

Prova 18
14-02-2021 - 10:00

Masc., 400m Livres

Absoluto
Resultados

RN Absoluto	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
RN Sen	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
RN Jun 18	3:53.79	LOPES Jose Paulo	SCB	Oeiras	28-07-2018
RN Jun 17	3:57.15	SANTA Gustavo Manuel	POR	Helsinkia (FIN)	14-07-2010
RN Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
RN Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006
RN Inf A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
RN Inf B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26-07-2003
S6	5:18.61	VIDEIRA Daniel Carlos	POR	Londres (GBR)	09-09-2019
S9	4:21.94	GRACHAT David Realista	POR	Londres (GBR)	04-09-2012

CEJun_Masc 15 - 18: 4:01.28 / CEPL 12 +: 3:51.98 / JO : 3:46.78

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	COSTA Tiago Cunha	99	Sporting	4:04.43	+0,66	729	
	50m: 27.68 27.68	150m: 1:28.23	30.74	250m: 2:30.83	31.33	350m: 3:33.93	31.47
	100m: 57.49 29.81	200m: 1:59.50	31.27	300m: 3:02.46	31.63	400m: 4:04.43	30.50
2.	SANTOS Pedro Miguel	01	Porto	4:07.03	+0,65	707	
	50m: 28.45 28.45	150m: 1:30.41	31.22	250m: 2:33.48	31.34	350m: 3:36.37	31.41
	100m: 59.19 30.74	200m: 2:02.14	31.73	300m: 3:04.96	31.48	400m: 4:07.03	30.66
3.	MARQUES Gustavo Pires	04	Uniao Coimbra	4:13.73	+0,70	652	
	50m: 28.03 28.03	150m: 1:31.99	32.39	250m: 2:36.54	32.22	350m: 3:41.80	32.81
	100m: 59.60 31.57	200m: 2:04.32	32.33	300m: 3:08.99	32.45	400m: 4:13.73	31.93
4.	RIBEIRO Diogo Matos	04	Uniao Coimbra	4:14.76	+0,69	644	
	50m: 27.14 27.14	150m: 1:28.42	31.88	250m: 2:35.09	32.98	350m: 3:42.04	33.55
	100m: 56.54 29.40	200m: 2:02.11	33.69	300m: 3:08.49	33.40	400m: 4:14.76	32.72
5.	MACHADO Martim Miranda	03	Uniao Coimbra	4:15.34	+0,80	640	
	50m: 28.42 28.42	150m: 1:32.86	32.64	250m: 2:38.99	33.22	350m: 3:44.79	32.86
	100m: 1:00.22 31.80	200m: 2:05.77	32.91	300m: 3:11.93	32.94	400m: 4:15.34	30.55
6.	LOPES Luis Afonso	03	Viver Santarem	4:15.49	+0,71	639	
	50m: 30.60 30.60	150m: 1:35.90	32.70	250m: 2:40.82	32.02	350m: 3:45.16	32.07
	100m: 1:03.20 32.60	200m: 2:08.80	32.90	300m: 3:13.09	32.27	400m: 4:15.49	30.33
7.	PAZ Antonio Manuel	04	Bombeiros Ponta Delgada	4:16.93	+0,64	628	
	50m: 29.70 29.70	150m: 1:35.59	32.85	250m: 2:41.44	32.87	350m: 3:46.53	32.41
	100m: 1:02.74 33.04	200m: 2:08.57	32.98	300m: 3:14.12	32.68	400m: 4:16.93	30.40
8.	GOMES Goncalo Andre	03	Fundacao Beatriz Santos	4:18.46	+0,65	617	
	50m: 28.44 28.44	150m: 1:33.65	32.85	250m: 2:39.42	32.83	350m: 3:45.93	33.68
	100m: 1:00.80 32.36	200m: 2:06.59	32.94	300m: 3:12.25	32.83	400m: 4:18.46	32.53
9.	CLARA Vitor Belo	04	Ba-Leiria	4:22.79	+0,83	587	
	50m: 30.82 30.82	150m: 1:37.74	33.64	250m: 2:43.91	32.42	350m: 3:49.46	32.52
	100m: 1:04.10 33.28	200m: 2:11.49	33.75	300m: 3:16.94	33.03	400m: 4:22.79	33.33

Prova 18, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	GRACHAT David Realista	87 S9	Gesloures	4:31.47	+0,79	532	
	50m: 31.66 31.66	150m: 1:39.80	34.30 250m: 2:49.39	34.95	350m: 3:58.40	34.26	
	100m: 1:05.50 33.84	200m: 2:14.44	34.64 300m: 3:24.14	34.75	400m: 4:31.47	33.07	
11.	VIDEIRA Daniel Carlos	92 S6	Gesloures	5:42.53	+0,82	265	
	50m: 38.27 38.27	150m: 2:04.75	43.69 250m: 3:31.63	43.49	350m: 4:59.87	43.98	
	100m: 1:21.06 42.79	200m: 2:48.14	43.39 300m: 4:15.89	44.26	400m: 5:42.53	42.66	

Paralimpicos

1.	GRACHAT David Realista	87 S9	Gesloures	4:31.47	+0,79	532	
	50m: 31.66 31.66	150m: 1:39.80	34.30 250m: 2:49.39	34.95	350m: 3:58.40	34.26	
	100m: 1:05.50 33.84	200m: 2:14.44	34.64 300m: 3:24.14	34.75	400m: 4:31.47	33.07	
2.	VIDEIRA Daniel Carlos	92 S6	Gesloures	5:42.53	+0,82	265	
	50m: 38.27 38.27	150m: 2:04.75	43.69 250m: 3:31.63	43.49	350m: 4:59.87	43.98	
	100m: 1:21.06 42.79	200m: 2:48.14	43.39 300m: 4:15.89	44.26	400m: 5:42.53	42.66	