

RUMO A PARIS 2024

Campeonato Nacional Clubes 2ª Divisão

Estarreja, 4- - 5-12-2021



Prova 30 2ª Divisão MASC
 05-12-2021 - 16:20 Resultados

| Prova | Tempo | Atleta | Clube | Local | Data |
|---------------|---------|-----------------------|---------|-----------------------|------------|
| RN25 Absoluto | 4:06.83 | CARVALHO Diogo Filipe | POR | Istambul (TUR) | 11-12-2009 |
| RN25 Sen | 4:06.83 | CARVALHO Diogo Filipe | POR | Istambul (TUR) | 11-12-2009 |
| RN25 Jun18 | 4:11.20 | VITAL Joao Alexandre | SCP | Porto | 11-12-2015 |
| RN25 Jun17 | 4:21.93 | VITAL Joao Alexandre | ADRCIMM | Porto | 19-12-2014 |
| RN25 Juv A | 4:25.04 | VITAL Joao Alexandre | ADRCIMM | Tomar | 13-12-2013 |
| RN25 Juv B | 4:35.02 | CARVALHO Diogo Filipe | CGA | Braga | 21-03-2003 |
| RN25 Inf A | 4:40.32 | FREITAS Tomas Miguel | CDN | Funchal | 09-07-2004 |
| RN25 Inf B | 4:49.65 | RUIVO Andre Vilas | DNMG | S. António Cavaleiros | 15-03-2013 |

Pontos: FINA 2021

| Lugar | Nome | Ano | NFed | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------|-----|--------|----------------------------|----------------|-------|---------------------|-------|
| 1. | COSTA Joao Nogueira | 01 | 124315 | Vitoria Guimaraes | 4:23.86 | +0,72 | 704 | 25,00 |
| | 50m: 26.53 26.53 | | | 150m: 1:32.83 33.58 | | | 350m: 3:54.31 31.30 | |
| | 100m: 59.25 32.72 | | | 200m: 2:05.93 33.10 | | | 400m: 4:23.86 29.55 | |
| 2. | COSTA Joao Peres | 04 | 130322 | Naval Praia da Vitoria | 4:27.69 | +0,66 | 674 | 23,00 |
| | 50m: 28.32 28.32 | | | 150m: 1:35.74 34.81 | | | 350m: 3:57.44 30.76 | |
| | 100m: 1:00.93 32.61 | | | 200m: 2:11.18 35.44 | | | 400m: 4:27.69 30.25 | |
| 3. | SILVA Nuno Marques | 04 | 127406 | Ba-Leiria | 4:33.77 | +0,72 | 630 | 22,00 |
| | 50m: 28.97 28.97 | | | 150m: 1:39.43 36.15 | | | 350m: 4:03.49 31.23 | |
| | 100m: 1:03.28 34.31 | | | 200m: 2:14.97 35.54 | | | 400m: 4:33.77 30.28 | |
| 4. | TRAVANCA Sergio Filipe | 00 | 117385 | Colegio Efanor | 4:35.24 | +0,70 | 620 | 21,00 |
| | 50m: 27.97 27.97 | | | 150m: 1:35.98 35.85 | | | 350m: 4:04.50 31.53 | |
| | 100m: 1:00.13 32.16 | | | 200m: 2:12.11 36.13 | | | 400m: 4:35.24 30.74 | |
| 5. | BESSA Antonio Rafael | 94 | 102089 | Aquatico Pacense | 4:36.45 | +0,74 | 612 | 20,00 |
| | 50m: 28.81 28.81 | | | 150m: 1:37.22 35.52 | | | 350m: 4:05.03 32.32 | |
| | 100m: 1:01.70 32.89 | | | 200m: 2:12.66 35.44 | | | 400m: 4:36.45 31.42 | |
| 6. | ARAUJO Joao Guilherme | 03 | 130366 | Natacao da Maia | 4:38.06 | +0,80 | 602 | 19,00 |
| | 50m: 27.89 27.89 | | | 150m: 1:36.35 36.39 | | | 350m: 4:05.34 33.74 | |
| | 100m: 59.96 32.07 | | | 200m: 2:12.30 35.95 | | | 400m: 4:38.06 32.72 | |
| 7. | SARREIRA Tomas Amor | 05 | 132117 | Nautico Marinha Grande | 4:38.36 | +0,76 | 600 | 18,00 |
| | 50m: 28.67 28.67 | | | 150m: 1:37.93 36.00 | | | 350m: 4:08.10 32.34 | |
| | 100m: 1:01.93 33.26 | | | 200m: 2:12.46 34.53 | | | 400m: 4:38.36 30.26 | |
| 8. | GUIMARAES Hugo Goncalves | 04 | 130191 | Desportiva de Viana | 4:40.76 | +0,72 | 584 | 17,00 |
| | 50m: 28.86 28.86 | | | 150m: 1:39.62 36.82 | | | 350m: 4:09.17 33.16 | |
| | 100m: 1:02.80 33.94 | | | 200m: 2:15.20 35.58 | | | 400m: 4:40.76 31.59 | |
| 9. | ALVES Paulo Rodrigues | 04 | 124154 | Desportivo Nacional | 4:44.25 | +0,73 | 563 | 16,00 |
| | 50m: 28.50 28.50 | | | 150m: 1:41.26 38.26 | | | 350m: 4:10.55 33.77 | |
| | 100m: 1:03.00 34.50 | | | 200m: 2:18.70 37.44 | | | 400m: 4:44.25 33.70 | |
| 10. | NEAGU Tiberius Sebastian | 04 | 124756 | Academico Viseu | 4:44.57 | +0,71 | 561 | 15,00 |
| | 50m: 30.07 30.07 | | | 150m: 1:42.55 38.34 | | | 350m: 4:12.87 33.42 | |
| | 100m: 1:04.21 34.14 | | | 200m: 2:20.88 38.33 | | | 400m: 4:44.57 31.70 | |
| 11. | NUNES Rafael Filipe | 96 | 108344 | Vikings | 4:44.66 | +0,66 | 561 | 14,00 |
| | 50m: 29.45 29.45 | | | 150m: 1:41.69 38.14 | | | 350m: 4:14.31 33.96 | |
| | 100m: 1:03.55 34.10 | | | 200m: 2:19.42 37.73 | | | 400m: 4:44.66 30.35 | |
| 12. | LOPES Francisco Oliveira | 04 | 120038 | Bombeiros de Ponta Delgada | 4:48.42 | +0,84 | 539 | 13,00 |
| | 50m: 30.54 30.54 | | | 150m: 1:43.55 37.84 | | | 350m: 4:15.50 33.93 | |
| | 100m: 1:05.71 35.17 | | | 200m: 2:21.10 37.55 | | | 400m: 4:48.42 32.92 | |

Splash Meet Manager, 11.71436

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



FORNecedor OFICIAL



PARCEIROS



RUMO A PARIS 2024
Campeonato Nacional Clubes 2ª Divisão
Estarreja, 4- - 5-12-2021



Prova 30, Masc., 400m Estilos, 2ª Divisão MASC

| Lugar | Nome | Ano | NFed | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|---------------------------|---------------|--------|--------------------|----------------|---------------|----------|-------|
| 13. | CAZEIRO Daniel Filipe | 97 | 104378 | Laranjeiro | 4:51.88 | +0,64 | 520 | 12,00 |
| | 50m: 30.85 30.85 | 150m: 1:44.32 | 37.45 | 250m: 3:03.88 | 42.42 | 350m: 4:19.75 | 32.87 | |
| | 100m: 1:06.87 36.02 | 200m: 2:21.46 | 37.14 | 300m: 3:46.88 | 43.00 | 400m: 4:51.88 | 32.13 | |
| 14. | CUNHA Joao Simons | 02 | 124582 | Leixoes | 4:53.88 | +0,79 | 510 | 11,00 |
| | 50m: 29.70 29.70 | 150m: 1:43.36 | 38.54 | 250m: 3:02.90 | 41.06 | 350m: 4:20.89 | 35.50 | |
| | 100m: 1:04.82 35.12 | 200m: 2:21.84 | 38.48 | 300m: 3:45.39 | 42.49 | 400m: 4:53.88 | 32.99 | |
| 15. | ESTEVES Pedro Ferraz | 99 | 118772 | Natacao de Lisboa | 4:54.20 | +0,73 | 508 | 10,00 |
| | 50m: 29.51 29.51 | 150m: 1:42.68 | 38.50 | 250m: 3:01.68 | 40.72 | 350m: 4:19.96 | 36.25 | |
| | 100m: 1:04.18 34.67 | 200m: 2:20.96 | 38.28 | 300m: 3:43.71 | 42.03 | 400m: 4:54.20 | 34.24 | |
| 16. | NEVES Diogo Cura | 06 | 200415 | Condeixa Clube | 5:01.15 | +0,70 | 474 | 9,00 |
| | 50m: 30.21 30.21 | 150m: 1:44.62 | 38.48 | 250m: 3:05.68 | 42.52 | 350m: 4:25.95 | 36.85 | |
| | 100m: 1:06.14 35.93 | 200m: 2:23.16 | 38.54 | 300m: 3:49.10 | 43.42 | 400m: 5:01.15 | 35.20 | |
| 17. | LOURENCO Francisco Campos | 06 | 132136 | Natacao de Valongo | 5:02.40 | +0,73 | 468 | 8,00 |
| | 50m: 29.66 29.66 | 150m: 1:42.34 | 38.13 | 250m: 3:05.18 | 44.12 | 350m: 4:26.86 | 36.25 | |
| | 100m: 1:04.21 34.55 | 200m: 2:21.06 | 38.72 | 300m: 3:50.61 | 45.43 | 400m: 5:02.40 | 35.54 | |
| 18. | LIMA David Dias | 00 | 118183 | Vilacondense | 5:03.81 | +0,69 | 461 | 7,00 |
| | 50m: 29.50 29.50 | 150m: 1:44.01 | 39.34 | 250m: 3:08.40 | 44.92 | 350m: 4:29.82 | 35.55 | |
| | 100m: 1:04.67 35.17 | 200m: 2:23.48 | 39.47 | 300m: 3:54.27 | 45.87 | 400m: 5:03.81 | 33.99 | |
| 19. | BONNIZ Pedro Goncalves | 06 | 202696 | Geslours | 5:04.44 | +0,70 | 458 | 6,00 |
| | 50m: 30.09 30.09 | 150m: 1:46.56 | 40.31 | 250m: 3:08.55 | 42.24 | 350m: 4:28.64 | 36.39 | |
| | 100m: 1:06.25 36.16 | 200m: 2:26.31 | 39.75 | 300m: 3:52.25 | 43.70 | 400m: 5:04.44 | 35.80 | |
| 20. | SILVA Tomas Caineta | 05 | 132173 | Estarreja | 5:05.63 | +0,74 | 453 | 5,00 |
| | 50m: 30.11 30.11 | 150m: 1:45.61 | 39.10 | 250m: 3:09.88 | 44.81 | 350m: 4:31.24 | 35.35 | |
| | 100m: 1:06.51 36.40 | 200m: 2:25.07 | 39.46 | 300m: 3:55.89 | 46.01 | 400m: 5:05.63 | 34.39 | |
| 21. | GONCALVES Pedro Sousa | 06 | 129459 | Natacao Olhao | 5:08.74 | +0,74 | 439 | 4,00 |
| | 50m: 30.24 30.24 | 150m: 1:47.57 | 41.60 | 250m: 3:13.00 | 45.04 | 350m: 4:34.24 | 35.64 | |
| | 100m: 1:05.97 35.73 | 200m: 2:27.96 | 40.39 | 300m: 3:58.60 | 45.60 | 400m: 5:08.74 | 34.50 | |
| 22. | PINHO Afonso Formigo | 06 | 129956 | Torres Novas | 5:10.52 | +0,79 | 432 | 3,00 |
| | 50m: 33.00 33.00 | 150m: 1:52.97 | 41.24 | 250m: 3:16.62 | 44.18 | 350m: 4:36.86 | 36.52 | |
| | 100m: 1:11.73 38.73 | 200m: 2:32.44 | 39.47 | 300m: 4:00.34 | 43.72 | 400m: 5:10.52 | 33.66 | |
| 23. | SANTOS Eduardo Pinto | 06 | 130476 | Feirense | 5:20.53 | +0,65 | 393 | 2,00 |
| | 50m: 32.50 32.50 | 150m: 1:52.26 | 41.15 | 250m: 3:20.63 | 47.93 | 350m: 4:45.11 | 36.74 | |
| | 100m: 1:11.11 38.61 | 200m: 2:32.70 | 40.44 | 300m: 4:08.37 | 47.74 | 400m: 5:20.53 | 35.42 | |

