

Prova 21

01/04/2022 - 17:05

Masc., 400m Estilos

Juvenis A

Resultados

Rec Nac Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01/06/2014

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	ZHUKOV Mark	06	Braga	4:51.80	+0,69	583	
	50m: 29.47 29.47	150m: 1:42.45 38.63	250m: 3:01.26 42.09	350m: 4:17.96 34.30			
	100m: 1:03.82 34.35	200m: 2:19.17 36.72	300m: 3:43.66 42.40	400m: 4:51.80 33.84			
2.	ALVES Andre Correia	06	Uniao Piedense	4:53.37	+0,72	574	
	50m: 30.64 30.64	150m: 1:43.62 37.33	250m: 3:03.53 42.95	350m: 4:21.00 34.00			
	100m: 1:06.29 35.65	200m: 2:20.58 36.96	300m: 3:47.00 43.47	400m: 4:53.37 32.37			
3.	FAFTINE Kaio Araujo	06	Sporting	4:55.53	+0,64	561	
	50m: 29.96 29.96	150m: 1:45.08 39.17	250m: 3:06.89 42.44	350m: 4:23.94 33.94			
	100m: 1:05.91 35.95	200m: 2:24.45 39.37	300m: 3:50.00 43.11	400m: 4:55.53 31.59			
4.	CASTRO Vasco Monteiro	06	Porto	4:58.02	+0,96	547	
	50m: 30.80 30.80	150m: 1:45.46 37.77	250m: 3:06.44 43.97	350m: 4:25.34 33.26			
	100m: 1:07.69 36.89	200m: 2:22.47 37.01	300m: 3:52.08 45.64	400m: 4:58.02 32.68			
5.	RAMOS Gustavo Gomes	06	Porto	5:00.88	+0,73	532	
	50m: 30.13 30.13	150m: 1:45.59 40.57	250m: 3:09.62 45.49	350m: 4:28.31 33.44			
	100m: 1:05.02 34.89	200m: 2:24.13 38.54	300m: 3:54.87 45.25	400m: 5:00.88 32.57			
6.	CORREIA Tiago Almeida	06	Natacao do Montijo	5:00.98	+0,87	531	
	50m: 29.93 29.93	150m: 1:44.41 39.35	250m: 3:08.05 44.89	350m: 4:28.08 34.00			
	100m: 1:05.06 35.13	200m: 2:23.16 38.75	300m: 3:54.08 46.03	400m: 5:00.98 32.90			
7.	SANTOS Rui Miguel	06	Famalicao	5:03.04	+0,83	520	
	50m: 30.38 30.38	150m: 1:46.86 40.12	250m: 3:11.29 44.22	350m: 4:30.88 35.42			
	100m: 1:06.74 36.36	200m: 2:27.07 40.21	300m: 3:55.46 44.17	400m: 5:03.04 32.16			
8.	FARIA Eduardo Nuno	06	Braga	5:03.09	+0,80	520	
	50m: 31.01 31.01	150m: 1:47.50 40.09	250m: 3:10.52 43.28	350m: 4:29.70 34.94			
	100m: 1:07.41 36.40	200m: 2:27.24 39.74	300m: 3:54.76 44.24	400m: 5:03.09 33.39			
9.	OLIVEIRA Tomas Ferreira	06	Natacao da Maia	5:04.82	+0,71	511	
	50m: 31.49 31.49	150m: 1:46.74 37.54	250m: 3:10.62 46.23	350m: 4:30.72 34.48			
	100m: 1:09.20 37.71	200m: 2:24.39 37.65	300m: 3:56.24 45.62	400m: 5:04.82 34.10			
10.	PINTO Mark Ronald	06	Louletano / Loule Concelho	5:08.86	+0,75	492	
	50m: 30.61 30.61	150m: 1:46.64 40.55	250m: 3:11.23 45.13	350m: 4:33.68 36.77			
	100m: 1:06.09 35.48	200m: 2:26.10 39.46	300m: 3:56.91 45.68	400m: 5:08.86 35.18			
11.	FERNANDES Duarte Jose	06	Uniao Coimbra	5:10.10	+0,69	486	
	50m: 30.08 30.08	150m: 1:48.67 42.55	250m: 3:11.06 41.91	350m: 4:33.81 37.96			
	100m: 1:06.12 36.04	200m: 2:29.15 40.48	300m: 3:55.85 44.79	400m: 5:10.10 36.29			

DSQ TIGRE Pedro Bethlem 06 Sporting
SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso

Prova 21, Masc., 400m Estilos

Prova 21

Masc., 400m Estilos

Juvenis B

01/04/2022 - 17:05

Resultados

Rec Nac Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16/07/2013

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CRUZ Leonardo Jose	07	Alcobaca	4:51.94	+0,57	582	
	50m: 30.19 30.19	150m: 1:43.37 37.81	250m: 3:02.02 41.93	350m: 4:19.31 33.85			
	100m: 1:05.56 35.37	200m: 2:20.09 36.72	300m: 3:45.46 43.44	400m: 4:51.94 32.63			
2.	REIS Leonardo Conceicao	07	Sporting	4:56.11	+0,66	558	
	50m: 29.95 29.95	150m: 1:42.50 37.98	250m: 3:03.90 43.22	350m: 4:22.28 34.67			
	100m: 1:04.52 34.57	200m: 2:20.68 38.18	300m: 3:47.61 43.71	400m: 4:56.11 33.83			
3.	RODRIGUES Gil Afonso	07	Fluvial Portuense	5:03.70	+0,77	517	
	50m: 30.38 30.38	150m: 1:46.92 40.18	250m: 3:09.74 43.34	350m: 4:29.87 35.58			
	100m: 1:06.74 36.36	200m: 2:26.40 39.48	300m: 3:54.29 44.55	400m: 5:03.70 33.83			
4.	ALMEIDA Joao Francisco	07	Naval do Funchal	5:07.02	+0,63	500	
	50m: 31.17 31.17	150m: 1:48.94 41.22	250m: 3:14.07 44.79	350m: 4:33.39 34.94			
	100m: 1:07.72 36.55	200m: 2:29.28 40.34	300m: 3:58.45 44.38	400m: 5:07.02 33.63			
5.	ASMAR Axel Guedes	07	Sporting	5:08.51	+0,73	493	
	50m: 30.10 30.10	150m: 1:47.06 40.54	250m: 3:13.58 45.11	350m: 4:35.22 35.03			
	100m: 1:06.52 36.42	200m: 2:28.47 41.41	300m: 4:00.19 46.61	400m: 5:08.51 33.29			
6.	TEIXEIRA Renato Gouveia	07	Foca Quinta da Lixa CNF	5:10.05	+0,64	486	
	50m: 30.19 30.19	150m: 1:46.19 39.51	250m: 3:10.58 45.92	350m: 4:34.54 36.69			
	100m: 1:06.68 36.49	200m: 2:24.66 38.47	300m: 3:57.85 47.27	400m: 5:10.05 35.51			
7.	MARTELO Francisco Bernardes	07	Porto	5:12.70	+0,84	474	
	50m: 30.24 30.24	150m: 1:49.39 43.15	250m: 3:16.61 46.52	350m: 4:38.14 35.27			
	100m: 1:06.24 36.00	200m: 2:30.09 40.70	300m: 4:02.87 46.26	400m: 5:12.70 34.56			
8.	GODINHO Rafael Pacheco	07	Sporting	5:13.65	+0,99	469	
	50m: 30.71 30.71	150m: 1:50.40 42.67	250m: 3:16.07 44.27	350m: 4:38.57 37.04			
	100m: 1:07.73 37.02	200m: 2:31.80 41.40	300m: 4:01.53 45.46	400m: 5:13.65 35.08			
9.	DZYAKANAU Alexandre	07	Louzan Natacao/EFAPEL	5:16.92	+0,77	455	
	50m: 32.96 32.96	150m: 1:51.48 40.52	250m: 3:17.73 45.90	350m: 4:41.51 36.79			
	100m: 1:10.96 38.00	200m: 2:31.83 40.35	300m: 4:04.72 46.99	400m: 5:16.92 35.41			
10.	FERREIRA Miguel Guedes	07	Porto	5:17.17	+0,84	454	
	50m: 32.50 32.50	150m: 1:52.78 41.94	250m: 3:21.79 48.54	350m: 4:43.48 34.37			
	100m: 1:10.84 38.34	200m: 2:33.25 40.47	300m: 4:09.11 47.32	400m: 5:17.17 33.69			
11.	DORES Tomas Rocha	07	Colegio Efanor	5:17.19	+0,77	454	
	50m: 30.96 30.96	150m: 1:49.64 40.84	250m: 3:17.39 46.67	350m: 4:41.29 35.48			
	100m: 1:08.80 37.84	200m: 2:30.72 41.08	300m: 4:05.81 48.42	400m: 5:17.19 35.90			
12.	PINTO Pedro Miguel	07	Fafe	5:17.45	+0,94	453	
	50m: 31.87 31.87	150m: 1:51.43 42.29	250m: 3:17.76 45.90	350m: 4:41.95 37.49			
	100m: 1:09.14 37.27	200m: 2:31.86 40.43	300m: 4:04.46 46.70	400m: 5:17.45 35.50			

DSQ MIMOSO Rafael Miguel 07 Benfica
SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso

Prova 21, Masc., 400m Estilos

Prova 21 Masc., 400m Estilos Juvenis
01/04/2022 - 17:05 Resultados

Rec Nac Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01/06/2014
Rec Nac Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16/07/2013

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	ZHUKOV Mark	06	Braga	4:51.80	+0,69	583	
	50m: 29.47 29.47	150m: 1:42.45 38.63	250m: 3:01.26 42.09	350m: 4:17.96 34.30			
	100m: 1:03.82 34.35	200m: 2:19.17 36.72	300m: 3:43.66 42.40	400m: 4:51.80 33.84			
2.	CRUZ Leonardo Jose	07	Alcobaca	4:51.94	+0,57	582	
	50m: 30.19 30.19	150m: 1:43.37 37.81	250m: 3:02.02 41.93	350m: 4:19.31 33.85			
	100m: 1:05.56 35.37	200m: 2:20.09 36.72	300m: 3:45.46 43.44	400m: 4:51.94 32.63			
3.	ALVES Andre Correia	06	Uniao Piedense	4:53.37	+0,72	574	
	50m: 30.64 30.64	150m: 1:43.62 37.33	250m: 3:03.53 42.95	350m: 4:21.00 34.00			
	100m: 1:06.29 35.65	200m: 2:20.58 36.96	300m: 3:47.00 43.47	400m: 4:53.37 32.37			
4.	FAFTINE Kaio Araujo	06	Sporting	4:55.53	+0,64	561	
	50m: 29.96 29.96	150m: 1:45.08 39.17	250m: 3:06.89 42.44	350m: 4:23.94 33.94			
	100m: 1:05.91 35.95	200m: 2:24.45 39.37	300m: 3:50.00 43.11	400m: 4:55.53 31.59			
5.	REIS Leonardo Conceicao	07	Sporting	4:56.11	+0,66	558	
	50m: 29.95 29.95	150m: 1:42.50 37.98	250m: 3:03.90 43.22	350m: 4:22.28 34.67			
	100m: 1:04.52 34.57	200m: 2:20.68 38.18	300m: 3:47.61 43.71	400m: 4:56.11 33.83			
6.	CASTRO Vasco Monteiro	06	Porto	4:58.02	+0,96	547	
	50m: 30.80 30.80	150m: 1:45.46 37.77	250m: 3:06.44 43.97	350m: 4:25.34 33.26			
	100m: 1:07.69 36.89	200m: 2:22.47 37.01	300m: 3:52.08 45.64	400m: 4:58.02 32.68			
7.	RAMOS Gustavo Gomes	06	Porto	5:00.88	+0,73	532	
	50m: 30.13 30.13	150m: 1:45.59 40.57	250m: 3:09.62 45.49	350m: 4:28.31 33.44			
	100m: 1:05.02 34.89	200m: 2:24.13 38.54	300m: 3:54.87 45.25	400m: 5:00.88 32.57			
8.	CORREIA Tiago Almeida	06	Natacao do Montijo	5:00.98	+0,87	531	
	50m: 29.93 29.93	150m: 1:44.41 39.35	250m: 3:08.05 44.89	350m: 4:28.08 34.00			
	100m: 1:05.06 35.13	200m: 2:23.16 38.75	300m: 3:54.08 46.03	400m: 5:00.98 32.90			
9.	SANTOS Rui Miguel	06	Famalicao	5:03.04	+0,83	520	
	50m: 30.38 30.38	150m: 1:46.86 40.12	250m: 3:11.29 44.22	350m: 4:30.88 35.42			
	100m: 1:06.74 36.36	200m: 2:27.07 40.21	300m: 3:55.46 44.17	400m: 5:03.04 32.16			
10.	FARIA Eduardo Nuno	06	Braga	5:03.09	+0,80	520	
	50m: 31.01 31.01	150m: 1:47.50 40.09	250m: 3:10.52 43.28	350m: 4:29.70 34.94			
	100m: 1:07.41 36.40	200m: 2:27.24 39.74	300m: 3:54.76 44.24	400m: 5:03.09 33.39			
11.	RODRIGUES Gil Afonso	07	Fluvial Portuense	5:03.70	+0,77	517	
	50m: 30.38 30.38	150m: 1:46.92 40.18	250m: 3:09.74 43.34	350m: 4:29.87 35.58			
	100m: 1:06.74 36.36	200m: 2:26.40 39.48	300m: 3:54.29 44.55	400m: 5:03.70 33.83			
12.	OLIVEIRA Tomas Ferreira	06	Natacao da Maia	5:04.82	+0,71	511	
	50m: 31.49 31.49	150m: 1:46.74 37.54	250m: 3:10.62 46.23	350m: 4:30.72 34.48			
	100m: 1:09.20 37.71	200m: 2:24.39 37.65	300m: 3:56.24 45.62	400m: 5:04.82 34.10			
13.	ALMEIDA Joao Francisco	07	Naval do Funchal	5:07.02	+0,63	500	
	50m: 31.17 31.17	150m: 1:48.94 41.22	250m: 3:14.07 44.79	350m: 4:33.39 34.94			
	100m: 1:07.72 36.55	200m: 2:29.28 40.34	300m: 3:58.45 44.38	400m: 5:07.02 33.63			

Splash Meet Manager, 11.72441

Registered to Federacao Portuguesa De Natacao

01/04/2022 17:29 - Página 3

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



WATER INSTINCT

PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS



Prova 21, Masc., 400m Estilos, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	ASMAR Axel Guedes	07	Sporting	5:08.51	+0,73	493	
	50m: 30.10 30.10	150m: 1:47.06 40.54	250m: 3:13.58 45.11	350m: 4:35.22 35.03			
	100m: 1:06.52 36.42	200m: 2:28.47 41.41	300m: 4:00.19 46.61	400m: 5:08.51 33.29			
15.	PINTO Mark Ronald	06	Louletano / Loule Concelho	5:08.86	+0,75	492	
	50m: 30.61 30.61	150m: 1:46.64 40.55	250m: 3:11.23 45.13	350m: 4:33.68 36.77			
	100m: 1:06.09 35.48	200m: 2:26.10 39.46	300m: 3:56.91 45.68	400m: 5:08.86 35.18			
16.	TEIXEIRA Renato Gouveia	07	Foca Quinta da Lixa CNF	5:10.05	+0,64	486	
	50m: 30.19 30.19	150m: 1:46.19 39.51	250m: 3:10.58 45.92	350m: 4:34.54 36.69			
	100m: 1:06.68 36.49	200m: 2:24.66 38.47	300m: 3:57.85 47.27	400m: 5:10.05 35.51			
17.	FERNANDES Duarte Jose	06	Uniao Coimbra	5:10.10	+0,69	486	
	50m: 30.08 30.08	150m: 1:48.67 42.55	250m: 3:11.06 41.91	350m: 4:33.81 37.96			
	100m: 1:06.12 36.04	200m: 2:29.15 40.48	300m: 3:55.85 44.79	400m: 5:10.10 36.29			
18.	MARTELO Francisco Bernardes	07	Porto	5:12.70	+0,84	474	
	50m: 30.24 30.24	150m: 1:49.39 43.15	250m: 3:16.61 46.52	350m: 4:38.14 35.27			
	100m: 1:06.24 36.00	200m: 2:30.09 40.70	300m: 4:02.87 46.26	400m: 5:12.70 34.56			
19.	GODINHO Rafael Pacheco	07	Sporting	5:13.65	+0,99	469	
	50m: 30.71 30.71	150m: 1:50.40 42.67	250m: 3:16.07 44.27	350m: 4:38.57 37.04			
	100m: 1:07.73 37.02	200m: 2:31.80 41.40	300m: 4:01.53 45.46	400m: 5:13.65 35.08			
20.	DZYAKANAU Alexandre	07	Louzan Natacao/EFAPEL	5:16.92	+0,77	455	
	50m: 32.96 32.96	150m: 1:51.48 40.52	250m: 3:17.73 45.90	350m: 4:41.51 36.79			
	100m: 1:10.96 38.00	200m: 2:31.83 40.35	300m: 4:04.72 46.99	400m: 5:16.92 35.41			
21.	FERREIRA Miguel Guedes	07	Porto	5:17.17	+0,84	454	
	50m: 32.50 32.50	150m: 1:52.78 41.94	250m: 3:21.79 48.54	350m: 4:43.48 34.37			
	100m: 1:10.84 38.34	200m: 2:33.25 40.47	300m: 4:09.11 47.32	400m: 5:17.17 33.69			
22.	DORES Tomas Rocha	07	Colegio Efanor	5:17.19	+0,77	454	
	50m: 30.96 30.96	150m: 1:49.64 40.84	250m: 3:17.39 46.67	350m: 4:41.29 35.48			
	100m: 1:08.80 37.84	200m: 2:30.72 41.08	300m: 4:05.81 48.42	400m: 5:17.19 35.90			
23.	PINTO Pedro Miguel	07	Fafe	5:17.45	+0,94	453	
	50m: 31.87 31.87	150m: 1:51.43 42.29	250m: 3:17.76 45.90	350m: 4:41.95 37.49			
	100m: 1:09.14 37.27	200m: 2:31.86 40.43	300m: 4:04.46 46.70	400m: 5:17.45 35.50			
DSQ	TIGRE Pedro Bethlem	06	Sporting				
	SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso						
DSQ	MIMOSO Rafael Miguel	07	Benfica				
	SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso						
EXH	FOMIN Yury	06	Louletano / Loule Concelho	4:46.15	+0,70	618	
	50m: 29.95 29.95	150m: 1:42.37 37.25	250m: 2:59.61 41.39	350m: 4:13.92 32.92			
	100m: 1:05.12 35.17	200m: 2:18.22 35.85	300m: 3:41.00 41.39	400m: 4:46.15 32.23			