

Prova 17
13-02-2021 - 17:40

Femin., 1500m Livres

Absolutos
Resultados

RN Absoluto	16:15.12	DURAES Diana Margarida	SLB	Lisboa	09-02-2020
RN Sen	16:15.12	DURAES Diana Margarida	SLB	Lisboa	09-02-2020
RN Jun 17	16:20.80	HOLUB Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016
RN Jun 16	16:43.22	HOLUB Tamila Hryhorivna	SCB	Singapore (SGP)	29-08-2015

CEJun_Fem 14 - 17: 17:14.78 / CEPL Abs: 16:34.98 / JO Absoluto: 16:32.04

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	HOLUB Tamila Hryhorivna	99	Braga	16:35.49	+0,77	790	
	50m: 31.04 31.04	450m: 4:56.50	33.18	850m: 9:22.32	33.34	1250m: 13:49.31	33.35
	100m: 1:03.89 32.85	500m: 5:29.75	33.25	900m: 9:55.65	33.33	1300m: 14:22.43	33.12
	150m: 1:37.25 33.36	550m: 6:02.94	33.19	950m: 10:28.95	33.30	1350m: 14:55.88	33.45
	200m: 2:10.44 33.19	600m: 6:36.07	33.13	1000m: 11:02.58	33.63	1400m: 15:29.47	33.59
	250m: 2:43.76 33.32	650m: 7:09.22	33.15	1050m: 11:36.03	33.45	1450m: 16:02.88	33.41
	300m: 3:16.95 33.19	700m: 7:42.41	33.19	1100m: 12:09.26	33.23	1500m: 16:35.49	32.61
	350m: 3:50.18 33.23	750m: 8:15.61	33.20	1150m: 12:42.63	33.37		
	400m: 4:23.32 33.14	800m: 8:48.98	33.37	1200m: 13:15.96	33.33		
2.	HENRIQUES Ines Jacinto	00	Sporting	17:37.43	+0,75	659	
	50m: 31.63 31.63	450m: 5:10.33	35.51	850m: 9:54.83	35.58	1250m: 14:40.71	36.13
	100m: 1:05.97 34.34	500m: 5:45.85	35.52	900m: 10:30.12	35.29	1300m: 15:16.37	35.66
	150m: 1:40.31 34.34	550m: 6:21.45	35.60	950m: 11:05.81	35.69	1350m: 15:51.85	35.48
	200m: 2:14.59 34.28	600m: 6:56.86	35.41	1000m: 11:41.20	35.39	1400m: 16:27.47	35.62
	250m: 2:49.25 34.66	650m: 7:32.33	35.47	1050m: 12:16.94	35.74	1450m: 17:02.60	35.13
	300m: 3:24.21 34.96	700m: 8:07.98	35.65	1100m: 12:52.63	35.69	1500m: 17:37.43	34.83
	350m: 3:59.37 35.16	750m: 8:43.64	35.66	1150m: 13:28.53	35.90		
	400m: 4:34.82 35.45	800m: 9:19.25	35.61	1200m: 14:04.58	36.05		
3.	CARDEAL Beatriz Nunes	04	Academico Viseu	18:10.00	+0,77	602	
	50m: 32.49 32.49	450m: 5:22.55	36.84	850m: 10:17.20	36.54	1250m: 15:10.05	36.50
	100m: 1:07.73 35.24	500m: 5:59.33	36.78	900m: 10:53.71	36.51	1300m: 15:46.41	36.36
	150m: 1:43.73 36.00	550m: 6:36.31	36.98	950m: 11:30.44	36.73	1350m: 16:22.96	36.55
	200m: 2:19.87 36.14	600m: 7:13.04	36.73	1000m: 12:07.10	36.66	1400m: 16:59.32	36.36
	250m: 2:56.19 36.32	650m: 7:49.98	36.94	1050m: 12:43.77	36.67	1450m:	
	300m: 3:32.48 36.29	700m: 8:26.84	36.86	1100m: 13:20.35	36.58	1500m: 18:10.00	
	350m: 4:09.05 36.57	750m: 9:03.89	37.05	1150m: 13:56.93	36.58		
	400m: 4:45.71 36.66	800m: 9:40.66	36.77	1200m: 14:33.55	36.62		
4.	ALVES Joana Silva	05	Benedita	18:10.81	+0,75	600	
	50m: 32.82 32.82	450m: 5:25.19	36.65	850m: 10:18.47	36.33	1250m: 15:11.15	36.20
	100m: 1:08.44 35.62	500m: 6:01.82	36.63	900m: 10:54.84	36.37	1300m: 15:47.98	36.83
	150m: 1:44.95 36.51	550m: 6:38.78	36.96	950m: 11:31.45	36.61	1350m: 16:24.77	36.79
	200m: 2:21.46 36.51	600m: 7:15.66	36.88	1000m: 12:08.13	36.68	1400m: 17:01.08	36.31
	250m: 2:57.88 36.42	650m: 7:52.47	36.81	1050m: 12:44.61	36.48	1450m: 17:37.08	36.00
	300m: 3:34.65 36.77	700m: 8:29.22	36.75	1100m: 13:21.67	37.06	1500m: 18:10.81	33.73
	350m: 4:11.55 36.90	750m: 9:05.87	36.65	1150m: 13:58.41	36.74		
	400m: 4:48.54 36.99	800m: 9:42.14	36.27	1200m: 14:34.95	36.54		