

Campeonato Nacional de Juvenis  
Campeonato Nacional Absolutos de Portugal OPEN  
Oeiras, 28 a 31 de Julho de 2022



Prova 2  
27/07/2022 - 17:45

Femin., 1500m Livres

Juvenis  
Resultados

Rec Nac Absoluto	16:15.12	DURAES Diana Margarida	SLB	Lisboa	09/02/2020
Rec Nac Juv A	16:54.60	HOLUB Tamila Hryhorivna	POR	Dordrecht (NED)	11/07/2014
Rec Nac Juv B	17:34.28	VELOSO Maria Miguel	CNAC	Coimbra	08/07/2007

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	<b>CABRAL Carolina Vizinho</b>	07	Natacao de Vagos	<b>18:18.75</b>	<b>+0,75</b>	<b>587</b>	
	50m: 32.01 32.01	450m: 5:22.42	36.76	850m: 10:19.30	37.75	1250m: 15:16.59	37.48
	100m: 1:07.52 35.51	500m: 5:59.16	36.74	900m: 10:56.71	37.41	1300m: 15:53.66	37.07
	150m: 1:43.89 36.37	550m: 6:36.34	37.18	950m: 11:33.57	36.86	1350m: 16:30.98	37.32
	200m: 2:20.18 36.29	600m: 7:13.25	36.91	1000m: 12:10.60	37.03	1400m: 17:07.77	36.79
	250m: 2:56.48 36.30	650m: 7:50.15	36.90	1050m: 12:47.83	37.23	1450m: 17:44.44	36.67
	300m: 3:32.74 36.26	700m: 8:27.18	37.03	1100m: 13:24.90	37.07	1500m: 18:18.75	34.31
	350m: 4:09.00 36.26	750m: 9:04.25	37.07	1150m: 14:01.97	37.07		
	400m: 4:45.66 36.66	800m: 9:41.55	37.30	1200m: 14:39.11	37.14		
2.	<b>ALMEIDA Bianca Filipa</b>	07	Alges e Agueda XXI	<b>18:20.95</b>	<b>+0,92</b>	<b>584</b>	
	50m: 32.77 32.77	450m: 5:24.85	36.94	850m: 10:21.92	37.36	1250m: 15:18.03	37.12
	100m: 1:08.36 35.59	500m: 6:01.72	36.87	900m: 10:58.75	36.83	1300m: 15:54.75	36.72
	150m: 1:44.72 36.36	550m: 6:38.76	37.04	950m: 11:35.90	37.15	1350m: 16:31.69	36.94
	200m: 2:21.32 36.60	600m: 7:15.74	36.98	1000m: 12:12.90	37.00	1400m: 17:08.53	36.84
	250m: 2:57.80 36.48	650m: 7:53.21	37.47	1050m: 12:49.76	36.86	1450m: 17:44.97	36.44
	300m: 3:34.30 36.50	700m: 8:30.11	36.90	1100m: 13:26.53	36.77	1500m: 18:20.95	35.98
	350m: 4:11.08 36.78	750m: 9:07.48	37.37	1150m: 14:03.75	37.22		
	400m: 4:47.91 36.83	800m: 9:44.56	37.08	1200m: 14:40.91	37.16		
3.	<b>RODRIGUES Leonor Carreiro</b>	07	Benfica	<b>18:39.41</b>	<b>+0,75</b>	<b>556</b>	
	50m: 33.28 33.28	450m: 5:28.38	37.10	850m: 10:28.18	37.85	1250m: 15:29.52	37.37
	100m: 1:09.31 36.03	500m: 6:05.29	36.91	900m: 11:05.95	37.77	1300m: 16:06.46	36.94
	150m: 1:46.10 36.79	550m: 6:42.58	37.29	950m: 11:43.84	37.89	1350m: 16:44.78	38.32
	200m: 2:22.81 36.71	600m: 7:19.71	37.13	1000m: 12:21.77	37.93	1400m: 17:22.52	37.74
	250m: 2:59.97 37.16	650m: 7:57.27	37.56	1050m: 12:59.57	37.80	1450m: 18:01.83	39.31
	300m: 3:36.80 36.83	700m: 8:34.90	37.63	1100m: 13:37.28	37.71	1500m: 18:39.41	37.58
	350m: 4:14.01 37.21	750m: 9:12.64	37.74	1150m: 14:15.11	37.83		
	400m: 4:51.28 37.27	800m: 9:50.33	37.69	1200m: 14:52.15	37.04		
4.	<b>FERREIRA Carolina Amadeu</b>	08	Leixoes	<b>18:45.95</b>	<b>+0,82</b>	<b>546</b>	
	50m: 33.39 33.39	450m: 5:35.52	37.74	850m: 10:37.59	37.95	1250m: 15:39.98	37.76
	100m: 1:10.22 36.83	500m: 6:13.44	37.92	900m: 11:15.47	37.88	1300m: 16:18.03	38.05
	150m: 1:48.03 37.81	550m: 6:51.02	37.58	950m: 11:53.25	37.78	1350m: 16:56.14	38.11
	200m: 2:25.86 37.83	600m: 7:28.87	37.85	1000m: 12:30.90	37.65	1400m: 17:33.69	37.55
	250m: 3:03.73 37.87	650m: 8:06.60	37.73	1050m: 13:08.58	37.68	1450m: 18:10.64	36.95
	300m: 3:41.79 38.06	700m: 8:44.15	37.55	1100m: 13:46.42	37.84	1500m: 18:45.95	35.31
	350m: 4:19.87 38.08	750m: 9:21.86	37.71	1150m: 14:24.37	37.95		
	400m: 4:57.78 37.91	800m: 9:59.64	37.78	1200m: 15:02.22	37.85		

Splash Meet Manager, 11.73733

Registered to Federacao Portuguesa De Natacao

27/07/2022 18:08 - Página 1

ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



MUNICÍPIO DE OEIRAS



Prova 2, Femin., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	<b>FREITAS Diana Gomes</b>	08	Amigos da Montanha	<b>18:46.06</b>		<b>546</b>	
	50m: 33.37 33.37	450m: 5:30.56	37.86	850m: 10:34.86	38.48	1250m: 15:40.46	38.41
	100m: 1:09.53 36.16	500m: 6:08.57	38.01	900m: 11:12.95	38.09	1300m: 16:17.91	37.45
	150m: 1:46.21 36.68	550m: 6:46.68	38.11	950m: 11:51.32	38.37	1350m: 16:56.26	38.35
	200m: 2:23.09 36.88	600m: 7:24.55	37.87	1000m: 12:29.64	38.32	1400m: 17:33.83	37.57
	250m: 3:00.66 37.57	650m: 8:02.60	38.05	1050m: 13:08.17	38.53	1450m: 18:11.05	37.22
	300m: 3:37.76 37.10	700m: 8:40.31	37.71	1100m: 13:45.88	37.71	1500m: 18:46.06	35.01
	350m: 4:15.40 37.64	750m: 9:18.69	38.38	1150m: 14:24.23	38.35		
	400m: 4:52.70 37.30	800m: 9:56.38	37.69	1200m: 15:02.05	37.82		
6.	<b>VIANA Matilde Violante</b>	07	Ba-Leiria	<b>18:51.29</b>	+0,85	<b>538</b>	
	50m: 33.03 33.03	450m: 5:33.99	37.85	850m: 10:35.13	37.88	1250m: 15:40.74	38.45
	100m: 1:09.78 36.75	500m: 6:11.92	37.93	900m: 11:13.05	37.92	1300m: 16:19.31	38.57
	150m: 1:47.29 37.51	550m: 6:49.48	37.56	950m: 11:51.03	37.98	1350m: 16:57.77	38.46
	200m: 2:24.27 36.98	600m: 7:26.69	37.21	1000m: 12:29.54	38.51	1400m: 17:36.13	38.36
	250m: 3:02.80 38.53	650m: 8:03.76	37.07	1050m: 13:07.38	37.84	1450m: 18:14.09	37.96
	300m: 3:40.34 37.54	700m: 8:41.42	37.66	1100m: 13:45.73	38.35	1500m: 18:51.29	37.20
	350m: 4:18.41 38.07	750m: 9:19.35	37.93	1150m: 14:23.97	38.24		
	400m: 4:56.14 37.73	800m: 9:57.25	37.90	1200m: 15:02.29	38.32		
7.	<b>AGUILAR Marta Andre</b>	07	Nautico Academico	<b>19:07.52</b>	+0,73	<b>516</b>	
	50m: 32.27 32.27	450m: 5:30.13	38.81	850m: 10:41.37	39.14	1250m: 15:54.45	39.70
	100m: 1:07.86 35.59	500m: 6:08.50	38.37	900m: 11:20.03	38.66	1300m: 16:33.03	38.58
	150m: 1:44.16 36.30	550m: 6:47.30	38.80	950m: 11:59.54	39.51	1350m: 17:12.72	39.69
	200m: 2:20.85 36.69	600m: 7:26.23	38.93	1000m: 12:38.54	39.00	1400m: 17:51.55	38.83
	250m: 2:57.49 36.64	650m: 8:05.45	39.22	1050m: 13:18.10	39.56	1450m: 18:29.97	38.42
	300m: 3:34.71 37.22	700m: 8:44.02	38.57	1100m: 13:57.00	38.90	1500m: 19:07.52	37.55
	350m: 4:12.81 38.10	750m: 9:23.00	38.98	1150m: 14:36.26	39.26		
	400m: 4:51.32 38.51	800m: 10:02.23	39.23	1200m: 15:14.75	38.49		
8.	<b>LUIZ Margarida Maria</b>	08	Lagoa AC	<b>19:11.99</b>	+0,84	<b>510</b>	
	50m: 35.18 35.18	450m: 5:43.40	39.04	850m: 10:54.75	38.96	1250m: 16:03.70	38.63
	100m: 1:12.45 37.27	500m: 6:22.44	39.04	900m: 11:33.55	38.80	1300m: 16:42.07	38.37
	150m: 1:50.78 38.33	550m: 7:01.40	38.96	950m: 12:12.79	39.24	1350m: 17:20.18	38.11
	200m: 2:29.38 38.60	600m: 7:40.26	38.86	1000m: 12:51.26	38.47	1400m: 17:58.04	37.86
	250m: 3:08.43 39.05	650m: 8:19.28	39.02	1050m: 13:30.07	38.81	1450m: 18:35.70	37.66
	300m: 3:47.08 38.65	700m: 8:58.28	39.00	1100m: 14:08.14	38.07	1500m: 19:11.99	36.29
	350m: 4:25.78 38.70	750m: 9:37.16	38.88	1150m: 14:46.64	38.50		
	400m: 5:04.36 38.58	800m: 10:15.79	38.63	1200m: 15:25.07	38.43		
9.	<b>LOPES Catarina Maria</b>	08	BUZIOS - Coruche	<b>19:12.33</b>	+0,90	<b>509</b>	
	50m: 34.61 34.61	450m: 5:40.04	38.79	850m: 10:49.62	39.00	1250m: 15:59.61	39.20
	100m: 1:11.85 37.24	500m: 6:18.15	38.11	900m: 11:27.72	38.10	1300m: 16:38.98	39.37
	150m: 1:49.28 37.43	550m: 6:57.26	39.11	950m: 12:06.07	38.35	1350m: 17:17.99	39.01
	200m: 2:27.43 38.15	600m: 7:35.93	38.67	1000m: 12:44.97	38.90	1400m: 17:56.97	38.98
	250m: 3:05.87 38.44	650m: 8:14.90	38.97	1050m: 13:23.52	38.55	1450m: 18:35.88	38.91
	300m: 3:44.66 38.79	700m: 8:54.10	39.20	1100m: 14:02.17	38.65	1500m: 19:12.33	36.45
	350m: 4:23.29 38.63	750m: 9:32.61	38.51	1150m: 14:41.44	39.27		
	400m: 5:01.25 37.96	800m: 10:10.62	38.01	1200m: 15:20.41	38.97		

Prova 2, Femin., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	BARBOSA Sofia Teixeira	08	Porto	<b>19:17.04</b>	<b>+0,95</b>	<b>503</b>	
	50m: 34.99 34.99	450m: 5:40.03 38.39	850m: 10:49.09	39.18	1250m: 16:01.07	39.72	
	100m: 1:12.88 37.89	500m: 6:18.02 37.99	900m: 11:28.06	38.97	1300m: 16:40.68	39.61	
	150m: 1:51.44 38.56	550m: 6:56.61 38.59	950m: 12:06.21	38.15	1350m: 17:20.27	39.59	
	200m: 2:29.73 38.29	600m: 7:34.89 38.28	1000m: 12:45.36	39.15	1400m: 18:00.15	39.88	
	250m: 3:07.85 38.12	650m: 8:13.68 38.79	1050m: 13:24.26	38.90	1450m: 18:39.55	39.40	
	300m: 3:45.94 38.09	700m: 8:51.99 38.31	1100m: 14:03.16	38.90	1500m: 19:17.04	37.49	
	350m: 4:23.80 37.86	750m: 9:30.90 38.91	1150m: 14:42.28	39.12			
	400m: 5:01.64 37.84	800m: 10:09.91 39.01	1200m: 15:21.35	39.07			
11.	CUNHA Margarida Ribeiro	07	Braga	<b>19:17.61</b>	<b>+0,94</b>	<b>502</b>	
	50m: 34.10 34.10	450m: 5:40.13 38.29	850m: 10:50.53	38.76	1250m: 16:04.49	39.39	
	100m: 1:11.83 37.73	500m: 6:18.75 38.62	900m: 11:29.20	38.67	1300m: 16:43.84	39.35	
	150m: 1:50.15 38.32	550m: 6:57.56 38.81	950m: 12:08.12	38.92	1350m: 17:23.05	39.21	
	200m: 2:28.44 38.29	600m: 7:36.10 38.54	1000m: 12:47.53	39.41	1400m: 18:03.06	40.01	
	250m: 3:06.88 38.44	650m: 8:14.91 38.81	1050m: 13:26.43	38.90	1450m: 18:41.19	38.13	
	300m: 3:45.11 38.23	700m: 8:53.89 38.98	1100m: 14:05.93	39.50	1500m: 19:17.61	36.42	
	350m: 4:23.50 38.39	750m: 9:32.85 38.96	1150m: 14:45.03	39.10			
	400m: 5:01.84 38.34	800m: 10:11.77 38.92	1200m: 15:25.10	40.07			
12.	SANTOS Leonor Castanho	07	Sporting	<b>19:18.25</b>	<b>+0,93</b>	<b>501</b>	
	50m: 34.36 34.36	450m: 5:39.39 38.04	850m: 10:48.42	39.47	1250m: 16:05.16	39.29	
	100m: 1:10.81 36.45	500m: 6:17.72 38.33	900m: 11:27.95	39.53	1300m: 16:44.46	39.30	
	150m: 1:48.71 37.90	550m: 6:56.07 38.35	950m: 12:08.21	40.26	1350m: 17:23.28	38.82	
	200m: 2:26.39 37.68	600m: 7:34.28 38.21	1000m: 12:48.30	40.09	1400m: 18:02.69	39.41	
	250m: 3:04.83 38.44	650m: 8:12.50 38.22	1050m: 13:27.53	39.23	1450m: 18:41.14	38.45	
	300m: 3:43.29 38.46	700m: 8:50.86 38.36	1100m: 14:06.79	39.26	1500m: 19:18.25	37.11	
	350m: 4:22.09 38.80	750m: 9:29.90 39.04	1150m: 14:46.28	39.49			
	400m: 5:01.35 39.26	800m: 10:08.95 39.05	1200m: 15:25.87	39.59			
13.	GOMES Rita Cunha	07	Viana Natacao	<b>19:21.22</b>	<b>+0,83</b>	<b>498</b>	
	50m: 33.64 33.64	450m: 5:37.70 38.55	850m: 10:50.92	39.76	1250m: 16:05.53	39.45	
	100m: 1:10.18 36.54	500m: 6:16.47 38.77	900m: 11:29.70	38.78	1300m: 16:44.47	38.94	
	150m: 1:47.86 37.68	550m: 6:55.62 39.15	950m: 12:09.46	39.76	1350m: 17:24.23	39.76	
	200m: 2:25.16 37.30	600m: 7:34.41 38.79	1000m: 12:48.42	38.96	1400m: 18:03.23	39.00	
	250m: 3:03.66 38.50	650m: 8:13.86 39.45	1050m: 13:27.58	39.16	1450m: 18:42.94	39.71	
	300m: 3:42.31 38.65	700m: 8:52.73 38.87	1100m: 14:06.81	39.23	1500m: 19:21.22	38.28	
	350m: 4:20.66 38.35	750m: 9:32.04 39.31	1150m: 14:46.94	40.13			
	400m: 4:59.15 38.49	800m: 10:11.16 39.12	1200m: 15:26.08	39.14			
14.	SOARES Leonor Carvalho	08	Porto	<b>19:23.51</b>	<b>+0,91</b>	<b>495</b>	
	50m: 34.90 34.90	450m: 5:42.47 38.75	850m: 10:54.23	39.13	1250m: 16:08.86	39.13	
	100m: 1:12.41 37.51	500m: 6:21.42 38.95	900m: 11:33.53	39.30	1300m: 16:48.53	39.67	
	150m: 1:50.99 38.58	550m: 7:00.10 38.68	950m: 12:12.53	39.00	1350m: 17:27.83	39.30	
	200m: 2:29.10 38.11	600m: 7:39.40 39.30	1000m: 12:51.84	39.31	1400m: 18:06.92	39.09	
	250m: 3:07.55 38.45	650m: 8:18.23 38.83	1050m: 13:30.98	39.14	1450m: 18:45.99	39.07	
	300m: 3:46.32 38.77	700m: 8:57.28 39.05	1100m: 14:10.62	39.64	1500m: 19:23.51	37.52	
	350m: 4:24.85 38.53	750m: 9:36.09 38.81	1150m: 14:50.22	39.60			
	400m: 5:03.72 38.87	800m: 10:15.10 39.01	1200m: 15:29.73	39.51			

Campeonato Nacional de Juvenis  
Campeonato Nacional Absolutos de Portugal OPEN  
Oeiras, 28 a 31 de Julho de 2022



Prova 2, Femin., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	<b>BERNAT Elena Del Rio</b>	07	Alges	<b>19:42.63</b>	<b>+0,80</b>	<b>471</b>	
	50m: 34.30 34.30	450m: 5:42.16	38.84	850m: 10:59.70	40.63	1250m: 16:22.95	41.28
	100m: 1:11.83 37.53	500m: 6:21.35	39.19	900m: 11:39.90	40.20	1300m: 17:03.48	40.53
	150m: 1:50.06 38.23	550m: 7:00.65	39.30	950m: 12:20.10	40.20	1350m: 17:43.49	40.01
	200m: 2:28.54 38.48	600m: 7:40.11	39.46	1000m: 13:00.27	40.17	1400m: 18:23.50	40.01
	250m: 3:07.21 38.67	650m: 8:19.93	39.82	1050m: 13:39.60	39.33	1450m: 19:03.89	40.39
	300m: 3:46.09 38.88	700m: 8:59.58	39.65	1100m: 14:20.03	40.43	1500m: 19:42.63	38.74
	350m: 4:24.48 38.39	750m: 9:39.10	39.52	1150m: 15:00.73	40.70		
	400m: 5:03.32 38.84	800m: 10:19.07	39.97	1200m: 15:41.67	40.94		
16.	<b>JORGE Sofia Pereira</b>	08	Galitos / Bresimar	<b>19:54.76</b>	<b>+0,88</b>	<b>457</b>	
	50m: 34.89 34.89	450m: 5:49.41	40.01	850m: 11:10.30	40.39	1250m: 16:33.94	40.50
	100m: 1:12.66 37.77	500m: 6:28.70	39.29	900m: 11:50.61	40.31	1300m: 17:14.26	40.32
	150m: 1:51.51 38.85	550m: 7:08.64	39.94	950m: 12:31.39	40.78	1350m: 17:54.87	40.61
	200m: 2:30.28 38.77	600m: 7:48.42	39.78	1000m: 13:11.43	40.04	1400m: 18:35.34	40.47
	250m: 3:10.00 39.72	650m: 8:28.81	40.39	1050m: 13:51.77	40.34	1450m: 19:15.47	40.13
	300m: 3:49.95 39.95	700m: 9:08.91	40.10	1100m: 14:32.70	40.93	1500m: 19:54.76	39.29
	350m: 4:29.26 39.31	750m: 9:49.21	40.30	1150m: 15:13.06	40.36		
	400m: 5:09.40 40.14	800m: 10:29.91	40.70	1200m: 15:53.44	40.38		
17.	<b>NUNES Carolina Mendes</b>	08	Estarreja	<b>20:09.82</b>	<b>+0,86</b>	<b>440</b>	
	50m: 36.21 36.21	450m: 5:55.82	40.39	850m: 11:19.29	40.96	1250m: 16:46.99	41.17
	100m: 1:14.10 37.89	500m: 6:35.93	40.11	900m: 11:59.97	40.68	1300m: 17:28.13	41.14
	150m: 1:54.02 39.92	550m: 7:16.24	40.31	950m: 12:41.03	41.06	1350m: 18:09.52	41.39
	200m: 2:34.04 40.02	600m: 7:56.54	40.30	1000m: 13:21.81	40.78	1400m: 18:49.85	40.33
	250m: 3:14.32 40.28	650m: 8:37.21	40.67	1050m: 14:02.53	40.72	1450m: 19:30.27	40.42
	300m: 3:54.82 40.50	700m: 9:17.71	40.50	1100m: 14:43.26	40.73	1500m: 20:09.82	39.55
	350m: 4:35.20 40.38	750m: 9:58.00	40.29	1150m: 15:24.50	41.24		
	400m: 5:15.43 40.23	800m: 10:38.33	40.33	1200m: 16:05.82	41.32		

