

Torneio Zonal Juvenis, Juniores e Absolutos PL (Zona Sul)
Rio Maior, 29 e 30 de Maio de 2021

Prova 14
29-05-2021 - 17:10

Masc., 200m Estilos

Absolutos
Resultados

RN50 Absoluto	1:58.19	SANTOS Alexis Manacas	SCP	Coimbra	06-04-2019
RN50 Sen	1:58.19	SANTOS Alexis Manacas	SCP	Coimbra	06-04-2019
RN50 Jun18	2:02.55	LOPES Jose Paulo	POR	Helsinki (FIN)	06-07-2018
RN50 Jun17	2:04.32	ALMEIDA Carlos Esteves	POR	Budapeste (HUN)	17-07-2005
RN50 Juv A	2:08.11	ALMEIDA Carlos Esteves	CNA	Lisboa	31-07-2004
RN50 Juv B	2:10.83	SILVA Jorge Jesus	SCB	Coimbra	26-07-2015
RNS15	2:16.25	NEVES Tiago Correia	POR	Lublin (POL)	03-07-2018

TAC Sen20+ 50m: 2:13.88 - 25m: 2:08.98; Sen19 50m: 2:17.15 - 25m: 2:12.13; Jun18 50m: 2:17.84 - 25m: 2:12.79; Jun17 50m: 2:22.46 - 25m: 2:17.04; Juv A 50m: 2:31.02 - 25m: 2:28.06; Juv B 50m: 2:33.84 - 25m: 2:30.83

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
Juvenis B							
1.	FAFTINE Kaio Araujo	06	Sporting	2:21.44		523	
	50m: 29.84 29.84	100m: 1:06.97	37.13 150m: 1:48.55	41.58 200m: 2:21.44		32.89	
2.	JANUARIO Tomas Maia	06	Geslours	2:23.22		504	
	50m: 29.56 29.56	100m: 1:05.74	36.18 150m: 1:50.38	44.64 200m: 2:23.22		32.84	
3.	BONNIZ Pedro Goncalves	06	Geslours	2:25.05		485	
	50m: 30.58 30.58	100m: 1:10.29	39.71 150m: 1:50.72	40.43 200m: 2:25.05		34.33	
4.	SILVA Pedro Marques	06	Ba-Leiria	2:25.60		479	
	50m: 31.86 31.86	100m: 1:09.79	37.93 150m: 1:52.17	42.38 200m: 2:25.60		33.43	
5.	JIMENEZ Alvaro Hurtado	06	Louletano / Loule Concelho	2:25.83		477	
	50m: 30.40 30.40	100m: 1:10.02	39.62 150m: 1:50.50	40.48 200m: 2:25.83		35.33	
6.	TOSTE Martim Candido	06	Naval Praia da Vitoria	2:27.35		463	
	50m: 30.33 30.33	100m: 1:09.27	38.94 150m: 1:53.61	44.34 200m: 2:27.35		33.74	
7.	ROQUE Tomas Nunes	06	Benfica	2:28.91		448	
	50m: 30.86 30.86	100m: 1:10.28	39.42 150m: 1:55.46	45.18 200m: 2:28.91		33.45	
8.	PAULOS Joao Afonso	06	Naval do Funchal	2:30.22		437	
	50m: 30.16 30.16	100m: 1:11.27	41.11 150m: 1:53.76	42.49 200m: 2:30.22		36.46	
9.	ANTUNES Martim Barata	06	Benfica	2:30.35		435	
	50m: 32.14 32.14	100m: 1:10.59	38.45 150m: 1:55.94	45.35 200m: 2:30.35		34.41	
10.	FIGUEIRA Diogo Morgado	06	CPCD-Povoa St Iria	2:31.28		427	
	50m: 30.91 30.91	100m: 1:11.26	40.35 150m: 1:57.29	46.03 200m: 2:31.28		33.99	
11.	SIMOES Manuel Costa	06	Cova da Piedade	2:33.53		409	
	50m: 32.09 32.09	100m: 1:13.97	41.88 150m: 2:00.16	46.19 200m: 2:33.53		33.37	
12.	GAVEA Guilherme Santos	06	Benfica	2:34.12		404	
	50m: 31.86 31.86	100m: 1:11.48	39.62 150m: 1:57.35	45.87 200m: 2:34.12		36.77	
DNS	FOMIN Yury	06	Louletano / Loule Concelho				

Torneio Zonal Juvenis, Juniores e Absolutos PL (Zona Sul)
Rio Maior, 29 e 30 de Maio de 2021

Prova 14, Masc., 200m Estilos

Juvenis A

1.	OLIVEIRA Miguel Fernandes	05	Nautico Marinha Grande	2:15.49	595
	50m: 30.21 30.21 100m: 1:04.51 34.30 150m: 1:45.11 40.60 200m: 2:15.49 30.38				
2.	GOUVEIA Luis Galvao	05	Desportivo Nacional	2:16.51	582
	50m: 28.16 28.16 100m: 1:04.90 36.74 150m: 1:46.30 41.40 200m: 2:16.51 30.21				
3.	ALMEIDA Miguel Cordeiro	05	Alges	2:17.16	574
	50m: 29.09 29.09 100m: 1:04.62 35.53 150m: 1:45.78 41.16 200m: 2:17.16 31.38				
4.	CORDEIRO Tomas Almeida	05	Alges	2:20.92	529
	50m: 29.88 29.88 100m: 1:04.55 34.67 150m: 1:47.34 42.79 200m: 2:20.92 33.58				
5.	CARVALHO Goncalo Duarte	05	Benfica	2:21.68	520
	50m: 29.09 29.09 100m: 1:07.14 38.05 150m: 1:48.75 41.61 200m: 2:21.68 32.93				
6.	NUNES Carlos Daniel	05	Nautico Salvaterra Magos	2:22.27	514
	50m: 29.76 29.76 100m: 1:08.49 38.73 150m: 1:49.21 40.72 200m: 2:22.27 33.06				
7.	MORGADO Vasco Alves	05	Alges	2:23.01	506
	50m: 30.45 30.45 100m: 1:08.46 38.01 150m: 1:50.14 41.68 200m: 2:23.01 32.87				
8.	CEPELEAGA Marin	05	Portinado	2:23.28	503
	50m: 30.09 30.09 100m: 1:05.54 35.45 150m: 1:49.49 43.95 200m: 2:23.28 33.79				
9.	OLIVEIRA Simao Lopes	05	Naval Setubalense	2:25.14	484
	50m: 30.58 30.58 100m: 1:11.09 40.51 150m: 1:51.50 40.41 200m: 2:25.14 33.64				
10.	RODRIGUES Joao Luis	05	Naval do Funchal	2:25.83	477
	50m: 29.59 29.59 100m: 1:08.03 38.44 150m: 1:52.64 44.61 200m: 2:25.83 33.19				
11.	MONTEIRO Jose Alves	05	Belenenses	2:26.10	475
	50m: 32.06 32.06 100m: 1:12.59 40.53 150m: 1:52.60 40.01 200m: 2:26.10 33.50				
12.	GOUVEIA Afonso Martim	05	FC Ferreiras/AlgarExperien	2:27.04	466
	50m: 30.65 30.65 100m: 1:10.75 40.10 150m: 1:53.84 43.09 200m: 2:27.04 33.20				
13.	MIMOSO Rodrigo Ferreira	05	Alges	2:27.10	465
	50m: 30.96 30.96 100m: 1:10.26 39.30 150m: 1:51.49 41.23 200m: 2:27.10 35.61				
14.	RODRIGUES Miguel Goncalves	05	Naval de Faro	2:27.11	465
	50m: 31.01 31.01 100m: 1:10.91 39.90 150m: 1:53.57 42.66 200m: 2:27.11 33.54				
15.	COSTA Afonso Lucio	05	Sporting	2:27.35	463
	50m: 30.17 30.17 100m: 1:07.74 37.57 150m: 1:52.58 44.84 200m: 2:27.35 34.77				
16.	CAPRICHIO Diogo Botelho	05	Sporting	2:27.49	461
	50m: 30.68 30.68 100m: 1:10.53 39.85 150m: 1:51.37 40.84 200m: 2:27.49 36.12				
17.	MACHADO Diogo Pimentel	05	Bombeiros Ponta Delgada	2:27.51	461
	50m: 30.01 30.01 100m: 1:09.10 39.09 150m: 1:51.97 42.87 200m: 2:27.51 35.54				

Torneio Zonal Juvenis, Juniores e Absolutos PL (Zona Sul)
Rio Maior, 29 e 30 de Maio de 2021

Prova 14, Masc., 200m Estilos, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
18.	ROSARIO Alexandre Rocha	05	Louletano / Loule Concelho	2:27.87		458	
	50m: 30.83 30.83 100m: 1:09.55		38.72 150m: 1:52.52 42.97 200m: 2:27.87			35.35	
19.	BONANCA Artur Osorio	05	Naval de Faro	2:28.00		457	
	50m: 32.03 32.03 100m: 1:07.18		35.15 150m: 1:54.82 47.64 200m: 2:28.00			33.18	
20.	FRANCISCO Tiago Serradas	05	Nautico Marinha Grande	2:28.19		455	
	50m: 30.64 30.64 100m: 1:08.60		37.96 150m: 1:54.65 46.05 200m: 2:28.19			33.54	
21.	PIRES Joao Antonio	05	Torres Novas	2:28.63		451	
	50m: 31.46 31.46 100m: 1:11.31		39.85 150m: 1:54.81 43.50 200m: 2:28.63			33.82	
22.	GABOLEIRO Guilherme Filipe	05	Rio Maior	2:33.98		405	
	50m: 30.82 30.82 100m: 1:11.35		40.53 150m: 2:00.27 48.92 200m: 2:33.98			33.71	
DSQ	ASCENSO Afonso Manuel	05	Nautico Marinha Grande				
	611 - Perdeu posi��o dorsal antes da viragem aos 100 metros SW 6.2						

Juniores

1.	COSTA Joao Peres	04	Naval Praia da Vitoria	2:09.44		683	
	50m: 27.61 27.61 100m: 1:01.95		34.34 150m: 1:40.23 38.28 200m: 2:09.44			29.21	
2.	LOPES Luis Afonso	03	Viver Santarem	2:10.82		661	
	50m: 28.08 28.08 100m: 1:03.23		35.15 150m: 1:39.85 36.62 200m: 2:10.82			30.97	
3.	CLARA Vitor Belo	04	Ba-Leiria	2:12.61		635	
	50m: 28.55 28.55 100m: 1:03.15		34.60 150m: 1:41.83 38.68 200m: 2:12.61			30.78	
4.	SIMOES Bernardo Jorge	04	Colegio Vasco da Gama	2:13.07		628	
	50m: 28.39 28.39 100m: 1:03.20		34.81 150m: 1:42.72 39.52 200m: 2:13.07			30.35	
5.	SILVA Nuno Marques	04	Ba-Leiria	2:14.03		615	
	50m: 29.61 29.61 100m: 1:03.65		34.04 150m: 1:43.00 39.35 200m: 2:14.03			31.03	
6.	REBELO Joao Lourenco	04	Alges	2:16.02		588	
	50m: 29.39 29.39 100m: 1:07.04		37.65 150m: 1:45.13 38.09 200m: 2:16.02			30.89	
7.	RODRIGUES Rodrigo Reis	04	Sao Roque	2:17.02		575	
	50m: 28.93 28.93 100m: 1:05.88		36.95 150m: 1:46.15 40.27 200m: 2:17.02			30.87	
8.	FRASQUILHO Afonso Figueiredo	04	Sporting	2:17.09		575	
	50m: 28.94 28.94 100m: 1:03.17		34.23 150m: 1:46.04 42.87 200m: 2:17.09			31.05	
9.	ALVES Paulo Rodrigues	04	Desportivo Nacional	2:17.46		570	
	50m: 28.41 28.41 100m: 1:04.96		36.55 150m: 1:43.76 38.80 200m: 2:17.46			33.70	
10.	RELVAS David Ferreira	03	Nautico Marinha Grande	2:19.86		541	
	50m: 28.09 28.09 100m: 1:03.83		35.74 150m: 1:44.66 40.83 200m: 2:19.86			35.20	

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Prova 14, Masc., 200m Estilos, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
11.	TSYKAL Daniel	04	Alcobaca	2:20.74		531	
	50m: 30.13 30.13	100m: 1:08.14	38.01 150m: 1:47.78	39.64 200m: 2:20.74		32.96	

Absolutos

1.	CONDE Alvaro Lopez	92	Louletano / Loule Concelho	2:08.64		695	
	50m: 28.26 28.26	100m: 1:02.34	34.08 150m: 1:38.52	36.18 200m: 2:08.64		30.12	
2.	COSTA Joao Peres	04	Naval Praia da Vitoria	2:09.44		683	
	50m: 27.61 27.61	100m: 1:01.95	34.34 150m: 1:40.23	38.28 200m: 2:09.44		29.21	
3.	LOPES Luis Afonso	03	Viver Santarem	2:10.82		661	
	50m: 28.08 28.08	100m: 1:03.23	35.15 150m: 1:39.85	36.62 200m: 2:10.82		30.97	
4.	CLARA Vitor Belo	04	Ba-Leiria	2:12.61		635	
	50m: 28.55 28.55	100m: 1:03.15	34.60 150m: 1:41.83	38.68 200m: 2:12.61		30.78	
5.	FERNANDES Eduardo Gomes	02	Sporting	2:12.95		630	
	50m: 28.85 28.85	100m: 1:05.10	36.25 150m: 1:42.84	37.74 200m: 2:12.95		30.11	
6.	SIMOES Bernardo Jorge	04	Colegio Vasco da Gama	2:13.07		628	
	50m: 28.39 28.39	100m: 1:03.20	34.81 150m: 1:42.72	39.52 200m: 2:13.07		30.35	
7.	CRISTINO David Matias	01	Uniao Piedense	2:13.21		626	
	50m: 27.95 27.95	100m: 1:02.24	34.29 150m: 1:43.04	40.80 200m: 2:13.21		30.17	
8.	SILVA Nuno Marques	04	Ba-Leiria	2:14.03		615	
	50m: 29.61 29.61	100m: 1:03.65	34.04 150m: 1:43.00	39.35 200m: 2:14.03		31.03	
9.	GOMES Vicente Oliveira	02	Sporting	2:15.08		601	
	50m: 28.06 28.06	100m: 1:03.92	35.86 150m: 1:45.14	41.22 200m: 2:15.08		29.94	
10.	OLIVEIRA Miguel Fernandes	05	Nautico Marinha Grande	2:15.49		595	
	50m: 30.21 30.21	100m: 1:04.51	34.30 150m: 1:45.11	40.60 200m: 2:15.49		30.38	
11.	REBELO Joao Lourenco	04	Alges	2:16.02		588	
	50m: 29.39 29.39	100m: 1:07.04	37.65 150m: 1:45.13	38.09 200m: 2:16.02		30.89	
12.	GOUVEIA Luis Galvao	05	Desportivo Nacional	2:16.51		582	
	50m: 28.16 28.16	100m: 1:04.90	36.74 150m: 1:46.30	41.40 200m: 2:16.51		30.21	
13.	CORDEIRO Tiago Roberto	00	Benfica	2:16.93		577	
	50m: 28.51 28.51	100m: 1:04.40	35.89 150m: 1:45.70	41.30 200m: 2:16.93		31.23	
14.	CATALAO Daniel Nogueira	00	Benfica	2:17.02		575	
	50m: 28.11 28.11	100m: 1:03.73	35.62 150m: 1:43.01	39.28 200m: 2:17.02		34.01	
	RODRIGUES Rodrigo Reis	04	Sao Roque	2:17.02		575	
	50m: 28.93 28.93	100m: 1:05.88	36.95 150m: 1:46.15	40.27 200m: 2:17.02		30.87	

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Prova 14, Masc., 200m Estilos, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
16.	FRASQUILHO Afonso Figueiredo	04	Sporting	2:17.09		575	
	50m: 28.94 28.94 100m: 1:03.17 34.23 150m: 1:46.04 42.87 200m: 2:17.09 31.05						
17.	ALMEIDA Miguel Cordeiro	05	Alges	2:17.16		574	
	50m: 29.09 29.09 100m: 1:04.62 35.53 150m: 1:45.78 41.16 200m: 2:17.16 31.38						
18.	ALVES Paulo Rodrigues	04	Desportivo Nacional	2:17.46		570	
	50m: 28.41 28.41 100m: 1:04.96 36.55 150m: 1:43.76 38.80 200m: 2:17.46 33.70						
19.	CARDOSO Diogo Santos	01	Colegio Monte Maior	2:18.03		563	
	50m: 30.44 30.44 100m: 1:07.72 37.28 150m: 1:48.72 41.00 200m: 2:18.03 29.31						
20.	PINTO Pedro Miguel	02	Sporting	2:18.14		562	
	50m: 29.15 29.15 100m: 1:05.34 36.19 150m: 1:46.13 40.79 200m: 2:18.14 32.01						
21.	RELVAS David Ferreira	03	Nautico Marinha Grande	2:19.86		541	
	50m: 28.09 28.09 100m: 1:03.83 35.74 150m: 1:44.66 40.83 200m: 2:19.86 35.20						
22.	TSYKAL Daniel	04	Alcobaca	2:20.74		531	
	50m: 30.13 30.13 100m: 1:08.14 38.01 150m: 1:47.78 39.64 200m: 2:20.74 32.96						
23.	CORDEIRO Tomas Almeida	05	Alges	2:20.92		529	
	50m: 29.88 29.88 100m: 1:04.55 34.67 150m: 1:47.34 42.79 200m: 2:20.92 33.58						
24.	FAFTINE Kaio Araujo	06	Sporting	2:21.44		523	
	50m: 29.84 29.84 100m: 1:06.97 37.13 150m: 1:48.55 41.58 200m: 2:21.44 32.89						
25.	CARVALHO Goncalo Duarte	05	Benfica	2:21.68		520	
	50m: 29.09 29.09 100m: 1:07.14 38.05 150m: 1:48.75 41.61 200m: 2:21.68 32.93						
26.	NUNES Carlos Daniel	05	Nautico Salvaterra Magos	2:22.27		514	
	50m: 29.76 29.76 100m: 1:08.49 38.73 150m: 1:49.21 40.72 200m: 2:22.27 33.06						
27.	MORGADO Vasco Alves	05	Alges	2:23.01		506	
	50m: 30.45 30.45 100m: 1:08.46 38.01 150m: 1:50.14 41.68 200m: 2:23.01 32.87						
28.	JANUARIO Tomas Maia	06	Geslours	2:23.22		504	
	50m: 29.56 29.56 100m: 1:05.74 36.18 150m: 1:50.38 44.64 200m: 2:23.22 32.84						
29.	CEPELEAGA Marin	05	Portinado	2:23.28		503	
	50m: 30.09 30.09 100m: 1:05.54 35.45 150m: 1:49.49 43.95 200m: 2:23.28 33.79						
30.	BONNIZ Pedro Goncalves	06	Geslours	2:25.05		485	
	50m: 30.58 30.58 100m: 1:10.29 39.71 150m: 1:50.72 40.43 200m: 2:25.05 34.33						
31.	OLIVEIRA Simao Lopes	05	Naval Setubalense	2:25.14		484	
	50m: 30.58 30.58 100m: 1:11.09 40.51 150m: 1:51.50 40.41 200m: 2:25.14 33.64						
32.	SILVA Pedro Marques	06	Ba-Leiria	2:25.60		479	
	50m: 31.86 31.86 100m: 1:09.79 37.93 150m: 1:52.17 42.38 200m: 2:25.60 33.43						

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Prova 14, Masc., 200m Estilos, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
33.	JIMENEZ Alvaro Hurtado	06	Louletano / Loule Concelho	2:25.83		477	
	50m: 30.40 30.40	100m: 1:10.02	39.62 150m: 1:50.50	40.48 200m: 2:25.83		35.33	
	RODRIGUES Joao Luis	05	Naval do Funchal	2:25.83		477	
	50m: 29.59 29.59	100m: 1:08.03	38.44 150m: 1:52.64	44.61 200m: 2:25.83		33.19	
35.	MONTEIRO Jose Alves	05	Belenenses	2:26.10		475	
	50m: 32.06 32.06	100m: 1:12.59	40.53 150m: 1:52.60	40.01 200m: 2:26.10		33.50	
36.	GOUVEIA Afonso Martim	05	FC Ferreiras/AlgarExperien	2:27.04		466	
	50m: 30.65 30.65	100m: 1:10.75	40.10 150m: 1:53.84	43.09 200m: 2:27.04		33.20	
37.	MIMOSO Rodrigo Ferreira	05	Alges	2:27.10		465	
	50m: 30.96 30.96	100m: 1:10.26	39.30 150m: 1:51.49	41.23 200m: 2:27.10		35.61	
38.	RODRIGUES Miguel Goncalves	05	Naval de Faro	2:27.11		465	
	50m: 31.01 31.01	100m: 1:10.91	39.90 150m: 1:53.57	42.66 200m: 2:27.11		33.54	
39.	TOSTE Martim Candido	06	Naval Praia da Vitoria	2:27.35		463	
	50m: 30.33 30.33	100m: 1:09.27	38.94 150m: 1:53.61	44.34 200m: 2:27.35		33.74	
	COSTA Afonso Lucio	05	Sporting	2:27.35		463	
	50m: 30.17 30.17	100m: 1:07.74	37.57 150m: 1:52.58	44.84 200m: 2:27.35		34.77	
41.	CAPRICHIO Diogo Botelho	05	Sporting	2:27.49		461	
	50m: 30.68 30.68	100m: 1:10.53	39.85 150m: 1:51.37	40.84 200m: 2:27.49		36.12	
42.	MACHADO Diogo Pimentel	05	Bombeiros Ponta Delgada	2:27.51		461	
	50m: 30.01 30.01	100m: 1:09.10	39.09 150m: 1:51.97	42.87 200m: 2:27.51		35.54	
43.	ROSARIO Alexandre Rocha	05	Louletano / Loule Concelho	2:27.87		458	
	50m: 30.83 30.83	100m: 1:09.55	38.72 150m: 1:52.52	42.97 200m: 2:27.87		35.35	
44.	BONANCA Artur Osorio	05	Naval de Faro	2:28.00		457	
	50m: 32.03 32.03	100m: 1:07.18	35.15 150m: 1:54.82	47.64 200m: 2:28.00		33.18	
45.	FRANCISCO Tiago Serradas	05	Nautico Marinha Grande	2:28.19		455	
	50m: 30.64 30.64	100m: 1:08.60	37.96 150m: 1:54.65	46.05 200m: 2:28.19		33.54	
46.	PIRES Joao Antonio	05	Torres Novas	2:28.63		451	
	50m: 31.46 31.46	100m: 1:11.31	39.85 150m: 1:54.81	43.50 200m: 2:28.63		33.82	
47.	ROQUE Tomas Nunes	06	Benfica	2:28.91		448	
	50m: 30.86 30.86	100m: 1:10.28	39.42 150m: 1:55.46	45.18 200m: 2:28.91		33.45	
48.	PAULOS Joao Afonso	06	Naval do Funchal	2:30.22		437	
	50m: 30.16 30.16	100m: 1:11.27	41.11 150m: 1:53.76	42.49 200m: 2:30.22		36.46	
49.	ANTUNES Martim Barata	06	Benfica	2:30.35		435	
	50m: 32.14 32.14	100m: 1:10.59	38.45 150m: 1:55.94	45.35 200m: 2:30.35		34.41	

Torneio Zonal Juvenis, Juniores e Absolutos PL (Zona Sul)
Rio Maior, 29 e 30 de Maio de 2021

Prova 14, Masc., 200m Estilos, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
50.	FIGUEIRA Diogo Morgado	06	CPCD-Povoa St Iria	2:31.28		427	
	50m: 30.91 30.91 100m: 1:11.26 40.35 150m: 1:57.29 46.03 200m: 2:31.28 33.99						
51.	SIMOES Manuel Costa	06	Cova da Piedade	2:33.53		409	
	50m: 32.09 32.09 100m: 1:13.97 41.88 150m: 2:00.16 46.19 200m: 2:33.53 33.37						
52.	GABOLEIRO Guilherme Filipe	05	Rio Maior	2:33.98		405	
	50m: 30.82 30.82 100m: 1:11.35 40.53 150m: 2:00.27 48.92 200m: 2:33.98 33.71						
53.	GAVEA Guilherme Santos	06	Benfica	2:34.12		404	
	50m: 31.86 31.86 100m: 1:11.48 39.62 150m: 1:57.35 45.87 200m: 2:34.12 36.77						
DSQ	ASCENSO Afonso Manuel	05	Nautico Marinha Grande				
	611 - Perdeu posi��o dorsal antes da viragem aos 100 metros SW 6.2						
DNS	FOMIN Yury	06	Louletano / Loule Concelho				

Seniores

1.	CONDE Alvaro Lopez	92	Louletano / Loule Concelho	2:08.64		695	
	50m: 28.26 28.26 100m: 1:02.34 34.08 150m: 1:38.52 36.18 200m: 2:08.64 30.12						
2.	FERNANDES Eduardo Gomes	02	Sporting	2:12.95		630	
	50m: 28.85 28.85 100m: 1:05.10 36.25 150m: 1:42.84 37.74 200m: 2:12.95 30.11						
3.	CRISTINO David Matias	01	Uniao Piedense	2:13.21		626	
	50m: 27.95 27.95 100m: 1:02.24 34.29 150m: 1:43.04 40.80 200m: 2:13.21 30.17						
4.	GOMES Vicente Oliveira	02	Sporting	2:15.08		601	
	50m: 28.06 28.06 100m: 1:03.92 35.86 150m: 1:45.14 41.22 200m: 2:15.08 29.94						
5.	CORDEIRO Tiago Roberto	00	Benfica	2:16.93		577	
	50m: 28.51 28.51 100m: 1:04.40 35.89 150m: 1:45.70 41.30 200m: 2:16.93 31.23						
6.	CATALAO Daniel Nogueira	00	Benfica	2:17.02		575	
	50m: 28.11 28.11 100m: 1:03.73 35.62 150m: 1:43.01 39.28 200m: 2:17.02 34.01						
7.	CARDOSO Diogo Santos	01	Colegio Monte Maior	2:18.03		563	
	50m: 30.44 30.44 100m: 1:07.72 37.28 150m: 1:48.72 41.00 200m: 2:18.03 29.31						
8.	PINTO Pedro Miguel	02	Sporting	2:18.14		562	
	50m: 29.15 29.15 100m: 1:05.34 36.19 150m: 1:46.13 40.79 200m: 2:18.14 32.01						
EXH	CRUZ Miguel Duarte	99	SM15 Belenenses	2:22.73		509	
	50m: 29.76 29.76 100m: 1:08.01 38.25 150m: 1:50.93 42.92 200m: 2:22.73 31.80						