

Torneio Zonal Juvenis, Juniores e Absolutos PL (Zona Sul)
Rio Maior, 29 e 30 de Maio de 2021

Prova 9 Femin., 200m Estilos Absolutos Resultados
29-05-2021 - 12:25

RN50 Absoluto	2:13.87	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	10-04-2017
RN50 Sen	2:13.87	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	10-04-2017
RN50 Jun17	2:17.22	PEREIRA Raquel Gomes	SAD	Coimbra	30-03-2017
RN50 Jun16	2:20.61	DURAES Diana Margarida	FOCA	Porto	03-06-2012
RN50 Juv A	2:21.01	PEREIRA Raquel Gomes	SAD	Coimbra	04-04-2015
RN50 Juv B	2:23.60	DURAES Diana Margarida	FOCA	Coimbra	01-08-2010

TAC Sen19+ 50m: 2:29.00 - 25m: 2:24.57; Sen18 50m: 2:32.59 - 25m: 2:28.11; Jun17 50m: 2:33.36 - 25m: 2:28.85; Jun16 50m: 2:37.21 - 25m: 2:32.60; Juv A 50m: 2:42.29 - 25m: 2:39.11; Juv B 50m: 2:46.97 - 25m: 2:43.70

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
Juvenis B							
1.	PARENTE Leonor Peso	07	Palmela	2:33.65		553	
	50m: 32.92 32.92 100m: 1:12.24 39.32 150m: 1:58.57 46.33 200m: 2:33.65 35.08						
2.	MAGALHAES Leticia Rodrigues	07	Palmela	2:35.64		532	
	50m: 33.02 33.02 100m: 1:11.99 38.97 150m: 1:58.52 46.53 200m: 2:35.64 37.12						
3.	BERGAMO Emma Aguiar	07	Alges	2:39.42		495	
	50m: 35.70 35.70 100m: 1:18.95 43.25 150m: 2:02.58 43.63 200m: 2:39.42 36.84						
4.	RODRIGUES Laura Sofia	07	Juventude Atlantico	2:39.86		491	
	50m: 35.03 35.03 100m: 1:15.20 40.17 150m: 2:00.83 45.63 200m: 2:39.86 39.03						
5.	FERRARI Maria Carlotta	07	Geslours	2:40.48		485	
	50m: 33.67 33.67 100m: 1:16.14 42.47 150m: 2:03.71 47.57 200m: 2:40.48 36.77						
6.	BERNAT Elena Del Rio	07	Alges	2:40.96		481	
	50m: 33.89 33.89 100m: 1:17.92 44.03 150m: 2:03.66 45.74 200m: 2:40.96 37.30						
7.	MALFEITO Maria Francisca	07	Natacao de Lisboa	2:41.09		479	
	50m: 35.87 35.87 100m: 1:18.99 43.12 150m: 2:04.41 45.42 200m: 2:41.09 36.68						
8.	SOUSA Matilde Filipe	07	Nucleo Sporting da Terceira	2:41.98		472	
	50m: 35.20 35.20 100m: 1:15.90 40.70 150m: 2:05.02 49.12 200m: 2:41.98 36.96						
9.	ALMEIDA Rita Sacadura	07	Alges	2:44.14		453	
	50m: 35.86 35.86 100m: 1:17.92 42.06 150m: 2:07.37 49.45 200m: 2:44.14 36.77						
10.	SIMOES Ana Madalena	07	Geslours	2:48.59		418	
	50m: 36.86 36.86 100m: 1:22.42 45.56 150m: 2:09.41 46.99 200m: 2:48.59 39.18						
DSQ	SANTOS Rita Machita	07	Naval Setubalense				
	611 - Perdeu posição dorsal antes da viragem aos 100 metros SW 6.2						

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Prova 9, Femin., 200m Estilos

Juvenis A

1.	CARAPINHA Ariana Bento	06	Nautico Marinha Grande	2:27.04	631
	50m: 31.21 31.21	100m: 1:07.94	36.73 150m: 1:51.75	43.81 200m: 2:27.04	35.29
2.	CATALAO Leonor Tavares	06	Sporting	2:28.94	607
	50m: 31.17 31.17	100m: 1:10.22	39.05 150m: 1:54.52	44.30 200m: 2:28.94	34.42
3.	FERREIRA Francisca Santos	06	Alges	2:33.25	557
	50m: 30.18 30.18	100m: 1:11.23	41.05 150m: 1:57.29	46.06 200m: 2:33.25	35.96
4.	ANTUNES Rebeca Leonor	06	Alges	2:33.40	555
	50m: 31.37 31.37	100m: 1:13.07	41.70 150m: 1:57.59	44.52 200m: 2:33.40	35.81
5.	MORAGAS Marta Infante	06	Louletano / Loule Concelho	2:34.25	546
	50m: 33.02 33.02	100m: 1:14.23	41.21 150m: 1:57.45	43.22 200m: 2:34.25	36.80
6.	SA Madalena Correa	06	Geslours	2:35.21	536
	50m: 33.87 33.87	100m: 1:16.04	42.17 150m: 1:59.86	43.82 200m: 2:35.21	35.35
7.	FROIS Maria Francisca	06	Ba-Leiria	2:35.32	535
	50m: 33.25 33.25	100m: 1:15.62	42.37 150m: 1:59.84	44.22 200m: 2:35.32	35.48
8.	VALENTE Maria Esteves	06	Benfica	2:35.89	529
	50m: 33.03 33.03	100m: 1:14.08	41.05 150m: 2:01.96	47.88 200m: 2:35.89	33.93
9.	LOPES Matilde Nunes	06	Benfica	2:36.99	518
	50m: 32.87 32.87	100m: 1:13.44	40.57 150m: 1:59.17	45.73 200m: 2:36.99	37.82
10.	MADEIRA Margarida Correia	06	Nautico Marinha Grande	2:40.14	488
	50m: 35.67 35.67	100m: 1:19.94	44.27 150m: 2:03.28	43.34 200m: 2:40.14	36.86
11.	BELO Catarina Machado	06	Benedita	2:40.22	487
	50m: 33.86 33.86	100m: 1:16.35	42.49 150m: 2:02.44	46.09 200m: 2:40.22	37.78
12.	SIMÕES Filipa Mendes	06	Ba-Leiria	2:40.31	486
	50m: 33.24 33.24	100m: 1:14.15	40.91 150m: 2:02.26	48.11 200m: 2:40.31	38.05
13.	COSTA Maria Jardim	06	Desportivo Nacional	2:40.39	486
	50m: 32.46 32.46	100m: 1:11.61	39.15 150m: 2:00.15	48.54 200m: 2:40.39	40.24
14.	DELGADO Irene Escot	06	Louletano / Loule Concelho	2:41.25	478
	50m: 33.75 33.75	100m: 1:16.38	42.63 150m: 2:03.47	47.09 200m: 2:41.25	37.78
15.	GAMA Beatriz Fernandes	06	Sporting	2:41.53	475
	50m: 34.33 34.33	100m: 1:15.98	41.65 150m: 2:03.09	47.11 200m: 2:41.53	38.44
16.	DIAS Julia Alves	06	Desportivo Nacional	2:41.82	473
	50m: 34.22 34.22	100m: 1:14.63	40.41 150m: 2:04.89	50.26 200m: 2:41.82	36.93
17.	MAGALHAES Luana Cardoso	06	Alges	2:41.92	472
	50m: 34.77 34.77	100m: 1:13.67	38.90 150m: 2:03.42	49.75 200m: 2:41.92	38.50

Torneio Zonal Juvenis, Juniores e Absolutos PL (Zona Sul)
Rio Maior, 29 e 30 de Maio de 2021

Prova 9, Femin., 200m Estilos, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
18.	CALDES Ana Sofia	06	Elvense	2:42.45		467	
	50m: 33.31 33.31 100m: 1:16.21 42.90 150m: 2:04.83 48.62 200m: 2:42.45					37.62	
19.	DEUS Ines Portugal	06	Naval do Funchal	2:43.83		456	
	50m: 34.66 34.66 100m: 1:17.80 43.14 150m: 2:05.23 47.43 200m: 2:43.83					38.60	
20.	TEIXEIRA Ines Correia	06	Amadora	2:45.07		446	
	50m: 36.07 36.07 100m: 1:18.21 42.14 150m: 2:06.77 48.56 200m: 2:45.07					38.30	
21.	SEQUEIRA Beatriz Meneses	06	Naval do Funchal	2:45.43		443	
	50m: 34.42 34.42 100m: 1:17.08 42.66 150m: 2:05.55 48.47 200m: 2:45.43					39.88	

Juniores

1.	RODRIGUES Lidiana Correia	04	Belenenses	2:28.08		617	
	50m: 32.49 32.49 100m: 1:11.45 38.96 150m: 1:52.02 40.57 200m: 2:28.08					36.06	
2.	ESTEVEENS Laura Fabiana	05	Naval de Faro	2:28.19		616	
	50m: 32.45 32.45 100m: 1:11.06 38.61 150m: 1:54.86 43.80 200m: 2:28.19					33.33	
3.	REIS Erica Cristina	05	Sporting	2:28.87		608	
	50m: 32.55 32.55 100m: 1:11.63 39.08 150m: 1:55.07 43.44 200m: 2:28.87					33.80	
4.	NUNES Margarida Domingues	05	Sporting	2:31.41		577	
	50m: 32.47 32.47 100m: 1:13.90 41.43 150m: 1:55.96 42.06 200m: 2:31.41					35.45	
5.	FERREIRA Margarida Filipe	04	Uniao Piedense	2:32.21		568	
	50m: 32.18 32.18 100m: 1:14.54 42.36 150m: 1:56.42 41.88 200m: 2:32.21					35.79	
6.	FERREIRA Joana Rosa	05	Naval de Peniche	2:32.94		560	
	50m: 32.58 32.58 100m: 1:12.10 39.52 150m: 1:56.93 44.83 200m: 2:32.94					36.01	
7.	DELGADO Soraia Alexandra	05	Sporting	2:33.28		557	
	50m: 32.30 32.30 100m: 1:13.26 40.96 150m: 1:58.75 45.49 200m: 2:33.28					34.53	

Absolutos

1.	MESTRE Catarina Martins	00	Natacao de Lisboa	2:25.49		651	
	50m: 31.45 31.45 100m: 1:07.34 35.89 150m: 1:51.30 43.96 200m: 2:25.49					34.19	
2.	CARAPINHA Ariana Bento	06	Nautico Marinha Grande	2:27.04		631	
	50m: 31.21 31.21 100m: 1:07.94 36.73 150m: 1:51.75 43.81 200m: 2:27.04					35.29	
3.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	2:27.05		630	
	50m: 30.89 30.89 100m: 1:09.84 38.95 150m: 1:53.57 43.73 200m: 2:27.05					33.48	
4.	RODRIGUES Lidiana Correia	04	Belenenses	2:28.08		617	
	50m: 32.49 32.49 100m: 1:11.45 38.96 150m: 1:52.02 40.57 200m: 2:28.08					36.06	

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Prova 9, Femin., 200m Estilos, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
5.	ESTEVEENS Laura Fabiana	05	Naval de Faro	2:28.19		616	
	50m: 32.45 32.45 100m: 1:11.06 38.61 150m: 1:54.86 43.80 200m: 2:28.19 33.33						
6.	REIS Erica Cristina	05	Sporting	2:28.87		608	
	50m: 32.55 32.55 100m: 1:11.63 39.08 150m: 1:55.07 43.44 200m: 2:28.87 33.80						
7.	CATALAO Leonor Tavares	06	Sporting	2:28.94		607	
	50m: 31.17 31.17 100m: 1:10.22 39.05 150m: 1:54.52 44.30 200m: 2:28.94 34.42						
8.	NUNES Margarida Domingues	05	Sporting	2:31.41		577	
	50m: 32.47 32.47 100m: 1:13.90 41.43 150m: 1:55.96 42.06 200m: 2:31.41 35.45						
9.	CERDEIRA Madalena Reis	03	Sporting	2:31.55		576	
	50m: 32.60 32.60 100m: 1:13.60 41.00 150m: 1:55.14 41.54 200m: 2:31.55 36.41						
10.	RIBEIRO Margarida Messias	98	Geslours	2:31.94		571	
	50m: 32.09 32.09 100m: 1:12.51 40.42 150m: 1:57.21 44.70 200m: 2:31.94 34.73						
11.	FERREIRA Margarida Filipe	04	Uniao Piedense	2:32.21		568	
	50m: 32.18 32.18 100m: 1:14.54 42.36 150m: 1:56.42 41.88 200m: 2:32.21 35.79						
12.	MENDES Mariana Amaral	02	Colegio Monte Maior	2:32.31		567	
	50m: 33.22 33.22 100m: 1:13.78 40.56 150m: 1:58.04 44.26 200m: 2:32.31 34.27						
13.	CASAL Beatriz Goncalves	03	Torres Novas	2:32.44		566	
	50m: 32.62 32.62 100m: 1:14.27 41.65 150m: 1:58.63 44.36 200m: 2:32.44 33.81						
14.	FERREIRA Joana Rosa	05	Naval de Peniche	2:32.94		560	
	50m: 32.58 32.58 100m: 1:12.10 39.52 150m: 1:56.93 44.83 200m: 2:32.94 36.01						
15.	FERREIRA Francisca Santos	06	Alges	2:33.25		557	
	50m: 30.18 30.18 100m: 1:11.23 41.05 150m: 1:57.29 46.06 200m: 2:33.25 35.96						
16.	DELGADO Soraia Alexandra	05	Sporting	2:33.28		557	
	50m: 32.30 32.30 100m: 1:13.26 40.96 150m: 1:58.75 45.49 200m: 2:33.28 34.53						
17.	ANTUNES Rebeca Leonor	06	Alges	2:33.40		555	
	50m: 31.37 31.37 100m: 1:13.07 41.70 150m: 1:57.59 44.52 200m: 2:33.40 35.81						
18.	PARENTE Leonor Peso	07	Palmela	2:33.65		553	
	50m: 32.92 32.92 100m: 1:12.24 39.32 150m: 1:58.57 46.33 200m: 2:33.65 35.08						
19.	MORAGAS Marta Infante	06	Louletano / Loule Concelho	2:34.25		546	
	50m: 33.02 33.02 100m: 1:14.23 41.21 150m: 1:57.45 43.22 200m: 2:34.25 36.80						
20.	SA Madalena Correa	06	Geslours	2:35.21		536	
	50m: 33.87 33.87 100m: 1:16.04 42.17 150m: 1:59.86 43.82 200m: 2:35.21 35.35						
21.	FROIS Maria Francisca	06	Ba-Leiria	2:35.32		535	
	50m: 33.25 33.25 100m: 1:15.62 42.37 150m: 1:59.84 44.22 200m: 2:35.32 35.48						

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Prova 9, Femin., 200m Estilos, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
22.	MAGALHAES Leticia Rodrigues	07	Palmela	2:35.64		532	
	50m: 33.02 33.02 100m: 1:11.99		38.97 150m: 1:58.52	46.53 200m: 2:35.64		37.12	
23.	VALENTE Maria Esteves	06	Benfica	2:35.89		529	
	50m: 33.03 33.03 100m: 1:14.08		41.05 150m: 2:01.96	47.88 200m: 2:35.89		33.93	
24.	LOPES Matilde Nunes	06	Benfica	2:36.99		518	
	50m: 32.87 32.87 100m: 1:13.44		40.57 150m: 1:59.17	45.73 200m: 2:36.99		37.82	
25.	BERGAMO Emma Aguiar	07	Alges	2:39.42		495	
	50m: 35.70 35.70 100m: 1:18.95		43.25 150m: 2:02.58	43.63 200m: 2:39.42		36.84	
26.	RODRIGUES Laura Sofia	07	Juventude Atlantico	2:39.86		491	
	50m: 35.03 35.03 100m: 1:15.20		40.17 150m: 2:00.83	45.63 200m: 2:39.86		39.03	
27.	MADEIRA Margarida Correia	06	Nautico Marinha Grande	2:40.14		488	
	50m: 35.67 35.67 100m: 1:19.94		44.27 150m: 2:03.28	43.34 200m: 2:40.14		36.86	
28.	BELO Catarina Machado	06	Benedita	2:40.22		487	
	50m: 33.86 33.86 100m: 1:16.35		42.49 150m: 2:02.44	46.09 200m: 2:40.22		37.78	
29.	SIMOES Filipa Mendes	06	Ba-Leiria	2:40.31		486	
	50m: 33.24 33.24 100m: 1:14.15		40.91 150m: 2:02.26	48.11 200m: 2:40.31		38.05	
30.	COSTA Maria Jardim	06	Desportivo Nacional	2:40.39		486	
	50m: 32.46 32.46 100m: 1:11.61		39.15 150m: 2:00.15	48.54 200m: 2:40.39		40.24	
31.	FERRARI Maria Carlotta	07	Geslours	2:40.48		485	
	50m: 33.67 33.67 100m: 1:16.14		42.47 150m: 2:03.71	47.57 200m: 2:40.48		36.77	
32.	BERNAT Elena Del Rio	07	Alges	2:40.96		481	
	50m: 33.89 33.89 100m: 1:17.92		44.03 150m: 2:03.66	45.74 200m: 2:40.96		37.30	
33.	MALFEITO Maria Francisca	07	Natacao de Lisboa	2:41.09		479	
	50m: 35.87 35.87 100m: 1:18.99		43.12 150m: 2:04.41	45.42 200m: 2:41.09		36.68	
34.	DELGADO Irene Escot	06	Louletano / Loule Concelho	2:41.25		478	
	50m: 33.75 33.75 100m: 1:16.38		42.63 150m: 2:03.47	47.09 200m: 2:41.25		37.78	
35.	GAMA Beatriz Fernandes	06	Sporting	2:41.53		475	
	50m: 34.33 34.33 100m: 1:15.98		41.65 150m: 2:03.09	47.11 200m: 2:41.53		38.44	
36.	DIAS Julia Alves	06	Desportivo Nacional	2:41.82		473	
	50m: 34.22 34.22 100m: 1:14.63		40.41 150m: 2:04.89	50.26 200m: 2:41.82		36.93	
37.	MAGALHAES Luana Cardoso	06	Alges	2:41.92		472	
	50m: 34.77 34.77 100m: 1:13.67		38.90 150m: 2:03.42	49.75 200m: 2:41.92		38.50	
38.	SOUSA Matilde Filipe	07	Nucleo Sporting da Terceira	2:41.98		472	
	50m: 35.20 35.20 100m: 1:15.90		40.70 150m: 2:05.02	49.12 200m: 2:41.98		36.96	

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
39.	CALDES Ana Sofia	06	Elvense	2:42.45		467	
	50m: 33.31 33.31 100m: 1:16.21 42.90 150m: 2:04.83 48.62 200m: 2:42.45					37.62	
40.	DEUS Ines Portugal	06	Naval do Funchal	2:43.83		456	
	50m: 34.66 34.66 100m: 1:17.80 43.14 150m: 2:05.23 47.43 200m: 2:43.83					38.60	
41.	ALMEIDA Rita Sacadura	07	Alges	2:44.14		453	
	50m: 35.86 35.86 100m: 1:17.92 42.06 150m: 2:07.37 49.45 200m: 2:44.14					36.77	
42.	TEIXEIRA Ines Correia	06	Amadora	2:45.07		446	
	50m: 36.07 36.07 100m: 1:18.21 42.14 150m: 2:06.77 48.56 200m: 2:45.07					38.30	
43.	SEQUEIRA Beatriz Meneses	06	Naval do Funchal	2:45.43		443	
	50m: 34.42 34.42 100m: 1:17.08 42.66 150m: 2:05.55 48.47 200m: 2:45.43					39.88	
44.	SIMOES Ana Madalena	07	Geslours	2:48.59		418	
	50m: 36.86 36.86 100m: 1:22.42 45.56 150m: 2:09.41 46.99 200m: 2:48.59					39.18	
DSQ	SANTOS Rita Machita	07	Naval Setubalense				
	611 - Perdeu posi��o dorsal antes da viragem aos 100 metros SW 6.2						

Seniores

1.	MESTRE Catarina Martins	00	Natacao de Lisboa	2:25.49		651	
	50m: 31.45 31.45 100m: 1:07.34 35.89 150m: 1:51.30 43.96 200m: 2:25.49					34.19	
2.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	2:27.05		630	
	50m: 30.89 30.89 100m: 1:09.84 38.95 150m: 1:53.57 43.73 200m: 2:27.05					33.48	
3.	CERDEIRA Madalena Reis	03	Sporting	2:31.55		576	
	50m: 32.60 32.60 100m: 1:13.60 41.00 150m: 1:55.14 41.54 200m: 2:31.55					36.41	
4.	RIBEIRO Margarida Messias	98	Geslours	2:31.94		571	
	50m: 32.09 32.09 100m: 1:12.51 40.42 150m: 1:57.21 44.70 200m: 2:31.94					34.73	
5.	MENDES Mariana Amaral	02	Colegio Monte Maior	2:32.31		567	
	50m: 33.22 33.22 100m: 1:13.78 40.56 150m: 1:58.04 44.26 200m: 2:32.31					34.27	
6.	CASAL Beatriz Goncalves	03	Torres Novas	2:32.44		566	
	50m: 32.62 32.62 100m: 1:14.27 41.65 150m: 1:58.63 44.36 200m: 2:32.44					33.81	