

XXIII Campeonato Nacional Masters de Verão , OPEN  
XXIII Portuguese Summer Masters Championships - OPEN  
Reguengos de Monsaraz, 08 a 10 de Julho de 2022



Prova 39 Masc., 400m Estilos Master Esc A  
10/07/2022 Resultados

RN A(25-29) 4:47.39 GONCALVES Andre Bras CFB Loulé 03/07/2015

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BESSA Antonio Rafael	94	Aquatico Pacense	<b>4:52.85</b>	+0,69	925	9,00
	50m: 30.25 30.25		150m: 1:44.10 39.42	42.39		350m: 4:19.67 33.29	
	100m: 1:04.68 34.43		200m: 2:23.16 39.06	40.83		400m: 4:52.85 33.18	
2.	SILVA Pedro Miguel	94	Colegio Monte Maior	<b>4:59.63</b>	+0,72	864	7,00
	50m: 30.46 30.46		150m: 1:46.88 40.04	40.76		350m: 4:24.45 35.43	
	100m: 1:06.84 36.38		200m: 2:26.69 39.81	41.57		400m: 4:59.63 35.18	
3.	SOARES Guilherme Araujo	93	Feirense	<b>5:42.83</b>	+0,72	576	6,00
	50m: 32.31 32.31		150m: 1:56.05 45.58	48.04		350m: 5:01.61 41.00	
	100m: 1:10.47 38.16		200m: 2:42.96 46.91	49.61		400m: 5:42.83 41.22	
4.	COELHO Tiago Sobral	95	Ginasio Santo Tirso	<b>5:46.45</b>	+0,75	559	5,00
	50m: 34.25 34.25		150m: 2:01.07 45.66	52.44		350m: 5:08.73 39.07	
	100m: 1:15.41 41.16		200m: 2:46.30 45.23	50.92		400m: 5:46.45 37.72	
5.	COSTA Pedro Jose	97	Natacao da Maia	<b>6:29.86</b>	+0,81	392	4,00
	50m: 39.09 39.09		150m: 2:22.40 51.95	54.40		350m: 5:47.88 45.29	
	100m: 1:30.45 51.36		200m: 3:12.78 50.38	55.41		400m: 6:29.86 41.98	

Prova 39 Masc., 400m Estilos Master Esc B  
10/07/2022 Resultados

RN B(30-34) 4:43.37 PINOTES Pedro Miguel SCP Reguengos de Monsaraz 19/07/2019

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	PINOTES Pedro Miguel	89	Sporting	<b>4:44.30</b>	+0,72	894	9,00
	50m: 29.18 29.18		150m: 1:39.91 37.40	40.39		350m: 4:12.01 33.58	
	100m: 1:02.51 33.33		200m: 2:16.79 36.88	41.25		400m: 4:44.30 32.29	
2.	CARVALHO Joao Carlos	90	Lisboa PoolSharks	<b>5:40.09</b>	+0,96	522	7,00
	50m: 34.14 34.14		150m: 2:03.05 46.24	47.37		350m: 5:03.84 39.86	
	100m: 1:16.81 42.67		200m: 2:48.51 45.46	48.10		400m: 5:40.09 36.25	
3.	BARROQUEIRO Miguel Martins	91	CLAC-Entroncamento	<b>5:46.87</b>	+0,98	492	6,00
	50m: 34.95 34.95		150m: 2:04.03 45.06	50.14		400m: 5:46.87 1:15.59	
	100m: 1:18.97 44.02		200m: 2:49.24 45.21	51.90			
4.	FERNANDES Christophe Pereira	91	Famalicao	<b>5:51.19</b>	+0,83	474	5,00
	50m: 33.82 33.82		150m: 1:58.12 43.89	52.11		350m: 5:07.29 39.84	
	100m: 1:14.23 40.41		200m: 2:43.31 45.19	52.03		400m: 5:51.19 43.90	
5.	FERNANDES Andre Manuel	88	Lisboa PoolSharks	<b>6:40.24</b>	+0,99	320	4,00
	50m: 43.60 43.60		150m: 2:25.89 51.77	54.45		350m: 5:55.54 46.75	
	100m: 1:34.12 50.52		200m: 3:18.59 52.70	55.75		400m: 6:40.24 44.70	



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Prova 39, Masc., 400m Estilos, Master Esc B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
DNS	RIJO Pedro Lobato	91	Alges				-

Prova 39 Masc., 400m Estilos Master Esc C  
10/07/2022 Resultados

RN C(35-39) 5:11.00 NIZ Adriano Miguel GDNFAMA Famalicão 11/07/2021

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	YOUNG Andrew	84	Salesianos	<b>5:27.35</b>	+0,83	659	9,00
	50m: 31.29 31.29		150m: 1:53.73 44.77	250m: 3:24.97 48.14	350m: 4:51.01 38.59		
	100m: 1:08.96 37.67		200m: 2:36.83 43.10	300m: 4:12.42 47.45	400m: 5:27.35 36.34		
2.	GONCALVES Filipe Gouveia	87	Lisboa PoolSharks	<b>5:31.36</b>	+0,77	636	7,00
	50m: 33.54 33.54		150m: 1:57.97 45.31	250m: 3:29.77 46.25	350m: 4:55.81 37.49		
	100m: 1:12.66 39.12		200m: 2:43.52 45.55	300m: 4:18.32 48.55	400m: 5:31.36 35.55		
3.	MACHADO Joao Pedro	86	Leixoes	<b>6:06.45</b>	+0,73	470	6,00
	50m: 31.04 31.04		150m: 1:58.96 49.69	250m: 3:42.69 55.66	350m: 5:23.41 44.22		
	100m: 1:09.27 38.23		200m: 2:47.03 48.07	300m: 4:39.19 56.50	400m: 6:06.45 43.04		

Prova 39 Masc., 400m Estilos Master Esc D  
10/07/2022 Resultados

RN D(40-44) 5:16.30 NUNES Rodolfo Pereira GESP Montreal (CAN) 05/08/2014

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	PINTO Luis Filipe	82	Lisboa PoolSharks	<b>5:36.86</b>	+0,63	592	9,00
	50m: 33.69 33.69		150m: 1:56.32 43.46	250m: 3:28.28 48.74	350m: 4:56.80 40.55		
	100m: 1:12.86 39.17		200m: 2:39.54 43.22	300m: 4:16.25 47.97	400m: 5:36.86 40.06		
2.	SANTOS Patrick	79	Sporting	<b>5:41.45</b>	+0,86	569	7,00
	50m: 34.98 34.98		150m: 2:04.88 48.74	250m: 3:37.53 45.94	350m: 5:02.57 39.50		
	100m: 1:16.14 41.16		200m: 2:51.59 46.71	300m: 4:23.07 45.54	400m: 5:41.45 38.88		
3.	RODRIGUES Marcelo Porto	82	Valongo	<b>6:30.52</b>	+0,77	380	6,00
	50m: 41.16 41.16		150m: 2:21.94 53.92	250m: 4:10.54 57.53	350m: 5:50.47 44.56		
	100m: 1:28.02 46.86		200m: 3:13.01 51.07	300m: 5:05.91 55.37	400m: 6:30.52 40.05		
4.	AFONSO Nuno Silva	79	Amigos da Natacao	<b>7:50.66</b>		217	5,00
	50m: 51.45 51.45		150m: 3:01.79 1:08.39	250m: 5:10.63 1:02.09	350m: 7:01.03 48.31		
	100m: 1:53.40 1:01.95		200m: 4:08.54 1:06.75	300m: 6:12.72 1:02.09	400m: 7:50.66 49.63		

Splash Meet Manager, 11.73591

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Prova 39, Masc., 400m Estilos

Prova 39 Masc., 400m Estilos Master Esc E  
10/07/2022 Resultados

RN E(45-49) 5:28.81 FREITAS Jose Carlos CFP Oeiras 02/07/2011

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	PACHECO Luis Daniel	76	Alcobaca	<b>5:41.98</b>	+0,86	691	9,00
	50m: 35.91 35.91	150m: 2:04.48 46.80	250m: 3:37.33 47.74	350m: 5:04.54 39.29			
	100m: 1:17.68 41.77	200m: 2:49.59 45.11	300m: 4:25.25 47.92	400m: 5:41.98 37.44			
2.	COSTA Rodrigo Marques	76	Litoral Alentejano	<b>5:47.11</b>	+0,99	661	7,00
	50m: 34.50 34.50	150m: 2:05.47 50.02	250m: 3:39.86 47.40	350m: 5:08.38 40.53			
	100m: 1:15.45 40.95	200m: 2:52.46 46.99	300m: 4:27.85 47.99	400m: 5:47.11 38.73			
3.	SANTOS Bruno Miguel	76	Porto	<b>6:19.30</b>	+0,80	506	6,00
	50m: 35.78 35.78	150m: 2:09.41 49.43	250m: 3:56.78 59.67	350m: 5:36.94 44.00			
	100m: 1:19.98 44.20	200m: 2:57.11 47.70	300m: 4:52.94 56.16	400m: 6:19.30 42.36			
4.	TOJO Jose Manuel	77	Academica de Coimbra	<b>6:34.22</b>	+0,89	451	5,00
	50m: 36.29 36.29	150m: 2:16.86 53.57	250m: 4:07.37 56.63	350m: 5:49.57 45.75			
	100m: 1:23.29 47.00	200m: 3:10.74 53.88	300m: 5:03.82 56.45	400m: 6:34.22 44.65			
5.	SILVA Bruno Miguel	76	Academica de Coimbra	<b>6:43.19</b>	+0,94	421	4,00
	50m: 38.48 38.48	150m: 2:20.92 53.26	250m: 4:10.59 57.29	350m: 5:54.91 45.93			
	100m: 1:27.66 49.18	200m: 3:13.30 52.38	300m: 5:08.98 58.39	400m: 6:43.19 48.28			
6.	OLIVEIRA Pedro Fonseca	74	Fluvial Portuense	<b>7:31.81</b>	+0,99	299	3,00
	50m: 52.24 52.24	150m: 2:50.53 59.46	250m: 4:51.31 1:02.48	350m: 6:45.20 50.91			
	100m: 1:51.07 58.83	200m: 3:48.83 58.30	300m: 5:54.29 1:02.98	400m: 7:31.81 46.61			
7.	AMARAL Horacio Maciel	76	Lagoa AC	<b>7:37.84</b>	+0,83	288	2,00
	50m: 45.81 45.81	150m: 2:51.97 1:10.49	250m: 5:00.27 59.93	350m: 6:49.86 51.81			
	100m: 1:41.48 55.67	200m: 4:00.34 1:08.37	300m: 5:58.05 57.78	400m: 7:37.84 47.98			
DNS	VICENTE Andre Barbosa	77	Sporting				-

Prova 39 Masc., 400m Estilos Master Esc F  
10/07/2022 Resultados

RN F(50-54) 5:36.42 CARVALHO Paulo Paula SFUAP Loulé 03/07/2015

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	TESTAGROSSA Jean Alexandre	71	Salesianos	<b>7:03.41</b>	+0,88	406	9,00
	50m: 42.27 42.27	150m: 2:27.29 57.38	250m: 4:19.32 57.49	350m: 6:11.94 53.24			
	100m: 1:29.91 47.64	200m: 3:21.83 54.54	300m: 5:18.70 59.38	400m: 7:03.41 51.47			
2.	BARROS Francisco Santos	72	Porto	<b>7:18.33</b>		366	7,00
	50m: 47.00 47.00	150m: 2:43.41 1:03.58	250m: 4:52.33 1:06.44	350m: 6:37.83 43.62			
	100m: 1:39.83 52.83	200m: 3:45.89 1:02.48	300m: 5:54.21 1:01.88	400m: 7:18.33 40.50			



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Prova 39, Masc., 400m Estilos, Master Esc F

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
3.	CARDOSO Vitor Manuel	72	Valongo	<b>7:18.89</b>	+0,85	365	6,00
	50m: 47.45 47.45	200m: 3:42.72 1:56.58	300m: 5:43.61	1:00.29	400m: 7:18.89	43.79	
	100m: 1:46.14 58.69	250m: 4:43.32 1:00.60	350m: 6:35.10	51.49			
4.	FAUSTINO Jose Salvador	68	Portinado	<b>7:22.37</b>	+0,82	356	5,00
	50m: 43.94 43.94	150m: 2:43.57 1:00.68	250m: 4:43.06	59.92	350m: 6:36.24	51.83	
	100m: 1:42.89 58.95	200m: 3:43.14 59.57	300m: 5:44.41	1:01.35	400m: 7:22.37	46.13	
5.	PEREIRA Joao Carlos	69	Masters de Almada	<b>8:00.84</b>	+0,92	277	4,00
	50m: 46.78 46.78	150m: 2:47.61 1:02.96	250m: 5:04.09	1:11.23	350m: 7:07.96	52.99	
	100m: 1:44.65 57.87	200m: 3:52.86 1:05.25	300m: 6:14.97	1:10.88	400m: 8:00.84	52.88	
6.	BAPTISTA Jose Manuel	69	Leixoes	<b>9:37.20</b>		160	3,00
	50m: 1:07.30 1:07.30	150m: 3:56.44 1:25.14	250m: 6:23.20	1:02.54	350m: 8:30.13	1:02.54	
	100m: 2:31.30 1:24.00	200m: 5:20.66 1:24.22	300m: 7:27.59	1:04.39	400m: 9:37.20	1:07.07	
DNS	PEREIRA Jose Manuel	70	Palmela Desporto				-

Prova 39 Masc., 400m Estilos Master Esc G  
10/07/2022 Resultados

RN G(55-59) 5:40.75 CARVALHO Paulo Paula SCP Budapeste (HUN) 16/08/2017

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	LOBO Nuno Silva	63	Fluvial Portuense	<b>6:20.75</b>	+0,97	622	9,00
	50m: 40.65 40.65	150m: 2:21.71 52.73	250m: 4:07.93	53.98	350m: 5:43.52	40.85	
	100m: 1:28.98 48.33	200m: 3:13.95 52.24	300m: 5:02.67	54.74	400m: 6:20.75	37.23	
2.	BASTO Gustavo Ferreira	67	Galitos / Bresimar	<b>6:46.08</b>	+0,96	512	7,00
	50m: 38.18 38.18	150m: 2:21.14 54.69	250m: 4:13.41	56.13	350m: 5:59.17	48.56	
	100m: 1:26.45 48.27	200m: 3:17.28 56.14	300m: 5:10.61	57.20	400m: 6:46.08	46.91	
3.	IBANEZ ALMENDRO Carlos	67	Sevilla Master	<b>7:15.38</b>		416	6,00
	50m: 47.99 47.99	150m: 2:41.59 57.66	250m: 4:37.26	59.48	350m: 6:26.67	49.93	
	100m: 1:43.93 55.94	200m: 3:37.78 56.19	300m: 5:36.74	59.48	400m: 7:15.38	48.71	
4.	COSTA Armando Joao	63	Feirense	<b>7:45.61</b>	+0,84	340	5,00
	50m: 51.94 51.94	150m: 2:53.66 1:02.79	250m: 5:03.78	1:10.22	350m: 7:01.46	48.75	
	100m: 1:50.87 58.93	200m: 3:53.56 59.90	300m: 6:12.71	1:08.93	400m: 7:45.61	44.15	
5.	SOUSA Luis Manuel	66	Fluvial Portuense	<b>7:54.11</b>	+0,88	322	4,00
	50m: 49.65 49.65	200m: 3:59.66 2:09.13	300m: 6:19.41	1:08.27	400m: 7:54.11	45.79	
	100m: 1:50.53 1:00.88	250m: 5:11.14 1:11.48	350m: 7:08.32	48.91			
6.	ALMEIDA Luis Filipe	66	Lisboa PoolSharks	<b>8:02.33</b>	+0,96	306	3,00
	50m: 57.97 57.97	150m: 3:07.18 1:05.95	250m: 5:11.76	1:00.75	350m: 7:08.36	55.47	
	100m: 2:01.23 1:03.26	200m: 4:11.01 1:03.83	300m: 6:12.89	1:01.13	400m: 8:02.33	53.97	
7.	MIRACCA Renato	65	Feirense	<b>8:04.66</b>	+0,94	301	2,00
	50m: 55.70 55.70	150m: 3:10.48 1:06.74	250m: 5:19.49	1:03.96	350m: 7:16.70	52.39	
	100m: 2:03.74 1:08.04	200m: 4:15.53 1:05.05	300m: 6:24.31	1:04.82	400m: 8:04.66	47.96	

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Prova 39, Masc., 400m Estilos, Master Esc G

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
8.	SOUSA Alberto Sergio	63	Porto	<b>8:54.59</b>	+0,85	224	1,00
	50m: 50.03 50.03	150m: 3:01.45 1:11.53	250m: 5:34.57 1:17.48	350m: 7:56.35 1:03.69			
	100m: 1:49.92 59.89	200m: 4:17.09 1:15.64	300m: 6:52.66 1:18.09	400m: 8:54.59 58.24			
9.	AFONSO Antonio Eduardo	65	Ginasio Santo Tirso	<b>9:25.00</b>	+0,86	190	-
	50m: 50.38 50.38	150m: 3:17.98 1:19.49	250m: 5:51.05 1:13.43	350m: 8:14.74 1:09.53			
	100m: 1:58.49 1:08.11	200m: 4:37.62 1:19.64	300m: 7:05.21 1:14.16	400m: 9:25.00 1:10.26			
10.	LOPES Carlos Manuel	66	Alges	<b>10:19.74</b>	+0,89	144	-
	50m: 1:08.79 1:08.79	150m: 3:55.06 1:23.64	250m: 6:40.08 1:19.75	350m: 9:10.75 1:06.57			
	100m: 2:31.42 1:22.63	200m: 5:20.33 1:25.27	300m: 8:04.18 1:24.10	400m: 10:19.74 1:08.99			

Prova 39 Masc., 400m Estilos Master Esc H  
10/07/2022 Resultados

RN H(60-64) 5:58.46 CARVALHO Paulo Paula SCP Famalicão 11/07/2021

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	SEABRA Henrique Luis	61	Fluvial Portuense	<b>7:24.81</b>	+0,90	471	9,00
	50m: 48.42 48.42	150m: 2:52.68 1:08.55	250m: 4:55.40 1:01.35	350m: 6:41.63 45.74			
	100m: 1:44.13 55.71	200m: 3:54.05 1:01.37	300m: 5:55.89 1:00.49	400m: 7:24.81 43.18			
2.	FERREIRA Francisco Jorge	62	Academica de Coimbra	<b>8:30.90</b>	+0,99	310	7,00
	50m: 54.13 54.13	150m: 3:01.59 1:07.81	250m: 5:29.70 1:20.17	350m: 7:39.79 51.95			
	100m: 1:53.78 59.65	200m: 4:09.53 1:07.94	300m: 6:47.84 1:18.14	400m: 8:30.90 51.11			

Prova 39 Masc., 400m Estilos Master Esc I  
10/07/2022 Resultados

RN I(65-69) 6:57.05 BASTO Antonio Bessone SAD Loulé 29/06/2013

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BARROS Mario Jorge	56	Porto	<b>8:24.63</b>	+0,96	418	9,00
	50m: 1:00.09 1:00.09	150m: 3:17.78 1:11.97	250m: 5:31.50 1:04.28	350m: 7:34.04 58.35			
	100m: 2:05.81 1:05.72	200m: 4:27.22 1:09.44	300m: 6:35.69 1:04.19	400m: 8:24.63 50.59			



Prova 39, Masc., 400m Estilos

Prova 39 Masc., 400m Estilos Master Esc J  
10/07/2022 Resultados

RN J(70-74) 6:59.74 BASTO Antonio Bessone SAD Loulé 08/07/2016

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	CORREIA Carlos Augusto	52	Masters de Almada	<b>8:44.71</b>	+0,95	445	9,00
	50m: 59.10 59.10	150m: 3:17.62 1:11.51	250m: 5:43.73 1:17.94	350m: 7:53.38 51.42			
	100m: 2:06.11 1:07.01	200m: 4:25.79 1:08.17	300m: 7:01.96 1:18.23	400m: 8:44.71 51.33			
2.	COELHO Domingos Pinto	52	Alges	<b>10:18.24</b>		272	7,00
	50m: 1:07.99 1:07.99	150m: 3:54.68 1:21.06	250m: 6:43.18 1:28.48	350m: 9:23.05 1:05.64			
	100m: 2:33.62 1:25.63	200m: 5:14.70 1:20.02	300m: 8:17.41 1:34.23	400m: 10:18.24 55.19			
DNS	CANELAS Antonio Monteiro	50	Sporting de Espinho				-

Prova 39 Masc., 400m Estilos Master Esc K  
10/07/2022 Resultados

RN K(75-79) 10:04.38 TEIXEIRA Joao Rodrigues AAC Loulé 29/06/2013

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
DNF	GASPAR Alexandre Azevedo	45	Alges				-