

Torneio Zonal de Juvenis (Zona Sul)
Leiria, 12 - 13/12/2020

Prova 1

Masc., 1500m Livres

Juvenis

12/12/2020 - 9:30

Resultados

Recordes Nacionais 25m Absoluto	14:48.89	LOPES Jose Paulo	SCB	Felgueiras	22/12/2019
Recordes Nacionais 25m Juv A	15:36.31	COSTA Rui Filipe	VSC	Braga	04/03/2007
Recordes Nacionais 25m Juv B	16:09.71	MONTEIRO Luis Miguel	FCP	Felgueiras	01/03/1998

Pontos: FINA 2020

Lugar	Ano	Tempo final	Pts
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Juvenis B

1. ALVES Andre Correia	06	Uniao Piedense	17:37.77	515		
50m: 31.68 31.68	450m: 5:11.90	850m: 9:55.25	35.60	1250m: 14:39.71	35.63	
100m: 1:05.53 33.85	500m: 5:47.49	35.59	900m: 10:30.83	35.58	1300m: 15:15.41	35.70
150m:	550m: 6:22.38	34.89	950m: 11:06.17	35.34	1350m: 15:51.44	36.03
200m:	600m: 6:57.99	35.61	1000m: 11:41.70	35.53	1400m: 16:27.14	35.70
250m:	650m: 7:33.30	35.31	1050m: 12:17.04	35.34	1450m: 17:02.71	35.57
300m:	700m: 8:09.07	35.77	1100m: 12:52.77	35.73	1500m: 17:37.77	35.06
350m:	750m: 8:44.58	35.51	1150m: 13:28.57	35.80		
400m:	800m: 9:19.65	35.07	1200m: 14:04.08	35.51		
2. MESQUITA Rodrigo Andrade	06	Sporting	18:25.69	451		
50m: 32.87 32.87	450m: 5:26.51	36.92	850m: 10:24.12	37.40	1250m: 15:23.22	37.56
100m: 1:08.86 35.99	500m: 6:02.93	36.42	900m: 11:01.80	37.68	1300m: 16:00.14	36.92
150m:	550m: 6:40.43	37.50	950m: 11:39.37	37.57	1350m: 16:36.71	36.57
200m: 2:21.85	600m: 7:17.81	37.38	1000m: 12:16.88	37.51	1400m: 17:14.37	37.66
250m:	650m: 7:55.28	37.47	1050m: 12:54.18	37.30	1450m: 17:50.58	36.21
300m: 3:35.56	700m: 8:32.21	36.93	1100m: 13:31.27	37.09	1500m: 18:25.69	35.11
350m:	750m: 9:08.96	36.75	1150m: 14:08.99	37.72		
400m: 4:49.59	800m: 9:46.72	37.76	1200m: 14:45.66	36.67		
3. CORREIA Tiago Almeida	06	Natacao do Montijo	18:47.43	425		
50m: 32.52 32.52	450m:	850m:		1250m:		
100m: 1:07.80 35.28	500m: 6:08.70	900m: 11:12.02		1300m: 16:18.29		
150m:	550m:	950m:		1350m:		
200m: 2:22.50	600m: 7:24.93	1000m: 12:27.93		1400m: 17:34.18		
250m: 2:59.94 37.44	650m:	1050m:		1450m:		
300m: 3:37.18 37.24	700m: 8:40.37	1100m: 13:44.21		1500m: 18:47.43		
350m: 4:14.75 37.57	750m:	1150m:				
400m: 4:52.21 37.46	800m: 9:56.17	1200m: 15:00.84				
4. RODRIGUES Francisco Manuel	06	Naval da Horta	19:33.68	377		
5. SILVA Tiago Nunes	06	CPCD-Povoa St Iria	20:19.31	336		
50m: 32.14 32.14	450m:	850m:		1250m: 16:53.52		
100m: 1:08.71 36.57	500m: 6:26.62	900m:		1300m:		
150m:	550m:	950m: 12:41.00		1350m: 18:18.50		
200m: 2:25.30	600m: 7:49.24	1000m:		1400m:		
250m: 3:04.41 39.11	650m:	1050m: 14:06.07		1450m: 19:40.60		
300m: 3:44.47 40.06	700m: 9:11.90	1100m:		1500m: 20:19.31	38.71	
350m:	750m:	1150m: 15:30.55				
400m: 5:04.18	800m: 10:35.79	1200m:				
6. MEDEIROS Tomas Araujo	06	Agua de Pau	21:02.67	302		



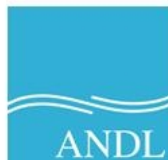


Torneio Zonal de Juvenis (Zona Sul)
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Prova 1, Masc., 1500m Livres

Juvenis A

1. ANSELMO Raul Sousa	05	Bombeiros Ponta Delgada	16:49.48	592
2. AMADO Pedro Maria	05	Alges	17:10.96	556
50m: 29.81 29.81	450m: 5:04.69	34.89	850m: 9:41.55	34.55
100m: 1:02.20 32.39	500m: 5:39.13	34.44	900m: 10:16.27	34.72
150m:	550m: 6:13.69	34.56	950m: 10:50.96	34.69
200m: 2:12.03	600m: 6:48.39	34.70	1000m: 11:25.59	34.63
250m:	650m: 7:22.95	34.56	1050m: 12:00.03	34.44
300m: 3:21.23	700m: 7:57.72	34.77	1100m: 12:34.70	34.67
350m:	750m: 8:32.35	34.63	1150m: 13:08.98	34.28
400m: 4:29.80	800m: 9:07.00	34.65	1200m: 13:43.65	34.67
3. OLIVEIRA Jose Francisco	05	Bairro dos Anjos/ Leiria	17:13.97	551
50m: 31.78 31.78	450m: 5:07.37	34.43	850m: 9:43.85	34.43
100m: 1:05.15 33.37	500m: 5:41.61	34.24	900m: 10:18.90	35.05
150m:	550m: 6:16.07	34.46	950m: 10:53.41	34.51
200m: 2:13.99	600m: 6:50.92	34.85	1000m: 11:27.74	34.33
250m:	650m: 7:24.91	33.99	1050m: 12:02.55	34.81
300m: 3:23.65	700m: 7:59.83	34.92	1100m: 12:37.10	34.55
350m:	750m: 8:34.55	34.72	1150m: 13:11.56	34.46
400m: 4:32.94	800m: 9:09.42	34.87	1200m: 13:46.23	34.67
4. ASCENSO Afonso Manuel	05	Nautico Marinha Grande	17:15.85	548
50m: 31.19 31.19	450m: 5:07.85	34.45	850m: 9:45.12	34.68
100m: 1:05.03 33.84	500m: 5:42.30	34.45	900m: 10:20.13	35.01
150m:	550m: 6:17.26	34.96	950m: 10:54.74	34.61
200m: 2:14.32	600m: 6:51.90	34.64	1000m: 11:29.30	34.56
250m:	650m: 7:26.35	34.45	1050m: 12:03.80	34.50
300m: 3:24.11	700m: 8:01.25	34.90	1100m: 12:38.64	34.84
350m:	750m: 8:35.74	34.49	1150m: 13:13.90	35.26
400m: 4:33.40	800m: 9:10.44	34.70	1200m: 13:48.41	34.51
5. BARBOSA Diogo Sousa	05	Benfica	17:42.71	508
50m: 30.27 30.27	450m:		850m: 9:55.49	36.05
100m: 1:02.78 32.51	500m: 5:43.79		900m: 10:31.55	36.06
150m:	550m: 6:19.76	35.97	950m: 11:07.73	36.18
200m: 2:12.34	600m: 6:55.63	35.87	1000m: 11:43.89	36.16
250m:	650m: 7:31.07	35.44	1050m: 12:20.08	36.19
300m: 3:22.20	700m: 8:07.35	36.28	1100m: 12:56.23	36.15
350m:	750m: 8:43.38	36.03	1150m: 13:32.39	36.16
400m: 4:32.65	800m: 9:19.44	36.06	1200m: 14:09.10	36.71
6. FRANCISCO Tiago Serradas	05	Nautico Marinha Grande	18:03.53	479
50m: 31.56 31.56	450m: 5:20.90	36.19	850m: 10:12.99	37.01
100m: 1:06.37 34.81	500m: 5:56.95	36.05	900m: 10:50.95	37.96
150m:	550m: 6:32.81	35.86	950m: 11:26.87	35.92
200m: 2:18.06	600m: 7:09.46	36.65	1000m: 12:03.63	36.76
250m:	650m: 7:46.46	37.00	1050m: 12:40.89	37.26
300m: 3:30.09	700m: 8:23.59	37.13	1100m: 13:18.49	37.60
350m:	750m: 8:59.50	35.91	1150m: 13:53.09	34.60
400m: 4:44.71	800m: 9:35.98	36.48	1200m: 14:29.12	36.03





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Prova 1, Masc., 1500m Livres, Juvenis A

Lugar			Ano							Tempo final	Pts
7.	SANTOS Ricardo Matias		05	CPFZ - Natacao						18:04.92	477
	50m:	32.61 32.61	450m:	5:20.33	36.68	850m:	10:14.18	36.64	1250m:	15:07.62	36.96
	100m:	1:07.70 35.09	500m:	5:57.18	36.85	900m:	10:51.19	37.01	1300m:	15:44.49	36.87
	150m:		550m:	6:33.99	36.81	950m:	11:28.09	36.90	1350m:	16:21.24	36.75
	200m:	2:18.98	600m:	7:10.83	36.84	1000m:	12:04.48	36.39	1400m:	16:58.14	36.90
	250m:		650m:	7:47.48	36.65	1050m:	12:40.83	36.35	1450m:	17:32.17	34.03
	300m:		700m:	8:24.19	36.71	1100m:	13:17.72	36.89	1500m:	18:04.92	32.75
	350m:		750m:	9:00.93	36.74	1150m:	13:54.21	36.49			
	400m:	4:43.65	800m:	9:37.54	36.61	1200m:	14:30.66	36.45			
8.	MACHADO Diogo Pimentel		05	Bombeiros Ponta Delgada						18:28.86	447
9.	GARCIA Goncalo Raposo		05	Bombeiros Ponta Delgada						18:46.21	426
10.	RODRIGUES Miguel Goncalves		05	Naval de Faro						19:16.34	394
	50m:	32.12 32.12	450m:			850m:			1250m:		
	100m:	1:07.03 34.91	500m:	6:09.79		900m:	11:22.50		1300m:	16:40.32	
	150m:		550m:			950m:			1350m:		
	200m:	2:21.16	600m:	7:27.90		1000m:	12:41.07		1400m:	18:00.15	
	250m:	2:59.04 37.88	650m:			1050m:			1450m:		
	300m:	3:37.30 38.26	700m:	8:45.65		1100m:	14:00.72		1500m:	19:16.34	
	350m:	4:15.00 37.70	750m:			1150m:					
	400m:	4:52.48 37.48	800m:	10:03.85		1200m:	15:19.74				
11.	RODRIGUES Joao Ferreira		05	Geslours						19:27.19	383
	50m:	32.09 32.09	450m:			850m:			1250m:		
	100m:	1:07.92 35.83	500m:	6:17.19		900m:	11:35.65		1300m:	16:52.36	
	150m:		550m:			950m:			1350m:		
	200m:	2:24.09	600m:	7:36.59		1000m:	12:54.68		1400m:	18:10.92	
	250m:	3:02.43 38.34	650m:			1050m:			1450m:		
	300m:	3:40.98 38.55	700m:	8:55.71		1100m:	14:14.10		1500m:	19:27.19	
	350m:		750m:			1150m:					
	400m:	4:57.81	800m:	10:16.48		1200m:	15:33.68				
12.	COSTA Goncalo Ramos		05	CPCD-Povoa St Iria						19:37.76	373
	50m:	33.54 33.54	450m:			850m:			1250m:		
	100m:	1:10.08 36.54	500m:	6:26.37		900m:	11:45.53		1300m:	17:03.34	
	150m:		550m:			950m:			1350m:		
	200m:	2:27.83	600m:	7:46.43		1000m:	13:05.03		1400m:	18:22.64	
	250m:	3:07.30 39.47	650m:			1050m:			1450m:		
	300m:	3:46.95 39.65	700m:	9:06.36		1100m:	14:24.49		1500m:	19:37.76	
	350m:		750m:			1150m:					
	400m:	5:06.61	800m:	10:25.82		1200m:	15:43.93				

