

Torneio Zonal Juvenis, Juniores e Absolutos PL (Zona Sul)
Rio Maior, 29 e 30 de Maio de 2021

Prova 26 Masc., 800m Livres Absolutos
30-05-2021 - 16:00 Resultados

RN50 Absoluto	7:52.68	LOPES Jose Paulo	POR	Budapest (HUN)	22-05-2021
RN50 Sen	7:52.68	LOPES Jose Paulo	POR	Budapest (HUN)	22-05-2021
RN50 Jun18	8:06.97	PINA Guilherme Filipe	POR	Hodmezovasarhely (HUN)	09-07-2016
RN50 Jun17	8:13.49	SANTA Gustavo Manuel	POR	Helsinki (FIN)	17-07-2010
RN50 Juv A	8:23.54	SANTA Gustavo Manuel	POR	Tampere (FIN)	23-07-2009
RN50 Juv B	8:37.90	CLARA Vitor Belo	ADBA	Coimbra	14-07-2019

TAC Sen20+ 50m: 8:30.27 - 25m: 8:15.21; Sen19 50m: 8:37.99 - 25m: 8:26.23; Jun18 50m: 8:40.58 - 25m: 8:28.76; Jun17 50m: 9:19.38 - 25m: 9:02.19; Juv A 50m: 9:44.42 - 25m: 9:37.36; Juv B 50m: 9:47.93 - 25m: 9:55.33

Pontos: FINA 2021

Lugar Nome Ano Clube Tempo Final TReac FINA PARA

Juvenis B

1.	ELACHRAFI Ilias Elfallaki	06	Louletano / Loule Concelho	8:54.21	606
	50m: 29.06 29.06	250m: 2:42.13 33.74	450m: 4:58.18 33.78	650m: 7:13.76 34.16	
	100m: 1:01.35 32.29	300m: 3:16.24 34.11	500m: 5:32.20 34.02	700m: 7:47.53 33.77	
	150m: 1:35.00 33.65	350m: 3:50.22 33.98	550m: 6:05.80 33.60	750m: 8:22.19 34.66	
	200m: 2:08.39 33.39	400m: 4:24.40 34.18	600m: 6:39.60 33.80	800m: 8:54.21 32.02	
2.	ALVES Andre Correia	06	Uniao Piedense	9:28.74	502
	50m: 31.31 31.31	250m: 2:54.14 36.03	450m: 5:17.84 36.01	650m: 7:42.13 35.73	
	100m: 1:06.18 34.87	300m: 3:30.13 35.99	500m: 5:54.27 36.43	700m: 8:18.21 36.08	
	150m: 1:41.95 35.77	350m: 4:06.03 35.90	550m: 6:30.43 36.16	750m: 8:53.79 35.58	
	200m: 2:18.11 36.16	400m: 4:41.83 35.80	600m: 7:06.40 35.97	800m: 9:28.74 34.95	
3.	SIMÕES Manuel Costa	06	Cova da Piedade	9:32.39	492
	50m: 31.45 31.45	250m: 2:55.70 36.90	450m: 5:21.88 36.08	650m: 7:45.90 36.02	
	100m: 1:06.83 35.38	300m: 3:32.79 37.09	500m: 5:57.96 36.08	700m: 8:21.83 35.93	
	150m: 1:42.64 35.81	350m: 4:09.32 36.53	550m: 6:33.95 35.99	750m: 8:57.81 35.98	
	200m: 2:18.80 36.16	400m: 4:45.80 36.48	600m: 7:09.88 35.93	800m: 9:32.39 34.58	

Juvenis A

1.	OLIVEIRA Jose Francisco	05	Ba-Leiria	9:14.76	541
	50m: 30.68 30.68	250m: 2:49.29 34.42	450m: 5:10.49 34.88	650m: 7:31.57 34.27	
	100m: 1:04.85 34.17	300m: 3:25.03 35.74	500m: 5:46.51 36.02	700m: 8:07.01 35.44	
	150m: 1:39.47 34.62	350m: 4:00.06 35.03	550m: 6:21.85 35.34	750m: 8:41.34 34.33	
	200m: 2:14.87 35.40	400m: 4:35.61 35.55	600m: 6:57.30 35.45	800m: 9:14.76 33.42	
2.	FRANCISCO Tiago Serradas	05	Nautico Marinha Grande	9:27.48	505
	50m: 30.35 30.35	250m: 2:49.93 36.96	450m: 5:15.32 37.21	650m: 7:40.77 35.80	
	100m: 1:04.58 34.23	300m: 3:26.20 36.27	500m: 5:52.19 36.87	700m: 8:16.55 35.78	
	150m: 1:38.89 34.31	350m: 4:02.07 35.87	550m: 6:26.78 34.59	750m: 8:51.55 35.00	
	200m: 2:12.97 34.08	400m: 4:38.11 36.04	600m: 7:04.97 38.19	800m: 9:27.48 35.93	

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Prova 26, Masc., 800m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
3.	SANTOS Ricardo Matias	05	CPFZ - Natacao	9:38.38		477	
	50m: 32.35 32.35	250m: 2:58.33	36.95	450m: 5:25.94	36.82	650m: 7:52.21	36.33
	100m: 1:08.53 36.18	300m: 3:35.31	36.98	500m: 6:02.80	36.86	700m: 8:29.11	36.90
	150m: 1:45.04 36.51	350m: 4:12.27	36.96	550m: 6:39.39	36.59	750m: 9:04.48	35.37
	200m: 2:21.38 36.34	400m: 4:49.12	36.85	600m: 7:15.88	36.49	800m: 9:38.38	33.90
4.	BONANCA Artur Osorio	05	Naval de Faro	9:57.32		433	
	50m: 31.30 31.30	250m: 2:55.83	36.91	450m: 5:29.97	39.38	650m: 8:05.08	37.98
	100m: 1:06.29 34.99	300m: 3:33.21	37.38	500m: 6:08.69	38.72	700m: 8:44.29	39.21
	150m: 1:42.43 36.14	350m: 4:11.90	38.69	550m: 6:48.12	39.43	750m: 9:21.97	37.68
	200m: 2:18.92 36.49	400m: 4:50.59	38.69	600m: 7:27.10	38.98	800m: 9:57.32	35.35
5.	ALEKSYEYEV Artur Paulo	05	Viver Santarem	10:22.87		382	
	50m: 32.05 32.05	250m: 3:01.13	38.86	450m: 5:42.42	40.61	650m: 8:24.35	39.62
	100m: 1:07.50 35.45	300m: 3:40.69	39.56	500m: 6:23.09	40.67	700m: 9:05.53	41.18
	150m: 1:44.22 36.72	350m: 4:21.09	40.40	550m: 7:03.87	40.78	750m: 9:44.11	38.58
	200m: 2:22.27 38.05	400m: 5:01.81	40.72	600m: 7:44.73	40.86	800m: 10:22.87	38.76

Juniores

1.	ALMEIDA Bernardo Victorino	04	Sporting	8:32.69		685	
	50m: 28.09 28.09	250m: 2:35.60	32.38	450m: 4:45.31	32.56	650m: 6:56.60	32.95
	100m: 59.18 31.09	300m: 3:07.52	31.92	500m: 5:17.70	32.39	700m: 7:29.23	32.63
	150m: 1:31.53 32.35	350m: 3:40.19	32.67	550m: 5:50.70	33.00	750m: 8:01.77	32.54
	200m: 2:03.22 31.69	400m: 4:12.75	32.56	600m: 6:23.65	32.95	800m: 8:32.69	30.92

Absolutos

1.	ALMEIDA Bernardo Victorino	04	Sporting	8:32.69		685	
	50m: 28.09 28.09	250m: 2:35.60	32.38	450m: 4:45.31	32.56	650m: 6:56.60	32.95
	100m: 59.18 31.09	300m: 3:07.52	31.92	500m: 5:17.70	32.39	700m: 7:29.23	32.63
	150m: 1:31.53 32.35	350m: 3:40.19	32.67	550m: 5:50.70	33.00	750m: 8:01.77	32.54
	200m: 2:03.22 31.69	400m: 4:12.75	32.56	600m: 6:23.65	32.95	800m: 8:32.69	30.92
2.	ELACHRAFI Ilias Elfallaki	06	Louletano / Loule Concelho	8:54.21		606	
	50m: 29.06 29.06	250m: 2:42.13	33.74	450m: 4:58.18	33.78	650m: 7:13.76	34.16
	100m: 1:01.35 32.29	300m: 3:16.24	34.11	500m: 5:32.20	34.02	700m: 7:47.53	33.77
	150m: 1:35.00 33.65	350m: 3:50.22	33.98	550m: 6:05.80	33.60	750m: 8:22.19	34.66
	200m: 2:08.39 33.39	400m: 4:24.40	34.18	600m: 6:39.60	33.80	800m: 8:54.21	32.02
3.	OLIVEIRA Jose Francisco	05	Ba-Leiria	9:14.76		541	
	50m: 30.68 30.68	250m: 2:49.29	34.42	450m: 5:10.49	34.88	650m: 7:31.57	34.27
	100m: 1:04.85 34.17	300m: 3:25.03	35.74	500m: 5:46.51	36.02	700m: 8:07.01	35.44
	150m: 1:39.47 34.62	350m: 4:00.06	35.03	550m: 6:21.85	35.34	750m: 8:41.34	34.33
	200m: 2:14.87 35.40	400m: 4:35.61	35.55	600m: 6:57.30	35.45	800m: 9:14.76	33.42

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
4.	FRANCISCO Tiago Serradas	05	Nautico Marinha Grande	9:27.48		505	
	50m: 30.35 30.35	250m: 2:49.93	36.96	450m: 5:15.32	37.21	650m: 7:40.77	35.80
	100m: 1:04.58 34.23	300m: 3:26.20	36.27	500m: 5:52.19	36.87	700m: 8:16.55	35.78
	150m: 1:38.89 34.31	350m: 4:02.07	35.87	550m: 6:26.78	34.59	750m: 8:51.55	35.00
	200m: 2:12.97 34.08	400m: 4:38.11	36.04	600m: 7:04.97	38.19	800m: 9:27.48	35.93
5.	ALVES Andre Correia	06	Uniao Piedense	9:28.74		502	
	50m: 31.31 31.31	250m: 2:54.14	36.03	450m: 5:17.84	36.01	650m: 7:42.13	35.73
	100m: 1:06.18 34.87	300m: 3:30.13	35.99	500m: 5:54.27	36.43	700m: 8:18.21	36.08
	150m: 1:41.95 35.77	350m: 4:06.03	35.90	550m: 6:30.43	36.16	750m: 8:53.79	35.58
	200m: 2:18.11 36.16	400m: 4:41.83	35.80	600m: 7:06.40	35.97	800m: 9:28.74	34.95
6.	SIMÕES Manuel Costa	06	Cova da Piedade	9:32.39		492	
	50m: 31.45 31.45	250m: 2:55.70	36.90	450m: 5:21.88	36.08	650m: 7:45.90	36.02
	100m: 1:06.83 35.38	300m: 3:32.79	37.09	500m: 5:57.96	36.08	700m: 8:21.83	35.93
	150m: 1:42.64 35.81	350m: 4:09.32	36.53	550m: 6:33.95	35.99	750m: 8:57.81	35.98
	200m: 2:18.80 36.16	400m: 4:45.80	36.48	600m: 7:09.88	35.93	800m: 9:32.39	34.58
7.	SANTOS Ricardo Matias	05	CPFZ - Natacao	9:38.38		477	
	50m: 32.35 32.35	250m: 2:58.33	36.95	450m: 5:25.94	36.82	650m: 7:52.21	36.33
	100m: 1:08.53 36.18	300m: 3:35.31	36.98	500m: 6:02.80	36.86	700m: 8:29.11	36.90
	150m: 1:45.04 36.51	350m: 4:12.27	36.96	550m: 6:39.39	36.59	750m: 9:04.48	35.37
	200m: 2:21.38 36.34	400m: 4:49.12	36.85	600m: 7:15.88	36.49	800m: 9:38.38	33.90
8.	BONANCA Artur Osorio	05	Naval de Faro	9:57.32		433	
	50m: 31.30 31.30	250m: 2:55.83	36.91	450m: 5:29.97	39.38	650m: 8:05.08	37.98
	100m: 1:06.29 34.99	300m: 3:33.21	37.38	500m: 6:08.69	38.72	700m: 8:44.29	39.21
	150m: 1:42.43 36.14	350m: 4:11.90	38.69	550m: 6:48.12	39.43	750m: 9:21.97	37.68
	200m: 2:18.92 36.49	400m: 4:50.59	38.69	600m: 7:27.10	38.98	800m: 9:57.32	35.35
9.	ALEKSYEYEV Artur Paulo	05	Viver Santarem	10:22.87		382	
	50m: 32.05 32.05	250m: 3:01.13	38.86	450m: 5:42.42	40.61	650m: 8:24.35	39.62
	100m: 1:07.50 35.45	300m: 3:40.69	39.56	500m: 6:23.09	40.67	700m: 9:05.53	41.18
	150m: 1:44.22 36.72	350m: 4:21.09	40.40	550m: 7:03.87	40.78	750m: 9:44.11	38.58
	200m: 2:22.27 38.05	400m: 5:01.81	40.72	600m: 7:44.73	40.86	800m: 10:22.87	38.76