

Prova 25	Masc., 200m Livres					Juniores
02/04/2022 - 11:20						Resultados Elimin
Rec Nac Absoluto	1:47.97	NASCIMENTO Miguel Duarte	SLB	Coimbra	06/04/2019	
Rec Nac Jun18	1:49.98	VENANCIO Tiago Andre	POR	Budapeste (HUN)	14/07/2005	
Rec Nac Jun17	1:50.82	RIBEIRO Diogo Matos	CUC	Coimbra	27/03/2021	
RNS15	2:03.73	NEVES Tiago Correia	CFB	Funchal	24/03/2018	
CEJun_Masc 15 - 18: 1:53.68 / CMJun_Masc 15 - 18: 1:51.44						
Pontos: FINA 2022						

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	RIBEIRO Diogo Matos <i>Minimos CE Jun</i>	04	Benfica	1:52.53	+0,63	744 Q	
	50m: 25.92 25.92 100m: 54.24 28.32 150m: 1:23.77 29.53 200m: 1:52.53 28.76						
2.	MARQUES Gustavo Pires	04	Uniao Coimbra	1:54.06	+0,66	715 Q	
	50m: 25.84 25.84 100m: 54.49 28.65 150m: 1:23.93 29.44 200m: 1:54.06 30.13						
3.	ALMEIDA Bernardo Victorino	04	Sporting	1:54.68	+0,65	703 Q	
	50m: 26.33 26.33 100m: 54.99 28.66 150m: 1:24.73 29.74 200m: 1:54.68 29.95						
4.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	1:59.44	+0,71	622	
	50m: 27.95 27.95 100m: 58.51 30.56 150m: 1:29.38 30.87 200m: 1:59.44 30.06						
5.	OLIVEIRA Diogo Alexandre	05	Naval do Funchal	1:59.98	+0,68	614	
	50m: 27.43 27.43 100m: 57.67 30.24 150m: 1:28.70 31.03 200m: 1:59.98 31.28						
6.	SILVA Gustavo Carvalho	04	Naval Praia da Vitoria	2:00.25	+0,73	610	
	50m: 27.87 27.87 100m: 58.18 30.31 150m: 1:29.06 30.88 200m: 2:00.25 31.19						
7.	SIMOES Miguel Costa	04	Uniao Piedense	2:00.42	+0,64	607	
	50m: 27.80 27.80 100m: 58.36 30.56 150m: 1:29.62 31.26 200m: 2:00.42 30.80						
8.	ANSELMO Raul Sousa	05	Bombeiros Ponta Delgada	2:02.11	+0,73	582	
	50m: 27.88 27.88 100m: 58.28 30.40 150m: 1:29.90 31.62 200m: 2:02.11 32.21						
9.	SILVA Diogo Miguel	05	Galitos/ Bresimar	2:03.42	+0,64	564	
	50m: 28.26 28.26 100m: 59.49 31.23 150m: 1:31.18 31.69 200m: 2:03.42 32.24						
10.	SILVA Afonso Carvalho	05	Famalicao	2:04.29	+0,64	552	
	50m: 28.09 28.09 100m: 58.93 30.84 150m: 1:31.44 32.51 200m: 2:04.29 32.85						
11.	FERRAO Gabriel Carvalho	05	Uniao Piedense	2:06.91	+0,61	519	
	50m: 27.92 27.92 100m: 59.36 31.44 150m: 1:32.70 33.34 200m: 2:06.91 34.21						

Prova 25, Masc., 200m Livres, Elimin

Prova 25 Masc., 200m Livres Seniores
02/04/2022 - 11:20 Resultados Elimin

Rec Nac Absoluto	1:47.97	NASCIMENTO Miguel Duarte	SLB	Coimbra	06/04/2019
Rec Nac Sen	1:47.97	NASCIMENTO Miguel Duarte	SLB	Coimbra	06/04/2019
RNS15	2:03.73	NEVES Tiago Correia	CFB	Funchal	24/03/2018

CEPL : 1:48.37 / CMPL : 1:47.06

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	RAMOS Bruno Miguel	97	Belenenses	1:51.67	+0,63	762 Q	
	50m: 25.66 25.66	100m: 53.69 28.03	150m: 1:22.64	28.95	200m: 1:51.67	29.03	
2.	LOPES Tomas Teixeira	02	Vitoria Guimaraes	1:51.98	+0,65	755 Q	
	50m: 26.55 26.55	100m: 54.61 28.06	150m: 1:23.21	28.60	200m: 1:51.98	28.77	
3.	RIBEIRO Gustavo Carvalhais	03	Sporting	1:53.47	+0,72	726 Q	
	50m: 25.94 25.94	100m: 54.28 28.34	150m: 1:23.84	29.56	200m: 1:53.47	29.63	
4.	NUNES Porfirio Braga	00	Porto	1:53.48	+0,63	726 Q	
	50m: 26.36 26.36	100m: 55.47 29.11	150m: 1:24.28	28.81	200m: 1:53.48	29.20	
	MOGNE Igor Araujo	96	Sporting	1:53.48	+0,71	726 Q	
	50m: 26.26 26.26	100m: 54.71 28.45	150m: 1:24.05	29.34	200m: 1:53.48	29.43	
6.	VELOSO Tomas Miguel	96	Nautico Academico	1:53.77	+0,64	720 Q	
	50m: 26.89 26.89	100m: 55.44 28.55	150m: 1:24.51	29.07	200m: 1:53.77	29.26	
7.	COSTA Tiago Cunha	99	Sporting	1:53.84	+0,64	719 Q	
	50m: 25.65 25.65	100m: 53.65 28.00	150m: 1:23.38	29.73	200m: 1:53.84	30.46	
8.	SANTOS Pedro Miguel	01	Porto	1:55.45	+0,67	689 R	
	50m: 27.25 27.25	100m: 56.00 28.75	200m: 1:55.45	59.45			
9.	LOPES Jose Paulo	00	Braga	1:56.39	+0,71	673 R	
	50m: 27.03 27.03	100m: 56.43 29.40	150m: 1:26.29	29.86	200m: 1:56.39	30.10	
10.	COSTA Afonso Filipe	03	Louzan Natacao/EFAPEL	1:57.05	+0,62	661	
	50m: 26.64 26.64	100m: 56.06 29.42	150m: 1:26.21	30.15	200m: 1:57.05	30.84	

Prova 25, Masc., 200m Livres, Elimin

Prova 25 Masc., 200m Livres Absolutos
02/04/2022 - 11:20 Resultados Elimin

Rec Nac Absoluto	1:47.97	NASCIMENTO Miguel Duarte	SLB	Coimbra	06/04/2019
Rec Nac Sen	1:47.97	NASCIMENTO Miguel Duarte	SLB	Coimbra	06/04/2019
Rec Nac Jun18	1:49.98	VENANCIO Tiago Andre	POR	Budapeste (HUN)	14/07/2005
Rec Nac Jun17	1:50.82	RIBEIRO Diogo Matos	CUC	Coimbra	27/03/2021
RNS15	2:03.73	NEVES Tiago Correia	CFB	Funchal	24/03/2018

CEJun_Masc 15 - 18: 1:53.68 / CMJun_Masc 15 - 18: 1:51.44 / CEPL Sen: 1:48.37 / CMPL Sen: 1:47.06

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	RAMOS Bruno Miguel	97	Belenenses	1:51.67	+0,63	762 Q	
	50m: 25.66 25.66	100m: 53.69 28.03	150m: 1:22.64 28.95	200m: 1:51.67 29.03			
2.	LOPES Tomas Teixeira	02	Vitoria Guimaraes	1:51.98	+0,65	755 Q	
	50m: 26.55 26.55	100m: 54.61 28.06	150m: 1:23.21 28.60	200m: 1:51.98 28.77			
3.	RIBEIRO Diogo Matos	04	Benfica	1:52.53	+0,63	744 Q	
	<i>Minimos CE Jun</i>						
	50m: 25.92 25.92	100m: 54.24 28.32	150m: 1:23.77 29.53	200m: 1:52.53 28.76			
4.	RIBEIRO Gustavo Carvalhais	03	Sporting	1:53.47	+0,72	726 Q	
	50m: 25.94 25.94	100m: 54.28 28.34	150m: 1:23.84 29.56	200m: 1:53.47 29.63			
5.	NUNES Porfirio Braga	00	Porto	1:53.48	+0,63	726 Q	
	50m: 26.36 26.36	100m: 55.47 29.11	150m: 1:24.28 28.81	200m: 1:53.48 29.20			
	MOGNE Igor Araujo	96	Sporting	1:53.48	+0,71	726 Q	
	50m: 26.26 26.26	100m: 54.71 28.45	150m: 1:24.05 29.34	200m: 1:53.48 29.43			
7.	VELOSO Tomas Miguel	96	Nautico Academico	1:53.77	+0,64	720 Q	
	50m: 26.89 26.89	100m: 55.44 28.55	150m: 1:24.51 29.07	200m: 1:53.77 29.26			
8.	COSTA Tiago Cunha	99	Sporting	1:53.84	+0,64	719 Q	
	50m: 25.65 25.65	100m: 53.65 28.00	150m: 1:23.38 29.73	200m: 1:53.84 30.46			
9.	MARQUES Gustavo Pires	04	Uniao Coimbra	1:54.06	+0,66	715 Q	
	50m: 25.84 25.84	100m: 54.49 28.65	150m: 1:23.93 29.44	200m: 1:54.06 30.13			
10.	ALMEIDA Bernardo Victorino	04	Sporting	1:54.68	+0,65	703 Q	
	50m: 26.33 26.33	100m: 54.99 28.66	150m: 1:24.73 29.74	200m: 1:54.68 29.95			
11.	SANTOS Pedro Miguel	01	Porto	1:55.45	+0,67	689 R	
	50m: 27.25 27.25	100m: 56.00 28.75	200m: 1:55.45 59.45				
12.	LOPES Jose Paulo	00	Braga	1:56.39	+0,71	673 R	
	50m: 27.03 27.03	100m: 56.43 29.40	150m: 1:26.29 29.86	200m: 1:56.39 30.10			
13.	COSTA Afonso Filipe	03	Louzan Natacao/EFAPEL	1:57.05	+0,62	661	
	50m: 26.64 26.64	100m: 56.06 29.42	150m: 1:26.21 30.15	200m: 1:57.05 30.84			
14.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	1:59.44	+0,71	622	
	50m: 27.95 27.95	100m: 58.51 30.56	150m: 1:29.38 30.87	200m: 1:59.44 30.06			
15.	OLIVEIRA Diogo Alexandre	05	Naval do Funchal	1:59.98	+0,68	614	
	50m: 27.43 27.43	100m: 57.67 30.24	150m: 1:28.70 31.03	200m: 1:59.98 31.28			

RUMO A PARIS 2024

Campeonato Nacional de Juniores e Absolutos PL
Coimbra, 31 de Março a 03 de Abril de 2022



Prova 25, Masc., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	SILVA Gustavo Carvalho	04	Naval Praia da Vitoria	2:00.25	+0,73	610	
	50m: 27.87 27.87	100m: 58.18 30.31	150m: 1:29.06	30.88	200m: 2:00.25	31.19	
17.	SIMÕES Miguel Costa	04	Uniao Piedense	2:00.42	+0,64	607	
	50m: 27.80 27.80	100m: 58.36 30.56	150m: 1:29.62	31.26	200m: 2:00.42	30.80	
18.	ANSELMO Raul Sousa	05	Bombeiros Ponta Delgada	2:02.11	+0,73	582	
	50m: 27.88 27.88	100m: 58.28 30.40	150m: 1:29.90	31.62	200m: 2:02.11	32.21	
19.	SILVA Diogo Miguel	05	Galitos/ Bresimar	2:03.42	+0,64	564	
	50m: 28.26 28.26	100m: 59.49 31.23	150m: 1:31.18	31.69	200m: 2:03.42	32.24	
20.	SILVA Afonso Carvalho	05	Famalicao	2:04.29	+0,64	552	
	50m: 28.09 28.09	100m: 58.93 30.84	150m: 1:31.44	32.51	200m: 2:04.29	32.85	
21.	FERRAO Gabriel Carvalho	05	Uniao Piedense	2:06.91	+0,61	519	
	50m: 27.92 27.92	100m: 59.36 31.44	150m: 1:32.70	33.34	200m: 2:06.91	34.21	
EXH	CORDEIRO Tomas Coelho	04	Colegio Efanor	2:12.84	+0,73	452	
	50m: 30.49 30.49	100m: 1:04.27 33.78	150m: 1:39.16	34.89	200m: 2:12.84	33.68	
EXH	NEVES Diogo Correia	94	Colegio Vasco da Gama	2:21.22	+0,64	376	
	50m: 30.09 30.09	100m: 1:05.18 35.09	150m: 1:42.74	37.56	200m: 2:21.22	38.48	

ORGANIZAÇÃO



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