

RUMO A PARIS 2024

Campeonato Nacional de Juvenis PL
Coimbra, 31 de Março a 03 de Abril de 2022



Prova 1

31/03/2022 - 9:00

Masc., 200m Livres

Juvenis A

Resultados

Rec Nac Absoluto	1:47.97	NASCIMENTO Miguel Duarte	SLB	Coimbra	06/04/2019
Rec Nac Juv A	1:54.18	SANTA Gustavo Manuel	POR	Tampere (FIN)	24/07/2009

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	BAPTISTA Guilherme Fernandes	06	Benfica	2:01.04	+0,71	598	
	50m: 28.27 28.27 100m: 59.46 31.19 150m: 1:31.09 31.63 200m: 2:01.04 29.95						
2.	ROQUE Tomas Nunes	06	Benfica	2:02.04	+0,70	583	
	50m: 27.93 27.93 100m: 58.78 30.85 150m: 1:30.74 31.96 200m: 2:02.04 31.30						
3.	TAVARES Daniel Batista	06	Bombeiros Mealhada/ CA	2:02.82	+0,69	572	
	50m: 26.86 26.86 100m: 57.90 31.04 150m: 1:30.15 32.25 200m: 2:02.82 32.67						
4.	FRAZAO Francisco Couto	06	Uniao Coimbra	2:02.83	+0,68	572	
	50m: 28.24 28.24 100m: 59.21 30.97 150m: 1:31.01 31.80 200m: 2:02.83 31.82						
5.	LOUREIRO Bruno Silva	06	Porto	2:03.13	+0,74	568	
	50m: 28.39 28.39 100m: 59.42 31.03 150m: 1:31.63 32.21 200m: 2:03.13 31.50						
6.	JANUARIO Tomas Maia	06	Benfica	2:03.52	+0,72	563	
	50m: 28.93 28.93 100m: 1:00.33 31.40 150m: 1:32.14 31.81 200m: 2:03.52 31.38						
7.	LEMONS Gil Santos	06	Pimpoes/Cimai	2:04.33	+0,61	552	
	50m: 28.75 28.75 100m: 1:00.47 31.72 150m: 1:33.06 32.59 200m: 2:04.33 31.27						
8.	BRANDAO Afonso Aires	06	Desportiva de Viana	2:05.26	+0,72	539	
	50m: 28.85 28.85 100m: 1:00.79 31.94 150m: 1:33.37 32.58 200m: 2:05.26 31.89						
9.	GOMES Joao Almeida	06	Nacional de Natacao	2:06.05	+0,73	529	
	50m: 28.83 28.83 100m: 1:00.14 31.31 150m: 1:33.19 33.05 200m: 2:06.05 32.86						
10.	SIMONES Manuel Costa	06	Uniao Piedense	2:06.74	+0,77	521	
	50m: 28.48 28.48 100m: 59.97 31.49 150m: 1:33.04 33.07 200m: 2:06.74 33.70						
11.	FARIA Eduardo Nuno	06	Braga	2:07.06	+0,85	517	
	50m: 28.41 28.41 100m: 1:00.43 32.02 150m: 1:33.63 33.20 200m: 2:07.06 33.43						
12.	MARTINS Henrique Ferreira	06	Alges e Agueda XXI	2:07.45	+0,73	512	
	50m: 28.04 28.04 100m: 59.93 31.89 150m: 1:33.37 33.44 200m: 2:07.45 34.08						

ORGANIZAÇÃO



CÂMARA MUNICIPAL
COIMBRA

PARCEIROS INSTITUCIONAIS



DESPORTO
PAREDES

FORNECEDOR OFICIAL



WATER INSTINCT

PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS



RUMO A PARIS 2024

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Coimbra, 31 de Março a 03 de Abril de 2022



Prova 1, Masc., 200m Livres

Prova 1 Masc., 200m Livres Juvenis B
31/03/2022 - 9:00 Resultados

Rec Nac Absoluto	1:47.97	NASCIMENTO Miguel Duarte	SLB	Coimbra	06/04/2019
Rec Nac Juv B	1:53.96	RIBEIRO Diogo Matos	CUC	Funchal	02/08/2019

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	REIS Leonardo Conceicao	07	Sporting	2:03.34	+0,67	565	
	50m: 28.03 28.03 100m: 58.69 30.66 150m: 1:30.97			32.28	200m: 2:03.34	32.37	
2.	AZEVEDO Goncalo Carlos	07	Natacao da Maia	2:03.55	+0,68	562	
	50m: 28.13 28.13 100m: 59.11 30.98 150m: 1:31.63			32.52	200m: 2:03.55	31.92	
3.	MORARI Alexandre	07	Rio Maior	2:03.82	+0,73	559	
	50m: 27.54 27.54 100m: 59.71 32.17 150m: 1:31.93			32.22	200m: 2:03.82	31.89	
4.	CRUZ Leonardo Jose	07	Alcobaca	2:04.39	+0,64	551	
	50m: 28.42 28.42 100m: 59.88 31.46 150m: 1:33.02			33.14	200m: 2:04.39	31.37	
5.	COLACO Goncalo Pereira	07	Ba-Leiria	2:04.70	+0,76	547	
	50m: 28.05 28.05 100m: 58.64 30.59 150m: 1:31.34			32.70	200m: 2:04.70	33.36	
6.	ROQUE Afonso Dinis	07	Ba-Leiria	2:05.61	+0,83	535	
	50m: 28.37 28.37 100m: 59.93 31.56 150m: 1:32.73			32.80	200m: 2:05.61	32.88	
7.	RAMOS Andre Miguel	07	Fisica Torres Vedras	2:06.53	+0,80	523	
	50m: 28.10 28.10 100m: 1:00.53 32.43 150m: 1:33.80			33.27	200m: 2:06.53	32.73	
8.	LARANJO Filipe Manso	07	Desportiva de Viana	2:07.03	+0,76	517	
	50m: 29.86 29.86 100m: 1:02.48 32.62 150m: 1:35.49			33.01	200m: 2:07.03	31.54	
9.	SILVA Martim Alexandre	07	Columbofila Cantanhedense	2:07.13	+0,79	516	
	50m: 29.46 29.46 100m: 1:01.63 32.17 150m: 1:34.83			33.20	200m: 2:07.13	32.30	
10.	NUNES Duarte Ramos	07	Galitos / Bresimar	2:07.84	+0,69	507	
	50m: 29.68 29.68 100m: 1:02.27 32.59 150m: 1:35.37			33.10	200m: 2:07.84	32.47	

Prova 1 Masc., 200m Livres Juvenis B
31/03/2022 - 9:00 Resultados

Rec Nac Absoluto	1:47.97	NASCIMENTO Miguel Duarte	SLB	Coimbra	06/04/2019
Rec Nac Juv A	1:54.18	SANTA Gustavo Manuel	POR	Tampere (FIN)	24/07/2009
Rec Nac Juv B	1:53.96	RIBEIRO Diogo Matos	CUC	Funchal	02/08/2019

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	BAPTISTA Guilherme Fernandes	06	Benfica	2:01.04	+0,71	598	
	50m: 28.27 28.27 100m: 59.46 31.19 150m: 1:31.09			31.63	200m: 2:01.04	29.95	
2.	ROQUE Tomas Nunes	06	Benfica	2:02.04	+0,70	583	
	50m: 27.93 27.93 100m: 58.78 30.85 150m: 1:30.74			31.96	200m: 2:02.04	31.30	
3.	TAVARES Daniel Batista	06	Bombeiros Mealhada/ CA	2:02.82	+0,69	572	
	50m: 26.86 26.86 100m: 57.90 31.04 150m: 1:30.15			32.25	200m: 2:02.82	32.67	
4.	FRAZAO Francisco Couto	06	Uniao Coimbra	2:02.83	+0,68	572	
	50m: 28.24 28.24 100m: 59.21 30.97 150m: 1:31.01			31.80	200m: 2:02.83	31.82	



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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	LOUREIRO Bruno Silva	06	Porto	2:03.13	+0,74	568	
	50m: 28.39 28.39	100m: 59.42 31.03	150m: 1:31.63 32.21	200m: 2:03.13 31.50			
6.	REIS Leonardo Conceicao	07	Sporting	2:03.34	+0,67	565	
	50m: 28.03 28.03	100m: 58.69 30.66	150m: 1:30.97 32.28	200m: 2:03.34 32.37			
7.	JANUARIO Tomas Maia	06	Benfica	2:03.52	+0,72	563	
	50m: 28.93 28.93	100m: 1:00.33 31.40	150m: 1:32.14 31.81	200m: 2:03.52 31.38			
8.	AZEVEDO Goncalo Carlos	07	Natacao da Maia	2:03.55	+0,68	562	
	50m: 28.13 28.13	100m: 59.11 30.98	150m: 1:31.63 32.52	200m: 2:03.55 31.92			
9.	MORARI Alexandre	07	Rio Maior	2:03.82	+0,73	559	
	50m: 27.54 27.54	100m: 59.71 32.17	150m: 1:31.93 32.22	200m: 2:03.82 31.89			
10.	LEMONS Gil Santos	06	Pimpoes/Cimai	2:04.33	+0,61	552	
	50m: 28.75 28.75	100m: 1:00.47 31.72	150m: 1:33.06 32.59	200m: 2:04.33 31.27			
11.	CRUZ Leonardo Jose	07	Alcobaca	2:04.39	+0,64	551	
	50m: 28.42 28.42	100m: 59.88 31.46	150m: 1:33.02 33.14	200m: 2:04.39 31.37			
12.	COLACO Goncalo Pereira	07	Ba-Leiria	2:04.70	+0,76	547	
	50m: 28.05 28.05	100m: 58.64 30.59	150m: 1:31.34 32.70	200m: 2:04.70 33.36			
13.	BRANDAO Afonso Aires	06	Desportiva de Viana	2:05.26	+0,72	539	
	50m: 28.85 28.85	100m: 1:00.79 31.94	150m: 1:33.37 32.58	200m: 2:05.26 31.89			
14.	ROQUE Afonso Dinis	07	Ba-Leiria	2:05.61	+0,83	535	
	50m: 28.37 28.37	100m: 59.93 31.56	150m: 1:32.73 32.80	200m: 2:05.61 32.88			
15.	GOMES Joao Almeida	06	Nacional de Natacao	2:06.05	+0,73	529	
	50m: 28.83 28.83	100m: 1:00.14 31.31	150m: 1:33.19 33.05	200m: 2:06.05 32.86			
16.	RAMOS Andre Miguel	07	Fisica Torres Vedras	2:06.53	+0,80	523	
	50m: 28.10 28.10	100m: 1:00.53 32.43	150m: 1:33.80 33.27	200m: 2:06.53 32.73			
17.	SIMÕES Manuel Costa	06	Uniao Piedense	2:06.74	+0,77	521	
	50m: 28.48 28.48	100m: 59.97 31.49	150m: 1:33.04 33.07	200m: 2:06.74 33.70			
18.	LARANJO Filipe Manso	07	Desportiva de Viana	2:07.03	+0,76	517	
	50m: 29.86 29.86	100m: 1:02.48 32.62	150m: 1:35.49 33.01	200m: 2:07.03 31.54			
19.	FARIA Eduardo Nuno	06	Braga	2:07.06	+0,85	517	
	50m: 28.41 28.41	100m: 1:00.43 32.02	150m: 1:33.63 33.20	200m: 2:07.06 33.43			
20.	SILVA Martim Alexandre	07	Columbifila Cantanhedense	2:07.13	+0,79	516	
	50m: 29.46 29.46	100m: 1:01.63 32.17	150m: 1:34.83 33.20	200m: 2:07.13 32.30			
21.	MARTINS Henrique Ferreira	06	Alges e Agueda XXI	2:07.45	+0,73	512	
	50m: 28.04 28.04	100m: 59.93 31.89	150m: 1:33.37 33.44	200m: 2:07.45 34.08			
22.	NUNES Duarte Ramos	07	Galitos / Bresimar	2:07.84	+0,69	507	
	50m: 29.68 29.68	100m: 1:02.27 32.59	150m: 1:35.37 33.10	200m: 2:07.84 32.47			

EXH	FOMIN Yury	06	Louletano / Loule Concelho	2:01.70	+0,76	588	
	50m: 28.58 28.58	100m: 59.31 30.73	150m: 1:30.85 31.54	200m: 2:01.70 30.85			

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