

Campeonato Nacional de Juvenis  
Campeonato Nacional Absolutos de Portugal OPEN  
Oeiras, 28 a 31 de Julho de 2022



Prova 18 Femin., 200m Livres Open  
28/07/2022 - 10:30 Resultados Elimin

Rec Nac Absoluto	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25/07/2017
Rec Nac Sen	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25/07/2017
Rec Nac Jun17	2:03.11	MARTINS Francisca Soares	POR	Loule	16/08/2020
Rec Nac Jun16	2:02.89	SOUSA Ana Reis	POR	Helsinki (FIN)	06/07/2018
Rec Nac Juv A	2:05.85	MARTINS Francisca Soares	FOCA	Oeiras	27/07/2018
Rec Nac Juv B	2:07.40	CABRAL Maria Francisca	FCP	Oeiras	25/07/2014
Rec Nac Inf A	2:10.86	FRAZAO Alexandra Couto	CNA	Oeiras	11/04/2015
Rec Nac Inf B	2:12.20	RUIVO Filipa Vilas	DNMG	S. Joao da Madeira	24/07/2009

TAC 19 + 50m: 2:10.40 - 25m: 2:07.81; 18 50m: 2:11.05 - 25m: 2:08.45; Jun17 50m: 2:13.45 - 25m: 2:11.32; Jun16 50m: 2:14.63 - 25m: 2:11.97; Juv A 50m: 2:17.61 - 25m: 2:15.71; Juv B 50m: 2:23.37 - 25m: 2:19.44

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MARTINS Francisca Soares	03	Foca Quinta Da Lixa - Cnf	<b>2:05.33</b>	+0,66	732	
	50m: 29.14 29.14	100m: 1:00.61 31.47	150m: 1:32.93	32.32	200m: 2:05.33	32.40	
2.	HEIN Agostina	08	Argentina	<b>2:05.69</b>	+0,80	726	
	50m: 29.58 29.58	100m: 1:01.69 32.11	150m: 1:34.29	32.60	200m: 2:05.69	31.40	
3.	DURAES Diana Margarida	96	Benfica	<b>2:05.90</b>	+0,93	722	
	50m: 30.41 30.41	100m: 1:02.24 31.83	150m: 1:34.30	32.06	200m: 2:05.90	31.60	
4.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	<b>2:06.44</b>	+0,83	713	
	50m: 29.82 29.82	100m: 1:01.40 31.58	150m: 1:33.71	32.31	200m: 2:06.44	32.73	
5.	CUNHA Mariana Pacheco	04	Colegio Efanor	<b>2:06.48</b>	+0,69	712	
	50m: 29.11 29.11	100m: 1:01.21 32.10	150m: 1:33.79	32.58	200m: 2:06.48	32.69	
6.	ANDRE Leticia Maia	02	Benfica	<b>2:06.56</b>	+0,70	711	
	50m: 29.42 29.42	100m: 1:01.82 32.40	150m: 1:34.42	32.60	200m: 2:06.56	32.14	
7.	MOURA Maria Ferreira	04	Sporting	<b>2:06.97</b>	+0,80	704	
	50m: 30.07 30.07	100m: 1:02.32 32.25	150m: 1:34.93	32.61	200m: 2:06.97	32.04	
8.	FOMINA Anna	02	Sporting	<b>2:07.26</b>	+0,82	699	
	50m: 29.67 29.67	100m: 1:01.82 32.15	150m: 1:35.00	33.18	200m: 2:07.26	32.26	
9.	FRISCHKNECHT Rita Barros	98	Sporting	<b>2:07.71</b>	+0,90	692	
	50m: 29.29 29.29	100m: 1:01.31 32.02	150m: 1:34.34	33.03	200m: 2:07.71	33.37	
10.	PIRES Marta Joao	05	Alges	<b>2:08.43</b>	+0,73	680	
	50m: 30.28 30.28	100m: 1:02.94 32.66	150m: 1:35.67	32.73	200m: 2:08.43	32.76	
11.	PEREZ BLANCO Jimena	97	C.N. Barcelona	<b>2:08.82</b>	+0,84	674	
	50m: 30.43 30.43	100m: 1:03.85 33.42	150m: 1:37.09	33.24	200m: 2:08.82	31.73	
12.	FARIA Leonor Verissimo	06	Nucleo de Pombal	<b>2:09.65</b>	+0,61	661	
	50m: 30.52 30.52	100m: 1:03.34 32.82	150m: 1:37.12	33.78	200m: 2:09.65	32.53	
13.	MERCEDES Mariana Marques	03	Vikings	<b>2:11.59</b>	+0,76	632	
	50m: 30.34 30.34	100m: 1:03.06 32.72	150m: 1:36.96	33.90	200m: 2:11.59	34.63	
14.	COELHO Maria Leonor	06	Benfica	<b>2:12.12</b>	+0,77	625	
	50m: 30.82 30.82	100m: 1:03.92 33.10	150m: 1:38.32	34.40	200m: 2:12.12	33.80	

Splash Meet Manager, 11.73733

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



MUNICÍPIO DE OEIRAS



Prova 18, Femin., 200m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	NEVES Maria Gomes	08	Braga	<b>2:12.71</b>	+0,75	617	
	50m: 30.80 30.80	100m: 1:04.38 33.58	150m: 1:38.64	34.26	200m: 2:12.71	34.07	
16.	GOMES Barbara Sofia	07	Leixoes	<b>2:12.82</b>	+0,73	615	
	50m: 30.55 30.55	100m: 1:03.79 33.24	150m: 1:38.86	35.07	200m: 2:12.82	33.96	
17.	FERREIRA Maria Neto	06	Nautico Academico	<b>2:12.94</b>	+0,93	613	
	50m: 30.91 30.91	100m: 1:04.05 33.14	150m: 1:38.68	34.63	200m: 2:12.94	34.26	
18.	AMORIM Ines Santos	06	Desportiva de Viana	<b>2:13.30</b>	+0,85	608	
	50m: 30.78 30.78	100m: 1:04.08 33.30	150m: 1:39.19	35.11	200m: 2:13.30	34.11	
19.	MANO Leonor Mil	07	Nautico Academico	<b>2:14.05</b>	+0,78	598	
	50m: 30.58 30.58	100m: 1:03.95 33.37	150m: 1:38.94	34.99	200m: 2:14.05	35.11	
20.	CATALAO Leonor Tavares	06	Sporting	<b>2:14.07</b>	+0,72	598	
	50m: 30.77 30.77	100m: 1:04.27 33.50	150m: 1:38.96	34.69	200m: 2:14.07	35.11	
21.	CARVALHO Sofia Alexandra	07	Fluvial Portuense	<b>2:14.37</b>	+0,78	594	
	50m: 31.03 31.03	100m: 1:05.67 34.64	150m: 1:40.95	35.28	200m: 2:14.37	33.42	
22.	ALMEIDA Bianca Filipa	07	Alges e Agueda XXI	<b>2:14.72</b>	+0,82	589	
	50m: 30.94 30.94	100m: 1:04.80 33.86	150m: 1:39.82	35.02	200m: 2:14.72	34.90	
23.	SOARES Miriam Mortagua	06	Galitos / Bresimar	<b>2:14.98</b>	+0,74	586	
	50m: 30.78 30.78	100m: 1:04.71 33.93	150m: 1:40.30	35.59	200m: 2:14.98	34.68	
24.	RODRIGUES Leonor Carreiro	07	Benfica	<b>2:15.03</b>	+0,77	585	
	50m: 30.80 30.80	100m: 1:04.62 33.82	150m: 1:39.45	34.83	200m: 2:15.03	35.58	
25.	CABRAL Carolina Vizinho	07	Natacao de Vagos	<b>2:15.37</b>	+0,75	581	
	50m: 31.12 31.12	100m: 1:05.53 34.41	150m: 1:41.20	35.67	200m: 2:15.37	34.17	
26.	ALVES Joana Silva	05	Benedita	<b>2:15.39</b>	+0,75	581	
	50m: 31.37 31.37	100m: 1:05.35 33.98	150m: 1:40.29	34.94	200m: 2:15.39	35.10	
27.	PIRES Catarina Gaspar	06	Porto	<b>2:15.41</b>	+0,81	580	
	50m: 30.94 30.94	100m: 1:04.33 33.39	150m: 1:39.92	35.59	200m: 2:15.41	35.49	
28.	TEIXEIRA Ines Correia	06	Amadora	<b>2:15.52</b>	+0,77	579	
	50m: 30.49 30.49	100m: 1:04.36 33.87	150m: 1:39.78	35.42	200m: 2:15.52	35.74	
29.	CACHACO Beatriz Heitor	07	Geslours	<b>2:16.40</b>	+0,76	568	
	50m: 30.96 30.96	100m: 1:06.28 35.32	150m: 1:42.13	35.85	200m: 2:16.40	34.27	
30.	FERREIRA Joana Rocha	05	Benfica	<b>2:16.46</b>	+0,82	567	
	50m: 31.87 31.87	100m: 1:05.48 33.61	150m: 1:40.65	35.17	200m: 2:16.46	35.81	
31.	BARBEITO Laura Espinola	06	Nucleo Sporting da Terceira	<b>2:18.23</b>	+0,76	546	
	50m: 30.64 30.64	100m: 1:04.47 33.83	150m: 1:41.33	36.86	200m: 2:18.23	36.90	
32.	BARROS Adriana Ribeiro	08	Braga	<b>2:18.28</b>	+0,82	545	
	50m: 31.31 31.31	100m: 1:05.85 34.54	150m: 1:42.17	36.32	200m: 2:18.28	36.11	

Prova 18, Femin., 200m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
33.	LOURO Beatriz Silva 50m: 30.91 30.91	07	Louletano / Loule Concelho	<b>2:18.30</b> 35.69	+0,73 200m: 2:18.30	545 36.97	
34.	BOLEIXA Carlota Costa 50m: 31.63 31.63	08	Louletano / Loule Concelho	<b>2:18.41</b> 35.76	+0,74 200m: 2:18.41	543 36.60	
35.	JORGE Luisa Ponte 50m: 31.72 31.72	07	Uniao Piedense	<b>2:19.07</b> 35.91	+0,84 200m: 2:19.07	536 36.73	
36.	BARBOSA Sofia Teixeira 50m: 33.17 33.17	08	Porto	<b>2:19.81</b> 35.66	+0,92 200m: 2:19.81	527 34.86	
37.	LOURENCO Bruna Filipa 50m: 32.01 32.01	08	O Crasto	<b>2:19.97</b> 36.07	+0,84 200m: 2:19.97	525 36.86	
38.	NEVES Ana Carolina 50m: 30.47 30.47	08	Fluvial Portuense	<b>2:20.09</b> 36.89	+0,77 200m: 2:20.09	524 37.19	
39.	CRUZ Ana Carolina 50m: 32.31 32.31	08	Famalicao	<b>2:20.46</b> 37.00	+0,87 200m: 2:20.46	520 34.72	
40.	LIGEIRO Sara Silva 50m: 32.89 32.89	08	Viana Natacao	<b>2:20.66</b> 36.51	+0,79 200m: 2:20.66	518 35.40	
41.	RODRIGUES Carolina Fernandes 50m: 31.81 31.81	08	Uniao Piedense	<b>2:21.71</b> 37.70	+0,78 200m: 2:21.71	506 36.78	
42.	SOARES Leonor Carvalho 50m: 32.60 32.60	08	Porto	<b>2:22.51</b> 37.19	+0,82 200m: 2:22.51	498 37.03	
43.	CORTESAO Maria Manuel 50m: 33.11 33.11	08	Nautico Academico	<b>2:23.03</b> 37.00	+0,80 200m: 2:23.03	492 35.92	
44.	PEREIRA Maria Silva 50m: 32.57 32.57	08	Ginasio de Vila Real	<b>2:23.88</b> 37.98	+0,92 200m: 2:23.88	484 36.45	
45.	LUIZ Margarida Maria 50m: 33.83 33.83	08	Lagoa AC	<b>2:24.56</b> 37.52	+0,83 200m: 2:24.56	477 36.68	
46.	HENRIQUES Patricia Subtil 50m: 32.90 32.90	08	Gesloures	<b>2:25.07</b> 37.47	+0,74 200m: 2:25.07	472 37.27	
47.	BAIONA Raquel Santos 50m: 32.80 32.80	08	Colegio Monte Maior	<b>2:25.18</b> 38.02	+0,92 200m: 2:25.18	471 38.44	
48.	JORGE Sofia Pereira 50m: 32.31 32.31	08	Galitos / Bresimar	<b>2:25.71</b> 38.40	+0,88 200m: 2:25.71	466 38.96	
DNS	SANTILLAN Malena	08	Argentina				
DNS	PINTO Mafalda Marques	02	Sporting				

Prova 18, Femin., 200m Livres, Elimin

Prova 18  
28/07/2022 - 10:30

Femin., 200m Livres

Juvenis  
Resultados Elimin

Rec Nac Absoluto	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25/07/2017
Rec Nac Juv A	2:05.85	MARTINS Francisca Soares	FOCA	Oeiras	27/07/2018
Rec Nac Juv B	2:07.40	CABRAL Maria Francisca	FCP	Oeiras	25/07/2014

TAC Juv A 50m: 2:17.61 - 25m: 2:15.71; Juv B 50m: 2:23.37 - 25m: 2:19.44

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	NEVES Maria Gomes	08	Braga	<b>2:12.71</b>	+0,75	617	
	50m: 30.80 30.80	100m: 1:04.38 33.58	150m: 1:38.64	34.26	200m: 2:12.71	34.07	
2.	GOMES Barbara Sofia	07	Leixoes	<b>2:12.82</b>	+0,73	615	
	50m: 30.55 30.55	100m: 1:03.79 33.24	150m: 1:38.86	35.07	200m: 2:12.82	33.96	
3.	MANO Leonor Mil	07	Nautico Academico	<b>2:14.05</b>	+0,78	598	
	50m: 30.58 30.58	100m: 1:03.95 33.37	150m: 1:38.94	34.99	200m: 2:14.05	35.11	
4.	CARVALHO Sofia Alexandra	07	Fluvial Portuense	<b>2:14.37</b>	+0,78	594	
	50m: 31.03 31.03	100m: 1:05.67 34.64	150m: 1:40.95	35.28	200m: 2:14.37	33.42	
5.	ALMEIDA Bianca Filipa	07	Alges e Agueda XXI	<b>2:14.72</b>	+0,82	589	
	50m: 30.94 30.94	100m: 1:04.80 33.86	150m: 1:39.82	35.02	200m: 2:14.72	34.90	
6.	RODRIGUES Leonor Carreiro	07	Benfica	<b>2:15.03</b>	+0,77	585	
	50m: 30.80 30.80	100m: 1:04.62 33.82	150m: 1:39.45	34.83	200m: 2:15.03	35.58	
7.	CABRAL Carolina Vizinho	07	Natacao de Vagos	<b>2:15.37</b>	+0,75	581	
	50m: 31.12 31.12	100m: 1:05.53 34.41	150m: 1:41.20	35.67	200m: 2:15.37	34.17	
8.	CACHACO Beatriz Heitor	07	Geslours	<b>2:16.40</b>	+0,76	568	
	50m: 30.96 30.96	100m: 1:06.28 35.32	150m: 1:42.13	35.85	200m: 2:16.40	34.27	
9.	BARROS Adriana Ribeiro	08	Braga	<b>2:18.28</b>	+0,82	545	
	50m: 31.31 31.31	100m: 1:05.85 34.54	150m: 1:42.17	36.32	200m: 2:18.28	36.11	
10.	LOURO Beatriz Silva	07	Louletano / Loule Concelho	<b>2:18.30</b>	+0,73	545	
	50m: 30.91 30.91	100m: 1:05.64 34.73	150m: 1:41.33	35.69	200m: 2:18.30	36.97	
11.	BOLEIXA Carlota Costa	08	Louletano / Loule Concelho	<b>2:18.41</b>	+0,74	543	
	50m: 31.63 31.63	100m: 1:06.05 34.42	150m: 1:41.81	35.76	200m: 2:18.41	36.60	
12.	JORGE Luisa Ponte	07	Uniao Piedense	<b>2:19.07</b>	+0,84	536	
	50m: 31.72 31.72	100m: 1:06.43 34.71	150m: 1:42.34	35.91	200m: 2:19.07	36.73	
13.	BARBOSA Sofia Teixeira	08	Porto	<b>2:19.81</b>	+0,92	527	
	50m: 33.17 33.17	100m: 1:09.29 36.12	150m: 1:44.95	35.66	200m: 2:19.81	34.86	
14.	LOURENCO Bruna Filipa	08	O Crasto	<b>2:19.97</b>	+0,84	525	
	50m: 32.01 32.01	100m: 1:07.04 35.03	150m: 1:43.11	36.07	200m: 2:19.97	36.86	
15.	NEVES Ana Carolina	08	Fluvial Portuense	<b>2:20.09</b>	+0,77	524	
	50m: 30.47 30.47	100m: 1:06.01 35.54	150m: 1:42.90	36.89	200m: 2:20.09	37.19	

Prova 18, Femin., 200m Livres, Elimin, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	CRUZ Ana Carolina	08	Famalicao	<b>2:20.46</b>	+0,87	520	
	50m: 32.31 32.31	100m: 1:08.74	36.43	150m: 1:45.74	37.00	200m: 2:20.46	34.72
17.	LIGEIRO Sara Silva	08	Viana Natacao	<b>2:20.66</b>	+0,79	518	
	50m: 32.89 32.89	100m: 1:08.75	35.86	150m: 1:45.26	36.51	200m: 2:20.66	35.40
18.	RODRIGUES Carolina Fernandes	08	Uniao Piedense	<b>2:21.71</b>	+0,78	506	
	50m: 31.81 31.81	100m: 1:07.23	35.42	150m: 1:44.93	37.70	200m: 2:21.71	36.78
19.	SOARES Leonor Carvalho	08	Porto	<b>2:22.51</b>	+0,82	498	
	50m: 32.60 32.60	100m: 1:08.29	35.69	150m: 1:45.48	37.19	200m: 2:22.51	37.03
20.	CORTESAO Maria Manuel	08	Nautico Academico	<b>2:23.03</b>	+0,80	492	
	50m: 33.11 33.11	100m: 1:10.11	37.00	150m: 1:47.11	37.00	200m: 2:23.03	35.92
21.	PEREIRA Maria Silva	08	Ginasio de Vila Real	<b>2:23.88</b>	+0,92	484	
	50m: 32.57 32.57	100m: 1:09.45	36.88	150m: 1:47.43	37.98	200m: 2:23.88	36.45
22.	LUIZ Margarida Maria	08	Lagoa AC	<b>2:24.56</b>	+0,83	477	
	50m: 33.83 33.83	100m: 1:10.36	36.53	150m: 1:47.88	37.52	200m: 2:24.56	36.68
23.	HENRIQUES Patricia Subtil	08	Gesloures	<b>2:25.07</b>	+0,74	472	
	50m: 32.90 32.90	100m: 1:10.33	37.43	150m: 1:47.80	37.47	200m: 2:25.07	37.27
24.	BAIONA Raquel Santos	08	Colegio Monte Maior	<b>2:25.18</b>	+0,92	471	
	50m: 32.80 32.80	100m: 1:08.72	35.92	150m: 1:46.74	38.02	200m: 2:25.18	38.44
25.	JORGE Sofia Pereira	08	Galitos / Bresimar	<b>2:25.71</b>	+0,88	466	
	50m: 32.31 32.31	100m: 1:08.35	36.04	150m: 1:46.75	38.40	200m: 2:25.71	38.96



Prova 18, Femin., 200m Livres, Elimin

Prova 18  
28/07/2022 - 10:30

Femin., 200m Livres

Absolutos  
Resultados Elimin

Rec Nac Absoluto	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25/07/2017
Rec Nac Sen	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25/07/2017
Rec Nac Jun17	2:03.11	MARTINS Francisca Soares	POR	Loule	16/08/2020
Rec Nac Jun16	2:02.89	SOUSA Ana Reis	POR	Helsinki (FIN)	06/07/2018

TAC 19 + 50m: 2:10.40 - 25m: 2:07.81; 18 50m: 2:11.05 - 25m: 2:08.45; Jun17 50m: 2:13.45 - 25m: 2:11.32; Jun16 50m: 2:14.63 - 25m: 2:11.97

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MARTINS Francisca Soares 50m: 29.14 29.14	03	Foca Quinta Da Lixa - Cnf	<b>2:05.33</b> 32.32	+0,66 200m: 2:05.33	732 32.40	
2.	DURAES Diana Margarida 50m: 30.41 30.41	96	Benfica	<b>2:05.90</b> 32.06	+0,93 200m: 2:05.90	722 31.60	
3.	CONCEICAO Ema Jeronimo 50m: 29.82 29.82	03	Fisica Torres Vedras	<b>2:06.44</b> 32.31	+0,83 200m: 2:06.44	713 32.73	
4.	CUNHA Mariana Pacheco 50m: 29.11 29.11	04	Colegio Efanor	<b>2:06.48</b> 32.58	+0,69 200m: 2:06.48	712 32.69	
5.	ANDRE Leticia Maia 50m: 29.42 29.42	02	Benfica	<b>2:06.56</b> 32.60	+0,70 200m: 2:06.56	711 32.14	
6.	MOURA Maria Ferreira 50m: 30.07 30.07	04	Sporting	<b>2:06.97</b> 32.61	+0,80 200m: 2:06.97	704 32.04	
7.	FOMINA Anna 50m: 29.67 29.67	02	Sporting	<b>2:07.26</b> 33.18	+0,82 200m: 2:07.26	699 32.26	
8.	FRISCHKNECHT Rita Barros 50m: 29.29 29.29	98	Sporting	<b>2:07.71</b> 33.03	+0,90 200m: 2:07.71	692 33.37	
9.	PIRES Marta Joao 50m: 30.28 30.28	05	Alges	<b>2:08.43</b> 32.73	+0,73 200m: 2:08.43	680 32.76	
10.	FARIA Leonor Verissimo 50m: 30.52 30.52	06	Nucleo de Pombal	<b>2:09.65</b> 33.78	+0,61 200m: 2:09.65	661 32.53	
11.	MERCEDES Mariana Marques 50m: 30.34 30.34	03	Vikings	<b>2:11.59</b> 33.90	+0,76 200m: 2:11.59	632 34.63	
12.	COELHO Maria Leonor 50m: 30.82 30.82	06	Benfica	<b>2:12.12</b> 34.40	+0,77 200m: 2:12.12	625 33.80	
13.	FERREIRA Maria Neto 50m: 30.91 30.91	06	Nautico Academico	<b>2:12.94</b> 34.63	+0,93 200m: 2:12.94	613 34.26	
14.	AMORIM Ines Santos 50m: 30.78 30.78	06	Desportiva de Viana	<b>2:13.30</b> 35.11	+0,85 200m: 2:13.30	608 34.11	
15.	CATALAO Leonor Tavares 50m: 30.77 30.77	06	Sporting	<b>2:14.07</b> 34.69	+0,72 200m: 2:14.07	598 35.11	

Splash Meet Manager, 11.73733

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



MUNICÍPIO DE OEIRAS



Prova 18, Femin., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	SOARES Miriam Mortagua	06	Galitos / Bresimar	<b>2:14.98</b>	+0,74	586	
	50m: 30.78 30.78	100m: 1:04.71 33.93	150m: 1:40.30	35.59	200m: 2:14.98	34.68	
17.	ALVES Joana Silva	05	Benedita	<b>2:15.39</b>	+0,75	581	
	50m: 31.37 31.37	100m: 1:05.35 33.98	150m: 1:40.29	34.94	200m: 2:15.39	35.10	
18.	PIRES Catarina Gaspar	06	Porto	<b>2:15.41</b>	+0,81	580	
	50m: 30.94 30.94	100m: 1:04.33 33.39	150m: 1:39.92	35.59	200m: 2:15.41	35.49	
19.	TEIXEIRA Ines Correia	06	Amadora	<b>2:15.52</b>	+0,77	579	
	50m: 30.49 30.49	100m: 1:04.36 33.87	150m: 1:39.78	35.42	200m: 2:15.52	35.74	
20.	FERREIRA Joana Rocha	05	Benfica	<b>2:16.46</b>	+0,82	567	
	50m: 31.87 31.87	100m: 1:05.48 33.61	150m: 1:40.65	35.17	200m: 2:16.46	35.81	
21.	BARBEITO Laura Espinola	06	Nucleo Sporting da Terceira	<b>2:18.23</b>	+0,76	546	
	50m: 30.64 30.64	100m: 1:04.47 33.83	150m: 1:41.33	36.86	200m: 2:18.23	36.90	
DNS	PINTO Mafalda Marques	02	Sporting				