

Prova 33	Femin., 800m Livres					Absolutos
28-11-2021 - 16:20						Resultados
RN25 Absoluto	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04-12-2019	
RN25 Sen	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04-12-2019	
RN25 Jun17	8:32.83	HOLUB Tamila Hryhorivna	SCB	Porto	13-12-2015	
RN25 Jun16	8:45.41	HOLUB Tamila Hryhorivna	SCB	Porto	21-12-2014	

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
Seniores							
1.	DURAES Diana Margarida	96	Benfica	8:31.18	+0,80	824	
	50m: 29.92 29.92	250m: 2:37.45	31.74	450m: 4:45.12	31.82	650m: 6:53.57	32.20
	100m: 1:01.77 31.85	300m: 3:09.28	31.83	500m: 5:16.90	31.78	700m: 7:26.01	32.44
	150m: 1:33.74 31.97	350m: 3:41.28	32.00	550m: 5:49.05	32.15	750m: 7:58.43	32.42
	200m: 2:05.71 31.97	400m: 4:13.30	32.02	600m: 6:21.37	32.32	800m: 8:31.18	32.75
2.	HOLUB Tamila Hryhorivna	99	Braga	8:37.71	+0,79	793	
	50m: 30.02 30.02	250m: 2:38.10	31.98	450m: 4:48.03	32.60	650m: 6:59.58	32.96
	100m: 1:02.01 31.99	300m: 3:10.22	32.12	500m: 5:20.79	32.76	700m: 7:32.52	32.94
	150m: 1:34.14 32.13	350m: 3:42.74	32.52	550m: 5:53.84	33.05	750m: 8:05.27	32.75
	200m: 2:06.12 31.98	400m: 4:15.43	32.69	600m: 6:26.62	32.78	800m: 8:37.71	32.44
3.	ANDRE Angelica Maria	94	Porto	8:42.30	+0,76	772	
	50m: 30.25 30.25	250m: 2:40.63	33.14	450m: 4:52.09	32.81	650m: 7:03.70	33.02
	100m: 1:02.36 32.11	300m: 3:13.74	33.11	500m: 5:24.82	32.73	700m: 7:36.87	33.17
	150m: 1:34.60 32.24	350m: 3:46.55	32.81	550m: 5:57.58	32.76	750m: 8:10.08	33.21
	200m: 2:07.49 32.89	400m: 4:19.28	32.73	600m: 6:30.68	33.10	800m: 8:42.30	32.22
4.	CARDEAL Joana Nunes	02	Academico Viseu	8:47.49	+0,74	750	
	50m: 30.58 30.58	250m: 2:44.78	33.71	450m: 4:58.24	33.17	650m: 7:10.39	32.85
	100m: 1:03.71 33.13	300m: 3:18.39	33.61	500m: 5:31.34	33.10	700m: 7:43.11	32.72
	150m: 1:37.34 33.63	350m: 3:51.80	33.41	550m: 6:04.45	33.11	750m: 8:15.98	32.87
	200m: 2:11.07 33.73	400m: 4:25.07	33.27	600m: 6:37.54	33.09	800m: 8:47.49	31.51
5.	MENDES Mariana Amaral	02	Sporting	8:48.10	+0,75	747	
	50m: 30.98 30.98	250m: 2:43.84	33.45	450m: 4:57.20	33.22	650m: 7:10.01	33.17
	100m: 1:03.85 32.87	300m: 3:17.33	33.49	500m: 5:30.50	33.30	700m: 7:43.08	33.07
	150m: 1:37.03 33.18	350m: 3:50.63	33.30	550m: 6:03.67	33.17	750m: 8:16.42	33.34
	200m: 2:10.39 33.36	400m: 4:23.98	33.35	600m: 6:36.84	33.17	800m: 8:48.10	31.68
6.	RAMOS Ana Rita	02	Porto	8:50.02	+0,80	739	
	50m: 31.13 31.13	250m: 2:41.04	33.03	450m: 4:53.87	33.46	650m: 7:09.24	33.82
	100m: 1:03.03 31.90	300m: 3:14.11	33.07	500m: 5:27.40	33.53	700m: 7:43.29	34.05
	150m: 1:35.25 32.22	350m: 3:47.20	33.09	550m: 6:01.57	34.17	750m: 8:16.98	33.69
	200m: 2:08.01 32.76	400m: 4:20.41	33.21	600m: 6:35.42	33.85	800m: 8:50.02	33.04
7.	CARDEAL Beatriz Nunes	04	Academico Viseu	9:09.38	+0,66	664	
	50m: 31.45 31.45	250m: 2:47.08	34.06	450m: 5:05.82	35.10	650m: 7:25.79	34.87
	100m: 1:05.13 33.68	300m: 3:21.52	34.44	500m: 5:40.71	34.89	700m: 8:00.70	34.91
	150m: 1:38.98 33.85	350m: 3:55.88	34.36	550m: 6:15.81	35.10	750m: 8:35.50	34.80
	200m: 2:13.02 34.04	400m: 4:30.72	34.84	600m: 6:50.92	35.11	800m: 9:09.38	33.88

Prova 33, Femin., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
8.	MORGADO Alice Jesus	04	Sporting	9:31.54	+0,81	589	
	50m: 31.99 31.99	250m: 2:52.49	35.43 450m: 5:15.14	35.79	650m: 7:40.98	36.80	
	100m: 1:06.62 34.63	300m: 3:27.99	35.50 500m: 5:51.27	36.13	700m: 8:17.88	36.90	
	150m: 1:41.65 35.03	350m: 4:03.58	35.59 550m: 6:27.59	36.32	750m: 8:55.38	37.50	
	200m: 2:17.06 35.41	400m: 4:39.35	35.77 600m: 7:04.18	36.59	800m: 9:31.54	36.16	

Juniores

1.	LOPES Daniela Magalhaes	05	Famalicao	8:54.50	+0,78	721	
	50m: 31.08 31.08	250m: 2:45.57	33.71 450m: 4:59.61	33.42	650m: 7:14.76	33.67	
	100m: 1:04.31 33.23	300m: 3:19.30	33.73 500m: 5:33.48	33.87	700m: 7:48.55	33.79	
	150m: 1:37.93 33.62	350m: 3:52.70	33.40 550m: 6:07.22	33.74	750m: 8:22.01	33.46	
	200m: 2:11.86 33.93	400m: 4:26.19	33.49 600m: 6:41.09	33.87	800m: 8:54.50	32.49	
2.	PIRES Marta Joao	05	Alges	9:05.37	+0,77	678	
	50m: 30.57 30.57	250m: 2:48.89	34.41 450m: 5:07.50	34.57	650m: 7:24.48	33.75	
	100m: 1:04.95 34.38	300m: 3:23.44	34.55 500m: 5:41.83	34.33	700m: 7:58.85	34.37	
	150m: 1:39.57 34.62	350m: 3:58.10	34.66 550m: 6:16.25	34.42	750m: 8:32.73	33.88	
	200m: 2:14.48 34.91	400m: 4:32.93	34.83 600m: 6:50.73	34.48	800m: 9:05.37	32.64	
3.	FARIA Leonor Verissimo	06	Nucleo de Pombal	9:09.66	+0,72	663	
	50m: 31.03 31.03	250m: 2:49.34	34.81 450m: 5:08.56	34.78	650m: 7:27.90	34.74	
	100m: 1:04.98 33.95	300m: 3:24.04	34.70 500m: 5:43.50	34.94	700m: 8:02.56	34.66	
	150m: 1:39.71 34.73	350m: 3:58.69	34.65 550m: 6:18.33	34.83	750m: 8:37.32	34.76	
	200m: 2:14.53 34.82	400m: 4:33.78	35.09 600m: 6:53.16	34.83	800m: 9:09.66	32.34	
4.	ALVES Joana Silva	05	Benedita	9:22.81	+0,75	617	
	50m: 31.21 31.21	250m: 2:49.95	34.76 450m: 5:11.58	35.72	650m: 7:36.37	36.33	
	100m: 1:05.40 34.19	300m: 3:24.95	35.00 500m: 5:47.62	36.04	700m: 8:12.43	36.06	
	150m: 1:39.87 34.47	350m: 4:00.11	35.16 550m: 6:23.52	35.90	750m: 8:47.99	35.56	
	200m: 2:15.19 35.32	400m: 4:35.86	35.75 600m: 7:00.04	36.52	800m: 9:22.81	34.82	
5.	PEIXOTO Carolina Esteves	06	Braga	9:24.28	+0,84	612	
	50m: 31.87 31.87	250m: 2:52.53	35.83 450m: 5:16.36	35.70	650m: 7:38.71	35.49	
	100m: 1:06.21 34.34	300m: 3:28.35	35.82 500m: 5:51.92	35.56	700m: 8:14.25	35.54	
	150m: 1:41.32 35.11	350m: 4:04.44	36.09 550m: 6:27.62	35.70	750m: 8:49.71	35.46	
	200m: 2:16.70 35.38	400m: 4:40.66	36.22 600m: 7:03.22	35.60	800m: 9:24.28	34.57	
6.	LOURO Ariana Espirito	05	Gualdim Pais	9:24.91	+0,63	610	
	50m: 30.63 30.63	250m: 2:50.57	35.64 450m: 5:15.66	36.56	650m: 7:39.84	36.15	
	100m: 1:04.92 34.29	300m: 3:26.31	35.74 500m: 5:51.30	35.64	700m: 8:15.15	35.31	
	150m: 1:39.75 34.83	350m: 4:02.80	36.49 550m: 6:27.75	36.45	750m: 8:50.16	35.01	
	200m: 2:14.93 35.18	400m: 4:39.10	36.30 600m: 7:03.69	35.94	800m: 9:24.91	34.75	
7.	RAMOS Joana Barbas	06	Gafanha da Encarnacao	9:28.60	+0,78	599	
	50m: 32.62 32.62	250m: 2:55.27	35.87 450m: 5:19.08	36.11	650m: 7:42.42	35.65	
	100m: 1:07.80 35.18	300m: 3:31.22	35.95 500m: 5:55.21	36.13	700m: 8:18.08	35.66	
	150m: 1:43.53 35.73	350m: 4:07.27	36.05 550m: 6:30.95	35.74	750m: 8:53.76	35.68	
	200m: 2:19.40 35.87	400m: 4:42.97	35.70 600m: 7:06.77	35.82	800m: 9:28.60	34.84	

Prova 33, Femin., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
8.	LOPES Francisca Macedo	05	Vilacondense	9:29.02	+0,78	597	
	50m: 31.30 31.30	250m: 2:52.63	35.65 450m: 5:16.72	35.94	650m: 7:40.61	36.22	
	100m: 1:06.05 34.75	300m: 3:28.68	36.05 500m: 5:52.39	35.67	700m: 8:17.11	36.50	
	150m: 1:41.39 35.34	350m: 4:04.67	35.99 550m: 6:28.20	35.81	750m: 8:53.37	36.26	
	200m: 2:16.98 35.59	400m: 4:40.78	36.11 600m: 7:04.39	36.19	800m: 9:29.02	35.65	
9.	OLIVEIRA Vanessa Sofia	05	Gafanha da Encarnacao	9:33.27	+0,69	584	
	50m: 32.36 32.36	250m: 2:54.64	35.91 450m: 5:19.58	36.58	650m: 7:45.59	36.32	
	100m: 1:07.11 34.75	300m: 3:30.75	36.11 500m: 5:56.13	36.55	700m: 8:22.00	36.41	
	150m: 1:42.81 35.70	350m: 4:06.86	36.11 550m: 6:32.74	36.61	750m: 8:57.86	35.86	
	200m: 2:18.73 35.92	400m: 4:43.00	36.14 600m: 7:09.27	36.53	800m: 9:33.27	35.41	
10.	NOBRE Marisa Isabel	05	Columbofila Cantanhedense	9:36.49	+0,67	574	
	50m: 31.59 31.59	250m: 2:53.37	36.53 450m: 5:21.50	36.71	650m: 7:49.47	37.10	
	100m: 1:05.60 34.01	300m: 3:30.34	36.97 500m: 5:58.40	36.90	700m: 8:26.27	36.80	
	150m: 1:40.83 35.23	350m: 4:07.68	37.34 550m: 6:35.44	37.04	750m: 9:02.53	36.26	
	200m: 2:16.84 36.01	400m: 4:44.79	37.11 600m: 7:12.37	36.93	800m: 9:36.49	33.96	
11.	PIRES Catarina Gaspar	06	Porto	9:36.63	+0,86	574	
	50m: 32.08 32.08	250m: 2:55.89	36.90 450m: 5:22.60	36.46	650m: 7:49.24	36.60	
	100m: 1:06.70 34.62	300m: 3:32.55	36.66 500m: 5:59.24	36.64	700m: 8:26.02	36.78	
	150m: 1:42.71 36.01	350m: 4:09.62	37.07 550m: 6:35.98	36.74	750m: 9:02.24	36.22	
	200m: 2:18.99 36.28	400m: 4:46.14	36.52 600m: 7:12.64	36.66	800m: 9:36.63	34.39	
12.	FERREIRA Joana Rocha	05	Benfica	9:37.39	+0,81	572	
	50m: 31.43 31.43	250m: 2:54.55	35.85 450m: 5:20.45	36.74	650m: 7:48.60	37.11	
	100m: 1:06.51 35.08	300m: 3:30.90	36.35 500m: 5:57.21	36.76	700m: 8:25.46	36.86	
	150m: 1:42.56 36.05	350m: 4:07.16	36.26 550m: 6:34.38	37.17	750m: 9:01.94	36.48	
	200m: 2:18.70 36.14	400m: 4:43.71	36.55 600m: 7:11.49	37.11	800m: 9:37.39	35.45	
13.	FERREIRA Joana Rosa	05	Naval de Peniche	9:48.44	+0,85	540	
	50m: 31.19 31.19	250m: 2:56.86	37.01 450m: 5:27.35	37.70	650m: 7:57.47	37.48	
	100m: 1:06.51 35.32	300m: 3:34.19	37.33 500m: 6:04.75	37.40	700m: 8:35.01	37.54	
	150m: 1:42.96 36.45	350m: 4:12.01	37.82 550m: 6:42.34	37.59	750m: 9:12.54	37.53	
	200m: 2:19.85 36.89	400m: 4:49.65	37.64 600m: 7:19.99	37.65	800m: 9:48.44	35.90	
14.	FROIS Maria Francisca	06	Ba-Leiria	9:49.76	+0,72	536	
	50m: 32.18 32.18	250m: 2:59.38	36.58 450m: 5:27.07	36.57	650m: 7:57.74	38.00	
	100m: 1:08.30 36.12	300m: 3:36.36	36.98 500m: 6:04.57	37.50	700m: 8:35.93	38.19	
	150m: 1:45.58 37.28	350m: 4:13.17	36.81 550m: 6:42.22	37.65	750m: 9:13.58	37.65	
	200m: 2:22.80 37.22	400m: 4:50.50	37.33 600m: 7:19.74	37.52	800m: 9:49.76	36.18	
15.	CARLOTA Catarina Isabel	05	BUZIOS - Coruche	9:53.36	+0,82	527	
	50m: 32.61 32.61	250m: 3:01.24	37.77 450m: 5:32.16	37.19	650m: 8:02.08	37.63	
	100m: 1:08.67 36.06	300m: 3:39.19	37.95 500m: 6:09.33	37.17	700m: 8:39.47	37.39	
	150m: 1:45.87 37.20	350m: 4:17.12	37.93 550m: 6:46.76	37.43	750m: 9:16.87	37.40	
	200m: 2:23.47 37.60	400m: 4:54.97	37.85 600m: 7:24.45	37.69	800m: 9:53.36	36.49	
16.	COSTA Anita Gouveia	06	Condeixa Clube	9:59.29	+0,78	511	
	50m: 32.57 32.57	250m: 2:59.19	37.81 450m: 5:32.09	38.22	650m: 8:06.22	38.61	
	100m: 1:07.92 35.35	300m: 3:36.97	37.78 500m: 6:10.77	38.68	700m: 8:44.43	38.21	
	150m: 1:44.30 36.38	350m: 4:15.58	38.61 550m: 6:48.82	38.05	750m: 9:22.84	38.41	
	200m: 2:21.38 37.08	400m: 4:53.87	38.29 600m: 7:27.61	38.79	800m: 9:59.29	36.45	

Prova 33, Femin., 800m Livres, Júniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
DNS	HUTYY Adriana Carolina	05	Braga				

ORGANIZAÇÃO



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