

Torneio Zonal Juniores e Seniores (Zona Sul)  
Leiria, 14 e 15 de Novembro de 2020

Prova 17 Seniores  
14/11/2020 - 17:40 Resultados

RN25 Absoluto	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17/12/2017
RN25 Sen	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17/12/2017

Pontos: FINA 2020

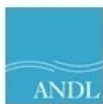
Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
1.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	<b>4:17.18</b>		752	
	50m: 30.10 30.10	150m: 1:34.98	32.48	250m: 2:39.09	32.13	350m: 3:45.23	33.25
	100m: 1:02.50 32.40	200m: 2:06.96	31.98	300m: 3:11.98	32.89	400m: 4:17.18	31.95
2.	PINTO Mafalda Marques	02	Sporting	<b>4:36.16</b>		607	
	50m: 30.81 30.81	150m: 1:39.42	35.11	250m: 2:50.93	35.72	350m: 4:02.58	35.24
	100m: 1:04.31 33.50	200m: 2:15.21	35.79	300m: 3:27.34	36.41	400m: 4:36.16	33.58
3.	VEIGA Susana Pereira Rec Nac Classe S9	00 S9	Colegio Vasco da Gama	<b>4:53.17</b>		507	931
	50m: 33.22 33.22	150m: 1:45.41	36.60	250m: 3:00.05	37.43	350m: 4:15.71	37.94
	100m: 1:08.81 35.59	200m: 2:22.62	37.21	300m: 3:37.77	37.72	400m: 4:53.17	37.46

Prova 17 Juniores  
14/11/2020 - 17:40 Resultados

RN25 Absoluto	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17/12/2017
RN25 Jun17	4:10.52	HOLUB Tamila Hryhorivna	SCB	Porto	12/12/2015
RN25 Jun16	4:13.53	SOUSA Ana Reis	CNLA	Porto	09/12/2017

Pontos: FINA 2020

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
1.	AMADO Maria Lopes	04	Nautico Marinha Grande	<b>4:30.02</b>		650	
	50m: 30.68 30.68	150m: 1:37.99	33.99	250m: 2:46.39	34.15	350m: 3:55.87	34.75
	100m: 1:04.00 33.32	200m: 2:12.24	34.25	300m: 3:21.12	34.73	400m: 4:30.02	34.15
2.	ALVES Joana Silva	05	Benedita	<b>4:33.12</b>		628	
	50m: 31.12 31.12	150m: 1:39.59	34.68	250m: 2:49.39	34.71	350m: 3:59.19	34.61
	100m: 1:04.91 33.79	200m: 2:14.68	35.09	300m: 3:24.58	35.19	400m: 4:33.12	33.93
3.	VIANA Margarida Violante	04	BA-Leiria	<b>4:34.38</b>		619	
	50m: 31.57 31.57	150m: 1:40.02	34.37	250m: 2:50.14	35.06	350m: 4:00.18	35.02
	100m: 1:05.65 34.08	200m: 2:15.08	35.06	300m: 3:25.16	35.02	400m: 4:34.38	34.20
4.	CARLOTA Catarina Isabel	05	BUZIOS - Coruche	<b>4:44.99</b>		552	
	50m: 31.91 31.91	150m: 1:41.85	35.32	250m: 2:54.34	36.40	350m: 4:08.58	37.32
	100m: 1:06.53 34.62	200m: 2:17.94	36.09	300m: 3:31.26	36.92	400m: 4:44.99	36.41
5.	FERNANDES Maria Teresa	05	Alges	<b>4:49.68</b>		526	
	50m: 33.42 33.42	150m: 1:45.94	36.83	250m: 2:59.26	36.80	350m: 4:13.39	37.00
	100m: 1:09.11 35.69	200m: 2:22.46	36.52	300m: 3:36.39	37.13	400m: 4:49.68	36.29
6.	SANTOS Mariana Marques	05	Geslours	<b>4:49.79</b>		525	
	50m: 32.66 32.66	150m: 1:44.52	36.45	250m: 2:58.51	37.13	350m: 4:13.49	37.35
	100m: 1:08.07 35.41	200m: 2:21.38	36.86	300m: 3:36.14	37.63	400m: 4:49.79	36.30



Torneio Zonal Juniores e Seniores (Zona Sul)  
Leiria, 14 e 15 de Novembro de 2020

Prova 17, Femin., 400m Livres

Prova 17 14/11/2020 - 17:40	Femin., 400m Livres				Paralimpicos Resultados
RN25 Absoluto	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17/12/2017
RN25 Sen	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17/12/2017
RN25 Jun17	4:10.52	HOLUB Tamila Hryhorivna	SCB	Porto	12/12/2015
RN25 Jun16	4:13.53	SOUSA Ana Reis	CNLA	Porto	09/12/2017
RN25 Juv A	4:18.39	SANTOS Ana Claudia	SFUAP	Cantanhede	20/12/2004
RN25 Juv B	4:23.08	MIGUEL Susana Patricia	SFUAP	Alhandra	15/05/2004
RN25 Inf A	4:25.30	SILVA Alexandra Maria	FCP	Porto	19/07/1980
RN25 Inf B	4:38.40	RUIVO Filipa Vilas	DNMG	Alcobaça	13/06/2009

Pontos: FINA 2020

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
1.	VEIGA Susana Pereira <i>Rec Nac Classe S9</i>	00 S9	Colegio Vasco da Gama	<b>4:53.17</b>		507	931
	50m: 33.22 33.22	150m: 1:45.41 36.60	250m: 3:00.05 37.43	350m: 4:15.71 37.94			
	100m: 1:08.81 35.59	200m: 2:22.62 37.21	300m: 3:37.77 37.72	400m: 4:53.17 37.46			