

Prova 104

Masc., 800m Livres

Open

30/07/2022 - 16:30

Resultados

Rec Nac Absoluto	7:52.68	LOPES Jose Paulo	POR	Budapeste (HUN)	22/05/2021
Rec Nac Sen	7:52.68	LOPES Jose Paulo	POR	Budapeste (HUN)	22/05/2021
Rec Nac Jun18	8:06.97	PINA Guilherme Filipe	POR	Hodmezovasarhely (HUN)	09/07/2016
Rec Nac Jun17	8:13.49	SANTA Gustavo Manuel	POR	Helsinki (FIN)	17/07/2010
Rec Nac Juv A	8:23.54	SANTA Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	8:37.90	CLARA Vitor Belo	ADBA	Coimbra	14/07/2019
Rec Nac Inf A	8:54.25	OLIVEIRA Pedro Fontoura	CFB	Lisboa	29/05/2004
Rec Nac Inf B	9:12.56	OLIVEIRA Pedro Fontoura	CFB	Lisboa	27/07/2003

TAC 20 + 50m: 8:44.58 - 25m: 8:26.90; 19 50m: 8:44.58 - 25m: 8:26.90; Jun18 50m: 8:57.29 - 25m: 8:35.18; Jun17 50m: 9:05.40 - 25m: 8:43.37; Juv A 50m: 9:27.48 - 25m: 9:15.87; Juv B 50m: 9:39.83 - 25m: 9:41.98

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SANTOS Pedro Miguel	01	Porto	<b>8:20.01</b>	+0,68	739	
	50m: 28.71 28.71	250m: 2:33.75	31.37	450m: 4:40.01	30.44	650m: 6:46.64	32.23
	100m: 59.27 30.56	300m: 3:05.63	31.88	500m: 5:10.96	30.95	700m: 7:18.23	31.59
	150m: 1:31.01 31.74	350m: 3:37.90	32.27	550m: 5:42.71	31.75	750m: 7:50.04	31.81
	200m: 2:02.38 31.37	400m: 4:09.57	31.67	600m: 6:14.41	31.70	800m: 8:20.01	29.97
2.	CARDOSO Diogo Santos	01	Sporting	<b>8:22.29</b>	+0,88	729	
	50m: 28.57 28.57	250m: 2:33.22	31.46	450m: 4:41.53	32.01	650m: 6:48.60	31.92
	100m: 59.22 30.65	300m: 3:05.10	31.88	500m: 5:12.99	31.46	700m: 7:19.94	31.34
	150m: 1:30.71 31.49	350m: 3:37.36	32.26	550m: 5:45.02	32.03	750m: 7:52.24	32.30
	200m: 2:01.76 31.05	400m: 4:09.52	32.16	600m: 6:16.68	31.66	800m: 8:22.29	30.05
3.	MARQUES Gustavo Pires	04	Uniao Coimbra	<b>8:25.26</b>	+0,70	716	
	50m: 28.16 28.16	250m: 2:33.64	31.23	450m: 4:40.76	31.16	650m: 6:49.18	31.77
	100m: 59.13 30.97	300m: 3:05.43	31.79	500m: 5:12.93	32.17	700m: 7:22.10	32.92
	150m: 1:30.87 31.74	350m: 3:37.34	31.91	550m: 5:44.79	31.86	750m: 7:54.35	32.25
	200m: 2:02.41 31.54	400m: 4:09.60	32.26	600m: 6:17.41	32.62	800m: 8:25.26	30.91
4.	BELIG Xavier	97	C.N. Barcelona	<b>8:30.34</b>	+0,72	695	
	50m: 28.41 28.41	250m: 2:35.56	31.99	450m: 4:45.44	32.41	650m: 6:55.80	32.65
	100m: 59.76 31.35	300m: 3:07.93	32.37	500m: 5:18.14	32.70	700m: 7:28.39	32.59
	150m: 1:31.52 31.76	350m: 3:40.36	32.43	550m: 5:50.55	32.41	750m: 8:00.08	31.69
	200m: 2:03.57 32.05	400m: 4:13.03	32.67	600m: 6:23.15	32.60	800m: 8:30.34	30.26
5.	AMARAL Francisco Rodriguez	02	Porto	<b>8:37.43</b>	+0,84	667	
	50m: 29.07 29.07	250m: 2:34.11	31.59	450m: 4:42.36	32.22	650m: 6:55.93	34.31
	100m: 59.66 30.59	300m: 3:05.74	31.63	500m: 5:14.67	32.31	700m: 7:30.35	34.42
	150m: 1:31.12 31.46	350m: 3:37.78	32.04	550m: 5:48.07	33.40	750m: 8:04.55	34.20
	200m: 2:02.52 31.40	400m: 4:10.14	32.36	600m: 6:21.62	33.55	800m: 8:37.43	32.88
6.	YEGRES COTTIN Andres	02	C.N. Barcelona	<b>8:38.75</b>	+0,66	662	
	50m: 29.06 29.06	250m: 2:40.82	33.42	450m: 4:52.83	32.96	650m: 7:03.78	32.78
	100m: 1:01.19 32.13	300m: 3:13.98	33.16	500m: 5:25.57	32.74	700m: 7:36.19	32.41
	150m: 1:34.07 32.88	350m: 3:46.95	32.97	550m: 5:58.52	32.95	750m: 8:08.16	31.97
	200m: 2:07.40 33.33	400m: 4:19.87	32.92	600m: 6:31.00	32.48	800m: 8:38.75	30.59

Prova 104, Masc., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	<b>8:39.93</b>	<b>+0,78</b>	<b>657</b>	
	50m: 29.06 29.06	250m: 2:39.67 32.70	450m: 4:50.99 32.97	650m: 7:02.22 32.86			
	100m: 1:01.13 32.07	300m: 3:12.12 32.45	500m: 5:23.80 32.81	700m: 7:35.27 33.05			
	150m: 1:34.34 33.21	350m: 3:44.98 32.86	550m: 5:56.81 33.01	750m: 8:08.01 32.74			
	200m: 2:06.97 32.63	400m: 4:18.02 33.04	600m: 6:29.36 32.55	800m: 8:39.93 31.92			
8.	SPIESS Alexandre Martinenko	98	Sporting	<b>8:40.82</b>	<b>+0,73</b>	<b>654</b>	
	50m: 29.53 29.53	250m: 2:39.27 32.95	450m: 4:51.38 33.09	650m: 7:03.28 32.94			
	100m: 1:01.35 31.82	300m: 3:12.09 32.82	500m: 5:24.13 32.75	700m: 7:35.73 32.45			
	150m: 1:33.57 32.22	350m: 3:45.11 33.02	550m: 5:57.37 33.24	750m: 8:08.80 33.07			
	200m: 2:06.32 32.75	400m: 4:18.29 33.18	600m: 6:30.34 32.97	800m: 8:40.82 32.02			
9.	CARDOSO Filipe Santos	04	Gafanha da Encarnacao	<b>8:42.44</b>	<b>+0,66</b>	<b>648</b>	
	50m: 29.69 29.69	250m: 2:40.81 32.95	450m: 4:53.88 33.24	650m: 7:06.88 32.97			
	100m: 1:01.94 32.25	300m: 3:14.10 33.29	500m: 5:27.10 33.22	700m: 7:39.74 32.86			
	150m: 1:35.00 33.06	350m: 3:47.12 33.02	550m: 6:00.40 33.30	750m: 8:11.59 31.85			
	200m: 2:07.86 32.86	400m: 4:20.64 33.52	600m: 6:33.91 33.51	800m: 8:42.44 30.85			
10.	CARVALHO Goncalo Renato	04	Porto	<b>8:45.77</b>	<b>+0,61</b>	<b>635</b>	
	50m: 30.18 30.18	250m: 2:41.11 32.49	450m: 4:53.24 32.71	650m: 7:07.04 33.52			
	100m: 1:02.82 32.64	300m: 3:14.35 33.24	500m: 5:26.61 33.37	700m: 7:40.69 33.65			
	150m: 1:35.63 32.81	350m: 3:47.51 33.16	550m: 6:00.14 33.53	750m: 8:13.75 33.06			
	200m: 2:08.62 32.99	400m: 4:20.53 33.02	600m: 6:33.52 33.38	800m: 8:45.77 32.02			
11.	CARDOSO Guilherme Maia	05	Columbofila Cantanhedense	<b>8:50.20</b>	<b>+0,73</b>	<b>620</b>	
	50m: 30.20 30.20	250m: 2:42.10 33.20	450m: 4:55.55 33.49	650m: 7:10.98 33.83			
	100m: 1:02.73 32.53	300m: 3:15.45 33.35	500m: 5:29.69 34.14	700m: 7:44.76 33.78			
	150m: 1:35.78 33.05	350m: 3:48.74 33.29	550m: 6:03.07 33.38	750m: 8:17.95 33.19			
	200m: 2:08.90 33.12	400m: 4:22.06 33.32	600m: 6:37.15 34.08	800m: 8:50.20 32.25			
12.	SANTOS Ricardo Matias	05	CPFZ - Natacao	<b>8:52.01</b>	<b>+0,81</b>	<b>613</b>	
	50m: 30.57 30.57	250m: 2:43.96 33.63	450m: 4:58.25 33.40	650m: 7:13.39 33.70			
	100m: 1:03.36 32.79	300m: 3:17.80 33.84	500m: 5:32.27 34.02	700m: 7:47.24 33.85			
	150m: 1:36.55 33.19	350m: 3:51.14 33.34	550m: 6:05.84 33.57	750m: 8:20.92 33.68			
	200m: 2:10.33 33.78	400m: 4:24.85 33.71	600m: 6:39.69 33.85	800m: 8:52.01 31.09			
13.	AMADO Pedro Maria	05	Alges	<b>8:53.16</b>	<b>+0,86</b>	<b>609</b>	
	50m: 29.97 29.97	250m: 2:43.99 33.96	450m: 4:58.15 33.17	650m: 7:13.22 33.88			
	100m: 1:02.87 32.90	300m: 3:17.75 33.76	500m: 5:31.29 33.14	700m: 7:47.30 34.08			
	150m: 1:36.36 33.49	350m: 3:51.20 33.45	550m: 6:05.25 33.96	750m: 8:20.97 33.67			
	200m: 2:10.03 33.67	400m: 4:24.98 33.78	600m: 6:39.34 34.09	800m: 8:53.16 32.19			
14.	MASCARENHAS Henrique Silva	01	Fluvial Portuense	<b>8:54.15</b>	<b>+0,66</b>	<b>606</b>	
	50m: 28.80 28.80	250m: 2:40.72 33.53	450m: 4:55.20 33.47	650m: 7:11.20 34.24			
	100m: 1:01.10 32.30	300m: 3:14.42 33.70	500m: 5:28.85 33.65	700m: 7:45.65 34.45			
	150m: 1:34.04 32.94	350m: 3:48.21 33.79	550m: 6:02.68 33.83	750m: 8:20.16 34.51			
	200m: 2:07.19 33.15	400m: 4:21.73 33.52	600m: 6:36.96 34.28	800m: 8:54.15 33.99			
15.	SOUSA Joao Maria	05	Braga	<b>8:54.97</b>	<b>+0,80</b>	<b>603</b>	
	50m: 29.68 29.68	250m: 2:41.54 33.33	450m: 4:56.47 33.77	650m: 7:13.52 34.22			
	100m: 1:01.97 32.29	300m: 3:15.13 33.59	500m: 5:30.55 34.08	700m: 7:48.16 34.64			
	150m: 1:34.94 32.97	350m: 3:48.78 33.65	550m: 6:04.84 34.29	750m: 8:22.20 34.04			
	200m: 2:08.21 33.27	400m: 4:22.70 33.92	600m: 6:39.30 34.46	800m: 8:54.97 32.77			

Prova 104, Masc., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	GONCALVES Alexandre Ramos	05	Colegio Efanor	<b>8:55.81</b>	<b>+0,77</b>	<b>600</b>	
	50m: 29.67 29.67	250m: 2:41.65	33.45	450m: 4:56.60	33.56	650m: 7:14.37	34.13
	100m: 1:01.63 31.96	300m: 3:15.42	33.77	500m: 5:30.94	34.34	700m: 7:48.92	34.55
	150m: 1:34.80 33.17	350m: 3:49.29	33.87	550m: 6:05.53	34.59	750m: 8:23.18	34.26
	200m: 2:08.20 33.40	400m: 4:23.04	33.75	600m: 6:40.24	34.71	800m: 8:55.81	32.63
17.	TIGRE Pedro Bethlem	06	Sporting	<b>8:57.66</b>	<b>+0,88</b>	<b>594</b>	
	50m: 30.26 30.26	250m: 2:45.60	34.42	450m: 5:03.34	34.44	650m: 7:19.02	33.74
	100m: 1:03.45 33.19	300m: 3:19.88	34.28	500m: 5:37.49	34.15	700m: 7:52.71	33.69
	150m: 1:37.27 33.82	350m: 3:54.46	34.58	550m: 6:11.27	33.78	750m: 8:26.23	33.52
	200m: 2:11.18 33.91	400m: 4:28.90	34.44	600m: 6:45.28	34.01	800m: 8:57.66	31.43
18.	GOMES Marcio Fernandes	04	Braga	<b>8:57.84</b>	<b>+0,64</b>	<b>594</b>	
	50m: 30.37 30.37	250m: 2:43.46	33.50	450m: 4:59.37	33.94	650m: 7:17.97	34.76
	100m: 1:03.26 32.89	300m: 3:17.10	33.64	500m: 5:33.69	34.32	700m: 7:52.31	34.34
	150m: 1:36.63 33.37	350m: 3:50.91	33.81	550m: 6:08.42	34.73	750m: 8:26.33	34.02
	200m: 2:09.96 33.33	400m: 4:25.43	34.52	600m: 6:43.21	34.79	800m: 8:57.84	31.51
19.	LEITE Afonso Martim	05	Foca Quinta Da Lixa - Cnf	<b>8:59.41</b>	<b>+0,72</b>	<b>588</b>	
	50m: 29.90 29.90	250m: 2:43.20	33.70	450m: 4:58.00	33.51	650m: 7:15.03	34.84
	100m: 1:02.53 32.63	300m: 3:16.89	33.69	500m: 5:31.48	33.48	700m: 7:50.13	35.10
	150m: 1:36.07 33.54	350m: 3:50.71	33.82	550m: 6:05.59	34.11	750m: 8:25.59	35.46
	200m: 2:09.50 33.43	400m: 4:24.49	33.78	600m: 6:40.19	34.60	800m: 8:59.41	33.82
20.	DIAZ ROMERO Carlos	01	Nautico Sevilla	<b>9:01.47</b>	<b>+0,72</b>	<b>582</b>	
	50m: 29.22 29.22	250m: 2:40.71	33.33	450m: 4:57.68	35.01	650m: 7:17.48	35.52
	100m: 1:01.23 32.01	300m: 3:14.53	33.82	500m: 5:32.43	34.75	700m: 7:52.30	34.82
	150m: 1:34.10 32.87	350m: 3:48.56	34.03	550m: 6:06.96	34.53	750m: 8:27.22	34.92
	200m: 2:07.38 33.28	400m: 4:22.67	34.11	600m: 6:41.96	35.00	800m: 9:01.47	34.25
21.	PEREIRA Manuel Angelo	05	Sporting	<b>9:04.49</b>	<b>+0,73</b>	<b>572</b>	
	50m: 30.11 30.11	250m: 2:45.24	34.33	450m: 5:03.69	34.93	650m: 7:22.70	34.34
	100m: 1:03.23 33.12	300m: 3:19.75	34.51	500m: 5:38.88	35.19	700m: 7:57.34	34.64
	150m: 1:36.80 33.57	350m: 3:54.07	34.32	550m: 6:13.66	34.78	750m: 8:31.29	33.95
	200m: 2:10.91 34.11	400m: 4:28.76	34.69	600m: 6:48.36	34.70	800m: 9:04.49	33.20
22.	ANSELMO Raul Sousa	05	Bombeiros de Ponta Delgada	<b>9:11.05</b>	<b>+0,70</b>	<b>552</b>	
	50m: 29.92 29.92	250m: 2:44.37	34.69	450m: 5:03.51	35.13	650m: 7:25.85	35.92
	100m: 1:02.64 32.72	300m: 3:18.90	34.53	500m: 5:38.68	35.17	700m: 8:01.15	35.30
	150m: 1:35.96 33.32	350m: 3:53.89	34.99	550m: 6:14.23	35.55	750m: 8:37.14	35.99
	200m: 2:09.68 33.72	400m: 4:28.38	34.49	600m: 6:49.93	35.70	800m: 9:11.05	33.91
23.	GOUVEIA Bruno Cesar	07	Sporting	<b>9:21.14</b>	<b>+0,66</b>	<b>523</b>	
	50m: 30.62 30.62	250m: 2:48.43	35.58	450m: 5:11.36	35.90	650m: 7:35.93	35.99
	100m: 1:03.84 33.22	300m: 3:23.77	35.34	500m: 5:47.21	35.85	700m: 8:11.82	35.89
	150m: 1:38.21 34.37	350m: 3:59.65	35.88	550m: 6:23.77	36.56	750m: 8:47.30	35.48
	200m: 2:12.85 34.64	400m: 4:35.46	35.81	600m: 6:59.94	36.17	800m: 9:21.14	33.84

Prova 104, Masc., 800m Livres

Prova 104 Masc., 800m Livres Absolutos  
30/07/2022 - 16:30 Resultados

Rec Nac Absoluto	7:52.68	LOPES Jose Paulo	POR	Budapeste (HUN)	22/05/2021
Rec Nac Sen	7:52.68	LOPES Jose Paulo	POR	Budapeste (HUN)	22/05/2021
Rec Nac Jun18	8:06.97	PINA Guilherme Filipe	POR	Hodmezovasarhely (HUN)	09/07/2016
Rec Nac Jun17	8:13.49	SANTA Gustavo Manuel	POR	Helsinki (FIN)	17/07/2010
Rec Nac Juv A	8:23.54	SANTA Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	8:37.90	CLARA Vitor Belo	ADBA	Coimbra	14/07/2019

TAC 20 + 50m: 8:44.58 - 25m: 8:26.90; 19 50m: 8:44.58 - 25m: 8:26.90; Jun18 50m: 8:57.29 - 25m: 8:35.18; Jun17 50m: 9:05.40 - 25m: 8:43.37; Juv A 50m: 9:27.48 - 25m: 9:15.87; Juv B 50m: 9:39.83 - 25m: 9:41.98

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SANTOS Pedro Miguel	01	Porto	<b>8:20.01</b>	+0,68	739	
	50m: 28.71 28.71	250m: 2:33.75	31.37	450m: 4:40.01	30.44	650m: 6:46.64	32.23
	100m: 59.27 30.56	300m: 3:05.63	31.88	500m: 5:10.96	30.95	700m: 7:18.23	31.59
	150m: 1:31.01 31.74	350m: 3:37.90	32.27	550m: 5:42.71	31.75	750m: 7:50.04	31.81
	200m: 2:02.38 31.37	400m: 4:09.57	31.67	600m: 6:14.41	31.70	800m: 8:20.01	29.97
2.	CARDOSO Diogo Santos	01	Sporting	<b>8:22.29</b>	+0,88	729	
	50m: 28.57 28.57	250m: 2:33.22	31.46	450m: 4:41.53	32.01	650m: 6:48.60	31.92
	100m: 59.22 30.65	300m: 3:05.10	31.88	500m: 5:12.99	31.46	700m: 7:19.94	31.34
	150m: 1:30.71 31.49	350m: 3:37.36	32.26	550m: 5:45.02	32.03	750m: 7:52.24	32.30
	200m: 2:01.76 31.05	400m: 4:09.52	32.16	600m: 6:16.68	31.66	800m: 8:22.29	30.05
3.	MARQUES Gustavo Pires	04	Uniao Coimbra	<b>8:25.26</b>	+0,70	716	
	50m: 28.16 28.16	250m: 2:33.64	31.23	450m: 4:40.76	31.16	650m: 6:49.18	31.77
	100m: 59.13 30.97	300m: 3:05.43	31.79	500m: 5:12.93	32.17	700m: 7:22.10	32.92
	150m: 1:30.87 31.74	350m: 3:37.34	31.91	550m: 5:44.79	31.86	750m: 7:54.35	32.25
	200m: 2:02.41 31.54	400m: 4:09.60	32.26	600m: 6:17.41	32.62	800m: 8:25.26	30.91
4.	AMARAL Francisco Rodriguez	02	Porto	<b>8:37.43</b>	+0,84	667	
	50m: 29.07 29.07	250m: 2:34.11	31.59	450m: 4:42.36	32.22	650m: 6:55.93	34.31
	100m: 59.66 30.59	300m: 3:05.74	31.63	500m: 5:14.67	32.31	700m: 7:30.35	34.42
	150m: 1:31.12 31.46	350m: 3:37.78	32.04	550m: 5:48.07	33.40	750m: 8:04.55	34.20
	200m: 2:02.52 31.40	400m: 4:10.14	32.36	600m: 6:21.62	33.55	800m: 8:37.43	32.88
5.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	<b>8:39.93</b>	+0,78	657	
	50m: 29.06 29.06	250m: 2:39.67	32.70	450m: 4:50.99	32.97	650m: 7:02.22	32.86
	100m: 1:01.13 32.07	300m: 3:12.12	32.45	500m: 5:23.80	32.81	700m: 7:35.27	33.05
	150m: 1:34.34 33.21	350m: 3:44.98	32.86	550m: 5:56.81	33.01	750m: 8:08.01	32.74
	200m: 2:06.97 32.63	400m: 4:18.02	33.04	600m: 6:29.36	32.55	800m: 8:39.93	31.92
6.	CARDOSO Filipe Santos	04	Gafanha da Encarnacao	<b>8:42.44</b>	+0,66	648	
	50m: 29.69 29.69	250m: 2:40.81	32.95	450m: 4:53.88	33.24	650m: 7:06.88	32.97
	100m: 1:01.94 32.25	300m: 3:14.10	33.29	500m: 5:27.10	33.22	700m: 7:39.74	32.86
	150m: 1:35.00 33.06	350m: 3:47.12	33.02	550m: 6:00.40	33.30	750m: 8:11.59	31.85
	200m: 2:07.86 32.86	400m: 4:20.64	33.52	600m: 6:33.91	33.51	800m: 8:42.44	30.85
7.	CARVALHO Goncalo Renato	04	Porto	<b>8:45.77</b>	+0,61	635	
	50m: 30.18 30.18	250m: 2:41.11	32.49	450m: 4:53.24	32.71	650m: 7:07.04	33.52
	100m: 1:02.82 32.64	300m: 3:14.35	33.24	500m: 5:26.61	33.37	700m: 7:40.69	33.65
	150m: 1:35.63 32.81	350m: 3:47.51	33.16	550m: 6:00.14	33.53	750m: 8:13.75	33.06
	200m: 2:08.62 32.99	400m: 4:20.53	33.02	600m: 6:33.52	33.38	800m: 8:45.77	32.02

Splash Meet Manager, 11.73733

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



MUNICÍPIO DE OEIRAS



Prova 104, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	CARDOSO Guilherme Maia	05	Columbifila Cantanhedense	<b>8:50.20</b>	<b>+0,73</b>	<b>620</b>	
	50m: 30.20 30.20	250m: 2:42.10 33.20	450m: 4:55.55 33.49	650m: 7:10.98 33.83			
	100m: 1:02.73 32.53	300m: 3:15.45 33.35	500m: 5:29.69 34.14	700m: 7:44.76 33.78			
	150m: 1:35.78 33.05	350m: 3:48.74 33.29	550m: 6:03.07 33.38	750m: 8:17.95 33.19			
	200m: 2:08.90 33.12	400m: 4:22.06 33.32	600m: 6:37.15 34.08	800m: 8:50.20 32.25			
9.	SANTOS Ricardo Matias	05	CPFZ - Natacao	<b>8:52.01</b>	<b>+0,81</b>	<b>613</b>	
	50m: 30.57 30.57	250m: 2:43.96 33.63	450m: 4:58.25 33.40	650m: 7:13.39 33.70			
	100m: 1:03.36 32.79	300m: 3:17.80 33.84	500m: 5:32.27 34.02	700m: 7:47.24 33.85			
	150m: 1:36.55 33.19	350m: 3:51.14 33.34	550m: 6:05.84 33.57	750m: 8:20.92 33.68			
	200m: 2:10.33 33.78	400m: 4:24.85 33.71	600m: 6:39.69 33.85	800m: 8:52.01 31.09			
10.	AMADO Pedro Maria	05	Alges	<b>8:53.16</b>	<b>+0,86</b>	<b>609</b>	
	50m: 29.97 29.97	250m: 2:43.99 33.96	450m: 4:58.15 33.17	650m: 7:13.22 33.88			
	100m: 1:02.87 32.90	300m: 3:17.75 33.76	500m: 5:31.29 33.14	700m: 7:47.30 34.08			
	150m: 1:36.36 33.49	350m: 3:51.20 33.45	550m: 6:05.25 33.96	750m: 8:20.97 33.67			
	200m: 2:10.03 33.67	400m: 4:24.98 33.78	600m: 6:39.34 34.09	800m: 8:53.16 32.19			
11.	MASCARENHAS Henrique Silva	01	Fluvial Portuense	<b>8:54.15</b>	<b>+0,66</b>	<b>606</b>	
	50m: 28.80 28.80	250m: 2:40.72 33.53	450m: 4:55.20 33.47	650m: 7:11.20 34.24			
	100m: 1:01.10 32.30	300m: 3:14.42 33.70	500m: 5:28.85 33.65	700m: 7:45.65 34.45			
	150m: 1:34.04 32.94	350m: 3:48.21 33.79	550m: 6:02.68 33.83	750m: 8:20.16 34.51			
	200m: 2:07.19 33.15	400m: 4:21.73 33.52	600m: 6:36.96 34.28	800m: 8:54.15 33.99			
12.	SOUSA Joao Maria	05	Braga	<b>8:54.97</b>	<b>+0,80</b>	<b>603</b>	
	50m: 29.68 29.68	250m: 2:41.54 33.33	450m: 4:56.47 33.77	650m: 7:13.52 34.22			
	100m: 1:01.97 32.29	300m: 3:15.13 33.59	500m: 5:30.55 34.08	700m: 7:48.16 34.64			
	150m: 1:34.94 32.97	350m: 3:48.78 33.65	550m: 6:04.84 34.29	750m: 8:22.20 34.04			
	200m: 2:08.21 33.27	400m: 4:22.70 33.92	600m: 6:39.30 34.46	800m: 8:54.97 32.77			
13.	GONCALVES Alexandre Ramos	05	Colegio Efanor	<b>8:55.81</b>	<b>+0,77</b>	<b>600</b>	
	50m: 29.67 29.67	250m: 2:41.65 33.45	450m: 4:56.60 33.56	650m: 7:14.37 34.13			
	100m: 1:01.63 31.96	300m: 3:15.42 33.77	500m: 5:30.94 34.34	700m: 7:48.92 34.55			
	150m: 1:34.80 33.17	350m: 3:49.29 33.87	550m: 6:05.53 34.59	750m: 8:23.18 34.26			
	200m: 2:08.20 33.40	400m: 4:23.04 33.75	600m: 6:40.24 34.71	800m: 8:55.81 32.63			
14.	GOMES Marcio Fernandes	04	Braga	<b>8:57.84</b>	<b>+0,64</b>	<b>594</b>	
	50m: 30.37 30.37	250m: 2:43.46 33.50	450m: 4:59.37 33.94	650m: 7:17.97 34.76			
	100m: 1:03.26 32.89	300m: 3:17.10 33.64	500m: 5:33.69 34.32	700m: 7:52.31 34.34			
	150m: 1:36.63 33.37	350m: 3:50.91 33.81	550m: 6:08.42 34.73	750m: 8:26.33 34.02			
	200m: 2:09.96 33.33	400m: 4:25.43 34.52	600m: 6:43.21 34.79	800m: 8:57.84 31.51			
15.	LEITE Afonso Martim	05	Foca Quinta Da Lixa - Cnf	<b>8:59.41</b>	<b>+0,72</b>	<b>588</b>	
	50m: 29.90 29.90	250m: 2:43.20 33.70	450m: 4:58.00 33.51	650m: 7:15.03 34.84			
	100m: 1:02.53 32.63	300m: 3:16.89 33.69	500m: 5:31.48 33.48	700m: 7:50.13 35.10			
	150m: 1:36.07 33.54	350m: 3:50.71 33.82	550m: 6:05.59 34.11	750m: 8:25.59 35.46			
	200m: 2:09.50 33.43	400m: 4:24.49 33.78	600m: 6:40.19 34.60	800m: 8:59.41 33.82			
16.	PEREIRA Manuel Angelo	05	Sporting	<b>9:04.49</b>	<b>+0,73</b>	<b>572</b>	
	50m: 30.11 30.11	250m: 2:45.24 34.33	450m: 5:03.69 34.93	650m: 7:22.70 34.34			
	100m: 1:03.23 33.12	300m: 3:19.75 34.51	500m: 5:38.88 35.19	700m: 7:57.34 34.64			
	150m: 1:36.80 33.57	350m: 3:54.07 34.32	550m: 6:13.66 34.78	750m: 8:31.29 33.95			
	200m: 2:10.91 34.11	400m: 4:28.76 34.69	600m: 6:48.36 34.70	800m: 9:04.49 33.20			

Prova 104, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	ANSELMO Raul Sousa	05	Bombeiros de Ponta Delgada	<b>9:11.05</b>	<b>+0,70</b>	<b>552</b>	
	50m: 29.92 29.92	250m: 2:44.37 34.69	450m: 5:03.51 35.13	650m: 7:25.85 35.92			
	100m: 1:02.64 32.72	300m: 3:18.90 34.53	500m: 5:38.68 35.17	700m: 8:01.15 35.30			
	150m: 1:35.96 33.32	350m: 3:53.89 34.99	550m: 6:14.23 35.55	750m: 8:37.14 35.99			
	200m: 2:09.68 33.72	400m: 4:28.38 34.49	600m: 6:49.93 35.70	800m: 9:11.05 33.91			

