



Torneio Zonal Juniores e Seniores (Zona Norte)
Mealhada, 14 e 15 de Novembro de 2020

Prova 29
15/11/2020 - 16:10

Femin., 800m Livres

Absolutos
Resultados

RN25 Absoluto	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04/12/2019
RN25 Sen	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04/12/2019
RN25 Jun17	8:32.83	HOLUB Tamila Hryhorivna	SCB	Porto	13/12/2015
RN25 Jun16	8:45.41	HOLUB Tamila Hryhorivna	SCB	Porto	21/12/2014

Pontos: FINA 2020

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
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Seniores

1.	HOLUB Tamila Hryhorivna	99	Braga	8:36.30		800	
	50m: 30.03 30.03	250m: 2:38.77	32.40	450m: 4:49.15	32.57	650m: 6:59.68	32.54
	100m: 1:02.00 31.97	300m: 3:11.20	32.43	500m: 5:21.94	32.79	700m: 7:32.22	32.54
	150m: 1:34.15 32.15	350m: 3:43.85	32.65	550m: 5:54.56	32.62	750m: 8:04.68	32.46
	200m: 2:06.37 32.22	400m: 4:16.58	32.73	600m: 6:27.14	32.58	800m: 8:36.30	31.62
2.	CARDEAL Joana Nunes	02	Academico Viseu	8:52.12		730	
	50m: 30.44 30.44	250m: 2:43.48	33.58	450m: 4:58.36	33.59	650m: 7:13.41	33.77
	100m: 1:02.95 32.51	300m: 3:17.18	33.70	500m: 5:32.06	33.70	700m: 7:47.12	33.71
	150m: 1:36.28 33.33	350m: 3:51.04	33.86	550m: 6:05.78	33.72	750m: 8:20.63	33.51
	200m: 2:09.90 33.62	400m: 4:24.77	33.73	600m: 6:39.64	33.86	800m: 8:52.12	31.49
3.	MONTEIRO Ana Catarina	93	Vilacondense	8:53.62		724	
	50m: 31.32 31.32	250m: 2:45.06	33.52	450m: 5:00.48	33.62	650m: 7:15.39	33.41
	100m: 1:04.59 33.27	300m: 3:19.00	33.94	500m: 5:33.99	33.51	700m: 7:49.15	33.76
	150m: 1:37.95 33.36	350m: 3:52.92	33.92	550m: 6:07.95	33.96	750m: 8:21.95	32.80
	200m: 2:11.54 33.59	400m: 4:26.86	33.94	600m: 6:41.98	34.03	800m: 8:53.62	31.67
4.	RAMOS Ana Rita	02	Porto	9:08.90		665	
	50m: 31.19 31.19	250m: 2:45.11	34.01	450m: 5:00.97	34.07	650m: 7:23.07	35.79
	100m: 1:04.31 33.12	300m: 3:19.07	33.96	500m: 5:35.79	34.82	700m: 7:58.94	35.87
	150m: 1:37.43 33.12	350m: 3:53.22	34.15	550m: 6:11.29	35.50	750m: 8:34.56	35.62
	200m: 2:11.10 33.67	400m: 4:26.90	33.68	600m: 6:47.28	35.99	800m: 9:08.90	34.34
5.	AMORIM Maria Leonor	03	Porto	9:15.02		644	
	50m: 31.50 31.50	250m: 2:50.59	35.40	450m: 5:11.68	34.22	650m: 7:33.02	34.95
	100m: 1:05.23 33.73	300m: 3:26.22	35.63	500m: 5:46.98	35.30	700m: 8:08.37	35.35
	150m: 1:39.84 34.61	350m: 4:01.79	35.57	550m: 6:22.45	35.47	750m: 8:42.86	34.49
	200m: 2:15.19 35.35	400m: 4:37.46	35.67	600m: 6:58.07	35.62	800m: 9:15.02	32.16
6.	PINHEIRO Ines Mariana	03	Academica de Coimbra	9:16.45		639	
	50m: 31.54 31.54	250m: 2:49.72	34.88	450m: 5:10.17	34.87	650m: 7:31.66	36.01
	100m: 1:05.34 33.80	300m: 3:24.80	35.08	500m: 5:45.26	35.09	700m: 8:07.46	35.80
	150m: 1:40.11 34.77	350m: 4:00.12	35.32	550m: 6:20.44	35.18	750m: 8:42.84	35.38
	200m: 2:14.84 34.73	400m: 4:35.30	35.18	600m: 6:55.65	35.21	800m: 9:16.45	33.61
7.	SILVA Camila Alexandra	03	Columbifila Cantanhedens	9:31.78		589	
	50m: 32.40 32.40	250m: 2:53.97	35.88	450m: 5:19.33	36.30	650m: 7:44.09	36.32
	100m: 1:07.16 34.76	300m: 3:30.51	36.54	500m: 5:54.73	35.40	700m: 8:20.39	36.30
	150m: 1:42.67 35.51	350m: 4:06.73	36.22	550m: 6:31.05	36.32	750m: 8:56.80	36.41
	200m: 2:18.09 35.42	400m: 4:43.03	36.30	600m: 7:07.77	36.72	800m: 9:31.78	34.98

DSQ QUEIROZ Ana Rita 02 Condeixa Clube
403 - Falsa partida - SW 4.4



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Juniores

1. ROSA Mariana Carmo	05	Louzan Natacao/EFAPEL	9:01.30	694
50m: 30.91 30.91	250m: 2:45.30	33.63	450m: 5:00.74	33.78
100m: 1:04.38 33.47	300m: 3:19.16	33.86	500m: 5:35.01	34.27
150m: 1:38.09 33.71	350m: 3:53.01	33.85	550m: 6:09.61	34.60
200m: 2:11.67 33.58	400m: 4:26.96	33.95	600m: 6:44.28	34.67
650m: 7:19.00	34.72	650m: 7:19.00	34.72	
700m: 7:53.50	34.50	700m: 7:53.50	34.50	
750m: 8:28.06	34.56	750m: 8:28.06	34.56	
800m: 9:01.30	33.24	800m: 9:01.30	33.24	
2. LOPES Daniela Magalhaes	05	Famalicao	9:10.08	661
50m: 31.34 31.34	250m: 2:48.08	34.54	450m: 5:06.46	34.36
100m: 1:04.90 33.56	300m: 3:22.92	34.84	500m: 5:41.17	34.71
150m: 1:39.28 34.38	350m: 3:57.51	34.59	550m: 6:16.16	34.99
200m: 2:13.54 34.26	400m: 4:32.10	34.59	600m: 6:51.34	35.18
650m: 7:26.53	35.19	650m: 7:26.53	35.19	
700m: 8:01.70	35.17	700m: 8:01.70	35.17	
750m: 8:36.75	35.05	750m: 8:36.75	35.05	
800m: 9:10.08	33.33	800m: 9:10.08	33.33	
3. CARDEAL Beatriz Nunes	04	Academico Viseu	9:22.94	617
50m: 31.28 31.28	250m: 2:51.28	35.75	450m: 5:14.50	35.84
100m: 1:05.26 33.98	300m: 3:27.01	35.73	500m: 5:50.50	36.00
150m: 1:40.16 34.90	350m: 4:02.67	35.66	550m: 6:26.35	35.85
200m: 2:15.53 35.37	400m: 4:38.66	35.99	600m: 7:02.10	35.75
650m: 7:37.57	35.47	650m: 7:37.57	35.47	
700m: 8:13.36	35.79	700m: 8:13.36	35.79	
750m: 8:48.72	35.36	750m: 8:48.72	35.36	
800m: 9:22.94	34.22	800m: 9:22.94	34.22	
4. HUTYY Adriana Carolina	05	Braga	9:33.93	582
50m: 32.15 32.15	250m: 2:53.94	36.00	450m: 5:20.24	36.74
100m: 1:06.83 34.68	300m: 3:30.33	36.39	500m: 5:56.59	36.35
150m: 1:42.31 35.48	350m: 4:06.84	36.51	550m: 6:33.32	36.73
200m: 2:17.94 35.63	400m: 4:43.50	36.66	600m: 7:09.74	36.42
650m: 7:46.64	36.90	650m: 7:46.64	36.90	
700m: 8:23.01	36.37	700m: 8:23.01	36.37	
750m: 8:59.59	36.58	750m: 8:59.59	36.58	
800m: 9:33.93	34.34	800m: 9:33.93	34.34	
5. FLORENCIO Matilde Alves	04	Condeixa Clube	9:39.56	565
50m: 32.70 32.70	250m: 2:56.39	36.40	450m: 5:22.79	36.55
100m: 1:08.07 35.37	300m: 3:32.95	36.56	500m: 5:59.85	37.06
150m: 1:44.04 35.97	350m: 4:09.69	36.74	550m: 6:36.82	36.97
200m: 2:19.99 35.95	400m: 4:46.24	36.55	600m: 7:13.59	36.77
650m: 7:50.47	36.88	650m: 7:50.47	36.88	
700m: 8:27.37	36.90	700m: 8:27.37	36.90	
750m: 9:04.61	37.24	750m: 9:04.61	37.24	
800m: 9:39.56	34.95	800m: 9:39.56	34.95	
6. OLIVEIRA Vanessa Sofia	05	Gafanha da Encarnacao	9:39.59	565
50m: 33.43 33.43	250m: 2:59.54	36.63	450m: 5:26.10	36.68
100m: 1:09.54 36.11	300m: 3:35.86	36.32	500m: 6:03.13	37.03
150m: 1:46.19 36.65	350m: 4:12.61	36.75	550m: 6:39.85	36.72
200m: 2:22.91 36.72	400m: 4:49.42	36.81	600m: 7:16.55	36.70
650m: 7:52.53	35.98	650m: 7:52.53	35.98	
700m: 8:28.40	35.87	700m: 8:28.40	35.87	
750m: 9:04.37	35.97	750m: 9:04.37	35.97	
800m: 9:39.59	35.22	800m: 9:39.59	35.22	
7. NOBRE Marisa Isabel	05	Columbofila Cantanhedense	9:39.76	565
50m: 32.50 32.50	250m: 2:56.44	36.17	450m: 5:23.61	36.57
100m: 1:08.09 35.59	300m: 3:33.18	36.74	500m: 6:01.07	37.46
150m: 1:43.93 35.84	350m: 4:10.08	36.90	550m: 6:38.33	37.26
200m: 2:20.27 36.34	400m: 4:47.04	36.96	600m: 7:15.20	36.87
650m: 7:52.16	36.96	650m: 7:52.16	36.96	
700m: 8:28.97	36.81	700m: 8:28.97	36.81	
750m: 9:05.74	36.77	750m: 9:05.74	36.77	
800m: 9:39.76	34.02	800m: 9:39.76	34.02	
8. PIMENTEL Marta Lima	04	Fluvial Portuense	9:40.05	564
50m: 32.14 32.14	250m: 2:56.79	36.74	450m: 5:23.90	37.05
100m: 1:07.56 35.42	300m: 3:33.27	36.48	500m: 6:00.78	36.88
150m: 1:43.65 36.09	350m: 4:09.86	36.59	550m: 6:37.78	37.00
200m: 2:20.05 36.40	400m: 4:46.85	36.99	600m: 7:15.09	37.31
650m: 7:51.88	36.79	650m: 7:51.88	36.79	
700m: 8:28.91	37.03	700m: 8:28.91	37.03	
750m: 9:05.22	36.31	750m: 9:05.22	36.31	
800m: 9:40.05	34.83	800m: 9:40.05	34.83	
9. LOPES Francisca Macedo	05	Vilacondense	9:43.77	553
50m: 32.08 32.08	250m: 2:55.77	36.26	450m: 5:23.11	36.84
100m: 1:07.38 35.30	300m: 3:32.35	36.58	500m: 6:00.47	37.36
150m: 1:43.11 35.73	350m: 4:09.14	36.79	550m: 6:37.19	36.72
200m: 2:19.51 36.40	400m: 4:46.27	37.13	600m: 7:14.71	37.52
650m: 7:52.06	37.35	650m: 7:52.06	37.35	
700m: 8:29.65	37.59	700m: 8:29.65	37.59	
750m: 9:07.01	37.36	750m: 9:07.01	37.36	
800m: 9:43.77	36.76	800m: 9:43.77	36.76	





Torneio Zonal Juniores e Seniores (Zona Norte)
Mealhada, 14 e 15 de Novembro de 2020

Prova 29, Femin., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
10.	LIGEIRO Daniela Silva	04	Viana Natacao	9:48.28		540	
	50m: 32.76 32.76	250m: 2:59.42	37.21	450m: 5:27.56	37.05	650m: 7:57.22	37.43
	100m: 1:08.76 36.00	300m: 3:36.30	36.88	500m: 6:04.95	37.39	700m: 8:34.50	37.28
	150m: 1:45.53 36.77	350m: 4:13.18	36.88	550m: 6:42.35	37.40	750m: 9:11.75	37.25
	200m: 2:22.21 36.68	400m: 4:50.51	37.33	600m: 7:19.79	37.44	800m: 9:48.28	36.53
DNS	NUNES Rita Sofia	05	Colegio Efanor				
DNS	GALANTE Ines Carvalho	04	Vilacondense				
DNS	SILVA Ana Catarina	04	Fundacao Beatriz Santos				

