

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 28 a 31 de Julho de 2022



Prova 36

Masc., 400m Livres

Juvenis

29/07/2022 - 18:40

Resultados Final

Rec Nac Absoluto	3:50.56	LOPES Jose Paulo	POR	Barcelona (ESP)	06/06/2021
Rec Nac Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21/07/2009
Rec Nac Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29/07/2006

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FRAZAO Francisco Couto	06	Uniao Coimbra	4:15.02	+0,86	642	
	50m: 29.54 29.54	150m: 1:34.41 32.47	250m: 2:39.57 32.43	350m: 3:44.15 31.88			
	100m: 1:01.94 32.40	200m: 2:07.14 32.73	300m: 3:12.27 32.70	400m: 4:15.02 30.87			
2.	BAPTISTA Guilherme Fernandes	06	Benfica	4:17.37	+0,79	625	
	50m: 28.70 28.70	150m: 1:33.52 32.77	250m: 2:39.34 33.04	350m: 3:45.38 32.70			
	100m: 1:00.75 32.05	200m: 2:06.30 32.78	300m: 3:12.68 33.34	400m: 4:17.37 31.99			
3.	LOUREIRO Bruno Silva	06	Porto	4:18.33	+0,81	618	
	50m: 29.22 29.22	150m: 1:34.45 32.81	250m: 2:40.91 33.33	350m: 3:46.65 32.37			
	100m: 1:01.64 32.42	200m: 2:07.58 33.13	300m: 3:14.28 33.37	400m: 4:18.33 31.68			
4.	ALVES Andre Correia	06	Uniao Piedense	4:18.75	+0,76	615	
	50m: 28.61 28.61	150m: 1:32.46 32.45	250m: 2:38.99 33.36	350m: 3:46.35 33.44			
	100m: 1:00.01 31.40	200m: 2:05.63 33.17	300m: 3:12.91 33.92	400m: 4:18.75 32.40			
5.	MORARI Alexandre	07	Rio Maior	4:19.16	+0,75	612	
	50m: 29.39 29.39	150m: 1:34.37 32.88	250m: 2:40.67 33.18	350m: 3:47.16 32.88			
	100m: 1:01.49 32.10	200m: 2:07.49 33.12	300m: 3:14.28 33.61	400m: 4:19.16 32.00			
6.	JEVIC Milan Santos	06	Braga	4:22.93	+0,81	586	
	50m: 28.93 28.93	150m: 1:35.07 33.53	250m: 2:43.04 34.00	350m: 3:51.06 34.04			
	100m: 1:01.54 32.61	200m: 2:09.04 33.97	300m: 3:17.02 33.98	400m: 4:22.93 31.87			
7.	ASMAR Axel Guedes	07	Sporting	4:23.08	+0,67	585	
	50m: 29.38 29.38	150m: 1:34.82 33.07	250m: 2:42.42 34.08	350m: 3:50.77 34.12			
	100m: 1:01.75 32.37	200m: 2:08.34 33.52	300m: 3:16.65 34.23	400m: 4:23.08 32.31			
8.	RODRIGUES Gil Afonso	07	Fluvial Portuense	4:23.35	+0,75	583	
	50m: 28.84 28.84	150m: 1:33.90 33.16	250m: 2:41.38 34.03	350m: 3:50.08 34.45			
	100m: 1:00.74 31.90	200m: 2:07.35 33.45	300m: 3:15.63 34.25	400m: 4:23.35 33.27			
9.	LARANJO Filipe Manso	07	Desportiva de Viana	4:23.99	+0,79	579	
	50m: 30.31 30.31	150m: 1:37.30 33.92	250m: 2:45.59 34.15	350m: 3:52.73 33.10			
	100m: 1:03.38 33.07	200m: 2:11.44 34.14	300m: 3:19.63 34.04	400m: 4:23.99 31.26			
10.	GOMES Rafael Rodrigues	06	Natacao do Tejo	4:32.48	+0,81	526	
	50m: 29.60 29.60	150m: 1:35.92 33.84	250m: 2:44.64 34.26	350m: 3:55.50 36.00			
	100m: 1:02.08 32.48	200m: 2:10.38 34.46	300m: 3:19.50 34.86	400m: 4:32.48 36.98			

Splash Meet Manager, 11.73733

Registered to Federacao Portuguesa De Natacao

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MUNICÍPIO DE OEIRAS



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Oeiras, 28 a 31 de Julho de 2022



Prova 36, Masc., 400m Livres, Final

Prova 36 Masc., 400m Livres Open
29/07/2022 - 18:40 Resultados Final

Rec Nac Absoluto	3:50.56	LOPES Jose Paulo	POR	Barcelona (ESP)	06/06/2021
Rec Nac Sen	3:50.56	LOPES Jose Paulo	POR	Barcelona (ESP)	06/06/2021
Rec Nac Jun18	3:53.79	LOPES Jose Paulo	SCB	Oeiras	28/07/2018
Rec Nac Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinki (FIN)	14/07/2010
Rec Nac Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21/07/2009
Rec Nac Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29/07/2006
Rec Nac Inf A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11/07/2004
Rec Nac Inf B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26/07/2003

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A							
1.	MARQUES Gustavo Pires	04	Uniao Coimbra	3:59.76	+0,65	773	
	50m: 26.77 26.77	150m: 1:27.33 30.65	250m: 2:28.94 30.48	350m: 3:30.17 30.56			
	100m: 56.68 29.91	200m: 1:58.46 31.13	300m: 2:59.61 30.67	400m: 3:59.76 29.59			
2.	SANTOS Pedro Miguel	01	Porto	4:00.74	+0,65	763	
	50m: 27.32 27.32	150m: 1:27.69 30.66	250m: 2:29.57 30.96	350m: 3:31.56 30.84			
	100m: 57.03 29.71	200m: 1:58.61 30.92	300m: 3:00.72 31.15	400m: 4:00.74 29.18			
3.	LOPES Tomas Teixeira	02	Vitoria Guimaraes	4:01.82	+0,69	753	
	50m: 27.23 27.23	150m: 1:27.76 30.77	250m: 2:31.36 32.09	350m: 3:33.26 30.41			
	100m: 56.99 29.76	200m: 1:59.27 31.51	300m: 3:02.85 31.49	400m: 4:01.82 28.56			
4.	ALMEIDA Bernardo Victorino	04	Sporting	4:02.03	+0,67	751	
	50m: 26.45 26.45	150m: 1:26.74 30.90	250m: 2:28.91 31.29	350m: 3:32.32 31.67			
	100m: 55.84 29.39	200m: 1:57.62 30.88	300m: 3:00.65 31.74	400m: 4:02.03 29.71			
5.	CARDOSO Diogo Santos	01	Sporting	4:02.27	+0,76	749	
	50m: 28.34 28.34	150m: 1:29.02 30.77	250m: 2:31.25 31.46	350m: 3:33.17 30.90			
	100m: 58.25 29.91	200m: 1:59.79 30.77	300m: 3:02.27 31.02	400m: 4:02.27 29.10			
6.	BELIG Xavier	97	C.N. Barcelona	4:04.34	+0,71	730	
	50m: 27.46 27.46	150m: 1:28.13 30.66	250m: 2:30.72 31.58	350m: 3:33.79 31.55			
	100m: 57.47 30.01	200m: 1:59.14 31.01	300m: 3:02.24 31.52	400m: 4:04.34 30.55			
7.	AMARAL Francisco Rodriguez	02	Porto	4:05.93	+0,72	716	
	50m: 27.83 27.83	150m: 1:29.08 30.98	250m: 2:31.13 31.33	350m: 3:34.51 31.54			
	100m: 58.10 30.27	200m: 1:59.80 30.72	300m: 3:02.97 31.84	400m: 4:05.93 31.42			
8.	COSTA Afonso Filipe	03	Louzan Natacao/EFAPEL	4:06.93	+0,67	707	
	50m: 27.03 27.03	150m: 1:27.75 30.67	250m: 2:30.54 31.35	350m: 3:35.16 32.35			
	100m: 57.08 30.05	200m: 1:59.19 31.44	300m: 3:02.81 32.27	400m: 4:06.93 31.77			
9.	BASTOS Lucas Pereira	00	Nautico Academico	4:07.40	+0,69	703	
	50m: 27.45 27.45	150m: 1:28.47 31.12	250m: 2:31.42 31.70	350m: 3:35.69 32.27			
	100m: 57.35 29.90	200m: 1:59.72 31.25	300m: 3:03.42 32.00	400m: 4:07.40 31.71			
10.	RIBEIRO Gustavo Carvalhais	03	Sporting	4:07.89	+0,76	699	
	50m: 27.13 27.13	150m: 1:27.40 30.57	250m: 2:31.02 31.89	350m: 3:36.01 32.66			
	100m: 56.83 29.70	200m: 1:59.13 31.73	300m: 3:03.35 32.33	400m: 4:07.89 31.88			

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Prova 36, Masc., 400m Livres, Final, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final B							
11.	YEGRES COTTIN Andres	02	C.N. Barcelona	4:06.84	+0,66	708	
	50m: 27.65 27.65	150m: 1:29.93 31.96	250m: 2:33.93 32.18	350m: 3:37.31 31.56			
	100m: 57.97 30.32	200m: 2:01.75 31.82	300m: 3:05.75 31.82	400m: 4:06.84 29.53			
12.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	4:08.26	+0,74	696	
	50m: 27.92 27.92	150m: 1:30.14 31.63	250m: 2:33.81 31.74	350m: 3:37.46 31.53			
	100m: 58.51 30.59	200m: 2:02.07 31.93	300m: 3:05.93 32.12	400m: 4:08.26 30.80			
13.	SILVA Afonso Carvalho	05	Famalicao	4:09.76	+0,67	684	
	50m: 28.86 28.86	150m: 1:32.05 31.91	250m: 2:36.25 32.22	350m: 3:39.28 31.33			
	100m: 1:00.14 31.28	200m: 2:04.03 31.98	300m: 3:07.95 31.70	400m: 4:09.76 30.48			
14.	CARDOSO Filipe Santos	04	Gafanha da Encarnacao	4:11.26	+0,64	671	
	50m: 28.95 28.95	150m: 1:32.76 32.22	250m: 2:37.69 32.41	350m: 3:41.22 31.22			
	100m: 1:00.54 31.59	200m: 2:05.28 32.52	300m: 3:10.00 32.31	400m: 4:11.26 30.04			
15.	SPIESS Alexandre Martinenko	98	Sporting	4:12.49	+0,75	662	
	50m: 28.90 28.90	150m: 1:31.36 31.65	250m: 2:35.27 31.95	350m: 3:39.89 32.59			
	100m: 59.71 30.81	200m: 2:03.32 31.96	300m: 3:07.30 32.03	400m: 4:12.49 32.60			
16.	LEITE Afonso Martim	05	Foca Quinta Da Lixa - Cnf	4:15.22	+0,78	641	
	50m: 28.83 28.83	150m: 1:32.67 32.20	250m: 2:37.82 32.70	350m: 3:43.37 32.61			
	100m: 1:00.47 31.64	200m: 2:05.12 32.45	300m: 3:10.76 32.94	400m: 4:15.22 31.85			
17.	CARDOSO Guilherme Maia	05	Columbofila Cantanhedense	4:15.40	+0,71	639	
	50m: 29.53 29.53	150m: 1:33.50 32.28	250m: 2:38.17 32.15	350m: 3:43.73 32.56			
	100m: 1:01.22 31.69	200m: 2:06.02 32.52	300m: 3:11.17 33.00	400m: 4:15.40 31.67			
18.	CARVALHO Goncalo Renato	04	Porto	4:15.76	+0,63	637	
	50m: 29.43 29.43	150m: 1:33.53 32.11	250m: 2:38.29 32.22	350m: 3:43.80 32.48			
	100m: 1:01.42 31.99	200m: 2:06.07 32.54	300m: 3:11.32 33.03	400m: 4:15.76 31.96			
19.	MORGADO Vasco Alves	05	Alges	4:16.92	+0,64	628	
	50m: 28.91 28.91	150m: 1:32.96 32.47	250m: 2:38.58 32.98	350m: 3:44.84 32.41			
	100m: 1:00.49 31.58	200m: 2:05.60 32.64	300m: 3:12.43 33.85	400m: 4:16.92 32.08			
20.	SOUSA Joao Maria	05	Braga	4:20.27	+0,83	604	
	50m: 28.33 28.33	150m: 1:32.31 32.52	250m: 2:39.33 33.69	350m: 3:47.27 33.82			
	100m: 59.79 31.46	200m: 2:05.64 33.33	300m: 3:13.45 34.12	400m: 4:20.27 33.00			