: 7:18.92	34.78
	100m: 1:03.34 33.15	300m: 3:17.88	33.68	500m: 5:34.79	34.49	700m: 7:53.89	34.97
	150m: 1:37.06 33.72	350m: 3:51.76	33.88	550m: 6:09.84	35.05	750m: 8:27.93	34.04
	200m: 2:10.36 33.30	400m: 4:25.73	33.97	600m: 6:44.14	34.30	800m: 9:00.83	32.90
7.	CASTRO Vasco Monteiro	06	Porto	9:04.43	+0,83	572	
	50m: 30.23 30.23	250m: 2:46.53	33.97	450m: 5:04.98	33.63	650m: 7:22.07	34.54
	100m: 1:04.45 34.22	300m: 3:21.67	35.14	500m: 5:39.00	34.02	700m: 7:56.68	34.61
	150m: 1:38.29 33.84	350m: 3:56.28	34.61	550m: 6:12.98	33.98	750m: 8:30.94	34.26
	200m: 2:12.56 34.27	400m: 4:31.35	35.07	600m: 6:47.53	34.55	800m: 9:04.43	33.49
8.	RODRIGUES Gil Afonso	07	Fluvial Portuense	9:04.48	+0,69	572	
	50m: 29.06 29.06	250m: 2:43.09	34.05	450m: 5:02.41	35.16	650m: 7:22.34	34.88
	100m: 1:01.45 32.39	300m: 3:17.56	34.47	500m: 5:37.33	34.92	700m: 7:57.66	35.32
	150m: 1:35.14 33.69	350m: 3:52.44	34.88	550m: 6:12.36	35.03	750m: 8:32.27	34.61
	200m: 2:09.04 33.90	400m: 4:27.25	34.81	600m: 6:47.46	35.10	800m: 9:04.48	32.21

Prova 46, Masc., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	ASMAR Axel Guedes	07	Sporting	9:04.78	+0,70	571	
	50m: 30.30 30.30	250m: 2:45.28 33.67	450m: 5:03.02 34.41	650m: 7:21.50 34.72			
	100m: 1:03.89 33.59	300m: 3:19.45 34.17	500m: 5:37.28 34.26	700m: 7:56.29 34.79			
	150m: 1:37.83 33.94	350m: 3:54.02 34.57	550m: 6:12.26 34.98	750m: 8:31.33 35.04			
	200m: 2:11.61 33.78	400m: 4:28.61 34.59	600m: 6:46.78 34.52	800m: 9:04.78 33.45			
10.	BARROS Joao Carlos	06	Fluvial Portuense	9:05.34	+0,81	569	
	50m: 30.64 30.64	250m: 2:46.51 34.45	450m: 5:05.44 35.02	650m: 7:24.65 34.76			
	100m: 1:03.89 33.25	300m: 3:21.25 34.74	500m: 5:40.16 34.72	700m: 7:59.15 34.50			
	150m: 1:37.80 33.91	350m: 3:55.67 34.42	550m: 6:15.17 35.01	750m: 8:32.82 33.67			
	200m: 2:12.06 34.26	400m: 4:30.42 34.75	600m: 6:49.89 34.72	800m: 9:05.34 32.52			
11.	SILVA Martim Alexandre	07	Columbifila Cantanhedense	9:07.55	+0,95	562	
	50m: 30.25 30.25	250m: 2:46.69 35.14	450m: 5:06.87 34.60	650m: 7:26.26 34.49			
	100m: 1:03.09 32.84	300m: 3:21.83 35.14	500m: 5:41.75 34.88	700m: 8:00.57 34.31			
	150m: 1:37.22 34.13	350m: 3:56.77 34.94	550m: 6:16.74 34.99	750m: 8:34.58 34.01			
	200m: 2:11.55 34.33	400m: 4:32.27 35.50	600m: 6:51.77 35.03	800m: 9:07.55 32.97			
12.	BORGES Rodrigo Costa	07	Fluvial Portuense	9:08.10	+0,67	561	
	50m: 30.69 30.69	250m: 2:47.94 34.67	450m: 5:07.51 35.11	650m: 7:26.07 35.22			
	100m: 1:04.36 33.67	300m: 3:22.88 34.94	500m: 5:41.74 34.23	700m: 8:00.83 34.76			
	150m: 1:38.80 34.44	350m: 3:58.13 35.25	550m: 6:16.54 34.80	750m: 8:34.68 33.85			
	200m: 2:13.27 34.47	400m: 4:32.40 34.27	600m: 6:50.85 34.31	800m: 9:08.10 33.42			
13.	GOMES Joao Almeida	06	Nacional de Natacao	9:09.34	+0,69	557	
	50m: 30.16 30.16	250m: 2:47.79 34.91	450m: 5:07.60 34.87	650m: 7:26.99 35.03			
	100m: 1:03.84 33.68	300m: 3:22.80 35.01	500m: 5:42.27 34.67	700m: 8:01.51 34.52			
	150m: 1:38.40 34.56	350m: 3:57.69 34.89	550m: 6:17.09 34.82	750m: 8:36.12 34.61			
	200m: 2:12.88 34.48	400m: 4:32.73 35.04	600m: 6:51.96 34.87	800m: 9:09.34 33.22			
14.	FARIA Eduardo Nuno	06	Braga	9:11.02	+0,80	552	
	50m: 30.48 30.48	250m: 2:46.04 34.10	450m: 5:04.80 34.62	650m: 7:26.19 34.95			
	100m: 1:03.97 33.49	300m: 3:20.52 34.48	500m: 5:40.22 35.42	700m: 8:01.37 35.18			
	150m: 1:37.88 33.91	350m: 3:54.98 34.46	550m: 6:15.46 35.24	750m: 8:36.32 34.95			
	200m: 2:11.94 34.06	400m: 4:30.18 35.20	600m: 6:51.24 35.78	800m: 9:11.02 34.70			
15.	DURAO Miguel Costa	06	Braga	9:11.85	+0,72	549	
	50m: 30.31 30.31	250m: 2:46.59 34.42	450m: 5:07.00 35.41	650m: 7:28.21 35.53			
	100m: 1:03.95 33.64	300m: 3:21.53 34.94	500m: 5:41.82 34.82	700m: 8:03.36 35.15			
	150m: 1:38.17 34.22	350m: 3:56.37 34.84	550m: 6:17.16 35.34	750m: 8:38.76 35.40			
	200m: 2:12.17 34.00	400m: 4:31.59 35.22	600m: 6:52.68 35.52	800m: 9:11.85 33.09			
16.	ROQUE Afonso Dinis	07	Ba-Leiria	9:12.39	+0,75	548	
	50m: 30.50 30.50	250m: 2:49.01 35.31	450m: 5:09.79 35.37	650m: 7:31.96 35.95			
	100m: 1:04.47 33.97	300m: 3:24.10 35.09	500m: 5:45.08 35.29	700m: 8:07.40 35.44			
	150m: 1:38.81 34.34	350m: 3:59.51 35.41	550m: 6:20.47 35.39	750m: 8:41.26 33.86			
	200m: 2:13.70 34.89	400m: 4:34.42 34.91	600m: 6:56.01 35.54	800m: 9:12.39 31.13			
17.	PEREIRA Tomas Veiga	06	Nautico Academico	9:13.35	+0,82	545	
	50m: 31.17 31.17	250m: 2:49.31 34.78	450m: 5:09.99 35.36	650m: 7:30.66 34.92			
	100m: 1:05.26 34.09	300m: 3:24.14 34.83	500m: 5:45.29 35.30	700m: 8:05.61 34.95			
	150m: 1:39.73 34.47	350m: 3:59.33 35.19	550m: 6:20.39 35.10	750m: 8:40.08 34.47			
	200m: 2:14.53 34.80	400m: 4:34.63 35.30	600m: 6:55.74 35.35	800m: 9:13.35 33.27			

Prova 46, Masc., 800m Livres, Juvenis

Lugar	Nome			Ano	Clube			Tempo Final		TReac	Pts FINA	Pts
18.	BRANDAO Afonso Aires			06	Desportiva de Viana			9:13.42		+0,69	545	
	50m:	30.04	30.04	250m:	2:49.63	35.48	450m:	5:10.93	35.50	650m:	7:32.16	35.09
	100m:	1:03.99	33.95	300m:	3:24.85	35.22	500m:	5:46.23	35.30	700m:	8:06.98	34.82
	150m:	1:39.04	35.05	350m:	4:00.37	35.52	550m:	6:21.63	35.40	750m:	8:41.28	34.30
	200m:	2:14.15	35.11	400m:	4:35.43	35.06	600m:	6:57.07	35.44	800m:	9:13.42	32.14
19.	JESUS David Duarte			07	Nautico Academico			9:14.19		+0,75	542	
	50m:	30.38	30.38	250m:	2:47.64	34.43	450m:	5:07.94	35.41	650m:	7:30.18	35.40
	100m:	1:04.03	33.65	300m:	3:22.39	34.75	500m:	5:43.73	35.79	700m:	8:06.07	35.89
	150m:	1:38.49	34.46	350m:	3:57.46	35.07	550m:	6:18.62	34.89	750m:	8:40.77	34.70
	200m:	2:13.21	34.72	400m:	4:32.53	35.07	600m:	6:54.78	36.16	800m:	9:14.19	33.42
20.	MARQUES Jose Miguel			06	Condeixa Clube			9:14.76		+0,78	541	
	50m:	30.37	30.37	250m:	2:48.32	34.90	450m:	5:08.24	34.77	650m:	7:29.50	35.22
	100m:	1:04.03	33.66	300m:	3:23.38	35.06	500m:	5:43.46	35.22	700m:	8:04.97	35.47
	150m:	1:38.82	34.79	350m:	3:58.76	35.38	550m:	6:18.71	35.25	750m:	8:40.67	35.70
	200m:	2:13.42	34.60	400m:	4:33.47	34.71	600m:	6:54.28	35.57	800m:	9:14.76	34.09
21.	MARQUES Duarte Cachulo			07	Condeixa Clube			9:17.96		+0,66	532	
	50m:	30.47	30.47	250m:	2:50.06	35.19	450m:	5:12.48	35.64	650m:	7:34.85	35.21
	100m:	1:04.38	33.91	300m:	3:25.13	35.07	500m:	5:48.00	35.52	700m:	8:09.91	35.06
	150m:	1:39.43	35.05	350m:	4:01.34	36.21	550m:	6:23.68	35.68	750m:	8:45.04	35.13
	200m:	2:14.87	35.44	400m:	4:36.84	35.50	600m:	6:59.64	35.96	800m:	9:17.96	32.92
22.	FERREIRA Miguel Guedes			07	Porto			9:18.94		+0,83	529	
	50m:	30.83	30.83	250m:	2:50.19	35.33	450m:	5:12.64	35.40	650m:	7:34.75	35.54
	100m:	1:04.84	34.01	300m:	3:25.62	35.43	500m:	5:48.04	35.40	700m:	8:10.30	35.55
	150m:	1:39.81	34.97	350m:	4:01.76	36.14	550m:	6:23.61	35.57	750m:	8:45.26	34.96
	200m:	2:14.86	35.05	400m:	4:37.24	35.48	600m:	6:59.21	35.60	800m:	9:18.94	33.68
23.	CARAPINHA Joao Pedro			07	Uniao Piedense			9:19.15		+0,81	528	
	50m:	30.72	30.72	250m:	2:51.17	35.77	450m:	5:13.39	34.39	650m:	7:35.91	35.83
	100m:	1:05.19	34.47	300m:	3:26.98	35.81	500m:	5:48.85	35.46	700m:	8:11.65	35.74
	150m:	1:40.00	34.81	350m:	4:03.02	36.04	550m:	6:24.46	35.61	750m:	8:46.58	34.93
	200m:	2:15.40	35.40	400m:	4:39.00	35.98	600m:	7:00.08	35.62	800m:	9:19.15	32.57
24.	RITA Francisco Xavier			07	Vieirense			9:20.57		+0,67	524	
	50m:	31.09	31.09	250m:	2:51.36	35.53	450m:	5:15.60	36.00	650m:	7:38.63	34.96
	100m:	1:05.55	34.46	300m:	3:27.80	36.44	500m:	5:51.82	36.22	700m:	8:14.21	35.58
	150m:	1:40.73	35.18	350m:	4:03.30	35.50	550m:	6:27.75	35.93	750m:	8:48.23	34.02
	200m:	2:15.83	35.10	400m:	4:39.60	36.30	600m:	7:03.67	35.92	800m:	9:20.57	32.34
25.	MESQUITA Rodrigo Andrade			06	Sporting			9:20.76		+0,77	524	
	50m:	31.57	31.57	250m:	2:52.80	35.36	450m:	5:14.94	35.58	650m:	7:38.17	36.82
	100m:	1:06.25	34.68	300m:	3:28.05	35.25	500m:	5:50.06	35.12	700m:	8:13.83	35.66
	150m:	1:42.33	36.08	350m:	4:03.85	35.80	550m:	6:26.06	36.00	750m:	8:48.70	34.87
	200m:	2:17.44	35.11	400m:	4:39.36	35.51	600m:	7:01.35	35.29	800m:	9:20.76	32.06
26.	LUCAS Joao Neves			06	Columbofila Cantanhedense			9:22.04		+0,70	520	
	50m:	31.64	31.64	250m:	2:51.60	35.14	450m:	5:13.56	35.27	650m:	7:35.52	35.92
	100m:	1:05.87	34.23	300m:	3:27.28	35.68	500m:	5:48.81	35.25	700m:	8:11.35	35.83
	150m:	1:41.12	35.25	350m:	4:02.66	35.38	550m:	6:24.06	35.25	750m:	8:47.13	35.78
	200m:	2:16.46	35.34	400m:	4:38.29	35.63	600m:	6:59.60	35.54	800m:	9:22.04	34.91

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 28 a 31 de Julho de 2022



Prova 46, Masc., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
27.	OLIVEIRA Marco Dimitar	07	Nautico Academico	9:23.61	+0,77	516	
	50m: 31.56 31.56	250m: 2:53.22 35.75	450m: 5:16.09 35.57	650m: 7:38.84 35.28			
	100m: 1:06.28 34.72	300m: 3:29.19 35.97	500m: 5:52.03 35.94	700m: 8:14.31 35.47			
	150m: 1:41.47 35.19	350m: 4:04.93 35.74	550m: 6:27.70 35.67	750m: 8:49.11 34.80			
	200m: 2:17.47 36.00	400m: 4:40.52 35.59	600m: 7:03.56 35.86	800m: 9:23.61 34.50			
28.	CORREIA Tiago Almeida	06	Natacao do Montijo	9:23.81	+0,88	515	
	50m: 29.81 29.81	250m: 2:49.11 35.93	450m: 5:13.26 36.11	650m: 7:38.16 36.33			
	100m: 1:03.13 33.32	300m: 3:25.11 36.00	500m: 5:49.36 36.10	700m: 8:14.58 36.42			
	150m: 1:38.09 34.96	350m: 4:00.96 35.85	550m: 6:25.60 36.24	750m: 8:50.33 35.75			
	200m: 2:13.18 35.09	400m: 4:37.15 36.19	600m: 7:01.83 36.23	800m: 9:23.81 33.48			
29.	MESQUITA Tomas Afonso	07	Benfica	9:25.46	+0,77	511	
	50m: 31.14 31.14	250m: 2:49.70 34.88	450m: 5:11.78 35.49	650m: 7:37.42 36.42			
	100m: 1:05.48 34.34	300m: 3:25.10 35.40	500m: 5:47.97 36.19	700m: 8:13.86 36.44			
	150m: 1:40.04 34.56	350m: 4:00.65 35.55	550m: 6:24.56 36.59	750m: 8:49.81 35.95			
	200m: 2:14.82 34.78	400m: 4:36.29 35.64	600m: 7:01.00 36.44	800m: 9:25.46 35.65			
30.	CARREIRA Duarte Maria	07	Porto	9:25.89	+0,73	509	
	50m: 31.74 31.74	250m: 2:54.52 36.42	450m: 5:16.77 35.23	650m: 7:38.61 35.49			
	100m: 1:06.50 34.76	300m: 3:30.60 36.08	500m: 5:52.25 35.48	700m: 8:14.55 35.94			
	150m: 1:42.07 35.57	350m: 4:06.33 35.73	550m: 6:27.60 35.35	750m: 8:50.27 35.72			
	200m: 2:18.10 36.03	400m: 4:41.54 35.21	600m: 7:03.12 35.52	800m: 9:25.89 35.62			
31.	GOMES Miguel Braga	07	Sporting	9:26.55	+0,73	508	
	50m: 30.84 30.84	250m: 2:52.30 35.94	450m: 5:15.45 35.71	650m: 7:39.12 36.05			
	100m: 1:05.14 34.30	300m: 3:28.23 35.93	500m: 5:51.18 35.73	700m: 8:15.40 36.28			
	150m: 1:40.57 35.43	350m: 4:03.95 35.72	550m: 6:27.02 35.84	750m: 8:51.09 35.69			
	200m: 2:16.36 35.79	400m: 4:39.74 35.79	600m: 7:03.07 36.05	800m: 9:26.55 35.46			
32.	SOARES Guilherme Mahua	07	Porto	9:29.09	+0,81	501	
	50m: 31.17 31.17	250m: 2:54.50 35.56	450m: 5:19.39 36.11	650m: 7:43.33 36.26			
	100m: 1:06.54 35.37	300m: 3:30.96 36.46	500m: 5:54.94 35.55	700m: 8:19.35 36.02			
	150m: 1:42.55 36.01	350m: 4:06.94 35.98	550m: 6:31.15 36.21	750m: 8:55.10 35.75			
	200m: 2:18.94 36.39	400m: 4:43.28 36.34	600m: 7:07.07 35.92	800m: 9:29.09 33.99			
33.	NOGUEIRA Afonso Miguel	07	Braga	9:30.37	+0,76	498	
	50m: 31.22 31.22	250m: 2:54.43 36.18	450m: 5:19.27 36.95	650m: 7:45.00 37.01			
	100m: 1:06.05 34.83	300m: 3:30.36 35.93	500m: 5:55.42 36.15	700m: 8:21.34 36.34			
	150m: 1:42.42 36.37	350m: 4:06.44 36.08	550m: 6:31.93 36.51	750m: 8:57.39 36.05			
	200m: 2:18.25 35.83	400m: 4:42.32 35.88	600m: 7:07.99 36.06	800m: 9:30.37 32.98			
34.	MARQUES Jose Januario	07	Pimpoes/Cimai	9:30.77	+0,77	497	
	50m: 31.50 31.50	250m: 2:55.59 36.05	450m: 5:20.71 36.46	650m: 7:46.27 36.28			
	100m: 1:07.35 35.85	300m: 3:31.71 36.12	500m: 5:56.64 35.93	700m: 8:22.31 36.04			
	150m: 1:43.33 35.98	350m: 4:07.83 36.12	550m: 6:33.62 36.98	750m: 8:57.96 35.65			
	200m: 2:19.54 36.21	400m: 4:44.25 36.42	600m: 7:09.99 36.37	800m: 9:30.77 32.81			
35.	NETO Ricardo Freitas	06	Sporting	9:31.40	+0,72	495	
	50m: 30.35 30.35	250m: 2:50.05 35.73	450m: 5:14.94 36.39	650m: 7:41.44 36.83			
	100m: 1:03.95 33.60	300m: 3:26.02 35.97	500m: 5:51.28 36.34	700m: 8:18.27 36.83			
	150m: 1:39.06 35.11	350m: 4:02.29 36.27	550m: 6:27.80 36.52	750m: 8:55.30 37.03			
	200m: 2:14.32 35.26	400m: 4:38.55 36.26	600m: 7:04.61 36.81	800m: 9:31.40 36.10			

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 28 a 31 de Julho de 2022



Prova 46, Masc., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
36.	SANTOS Tomas Nolan	06	Nautico Academico	9:31.56	+0,69	494	
	50m: 30.84 30.84	250m: 2:51.05 35.80	450m: 5:15.74 36.59	650m: 7:41.72 36.34			
	100m: 1:05.20 34.36	300m: 3:26.83 35.78	500m: 5:52.22 36.48	700m: 8:18.67 36.95			
	150m: 1:40.39 35.19	350m: 4:02.84 36.01	550m: 6:28.70 36.48	750m: 8:55.46 36.79			
	200m: 2:15.25 34.86	400m: 4:39.15 36.31	600m: 7:05.38 36.68	800m: 9:31.56 36.10			
37.	FERREIRA Goncalo Andre	07	Ginasio de Vila Real	9:31.57	+0,84	494	
	50m: 30.38 30.38	250m: 2:52.86 36.34	450m: 5:19.12 36.03	650m: 7:44.74 36.38			
	100m: 1:04.66 34.28	300m: 3:29.58 36.72	500m: 5:55.52 36.40	700m: 8:20.77 36.03			
	150m: 1:40.32 35.66	350m: 4:06.25 36.67	550m: 6:31.68 36.16	750m: 8:56.68 35.91			
	200m: 2:16.52 36.20	400m: 4:43.09 36.84	600m: 7:08.36 36.68	800m: 9:31.57 34.89			
38.	STARYNSKY Daniel	06	Benedita	9:34.35	+0,74	487	
	50m: 30.46 30.46	250m: 2:51.33 35.42	450m: 5:17.22 37.35	650m: 7:45.67 37.19			
	100m: 1:04.63 34.17	300m: 3:27.60 36.27	500m: 5:53.81 36.59	700m: 8:22.39 36.72			
	150m: 1:39.79 35.16	350m: 4:03.87 36.27	550m: 6:31.20 37.39	750m: 8:59.23 36.84			
	200m: 2:15.91 36.12	400m: 4:39.87 36.00	600m: 7:08.48 37.28	800m: 9:34.35 35.12			
39.	CURJOS Cristian	07	Ba-Leiria	9:35.16	+0,72	485	
	50m: 31.64 31.64	250m: 2:56.67 36.85	450m: 5:24.76 37.26	650m: 7:51.93 36.29			
	100m: 1:07.05 35.41	300m: 3:33.54 36.87	500m: 6:01.80 37.04	700m: 8:28.01 36.08			
	150m: 1:43.18 36.13	350m: 4:10.38 36.84	550m: 6:38.56 36.76	750m: 9:03.21 35.20			
	200m: 2:19.82 36.64	400m: 4:47.50 37.12	600m: 7:15.64 37.08	800m: 9:35.16 31.95			
40.	FERREIRA Joao Rafael	06	Nautico Academico	9:37.03	+0,68	481	
	50m: 30.78 30.78	250m: 2:50.79 35.53	450m: 5:16.16 36.91	650m: 7:47.26 37.53			
	100m: 1:04.99 34.21	300m: 3:26.52 35.73	500m: 5:53.88 37.72	700m: 8:24.66 37.40			
	150m: 1:39.97 34.98	350m: 4:02.41 35.89	550m: 6:31.99 38.11	750m: 9:01.78 37.12			
	200m: 2:15.26 35.29	400m: 4:39.25 36.84	600m: 7:09.73 37.74	800m: 9:37.03 35.25			
41.	JESUS David Martins	07	Sao Roque	9:38.89	+0,57	476	
	50m: 30.47 30.47	250m: 2:52.92 36.73	450m: 5:19.50 36.97	650m: 7:48.34 37.63			
	100m: 1:04.58 34.11	300m: 3:28.96 36.04	500m: 5:56.21 36.71	700m: 8:26.03 37.69			
	150m: 1:40.08 35.50	350m: 4:06.06 37.10	550m: 6:33.37 37.16	750m: 9:02.38 36.35			
	200m: 2:16.19 36.11	400m: 4:42.53 36.47	600m: 7:10.71 37.34	800m: 9:38.89 36.51			
42.	ANTUNES David Luis	07	Fluvial Portuense	9:39.29	+0,74	475	
	50m: 30.60 30.60	250m: 2:55.40 36.85	450m: 5:23.28 37.02	650m: 7:51.75 36.77			
	100m: 1:05.64 35.04	300m: 3:32.22 36.82	500m: 6:00.57 37.29	700m: 8:29.20 37.45			
	150m: 1:41.68 36.04	350m: 4:09.27 37.05	550m: 6:37.64 37.07	750m: 9:04.74 35.54			
	200m: 2:18.55 36.87	400m: 4:46.26 36.99	600m: 7:14.98 37.34	800m: 9:39.29 34.55			
43.	MANES Bernardo Silva	07	Bombeiros de Ponta Delgada	9:39.38	+0,71	475	
	50m: 31.46 31.46	250m: 2:57.91 37.52	450m: 5:26.05 36.90	650m: 7:52.64 36.34			
	100m: 1:06.83 35.37	300m: 3:34.88 36.97	500m: 6:02.78 36.73	700m: 8:29.21 36.57			
	150m: 1:43.66 36.83	350m: 4:12.27 37.39	550m: 6:39.72 36.94	750m: 9:04.68 35.47			
	200m: 2:20.39 36.73	400m: 4:49.15 36.88	600m: 7:16.30 36.58	800m: 9:39.38 34.70			
44.	PINTO Pedro Miguel	07	Fafe	9:40.85	+0,80	471	
	50m: 31.69 31.69	250m: 2:55.54 36.21	450m: 5:22.46 37.07	650m: 7:50.60 37.22			
	100m: 1:07.16 35.47	300m: 3:31.99 36.45	500m: 5:59.29 36.83	700m: 8:27.99 37.39			
	150m: 1:43.17 36.01	350m: 4:08.65 36.66	550m: 6:36.44 37.15	750m: 9:04.65 36.66			
	200m: 2:19.33 36.16	400m: 4:45.39 36.74	600m: 7:13.38 36.94	800m: 9:40.85 36.20			

Prova 46, Masc., 800m Livres, Juvenis

Lugar	Nome			Ano	Clube			Tempo Final		TReac	Pts FINA	Pts
45.	PINTO Guilherme Romeira			07	Sporting de Espinho			9:41.52		+0,92	469	
	50m:	31.62	31.62	250m:	2:57.69	37.13	450m:	5:26.89	37.04	650m:	7:55.26	36.74
	100m:	1:06.94	35.32	300m:	3:35.02	37.33	500m:	6:04.21	37.32	700m:	8:32.09	36.83
	150m:	1:43.80	36.86	350m:	4:12.52	37.50	550m:	6:41.36	37.15	750m:	9:07.76	35.67
	200m:	2:20.56	36.76	400m:	4:49.85	37.33	600m:	7:18.52	37.16	800m:	9:41.52	33.76
46.	SANTOS Tomas Alexandre			07	BUZIOS - Coruche			9:41.91		+0,77	469	
	50m:	31.79	31.79	250m:	2:56.97	36.50	450m:	5:25.82	37.46	650m:	7:55.38	37.34
	100m:	1:06.69	34.90	300m:	3:34.20	37.23	500m:	6:03.00	37.18	700m:	8:32.63	37.25
	150m:	1:43.50	36.81	350m:	4:11.41	37.21	550m:	6:40.91	37.91	750m:	9:08.70	36.07
	200m:	2:20.47	36.97	400m:	4:48.36	36.95	600m:	7:18.04	37.13	800m:	9:41.91	33.21
47.	SARAGOCA Eduardo Sousa			07	Viana Natacao			9:44.48		+0,76	462	
	50m:	31.97	31.97	250m:	2:57.67	36.75	450m:	5:26.33	37.16	650m:	7:54.81	37.09
	100m:	1:07.79	35.82	300m:	3:34.56	36.89	500m:	6:03.62	37.29	700m:	8:32.04	37.23
	150m:	1:44.24	36.45	350m:	4:12.17	37.61	550m:	6:40.92	37.30	750m:	9:08.40	36.36
	200m:	2:20.92	36.68	400m:	4:49.17	37.00	600m:	7:17.72	36.80	800m:	9:44.48	36.08
48.	SILVA David Ferreira			07	Academica de Coimbra			9:47.47		+0,75	455	
	50m:	32.26	32.26	250m:	2:55.96	36.86	450m:	5:24.07	36.99	650m:	7:54.88	37.86
	100m:	1:06.98	34.72	300m:	3:32.96	37.00	500m:	6:01.73	37.66	700m:	8:32.54	37.66
	150m:	1:42.67	35.69	350m:	4:09.84	36.88	550m:	6:39.24	37.51	750m:	9:10.42	37.88
	200m:	2:19.10	36.43	400m:	4:47.08	37.24	600m:	7:17.02	37.78	800m:	9:47.47	37.05
49.	VALES Paulo Tiago			07	Porto			9:48.34		+0,82	453	
	50m:	30.91	30.91	250m:	2:55.76	36.88	450m:	5:24.68	37.32	650m:	7:56.95	38.44
	100m:	1:05.88	34.97	300m:	3:33.23	37.47	500m:	6:02.53	37.85	700m:	8:34.69	37.74
	150m:	1:42.00	36.12	350m:	4:10.27	37.04	550m:	6:40.52	37.99	750m:	9:12.25	37.56
	200m:	2:18.88	36.88	400m:	4:47.36	37.09	600m:	7:18.51	37.99	800m:	9:48.34	36.09
50.	CORREIA Diogo Filipe			07	Braga			9:52.95		+0,77	443	
	50m:	32.78	32.78	250m:	3:00.62	36.77	450m:	5:30.91	37.30	650m:	8:02.55	37.86
	100m:	1:08.78	36.00	300m:	3:38.08	37.46	500m:	6:08.97	38.06	700m:	8:40.65	38.10
	150m:	1:45.71	36.93	350m:	4:15.94	37.86	550m:	6:46.58	37.61	750m:	9:17.13	36.48
	200m:	2:23.85	38.14	400m:	4:53.61	37.67	600m:	7:24.69	38.11	800m:	9:52.95	35.82
51.	MARTELO Francisco Bernardes			07	Porto			10:03.39		+0,76	420	
	50m:	31.12	31.12	250m:	2:59.41	37.85	450m:	5:34.12	37.74	650m:	8:08.58	38.43
	100m:	1:06.94	35.82	300m:	3:38.65	39.24	500m:	6:12.95	38.83	700m:	8:47.23	38.65
	150m:	1:43.83	36.89	350m:	4:17.12	38.47	550m:	6:51.12	38.17	750m:	9:25.67	38.44
	200m:	2:21.56	37.73	400m:	4:56.38	39.26	600m:	7:30.15	39.03	800m:	10:03.39	37.72
52.	MARTINS Pedro Lages			07	Alges e Agueda XXI			10:06.79		+0,71	413	
	50m:	32.26	32.26	250m:	3:01.85	38.34	450m:	5:36.19	39.01	650m:	8:12.85	39.06
	100m:	1:08.09	35.83	300m:	3:39.96	38.11	500m:	6:15.27	39.08	700m:	8:51.15	38.30
	150m:	1:45.58	37.49	350m:	4:18.76	38.80	550m:	6:54.71	39.44	750m:	9:29.60	38.45
	200m:	2:23.51	37.93	400m:	4:57.18	38.42	600m:	7:33.79	39.08	800m:	10:06.79	37.19
53.	ALVES Mateus Jose			07	Bombeiros de Ponta Delgada			10:12.35		+0,70	402	
	50m:	32.38	32.38	250m:	3:02.69	38.37	450m:	5:38.13	38.97	650m:	8:14.89	39.28
	100m:	1:08.55	36.17	300m:	3:41.32	38.63	500m:	6:17.41	39.28	700m:	8:54.19	39.30
	150m:	1:46.18	37.63	350m:	4:20.04	38.72	550m:	6:56.25	38.84	750m:	9:33.73	39.54
	200m:	2:24.32	38.14	400m:	4:59.16	39.12	600m:	7:35.61	39.36	800m:	10:12.35	38.62

Prova 46, Masc., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
54.	LAVAJO Martim Nuno	07	Academico Viseu	10:13.01	+0,79	401	
	50m: 30.85 30.85	250m: 2:58.62 37.89	450m: 5:35.58 39.68	650m: 8:15.89 40.43			
	100m: 1:06.78 35.93	300m: 3:37.19 38.57	500m: 6:15.07 39.49	700m: 8:55.88 39.99			
	150m: 1:43.49 36.71	350m: 4:16.50 39.31	550m: 6:55.45 40.38	750m: 9:35.97 40.09			
	200m: 2:20.73 37.24	400m: 4:55.90 39.40	600m: 7:35.46 40.01	800m: 10:13.01 37.04			
DNS	RAMOS Gustavo Gomes	06	Porto				