

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 28 a 31 de Julho de 2022



Prova 45 Femin., 800m Livres Juvenis
30/07/2022 - 16:00 Resultados

Rec Nac Absoluto	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23/06/2018
Rec Nac Juv A	8:50.68	HOLUB Tamila Hryhorivna	SCB	Oeiras	27/07/2014
Rec Nac Juv B	9:07.70	SILVA Alexandra Maria	POR	Split (CRO)	10/09/1981

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	NEVES Maria Gomes	08	Braga	9:33.69	+0,65	603	
	50m: 32.30 32.30	250m: 2:55.48	36.27	450m: 5:20.45	35.83	650m: 7:46.64	36.65
	100m: 1:07.36 35.06	300m: 3:31.87	36.39	500m: 5:56.74	36.29	700m: 8:23.36	36.72
	150m: 1:43.13 35.77	350m: 4:08.19	36.32	550m: 6:33.17	36.43	750m: 8:58.91	35.55
	200m: 2:19.21 36.08	400m: 4:44.62	36.43	600m: 7:09.99	36.82	800m: 9:33.69	34.78
2.	AGUILAR Marta Andre	07	Nautico Academico	9:40.40	+0,70	582	
	50m: 33.26 33.26	250m: 2:56.57	36.07	450m: 5:23.11	37.02	650m: 7:51.42	37.53
	100m: 1:08.64 35.38	300m: 3:32.89	36.32	500m: 5:59.33	36.22	700m: 8:28.12	36.70
	150m: 1:44.66 36.02	350m: 4:09.53	36.64	550m: 6:36.57	37.24	750m: 9:04.72	36.60
	200m: 2:20.50 35.84	400m: 4:46.09	36.56	600m: 7:13.89	37.32	800m: 9:40.40	35.68
3.	PINTO Margarida Vieira	07	Braga	9:41.92	+0,80	578	
	50m: 32.21 32.21	250m: 2:55.51	36.67	450m: 5:24.19	37.54	650m: 7:53.64	37.45
	100m: 1:07.09 34.88	300m: 3:32.43	36.92	500m: 6:01.29	37.10	700m: 8:30.47	36.83
	150m: 1:42.53 35.44	350m: 4:09.56	37.13	550m: 6:38.88	37.59	750m: 9:07.35	36.88
	200m: 2:18.84 36.31	400m: 4:46.65	37.09	600m: 7:16.19	37.31	800m: 9:41.92	34.57
4.	CABRAL Carolina Vizinho	07	Natacao de Vagos	9:41.93	+0,84	578	
	50m: 32.42 32.42	250m: 2:57.30	36.51	450m: 5:25.12	37.06	650m: 7:55.03	37.26
	100m: 1:07.68 35.26	300m: 3:33.96	36.66	500m: 6:02.75	37.63	700m: 8:32.19	37.16
	150m: 1:43.85 36.17	350m: 4:11.13	37.17	550m: 6:39.93	37.18	750m: 9:08.57	36.38
	200m: 2:20.79 36.94	400m: 4:48.06	36.93	600m: 7:17.77	37.84	800m: 9:41.93	33.36
5.	FERREIRA Carolina Amadeu	08	Leixoes	9:47.37	+0,75	562	
	50m: 32.67 32.67	250m: 2:58.46	37.11	450m: 5:28.41	37.43	650m: 7:57.91	37.27
	100m: 1:08.17 35.50	300m: 3:35.83	37.37	500m: 6:05.90	37.49	700m: 8:35.24	37.33
	150m: 1:44.75 36.58	350m: 4:13.48	37.65	550m: 6:43.44	37.54	750m: 9:12.19	36.95
	200m: 2:21.35 36.60	400m: 4:50.98	37.50	600m: 7:20.64	37.20	800m: 9:47.37	35.18
6.	ALMEIDA Bianca Filipa	07	Alges e Agueda XXI	9:48.18	+0,83	559	
	50m: 32.37 32.37	250m: 2:57.24	36.93	450m: 5:26.73	37.57	650m: 7:57.46	37.84
	100m: 1:07.35 34.98	300m: 3:34.27	37.03	500m: 6:04.28	37.55	700m: 8:34.67	37.21
	150m: 1:43.66 36.31	350m: 4:11.50	37.23	550m: 6:41.88	37.60	750m: 9:12.08	37.41
	200m: 2:20.31 36.65	400m: 4:49.16	37.66	600m: 7:19.62	37.74	800m: 9:48.18	36.10
7.	DIOGO Ines Miranda	07	Nautico Academico	9:51.06	+0,74	551	
	50m: 33.04 33.04	250m: 3:00.68	37.38	450m: 5:30.21	37.36	650m: 8:00.72	37.58
	100m: 1:09.15 36.11	300m: 3:38.19	37.51	500m: 6:07.85	37.64	700m: 8:38.25	37.53
	150m: 1:46.06 36.91	350m: 4:15.29	37.10	550m: 6:45.42	37.57	750m: 9:15.44	37.19
	200m: 2:23.30 37.24	400m: 4:52.85	37.56	600m: 7:23.14	37.72	800m: 9:51.06	35.62
8.	VIANA Matilde Violante	07	Ba-Leiria	9:51.53	+0,79	550	
	50m: 33.07 33.07	250m: 3:01.55	37.49	450m: 5:31.83	37.74	650m: 8:01.58	37.34
	100m: 1:09.00 35.93	300m: 3:39.03	37.48	500m: 6:09.21	37.38	700m: 8:38.56	36.98
	150m: 1:46.64 37.64	350m: 4:16.70	37.67	550m: 6:47.09	37.88	750m: 9:15.74	37.18
	200m: 2:24.06 37.42	400m: 4:54.09	37.39	600m: 7:24.24	37.15	800m: 9:51.53	35.79

Splash Meet Manager, 11.73733

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



MUNICÍPIO DE Oeiras



Prova 45, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	FREITAS Diana Gomes	08	Amigos da Montanha	10:00.76	+0,94	525	
	50m: 33.52 33.52	250m: 3:03.20	38.29	450m: 5:36.44	38.50	650m: 8:09.26	38.17
	100m: 1:10.03 36.51	300m: 3:41.21	38.01	500m: 6:14.83	38.39	700m: 8:46.98	37.72
	150m: 1:47.27 37.24	350m: 4:20.04	38.83	550m: 6:52.95	38.12	750m: 9:24.90	37.92
	200m: 2:24.91 37.64	400m: 4:57.94	37.90	600m: 7:31.09	38.14	800m: 10:00.76	35.86
10.	SANTOS Leonor Castanho	07	Sporting	10:05.05	+0,88	514	
	50m: 32.92 32.92	250m: 3:01.52	37.79	450m: 5:34.16	37.97	650m: 8:09.50	38.70
	100m: 1:08.71 35.79	300m: 3:39.54	38.02	500m: 6:12.74	38.58	700m: 8:48.64	39.14
	150m: 1:45.82 37.11	350m: 4:17.72	38.18	550m: 6:51.50	38.76	750m: 9:27.37	38.73
	200m: 2:23.73 37.91	400m: 4:56.19	38.47	600m: 7:30.80	39.30	800m: 10:05.05	37.68
11.	CRUZ Ana Carolina	08	Famalicao	10:05.42	+0,80	513	
	50m: 34.09 34.09	250m: 3:07.54	38.47	450m: 5:42.29	38.72	650m: 8:14.22	37.39
	100m: 1:11.86 37.77	300m: 3:46.21	38.67	500m: 6:20.95	38.66	700m: 8:51.95	37.73
	150m: 1:50.16 38.30	350m: 4:24.84	38.63	550m: 6:59.41	38.46	750m: 9:29.18	37.23
	200m: 2:29.07 38.91	400m: 5:03.57	38.73	600m: 7:36.83	37.42	800m: 10:05.42	36.24
12.	BARBOSA Sofia Teixeira	08	Porto	10:06.01	+0,95	511	
	50m: 34.96 34.96	250m: 3:09.36	38.83	450m: 5:43.27	38.55	650m: 8:15.47	37.70
	100m: 1:12.93 37.97	300m: 3:47.95	38.59	500m: 6:21.75	38.48	700m: 8:53.29	37.82
	150m: 1:51.86 38.93	350m: 4:26.64	38.69	550m: 6:59.72	37.97	750m: 9:30.27	36.98
	200m: 2:30.53 38.67	400m: 5:04.72	38.08	600m: 7:37.77	38.05	800m: 10:06.01	35.74
13.	SANTOS Emilly Gabrieli	08	Natacao Triatlo Lisboa	10:09.88	+0,91	502	
	50m: 34.23 34.23	250m: 3:07.39	38.61	450m: 5:41.63	38.33	650m: 8:17.07	38.91
	100m: 1:11.59 37.36	300m: 3:46.12	38.73	500m: 6:20.51	38.88	700m: 8:56.30	39.23
	150m: 1:49.83 38.24	350m: 4:24.66	38.54	550m: 6:58.79	38.28	750m: 9:33.42	37.12
	200m: 2:28.78 38.95	400m: 5:03.30	38.64	600m: 7:38.16	39.37	800m: 10:09.88	36.46
14.	CUNHA Margarida Ribeiro	07	Braga	10:10.14	+0,65	501	
	50m: 33.42 33.42	250m: 3:04.85	38.52	450m: 5:39.68	38.57	650m: 8:15.59	38.96
	100m: 1:10.34 36.92	300m: 3:43.31	38.46	500m: 6:18.86	39.18	700m: 8:54.48	38.89
	150m: 1:48.43 38.09	350m: 4:22.04	38.73	550m: 6:57.98	39.12	750m: 9:32.70	38.22
	200m: 2:26.33 37.90	400m: 5:01.11	39.07	600m: 7:36.63	38.65	800m: 10:10.14	37.44
15.	LOPES Catarina Maria	08	BUZIOS - Coruche	10:13.79	+0,85	492	
	50m: 34.17 34.17	250m: 3:07.67	38.72	450m: 5:42.94	39.02	650m: 8:19.49	39.33
	100m: 1:11.88 37.71	300m: 3:46.28	38.61	500m: 6:21.66	38.72	700m: 8:58.77	39.28
	150m: 1:50.27 38.39	350m: 4:25.24	38.96	550m: 7:01.26	39.60	750m: 9:37.71	38.94
	200m: 2:28.95 38.68	400m: 5:03.92	38.68	600m: 7:40.16	38.90	800m: 10:13.79	36.08
16.	GOMES Rita Cunha	07	Viana Natacao	10:13.81	+0,91	492	
	50m: 33.84 33.84	250m: 3:05.66	39.10	450m: 5:42.91	39.39	650m: 8:18.87	39.05
	100m: 1:10.36 36.52	300m: 3:44.63	38.97	500m: 6:22.25	39.34	700m: 8:57.77	38.90
	150m: 1:48.51 38.15	350m: 4:24.35	39.72	550m: 7:00.85	38.60	750m: 9:36.25	38.48
	200m: 2:26.56 38.05	400m: 5:03.52	39.17	600m: 7:39.82	38.97	800m: 10:13.81	37.56
17.	SOARES Leonor Carvalho	08	Porto	10:15.70	+0,89	488	
	50m: 34.77 34.77	250m: 3:09.71	38.86	450m: 5:44.83	38.70	650m: 8:20.92	39.26
	100m: 1:12.92 38.15	300m: 3:48.64	38.93	500m: 6:23.53	38.70	700m: 8:59.75	38.83
	150m: 1:51.82 38.90	350m: 4:27.54	38.90	550m: 7:02.67	39.14	750m: 9:38.59	38.84
	200m: 2:30.85 39.03	400m: 5:06.13	38.59	600m: 7:41.66	38.99	800m: 10:15.70	37.11

Prova 45, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
18.	LUIZ Margarida Maria	08	Lagoa AC	10:16.97	+0,89	485	
	50m: 35.41 35.41	250m: 3:10.96	39.29	450m: 5:48.45	39.03	650m: 8:23.78	38.66
	100m: 1:13.41 38.00	300m: 3:50.22	39.26	500m: 6:27.81	39.36	700m: 9:02.06	38.28
	150m: 1:52.27 38.86	350m: 4:29.58	39.36	550m: 7:06.48	38.67	750m: 9:39.68	37.62
	200m: 2:31.67 39.40	400m: 5:09.42	39.84	600m: 7:45.12	38.64	800m: 10:16.97	37.29
19.	CORTESAO Maria Manuel	08	Nautico Academico	10:18.82	+0,77	480	
	50m: 35.44 35.44	250m: 3:12.05	39.37	450m: 5:48.76	39.16	650m: 8:25.04	39.02
	100m: 1:14.06 38.62	300m: 3:51.31	39.26	500m: 6:27.82	39.06	700m: 9:03.83	38.79
	150m: 1:53.53 39.47	350m: 4:30.60	39.29	550m: 7:07.06	39.24	750m: 9:41.72	37.89
	200m: 2:32.68 39.15	400m: 5:09.60	39.00	600m: 7:46.02	38.96	800m: 10:18.82	37.10
20.	JORGE Sofia Pereira	08	Galitos / Bresimar	10:23.08	+0,89	471	
	50m: 34.93 34.93	250m: 3:12.68	39.91	450m: 5:50.24	39.10	650m: 8:29.52	39.58
	100m: 1:13.29 38.36	300m: 3:52.38	39.70	500m: 6:30.18	39.94	700m: 9:08.03	38.51
	150m: 1:52.90 39.61	350m: 4:31.92	39.54	550m: 7:10.70	40.52	750m: 9:45.50	37.47
	200m: 2:32.77 39.87	400m: 5:11.14	39.22	600m: 7:49.94	39.24	800m: 10:23.08	37.58
21.	PINTO Lara Filipa	08	Porto	10:27.18	+0,80	461	
	50m: 35.84 35.84	250m: 3:12.86	39.18	450m: 5:49.03	39.06	650m: 8:28.51	39.89
	100m: 1:14.91 39.07	300m: 3:51.82	38.96	500m: 6:28.60	39.57	700m: 9:08.60	40.09
	150m: 1:54.67 39.76	350m: 4:31.07	39.25	550m: 7:09.04	40.44	750m: 9:48.37	39.77
	200m: 2:33.68 39.01	400m: 5:09.97	38.90	600m: 7:48.62	39.58	800m: 10:27.18	38.81
22.	GOMES Rita Silva	08	Colegio Efanor	10:29.65	+0,82	456	
	50m: 34.82 34.82	250m: 3:10.26	39.72	450m: 5:48.94	39.07	650m: 8:30.13	40.59
	100m: 1:12.98 38.16	300m: 3:50.02	39.76	500m: 6:29.06	40.12	700m: 9:10.84	40.71
	150m: 1:51.63 38.65	350m: 4:29.58	39.56	550m: 7:09.19	40.13	750m: 9:51.22	40.38
	200m: 2:30.54 38.91	400m: 5:09.87	40.29	600m: 7:49.54	40.35	800m: 10:29.65	38.43
23.	BAIONA Raquel Santos	08	Colegio Monte Maior	10:31.38	+0,85	452	
	50m: 35.41 35.41	250m: 3:14.78	40.20	450m: 5:54.78	39.80	650m: 8:33.98	39.43
	100m: 1:14.44 39.03	300m: 3:54.90	40.12	500m: 6:34.65	39.87	700m: 9:13.50	39.52
	150m: 1:54.43 39.99	350m: 4:35.09	40.19	550m: 7:14.41	39.76	750m: 9:52.68	39.18
	200m: 2:34.58 40.15	400m: 5:14.98	39.89	600m: 7:54.55	40.14	800m: 10:31.38	38.70
24.	PINTO Luciana Filipa	08	Porto	10:37.37	+0,77	440	
	50m: 36.25 36.25	250m: 3:17.49	40.25	450m: 5:57.20	40.10	650m: 8:38.22	40.44
	100m: 1:16.63 40.38	300m: 3:57.31	39.82	500m: 6:37.39	40.19	700m: 9:18.22	40.00
	150m: 1:56.60 39.97	350m: 4:37.22	39.91	550m: 7:17.60	40.21	750m: 9:57.93	39.71
	200m: 2:37.24 40.64	400m: 5:17.10	39.88	600m: 7:57.78	40.18	800m: 10:37.37	39.44
25.	SANTOS Teresa Oliveira	08	Natacao Triatlo Lisboa	10:40.30	+0,94	434	
	50m: 35.35 35.35	250m: 3:16.48	41.23	450m: 6:00.54	40.15	650m: 8:43.01	40.20
	100m: 1:14.33 38.98	300m: 3:58.66	42.18	500m: 6:41.11	40.57	700m: 9:22.78	39.77
	150m: 1:55.47 41.14	350m: 4:39.73	41.07	550m: 7:22.29	41.18	750m: 10:02.08	39.30
	200m: 2:35.25 39.78	400m: 5:20.39	40.66	600m: 8:02.81	40.52	800m: 10:40.30	38.22
26.	CASTRO Laura Doellinger	08	Fafe	10:45.17		424	
	50m: 35.46 35.46	250m: 3:20.32	41.30	450m: 6:04.71	39.70	650m: 8:45.91	39.82
	100m: 1:15.72 40.26	300m: 4:01.79	41.47	500m: 6:45.25	40.54	700m: 9:26.74	40.83
	150m: 1:57.10 41.38	350m: 4:43.64	41.85	550m: 7:25.74	40.49	750m: 10:06.95	40.21
	200m: 2:39.02 41.92	400m: 5:25.01	41.37	600m: 8:06.09	40.35	800m: 10:45.17	38.22

Prova 45, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
27.	FONSECA Lara Sofia	08	Academico Viseu	10:48.68	+0,72	417	
	50m: 33.95 33.95	250m: 3:16.40	41.89	450m: 6:01.47	41.56	650m: 8:46.62	41.11
	100m: 1:12.78 38.83	300m: 3:57.46	41.06	500m: 6:42.65	41.18	700m: 9:27.47	40.85
	150m: 1:53.22 40.44	350m: 4:38.44	40.98	550m: 7:24.35	41.70	750m: 10:08.95	41.48
	200m: 2:34.51 41.29	400m: 5:19.91	41.47	600m: 8:05.51	41.16	800m: 10:48.68	39.73
28.	FERREIRA Lara Mota	08	Fafe	10:49.21	+0,86	416	
	50m: 36.03 36.03	250m: 3:18.99	41.64	450m: 6:03.79	41.35	650m: 8:48.65	40.71
	100m: 1:15.57 39.54	300m: 3:59.98	40.99	500m: 6:45.05	41.26	700m: 9:29.75	41.10
	150m: 1:56.69 41.12	350m: 4:41.08	41.10	550m: 7:27.14	42.09	750m: 10:10.22	40.47
	200m: 2:37.35 40.66	400m: 5:22.44	41.36	600m: 8:07.94	40.80	800m: 10:49.21	38.99
29.	GONCALVES Maria Meleiro	08	Galitos / Bresimar	10:59.04	+0,83	398	
	50m: 36.47 36.47	250m: 3:20.47	42.09	450m: 6:07.77	42.30	650m: 8:55.82	41.95
	100m: 1:16.53 40.06	300m: 4:01.57	41.10	500m: 6:50.00	42.23	700m: 9:37.94	42.12
	150m: 1:57.33 40.80	350m: 4:43.84	42.27	550m: 7:32.13	42.13	750m: 10:18.85	40.91
	200m: 2:38.38 41.05	400m: 5:25.47	41.63	600m: 8:13.87	41.74	800m: 10:59.04	40.19