

XXIII Campeonato Nacional Masters de Verão , OPEN
XXIII Portuguese Summer Masters Championships - OPEN
Reguengos de Monsaraz, 08 a 10 de Julho de 2022



Prova 1
08/07/2022

Femin., 800m Livres

Master Esc A
Resultados

RN A(25-29) 10:12.96 LEITE Ana Filipa AAC Oeiras 01/07/2011

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	ELOI Ana Monica	96	CLIP Teams	10:28.93		678	9,00
	100m: 1:10.92 1:10.92	300m: 3:46.19 1:18.80	500m: 6:25.78 1:20.24	700m: 9:08.05 1:21.59			
	200m: 2:27.39 1:16.47	400m: 5:05.54 1:19.35	600m: 7:46.46 1:20.68	800m: 10:28.93 1:20.88			
2.	GONCALVES Flavia Daniela	96	Sporting Caminha	11:13.14		553	7,00
	100m: 1:14.60 1:14.60	300m: 4:07.14 1:25.06	500m: 6:58.06 1:25.69	700m: 9:49.67 1:25.42			
	200m: 2:42.08 1:27.48	400m: 5:32.37 1:25.23	600m: 8:24.25 1:26.19	800m: 11:13.14 1:23.47			
3.	ROSAS Joana Filipa	95	Leixoes	11:48.05		475	6,00
	100m: 1:21.65 1:21.65	300m: 4:17.90 1:28.80	500m: 7:15.89 1:28.92	700m: 10:18.23 1:33.10			
	200m: 2:49.10 1:27.45	400m: 5:46.97 1:29.07	600m: 8:45.13 1:29.24	800m: 11:48.05 1:29.82			
4.	PINHEIRO Andreia Sofia	93	Sporting	12:03.78		445	5,00
	100m: 1:21.19 1:21.19	300m: 4:20.56 1:30.98	500m: 7:25.45 1:32.34	700m: 10:32.35 1:33.62			
	200m: 2:49.58 1:28.39	400m: 5:53.11 1:32.55	600m: 8:58.73 1:33.28	800m: 12:03.78 1:31.43			

Prova 1
08/07/2022

Femin., 800m Livres

Master Esc B
Resultados

RN B(30-34) 9:37.05 GRILO Ana Paula UDCA Millau (FRA) 26/08/2003

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	NEVES Vania Soares	90	Viana Natacao	10:09.62		796	9,00
	100m: 1:10.41 1:10.41	300m: 3:41.41 1:16.32	500m: 6:15.59 1:17.32	700m: 8:52.41 1:18.51			
	200m: 2:25.09 1:14.68	400m: 4:58.27 1:16.86	600m: 7:33.90 1:18.31	800m: 10:09.62 1:17.21			
2.	ALVES Joana Isabel	88	Porto	11:02.73		619	7,00
	100m: 1:16.82 1:16.82	300m: 4:02.13 1:23.28	500m: 6:50.49 1:23.74	700m: 9:40.01 1:25.12			
	200m: 2:38.85 1:22.03	400m: 5:26.75 1:24.62	600m: 8:14.89 1:24.40	800m: 11:02.73 1:22.72			
3.	MONTEIRO Alexandra Sofia	92	Vila DEste/Gaia	11:09.52		601	6,00
	100m: 1:17.32 1:17.32	300m: 4:02.69 1:23.53	500m: 6:52.38 1:24.64	700m: 9:44.96 1:25.71			
	200m: 2:39.16 1:21.84	400m: 5:27.74 1:25.05	600m: 8:19.25 1:26.87	800m: 11:09.52 1:24.56			
4.	LEITE Teresa Sofia	92	Feirense	12:18.49		447	5,00
	100m: 1:24.85 1:24.85	300m: 4:32.34 1:35.03	500m: 7:43.23 1:34.78	700m: 10:48.64 1:31.99			
	200m: 2:57.31 1:32.46	400m: 6:08.45 1:36.11	600m: 9:16.65 1:33.42	800m: 12:18.49 1:29.85			
5.	LIRIO Ana Raquel	90	Ginasio Santo Tirso	13:55.02		309	4,00
	100m: 1:37.87 1:37.87	300m: 5:09.22 1:46.57	500m: 8:42.39 1:46.08	700m: 12:09.88 1:43.88			
	200m: 3:22.65 1:44.78	400m: 6:56.31 1:47.09	600m: 10:26.00 1:43.61	800m: 13:55.02 1:45.14			

Splash Meet Manager, 11.73591

Registered to Federacao Portuguesa De Natacao

08/07/2022 11:44 - Página 1



XXIII Campeonato Nacional Masters de Verão , OPEN
XXIII Portuguese Summer Masters Championships - OPEN
Reguengos de Monsaraz, 08 a 10 de Julho de 2022



Prova 1, Femin., 800m Livres

Prova 1
08/07/2022

Femin., 800m Livres

Master Esc C
Resultados

RN C(35-39) 9:30.91 GRILO Ana Paula UDCA Stanford (USA) 04/08/2006

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	FONSECA Maria Manuela	85	Leixoes	11:29.57		585	9,00
	100m: 1:23.23 1:23.23	300m: 4:18.11 1:28.17	500m: 7:14.24 1:27.64	700m: 10:07.20 1:26.49			
	200m: 2:49.94 1:26.71	400m: 5:46.60 1:28.49	600m: 8:40.71 1:26.47	800m: 11:29.57 1:22.37			
2.	OLIVEIRA Juliana Cabral	85	Gafanha da Encarnacao	13:33.42		356	7,00
	100m: 1:31.74 1:31.74	300m: 4:59.08 1:44.20	500m: 8:27.46 1:44.05	700m: 11:54.63 1:42.55			
	200m: 3:14.88 1:43.14	400m: 6:43.41 1:44.33	600m: 10:12.08 1:44.62	800m: 13:33.42 1:38.79			
3.	MARQUES Patricia Alexandra	87	Leixoes	13:41.62		346	6,00
	100m: 1:31.14 1:31.14	300m: 4:46.57 1:39.42	500m: 8:15.49 1:45.74	700m: 11:53.14 1:49.38			
	200m: 3:07.15 1:36.01	400m: 6:29.75 1:43.18	600m: 10:03.76 1:48.27	800m: 13:41.62 1:48.48			
4.	REIS Filipa Isabel	87	Leixoes	16:04.42		213	5,00
	100m: 1:51.80 1:51.80	300m: 5:55.04 2:03.08	500m: 10:02.66 2:04.34	700m: 14:06.56 2:01.91			
	200m: 3:51.96 2:00.16	400m: 7:58.32 2:03.28	600m: 12:04.65 2:01.99	800m: 16:04.42 1:57.86			
5.	ALMEIDA Andreia Azevedo	86	Palmela Desporto	20:04.68		109	4,00
	100m: 2:21.10 2:21.10	300m: 7:27.02 2:32.25	500m: 12:32.78 2:32.55	700m: 17:39.98 2:31.75			
	200m: 4:54.77 2:33.67	400m: 10:00.23 2:33.21	600m: 15:08.23 2:35.45	800m: 20:04.68 2:24.70			

Prova 1
08/07/2022

Femin., 800m Livres

Master Esc D
Resultados

RN D(40-44) 10:27.37 GRILO Ana Paula INDALEN Oeiras 01/07/2011

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	13:03.39		422	9,00
	100m: 1:26.44 1:26.44	300m: 4:43.15 1:39.49	500m: 8:04.83 1:41.14	700m: 11:25.60 1:40.01			
	200m: 3:03.66 1:37.22	400m: 6:23.69 1:40.54	600m: 9:45.59 1:40.76	800m: 13:03.39 1:37.79			
2.	NEVES Isabel Carolina	80	Fluvial Portuense	14:21.45		318	7,00
	100m: 1:40.40 1:40.40	300m: 5:19.43 1:50.14	500m: 8:57.20 1:49.00	700m: 12:35.32 1:49.06			
	200m: 3:29.29 1:48.89	400m: 7:08.20 1:48.77	600m: 10:46.26 1:49.06	800m: 14:21.45 1:46.13			
3.	MACHADO Maria Margarida	81	Vila DEste/Gaia	15:08.04		271	6,00
	100m: 1:41.57 1:41.57	300m: 5:26.85 1:54.75	500m: 9:17.55 1:55.63	700m: 13:16.10 2:00.18			
	200m: 3:32.10 1:50.53	400m: 7:21.92 1:55.07	600m: 11:15.92 1:58.37	800m: 15:08.04 1:51.94			
4.	MALHEIROS Carmen Silvia	81	Litoral Alentejano	15:46.81		239	5,00
	100m: 1:47.90 1:47.90	300m: 5:44.69 2:00.07	500m: 9:47.19 2:01.27	700m: 13:49.71 2:01.14			
	200m: 3:44.62 1:56.72	400m: 7:45.92 2:01.23	600m: 11:48.57 2:01.38	800m: 15:46.81 1:57.10			
5.	LEITE Joana Isabel	80	Fluvial Portuense	17:38.20		171	4,00
	100m: 2:02.49 2:02.49	300m: 6:26.18 2:13.52	500m: 10:55.14 2:15.46	700m: 15:25.68 2:14.22			
	200m: 4:12.66 2:10.17	400m: 8:39.68 2:13.50	600m: 13:11.46 2:16.32	800m: 17:38.20 2:12.52			

Splash Meet Manager, 11.73591

Registered to Federacao Portuguesa De Natacao

08/07/2022 11:44 - Página 2



XXIII Campeonato Nacional Masters de Verão , OPEN
XXIII Portuguese Summer Masters Championships - OPEN
Reguengos de Monsaraz, 08 a 10 de Julho de 2022



Prova 1, Femin., 800m Livres

Prova 1
08/07/2022

Femin., 800m Livres

Master Esc E
Resultados

RN E(45-49) 11:01.56 ROTHES Ines Maria CFP Reguengos de Monsaraz 19/07/2019

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BARBARA Carla Santa	75	Porto	11:35.09		582	9,00
	100m: 1:19.36 1:19.36	300m: 4:11.76 1:26.86	500m: 7:10.37 1:29.20	700m: 10:10.64 1:30.18			
	200m: 2:44.90 1:25.54	400m: 5:41.17 1:29.41	600m: 8:40.46 1:30.09	800m: 11:35.09 1:24.45			
2.	COSTA Maria Luisa	74	Fluvial Portuense	11:35.83		581	7,00
	100m: 1:22.37 1:22.37	300m: 4:17.51 1:28.81	500m: 7:15.21 1:28.71	700m: 10:10.43 1:26.57			
	200m: 2:48.70 1:26.33	400m: 5:46.50 1:28.99	600m: 8:43.86 1:28.65	800m: 11:35.83 1:25.40			
3.	ROTHES Ines Maria	73	Fluvial Portuense	11:38.65		574	6,00
	100m: 1:20.98 1:20.98	300m: 4:16.15 1:27.92	500m: 7:15.17 1:29.31	700m: 10:13.50 1:29.31			
	200m: 2:48.23 1:27.25	400m: 5:45.86 1:29.71	600m: 8:44.19 1:29.02	800m: 11:38.65 1:25.15			
4.	PRIOR Ana Filipa	77	Luz e Vida	11:56.30		532	5,00
	100m: 1:23.44 1:23.44	300m: 4:23.37 1:30.29	500m: 7:26.53 1:31.43	700m: 10:28.12 1:30.32			
	200m: 2:53.08 1:29.64	400m: 5:55.10 1:31.73	600m: 8:57.80 1:31.27	800m: 11:56.30 1:28.18			
5.	REGO Susana Isabel	74	Leixoes	13:29.02		369	4,00
	100m: 1:35.46 1:35.46	300m: 4:59.06 1:41.34	500m: 8:21.92 1:41.08	700m: 11:46.99 1:42.91			
	200m: 3:17.72 1:42.26	400m: 6:40.84 1:41.78	600m: 10:04.08 1:42.16	800m: 13:29.02 1:42.03			
6.	FERREIRA Sara Goncalves	74	Luz e Vida	14:00.63		329	3,00
	100m: 1:41.68 1:41.68	300m: 5:16.23 1:48.44	500m: 8:51.18 1:47.27	700m: 12:22.75 1:46.92			
	200m: 3:27.79 1:46.11	400m: 7:03.91 1:47.68	600m: 10:35.83 1:44.65	800m: 14:00.63 1:37.88			
7.	BARBARA Sandra Santa	75	Ginasio Santo Tirso	14:07.98		321	2,00
	100m: 1:36.72 1:36.72	300m: 5:09.55 1:47.20	500m: 8:44.18 1:47.07	700m: 12:23.50 1:49.66			
	200m: 3:22.35 1:45.63	400m: 6:57.11 1:47.56	600m: 10:33.84 1:49.66	800m: 14:07.98 1:44.48			
8.	GOMES Ana Claudia	76	Academica de Coimbra	14:46.44		281	1,00
	100m: 1:43.39 1:43.39	300m: 5:28.61 1:50.94	500m: 9:14.55 1:52.95	700m: 12:56.88 1:52.26			
	200m: 3:37.67 1:54.28	400m: 7:21.60 1:52.99	600m: 11:04.62 1:50.07	800m: 14:46.44 1:49.56			
9.	RIBEIRO Helena Isabel	74	Lagoa AC	15:10.56		259	-
	100m: 1:43.88 1:43.88	300m: 5:31.15 1:55.08	500m: 9:25.09 1:57.22	700m: 13:20.99 1:57.40			
	200m: 3:36.07 1:52.19	400m: 7:27.87 1:56.72	600m: 11:23.59 1:58.50	800m: 15:10.56 1:49.57			

Splash Meet Manager, 11.73591

Registered to Federacao Portuguesa De Natacao

08/07/2022 11:44 - Página 3



XXIII Campeonato Nacional Masters de Verão , OPEN
XXIII Portuguese Summer Masters Championships - OPEN
Reguengos de Monsaraz, 08 a 10 de Julho de 2022



Prova 1, Femin., 800m Livres

Prova 1
08/07/2022

Femin., 800m Livres

Master Esc F
Resultados

RN F(50-54) 11:28.66 GRILO Ana Paula NDCO Vitoria (ESP) 27/04/2019

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	PEREIRA Patricia Diogenes	69	Lisboa PoolSharks	11:49.77		581	9,00
	100m: 1:22.83 1:22.83	300m: 4:18.99 1:28.70	500m: 7:18.67 1:29.99	700m: 10:20.40 1:30.75			
	200m: 2:50.29 1:27.46	400m: 5:48.68 1:29.69	600m: 8:49.65 1:30.98	800m: 11:49.77 1:29.37			
2.	BRANDAO Maria Teresa	69	Fluvial Portuense	12:03.06		549	7,00
	100m: 1:23.98 1:23.98	300m: 4:22.69 1:30.58	500m: 7:26.60 1:32.34	700m: 10:32.20 1:32.72			
	200m: 2:52.11 1:28.13	400m: 5:54.26 1:31.57	600m: 8:59.48 1:32.88	800m: 12:03.06 1:30.86			
3.	COSTA Marta Sofia	71	Porto	13:08.54		423	6,00
	100m: 1:30.94 1:30.94	300m: 4:48.75 1:39.20	500m: 8:08.40 1:39.62	700m: 11:30.03 1:40.94			
	200m: 3:09.55 1:38.61	400m: 6:28.78 1:40.03	600m: 9:49.09 1:40.69	800m: 13:08.54 1:38.51			
4.	PALHARES Daniela Maria	71	Fluvial Portuense	13:46.26		368	5,00
	100m: 1:37.55 1:37.55	300m: 5:09.41 1:47.16	500m: 8:41.96 1:45.88	700m: 12:05.95 1:41.39			
	200m: 3:22.25 1:44.70	400m: 6:56.08 1:46.67	600m: 10:24.56 1:42.60	800m: 13:46.26 1:40.31			
5.	BLANCO Catarina Araujo	71	Fluvial Portuense	14:02.81		347	4,00
	100m: 1:45.33 1:45.33	300m: 5:20.35 1:46.81	500m: 8:51.77 1:45.50	700m: 12:21.36 1:44.19			
	200m: 3:33.54 1:48.21	400m: 7:06.27 1:45.92	600m: 10:37.17 1:45.40	800m: 14:02.81 1:41.45			
6.	FERREIRA Maria Manuela	70	Vitoria Guimaraes	14:11.83		336	3,00
	100m: 1:41.12 1:41.12	300m: 5:14.72 1:46.81	500m: 8:49.32 1:46.61	700m: 12:25.11 1:49.09			
	200m: 3:27.91 1:46.79	400m: 7:02.71 1:47.99	600m: 10:36.02 1:46.70	800m: 14:11.83 1:46.72			
7.	SANTINHA Fernanda Maria	72	Masters de Almada	14:33.54		311	2,00
	100m: 1:42.97 1:42.97	300m: 5:23.59 1:50.74	500m: 9:05.50 1:50.93	700m: 12:45.42 1:49.98			
	200m: 3:32.85 1:49.88	400m: 7:14.57 1:50.98	600m: 10:55.44 1:49.94	800m: 14:33.54 1:48.12			
8.	REIS Margarida Bleck	68	Porto	14:39.48		305	1,00
	100m: 1:42.74 1:42.74	300m: 5:26.01 1:52.37	500m: 9:10.14 1:51.88	700m: 12:53.27 1:50.76			
	200m: 3:33.64 1:50.90	400m: 7:18.26 1:52.25	600m: 11:02.51 1:52.37	800m: 14:39.48 1:46.21			
9.	SOARES Susana Maria	70	Valongo	16:19.54		221	-
	100m: 1:52.00 1:52.00	300m: 5:59.98 2:04.83	500m: 10:09.59 2:05.01	700m: 14:19.72 2:05.04			
	200m: 3:55.15 2:03.15	400m: 8:04.58 2:04.60	600m: 12:14.68 2:05.09	800m: 16:19.54 1:59.82			
10.	GARCIA Ana Luisa	70	Leixoes	17:03.43		193	-
	100m: 2:06.11 2:06.11	300m: 6:24.11 2:09.03	500m: 10:41.79 2:08.47	700m: 14:57.69 2:08.18			
	200m: 4:15.08 2:08.97	400m: 8:33.32 2:09.21	600m: 12:49.51 2:07.72	800m: 17:03.43 2:05.74			

Splash Meet Manager, 11.73591

Registered to Federacao Portuguesa De Natacao

08/07/2022 11:44 - Página 4



XXIII Campeonato Nacional Masters de Verão , OPEN
XXIII Portuguese Summer Masters Championships - OPEN
Reguengos de Monsaraz, 08 a 10 de Julho de 2022



Prova 1, Femin., 800m Livres

Prova 1
08/07/2022

Femin., 800m Livres

Master Esc G
Resultados

RN G(55-59) 11:40.48 KRAEVA Elena Nikolaevna ADRCIMM Loulé 13/07/2018

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	GONCALVES Maria Fernanda	66	Porto	12:46.36		491	9,00
	100m: 1:30.49 1:30.49	300m: 4:43.91 1:37.34	500m: 7:57.27 1:36.34	700m: 11:10.75 1:36.61			
	200m: 3:06.57 1:36.08	400m: 6:20.93 1:37.02	600m: 9:34.14 1:36.87	800m: 12:46.36 1:35.61			
2.	CUNHA Maria Trigueiros	64	Leixoes	14:56.76		306	7,00
	100m: 1:39.36 1:39.36	300m: 5:19.02 1:51.15	500m: 9:11.52 1:56.82	700m: 13:06.60 1:57.33			
	200m: 3:27.87 1:48.51	400m: 7:14.70 1:55.68	600m: 11:09.27 1:57.75	800m: 14:56.76 1:50.16			
3.	CANINAS Maria Madalena	63	Masters de Almada	15:59.97		250	6,00
	100m: 1:51.60 1:51.60	300m: 5:54.87 2:02.28	500m: 10:00.46 2:02.04	700m: 14:04.18 2:00.39			
	200m: 3:52.59 2:00.99	400m: 7:58.42 2:03.55	600m: 12:03.79 2:03.33	800m: 15:59.97 1:55.79			
4.	MOTA Anabela Verissimo	66	Natacao de Lisboa	17:38.29	+0,88	186	5,00
	100m: 2:03.60 2:03.60	300m: 6:26.35 2:11.61	500m: 10:57.17 2:15.30	700m: 15:31.70 2:17.55			
	200m: 4:14.74 2:11.14	400m: 8:41.87 2:15.52	600m: 13:14.15 2:16.98	800m: 17:38.29 2:06.59			
5.	RIBEIRO Violante Isabel	67	Alges	18:49.23		153	4,00
	100m: 2:02.02 2:02.02	300m: 6:42.59 2:22.71	500m: 11:34.50 2:26.16	700m: 16:25.38 2:26.37			
	200m: 4:19.88 2:17.86	400m: 9:08.34 2:25.75	600m: 13:59.01 2:24.51	800m: 18:49.23 2:23.85			
DNS	SILVA Marina Monica	67	Lagoa AC				-
DNS	GUIMARAES Rita Cabral	64	Fluvial Portuense				-

Prova 1
08/07/2022

Femin., 800m Livres

Master Esc H
Resultados

RN H(60-64) 12:46.28 FERREIRA Ana Maria SAD Riccione (ITA) 10/06/2012

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	FONTANA Alda Caterina	62	Aminata	14:12.88		570	9,00
	100m: 1:41.44 1:41.44	300m: 5:15.92 1:47.82	500m: 8:52.89 1:48.60	700m: 12:28.97 1:47.95			
	200m: 3:28.10 1:46.66	400m: 7:04.29 1:48.37	600m: 10:41.02 1:48.13	800m: 14:12.88 1:43.91			
2.	OLIVEIRA Maria Luisa	61	Academica de Coimbra	15:38.81		427	7,00
	100m: 1:51.55 1:51.55	300m: 5:51.66 1:59.26	500m: 9:48.05 1:58.19	700m: 13:44.54 1:58.49			
	200m: 3:52.40 2:00.85	400m: 7:49.86 1:58.20	600m: 11:46.05 1:58.00	800m: 15:38.81 1:54.27			
3.	NETO Maria Manuela	62	Natacao da Maia	15:54.52		406	6,00
	100m: 1:50.30 1:50.30	300m: 5:50.56 2:00.45	500m: 9:52.61 2:00.81	700m: 13:55.86 2:01.88			
	200m: 3:50.11 1:59.81	400m: 7:51.80 2:01.24	600m: 11:53.98 2:01.37	800m: 15:54.52 1:58.66			
4.	WERNICKE Maria Giraldo	60	Fluvial Portuense	16:10.96		386	5,00
	100m: 1:52.05 1:52.05	300m: 5:59.36 2:04.28	500m: 10:04.85 2:02.27	700m: 14:10.69 2:02.55			
	200m: 3:55.08 2:03.03	400m: 8:02.58 2:03.22	600m: 12:08.14 2:03.29	800m: 16:10.96 2:00.27			

Splash Meet Manager, 11.73591

Registered to Federacao Portuguesa De Natacao

08/07/2022 11:44 - Página 5



XXIII Campeonato Nacional Masters de Verão , OPEN
XXIII Portuguese Summer Masters Championships - OPEN
Reguengos de Monsaraz, 08 a 10 de Julho de 2022



Prova 1, Femin., 800m Livres, Master Esc H

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
5.	COELHO Maria Fatima	60	Academica de Coimbra	16:19.78		376	4,00
	100m: 1:52.12 1:52.12	300m: 5:59.57 2:03.95	500m: 10:08.24 2:04.42	700m: 14:16.96 2:04.11			
	200m: 3:55.62 2:03.50	400m: 8:03.82 2:04.25	600m: 12:12.85 2:04.61	800m: 16:19.78 2:02.82			
6.	MACHADO Gracinda Maria	61	Ginasio Santo Tirso	19:44.72		212	3,00
	100m: 2:15.84 2:15.84	300m: 7:13.39 2:30.21	500m: 12:13.56 2:30.77	700m: 17:17.84 2:32.05			
	200m: 4:43.18 2:27.34	400m: 9:42.79 2:29.40	600m: 14:45.79 2:32.23	800m: 19:44.72 2:26.88			

Prova 1
08/07/2022

Femin., 800m Livres

Master Esc I
Resultados

RN I(65-69) 13:05.16 FERREIRA Ana Maria SAD London (GBR) 25/05/2016

Pontos: DSV Masters 22

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	OLIVEIRA Maria Teresa	57	Academica de Coimbra	15:11.79		543	9,00
	100m: 1:54.60 1:54.60	300m: 5:45.94 1:54.72	500m: 9:36.86 1:54.99	700m: 13:23.17 1:52.74			
	200m: 3:51.22 1:56.62	400m: 7:41.87 1:55.93	600m: 11:30.43 1:53.57	800m: 15:11.79 1:48.62			
EXH	MARCELINO Catarina Matias	96	Grandola Sports	14:16.92		268	-
	100m: 1:36.87 1:36.87	300m: 5:11.34 1:47.99	500m: 8:50.64 1:49.50	700m: 12:30.61 1:50.18			
	200m: 3:23.35 1:46.48	400m: 7:01.14 1:49.80	600m: 10:40.43 1:49.79	800m: 14:16.92 1:46.31			

Splash Meet Manager, 11.73591

Registered to Federacao Portuguesa De Natacao

08/07/2022 11:44 - Página 6

