

Prova 29
14-02-2021 - 11:05

Femin., 400m Estilos

Absolutos
Resultados

RN Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
RN Sen	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
RN Jun 17	4:52.12	KAMINSKAYA Victoria	PIMP	Oeiras	27-07-2012
RN Jun 16	4:54.00	ROCHA Ines Neto	SANNP	Gijón (ESP)	20-05-2017

CEJun_Fem 14 - 17: 4:55.87 / CEPL Abs: 4:44.49 / JO Absoluto: 4:38.53

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CABRAL Maria Francisca	00	Porto	5:01.06		692	
	50m: 32.02 32.02	150m: 1:46.92	38.60	250m: 3:08.80	43.71	350m: 4:27.34	34.89
	100m: 1:08.32 36.30	200m: 2:25.09	38.17	300m: 3:52.45	43.65	400m: 5:01.06	33.72
2.	CARDEAL Joana Nunes	02	Academico Viseu	5:05.64	+0,81	661	
	50m: 31.28 31.28	150m: 1:47.74	41.14	250m: 3:12.02	44.97	350m: 4:32.82	34.90
	100m: 1:06.60 35.32	200m: 2:27.05	39.31	300m: 3:57.92	45.90	400m: 5:05.64	32.82
3.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	5:05.72	+0,77	661	
	50m: 32.31 32.31	150m: 1:48.62	39.69	250m: 3:13.48	45.42	350m: 4:33.80	34.01
	100m: 1:08.93 36.62	200m: 2:28.06	39.44	300m: 3:59.79	46.31	400m: 5:05.72	31.92
4.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	5:09.05	+0,70	640	
	50m: 32.11 32.11	150m: 1:49.45	40.39	250m: 3:12.64	42.13	350m: 4:33.48	36.60
	100m: 1:09.06 36.95	200m: 2:30.51	41.06	300m: 3:56.88	44.24	400m: 5:09.05	35.57