

Prova 1 Femin., 400m Livres Absoluto
13-02-2021 - 16:00 Resultados

| | | | | | |
|-------------|---------|-------------------------|-----|-----------------|------------|
| RN Absoluto | 4:09.49 | DURAES Diana Margarida | POR | Tarragona (ESP) | 25-06-2018 |
| RN Sen | 4:09.49 | DURAES Diana Margarida | POR | Tarragona (ESP) | 25-06-2018 |
| RN Jun 17 | 4:14.67 | HOLUB Tamila Hryhorivna | SCB | Oeiras | 23-07-2016 |
| RN Jun 16 | 4:20.37 | FERREIRA Marta Andreia | POR | Berlim (GER) | 04-08-2002 |
| RN Juv A | 4:20.78 | HOLUB Tamila Hryhorivna | POR | Porto | 07-06-2014 |
| RN Juv B | 4:26.20 | CABRAL Maria Francisca | FCP | Oeiras | 26-07-2014 |
| RN Inf A | 4:31.53 | SILVA Alexandra Maria | POR | Skovde (SWE) | 08-08-1980 |
| RN Inf B | 4:43.70 | SILVA Alexandra Maria | FCP | Funchal | 27-07-1979 |

JO-Para 99 + S9: 5:04.07 / CEJun_Fem 14 - 17: 4:23.44 / CEPL Abs: 4:13.31 / JO : 4:07.90

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------|---------------|-------------------------|----------------|-------|---------------|-------|
| 1. | CONCEICAO Ema Jeronimo | 03 | Fisica de Torres Vedras | 4:21.27 | +0,78 | 741 | |
| | 50m: 30.50 30.50 | 150m: 1:35.96 | 32.84 | 250m: 2:41.79 | 33.00 | 350m: 3:48.60 | 33.70 |
| | 100m: 1:03.12 32.62 | 200m: 2:08.79 | 32.83 | 300m: 3:14.90 | 33.11 | 400m: 4:21.27 | 32.67 |
| 2. | MARTINS Francisca Soares | 03 | Foca Quinta da Lixa CNF | 4:23.37 | +0,73 | 723 | |
| | 50m: 30.39 30.39 | 150m: 1:36.19 | 33.26 | 250m: 2:42.57 | 33.40 | 350m: 3:50.59 | 34.24 |
| | 100m: 1:02.93 32.54 | 200m: 2:09.17 | 32.98 | 300m: 3:16.35 | 33.78 | 400m: 4:23.37 | 32.78 |
| 3. | PIRES Marta Joao | 05 | Alges | 4:27.40 | +0,76 | 691 | |
| | 50m: 31.64 31.64 | 150m: 1:40.08 | 34.46 | 250m: 2:48.39 | 33.45 | 350m: 3:54.68 | 32.94 |
| | 100m: 1:05.62 33.98 | 200m: 2:14.94 | 34.86 | 300m: 3:21.74 | 33.35 | 400m: 4:27.40 | 32.72 |
| 4. | MENDES Mariana Amaral | 02 | Colegio Monte Maior | 4:31.05 | +0,86 | 663 | |
| | 50m: 32.12 32.12 | 150m: 1:40.00 | 34.04 | 250m: 2:48.85 | 34.60 | 350m: 3:57.87 | 34.58 |
| | 100m: 1:05.96 33.84 | 200m: 2:14.25 | 34.25 | 300m: 3:23.29 | 34.44 | 400m: 4:31.05 | 33.18 |
| 5. | RAMOS Ana Rita | 02 | Porto | 4:31.54 | +0,82 | 660 | |
| | 50m: 30.83 30.83 | 150m: 1:37.39 | 33.56 | 250m: 2:46.24 | 34.55 | 350m: 3:56.27 | 34.49 |
| | 100m: 1:03.83 33.00 | 200m: 2:11.69 | 34.30 | 300m: 3:21.78 | 35.54 | 400m: 4:31.54 | 35.27 |
| 6. | CARDEAL Beatriz Nunes | 04 | Academico Viseu | 4:34.23 | +0,78 | 641 | |
| | 50m: 31.01 31.01 | 150m: 1:39.63 | 34.88 | 250m: 2:49.81 | 35.12 | 350m: 4:00.37 | 35.23 |
| | 100m: 1:04.75 33.74 | 200m: 2:14.69 | 35.06 | 300m: 3:25.14 | 35.33 | 400m: 4:34.23 | 33.86 |
| 7. | ROSA Mariana Carmo | 05 | Louzan Natacao/EFAPEL | 4:35.56 | +0,58 | 631 | |
| | 50m: 31.20 31.20 | 150m: 1:39.35 | 34.65 | 250m: 2:49.47 | 35.01 | 350m: 4:00.48 | 35.88 |
| | 100m: 1:04.70 33.50 | 200m: 2:14.46 | 35.11 | 300m: 3:24.60 | 35.13 | 400m: 4:35.56 | 35.08 |
| 8. | ALVES Joana Silva | 05 | Benedita | 4:36.64 | +0,76 | 624 | |
| | 50m: 31.45 31.45 | 150m: 1:41.00 | 35.06 | 250m: 2:51.66 | 35.36 | 350m: 4:02.39 | 35.52 |
| | 100m: 1:05.94 34.49 | 200m: 2:16.30 | 35.30 | 300m: 3:26.87 | 35.21 | 400m: 4:36.64 | 34.25 |
| 9. | LOPES Daniela Magalhaes | 05 | Famalicao | 4:37.60 | +0,77 | 618 | |
| | 50m: 31.00 31.00 | 150m: 1:40.36 | 34.84 | 250m: 2:51.29 | 35.26 | 350m: 4:02.69 | 35.72 |
| | 100m: 1:05.52 34.52 | 200m: 2:16.03 | 35.67 | 300m: 3:26.97 | 35.68 | 400m: 4:37.60 | 34.91 |

Prova 1, Femin., 400m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------|---------------|------------------------|----------------|---------------|----------|-----|
| 10. | AMADO Maria Lopes | 04 | Nautico Marinha Grande | 4:50.15 | +0,71 | 541 | |
| | 50m: 32.01 32.01 | 150m: 1:43.47 | 36.63 250m: 2:58.22 | 37.76 | 350m: 4:13.38 | 37.65 | |
| | 100m: 1:06.84 34.83 | 200m: 2:20.46 | 36.99 300m: 3:35.73 | 37.51 | 400m: 4:50.15 | 36.77 | |
| DNS | MONTEIRO Ana Catarina | 93 | Vilacondense | | | | |

 Prova 2 Masc., 200m Livres Absoluto
 13-02-2021 - 16:10 Resultados

| | | | | | |
|-------------|---------|--------------------------|-----|--------------------|------------|
| RN Absoluto | 1:47.97 | NASCIMENTO Miguel Duarte | SLB | Coimbra | 06-04-2019 |
| RN Sen | 1:47.97 | NASCIMENTO Miguel Duarte | SLB | Coimbra | 06-04-2019 |
| RN Jun 18 | 1:49.98 | VENANCIO Tiago Andre | POR | Budapeste (HUN) | 14-07-2005 |
| RN Jun 17 | 1:52.69 | RIBEIRO Diogo Matos | CUC | Oeiras | 19-12-2020 |
| RN Juv A | 1:54.18 | SANTA Gustavo Manuel | POR | Tampere (FIN) | 24-07-2009 |
| RN Juv B | 1:53.96 | RIBEIRO Diogo Matos | CUC | Funchal | 02-08-2019 |
| RN Inf A | 2:00.20 | RIBEIRO Diogo Matos | CUC | S. Joao da Madeira | 21-07-2018 |
| RN Inf B | 2:06.18 | NUNES Joao Magalhaes | CNA | Rio Maior | 21-07-2012 |
| S15 | 2:03.73 | NEVES Tiago Correia | CFB | Funchal | 24-03-2018 |
| S21 | 2:49.44 | ALMEIDA Andre Reis | POR | Olbias (ITA) | 17-09-2019 |

CEJun_Masc 15 - 18: 1:53.68 / CEPL 12 +: 1:49.29 / JO : 1:47.02

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|----------------------------|-------------|-------------------------|----------------|---------------|----------|-----|
| 1. | LOPES Jose Paulo | 00 | Braga | 1:53.24 | +0,66 | 730 | |
| | 50m: 26.57 26.57 | 100m: 55.57 | 29.00 150m: 1:24.54 | 28.97 | 200m: 1:53.24 | 28.70 | |
| 2. | COSTA Diogo Santos | 02 | Colegio Monte Maior | 1:56.58 | +0,66 | 669 | |
| | 50m: 28.04 28.04 | 100m: 58.43 | 30.39 150m: 1:27.19 | 28.76 | 200m: 1:56.58 | 29.39 | |
| 3. | ALMEIDA Bernardo Victorino | 04 | Sporting | 1:56.77 | +0,70 | 666 | |
| | 50m: 27.03 27.03 | 100m: 56.53 | 29.50 150m: 1:26.75 | 30.22 | 200m: 1:56.77 | 30.02 | |
| 4. | SANTOS Pedro Miguel | 01 | Porto | 1:57.16 | +0,65 | 659 | |
| | 50m: 27.29 27.29 | 100m: 56.85 | 29.56 150m: 1:27.16 | 30.31 | 200m: 1:57.16 | 30.00 | |
| 5. | LOPES Luis Afonso | 03 | Viver Santarem | 1:58.60 | +0,73 | 636 | |
| | 50m: 28.12 28.12 | 100m: 58.47 | 30.35 150m: 1:29.59 | 31.12 | 200m: 1:58.60 | 29.01 | |
| 6. | MARQUES Gustavo Pires | 04 | Uniao Coimbra | 1:59.08 | +0,71 | 628 | |
| | 50m: 27.01 27.01 | 100m: 56.87 | 29.86 150m: 1:28.41 | 31.54 | 200m: 1:59.08 | 30.67 | |
| 7. | GOMES Goncalo Andre | 03 | Fundacao Beatriz Santos | 1:59.15 | +0,64 | 627 | |
| | 50m: 27.70 27.70 | 100m: 58.86 | 31.16 150m: 1:29.55 | 30.69 | 200m: 1:59.15 | 29.60 | |
| 8. | PAZ Antonio Manuel | 04 | Bombeiros Ponta Delgada | 1:59.43 | +0,65 | 622 | |
| | 50m: 28.22 28.22 | 100m: 58.93 | 30.71 150m: 1:29.71 | 30.78 | 200m: 1:59.43 | 29.72 | |

Prova 2, Masc., 200m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------------|---------------|------------------------|----------------|---------------|----------|-----|
| 9. | CARDOSO Diogo Santos | 01 | Colegio Monte Maior | 2:00.17 | +0,72 | 611 | |
| | 50m: 28.68 28.68 | 100m: 59.27 | 30.59 150m: 1:29.96 | 30.69 | 200m: 2:00.17 | 30.21 | |
| 10. | REIS Rodrigo Miguel | 04 | Uniao Coimbra | 2:00.48 | +0,70 | 606 | |
| | 50m: 27.22 27.22 | 100m: 56.78 | 29.56 150m: 1:28.12 | 31.34 | 200m: 2:00.48 | 32.36 | |
| 11. | CLARA Vitor Belo | 04 | Ba-Leiria | 2:00.98 | +0,79 | 599 | |
| | 50m: 27.98 27.98 | 100m: 58.27 | 30.29 150m: 1:29.10 | 30.83 | 200m: 2:00.98 | 31.88 | |
| 12. | SILVA Pedro Miguel | 94 | Colegio Monte Maior | 2:02.54 | +0,73 | 576 | |
| | 50m: 27.94 27.94 | 100m: 59.01 | 31.07 150m: 1:30.83 | 31.82 | 200m: 2:02.54 | 31.71 | |
| 13. | SILVA Ricardo Lopes | 03 | Nautico Marinha Grande | 2:02.93 | +0,73 | 571 | |
| | 50m: 27.97 27.97 | 100m: 58.86 | 30.89 150m: 1:30.88 | 32.02 | 200m: 2:02.93 | 32.05 | |
| 14. | BELEZAS Ricardo Andrade | 91 S15 | Sporting | 2:10.84 | +0,73 | 473 | |
| | 50m: 30.23 30.23 | 100m: 1:02.99 | 32.76 150m: 1:36.56 | 33.57 | 200m: 2:10.84 | 34.28 | |
| DSQ | ALMEIDA Andre Reis | 00 S21 | Sporting | | | | |
| | <i>SW 4.4 - Falsa partida</i> | | | | | | |

Surdolimpicos

| | | | | | | | |
|----|-------------------------|---------------|---------------------|----------------|---------------|-------|--|
| 1. | BELEZAS Ricardo Andrade | 91 S15 | Sporting | 2:10.84 | +0,73 | 473 | |
| | 50m: 30.23 30.23 | 100m: 1:02.99 | 32.76 150m: 1:36.56 | 33.57 | 200m: 2:10.84 | 34.28 | |

S21

| | | | | | | | |
|-----|-------------------------------|--------|----------|--|--|--|--|
| DSQ | ALMEIDA Andre Reis | 00 S21 | Sporting | | | | |
| | <i>SW 4.4 - Falsa partida</i> | | | | | | |

Prova 3
13-02-2021 - 16:20

Femin., 200m Costas

Absoluto
Resultados

| | | | | | |
|-------------|---------|--------------------------|-------|--------------|------------|
| RN Absoluto | 2:15.02 | FRISCHKNECHT Rita Barros | SAD | Lisboa | 09-02-2020 |
| RN Sen | 2:15.02 | FRISCHKNECHT Rita Barros | SAD | Lisboa | 09-02-2020 |
| RN Jun 17 | 2:15.53 | FRISCHKNECHT Rita Barros | SAD | Coimbra | 02-04-2015 |
| RN Jun 16 | 2:15.72 | REBELO Camila Rodrigues | ALN | Coimbra | 07-04-2019 |
| RN Juv A | 2:17.38 | SILVA Joana Carina | LSXXI | Coimbra | 05-04-2012 |
| RN Juv B | 2:20.53 | REBELO Camila Rodrigues | ALN | Oeiras | 21-07-2017 |
| RN Inf A | 2:23.57 | AZEVEDO Rafaela Gomes | POR | Genova (ITA) | 20-06-2015 |
| RN Inf B | 2:33.03 | SOUZA Keissy Joselin | FCP | Famalicao | 27-07-1997 |

CEJun_Fem 14 - 17: 2:18.63 / CEPL Abs: 2:13.29 / JO : 2:10.39

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|------|-----|-------|-------------|-------|----------|-----|
|-------|------|-----|-------|-------------|-------|----------|-----|

Absolutos

| | | | | | | | |
|----|---------------------------|---------------|-----------------------|----------------|-------|---------------|-------|
| 1. | FRISCHKNECHT Rita Barros | 98 | Alges | 2:16.54 | +0,69 | 737 | |
| | 50m: 31.74 31.74 | 100m: 1:05.70 | 33.96 | 150m: 1:40.94 | 35.24 | 200m: 2:16.54 | 35.60 |
| 2. | REBELO Camila Rodrigues | 03 | Louzan Natacao/EFAPEL | 2:17.82 | +0,68 | 716 | |
| | 50m: 32.28 32.28 | 100m: 1:06.45 | 34.17 | 150m: 1:42.43 | 35.98 | 200m: 2:17.82 | 35.39 |
| 3. | CABRAL Maria Francisca | 00 | Porto | 2:22.57 | +0,69 | 647 | |
| | 50m: 33.65 33.65 | 100m: 1:09.58 | 35.93 | 150m: 1:46.44 | 36.86 | 200m: 2:22.57 | 36.13 |
| 4. | OLIVEIRA Ana Rita | 04 | Colegio Efanor | 2:22.58 | +0,65 | 647 | |
| | 50m: 32.88 32.88 | 100m: 1:08.44 | 35.56 | 150m: 1:45.84 | 37.40 | 200m: 2:22.58 | 36.74 |
| 5. | HENRIQUES Ines Jacinto | 00 | Sporting | 2:24.79 | +0,80 | 618 | |
| | 50m: 33.55 33.55 | 100m: 1:09.66 | 36.11 | 150m: 1:47.30 | 37.64 | 200m: 2:24.79 | 37.49 |
| 6. | CARDEAL Joana Nunes | 02 | Academico Viseu | 2:24.97 | +0,71 | 616 | |
| | 50m: 33.38 33.38 | 100m: 1:09.90 | 36.52 | 150m: 1:47.46 | 37.56 | 200m: 2:24.97 | 37.51 |
| 7. | RODRIGUES Joana Francisca | 04 | Uniao Coimbra | 2:33.98 | +0,63 | 514 | |
| | 50m: 35.56 35.56 | 100m: 1:14.53 | 38.97 | 150m: 1:53.95 | 39.42 | 200m: 2:33.98 | 40.03 |

Prova 4
13-02-2021 - 16:30

Masc., 100m Costas

Absoluto
Resultados

| | | | | | |
|-------------|---------|-----------------------------|-------|----------------|------------|
| RN Absoluto | 55.01 | LOPES Gabriel Jose | ALN | Coimbra | 31-03-2017 |
| RN Sen | 55.01 | LOPES Gabriel Jose | ALN | Coimbra | 31-03-2017 |
| RN Jun 18 | 55.18 | COSTA Joao Nogueira | POR | Budapest (HUN) | 20-08-2019 |
| RN Jun 17 | 57.17 | SANTOS Alexis Manacas | POR | Praga (CZE) | 12-07-2009 |
| RN Juv A | 58.61 | SOUSA Diogo Gomes | CNCVG | Coimbra | 29-05-2011 |
| RN Juv B | 59.54 | RIBEIRO Diogo Matos | POR | Baku (AZE) | 22-07-2019 |
| RN Inf A | 1:01.39 | RIBAS Alexandre Lages | EDV | Lisboa | 22-07-2011 |
| RN Inf B | 1:05.61 | WANZELLER Goncalo Henriques | CFB | Famalicão | 16-07-2016 |

JO-Para S11: 1:18.95 / CEJun_Masc 15 - 18: 57.28 / CEPL 12 +: 55.07 / JO : 53.85

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|------------------|--------------------------|---------------|------------------------|----------------|-------|----------|-----|
| Absolutos | | | | | | | |
| 1. | LOPES Gabriel Jose | 97 | Louzan Natacao/EFAPEL | 56.04 | +0,62 | 792 | |
| | 50m: 27.29 27.29 | 100m: 56.04 | 28.75 | | | | |
| 2. | SANTOS Francisco Rogerio | 98 | Sporting | 57.61 | +0,64 | 729 | |
| | 50m: 27.96 27.96 | 100m: 57.61 | 29.65 | | | | |
| 3. | CASTRO Duarte Monteiro | 03 | Porto | 58.68 | +0,69 | 689 | |
| | 50m: 28.51 28.51 | 100m: 58.68 | 30.17 | | | | |
| 4. | SILVA Gustavo Carvalho | 04 | Naval Praia da Vitoria | 59.65 | +0,80 | 656 | |
| | 50m: 29.01 29.01 | 100m: 59.65 | 30.64 | | | | |
| 5. | VAKULYUK Paulo | 03 | Torres Novas | 1:00.61 | +0,66 | 626 | |
| | 50m: 29.11 29.11 | 100m: 1:00.61 | 31.50 | | | | |
| 6. | BATE Miguel Ribeiro | 99 | Alges | 1:01.55 | +0,63 | 597 | |
| | 50m: 29.26 29.26 | 100m: 1:01.55 | 32.29 | | | | |
| 7. | RIBEIRO Diogo Matos | 04 | Uniao Coimbra | 1:01.76 | +0,57 | 591 | |
| | 50m: 28.52 28.52 | 100m: 1:01.76 | 33.24 | | | | |
| 8. | COSTA Joao Peres | 04 | Naval Praia da Vitoria | 1:02.22 | +0,69 | 578 | |
| | 50m: 31.01 31.01 | 100m: 1:02.22 | 31.21 | | | | |

Prova 5 Femin., 200m Bruços Absolutos Resultados
13-02-2021 - 16:35

| | | | | | |
|-------------|---------|----------------------|-----|-----------------|------------|
| RN Absoluto | 2:25.67 | KAMINSKAYA Victoria | POR | Gwangju (KOR) | 25-07-2019 |
| RN Sen | 2:25.67 | KAMINSKAYA Victoria | POR | Gwangju (KOR) | 25-07-2019 |
| RN Jun 17 | 2:29.23 | PEREIRA Raquel Gomes | SAD | Coimbra | 02-04-2017 |
| RN Jun 16 | 2:29.51 | GOMES Diana Duarte | POR | Budapeste (HUN) | 15-07-2005 |

CEJun_Fem 14 - 17: 2:35.49 / CEPL Abs: 2:29.51 / JO Absoluto: 2:25.52

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------------|---------------|---------------------|----------------|-------|---------------|-------|
| 1. | CERDEIRA Madalena Reis | 03 | Sporting | 2:38.40 | +0,83 | 677 | |
| | 50m: 36.69 36.69 | 100m: 1:17.29 | 40.60 | 150m: 1:58.61 | 41.32 | 200m: 2:38.40 | 39.79 |
| 2. | MESQUITA Francisca Salvador | 02 | Colegio Monte Maior | 2:43.95 | +0,77 | 610 | |
| | 50m: 37.97 37.97 | 100m: 1:19.43 | 41.46 | 150m: 2:01.72 | 42.29 | 200m: 2:43.95 | 42.23 |
| 3. | REIS Erica Cristina | 05 | Sporting | 2:45.80 | +0,78 | 590 | |
| | 50m: 37.21 37.21 | 100m: 1:19.56 | 42.35 | 150m: 2:03.28 | 43.72 | 200m: 2:45.80 | 42.52 |
| DNS | MONTEIRO Ana Catarina | 93 | Vilacondense | | | | |

Prova 6 Masc., 100m Bruços Absolutos Resultados
13-02-2021 - 16:40

| | | | | | |
|-------------|---------|------------------------|------|-----------------|------------|
| RN Absoluto | 1:01.01 | ALMEIDA Carlos Esteves | POR | Barcelona (ESP) | 28-07-2013 |
| RN Sen | 1:01.01 | ALMEIDA Carlos Esteves | POR | Barcelona (ESP) | 28-07-2013 |
| RN Jun 18 | 1:02.87 | SILVA Andre Miguel | PDEM | Faro | 18-07-2009 |
| RN Jun 17 | 1:04.54 | SILVA Andre Miguel | POR | Belgrado (SRB) | 02-08-2008 |
| S21 | 1:31.35 | VAZ Joao Francisco | SCP | Rio Maior | 25-01-2020 |

CEJun_Masc 15 - 18: 1:03.93 / CEPL 12 +: 1:01.47 / JO Absoluto: 59.93

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|----------------------------|---------------|------------|----------------|-------|----------|-----|
| 1. | QUINTAS Francisco Robalo | 95 | Sporting | 1:02.52 | +0,76 | 753 | |
| | 50m: 29.30 29.30 | 100m: 1:02.52 | 33.22 | | | | |
| 2. | SIMOES Rafael Gomes | 00 | Braga | 1:03.51 | +0,77 | 718 | |
| | 50m: 29.76 29.76 | 100m: 1:03.51 | 33.75 | | | | |
| 3. | PEREIRA Ricardo Samuel | 03 | Benfica | 1:05.67 | +0,74 | 649 | |
| | 50m: 30.51 30.51 | 100m: 1:05.67 | 35.16 | | | | |
| 4. | FRISCHKNECHT Renato Barros | 01 | Alges | 1:05.97 | +0,74 | 640 | |
| | 50m: 30.55 30.55 | 100m: 1:05.97 | 35.42 | | | | |
| 5. | MENDES Antonio Manuel | 99 | Sporting | 1:06.56 | +0,72 | 624 | |
| | 50m: 31.44 31.44 | 100m: 1:06.56 | 35.12 | | | | |
| 6. | CABRITO Rodrigo Almeida | 01 | Belenenses | 1:08.69 | +0,67 | 567 | |
| | 50m: 32.45 32.45 | 100m: 1:08.69 | 36.24 | | | | |

Prova 6, Masc., 100m Bruços, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------------|---------------|---------------------|----------------|-------|----------|-----|
| 7. | REBELO Joao Lourenco | 04 | Alges | 1:08.88 | +0,68 | 563 | |
| | 50m: 32.10 32.10 | 100m: 1:08.88 | 36.78 | | | | |
| 8. | SILVA Pedro Miguel | 94 | Colegio Monte Maior | 1:09.74 | +0,70 | 542 | |
| | 50m: 32.51 32.51 | 100m: 1:09.74 | 37.23 | | | | |
| DSQ | VAZ Joao Francisco | 92 | SB21 Sporting | | | | |
| | <i>SW 4.4 - Falsa partida</i> | | | | | | |

Prova 7 Femin., 100m Livres Absoluto Resultados
13-02-2021 - 16:45

| | | | | | |
|-------------|---------|----------------------------|-----|----------------|------------|
| RN Absoluto | 56.39 | RODRIGUES Ana Pinho | ADS | Coimbra | 04-04-2019 |
| RN Sen | 56.39 | RODRIGUES Ana Pinho | ADS | Coimbra | 04-04-2019 |
| RN Jun 17 | 56.56 | SOUSA Ana Reis | SAD | Coimbra | 04-04-2019 |
| RN Jun 16 | 57.11 | SOUSA Ana Reis | POR | Helsinki (FIN) | 04-07-2018 |
| RN Juv A | 57.75 | ROSA Maria Carolina | POR | Prague (CZE) | 08-07-2009 |
| RN Juv B | 58.07 | FERNANDES Carolina Miranda | POR | Baku (AZE) | 22-07-2019 |
| RN Inf A | 59.73 | FERNANDES Ines Camacho | POR | Catania (ITA) | 20-06-2010 |
| RN Inf B | 1:01.46 | FERNANDES Carolina Miranda | CGA | Loulé | 15-07-2017 |
| S9 | 1:05.08 | VEIGA Susana Pereira | POR | Londres (GBR) | 09-09-2019 |

JO-Para 99 + S9: 1:05.84 / CEJun_Fem 14 - 17: 57.81 / CEPL Abs: 55.59 / JO : 54.38

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|------------------|----------------------------|---------------|-------------------------|----------------|-------|----------|-----|
| Absolutos | | | | | | | |
| 1. | CUNHA Mariana Pacheco | 04 | Colegio Efanor | 57.87 | +0,70 | 713 | |
| | 50m: 27.72 27.72 | 100m: 57.87 | 30.15 | | | | |
| 2. | ANDRE Leticia Maia | 02 | Benfica | 58.10 | +0,72 | 705 | |
| | 50m: 28.05 28.05 | 100m: 58.10 | 30.05 | | | | |
| 3. | RODRIGUES Ana Pinho | 94 | Desportiva de Viana | 58.48 | +0,72 | 691 | |
| | 50m: 28.34 28.34 | 100m: 58.48 | 30.14 | | | | |
| 4. | CONCEICAO Ema Jeronimo | 03 | Fisica de Torres Vedras | 58.51 | +0,86 | 690 | |
| | 50m: 28.76 28.76 | 100m: 58.51 | 29.75 | | | | |
| 5. | FERNANDES Carolina Miranda | 05 | Galitos/ Bresimar | 58.93 | +0,69 | 675 | |
| | 50m: 28.53 28.53 | 100m: 58.93 | 30.40 | | | | |
| 6. | PINTO Mafalda Marques | 02 | Sporting | 59.77 | +0,70 | 647 | |
| | 50m: 29.04 29.04 | 100m: 59.77 | 30.73 | | | | |
| 7. | MESTRE Catarina Martins | 00 | Natacao de Lisboa | 1:00.84 | +0,76 | 613 | |
| | 50m: 30.19 30.19 | 100m: 1:00.84 | 30.65 | | | | |

Prova 7, Femin., 100m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|---------------------------|---------------|-----------------------|----------------|-------|----------|-----|
| 8. | RODRIGUES Joana Francisca | 04 | Uniao Coimbra | 1:01.67 | +0,69 | 589 | |
| | 50m: 29.84 29.84 | 100m: 1:01.67 | 31.83 | | | | |
| 9. | MENDES Mariana Amaral | 02 | Colegio Monte Maior | 1:01.84 | +0,77 | 584 | |
| | 50m: 30.51 30.51 | 100m: 1:01.84 | 31.33 | | | | |
| 10. | VEIGA Susana Pereira | 00 S9 | Colegio Vasco da Gama | 1:05.55 | +0,83 | 490 | |
| | 50m: 30.91 30.91 | 100m: 1:05.55 | 34.64 | | | | |

Paralimpicos

| | | | | | | | |
|----|----------------------|---------------|-----------------------|----------------|-------|-----|--|
| 1. | VEIGA Susana Pereira | 00 S9 | Colegio Vasco da Gama | 1:05.55 | +0,83 | 490 | |
| | 50m: 30.91 30.91 | 100m: 1:05.55 | 34.64 | | | | |

Prova 8

Masc., 50m Livres

Absoluto
Resultados

13-02-2021 - 16:50

| | | | | | |
|-------------|-------|--------------------------|-----|-----------------|------------|
| RN Absoluto | 22.16 | NASCIMENTO Miguel Duarte | SLB | Oeiras | 19-12-2020 |
| RN Sen | 22.16 | NASCIMENTO Miguel Duarte | SLB | Oeiras | 19-12-2020 |
| RN Jun 18 | 22.98 | SANTOS Paulo Jorge | POR | Antuerpia (BEL) | 22-07-2007 |
| RN Jun 17 | 22.95 | VENANCIO Tiago Andre | POR | Oeiras | 16-07-2004 |
| RN Juv A | 23.78 | VENANCIO Tiago Andre | POR | Paris (FRA) | 31-07-2003 |
| RN Juv B | 24.61 | MACHADO Tiago Andrade | SCA | Oeiras | 20-07-2017 |
| RN Inf A | 26.00 | RIBEIRO Diogo Matos | CUC | Coimbra | 19-05-2018 |
| RN Inf B | 27.00 | MIRANDA Jose Miguel | CFP | Coimbra | 11-08-1986 |
| S15 | 25.30 | NEVES Tiago Correia | CFB | Funchal | 23-03-2018 |
| S21 | 32.64 | SANTOS Filipe Bjorcke | POR | Olbia (ITA) | 20-09-2019 |

JO-Para 99 + S9: 26.74 / CEJun_Masc 15 - 18: 23.45 / CEPL 12 +: 22.54 / JO : 22.01

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|------------------|------------------------------|--------|-------------------------|--------------|-------|----------|-----|
| Absolutos | | | | | | | |
| 1. | MARQUES Miguel Henriques | 00 | Benfica | 23.62 | +0,67 | 693 | |
| 2. | RIBEIRO Diogo Matos | 04 | Uniao Coimbra | 23.92 | +0,92 | 668 | |
| 3. | AMORIM Alexandre Ferreira | 99 | Leixoes | 24.29 | +0,78 | 637 | |
| 4. | MACHADO Francisco Carvalho | 98 | Alges | 24.33 | +0,66 | 634 | |
| 5. | PADRELA Joao Esteves | 99 | Belenenses | 24.37 | +0,66 | 631 | |
| 6. | VAKULYUK Paulo | 03 | Torres Novas | 24.52 | +0,79 | 620 | |
| 7. | FERREIRA Bernardo Felgueiras | 03 | Colegio Efanor | 24.66 | +0,70 | 609 | |
| 8. | SILVA Ricardo Lopes | 03 | Nautico Marinha Grande | 24.70 | +0,67 | 606 | |
| 9. | REIS Rodrigo Miguel | 04 | Uniao Coimbra | 25.28 | +0,66 | 565 | |
| 10. | GOMES Goncalo Andre | 03 | Fundacao Beatriz Santos | 25.43 | +0,64 | 555 | |
| 11. | NEVES Tiago Correia | 97 S15 | Belenenses | 25.88 | +0,71 | 527 | |

Prova 8, Masc., 50m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------|-----|---------------------|--------------|-------|----------|-----|
| 12. | SILVA Pedro Miguel | 94 | Colegio Monte Maior | 26.15 | +0,70 | 511 | |
| 13. | BELEZAS Ricardo Andrade | 91 | S15 Sporting | 27.74 | +0,73 | 428 | |

Surdolimpicos

| | | | | | | | |
|----|-------------------------|----|----------------|--------------|-------|-----|--|
| 1. | NEVES Tiago Correia | 97 | S15 Belenenses | 25.88 | +0,71 | 527 | |
| 2. | BELEZAS Ricardo Andrade | 91 | S15 Sporting | 27.74 | +0,73 | 428 | |

S21

| | | | | | | | |
|----|------------------------|----|--------------|--------------|-------|-----|--|
| 1. | PEREIRA Vicente Barros | 05 | S21 Sporting | 33.74 | +0,78 | 238 | |
|----|------------------------|----|--------------|--------------|-------|-----|--|

Prova 9

Femin., 100m Mariposa

Absolutos
Resultados

13-02-2021 - 16:50

| | | | | | |
|-------------|---------|-----------------------|------|-----------------|------------|
| RN Absoluto | 58.76 | OLIVEIRA Sara Freitas | POR | Budapeste (HUN) | 12-08-2010 |
| RN Sen | 58.76 | OLIVEIRA Sara Freitas | POR | Budapeste (HUN) | 12-08-2010 |
| RN Jun 17 | 1:00.84 | CUNHA Mariana Pacheco | CNCE | Oeiras | 19-12-2020 |
| RN Jun 16 | 1:01.48 | CRUZ Sara Francisco | ADBA | Faro | 20-07-2009 |

CEJun_Fem 14 - 17: 1:01.69 / CEPL Abs: 59.31 / JO Absoluto: 57.92

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------------|---------------|---------------------|----------------|-------|----------|-----|
| 1. | GRAVETO Ana Raquel | 02 | Benfica | 1:04.18 | +0,77 | 645 | |
| | 50m: 30.56 30.56 | 100m: 1:04.18 | 33.62 | | | | |
| 2. | MOURA Maria Ferreira | 04 | Sporting | 1:04.89 | +0,77 | 624 | |
| | 50m: 30.56 30.56 | 100m: 1:04.89 | 34.33 | | | | |
| 3. | ALMEIDA Maria Carolina | 05 | Galitos/ Bresimar | 1:05.51 | +0,74 | 607 | |
| | 50m: 30.30 30.30 | 100m: 1:05.51 | 35.21 | | | | |
| 4. | LIMA Lia Ana | 01 | Alges | 1:05.99 | +0,78 | 594 | |
| | 50m: 31.37 31.37 | 100m: 1:05.99 | 34.62 | | | | |
| 5. | MESQUITA Francisca Salvador | 02 | Colegio Monte Maior | 1:06.66 | +0,75 | 576 | |
| | 50m: 31.42 31.42 | 100m: 1:06.66 | 35.24 | | | | |
| DNS | MONTEIRO Ana Catarina | 93 | Vilacondense | | | | |

Prova 10
13-02-2021 - 16:55

Masc., 200m Mariposa

Absoluto
Resultados

| | | | | | |
|-------------|---------|-------------------------|------|-------------------------|------------|
| RN Absoluto | 1:56.17 | OLIVEIRA Pedro Diogo | POR | Roma (ITA) | 28-07-2009 |
| RN Sen | 1:56.17 | OLIVEIRA Pedro Diogo | POR | Roma (ITA) | 28-07-2009 |
| RN Jun 18 | 2:01.46 | OLIVEIRA Pedro Diogo | POR | Palma de Mallorca (ESP) | 08-07-2006 |
| RN Jun 17 | 2:02.12 | OLIVEIRA Pedro Diogo | POR | Belgrado (HUN) | 16-07-2005 |
| RN Juv A | 2:03.76 | OLIVEIRA Pedro Diogo | CNRM | Lisboa | 31-07-2004 |
| RN Juv B | 2:08.12 | SILVA Jorge Jesus | SCB | Coimbra | 26-07-2015 |
| RN Inf A | 2:14.50 | SILVA Fabio Parrilha da | CNAL | Campanhã | 29-07-2001 |
| RN Inf B | 2:21.67 | SILVA Fabio Parrilha da | CNAL | S. Joao da Madeira | 23-07-2000 |
| S15 | 2:19.31 | NEVES Tiago Correia | CFB | Funchal | 22-03-2018 |

CEJun_Masc 15 - 18: 2:03.83 / CEPL 12 +: 1:59.05 / JO : 1:56.48

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------------------------------------------------------------------------------------|---------------|-----------------------|----------------|-------|---------------|-------|
| 1. | LOPES Jose Paulo | 00 | Braga | 2:03.36 | +0,65 | 723 | |
| | 50m: 28.12 28.12 | 100m: 59.79 | 31.67 | 150m: 1:31.63 | 31.84 | 200m: 2:03.36 | 31.73 |
| 2. | SILVA Henrique Gomes | 02 | Estamos Juntos | 2:04.68 | +0,69 | 700 | |
| | 50m: 28.10 28.10 | 100m: 59.29 | 31.19 | 150m: 1:32.45 | 33.16 | 200m: 2:04.68 | 32.23 |
| 3. | COSTA Tiago Cunha | 99 | Sporting | 2:07.22 | +0,75 | 659 | |
| | 50m: 28.05 28.05 | 100m: 1:00.16 | 32.11 | 150m: 1:33.38 | 33.22 | 200m: 2:07.22 | 33.84 |
| 4. | SIMOES Bernardo Jorge | 04 | Colegio Vasco da Gama | 2:08.34 | +0,80 | 642 | |
| | 50m: 28.90 28.90 | 100m: 1:01.71 | 32.81 | 150m: 1:34.92 | 33.21 | 200m: 2:08.34 | 33.42 |
| 5. | CARDOSO Diogo Santos | 01 | Colegio Monte Maior | 2:10.30 | +0,77 | 613 | |
| | 50m: 29.58 29.58 | 100m: 1:02.77 | 33.19 | 150m: 1:36.57 | 33.80 | 200m: 2:10.30 | 33.73 |
| 6. | CARVALHO Andre Antunes | 96 | Sporting | 2:10.38 | +0,89 | 612 | |
| | 50m: 29.17 29.17 | 100m: 1:02.26 | 33.09 | 150m: 1:36.53 | 34.27 | 200m: 2:10.38 | 33.85 |
| 7. | DIAS Rodrigo Reis | 03 | Belenenses | 2:10.97 | +0,71 | 604 | |
| | 50m: 28.15 28.15 | 100m: 1:01.20 | 33.05 | 150m: 1:35.33 | 34.13 | 200m: 2:10.97 | 35.64 |
| 8. | MARQUES Gustavo Pires | 04 | Uniao Coimbra | 2:16.16 | +0,74 | 537 | |
| | 50m: 29.56 29.56 | 100m: 1:04.10 | 34.54 | 150m: 1:40.35 | 36.25 | 200m: 2:16.16 | 35.81 |
| 9. | CRUZ Miguel Duarte | 99 S15 | Belenenses | 2:20.20 | +0,70 | 492 | |
| | 50m: 30.78 30.78 | 100m: 1:06.97 | 36.19 | 150m: 1:43.63 | 36.66 | 200m: 2:20.20 | 36.57 |
| DSQ | COSTA Diogo Santos | 02 | Colegio Monte Maior | | | | |
| | <i>SW 8.4 - O (a) atleta não tocou com as mãos na parede simultaneamente na viragem aos 100 metros</i> | | | | | | |

Prova 10, Masc., 200m Mariposa

Surdolimpicos

| | | | | | | |
|-----------------------|---------------|-------|---------------|----------------|---------------|-------|
| 1. CRUZ Miguel Duarte | 99 | S15 | Belenenses | 2:20.20 | +0,70 | 492 |
| 50m: 30.78 30.78 | 100m: 1:06.97 | 36.19 | 150m: 1:43.63 | 36.66 | 200m: 2:20.20 | 36.57 |

Prova 11

Femin., 200m Estilos

Absoluto

13-02-2021 - 17:00

Resultados

| | | | | | |
|-------------|---------|----------------------------|------|----------------------|------------|
| RN Absoluto | 2:13.87 | KAMINSKAYA Victoria | POR | Pontevedra (ESP) | 10-04-2017 |
| RN Sen | 2:13.87 | KAMINSKAYA Victoria | POR | Pontevedra (ESP) | 10-04-2017 |
| RN Jun 17 | 2:17.22 | PEREIRA Raquel Gomes | SAD | Coimbra | 30-03-2017 |
| RN Jun 16 | 2:20.61 | DURAES Diana Margarida | FOCA | Porto | 03-06-2012 |
| RN Juv A | 2:21.01 | PEREIRA Raquel Gomes | SAD | Coimbra | 04-04-2015 |
| RN Juv B | 2:23.60 | DURAES Diana Margarida | FOCA | Coimbra | 01-08-2010 |
| RN Inf A | 2:27.21 | FERNANDES Carolina Miranda | CGA | S. Joao da Madeira | 22-07-2018 |
| RN Inf B | 2:32.93 | FERNANDES Carolina Miranda | CGA | Loulé | 16-07-2017 |
| S5 | 4:26.08 | FRAGOSO Simone Silva | POR | Rio de Janeiro (BRA) | 15-09-2016 |

JO-Para S5: 4:41.15 / CEJun_Fem 14 - 17: 2:21.10 / CEPL Abs: 2:15.67 / JO : 2:12.56

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------------|---------------|-----------------------|----------------|-------|---------------|-------|
| 1. | REBELO Maria Carlota | 03 | Louzan Natacao/EFAPEL | 2:24.43 | +0,68 | 665 | |
| | 50m: 31.21 31.21 | 100m: 1:08.37 | 37.16 | 150m: 1:50.62 | 42.25 | 200m: 2:24.43 | 33.81 |
| 2. | CARDEAL Joana Nunes | 02 | Academico Viseu | 2:24.50 | +0,81 | 664 | |
| | 50m: 30.47 30.47 | 100m: 1:07.62 | 37.15 | 150m: 1:51.85 | 44.23 | 200m: 2:24.50 | 32.65 |
| 3. | MESQUITA Francisca Salvador | 02 | Colegio Monte Maior | 2:26.80 | +0,73 | 634 | |
| | 50m: 31.62 31.62 | 100m: 1:10.10 | 38.48 | 150m: 1:52.90 | 42.80 | 200m: 2:26.80 | 33.90 |
| 4. | MENDES Mariana Amaral | 02 | Colegio Monte Maior | 2:27.61 | +0,79 | 623 | |
| | 50m: 32.10 32.10 | 100m: 1:11.74 | 39.64 | 150m: 1:54.80 | 43.06 | 200m: 2:27.61 | 32.81 |
| 5. | LOPES Daniela Magalhaes | 05 | Famalicao | 2:31.31 | +0,83 | 579 | |
| | 50m: 31.91 31.91 | 100m: 1:13.02 | 41.11 | 150m: 1:57.51 | 44.49 | 200m: 2:31.31 | 33.80 |
| DNS | FRAGOSO Simone Silva | 80 | SM5 Palmela | | | | |

Paralimpicos

| | | | |
|-----|----------------------|----|-------------|
| DNS | FRAGOSO Simone Silva | 80 | SM5 Palmela |
|-----|----------------------|----|-------------|

Prova 12
13-02-2021 - 17:05

Masc., 400m Estilos

Absolutos
Resultados

| | | | | | |
|-------------|---------|-----------------------|-----|----------------------|------------|
| RN Absoluto | 4:15.84 | SANTOS Alexis Manacas | POR | Rio de Janeiro (BRA) | 06-08-2016 |
| RN Sen | 4:15.84 | SANTOS Alexis Manacas | POR | Rio de Janeiro (BRA) | 06-08-2016 |
| RN Jun 18 | 4:21.42 | LOPES Jose Paulo | POR | Helsinki (FIN) | 08-07-2018 |
| RN Jun 17 | 4:25.23 | VITAL Joao Alexandre | POR | Singapore (SGP) | 29-08-2015 |

CEPL 12 +: 4:23.04 / CEJun_Masc 15 - 18: 4:33.58 / JO Absoluto: 4:15.84

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|----------------------|---------------|------------------------|----------------|-------|---------------|-------|
| 1. | RAMOS Bruno Miguel | 97 | Belenenses | 4:35.90 | +0,67 | 690 | |
| | 50m: 27.46 27.46 | 150m: 1:35.54 | 35.90 | 250m: 2:50.32 | 40.40 | 350m: 4:04.05 | 33.11 |
| | 100m: 59.64 32.18 | 200m: 2:09.92 | 34.38 | 300m: 3:30.94 | 40.62 | 400m: 4:35.90 | 31.85 |
| 2. | BASTOS Lucas Pereira | 00 | Nautico Academico | 4:43.92 | +0,69 | 633 | |
| | 50m: 28.71 28.71 | 150m: 1:39.17 | 37.21 | 250m: 2:55.76 | 39.83 | 350m: 4:11.20 | 34.05 |
| | 100m: 1:01.96 33.25 | 200m: 2:15.93 | 36.76 | 300m: 3:37.15 | 41.39 | 400m: 4:43.92 | 32.72 |
| 3. | COSTA Tiago Cunha | 99 | Sporting | 4:45.95 | +0,67 | 620 | |
| | 50m: 29.20 29.20 | 150m: 1:40.72 | 38.70 | 250m: 3:00.59 | 42.55 | 350m: 4:15.29 | 32.34 |
| | 100m: 1:02.02 32.82 | 200m: 2:18.04 | 37.32 | 300m: 3:42.95 | 42.36 | 400m: 4:45.95 | 30.66 |
| 4. | COSTA Joao Peres | 04 | Naval Praia da Vitoria | 4:50.35 | +0,68 | 592 | |
| | 50m: 30.45 30.45 | 150m: 1:45.12 | 39.35 | 250m: 3:03.98 | 41.30 | 350m: 4:18.97 | 33.05 |
| | 100m: 1:05.77 35.32 | 200m: 2:22.68 | 37.56 | 300m: 3:45.92 | 41.94 | 400m: 4:50.35 | 31.38 |
| 5. | SILVA Nuno Marques | 04 | Ba-Leiria | 4:51.62 | +0,72 | 584 | |
| | 50m: 30.15 30.15 | 150m: 1:44.92 | 38.96 | 250m: 3:04.16 | 39.73 | 350m: 4:18.84 | 33.37 |
| | 100m: 1:05.96 35.81 | 200m: 2:24.43 | 39.51 | 300m: 3:45.47 | 41.31 | 400m: 4:51.62 | 32.78 |

Prova 13 Femin., 50m Costas Absolutos
13-02-2021 - 17:15 Resultados

| | | | | | |
|-------------|-------|-----------------------|-----|----------------|------------|
| RN Absoluto | 28.43 | AZEVEDO Rafaela Gomes | SAD | Lisboa | 09-02-2020 |
| RN Sen | 28.43 | AZEVEDO Rafaela Gomes | SAD | Lisboa | 09-02-2020 |
| RN Jun 17 | 28.55 | AZEVEDO Rafaela Gomes | POR | Kazan (RUS) | 05-07-2019 |
| RN Jun 17 | 28.55 | AZEVEDO Rafaela Gomes | POR | Budapest (HUN) | 23-08-2019 |
| RN Jun 16 | 29.33 | AZEVEDO Rafaela Gomes | SAD | Oeiras | 26-07-2018 |

JO-Para Absoluto S5: 51.08

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|---------------------------------------------------|-----|------------------------|--------------|-------|----------|-----|
| 1. | AZEVEDO Rafaela Gomes <i>Rec Nac, Igualado</i> | 02 | Alges | 28.43 | +0,67 | 854 | |
| 2. | REBELO Camila Rodrigues | 03 | Louzan Natacao/EFAPEL | 30.37 | +0,69 | 701 | |
| 3. | MESTRE Catarina Martins | 00 | Natacao de Lisboa | 30.38 | +0,62 | 700 | |
| 4. | FRISCHKNECHT Rita Barros | 98 | Alges | 30.42 | +0,66 | 697 | |
| 5. | CUNHA Mariana Pacheco | 04 | Colegio Efanor | 30.68 | +0,70 | 680 | |
| 6. | FERNANDES Carolina Miranda | 05 | Galitos/ Bresimar | 30.99 | +0,73 | 659 | |
| 7. | OLIVEIRA Ana Rita | 04 | Colegio Efanor | 31.07 | +0,69 | 654 | |
| 8. | AMADO Maria Lopes | 04 | Nautico Marinha Grande | 33.47 | +0,68 | 523 | |
| 9. | RODRIGUES Joana Francisca | 04 | Uniao Coimbra | 33.76 | +0,64 | 510 | |

Prova 14 Masc., 50m Mariposa Absoluto
13-02-2021 - 17:15 Resultados

| | | | | | |
|-------------|-------|-----------------------|-----|------------------------|------------|
| RN Absoluto | 23.72 | MORGADO Simao Gomes | POR | Malaga (ESP) | 05-04-2009 |
| RN Sen | 23.72 | MORGADO Simao Gomes | POR | Malaga (ESP) | 05-04-2009 |
| RN Jun 18 | 24.75 | LINO Rafael | FCP | Chalon-Sur-Saone (FRA) | 27-05-2017 |
| RN Jun 17 | 24.89 | VENANCIO Tiago Andre | CNS | Oeiras | 30-07-2004 |
| RN Juv A | 25.63 | tempo limite | | | |
| RN Juv B | 26.18 | tempo limite | | | |
| RN Inf A | 27.35 | tempo limite | | | |
| RN Inf B | 28.50 | tempo limite | | | |
| S21 | 32.68 | SANTOS Filipe Bjorcke | FCF | Vila Franca de Xira | 22-02-2015 |

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------|-----|-----------------------|--------------|-------|----------|-----|
| 1. | SANTOS Pedro Andre | 94 | Alges | 24.90 | +0,68 | 715 | |
| 2. | LOPES Gabriel Jose | 97 | Louzan Natacao/EFAPEL | 25.31 | +0,75 | 681 | |
| 3. | MARQUES Miguel Henriques | 00 | Benfica | 25.35 | +0,70 | 677 | |
| 4. | SIMOES Bernardo Jorge | 04 | Colegio Vasco da Gama | 25.77 | +0,79 | 645 | |
| 5. | MOGNE Igor Araujo | 96 | Sporting | 25.81 | +0,71 | 642 | |
| 6. | VAKULYUK Paulo | 03 | Torres Novas | 25.83 | +0,80 | 640 | |

Prova 14, Masc., 50m Mariposa, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|------------------------------|-----|-------------------------|--------------|-------|----------|-----|
| 7. | SILVA Henrique Gomes | 02 | Estamos Juntos | 26.41 | +0,65 | 599 | |
| | FERREIRA Bernardo Felgueiras | 03 | Colegio Efanor | 26.41 | +0,72 | 599 | |
| 9. | REIS Rodrigo Miguel | 04 | Uniao Coimbra | 26.77 | +0,64 | 575 | |
| 10. | CARVALHO Andre Antunes | 96 | Sporting | 27.18 | +0,76 | 550 | |
| 11. | SILVA Gustavo Carvalho | 04 | Naval Praia da Vitoria | 27.20 | +0,86 | 548 | |
| 12. | CARDOSO Diogo Santos | 01 | Colegio Monte Maior | 27.65 | +0,70 | 522 | |
| 13. | PAZ Antonio Manuel | 04 | Bombeiros Ponta Delgada | 28.26 | +0,66 | 489 | |
| 14. | ALMEIDA Andre Reis | 00 | S21 Sporting | 36.83 | +0,76 | 221 | |

S21

| | | | | | | | |
|----|------------------------|----|--------------|--------------|-------|-----|--|
| 1. | ALMEIDA Andre Reis | 00 | S21 Sporting | 36.83 | +0,76 | 221 | |
| 2. | PEREIRA Vicente Barros | 05 | S21 Sporting | 37.46 | +0,75 | 210 | |

Prova 15

Femin., 50m Bruços

 Absolutos
 Resultados

13-02-2021 - 17:20

| | | | | | |
|-------------|-------|-------------------------|-----|-------------------|------------|
| RN Absoluto | 31.35 | RODRIGUES Ana Pinho | AEJ | Coimbra | 01-04-2017 |
| RN Sen | 31.35 | RODRIGUES Ana Pinho | AEJ | Coimbra | 01-04-2017 |
| RN Jun 17 | 31.60 | CARVALHO Joana Catarina | FCP | Coimbra | 30-05-2009 |
| RN Jun 16 | 31.92 | RODRIGUES Ana Pinho | POR | Gorzow Wlwp (POL) | 28-03-2010 |

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|---------------------------|-----|---------------------|--------------|-------|----------|-----|
| 1. | RODRIGUES Ana Pinho | 94 | Desportiva de Viana | 32.22 | +0,71 | 759 | |
| 2. | CERDEIRA Madalena Reis | 03 | Sporting | 34.96 | +0,77 | 594 | |
| 3. | FERREIRA Margarida Filipe | 04 | Uniao Piedense | 35.32 | +0,73 | 576 | |
| DNS | MONTEIRO Ana Catarina | 93 | Vilacondense | | | | |

Prova 16
13-02-2021 - 17:25

Masc., 1500m Livres

Absolutos
Resultados

| | | | | | |
|-------------|----------|-----------------------|-----|------------------------|------------|
| RN Absoluto | 15:15.12 | PINA Guilherme Filipe | SCP | Coimbra | 30-03-2017 |
| RN Sen | 15:15.12 | PINA Guilherme Filipe | SCP | Coimbra | 30-03-2017 |
| RN Jun 18 | 15:23.46 | PINA Guilherme Filipe | POR | Hodmezovasarhely (HUN) | 07-07-2016 |
| RN Jun 17 | 15:43.45 | PINA Guilherme Filipe | POR | Singapore (SGP) | 30-08-2015 |

CEPL 12 +: 15:20.01 / CEJun_Masc 15 - 18: 15:56.90 / JO Absoluto: 15:00.99

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------------|---------------|----------------|-----------------|--------------|-----------------|-------|
| 1. | MACHADO Martim Miranda | 03 | Uniao Coimbra | 16:42.20 | +0,72 | 656 | |
| | 50m: 30.41 30.41 | 450m: 4:57.98 | 33.67 | 850m: 9:27.32 | 33.93 | 1250m: 13:56.27 | 33.07 |
| | 100m: 1:03.20 32.79 | 500m: 5:31.35 | 33.37 | 900m: 10:01.18 | 33.86 | 1300m: 14:29.87 | 33.60 |
| | 150m: 1:36.55 33.35 | 550m: 6:05.08 | 33.73 | 950m: 10:35.34 | 34.16 | 1350m: 15:03.35 | 33.48 |
| | 200m: 2:10.01 33.46 | 600m: 6:38.46 | 33.38 | 1000m: 11:08.72 | 33.38 | 1400m: 15:36.75 | 33.40 |
| | 250m: 2:43.78 33.77 | 650m: 7:12.49 | 34.03 | 1050m: 11:42.75 | 34.03 | 1450m: 16:10.19 | 33.44 |
| | 300m: 3:17.27 33.49 | 700m: 7:45.92 | 33.43 | 1100m: 12:16.41 | 33.66 | 1500m: 16:42.20 | 32.01 |
| | 350m: 3:50.87 33.60 | 750m: 8:19.79 | 33.87 | 1150m: 12:49.64 | 33.23 | | |
| | 400m: 4:24.31 33.44 | 800m: 8:53.39 | 33.60 | 1200m: 13:23.20 | 33.56 | | |
| 2. | MARQUES Gustavo Pires | 04 | Uniao Coimbra | 16:47.78 | +0,75 | 645 | |
| | 50m: 30.52 30.52 | 450m: 4:58.07 | 33.60 | 850m: 9:27.51 | 33.77 | 1250m: 13:58.33 | 34.14 |
| | 100m: 1:03.67 33.15 | 500m: 5:31.54 | 33.47 | 900m: 10:01.26 | 33.75 | 1300m: 14:31.93 | 33.60 |
| | 150m: 1:37.08 33.41 | 550m: 6:05.14 | 33.60 | 950m: 10:35.41 | 34.15 | 1350m: 15:06.04 | 34.11 |
| | 200m: 2:10.55 33.47 | 600m: 6:38.76 | 33.62 | 1000m: 11:09.07 | 33.66 | 1400m: 15:40.30 | 34.26 |
| | 250m: 2:44.06 33.51 | 650m: 7:12.69 | 33.93 | 1050m: 11:42.93 | 33.86 | 1450m: 16:14.40 | 34.10 |
| | 300m: 3:17.42 33.36 | 700m: 7:46.62 | 33.93 | 1100m: 12:16.90 | 33.97 | 1500m: 16:47.78 | 33.38 |
| | 350m: 3:50.85 33.43 | 750m: 8:20.12 | 33.50 | 1150m: 12:50.61 | 33.71 | | |
| | 400m: 4:24.47 33.62 | 800m: 8:53.74 | 33.62 | 1200m: 13:24.19 | 33.58 | | |
| 3. | LOPES Luis Afonso | 03 | Viver Santarem | 16:53.79 | +0,69 | 634 | |
| | 50m: 30.74 30.74 | 450m: 4:58.96 | 34.01 | 850m: 9:29.40 | 34.09 | 1250m: 14:03.24 | 34.52 |
| | 100m: 1:03.63 32.89 | 500m: 5:32.14 | 33.18 | 900m: 10:03.55 | 34.15 | 1300m: 14:37.70 | 34.46 |
| | 150m: 1:37.04 33.41 | 550m: 6:06.16 | 34.02 | 950m: 10:37.50 | 33.95 | 1350m: 15:12.31 | 34.61 |
| | 200m: 2:10.41 33.37 | 600m: 6:39.78 | 33.62 | 1000m: 11:11.80 | 34.30 | 1400m: 15:46.77 | 34.46 |
| | 250m: 2:44.28 33.87 | 650m: 7:13.80 | 34.02 | 1050m: 11:46.18 | 34.38 | 1450m: 16:20.97 | 34.20 |
| | 300m: 3:17.88 33.60 | 700m: 7:47.57 | 33.77 | 1100m: 12:20.07 | 33.89 | 1500m: 16:53.79 | 32.82 |
| | 350m: 3:51.82 33.94 | 750m: 8:21.54 | 33.97 | 1150m: 12:54.36 | 34.29 | | |
| | 400m: 4:24.95 33.13 | 800m: 8:55.31 | 33.77 | 1200m: 13:28.72 | 34.36 | | |
| 4. | RIBEIRO Diogo Matos | 04 | Uniao Coimbra | 17:24.45 | +0,72 | 579 | |
| | 50m: 30.59 30.59 | 450m: 4:59.24 | 34.07 | 850m: 9:42.00 | 35.70 | 1250m: 14:27.47 | 35.62 |
| | 100m: 1:03.69 33.10 | 500m: 5:33.71 | 34.47 | 900m: 10:17.37 | 35.37 | 1300m: 15:02.88 | 35.41 |
| | 150m: 1:37.25 33.56 | 550m: 6:08.74 | 35.03 | 950m: 10:53.24 | 35.87 | 1350m: 15:38.21 | 35.33 |
| | 200m: 2:10.54 33.29 | 600m: 6:43.38 | 34.64 | 1000m: 11:29.29 | 36.05 | 1400m: 16:13.68 | 35.47 |
| | 250m: 2:43.86 33.32 | 650m: 7:18.58 | 35.20 | 1050m: 12:04.83 | 35.54 | 1450m: 16:49.42 | 35.74 |
| | 300m: 3:17.88 34.02 | 700m: 7:54.17 | 35.59 | 1100m: 12:40.17 | 35.34 | 1500m: 17:24.45 | 35.03 |
| | 350m: 3:51.22 33.34 | 750m: 8:30.15 | 35.98 | 1150m: 13:16.01 | 35.84 | | |
| | 400m: 4:25.17 33.95 | 800m: 9:06.30 | 36.15 | 1200m: 13:51.85 | 35.84 | | |

Prova 17
13-02-2021 - 17:40

Femin., 1500m Livres

Absolutos
Resultados

| | | | | | |
|-------------|----------|-------------------------|-----|------------------------|------------|
| RN Absoluto | 16:15.12 | DURAES Diana Margarida | SLB | Lisboa | 09-02-2020 |
| RN Sen | 16:15.12 | DURAES Diana Margarida | SLB | Lisboa | 09-02-2020 |
| RN Jun 17 | 16:20.80 | HOLUB Tamila Hryhorivna | POR | Hodmezovasarhely (HUN) | 08-07-2016 |
| RN Jun 16 | 16:43.22 | HOLUB Tamila Hryhorivna | SCB | Singapore (SGP) | 29-08-2015 |

CEJun_Fem 14 - 17: 17:14.78 / CEPL Abs: 16:34.98 / JO Absoluto: 16:32.04

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------|---------------|-----------------|-----------------|--------------|-----------------|---------|
| 1. | HOLUB Tamila Hryhorivna | 99 | Braga | 16:35.49 | +0,77 | 790 | |
| | 50m: 31.04 31.04 | 450m: 4:56.50 | 33.18 | 850m: 9:22.32 | 33.34 | 1250m: 13:49.31 | 33.35 |
| | 100m: 1:03.89 32.85 | 500m: 5:29.75 | 33.25 | 900m: 9:55.65 | 33.33 | 1300m: 14:22.43 | 33.12 |
| | 150m: 1:37.25 33.36 | 550m: 6:02.94 | 33.19 | 950m: 10:28.95 | 33.30 | 1350m: 14:55.88 | 33.45 |
| | 200m: 2:10.44 33.19 | 600m: 6:36.07 | 33.13 | 1000m: 11:02.58 | 33.63 | 1400m: 15:29.47 | 33.59 |
| | 250m: 2:43.76 33.32 | 650m: 7:09.22 | 33.15 | 1050m: 11:36.03 | 33.45 | 1450m: 16:02.88 | 33.41 |
| | 300m: 3:16.95 33.19 | 700m: 7:42.41 | 33.19 | 1100m: 12:09.26 | 33.23 | 1500m: 16:35.49 | 32.61 |
| | 350m: 3:50.18 33.23 | 750m: 8:15.61 | 33.20 | 1150m: 12:42.63 | 33.37 | | |
| | 400m: 4:23.32 33.14 | 800m: 8:48.98 | 33.37 | 1200m: 13:15.96 | 33.33 | | |
| 2. | HENRIQUES Ines Jacinto | 00 | Sporting | 17:37.43 | +0,75 | 659 | |
| | 50m: 31.63 31.63 | 450m: 5:10.33 | 35.51 | 850m: 9:54.83 | 35.58 | 1250m: 14:40.71 | 36.13 |
| | 100m: 1:05.97 34.34 | 500m: 5:45.85 | 35.52 | 900m: 10:30.12 | 35.29 | 1300m: 15:16.37 | 35.66 |
| | 150m: 1:40.31 34.34 | 550m: 6:21.45 | 35.60 | 950m: 11:05.81 | 35.69 | 1350m: 15:51.85 | 35.48 |
| | 200m: 2:14.59 34.28 | 600m: 6:56.86 | 35.41 | 1000m: 11:41.20 | 35.39 | 1400m: 16:27.47 | 35.62 |
| | 250m: 2:49.25 34.66 | 650m: 7:32.33 | 35.47 | 1050m: 12:16.94 | 35.74 | 1450m: 17:02.60 | 35.13 |
| | 300m: 3:24.21 34.96 | 700m: 8:07.98 | 35.65 | 1100m: 12:52.63 | 35.69 | 1500m: 17:37.43 | 34.83 |
| | 350m: 3:59.37 35.16 | 750m: 8:43.64 | 35.66 | 1150m: 13:28.53 | 35.90 | | |
| | 400m: 4:34.82 35.45 | 800m: 9:19.25 | 35.61 | 1200m: 14:04.58 | 36.05 | | |
| 3. | CARDEAL Beatriz Nunes | 04 | Academico Viseu | 18:10.00 | +0,77 | 602 | |
| | 50m: 32.49 32.49 | 450m: 5:22.55 | 36.84 | 850m: 10:17.20 | 36.54 | 1250m: 15:10.05 | 36.50 |
| | 100m: 1:07.73 35.24 | 500m: 5:59.33 | 36.78 | 900m: 10:53.71 | 36.51 | 1300m: 15:46.41 | 36.36 |
| | 150m: 1:43.73 36.00 | 550m: 6:36.31 | 36.98 | 950m: 11:30.44 | 36.73 | 1350m: 16:22.96 | 36.55 |
| | 200m: 2:19.87 36.14 | 600m: 7:13.04 | 36.73 | 1000m: 12:07.10 | 36.66 | 1400m: 16:59.32 | 36.36 |
| | 250m: 2:56.19 36.32 | 650m: 7:49.98 | 36.94 | 1050m: 12:43.77 | 36.67 | 1500m: 18:10.00 | 1:10.68 |
| | 300m: 3:32.48 36.29 | 700m: 8:26.84 | 36.86 | 1100m: 13:20.35 | 36.58 | | |
| | 350m: 4:09.05 36.57 | 750m: 9:03.89 | 37.05 | 1150m: 13:56.93 | 36.58 | | |
| | 400m: 4:45.71 36.66 | 800m: 9:40.66 | 36.77 | 1200m: 14:33.55 | 36.62 | | |
| 4. | ALVES Joana Silva | 05 | Benedita | 18:10.81 | +0,75 | 600 | |
| | 50m: 32.82 32.82 | 450m: 5:25.19 | 36.65 | 850m: 10:18.47 | 36.33 | 1250m: 15:11.15 | 36.20 |
| | 100m: 1:08.44 35.62 | 500m: 6:01.82 | 36.63 | 900m: 10:54.84 | 36.37 | 1300m: 15:47.98 | 36.83 |
| | 150m: 1:44.95 36.51 | 550m: 6:38.78 | 36.96 | 950m: 11:31.45 | 36.61 | 1350m: 16:24.77 | 36.79 |
| | 200m: 2:21.46 36.51 | 600m: 7:15.66 | 36.88 | 1000m: 12:08.13 | 36.68 | 1400m: 17:01.08 | 36.31 |
| | 250m: 2:57.88 36.42 | 650m: 7:52.47 | 36.81 | 1050m: 12:44.61 | 36.48 | 1450m: 17:37.08 | 36.00 |
| | 300m: 3:34.65 36.77 | 700m: 8:29.22 | 36.75 | 1100m: 13:21.67 | 37.06 | 1500m: 18:10.81 | 33.73 |
| | 350m: 4:11.55 36.90 | 750m: 9:05.87 | 36.65 | 1150m: 13:58.41 | 36.74 | | |
| | 400m: 4:48.54 36.99 | 800m: 9:42.14 | 36.27 | 1200m: 14:34.95 | 36.54 | | |

Prova 18
14-02-2021 - 10:00

Masc., 400m Livres

Absoluto
Resultados

| | | | | | |
|-------------|---------|--------------------------|-----|------------------|------------|
| RN Absoluto | 3:51.89 | NASCIMENTO Miguel Duarte | POR | Glasgow (GBR) | 03-08-2018 |
| RN Sen | 3:51.89 | NASCIMENTO Miguel Duarte | POR | Glasgow (GBR) | 03-08-2018 |
| RN Jun 18 | 3:53.79 | LOPES Jose Paulo | SCB | Oeiras | 28-07-2018 |
| RN Jun 17 | 3:57.15 | SANTA Gustavo Manuel | POR | Helsinquia (FIN) | 14-07-2010 |
| RN Juv A | 3:59.38 | SANTA Gustavo Manuel | POR | Tampere (FIN) | 21-07-2009 |
| RN Juv B | 4:06.22 | COSTA Rui Filipe | VSC | Coimbra | 29-07-2006 |
| RN Inf A | 4:15.99 | OLIVEIRA Pedro Fontoura | CFB | Badajoz (ESP) | 11-07-2004 |
| RN Inf B | 4:28.42 | OLIVEIRA Pedro Fontoura | CFB | Restelo | 26-07-2003 |
| S6 | 5:18.61 | VIDEIRA Daniel Carlos | POR | Londres (GBR) | 09-09-2019 |
| S9 | 4:21.94 | GRACHAT David Realista | POR | Londres (GBR) | 04-09-2012 |

CEJun_Masc 15 - 18: 4:01.28 / CEPL 12 +: 3:51.98 / JO : 3:46.78

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------------|---------------|-------------------------|----------------|-------|---------------|-------|
| 1. | COSTA Tiago Cunha | 99 | Sporting | 4:04.43 | +0,66 | 729 | |
| | 50m: 27.68 27.68 | 150m: 1:28.23 | 30.74 | 250m: 2:30.83 | 31.33 | 350m: 3:33.93 | 31.47 |
| | 100m: 57.49 29.81 | 200m: 1:59.50 | 31.27 | 300m: 3:02.46 | 31.63 | 400m: 4:04.43 | 30.50 |
| 2. | SANTOS Pedro Miguel | 01 | Porto | 4:07.03 | +0,65 | 707 | |
| | 50m: 28.45 28.45 | 150m: 1:30.41 | 31.22 | 250m: 2:33.48 | 31.34 | 350m: 3:36.37 | 31.41 |
| | 100m: 59.19 30.74 | 200m: 2:02.14 | 31.73 | 300m: 3:04.96 | 31.48 | 400m: 4:07.03 | 30.66 |
| 3. | MARQUES Gustavo Pires | 04 | Uniao Coimbra | 4:13.73 | +0,70 | 652 | |
| | 50m: 28.03 28.03 | 150m: 1:31.99 | 32.39 | 250m: 2:36.54 | 32.22 | 350m: 3:41.80 | 32.81 |
| | 100m: 59.60 31.57 | 200m: 2:04.32 | 32.33 | 300m: 3:08.99 | 32.45 | 400m: 4:13.73 | 31.93 |
| 4. | RIBEIRO Diogo Matos | 04 | Uniao Coimbra | 4:14.76 | +0,69 | 644 | |
| | 50m: 27.14 27.14 | 150m: 1:28.42 | 31.88 | 250m: 2:35.09 | 32.98 | 350m: 3:42.04 | 33.55 |
| | 100m: 56.54 29.40 | 200m: 2:02.11 | 33.69 | 300m: 3:08.49 | 33.40 | 400m: 4:14.76 | 32.72 |
| 5. | MACHADO Martim Miranda | 03 | Uniao Coimbra | 4:15.34 | +0,80 | 640 | |
| | 50m: 28.42 28.42 | 150m: 1:32.86 | 32.64 | 250m: 2:38.99 | 33.22 | 350m: 3:44.79 | 32.86 |
| | 100m: 1:00.22 31.80 | 200m: 2:05.77 | 32.91 | 300m: 3:11.93 | 32.94 | 400m: 4:15.34 | 30.55 |
| 6. | LOPES Luis Afonso | 03 | Viver Santarem | 4:15.49 | +0,71 | 639 | |
| | 50m: 30.60 30.60 | 150m: 1:35.90 | 32.70 | 250m: 2:40.82 | 32.02 | 350m: 3:45.16 | 32.07 |
| | 100m: 1:03.20 32.60 | 200m: 2:08.80 | 32.90 | 300m: 3:13.09 | 32.27 | 400m: 4:15.49 | 30.33 |
| 7. | PAZ Antonio Manuel | 04 | Bombeiros Ponta Delgada | 4:16.93 | +0,64 | 628 | |
| | 50m: 29.70 29.70 | 150m: 1:35.59 | 32.85 | 250m: 2:41.44 | 32.87 | 350m: 3:46.53 | 32.41 |
| | 100m: 1:02.74 33.04 | 200m: 2:08.57 | 32.98 | 300m: 3:14.12 | 32.68 | 400m: 4:16.93 | 30.40 |
| 8. | GOMES Goncalo Andre | 03 | Fundacao Beatriz Santos | 4:18.46 | +0,65 | 617 | |
| | 50m: 28.44 28.44 | 150m: 1:33.65 | 32.85 | 250m: 2:39.42 | 32.83 | 350m: 3:45.93 | 33.68 |
| | 100m: 1:00.80 32.36 | 200m: 2:06.59 | 32.94 | 300m: 3:12.25 | 32.83 | 400m: 4:18.46 | 32.53 |
| 9. | CLARA Vitor Belo | 04 | Ba-Leiria | 4:22.79 | +0,83 | 587 | |
| | 50m: 30.82 30.82 | 150m: 1:37.74 | 33.64 | 250m: 2:43.91 | 32.42 | 350m: 3:49.46 | 32.52 |
| | 100m: 1:04.10 33.28 | 200m: 2:11.49 | 33.75 | 300m: 3:16.94 | 33.03 | 400m: 4:22.79 | 33.33 |

Prova 18, Masc., 400m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|------------------------|---------------|-----------|----------------|-------|---------------|-------|
| 10. | GRACHAT David Realista | 87 S9 | Gesloures | 4:31.47 | +0,79 | 532 | |
| | 50m: 31.66 31.66 | 150m: 1:39.80 | 34.30 | 250m: 2:49.39 | 34.95 | 350m: 3:58.40 | 34.26 |
| | 100m: 1:05.50 33.84 | 200m: 2:14.44 | 34.64 | 300m: 3:24.14 | 34.75 | 400m: 4:31.47 | 33.07 |
| 11. | VIDEIRA Daniel Carlos | 92 S6 | Gesloures | 5:42.53 | +0,82 | 265 | |
| | 50m: 38.27 38.27 | 150m: 2:04.75 | 43.69 | 250m: 3:31.63 | 43.49 | 350m: 4:59.87 | 43.98 |
| | 100m: 1:21.06 42.79 | 200m: 2:48.14 | 43.39 | 300m: 4:15.89 | 44.26 | 400m: 5:42.53 | 42.66 |

Paralimpicos

| | | | | | | | |
|----|------------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | GRACHAT David Realista | 87 S9 | Gesloures | 4:31.47 | +0,79 | 532 | |
| | 50m: 31.66 31.66 | 150m: 1:39.80 | 34.30 | 250m: 2:49.39 | 34.95 | 350m: 3:58.40 | 34.26 |
| | 100m: 1:05.50 33.84 | 200m: 2:14.44 | 34.64 | 300m: 3:24.14 | 34.75 | 400m: 4:31.47 | 33.07 |
| 2. | VIDEIRA Daniel Carlos | 92 S6 | Gesloures | 5:42.53 | +0,82 | 265 | |
| | 50m: 38.27 38.27 | 150m: 2:04.75 | 43.69 | 250m: 3:31.63 | 43.49 | 350m: 4:59.87 | 43.98 |
| | 100m: 1:21.06 42.79 | 200m: 2:48.14 | 43.39 | 300m: 4:15.89 | 44.26 | 400m: 5:42.53 | 42.66 |

Prova 19

Femin., 200m Livres

 Absolutos
 Resultados

14-02-2021 - 10:10

| | | | | | |
|-------------|---------|--------------------------|-----|-----------------|------------|
| RN Absoluto | 2:01.48 | DURAES Diana Margarida | POR | Budapeste (HUN) | 25-07-2017 |
| RN Sen | 2:01.48 | DURAES Diana Margarida | POR | Budapeste (HUN) | 25-07-2017 |
| RN Jun 17 | 2:03.11 | MARTINS Francisca Soares | POR | Loule | 16-08-2020 |
| RN Jun 16 | 2:02.89 | SOUSA Ana Reis | POR | Helsinki (FIN) | 06-07-2018 |

CEJun_Fem 14 - 17: 2:04.90 / CEPL Abs: 2:00.09 / JO Absoluto: 1:57.28

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------|---------------|-------------------------|----------------|-------|---------------|-------|
| 1. | CONCEICAO Ema Jeronimo | 03 | Fisica de Torres Vedras | 2:04.93 | +0,79 | 739 | |
| | 50m: 29.10 29.10 | 100m: 1:00.12 | 31.02 | 150m: 1:32.54 | 32.42 | 200m: 2:04.93 | 32.39 |
| 2. | MARTINS Francisca Soares | 03 | Foca Quinta da Lixa CNF | 2:04.98 | +0,72 | 738 | |
| | 50m: 28.89 28.89 | 100m: 59.62 | 30.73 | 150m: 1:32.10 | 32.48 | 200m: 2:04.98 | 32.88 |
| 3. | ANDRE Leticia Maia | 02 | Benfica | 2:09.57 | +0,72 | 662 | |
| | 50m: 29.95 29.95 | 100m: 1:02.23 | 32.28 | 150m: 1:35.12 | 32.89 | 200m: 2:09.57 | 34.45 |
| 4. | RAMOS Ana Rita | 02 | Porto | 2:10.39 | +0,81 | 650 | |
| | 50m: 30.71 30.71 | 100m: 1:03.35 | 32.64 | 150m: 1:36.75 | 33.40 | 200m: 2:10.39 | 33.64 |
| 5. | PINTO Mafalda Marques | 02 | Sporting | 2:10.84 | +0,71 | 643 | |
| | 50m: 29.96 29.96 | 100m: 1:03.13 | 33.17 | 150m: 1:38.08 | 34.95 | 200m: 2:10.84 | 32.76 |
| 6. | MENDES Mariana Amaral | 02 | Colegio Monte Maior | 2:11.77 | +0,79 | 630 | |
| | 50m: 31.94 31.94 | 100m: 1:05.53 | 33.59 | 150m: 1:39.40 | 33.87 | 200m: 2:11.77 | 32.37 |

Prova 19, Femin., 200m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------------|---------------|------------------------|----------------|---------------|----------|-----|
| 7. | MESQUITA Francisca Salvador | 02 | Colegio Monte Maior | 2:13.06 | +0,78 | 612 | |
| | 50m: 31.60 31.60 | 100m: 1:05.67 | 34.07 150m: 1:40.02 | 34.35 | 200m: 2:13.06 | 33.04 | |
| 8. | AMADO Maria Lopes | 04 | Nautico Marinha Grande | 2:16.83 | +0,71 | 562 | |
| | 50m: 31.65 31.65 | 100m: 1:05.59 | 33.94 150m: 1:40.88 | 35.29 | 200m: 2:16.83 | 35.95 | |
| 9. | ALMEIDA Maria Carolina | 05 | Galitos/ Bresimar | 2:18.72 | +0,75 | 540 | |
| | 50m: 32.20 32.20 | 100m: 1:07.24 | 35.04 150m: 1:43.16 | 35.92 | 200m: 2:18.72 | 35.56 | |
| DNS | MONTEIRO Ana Catarina | 93 | Vilacondense | | | | |

Prova 20

Masc., 200m Costas

Absolutos
Resultados

14-02-2021 - 10:20

| | | | | | |
|-------------|---------|----------------------|-----|----------------|------------|
| RN Absoluto | 1:58.83 | OLIVEIRA Pedro Diogo | POR | Londres (GBR) | 01-08-2012 |
| RN Sen | 1:58.83 | OLIVEIRA Pedro Diogo | POR | Londres (GBR) | 01-08-2012 |
| RN Jun 18 | 2:00.07 | COSTA Joao Nogueira | POR | Budapest (HUN) | 25-08-2019 |
| RN Jun 17 | 2:03.06 | OLIVEIRA Pedro Diogo | POR | Budapest (HUN) | 15-07-2005 |

CEJun_Masc 15 - 18: 2:04.74 / CEPL 12 +: 1:59.93 / JO Absoluto: 1:57.50

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------|---------------|------------------------|----------------|---------------|----------|-----|
| 1. | SANTOS Francisco Rogerio | 98 | Sporting | 2:04.43 | +0,64 | 727 | |
| | 50m: 28.23 28.23 | 100m: 59.64 | 31.41 150m: 1:32.16 | 32.52 | 200m: 2:04.43 | 32.27 | |
| 2. | LOPES Jose Paulo | 00 | Braga | 2:07.25 | +0,60 | 680 | |
| | 50m: 29.83 29.83 | 100m: 1:02.39 | 32.56 150m: 1:34.86 | 32.47 | 200m: 2:07.25 | 32.39 | |
| 3. | SILVA Gustavo Carvalho | 04 | Naval Praia da Vitoria | 2:12.06 | +0,71 | 608 | |
| | 50m: 30.72 30.72 | 100m: 1:04.66 | 33.94 150m: 1:38.38 | 33.72 | 200m: 2:12.06 | 33.68 | |
| 4. | SILVA Henrique Gomes | 02 | Estamos Juntos | 2:12.60 | +0,87 | 601 | |
| | 50m: 30.67 30.67 | 100m: 1:04.72 | 34.05 150m: 1:39.28 | 34.56 | 200m: 2:12.60 | 33.32 | |
| 5. | COSTA Joao Peres | 04 | Naval Praia da Vitoria | 2:15.57 | +0,64 | 562 | |
| | 50m: 31.92 31.92 | 100m: 1:06.43 | 34.51 150m: 1:40.93 | 34.50 | 200m: 2:15.57 | 34.64 | |
| 6. | BATE Miguel Ribeiro | 99 | Alges | 2:16.50 | +0,63 | 551 | |
| | 50m: 31.05 31.05 | 100m: 1:05.78 | 34.73 150m: 1:41.06 | 35.28 | 200m: 2:16.50 | 35.44 | |

Prova 21
14-02-2021 - 10:20

Femin., 100m Costas

Absolutos
Resultados

| | | | | | |
|-------------|---------|-------------------------|-----|----------------|------------|
| RN Absoluto | 1:01.17 | AZEVEDO Rafaela Gomes | SAD | Oeiras | 20-12-2020 |
| RN Sen | 1:01.17 | AZEVEDO Rafaela Gomes | SAD | Oeiras | 20-12-2020 |
| RN Jun 17 | 1:01.18 | AZEVEDO Rafaela Gomes | POR | Budapest (HUN) | 20-08-2019 |
| RN Jun 16 | 1:03.21 | REBELO Camila Rodrigues | ALN | Coimbra | 05-04-2019 |

CEJun_Fem 14 - 17: 1:04.59 / CEPL Abs: 1:02.11 / JO Absoluto: 1:00.25

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|----------------------------|---------------|-----------------------|----------------|-------|----------|-----|
| 1. | AZEVEDO Rafaela Gomes | 02 | Alges | 1:02.39 | +0,63 | 785 | |
| | 50m: 29.84 29.84 | 100m: 1:02.39 | 32.55 | | | | |
| 2. | REBELO Camila Rodrigues | 03 | Louzan Natacao/EFAPEL | 1:03.39 | +0,66 | 749 | |
| | 50m: 30.55 30.55 | 100m: 1:03.39 | 32.84 | | | | |
| 3. | MESTRE Catarina Martins | 00 | Natacao de Lisboa | 1:04.14 | +0,63 | 723 | |
| | 50m: 31.26 31.26 | 100m: 1:04.14 | 32.88 | | | | |
| 4. | FRISCHKNECHT Rita Barros | 98 | Alges | 1:04.83 | +0,65 | 700 | |
| | 50m: 31.15 31.15 | 100m: 1:04.83 | 33.68 | | | | |
| 5. | CUNHA Mariana Pacheco | 04 | Colegio Efanor | 1:05.26 | +0,70 | 686 | |
| | 50m: 31.64 31.64 | 100m: 1:05.26 | 33.62 | | | | |
| 6. | OLIVEIRA Ana Rita | 04 | Colegio Efanor | 1:06.50 | +0,66 | 648 | |
| | 50m: 32.01 32.01 | 100m: 1:06.50 | 34.49 | | | | |
| 7. | FERNANDES Carolina Miranda | 05 | Galitos/ Bresimar | 1:06.68 | +0,70 | 643 | |
| | 50m: 31.93 31.93 | 100m: 1:06.68 | 34.75 | | | | |
| 8. | CARDEAL Joana Nunes | 02 | Academico Viseu | 1:07.72 | +0,71 | 614 | |
| | 50m: 32.53 32.53 | 100m: 1:07.72 | 35.19 | | | | |
| 9. | RODRIGUES Joana Francisca | 04 | Uniao Coimbra | 1:12.56 | +0,64 | 499 | |
| | 50m: 34.60 34.60 | 100m: 1:12.56 | 37.96 | | | | |

Prova 22
14-02-2021 - 10:25

Masc., 200m Bruços

Absolutos
Resultados

| | | | | | |
|-------------|---------|------------------------|------|-----------------|------------|
| RN Absoluto | 2:13.21 | ALMEIDA Carlos Esteves | POR | Barcelona (ESP) | 01-08-2013 |
| RN Sen | 2:13.21 | ALMEIDA Carlos Esteves | POR | Barcelona (ESP) | 01-08-2013 |
| RN Jun 18 | 2:15.99 | SILVA Andre Miguel | PDEM | Faro | 20-07-2009 |
| RN Jun 17 | 2:19.00 | SANTOS Andre Goncalo | LSC | Oeiras | 26-07-2014 |
| S21 | 3:14.60 | VAZ Joao Francisco | POR | Olbia (ITA) | 21-09-2019 |

CEJun_Masc 15 - 18: 2:19.25 / CEPL 12 +: 2:13.89 / JO Absoluto: 2:10.35

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|------------------|--------------------------|---------------|---------------------|----------------|-------|---------------|-------|
| Absolutos | | | | | | | |
| 1. | QUINTAS Francisco Robalo | 95 | Sporting | 2:18.06 | +0,67 | 762 | |
| | 50m: 31.69 31.69 | 100m: 1:07.73 | 36.04 | 150m: 1:43.72 | 35.99 | 200m: 2:18.06 | 34.34 |
| 2. | SIMOES Rafael Gomes | 00 | Braga | 2:19.11 | | 745 | |
| | 50m: 31.39 31.39 | 100m: 1:07.76 | 36.37 | 150m: 1:44.13 | 36.37 | 200m: 2:19.11 | 34.98 |
| 3. | MENDES Antonio Manuel | 99 | Sporting | 2:22.74 | +0,80 | 689 | |
| | 50m: 32.65 32.65 | 100m: 1:08.60 | 35.95 | 150m: 1:45.64 | 37.04 | 200m: 2:22.74 | 37.10 |
| 4. | REBELO Joao Lourenco | 04 | Alges | 2:28.60 | +0,69 | 611 | |
| | 50m: 33.54 33.54 | 100m: 1:11.43 | 37.89 | 150m: 1:49.90 | 38.47 | 200m: 2:28.60 | 38.70 |
| 5. | CABRITO Rodrigo Almeida | 01 | Belenenses | 2:28.67 | +0,78 | 610 | |
| | 50m: 33.18 33.18 | 100m: 1:10.47 | 37.29 | 150m: 1:49.66 | 39.19 | 200m: 2:28.67 | 39.01 |
| 6. | PEREIRA Ricardo Samuel | 03 | Benfica | 2:29.97 | +0,62 | 594 | |
| | 50m: 33.54 33.54 | 100m: 1:13.46 | 39.92 | 150m: 1:52.73 | 39.27 | 200m: 2:29.97 | 37.24 |
| 7. | SILVA Pedro Miguel | 94 | Colegio Monte Maior | 2:31.84 | +0,72 | 573 | |
| | 50m: 33.98 33.98 | 100m: 1:13.19 | 39.21 | 150m: 1:52.59 | 39.40 | 200m: 2:31.84 | 39.25 |
| 8. | CARDOSO Diogo Santos | 01 | Colegio Monte Maior | 2:32.36 | | 567 | |
| | 50m: 35.42 35.42 | 100m: 1:14.76 | 39.34 | 150m: 1:53.69 | 38.93 | 200m: 2:32.36 | 38.67 |
| 9. | VAZ Joao Francisco | 92 SB21 | Sporting | 3:17.51 | +0,86 | 260 | |
| | 50m: 43.49 43.49 | 100m: 1:32.78 | 49.29 | 150m: 2:24.95 | 52.17 | 200m: 3:17.51 | 52.56 |

S21

| | | | | | | | |
|----|--------------------|---------------|----------|----------------|-------|---------------|-------|
| 1. | VAZ Joao Francisco | 92 SB21 | Sporting | 3:17.51 | +0,86 | 260 | |
| | 50m: 43.49 43.49 | 100m: 1:32.78 | 49.29 | 150m: 2:24.95 | 52.17 | 200m: 3:17.51 | 52.56 |

Prova 23
14-02-2021 - 10:35

Femin., 100m Bruços

Absolutos
Resultados

| | | | | | |
|-------------|---------|----------------------|-----|-----------------|------------|
| RN Absoluto | 1:08.82 | RODRIGUES Ana Pinho | AEJ | Coimbra | 31-05-2015 |
| RN Sen | 1:08.82 | RODRIGUES Ana Pinho | AEJ | Coimbra | 31-05-2015 |
| RN Jun 17 | 1:10.00 | PEREIRA Raquel Gomes | SAD | Coimbra | 31-03-2017 |
| RN Jun 16 | 1:10.09 | GOMES Diana Duarte | POR | Budapeste (HUN) | 17-07-2005 |

CEJun_Fem 14 - 17: 1:11.31 / CEPL Abs: 1:08.56 / JO Absoluto: 1:07.07

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|---------------------------|---------------|---------------------|----------------|-------|----------|-----|
| 1. | CERDEIRA Madalena Reis | 03 | Sporting | 1:14.24 | | 644 | |
| | 50m: 35.73 35.73 | 100m: 1:14.24 | 38.51 | | | | |
| 2. | REIS Erica Cristina | 05 | Sporting | 1:16.51 | +0,74 | 588 | |
| | 50m: 36.53 36.53 | 100m: 1:16.51 | 39.98 | | | | |
| 3. | FERREIRA Margarida Filipe | 04 | Uniao Piedense | 1:17.26 | +0,77 | 571 | |
| | 50m: 36.44 36.44 | 100m: 1:17.26 | 40.82 | | | | |
| 4. | MENDES Mariana Amaral | 02 | Colegio Monte Maior | 1:18.52 | +0,80 | 544 | |
| | 50m: 38.00 38.00 | 100m: 1:18.52 | 40.52 | | | | |

Prova 24
14-02-2021 - 10:40

Masc., 100m Livres

Absoluto
Resultados

| | | | | | |
|-------------|---------|--------------------------|-------|-------------|------------|
| RN Absoluto | 49.04 | NASCIMENTO Miguel Duarte | SLB | Oeiras | 20-12-2020 |
| RN Sen | 49.04 | NASCIMENTO Miguel Duarte | SLB | Oeiras | 20-12-2020 |
| RN Jun 18 | 50.24 | VENANCIO Tiago Andre | CNS | Oeiras | 19-03-2005 |
| RN Jun 17 | 49.59 | VENANCIO Tiago Andre | POR | Oeiras | 15-07-2004 |
| RN Juv A | 52.10 | VENANCIO Tiago Andre | POR | Paris (FRA) | 28-07-2003 |
| RN Juv B | 52.51 | RIBEIRO Diogo Matos | CUC | Funchal | 04-08-2019 |
| RN Inf A | 55.53 | FERRO David Miguel | SFUAP | Campanhã | 26-07-1998 |
| RN Inf B | 58.47 | NUNES Joao Magalhaes | CNA | Rio Maior | 22-07-2012 |
| S15 | 55.31 | NEVES Tiago Correia | CFB | Coimbra | 18-03-2018 |
| S21 | 1:13.55 | ALMEIDA Andre Reis | POR | Olbia (ITA) | 21-09-2019 |

CEJun_Masc 15 - 18: 51.54 / CEPL 12 +: 49.55 / JO : 48.57

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|------------------------------|-------------|----------------|--------------|-------|----------|-----|
| 1. | PADRELA Joao Esteves | 99 | Belenenses | 53.43 | +0,68 | 676 | |
| | 50m: 25.68 25.68 | 100m: 53.43 | 27.75 | | | | |
| 2. | FERREIRA Bernardo Felgueiras | 03 | Colegio Efanor | 53.91 | +0,84 | 658 | |
| | 50m: 25.78 25.78 | 100m: 53.91 | 28.13 | | | | |
| 3. | AMORIM Alexandre Ferreira | 99 | Leixoes | 54.32 | +0,69 | 644 | |
| | 50m: 26.30 26.30 | 100m: 54.32 | 28.02 | | | | |

Prova 24, Masc., 100m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|---------------------------------------------|--------|----------------------------------------------|----------------|-------|----------|-----|
| 4. | REIS Rodrigo Miguel 50m: 26.15 26.15 | 04 | Uniao Coimbra 100m: 54.33 28.18 | 54.33 | | 643 | |
| 5. | SILVA Ricardo Lopes 50m: 25.91 25.91 | 03 | Nautico Marinha Grande 100m: 54.47 28.56 | 54.47 | +0,68 | 638 | |
| 6. | PAZ Antonio Manuel 50m: 26.71 26.71 | 04 | Bombeiros Ponta Delgada 100m: 55.45 28.74 | 55.45 | +0,65 | 605 | |
| 7. | GOMES Goncalo Andre 50m: 27.19 27.19 | 03 | Fundacao Beatriz Santos 100m: 57.02 29.83 | 57.02 | +0,66 | 556 | |
| 8. | BELEZAS Ricardo Andrade 50m: 28.94 28.94 | 91 S15 | Sporting 100m: 1:00.27 31.33 | 1:00.27 | | 471 | |
| 9. | MATOS Diogo Alexandre 50m: 37.17 37.17 | 99 S21 | Gesloures 100m: 1:18.34 41.17 | 1:18.34 | +0,75 | 214 | |
| 10. | ALMEIDA Andre Reis 50m: 36.02 36.02 | 00 S21 | Sporting 100m: 1:18.55 42.53 | 1:18.55 | +1,01 | 212 | |

Surdolimpicos

| | | | | | | | |
|----|---------------------------------------------|--------|---------------------------------|----------------|--|-----|--|
| 1. | BELEZAS Ricardo Andrade 50m: 28.94 28.94 | 91 S15 | Sporting 100m: 1:00.27 31.33 | 1:00.27 | | 471 | |
|----|---------------------------------------------|--------|---------------------------------|----------------|--|-----|--|

S21

| | | | | | | | |
|----|--------------------------------------------|--------|----------------------------------|----------------|-------|-----|--|
| 1. | MATOS Diogo Alexandre 50m: 37.17 37.17 | 99 S21 | Gesloures 100m: 1:18.34 41.17 | 1:18.34 | +0,75 | 214 | |
| | ALMEIDA Andre Reis 50m: 36.02 36.02 | 00 S21 | Sporting 100m: 1:18.55 42.53 | 1:18.55 | +1,01 | 212 | |
| | PEREIRA Vicente Barros 50m: 37.77 37.77 | 05 S21 | Sporting 100m: 1:24.49 46.72 | 1:24.49 | +0,79 | 171 | |

Prova 25
14-02-2021 - 10:40

Femin., 50m Livres

Absoluto
Resultados

| | | | | | |
|-------------|-------|----------------------------|------|--------------------|------------|
| RN Absoluto | 25.56 | RODRIGUES Ana Pinho | ADS | Funchal | 03-08-2019 |
| RN Sen | 25.56 | RODRIGUES Ana Pinho | ADS | Funchal | 03-08-2019 |
| RN Jun 17 | 26.25 | VIEGAS Beatriz Mendes | POR | Uster (SUI) | 05-02-2017 |
| RN Jun 16 | 26.21 | RODRIGUES Ana Pinho | AEJ | Coimbra | 10-04-2010 |
| RN Juv A | 26.78 | PEREIRA Maria Gomes | SAD | Coimbra | 05-04-2019 |
| RN Juv B | 27.17 | GUEDES Ana Margarida | GCVR | Coimbra | 31-05-2015 |
| RN Inf A | 27.86 | FERNANDES Carolina Miranda | CGA | Lisboa | 10-02-2018 |
| RN Inf B | 28.36 | FERNANDES Carolina Miranda | CGA | S. Joao da Madeira | 15-06-2017 |
| S9 | 29.17 | VEIGA Susana Pereira | POR | Londres (GBR) | 15-09-2019 |

CEJun_Fem 14 - 17: 26.33 / CEPL Abs: 25.32 / JO : 24.77

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|------------------|----------------------------|-----|--------------------------|--------------|-------|----------|-----|
| Absolutos | | | | | | | |
| 1. | RODRIGUES Ana Pinho | 94 | Desportiva de Viana | 26.47 | +0,71 | 715 | |
| 2. | FERNANDES Carolina Miranda | 05 | Galitos/ Bresimar | 26.92 | +0,70 | 679 | |
| 3. | ANDRE Leticia Maia | 02 | Benfica | 27.90 | | 610 | |
| 4. | PINTO Mafalda Marques | 02 | Sporting | 28.18 | +0,71 | 592 | |
| 5. | RODRIGUES Joana Francisca | 04 | Uniao Coimbra | 28.28 | +0,70 | 586 | |
| 6. | MESTRE Catarina Martins | 00 | Natacao de Lisboa | 28.41 | +0,74 | 578 | |
| 7. | ALMEIDA Maria Carolina | 05 | Galitos/ Bresimar | 28.93 | | 547 | |
| 8. | AMADO Maria Lopes | 04 | Nautico Marinha Grande | 30.09 | +0,73 | 486 | |
| 9. | VEIGA Susana Pereira | 00 | S9 Colegio Vasco da Gama | 30.32 | +0,86 | 475 | |

Paralimpicos

| | | | | | | | |
|----|----------------------|----|--------------------------|--------------|-------|-----|--|
| 1. | VEIGA Susana Pereira | 00 | S9 Colegio Vasco da Gama | 30.32 | +0,86 | 475 | |
|----|----------------------|----|--------------------------|--------------|-------|-----|--|

Prova 26
14-02-2021 - 10:45

Masc., 100m Mariposa

Absoluto
Resultados

| | | | | | |
|-------------|---------|--------------------------|------|--------------------|------------|
| RN Absoluto | 52.42 | CARVALHO Diogo Filipe | CGA | Lisboa | 29-03-2009 |
| RN Sen | 52.42 | CARVALHO Diogo Filipe | CGA | Lisboa | 29-03-2009 |
| RN Jun 18 | 54.16 | NASCIMENTO Miguel Duarte | POR | Kiev (UKR) | 07-04-2013 |
| RN Jun 17 | 54.77 | VENANCIO Tiago Andre | CNS | Oeiras | 29-07-2004 |
| RN Juv A | 56.05 | VAKULYUK Paulo | CNTN | Funchal | 03-08-2019 |
| RN Juv B | 56.61 | RIBEIRO Diogo Matos | CUC | Funchal | 03-08-2019 |
| RN Inf A | 59.19 | RIBEIRO Diogo Matos | CUC | S. Joao da Madeira | 21-07-2018 |
| RN Inf B | 1:03.64 | SILVA Fabio Parrilha da | CNAL | S. Joao da Madeira | 22-07-2000 |
| S15 | 59.56 | NEVES Tiago Correia | POR | São Paulo (BRA) | 27-08-2019 |

CEJun_Masc 15 - 18: 55.25 / CEPL 12 +: 53.12 / JO : 51.96

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|------------------|------------------------|---------------|-----------------------|----------------|-------|----------|-----|
| Absolutos | | | | | | | |
| 1. | SANTOS Pedro Andre | 94 | Alges | 55.39 | +0,70 | 713 | |
| | 50m: 25.97 25.97 | 100m: 55.39 | 29.42 | | | | |
| 2. | RAMOS Bruno Miguel | 97 | Belenenses | 56.28 | +0,70 | 680 | |
| | 50m: 26.78 26.78 | 100m: 56.28 | 29.50 | | | | |
| 3. | VAKULYUK Paulo | 03 | Torres Novas | 57.04 | +0,68 | 653 | |
| | 50m: 26.58 26.58 | 100m: 57.04 | 30.46 | | | | |
| 4. | SIMOES Bernardo Jorge | 04 | Colegio Vasco da Gama | 57.82 | +0,68 | 627 | |
| | 50m: 27.02 27.02 | 100m: 57.82 | 30.80 | | | | |
| 5. | MOGNE Igor Araujo | 96 | Sporting | 58.00 | +0,74 | 621 | |
| | 50m: 27.17 27.17 | 100m: 58.00 | 30.83 | | | | |
| 6. | CARVALHO Andre Antunes | 96 | Sporting | 59.66 | +0,85 | 571 | |
| | 50m: 28.43 28.43 | 100m: 59.66 | 31.23 | | | | |
| 7. | DIAS Rodrigo Reis | 03 | Belenenses | 59.74 | +0,72 | 568 | |
| | 50m: 27.43 27.43 | 100m: 59.74 | 32.31 | | | | |
| 8. | CARDOSO Diogo Santos | 01 | Colegio Monte Maior | 1:00.56 | +0,70 | 546 | |
| | 50m: 28.69 28.69 | 100m: 1:00.56 | 31.87 | | | | |
| 9. | NEVES Tiago Correia | 97 S15 | Belenenses | 1:02.13 | | 505 | |
| | 50m: 29.13 29.13 | 100m: 1:02.13 | 33.00 | | | | |

Surdolimpicos

| | | | | | | |
|----|---------------------|---------------|------------|----------------|--|-----|
| 1. | NEVES Tiago Correia | 97 S15 | Belenenses | 1:02.13 | | 505 |
| | 50m: 29.13 29.13 | 100m: 1:02.13 | 33.00 | | | |

Prova 27
14-02-2021 - 10:50

Femin., 200m Mariposa

Absolutos
Resultados

| | | | | | |
|-------------|---------|---------------------------|-----|---------------|------------|
| RN Absoluto | 2:08.03 | MONTEIRO Ana Catarina | POR | Glasgow (GBR) | 06-08-2018 |
| RN Sen | 2:08.03 | MONTEIRO Ana Catarina | POR | Glasgow (GBR) | 06-08-2018 |
| RN Jun 17 | 2:12.56 | OLIVEIRA Sara Freitas | POR | Berlim (GER) | 04-08-2002 |
| RN Jun 16 | 2:17.09 | BARBOSA Mariana Fernandes | FCP | Oeiras | 29-07-2018 |

CEJun_Fem 14 - 17: 2:17.07 / CEPL Abs: 2:11.79 / JO Absoluto: 2:08.43

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------------|---------------|---------------------|----------------|-------|---------------|-------|
| 1. | HENRIQUES Ines Jacinto | 00 | Sporting | 2:17.88 | +0,59 | 689 | |
| | 50m: 30.94 30.94 | 100m: 1:05.28 | 34.34 | 150m: 1:41.83 | 36.55 | 200m: 2:17.88 | 36.05 |
| 2. | GRAVETO Ana Raquel | 02 | Benfica | 2:20.44 | +0,78 | 652 | |
| | 50m: 31.82 31.82 | 100m: 1:08.09 | 36.27 | 150m: 1:44.59 | 36.50 | 200m: 2:20.44 | 35.85 |
| 3. | MOURA Maria Ferreira | 04 | Sporting | 2:21.39 | +0,78 | 639 | |
| | 50m: 31.16 31.16 | 100m: 1:06.01 | 34.85 | 150m: 1:43.10 | 37.09 | 200m: 2:21.39 | 38.29 |
| 4. | MESQUITA Francisca Salvador | 02 | Colegio Monte Maior | 2:24.21 | +0,80 | 602 | |
| | 50m: 32.25 32.25 | 100m: 1:08.78 | 36.53 | 150m: 1:46.36 | 37.58 | 200m: 2:24.21 | 37.85 |
| 5. | MENDES Mariana Amaral | 02 | Colegio Monte Maior | 2:25.90 | +0,84 | 581 | |
| | 50m: 33.01 33.01 | 100m: 1:10.37 | 37.36 | 150m: 1:48.45 | 38.08 | 200m: 2:25.90 | 37.45 |
| 6. | CARDEAL Beatriz Nunes | 04 | Academico Viseu | 2:27.44 | +0,81 | 563 | |
| | 50m: 32.09 32.09 | 100m: 1:08.89 | 36.80 | 150m: 1:48.61 | 39.72 | 200m: 2:27.44 | 38.83 |
| DNS | MONTEIRO Ana Catarina | 93 | Vilacondense | | | | |

Prova 28
14-02-2021 - 10:55

Masc., 200m Estilos

Absoluto
Resultados

| | | | | | |
|-------------|---------|------------------------|------|-----------------|------------|
| RN Absoluto | 1:58.19 | SANTOS Alexis Manacas | SCP | Coimbra | 06-04-2019 |
| RN Sen | 1:58.19 | SANTOS Alexis Manacas | SCP | Coimbra | 06-04-2019 |
| RN Jun 18 | 2:02.55 | LOPES Jose Paulo | POR | Helsinki (FIN) | 06-07-2018 |
| RN Jun 17 | 2:04.32 | ALMEIDA Carlos Esteves | POR | Budapeste (HUN) | 17-07-2005 |
| RN Juv A | 2:08.11 | ALMEIDA Carlos Esteves | CNA | Lisboa | 31-07-2004 |
| RN Juv B | 2:10.83 | SILVA Jorge Jesus | SCB | Coimbra | 26-07-2015 |
| RN Inf A | 2:16.63 | RIBAS Alexandre Lages | EDV | Lisboa | 24-07-2011 |
| RN Inf B | 2:22.36 | RUIVO Andre Vilas | DNMG | Coimbra | 23-06-2013 |
| S21 | 3:02.61 | VAZ Joao Francisco | POR | Olbia (ITA) | 18-09-2019 |

JO-Para S8: 2:51.39 / CEJun_Masc 15 - 18: 2:07.06 / CEPL 12 +: 2:02.17 / JO : 1:59.67

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|----------------------------------------------------------------------------------------|---------------------|------------------------|---------------------|-------|----------|-----|
| 1. | LOPES Gabriel Jose <i>Minimos CEPL</i> | 97 | Louzan Natacao/EFAPEL | 2:01.86 | | 818 | |
| | 50m: 25.97 25.97 | 100m: 56.70 30.73 | 150m: 1:31.46 34.76 | 200m: 2:01.86 30.40 | | | |
| 2. | LOPES Jose Paulo | 00 | Braga | 2:06.74 | +0,67 | 727 | |
| | 50m: 26.79 26.79 | 100m: 58.82 32.03 | 150m: 1:36.30 37.48 | 200m: 2:06.74 30.44 | | | |
| 3. | SILVA Henrique Gomes | 02 | Estamos Juntos | 2:09.74 | +0,80 | 678 | |
| | 50m: 27.83 27.83 | 100m: 1:00.76 32.93 | 150m: 1:38.78 38.02 | 200m: 2:09.74 30.96 | | | |
| 4. | COSTA Diogo Santos | 02 | Colegio Monte Maior | 2:11.35 | +0,68 | 653 | |
| | 50m: 27.92 27.92 | 100m: 1:01.19 33.27 | 150m: 1:41.61 40.42 | 200m: 2:11.35 29.74 | | | |
| 5. | COSTA Joao Peres | 04 | Naval Praia da Vitoria | 2:13.25 | | 626 | |
| | 50m: 27.85 27.85 | 100m: 1:02.57 34.72 | 150m: 1:42.43 39.86 | 200m: 2:13.25 30.82 | | | |
| 6. | BASTOS Lucas Pereira | 00 | Nautico Academico | 2:13.34 | +0,81 | 624 | |
| | 50m: 27.91 27.91 | 100m: 1:02.68 34.77 | 150m: 1:40.69 38.01 | 200m: 2:13.34 32.65 | | | |
| 7. | RIBEIRO Diogo Matos | 04 | Uniao Coimbra | 2:16.81 | +0,69 | 578 | |
| | 50m: 27.53 27.53 | 100m: 1:02.36 34.83 | 150m: 1:43.50 41.14 | 200m: 2:16.81 33.31 | | | |
| 8. | SILVA Pedro Miguel | 94 | Colegio Monte Maior | 2:19.09 | +0,73 | 550 | |
| | 50m: 29.93 29.93 | 100m: 1:06.90 36.97 | 150m: 1:46.97 40.07 | 200m: 2:19.09 32.12 | | | |
| 9. | VAZ Joao Francisco | 92 | SM21 Sporting | 3:08.77 | +0,86 | 220 | |
| | 50m: 39.69 39.69 | 100m: 1:32.35 52.66 | 150m: 2:22.17 49.82 | 200m: 3:08.77 46.60 | | | |
| 10. | ALMEIDA Andre Reis | 00 | SM21 Sporting | 3:16.64 | +0,82 | 194 | |
| | 50m: 38.92 38.92 | 100m: 1:30.38 51.46 | 150m: 2:29.51 59.13 | 200m: 3:16.64 47.13 | | | |
| DSQ | SANTOS Alexis Manacas | 92 | Sporting | | | | |
| | <i>SW 6.2 - O (a) atleta perdeu a posição dorsal durante na viragem aos 100 metros</i> | | | | | | |

Prova 28, Masc., 200m Estilos

S21

| | | | | | |
|-----------------------|---------------------|---------------------|---------------------|-------|-----|
| 1. VAZ Joao Francisco | 92 | SM21 Sporting | 3:08.77 | +0,86 | 220 |
| 50m: 39.69 39.69 | 100m: 1:32.35 52.66 | 150m: 2:22.17 49.82 | 200m: 3:08.77 46.60 | | |
| ALMEIDA Andre Reis | 00 | SM21 Sporting | 3:16.64 | +0,82 | 194 |
| 50m: 38.92 38.92 | 100m: 1:30.38 51.46 | 150m: 2:29.51 59.13 | 200m: 3:16.64 47.13 | | |

Prova 29

Femin., 400m Estilos

Absolutos
Resultados

14-02-2021 - 11:05

| | | | | | |
|-------------|---------|---------------------|-------|------------------|------------|
| RN Absoluto | 4:40.11 | KAMINSKAYA Victoria | POR | Pontevedra (ESP) | 09-04-2017 |
| RN Sen | 4:40.11 | KAMINSKAYA Victoria | POR | Pontevedra (ESP) | 09-04-2017 |
| RN Jun 17 | 4:52.12 | KAMINSKAYA Victoria | PIMP | Oeiras | 27-07-2012 |
| RN Jun 16 | 4:54.00 | ROCHA Ines Neto | SANNP | Gijón (ESP) | 20-05-2017 |

CEJun_Fem 14 - 17: 4:55.87 / CEPL Abs: 4:44.49 / JO Absoluto: 4:38.53

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------|---------------------|-----------------------|---------------------|-------|----------|-----|
| 1. | CABRAL Maria Francisca | 00 | Porto | 5:01.06 | | 692 | |
| | 50m: 32.02 32.02 | 150m: 1:46.92 38.60 | 250m: 3:08.80 43.71 | 350m: 4:27.34 34.89 | | | |
| | 100m: 1:08.32 36.30 | 200m: 2:25.09 38.17 | 300m: 3:52.45 43.65 | 400m: 5:01.06 33.72 | | | |
| 2. | CARDEAL Joana Nunes | 02 | Academico Viseu | 5:05.64 | +0,81 | 661 | |
| | 50m: 31.28 31.28 | 150m: 1:47.74 41.14 | 250m: 3:12.02 44.97 | 350m: 4:32.82 34.90 | | | |
| | 100m: 1:06.60 35.32 | 200m: 2:27.05 39.31 | 300m: 3:57.92 45.90 | 400m: 5:05.64 32.82 | | | |
| 3. | REBELO Camila Rodrigues | 03 | Louzan Natacao/EFAPEL | 5:05.72 | +0,77 | 661 | |
| | 50m: 32.31 32.31 | 150m: 1:48.62 39.69 | 250m: 3:13.48 45.42 | 350m: 4:33.80 34.01 | | | |
| | 100m: 1:08.93 36.62 | 200m: 2:28.06 39.44 | 300m: 3:59.79 46.31 | 400m: 5:05.72 31.92 | | | |
| 4. | REBELO Maria Carlota | 03 | Louzan Natacao/EFAPEL | 5:09.05 | +0,70 | 640 | |
| | 50m: 32.11 32.11 | 150m: 1:49.45 40.39 | 250m: 3:12.64 42.13 | 350m: 4:33.48 36.60 | | | |
| | 100m: 1:09.06 36.95 | 200m: 2:30.51 41.06 | 300m: 3:56.88 44.24 | 400m: 5:09.05 35.57 | | | |

Prova 30
14-02-2021 - 11:10

Masc., 50m Costas

Absoluto
Resultados

| | | | | | | |
|-------------|-------|-----------------------|---------|----------------|--|------------|
| RN Absoluto | 25.42 | SANTOS Alexis Manacas | SCP | Funchal | | 01-08-2019 |
| RN Sen | 25.42 | SANTOS Alexis Manacas | SCP | Funchal | | 01-08-2019 |
| RN Jun 18 | 26.22 | COSTA Joao Nogueira | POR | Budapest (HUN) | | 22-08-2019 |
| RN Jun 17 | 26.67 | COSTA Diogo Santos | ADRCIMM | Oeiras | | 14-04-2019 |
| RN Juv A | 27.65 | tempo limite | | | | |
| RN Juv B | 28.21 | tempo limite | | | | |
| RN Inf A | 29.93 | tempo limite | | | | |
| RN Inf B | 31.54 | tempo limite | | | | |
| S21 | 41.18 | SANTOS Filipe Bjorcke | POR | Olbia (ITA) | | 17-09-2019 |

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|------------------|------------------------------|-----|------------------------|--------------|-------|----------|-----|
| Absolutos | | | | | | | |
| 1. | SANTOS Francisco Rogerio | 98 | Sporting | 26.72 | +0,64 | 724 | |
| 2. | LOPES Gabriel Jose | 97 | Louzan Natacao/EFAPEL | 27.56 | +0,64 | 660 | |
| 3. | CASTRO Duarte Monteiro | 03 | Porto | 27.67 | +0,64 | 652 | |
| 4. | SILVA Gustavo Carvalho | 04 | Naval Praia da Vitoria | 27.94 | +0,73 | 633 | |
| 5. | VAKULYUK Paulo | 03 | Torres Novas | 28.28 | +0,74 | 611 | |
| 6. | BATE Miguel Ribeiro | 99 | Alges | 28.30 | +0,62 | 609 | |
| 7. | FERREIRA Bernardo Felgueiras | 03 | Colegio Efanor | 29.08 | +0,67 | 562 | |
| 8. | REIS Rodrigo Miguel | 04 | Uniao Coimbra | 29.48 | +0,60 | 539 | |

S21

| | | | | | | | |
|----|------------------------|----|--------------|--------------|-------|-----|--|
| 1. | PEREIRA Vicente Barros | 05 | S21 Sporting | 47.71 | +0,69 | 127 | |
|----|------------------------|----|--------------|--------------|-------|-----|--|

Prova 31
14-02-2021 - 11:15

Femin., 50m Mariposa

Absoluto
Resultados

| | | | | | |
|-------------|-------|----------------------|------|---------|------------|
| RN Absoluto | 27.00 | GUEDES Ana Margarida | GCVR | Funchal | 01-08-2019 |
| RN Sen | 27.00 | GUEDES Ana Margarida | GCVR | Funchal | 01-08-2019 |
| RN Jun 17 | 27.63 | GUEDES Ana Margarida | GCVR | Funchal | 25-03-2018 |
| RN Jun 16 | 28.00 | CRUZ Sara Francisco | ADBA | Faro | 18-07-2009 |
| RN Juv A | 27.98 | tempo limite | | | |
| RN Juv B | 28.51 | tempo limite | | | |
| RN Inf A | 28.26 | tempo limite | | | |
| RN Inf B | 31.21 | tempo limite | | | |

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|------------------|-------------------------------------------------|-----|--------------------------|--------------|-------|----------|-----|
| Absolutos | | | | | | | |
| 1. | CUNHA Mariana Pacheco <i>Rec Nac, Jun 17</i> | 04 | Colegio Efanor | 27.59 | | 694 | |
| 2. | RODRIGUES Ana Pinho | 94 | Desportiva de Viana | 27.85 | +0,69 | 674 | |
| 3. | FERNANDES Carolina Miranda | 05 | Galitos/ Bresimar | 28.79 | +0,71 | 611 | |
| 4. | ALMEIDA Maria Carolina | 05 | Galitos/ Bresimar | 29.28 | +0,72 | 580 | |
| 5. | GRAVETO Ana Raquel | 02 | Benfica | 30.04 | | 537 | |
| | LIMA Lia Ana | 01 | Alges | 30.04 | +0,82 | 537 | |
| 7. | MESQUITA Francisca Salvador | 02 | Colegio Monte Maior | 30.25 | +0,73 | 526 | |
| 8. | RODRIGUES Joana Francisca | 04 | Uniao Coimbra | 30.75 | +0,75 | 501 | |
| 9. | VEIGA Susana Pereira | 00 | S9 Colegio Vasco da Gama | 34.38 | +0,84 | 358 | |
| DNS | MONTEIRO Ana Catarina | 93 | Vilacondense | | | | |

Paralimpicos

| | | | | | | | |
|----|----------------------|----|--------------------------|--------------|-------|-----|--|
| 1. | VEIGA Susana Pereira | 00 | S9 Colegio Vasco da Gama | 34.38 | +0,84 | 358 | |
|----|----------------------|----|--------------------------|--------------|-------|-----|--|

Prova 32
14-02-2021 - 11:20

Masc., 50m Bruços

Absoluto
Resultados

| | | | | | |
|-------------|-------|------------------------|-----|-----------------|------------|
| RN Absoluto | 28.16 | ALMEIDA Carlos Esteves | POR | Barcelona (ESP) | 30-07-2013 |
| RN Sen | 28.16 | ALMEIDA Carlos Esteves | POR | Barcelona (ESP) | 30-07-2013 |
| RN Jun 18 | 29.07 | RAMOS Bruno Miguel | POR | Linz (AUT) | 13-07-2002 |
| RN Jun 17 | 29.10 | AGOSTINHO Pedro Miguel | POR | Praga (CZE) | 10-07-2009 |
| RN Juv A | 29.75 | tempo limite | | | |
| RN Juv B | 30.57 | tempo limite | | | |
| RN Inf A | 30.39 | tempo limite | | | |
| RN Inf B | 33.76 | tempo limite | | | |
| S21 | 42.20 | VAZ Joao Francisco | SCP | Rio Maior | 25-01-2020 |

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|------------------|-------------------------------|-----|-----------------------|--------------|-------|----------|-----|
| Absolutos | | | | | | | |
| 1. | QUINTAS Francisco Robalo | 95 | Sporting | 28.79 | | 732 | |
| 2. | AMORIM Alexandre Ferreira | 99 | Leixoes | 29.03 | +0,78 | 714 | |
| 3. | SIMÕES Rafael Gomes | 00 | Braga | 29.56 | +0,79 | 676 | |
| 4. | FRISCHKNECHT Renato Barros | 01 | Alges | 29.97 | +0,95 | 649 | |
| 5. | MENDES Antonio Manuel | 99 | Sporting | 30.54 | +0,67 | 613 | |
| 6. | LOPES Gabriel Jose | 97 | Louzan Natacao/EFAPEL | 31.54 | +0,92 | 556 | |
| 7. | REBELO Joao Lourenco | 04 | Alges | 32.17 | | 524 | |
| 8. | COSTA Diogo Santos | 02 | Colegio Monte Maior | 32.61 | +0,67 | 503 | |
| 9. | MATOS Diogo Alexandre | 99 | SB21 Gesloures | 45.93 | +0,81 | 180 | |
| DSQ | PEREIRA Ricardo Samuel | 03 | Benfica | | | | |
| | <i>SW 4.4 - Falsa partida</i> | | | | | | |

S21

| | | | | | | |
|----|-----------------------|----|----------------|--------------|-------|-----|
| 1. | MATOS Diogo Alexandre | 99 | SB21 Gesloures | 45.93 | +0,81 | 180 |
|----|-----------------------|----|----------------|--------------|-------|-----|

Prova 33
14-02-2021 - 11:20

Femin., 800m Livres

Absolutos
Resultados

| | | | | | |
|-------------|---------|-------------------------|-----|-----------------|------------|
| RN Absoluto | 8:29.33 | DURAES Diana Margarida | POR | Tarragona (ESP) | 23-06-2018 |
| RN Sen | 8:29.33 | DURAES Diana Margarida | POR | Tarragona (ESP) | 23-06-2018 |
| RN Jun 17 | 8:36.21 | HOLUB Tamila Hryhorivna | SCB | Coimbra | 28-05-2016 |
| RN Jun 16 | 8:45.53 | HOLUB Tamila Hryhorivna | SCB | Coimbra | 30-05-2015 |

CEJun_Fem 14 - 17: 9:04.96 / CEPL Abs: 8:44.00 / JO Absoluto: 8:33.36

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|------------------------------------------------|---------------|-------------------------|----------------|-------|---------------|-------|
| 1. | HOLUB Tamila Hryhorivna <i>Minimos CEPL</i> | 99 | Braga | 8:43.46 | +0,76 | 794 | |
| | 50m: 30.22 30.22 | 250m: 2:40.37 | 32.86 | 450m: 4:52.35 | 33.06 | 650m: 7:05.04 | 33.12 |
| | 100m: 1:02.46 32.24 | 300m: 3:13.11 | 32.74 | 500m: 5:25.31 | 32.96 | 700m: 7:38.30 | 33.26 |
| | 150m: 1:34.94 32.48 | 350m: 3:46.25 | 33.14 | 550m: 5:58.51 | 33.20 | 750m: 8:11.46 | 33.16 |
| | 200m: 2:07.51 32.57 | 400m: 4:19.29 | 33.04 | 600m: 6:31.92 | 33.41 | 800m: 8:43.46 | 32.00 |
| 2. | CONCEICAO Ema Jeronimo | 03 | Fisica de Torres Vedras | 8:54.30 | +0,84 | 746 | |
| | 50m: 30.80 30.80 | 250m: 2:42.11 | 33.15 | 450m: 4:57.29 | 33.92 | 650m: 7:13.70 | 34.28 |
| | 100m: 1:03.25 32.45 | 300m: 3:15.51 | 33.40 | 500m: 5:31.27 | 33.98 | 700m: 7:47.84 | 34.14 |
| | 150m: 1:36.03 32.78 | 350m: 3:49.45 | 33.94 | 550m: 6:05.39 | 34.12 | 750m: 8:22.08 | 34.24 |
| | 200m: 2:08.96 32.93 | 400m: 4:23.37 | 33.92 | 600m: 6:39.42 | 34.03 | 800m: 8:54.30 | 32.22 |
| 3. | PIRES Marta Joao | 05 | Alges | 9:18.25 | | 654 | |
| | 50m: 32.14 32.14 | 250m: 2:53.45 | 35.33 | 450m: 5:14.90 | 35.26 | 650m: 7:36.46 | 34.83 |
| | 100m: 1:07.03 34.89 | 300m: 3:28.89 | 35.44 | 500m: 5:50.60 | 35.70 | 700m: 8:11.34 | 34.88 |
| | 150m: 1:42.57 35.54 | 350m: 4:04.30 | 35.41 | 550m: 6:25.98 | 35.38 | 750m: 8:45.54 | 34.20 |
| | 200m: 2:18.12 35.55 | 400m: 4:39.64 | 35.34 | 600m: 7:01.63 | 35.65 | 800m: 9:18.25 | 32.71 |
| 4. | ROSA Mariana Carmo | 05 | Louzan Natacao/EFAPEL | 9:29.17 | +0,76 | 617 | |
| | 50m: 31.86 31.86 | 250m: 2:52.85 | 36.02 | 450m: 5:17.04 | 36.00 | 650m: 7:41.74 | 36.64 |
| | 100m: 1:06.21 34.35 | 300m: 3:28.82 | 35.97 | 500m: 5:52.77 | 35.73 | 700m: 8:18.17 | 36.43 |
| | 150m: 1:41.32 35.11 | 350m: 4:05.07 | 36.25 | 550m: 6:29.15 | 36.38 | 750m: 8:54.65 | 36.48 |
| | 200m: 2:16.83 35.51 | 400m: 4:41.04 | 35.97 | 600m: 7:05.10 | 35.95 | 800m: 9:29.17 | 34.52 |
| 5. | RAMOS Ana Rita | 02 | Porto | 9:34.05 | +0,85 | 602 | |
| | 50m: 32.29 32.29 | 250m: 2:53.41 | 36.02 | 450m: 5:18.20 | 36.11 | 650m: 7:45.02 | 37.06 |
| | 100m: 1:06.91 34.62 | 300m: 3:29.35 | 35.94 | 500m: 5:54.46 | 36.26 | 700m: 8:21.71 | 36.69 |
| | 150m: 1:42.07 35.16 | 350m: 4:05.86 | 36.51 | 550m: 6:31.32 | 36.86 | 750m: 8:58.49 | 36.78 |
| | 200m: 2:17.39 35.32 | 400m: 4:42.09 | 36.23 | 600m: 7:07.96 | 36.64 | 800m: 9:34.05 | 35.56 |
| 6. | CARDEAL Beatriz Nunes | 04 | Academico Viseu | 9:36.82 | +0,79 | 593 | |
| | 50m: 32.38 32.38 | 250m: 2:55.58 | 36.41 | 450m: 5:21.79 | 36.64 | 650m: 7:49.03 | 37.08 |
| | 100m: 1:07.54 35.16 | 300m: 3:32.00 | 36.42 | 500m: 5:58.32 | 36.53 | 700m: 8:25.65 | 36.62 |
| | 150m: 1:43.23 35.69 | 350m: 4:08.68 | 36.68 | 550m: 6:34.93 | 36.61 | 750m: 9:01.86 | 36.21 |
| | 200m: 2:19.17 35.94 | 400m: 4:45.15 | 36.47 | 600m: 7:11.95 | 37.02 | 800m: 9:36.82 | 34.96 |
| 7. | ALVES Joana Silva | 05 | Benedita | 9:43.07 | +0,71 | 574 | |
| | 50m: 32.60 32.60 | 250m: 2:58.31 | 36.54 | 450m: 5:25.90 | 36.71 | 650m: 7:53.91 | 36.91 |
| | 100m: 1:08.39 35.79 | 300m: 3:35.01 | 36.70 | 500m: 6:02.99 | 37.09 | 700m: 8:31.04 | 37.13 |
| | 150m: 1:45.00 36.61 | 350m: 4:12.01 | 37.00 | 550m: 6:40.04 | 37.05 | 750m: 9:07.72 | 36.68 |
| | 200m: 2:21.77 36.77 | 400m: 4:49.19 | 37.18 | 600m: 7:17.00 | 36.96 | 800m: 9:43.07 | 35.35 |

Prova 33, Femin., 800m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------|-----|--------------|-------------|-------|----------|-----|
| DNS | MONTEIRO Ana Catarina | 93 | Vilacondense | | | | |

Prova 34

Masc., 800m Livres

Absolutos

14-02-2021 - 11:45

Resultados

| | | | | | |
|-------------|---------|-------------------------|-----|------------------------|------------|
| RN Absoluto | 8:02.16 | LOPES Jose Paulo | SCB | Funchal | 04-08-2019 |
| RN Sen | 8:02.16 | LOPES Jose Paulo | SCB | Funchal | 04-08-2019 |
| RN Jun 18 | 8:06.97 | PINA Guilherme Filipe | POR | Hodmezovasarhely (HUN) | 09-07-2016 |
| RN Jun 17 | 8:13.49 | SANTA Gustavo Manuel | POR | Helsinki (FIN) | 17-07-2010 |
| S15 | 9:33.38 | BELEZAS Ricardo Andrade | POR | São Paulo (BRA) | 27-08-2019 |

CEPL 12 +: 7:57.65 / CEJun_Masc 15 - 18: 8:16.80 / JO Absoluto: 7:54.31

Pontos: FINA 2021

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|------|-----|-------|-------------|-------|----------|-----|
|-------|------|-----|-------|-------------|-------|----------|-----|

Absolutos

| | | | | | | | |
|----|-----------------------|----|---------------------|---------------------|---------------------|------------|--|
| 1. | CARDOSO Diogo Santos | 01 | Colegio Monte Maior | 8:31.83 | +0,73 | 689 | |
| | 50m: 29.06 29.06 | | 250m: 2:37.64 32.18 | 450m: 4:46.96 32.38 | 650m: 6:57.06 32.40 | | |
| | 100m: 1:00.61 31.55 | | 300m: 3:09.86 32.22 | 500m: 5:19.58 32.62 | 700m: 7:29.63 32.57 | | |
| | 150m: 1:32.86 32.25 | | 350m: 3:41.93 32.07 | 550m: 5:51.99 32.41 | 750m: 8:01.81 32.18 | | |
| | 200m: 2:05.46 32.60 | | 400m: 4:14.58 32.65 | 600m: 6:24.66 32.67 | 800m: 8:31.83 30.02 | | |
| 2. | COSTA Tiago Cunha | 99 | Sporting | 8:33.06 | +0,65 | 684 | |
| | 50m: 28.44 28.44 | | 250m: 2:34.88 32.13 | 450m: 4:45.17 33.02 | 650m: 6:57.86 33.15 | | |
| | 100m: 59.28 30.84 | | 300m: 3:07.01 32.13 | 500m: 5:18.16 32.99 | 700m: 7:30.36 32.50 | | |
| | 150m: 1:30.98 31.70 | | 350m: 3:39.58 32.57 | 550m: 5:51.54 33.38 | 750m: 8:02.36 32.00 | | |
| | 200m: 2:02.75 31.77 | | 400m: 4:12.15 32.57 | 600m: 6:24.71 33.17 | 800m: 8:33.06 30.70 | | |
| 3. | SANTOS Pedro Miguel | 01 | Porto | 8:38.87 | +0,67 | 661 | |
| | 50m: 29.52 29.52 | | 250m: 2:38.35 32.44 | 450m: 4:49.47 32.24 | 650m: 7:00.49 32.99 | | |
| | 100m: 1:01.00 31.48 | | 300m: 3:10.89 32.54 | 500m: 5:22.09 32.62 | 700m: 7:33.30 32.81 | | |
| | 150m: 1:33.15 32.15 | | 350m: 3:43.99 33.10 | 550m: 5:54.55 32.46 | 750m: 8:06.44 33.14 | | |
| | 200m: 2:05.91 32.76 | | 400m: 4:17.23 33.24 | 600m: 6:27.50 32.95 | 800m: 8:38.87 32.43 | | |
| 4. | MARQUES Gustavo Pires | 04 | Uniao Coimbra | 8:41.74 | +0,69 | 650 | |
| | 50m: 29.07 29.07 | | 250m: 2:41.44 33.40 | 450m: 4:52.13 32.36 | 650m: 7:03.91 33.01 | | |
| | 100m: 1:01.88 32.81 | | 300m: 3:14.50 33.06 | 500m: 5:24.79 32.66 | 700m: 7:37.00 33.09 | | |
| | 150m: 1:34.86 32.98 | | 350m: 3:47.19 32.69 | 550m: 5:57.59 32.80 | 750m: 8:09.84 32.84 | | |
| | 200m: 2:08.04 33.18 | | 400m: 4:19.77 32.58 | 600m: 6:30.90 33.31 | 800m: 8:41.74 31.90 | | |
| 5. | LOPES Luis Afonso | 03 | Viver Santarem | 8:50.69 | +0,70 | 618 | |
| | 50m: 30.19 30.19 | | 250m: 2:45.82 34.27 | 450m: 4:58.40 33.45 | 650m: 7:12.66 33.48 | | |
| | 100m: 1:03.44 33.25 | | 300m: 3:19.21 33.39 | 500m: 5:32.13 33.73 | 700m: 7:45.68 33.02 | | |
| | 150m: 1:37.15 33.71 | | 350m: 3:51.91 32.70 | 550m: 6:05.55 33.42 | 750m: 8:19.56 33.88 | | |
| | 200m: 2:11.55 34.40 | | 400m: 4:24.95 33.04 | 600m: 6:39.18 33.63 | 800m: 8:50.69 31.13 | | |

Prova 34, Masc., 800m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------------------|---------------|-------------------------|----------------|-------|---------------|-------|
| 6. | MACHADO Martim Miranda | 03 | Uniao Coimbra | 8:55.62 | +0,73 | 601 | |
| | 50m: 29.69 29.69 | 250m: 2:41.17 | 33.58 | 450m: 4:56.86 | 34.20 | 650m: 7:14.86 | 34.67 |
| | 100m: 1:01.79 32.10 | 300m: 3:15.01 | 33.84 | 500m: 5:30.85 | 33.99 | 700m: 7:48.78 | 33.92 |
| | 150m: 1:34.66 32.87 | 350m: 3:48.34 | 33.33 | 550m: 6:05.72 | 34.87 | 750m: 8:22.73 | 33.95 |
| | 200m: 2:07.59 32.93 | 400m: 4:22.66 | 34.32 | 600m: 6:40.19 | 34.47 | 800m: 8:55.62 | 32.89 |
| 7. | CLARA Vitor Belo | 04 | Ba-Leiria | 8:55.68 | +0,77 | 601 | |
| | 50m: 29.88 29.88 | 250m: 2:42.83 | 33.86 | 450m: 5:01.72 | 34.55 | 650m: 7:17.35 | 33.65 |
| | 100m: 1:02.47 32.59 | 300m: 3:17.75 | 34.92 | 500m: 5:35.54 | 33.82 | 700m: 7:51.54 | 34.19 |
| | 150m: 1:35.12 32.65 | 350m: 3:51.90 | 34.15 | 550m: 6:09.54 | 34.00 | 750m: 8:25.13 | 33.59 |
| | 200m: 2:08.97 33.85 | 400m: 4:27.17 | 35.27 | 600m: 6:43.70 | 34.16 | 800m: 8:55.68 | 30.55 |
| 8. | GOMES Goncalo Andre | 03 | Fundacao Beatriz Santos | 8:57.63 | +0,70 | 594 | |
| | 50m: 30.61 30.61 | 250m: 2:46.74 | 34.37 | 450m: 5:02.10 | 33.60 | 650m: 7:16.85 | 33.78 |
| | 100m: 1:04.19 33.58 | 300m: 3:20.86 | 34.12 | 500m: 5:35.97 | 33.87 | 700m: 7:50.73 | 33.88 |
| | 150m: 1:38.44 34.25 | 350m: 3:54.88 | 34.02 | 550m: 6:09.39 | 33.42 | 750m: 8:25.12 | 34.39 |
| | 200m: 2:12.37 33.93 | 400m: 4:28.50 | 33.62 | 600m: 6:43.07 | 33.68 | 800m: 8:57.63 | 32.51 |
| 9. | SILVA Nuno Marques | 04 | Ba-Leiria | 9:08.64 | | 559 | |
| | 50m: 29.91 29.91 | 250m: 2:45.60 | 34.38 | 450m: 5:05.66 | 35.07 | 650m: 7:26.52 | 34.90 |
| | 100m: 1:02.90 32.99 | 300m: 3:20.25 | 34.65 | 500m: 5:40.64 | 34.98 | 700m: 8:01.44 | 34.92 |
| | 150m: 1:36.74 33.84 | 350m: 3:55.66 | 35.41 | 550m: 6:16.07 | 35.43 | 750m: 8:35.77 | 34.33 |
| | 200m: 2:11.22 34.48 | 400m: 4:30.59 | 34.93 | 600m: 6:51.62 | 35.55 | 800m: 9:08.64 | 32.87 |
| 10. | CRUZ Miguel Duarte Rec Nac S15 | 99 S15 | Belenenses | 9:26.38 | +0,72 | 508 | |
| | 50m: 32.32 32.32 | 250m: 2:57.05 | 36.06 | 450m: 5:21.28 | 35.87 | 650m: 7:44.86 | 35.47 |
| | 100m: 1:08.33 36.01 | 300m: 3:33.07 | 36.02 | 500m: 5:57.42 | 36.14 | 700m: 8:19.56 | 34.70 |
| | 150m: 1:44.69 36.36 | 350m: 4:09.07 | 36.00 | 550m: 6:33.73 | 36.31 | 750m: 8:53.76 | 34.20 |
| | 200m: 2:20.99 36.30 | 400m: 4:45.41 | 36.34 | 600m: 7:09.39 | 35.66 | 800m: 9:26.38 | 32.62 |

Surdolimpicos

| | | | | | | | |
|----|-----------------------------------|---------------|------------|----------------|-------|---------------|-------|
| 1. | CRUZ Miguel Duarte Rec Nac S15 | 99 S15 | Belenenses | 9:26.38 | +0,72 | 508 | |
| | 50m: 32.32 32.32 | 250m: 2:57.05 | 36.06 | 450m: 5:21.28 | 35.87 | 650m: 7:44.86 | 35.47 |
| | 100m: 1:08.33 36.01 | 300m: 3:33.07 | 36.02 | 500m: 5:57.42 | 36.14 | 700m: 8:19.56 | 34.70 |
| | 150m: 1:44.69 36.36 | 350m: 4:09.07 | 36.00 | 550m: 6:33.73 | 36.31 | 750m: 8:53.76 | 34.20 |
| | 200m: 2:20.99 36.30 | 400m: 4:45.41 | 36.34 | 600m: 7:09.39 | 35.66 | 800m: 9:26.38 | 32.62 |