

Event 15 Men, 400m Medley Open
28/07/2022 - 9:00 Results Prelim

Rec Nac Open	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Jun18	4:21.42	LOPES Jose Paulo	POR	Helsinki (FIN)	08/07/2018
Rec Nac Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore (SGP)	29/08/2015
Rec Nac Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01/06/2014
Rec Nac Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16/07/2013
Rec Nac Inf A	4:46.20	FREITAS Tomas Miguel	CDN	Póvoa Varzim	23/07/2004
Rec Nac Inf B	4:54.87	RUIVO Andre Vilas	DNMG	S. Joao da Madeira	12/07/2013

TAC 20 + 50m: 4:44.98 - 25m: 4:37.73; 19 50m: 4:46.41 - 25m: 4:39.12; Jun18 50m: 4:55.13 - 25m: 4:45.22; Jun17 50m: 4:56.61 - 25m: 4:46.65; Juv A 50m: 5:11.44 - 25m: 4:56.65; Juv B 50m: 5:20.25 - 25m: 5:04.63

Points: FINA 2022

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	BASTOS Lucas Pereira	00	Nautico Academico	4:37.84	+0,70	675	
	50m: 28.75 28.75	150m: 1:35.87 34.80	250m: 2:50.97	40.29	350m: 4:05.15	33.59	
	100m: 1:01.07 32.32	200m: 2:10.68 34.81	300m: 3:31.56	40.59	400m: 4:37.84	32.69	
2.	CONDE Alvaro Lopez	92	Nautico Sevilla	4:38.14	+0,71	673	
	50m: 28.44 28.44	150m: 1:38.93 37.08	250m: 2:53.16	37.76	350m: 4:05.06	33.24	
	100m: 1:01.85 33.41	200m: 2:15.40 36.47	300m: 3:31.82	38.66	400m: 4:38.14	33.08	
3.	SILVA Afonso Carvalho	05	Famalicao	4:39.60	+0,68	663	
	50m: 29.61 29.61	150m: 1:40.31 36.92	250m: 2:55.48	39.59	350m: 4:08.72	33.09	
	100m: 1:03.39 33.78	200m: 2:15.89 35.58	300m: 3:35.63	40.15	400m: 4:39.60	30.88	
4.	PINOTES Pedro Miguel	89	Sporting	4:40.87	+0,74	654	
	50m: 28.92 28.92	150m: 1:38.68 36.67	250m: 2:55.60	40.23	350m: 4:08.78	33.32	
	100m: 1:02.01 33.09	200m: 2:15.37 36.69	300m: 3:35.46	39.86	400m: 4:40.87	32.09	
5.	COSTA Joao Peres	04	Naval Praia da Vitoria	4:40.97	+0,64	653	
	50m: 30.00 30.00	150m: 1:39.47 35.46	250m: 2:55.59	40.21	350m: 4:09.00	32.62	
	100m: 1:04.01 34.01	200m: 2:15.38 35.91	300m: 3:36.38	40.79	400m: 4:40.97	31.97	
6.	GOUVEIA Luis Galvao	05	Desportivo Nacional	4:41.28	+0,67	651	
	50m: 28.78 28.78	150m: 1:39.64 37.90	250m: 2:56.34	40.41	350m: 4:10.33	33.54	
	100m: 1:01.74 32.96	200m: 2:15.93 36.29	300m: 3:36.79	40.45	400m: 4:41.28	30.95	
7.	SILVA Tomas Antonio	01	Porto	4:41.51	+0,72	649	
	50m: 28.92 28.92	150m: 1:39.25 36.57	250m: 2:55.35	39.41	350m: 4:08.87	34.63	
	100m: 1:02.68 33.76	200m: 2:15.94 36.69	300m: 3:34.24	38.89	400m: 4:41.51	32.64	
8.	CARDOSO Diogo Santos	01	Sporting	4:42.58	+0,79	642	
	50m: 29.94 29.94	150m: 1:42.48 39.24	250m: 3:00.37	40.80	350m: 4:12.82	31.81	
	100m: 1:03.24 33.30	200m: 2:19.57 37.09	300m: 3:41.01	40.64	400m: 4:42.58	29.76	
9.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	4:44.95	+0,82	626	
	50m: 28.41 28.41	150m: 1:39.40 37.39	250m: 2:58.07	42.28	350m: 4:13.53	32.36	
	100m: 1:02.01 33.60	200m: 2:15.79 36.39	300m: 3:41.17	43.10	400m: 4:44.95	31.42	
10.	ZHUKOV Mark	06	Braga	4:48.56	+0,74	603	
	50m: 29.42 29.42	150m: 1:41.76 38.20	250m: 3:00.05	41.45	350m: 4:15.21	33.90	
	100m: 1:03.56 34.14	200m: 2:18.60 36.84	300m: 3:41.31	41.26	400m: 4:48.56	33.35	

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
11.	NEAGU Tiberius Sebastian	04	Academico Viseu	4:49.69	+0,63	596	
	50m: 30.51 30.51	150m: 1:43.85 39.09	250m: 3:03.11 40.79	350m: 4:17.15 32.58			
	100m: 1:04.76 34.25	200m: 2:22.32 38.47	300m: 3:44.57 41.46	400m: 4:49.69 32.54			
12.	RODRIGUES Rodrigo Reis	04	Sao Roque	4:50.94	+0,67	588	
	50m: 29.21 29.21	150m: 1:41.96 39.07	250m: 3:03.16 42.53	350m: 4:18.51 33.16			
	100m: 1:02.89 33.68	200m: 2:20.63 38.67	300m: 3:45.35 42.19	400m: 4:50.94 32.43			
13.	DIOGO Dinis Miranda	04	Nautico Academico	4:51.11	+0,71	587	
	50m: 29.89 29.89	150m: 1:43.34 38.90	250m: 3:03.23 42.30	350m: 4:19.27 33.54			
	100m: 1:04.44 34.55	200m: 2:20.93 37.59	300m: 3:45.73 42.50	400m: 4:51.11 31.84			
14.	PINTO Guilherme Lobo	04	Foca Quinta Da Lixa - Cnf	4:51.84	+0,69	583	
	50m: 30.11 30.11	150m: 1:42.54 38.34	250m: 3:03.72 44.08	350m: 4:19.36 31.78			
	100m: 1:04.20 34.09	200m: 2:19.64 37.10	300m: 3:47.58 43.86	400m: 4:51.84 32.48			
15.	PEREIRA Tiago Maia	04	Galitos / Bresimar	4:52.57	+0,75	578	
	50m: 29.58 29.58	150m: 1:41.90 38.11	250m: 3:01.30 42.00	350m: 4:18.43 34.96			
	100m: 1:03.79 34.21	200m: 2:19.30 37.40	300m: 3:43.47 42.17	400m: 4:52.57 34.14			
16.	REIS Leonardo Conceicao	07	Sporting	4:52.80	+0,66	577	
	50m: 30.03 30.03	150m: 1:42.21 37.62	250m: 3:02.96 42.77	350m: 4:19.84 34.07			
	100m: 1:04.59 34.56	200m: 2:20.19 37.98	300m: 3:45.77 42.81	400m: 4:52.80 32.96			
17.	CARVALHO Goncalo Duarte	05	Benfica	4:52.97	+0,75	576	
	50m: 30.34 30.34	150m: 1:45.88 39.31	250m: 3:04.67 40.28	350m: 4:20.60 34.79			
	100m: 1:06.57 36.23	200m: 2:24.39 38.51	300m: 3:45.81 41.14	400m: 4:52.97 32.37			
18.	ALVES Andre Correia	06	Uniao Piedense	4:53.11	+0,77	575	
	50m: 30.06 30.06	150m: 1:43.39 38.01	250m: 3:03.67 43.04	350m: 4:21.00 33.67			
	100m: 1:05.38 35.32	200m: 2:20.63 37.24	300m: 3:47.33 43.66	400m: 4:53.11 32.11			
19.	MORGADO Vasco Alves	05	Alges	4:53.12	+0,64	575	
	50m: 29.08 29.08	150m: 1:40.97 38.59	250m: 3:01.98 42.73	350m: 4:19.56 34.37			
	100m: 1:02.38 33.30	200m: 2:19.25 38.28	300m: 3:45.19 43.21	400m: 4:53.12 33.56			
20.	ARAUJO Joao Guilherme	03	Natacao da Maia	4:55.22	+0,76	563	
	50m: 28.25 28.25	150m: 1:39.45 39.08	250m: 2:59.55 42.28	350m: 4:19.15 36.36			
	100m: 1:00.37 32.12	200m: 2:17.27 37.82	300m: 3:42.79 43.24	400m: 4:55.22 36.07			
21.	FAFTINE Kaio Araujo	06	Sporting	4:55.81	+0,62	560	
	50m: 30.64 30.64	150m: 1:44.52 37.88	250m: 3:05.46 43.19	350m: 4:23.49 33.89			
	100m: 1:06.64 36.00	200m: 2:22.27 37.75	300m: 3:49.60 44.14	400m: 4:55.81 32.32			
22.	CRUZ Leonardo Jose	07	Alcobaca	4:56.20	+0,67	557	
	50m: 30.46 30.46	150m: 1:45.31 39.08	250m: 3:04.75 40.98	350m: 4:22.46 35.74			
	100m: 1:06.23 35.77	200m: 2:23.77 38.46	300m: 3:46.72 41.97	400m: 4:56.20 33.74			
23.	PEREIRA Manuel Angelo	05	Sporting	4:56.89	+0,73	554	
	50m: 30.30 30.30	150m: 1:44.87 39.87	250m: 3:06.41 43.10	350m: 4:23.99 33.70			
	100m: 1:05.00 34.70	200m: 2:23.31 38.44	300m: 3:50.29 43.88	400m: 4:56.89 32.90			

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
24.	CRUZ David Miguel	04	Braga	4:56.95	+0,66	553	
	50m: 29.72 29.72	150m: 1:45.62 40.95	250m: 3:08.35 42.91	350m: 4:23.97 33.58			
	100m: 1:04.67 34.95	200m: 2:25.44 39.82	300m: 3:50.39 42.04	400m: 4:56.95 32.98			
25.	FERNANDES Miguel Alves	05	Viana Natacao	4:57.94	+0,80	548	
	50m: 30.16 30.16	150m: 1:42.37 36.81	250m: 3:03.13 44.56	350m: 4:23.64 35.55			
	100m: 1:05.56 35.40	200m: 2:18.57 36.20	300m: 3:48.09 44.96	400m: 4:57.94 34.30			
26.	PINTO Tiago Rodrigues	05	Sporting	4:58.76	+0,73	543	
	50m: 29.60 29.60	150m: 1:43.15 38.44	250m: 3:04.85 43.23	350m: 4:23.40 34.73			
	100m: 1:04.71 35.11	200m: 2:21.62 38.47	300m: 3:48.67 43.82	400m: 4:58.76 35.36			
27.	RAMOS Gustavo Gomes	06	Porto	4:59.75	+0,71	538	
	50m: 30.36 30.36	150m: 1:44.27 39.61	250m: 3:08.70 45.46	350m: 4:26.83 33.33			
	100m: 1:04.66 34.30	200m: 2:23.24 38.97	300m: 3:53.50 44.80	400m: 4:59.75 32.92			
28.	SOUSA Joao Maria	05	Braga	5:00.27	+0,87	535	
	50m: 29.84 29.84	150m: 1:42.11 37.31	250m: 3:06.39 46.03	350m: 4:26.49 33.93			
	100m: 1:04.80 34.96	200m: 2:20.36 38.25	300m: 3:52.56 46.17	400m: 5:00.27 33.78			
29.	TEIXEIRA Renato Gouveia	07	Foca Quinta Da Lixa - Cnf	5:01.67	+0,70	528	
	50m: 30.99 30.99	150m: 1:44.50 38.88	250m: 3:07.44 45.01	350m: 4:28.37 35.53			
	100m: 1:05.62 34.63	200m: 2:22.43 37.93	300m: 3:52.84 45.40	400m: 5:01.67 33.30			
30.	BARROS Joao Carlos	06	Fluvial Portuense	5:02.85	+0,80	521	
	50m: 30.08 30.08	150m: 1:46.28 40.98	250m: 3:09.09 43.87	350m: 4:29.54 34.66			
	100m: 1:05.30 35.22	200m: 2:25.22 38.94	300m: 3:54.88 45.79	400m: 5:02.85 33.31			
31.	MESQUITA Tomas Afonso	07	Benfica	5:02.95	+0,79	521	
	50m: 31.72 31.72	150m: 1:46.79 38.72	250m: 3:08.21 44.01	350m: 4:27.94 35.06			
	100m: 1:08.07 36.35	200m: 2:24.20 37.41	300m: 3:52.88 44.67	400m: 5:02.95 35.01			
32.	ALMEIDA Joao Francisco	07	Naval do Funchal	5:04.82	+0,72	511	
	50m: 30.86 30.86	150m: 1:47.75 40.38	250m: 3:11.95 44.84	350m: 4:31.69 34.66			
	100m: 1:07.37 36.51	200m: 2:27.11 39.36	300m: 3:57.03 45.08	400m: 5:04.82 33.13			
33.	RODRIGUES Gil Afonso	07	Fluvial Portuense	5:05.27	+0,71	509	
	50m: 30.22 30.22	150m: 1:45.47 40.11	250m: 3:08.74 43.10	350m: 4:30.06 36.78			
	100m: 1:05.36 35.14	200m: 2:25.64 40.17	300m: 3:53.28 44.54	400m: 5:05.27 35.21			
34.	OLIVEIRA Tomas Ferreira	06	Natacao da Maia	5:06.16	+0,72	505	
	50m: 29.74 29.74	150m: 1:46.14 39.38	250m: 3:07.92 42.49	350m: 4:31.21 36.78			
	100m: 1:06.76 37.02	200m: 2:25.43 39.29	300m: 3:54.43 46.51	400m: 5:06.16 34.95			
35.	CORREIA Tiago Almeida	06	Natacao do Montijo	5:06.24	+0,90	504	
	50m: 30.14 30.14	150m: 1:47.56 41.49	250m: 3:11.39 45.08	350m: 4:32.17 34.68			
	100m: 1:06.07 35.93	200m: 2:26.31 38.75	300m: 3:57.49 46.10	400m: 5:06.24 34.07			
36.	BONNIZ Pedro Goncalves	06	Gesloures	5:07.23	+0,72	499	
	50m: 30.20 30.20	150m: 1:46.72 40.76	250m: 3:09.24 42.05	350m: 4:29.28 37.61			
	100m: 1:05.96 35.76	200m: 2:27.19 40.47	300m: 3:51.67 42.43	400m: 5:07.23 37.95			

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
37.	ROQUE Joao Dinis	07	Sporting	5:07.41	+0,86	499	
	50m: 30.75 30.75	150m: 1:46.96 40.55	250m: 3:09.44 42.38	350m: 4:31.44 38.11			
	100m: 1:06.41 35.66	200m: 2:27.06 40.10	300m: 3:53.33 43.89	400m: 5:07.41 35.97			
38.	SIMOES Francisco Marques	07	Ba-Leiria	5:07.59	+0,78	498	
	50m: 31.99 31.99	150m: 1:51.39 40.72	250m: 3:14.47 44.21	350m: 4:33.24 36.14			
	100m: 1:10.67 38.68	200m: 2:30.26 38.87	300m: 3:57.10 42.63	400m: 5:07.59 34.35			
39.	GOMES Joao Almeida	06	Nacional de Natacao	5:07.84	+0,72	496	
	50m: 30.79 30.79	150m: 1:47.10 40.11	250m: 3:14.54 47.42	350m: 4:35.13 34.09			
	100m: 1:06.99 36.20	200m: 2:27.12 40.02	300m: 4:01.04 46.50	400m: 5:07.84 32.71			
40.	JESUS David Duarte	07	Nautico Academico	5:08.06	+0,80	495	
	50m: 31.38 31.38	150m: 1:49.62 41.07	250m: 3:12.77 43.39	350m: 4:34.73 36.26			
	100m: 1:08.55 37.17	200m: 2:29.38 39.76	300m: 3:58.47 45.70	400m: 5:08.06 33.33			
41.	DORES Tomas Rocha	07	Colegio Efanor	5:08.24	+0,77	495	
	50m: 30.54 30.54	150m: 1:45.95 39.39	250m: 3:11.93 46.62	350m: 4:33.52 35.20			
	100m: 1:06.56 36.02	200m: 2:25.31 39.36	300m: 3:58.32 46.39	400m: 5:08.24 34.72			
42.	MAIA Vicente Dias	07	Alges	5:08.25	+0,75	495	
	50m: 30.08 30.08	150m: 1:46.60 40.26	250m: 3:12.18 45.38	350m: 4:34.62 37.24			
	100m: 1:06.34 36.26	200m: 2:26.80 40.20	300m: 3:57.38 45.20	400m: 5:08.25 33.63			
43.	CAMPOS Ricardo Lima	06	Sanjoanense/FEPSA	5:09.07	+0,80	491	
	50m: 31.24 31.24	150m: 1:49.05 41.81	250m: 3:11.48 42.53	350m: 4:32.01 38.22			
	100m: 1:07.24 36.00	200m: 2:28.95 39.90	300m: 3:53.79 42.31	400m: 5:09.07 37.06			
44.	CHOCAS Rodrigo Martins	07	Electrico Clube/ FGil.pt	5:09.11	+0,74	490	
	50m: 31.38 31.38	150m: 1:51.11 42.63	250m: 3:15.12 43.31	350m: 4:36.22 36.31			
	100m: 1:08.48 37.10	200m: 2:31.81 40.70	300m: 3:59.91 44.79	400m: 5:09.11 32.89			
45.	MESQUITA Rodrigo Andrade	06	Sporting	5:10.04	+0,72	486	
	50m: 31.87 31.87	150m: 1:53.40 43.71	250m: 3:17.94 43.58	350m: 4:37.44 36.47			
	100m: 1:09.69 37.82	200m: 2:34.36 40.96	300m: 4:00.97 43.03	400m: 5:10.04 32.60			
46.	GOMES Miguel Braga	07	Sporting	5:11.86	+0,82	478	
	50m: 32.36 32.36	150m: 1:52.11 41.27	250m: 3:17.31 45.51	350m: 4:37.56 34.54			
	100m: 1:10.84 38.48	200m: 2:31.80 39.69	300m: 4:03.02 45.71	400m: 5:11.86 34.30			
	PINTO Mark Ronald	06	Louletano / Loule Concelho	5:11.86	+0,81	478	
	50m: 30.89 30.89	150m: 1:47.83 41.02	250m: 3:13.37 45.22	350m: 4:36.85 36.03			
	100m: 1:06.81 35.92	200m: 2:28.15 40.32	300m: 4:00.82 47.45	400m: 5:11.86 35.01			
48.	BORGES Rodrigo Costa	07	Fluvial Portuense	5:13.08	+0,65	472	
	50m: 30.94 30.94	150m: 1:51.24 41.76	250m: 3:17.17 46.77	350m: 4:39.15 35.74			
	100m: 1:09.48 38.54	200m: 2:30.40 39.16	300m: 4:03.41 46.24	400m: 5:13.08 33.93			
49.	SARAGOCA Eduardo Sousa	07	Viana Natacao	5:14.15	+0,80	467	
	50m: 33.56 33.56	150m: 1:54.32 41.64	250m: 3:19.65 44.81	350m: 4:40.14 35.06			
	100m: 1:12.68 39.12	200m: 2:34.84 40.52	300m: 4:05.08 45.43	400m: 5:14.15 34.01			

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
50.	MARTELO Francisco Bernardes	07	Porto	5:14.36	+0,66	466	
	50m: 30.31 30.31 150m: 1:46.21 40.82 250m: 3:14.85 47.95 350m: 4:39.05 36.22						
	100m: 1:05.39 35.08 200m: 2:26.90 40.69 300m: 4:02.83 47.98 400m: 5:14.36 35.31						
51.	SIMOES Filipe Cruz	06	Miranda do Corvo	5:14.43	+0,91	466	
	50m: 32.47 32.47 150m: 1:49.31 39.55 250m: 3:15.37 45.33 350m: 4:39.27 37.09						
	100m: 1:09.76 37.29 200m: 2:30.04 40.73 300m: 4:02.18 46.81 400m: 5:14.43 35.16						
52.	PINTO Pedro Miguel	07	Fafe	5:15.08	+0,83	463	
	50m: 31.64 31.64 150m: 1:48.94 40.89 250m: 3:16.74 47.66 350m: 4:40.04 36.28						
	100m: 1:08.05 36.41 200m: 2:29.08 40.14 300m: 4:03.76 47.02 400m: 5:15.08 35.04						
53.	FERREIRA Miguel Guedes	07	Porto	5:15.27	+0,85	462	
	50m: 32.33 32.33 150m: 1:52.25 42.44 250m: 3:21.08 47.73 350m: 4:41.63 34.59						
	100m: 1:09.81 37.48 200m: 2:33.35 41.10 300m: 4:07.04 45.96 400m: 5:15.27 33.64						
54.	GODINHO Rafael Pacheco	07	Sporting	5:19.64	+0,89	443	
	50m: 30.07 30.07 150m: 1:48.67 42.93 250m: 3:16.10 46.28 350m: 4:41.84 39.23						
	100m: 1:05.74 35.67 200m: 2:29.82 41.15 300m: 4:02.61 46.51 400m: 5:19.64 37.80						
55.	MARTINS Pedro Lages	07	Alges e Agueda XXI	5:27.33	+0,74	413	
	50m: 33.48 33.48 150m: 1:52.05 39.78 250m: 3:22.73 50.35 350m: 4:49.70 37.77						
	100m: 1:12.27 38.79 200m: 2:32.38 40.33 300m: 4:11.93 49.20 400m: 5:27.33 37.63						

DSQ CATALAO Daniel Nogueira 00 Sporting
609 - Não terminou percurso de costas na posição dorsal - SW 6.5

Event 15 Boys, 400m Medley Juvenis Results Prelim
28/07/2022 - 9:00

Rec Nac Open	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01/06/2014
Rec Nac Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16/07/2013

TAC Juv A 50m: 5:11.44 - 25m: 4:56.65; Juv B 50m: 5:20.25 - 25m: 5:04.63

Points: FINA 2022

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	ZHUKOV Mark	06	Braga	4:48.56	+0,74	603	
	50m: 29.42 29.42 150m: 1:41.76 38.20 250m: 3:00.05 41.45 350m: 4:15.21 33.90						
	100m: 1:03.56 34.14 200m: 2:18.60 36.84 300m: 3:41.31 41.26 400m: 4:48.56 33.35						
2.	REIS Leonardo Conceicao	07	Sporting	4:52.80	+0,66	577	
	50m: 30.03 30.03 150m: 1:42.21 37.62 250m: 3:02.96 42.77 350m: 4:19.84 34.07						
	100m: 1:04.59 34.56 200m: 2:20.19 37.98 300m: 3:45.77 42.81 400m: 4:52.80 32.96						
3.	ALVES Andre Correia	06	Uniao Piedense	4:53.11	+0,77	575	
	50m: 30.06 30.06 150m: 1:43.39 38.01 250m: 3:03.67 43.04 350m: 4:21.00 33.67						
	100m: 1:05.38 35.32 200m: 2:20.63 37.24 300m: 3:47.33 43.66 400m: 4:53.11 32.11						
4.	FAFTINE Kaio Araujo	06	Sporting	4:55.81	+0,62	560	
	50m: 30.64 30.64 150m: 1:44.52 37.88 250m: 3:05.46 43.19 350m: 4:23.49 33.89						
	100m: 1:06.64 36.00 200m: 2:22.27 37.75 300m: 3:49.60 44.14 400m: 4:55.81 32.32						

Event 15, Boys, 400m Medley, Prelim, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
5.	CRUZ Leonardo Jose	07	Alcobaca	4:56.20	+0,67	557	
	50m: 30.46 30.46	150m: 1:45.31 39.08	250m: 3:04.75 40.98	350m: 4:22.46 35.74			
	100m: 1:06.23 35.77	200m: 2:23.77 38.46	300m: 3:46.72 41.97	400m: 4:56.20 33.74			
6.	RAMOS Gustavo Gomes	06	Porto	4:59.75	+0,71	538	
	50m: 30.36 30.36	150m: 1:44.27 39.61	250m: 3:08.70 45.46	350m: 4:26.83 33.33			
	100m: 1:04.66 34.30	200m: 2:23.24 38.97	300m: 3:53.50 44.80	400m: 4:59.75 32.92			
7.	TEIXEIRA Renato Gouveia	07	Foca Quinta Da Lixa - Cnf	5:01.67	+0,70	528	
	50m: 30.99 30.99	150m: 1:44.50 38.88	250m: 3:07.44 45.01	350m: 4:28.37 35.53			
	100m: 1:05.62 34.63	200m: 2:22.43 37.93	300m: 3:52.84 45.40	400m: 5:01.67 33.30			
8.	BARROS Joao Carlos	06	Fluvial Portuense	5:02.85	+0,80	521	
	50m: 30.08 30.08	150m: 1:46.28 40.98	250m: 3:09.09 43.87	350m: 4:29.54 34.66			
	100m: 1:05.30 35.22	200m: 2:25.22 38.94	300m: 3:54.88 45.79	400m: 5:02.85 33.31			
9.	MESQUITA Tomas Afonso	07	Benfica	5:02.95	+0,79	521	
	50m: 31.72 31.72	150m: 1:46.79 38.72	250m: 3:08.21 44.01	350m: 4:27.94 35.06			
	100m: 1:08.07 36.35	200m: 2:24.20 37.41	300m: 3:52.88 44.67	400m: 5:02.95 35.01			
10.	ALMEIDA Joao Francisco	07	Naval do Funchal	5:04.82	+0,72	511	
	50m: 30.86 30.86	150m: 1:47.75 40.38	250m: 3:11.95 44.84	350m: 4:31.69 34.66			
	100m: 1:07.37 36.51	200m: 2:27.11 39.36	300m: 3:57.03 45.08	400m: 5:04.82 33.13			
11.	RODRIGUES Gil Afonso	07	Fluvial Portuense	5:05.27	+0,71	509	
	50m: 30.22 30.22	150m: 1:45.47 40.11	250m: 3:08.74 43.10	350m: 4:30.06 36.78			
	100m: 1:05.36 35.14	200m: 2:25.64 40.17	300m: 3:53.28 44.54	400m: 5:05.27 35.21			
12.	OLIVEIRA Tomas Ferreira	06	Natacao da Maia	5:06.16	+0,72	505	
	50m: 29.74 29.74	150m: 1:46.14 39.38	250m: 3:07.92 42.49	350m: 4:31.21 36.78			
	100m: 1:06.76 37.02	200m: 2:25.43 39.29	300m: 3:54.43 46.51	400m: 5:06.16 34.95			
13.	CORREIA Tiago Almeida	06	Natacao do Montijo	5:06.24	+0,90	504	
	50m: 30.14 30.14	150m: 1:47.56 41.49	250m: 3:11.39 45.08	350m: 4:32.17 34.68			
	100m: 1:06.07 35.93	200m: 2:26.31 38.75	300m: 3:57.49 46.10	400m: 5:06.24 34.07			
14.	BONNIZ Pedro Goncalves	06	Geslours	5:07.23	+0,72	499	
	50m: 30.20 30.20	150m: 1:46.72 40.76	250m: 3:09.24 42.05	350m: 4:29.28 37.61			
	100m: 1:05.96 35.76	200m: 2:27.19 40.47	300m: 3:51.67 42.43	400m: 5:07.23 37.95			
15.	ROQUE Joao Dinis	07	Sporting	5:07.41	+0,86	499	
	50m: 30.75 30.75	150m: 1:46.96 40.55	250m: 3:09.44 42.38	350m: 4:31.44 38.11			
	100m: 1:06.41 35.66	200m: 2:27.06 40.10	300m: 3:53.33 43.89	400m: 5:07.41 35.97			
16.	SIMOES Francisco Marques	07	Ba-Leiria	5:07.59	+0,78	498	
	50m: 31.99 31.99	150m: 1:51.39 40.72	250m: 3:14.47 44.21	350m: 4:33.24 36.14			
	100m: 1:10.67 38.68	200m: 2:30.26 38.87	300m: 3:57.10 42.63	400m: 5:07.59 34.35			
17.	GOMES Joao Almeida	06	Nacional de Natacao	5:07.84	+0,72	496	
	50m: 30.79 30.79	150m: 1:47.10 40.11	250m: 3:14.54 47.42	350m: 4:35.13 34.09			
	100m: 1:06.99 36.20	200m: 2:27.12 40.02	300m: 4:01.04 46.50	400m: 5:07.84 32.71			

Event 15, Boys, 400m Medley, Prelim, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
18.	JESUS David Duarte	07	Nautico Academico	5:08.06	+0,80	495	
	50m: 31.38 31.38	150m: 1:49.62 41.07	250m: 3:12.77 43.39	350m: 4:34.73 36.26			
	100m: 1:08.55 37.17	200m: 2:29.38 39.76	300m: 3:58.47 45.70	400m: 5:08.06 33.33			
19.	DORES Tomas Rocha	07	Colegio Efanor	5:08.24	+0,77	495	
	50m: 30.54 30.54	150m: 1:45.95 39.39	250m: 3:11.93 46.62	350m: 4:33.52 35.20			
	100m: 1:06.56 36.02	200m: 2:25.31 39.36	300m: 3:58.32 46.39	400m: 5:08.24 34.72			
20.	MAIA Vicente Dias	07	Alges	5:08.25	+0,75	495	
	50m: 30.08 30.08	150m: 1:46.60 40.26	250m: 3:12.18 45.38	350m: 4:34.62 37.24			
	100m: 1:06.34 36.26	200m: 2:26.80 40.20	300m: 3:57.38 45.20	400m: 5:08.25 33.63			
21.	CAMPOS Ricardo Lima	06	Sanjoanense/FEPSA	5:09.07	+0,80	491	
	50m: 31.24 31.24	150m: 1:49.05 41.81	250m: 3:11.48 42.53	350m: 4:32.01 38.22			
	100m: 1:07.24 36.00	200m: 2:28.95 39.90	300m: 3:53.79 42.31	400m: 5:09.07 37.06			
22.	CHOCAS Rodrigo Martins	07	Electrico Clube/ FGil.pt	5:09.11	+0,74	490	
	50m: 31.38 31.38	150m: 1:51.11 42.63	250m: 3:15.12 43.31	350m: 4:36.22 36.31			
	100m: 1:08.48 37.10	200m: 2:31.81 40.70	300m: 3:59.91 44.79	400m: 5:09.11 32.89			
23.	MESQUITA Rodrigo Andrade	06	Sporting	5:10.04	+0,72	486	
	50m: 31.87 31.87	150m: 1:53.40 43.71	250m: 3:17.94 43.58	350m: 4:37.44 36.47			
	100m: 1:09.69 37.82	200m: 2:34.36 40.96	300m: 4:00.97 43.03	400m: 5:10.04 32.60			
24.	GOMES Miguel Braga	07	Sporting	5:11.86	+0,82	478	
	50m: 32.36 32.36	150m: 1:52.11 41.27	250m: 3:17.31 45.51	350m: 4:37.56 34.54			
	100m: 1:10.84 38.48	200m: 2:31.80 39.69	300m: 4:03.02 45.71	400m: 5:11.86 34.30			
	PINTO Mark Ronald	06	Louletano / Loule Concelho	5:11.86	+0,81	478	
	50m: 30.89 30.89	150m: 1:47.83 41.02	250m: 3:13.37 45.22	350m: 4:36.85 36.03			
	100m: 1:06.81 35.92	200m: 2:28.15 40.32	300m: 4:00.82 47.45	400m: 5:11.86 35.01			
26.	BORGES Rodrigo Costa	07	Fluvial Portuense	5:13.08	+0,65	472	
	50m: 30.94 30.94	150m: 1:51.24 41.76	250m: 3:17.17 46.77	350m: 4:39.15 35.74			
	100m: 1:09.48 38.54	200m: 2:30.40 39.16	300m: 4:03.41 46.24	400m: 5:13.08 33.93			
27.	SARAGOCA Eduardo Sousa	07	Viana Natacao	5:14.15	+0,80	467	
	50m: 33.56 33.56	150m: 1:54.32 41.64	250m: 3:19.65 44.81	350m: 4:40.14 35.06			
	100m: 1:12.68 39.12	200m: 2:34.84 40.52	300m: 4:05.08 45.43	400m: 5:14.15 34.01			
28.	MARTELO Francisco Bernardes	07	Porto	5:14.36	+0,66	466	
	50m: 30.31 30.31	150m: 1:46.21 40.82	250m: 3:14.85 47.95	350m: 4:39.05 36.22			
	100m: 1:05.39 35.08	200m: 2:26.90 40.69	300m: 4:02.83 47.98	400m: 5:14.36 35.31			
29.	SIMOES Filipe Cruz	06	Miranda do Corvo	5:14.43	+0,91	466	
	50m: 32.47 32.47	150m: 1:49.31 39.55	250m: 3:15.37 45.33	350m: 4:39.27 37.09			
	100m: 1:09.76 37.29	200m: 2:30.04 40.73	300m: 4:02.18 46.81	400m: 5:14.43 35.16			
30.	PINTO Pedro Miguel	07	Fafe	5:15.08	+0,83	463	
	50m: 31.64 31.64	150m: 1:48.94 40.89	250m: 3:16.74 47.66	350m: 4:40.04 36.28			
	100m: 1:08.05 36.41	200m: 2:29.08 40.14	300m: 4:03.76 47.02	400m: 5:15.08 35.04			

Event 15, Boys, 400m Medley, Prelim, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
31.	FERREIRA Miguel Guedes	07	Porto	5:15.27	+0,85	462	
	50m: 32.33 32.33	150m: 1:52.25 42.44	250m: 3:21.08 47.73	350m: 4:41.63 34.59			
	100m: 1:09.81 37.48	200m: 2:33.35 41.10	300m: 4:07.04 45.96	400m: 5:15.27 33.64			
32.	GODINHO Rafael Pacheco	07	Sporting	5:19.64	+0,89	443	
	50m: 30.07 30.07	150m: 1:48.67 42.93	250m: 3:16.10 46.28	350m: 4:41.84 39.23			
	100m: 1:05.74 35.67	200m: 2:29.82 41.15	300m: 4:02.61 46.51	400m: 5:19.64 37.80			
33.	MARTINS Pedro Lages	07	Alges e Agueda XXI	5:27.33	+0,74	413	
	50m: 33.48 33.48	150m: 1:52.05 39.78	250m: 3:22.73 50.35	350m: 4:49.70 37.77			
	100m: 1:12.27 38.79	200m: 2:32.38 40.33	300m: 4:11.93 49.20	400m: 5:27.33 37.63			

Event 15

28/07/2022 - 9:00

Men, 400m Medley

Absolutos
Results Prelim

Rec Nac Open	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Jun18	4:21.42	LOPES Jose Paulo	POR	Helsinki (FIN)	08/07/2018
Rec Nac Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore (SGP)	29/08/2015

TAC 20 + 50m: 4:44.98 - 25m: 4:37.73; 19 50m: 4:46.41 - 25m: 4:39.12; Jun18 50m: 4:55.13 - 25m: 4:45.22; Jun17 50m: 4:56.61 - 25m: 4:46.65

Points: FINA 2022

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	BASTOS Lucas Pereira	00	Nautico Academico	4:37.84	+0,70	675	
	50m: 28.75 28.75	150m: 1:35.87 34.80	250m: 2:50.97 40.29	350m: 4:05.15 33.59			
	100m: 1:01.07 32.32	200m: 2:10.68 34.81	300m: 3:31.56 40.59	400m: 4:37.84 32.69			
2.	SILVA Afonso Carvalho	05	Famalicao	4:39.60	+0,68	663	
	50m: 29.61 29.61	150m: 1:40.31 36.92	250m: 2:55.48 39.59	350m: 4:08.72 33.09			
	100m: 1:03.39 33.78	200m: 2:15.89 35.58	300m: 3:35.63 40.15	400m: 4:39.60 30.88			
3.	PINOTES Pedro Miguel	89	Sporting	4:40.87	+0,74	654	
	50m: 28.92 28.92	150m: 1:38.68 36.67	250m: 2:55.60 40.23	350m: 4:08.78 33.32			
	100m: 1:02.01 33.09	200m: 2:15.37 36.69	300m: 3:35.46 39.86	400m: 4:40.87 32.09			
4.	COSTA Joao Peres	04	Naval Praia da Vitoria	4:40.97	+0,64	653	
	50m: 30.00 30.00	150m: 1:39.47 35.46	250m: 2:55.59 40.21	350m: 4:09.00 32.62			
	100m: 1:04.01 34.01	200m: 2:15.38 35.91	300m: 3:36.38 40.79	400m: 4:40.97 31.97			
5.	GOUVEIA Luis Galvao	05	Desportivo Nacional	4:41.28	+0,67	651	
	50m: 28.78 28.78	150m: 1:39.64 37.90	250m: 2:56.34 40.41	350m: 4:10.33 33.54			
	100m: 1:01.74 32.96	200m: 2:15.93 36.29	300m: 3:36.79 40.45	400m: 4:41.28 30.95			
6.	SILVA Tomas Antonio	01	Porto	4:41.51	+0,72	649	
	50m: 28.92 28.92	150m: 1:39.25 36.57	250m: 2:55.35 39.41	350m: 4:08.87 34.63			
	100m: 1:02.68 33.76	200m: 2:15.94 36.69	300m: 3:34.24 38.89	400m: 4:41.51 32.64			
7.	CARDOSO Diogo Santos	01	Sporting	4:42.58	+0,79	642	
	50m: 29.94 29.94	150m: 1:42.48 39.24	250m: 3:00.37 40.80	350m: 4:12.82 31.81			
	100m: 1:03.24 33.30	200m: 2:19.57 37.09	300m: 3:41.01 40.64	400m: 4:42.58 29.76			

Splash Meet Manager, 11.73733

Registered to Federacao Portuguesa De Natacao

28/07/2022 9:37 - Page 8

ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



MUNICÍPIO DE OEIRAS



Event 15, Men, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
8.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	4:44.95	+0,82	626	
	50m: 28.41 28.41	150m: 1:39.40 37.39	250m: 2:58.07 42.28	350m: 4:13.53 32.36			
	100m: 1:02.01 33.60	200m: 2:15.79 36.39	300m: 3:41.17 43.10	400m: 4:44.95 31.42			
9.	NEAGU Tiberius Sebastian	04	Academico Viseu	4:49.69	+0,63	596	
	50m: 30.51 30.51	150m: 1:43.85 39.09	250m: 3:03.11 40.79	350m: 4:17.15 32.58			
	100m: 1:04.76 34.25	200m: 2:22.32 38.47	300m: 3:44.57 41.46	400m: 4:49.69 32.54			
10.	RODRIGUES Rodrigo Reis	04	Sao Roque	4:50.94	+0,67	588	
	50m: 29.21 29.21	150m: 1:41.96 39.07	250m: 3:03.16 42.53	350m: 4:18.51 33.16			
	100m: 1:02.89 33.68	200m: 2:20.63 38.67	300m: 3:45.35 42.19	400m: 4:50.94 32.43			
11.	DIOGO Dinis Miranda	04	Nautico Academico	4:51.11	+0,71	587	
	50m: 29.89 29.89	150m: 1:43.34 38.90	250m: 3:03.23 42.30	350m: 4:19.27 33.54			
	100m: 1:04.44 34.55	200m: 2:20.93 37.59	300m: 3:45.73 42.50	400m: 4:51.11 31.84			
12.	PINTO Guilherme Lobo	04	Foca Quinta Da Lixa - Cnf	4:51.84	+0,69	583	
	50m: 30.11 30.11	150m: 1:42.54 38.34	250m: 3:03.72 44.08	350m: 4:19.36 31.78			
	100m: 1:04.20 34.09	200m: 2:19.64 37.10	300m: 3:47.58 43.86	400m: 4:51.84 32.48			
13.	PEREIRA Tiago Maia	04	Galitos / Bresimar	4:52.57	+0,75	578	
	50m: 29.58 29.58	150m: 1:41.90 38.11	250m: 3:01.30 42.00	350m: 4:18.43 34.96			
	100m: 1:03.79 34.21	200m: 2:19.30 37.40	300m: 3:43.47 42.17	400m: 4:52.57 34.14			
14.	CARVALHO Goncalo Duarte	05	Benfica	4:52.97	+0,75	576	
	50m: 30.34 30.34	150m: 1:45.88 39.31	250m: 3:04.67 40.28	350m: 4:20.60 34.79			
	100m: 1:06.57 36.23	200m: 2:24.39 38.51	300m: 3:45.81 41.14	400m: 4:52.97 32.37			
15.	MORGADO Vasco Alves	05	Alges	4:53.12	+0,64	575	
	50m: 29.08 29.08	150m: 1:40.97 38.59	250m: 3:01.98 42.73	350m: 4:19.56 34.37			
	100m: 1:02.38 33.30	200m: 2:19.25 38.28	300m: 3:45.19 43.21	400m: 4:53.12 33.56			
16.	ARAUJO Joao Guilherme	03	Natacao da Maia	4:55.22	+0,76	563	
	50m: 28.25 28.25	150m: 1:39.45 39.08	250m: 2:59.55 42.28	350m: 4:19.15 36.36			
	100m: 1:00.37 32.12	200m: 2:17.27 37.82	300m: 3:42.79 43.24	400m: 4:55.22 36.07			
17.	PEREIRA Manuel Angelo	05	Sporting	4:56.89	+0,73	554	
	50m: 30.30 30.30	150m: 1:44.87 39.87	250m: 3:06.41 43.10	350m: 4:23.99 33.70			
	100m: 1:05.00 34.70	200m: 2:23.31 38.44	300m: 3:50.29 43.88	400m: 4:56.89 32.90			
18.	CRUZ David Miguel	04	Braga	4:56.95	+0,66	553	
	50m: 29.72 29.72	150m: 1:45.62 40.95	250m: 3:08.35 42.91	350m: 4:23.97 33.58			
	100m: 1:04.67 34.95	200m: 2:25.44 39.82	300m: 3:50.39 42.04	400m: 4:56.95 32.98			
19.	FERNANDES Miguel Alves	05	Viana Natacao	4:57.94	+0,80	548	
	50m: 30.16 30.16	150m: 1:42.37 36.81	250m: 3:03.13 44.56	350m: 4:23.64 35.55			
	100m: 1:05.56 35.40	200m: 2:18.57 36.20	300m: 3:48.09 44.96	400m: 4:57.94 34.30			
20.	PINTO Tiago Rodrigues	05	Sporting	4:58.76	+0,73	543	
	50m: 29.60 29.60	150m: 1:43.15 38.44	250m: 3:04.85 43.23	350m: 4:23.40 34.73			
	100m: 1:04.71 35.11	200m: 2:21.62 38.47	300m: 3:48.67 43.82	400m: 4:58.76 35.36			

Event 15, Men, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
21.	SOUSA Joao Maria	05	Braga	5:00.27	+0,87	535	
	50m: 29.84 29.84	150m: 1:42.11 37.31	250m: 3:06.39 46.03	350m: 4:26.49 33.93			
	100m: 1:04.80 34.96	200m: 2:20.36 38.25	300m: 3:52.56 46.17	400m: 5:00.27 33.78			
DSQ	CATALAO Daniel Nogueira	00	Sporting				
	609 - Não terminou percurso de costas na posição dorsal - SW 6.5						