

Prova 52
20-12-2020 - 17:30

Femin., 400m Estilos

Absoluto
Resultados

RN Absoluto	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
RN Sen	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
RN Jun 17	4:52.12	KAMINSKAYA Victoria	PIMP	Oeiras	27-07-2012
RN Jun 16	4:54.00	ROCHA Ines Neto	SANNP	Gijón (ESP)	20-05-2017
RN Juv A	4:58.08	DURAES Diana Margarida	FOCA	Povoa de Varzim	05-08-2011
RN Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015
RN Inf A	5:11.29	ROCHA Diana Ramos	EDV	Faro	20-07-2007
RN Inf B	5:14.05	RUIVO Filipa Vilas	DNMG	S. Joao da Madeira	24-07-2009

CEJun_Fem 14 - 17: 4:55.87 / CEPL Abs: 4:44.49 / JO : 4:38.53

Pontos: FINA 2020

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	4:59.23	+0,73	705	
	50m: 31.85 31.85	150m: 1:46.33	38.52	250m: 3:09.51	45.75	350m: 4:27.55	33.48
	100m: 1:07.81 35.96	200m: 2:23.76	37.43	300m: 3:54.07	44.56	400m: 4:59.23	31.68
2.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	5:01.17	+0,69	691	
	50m: 31.84 31.84	150m: 1:48.14	39.82	250m: 3:09.96	42.14	350m: 4:27.75	35.14
	100m: 1:08.32 36.48	200m: 2:27.82	39.68	300m: 3:52.61	42.65	400m: 5:01.17	33.42
3.	CARDEAL Joana Nunes	02	Academico Viseu	5:01.24	+0,83	691	
	50m: 30.79 30.79	150m: 1:45.87	40.20	250m: 3:08.88	43.87	350m: 4:28.28	34.52
	100m: 1:05.67 34.88	200m: 2:25.01	39.14	300m: 3:53.76	44.88	400m: 5:01.24	32.96
4.	MENDES Mariana Amaral	02	Colegio Monte Maior	5:02.40	+0,79	683	
	50m: 31.78 31.78	150m: 1:48.25	40.59	250m: 3:12.12	43.93	350m: 4:29.82	34.04
	100m: 1:07.66 35.88	200m: 2:28.19	39.94	300m: 3:55.78	43.66	400m: 5:02.40	32.58
5.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	5:04.73	+0,72	667	
	50m: 31.50 31.50	150m: 1:48.72	41.35	250m: 3:11.85	42.82	350m: 4:30.60	35.22
	100m: 1:07.37 35.87	200m: 2:29.03	40.31	300m: 3:55.38	43.53	400m: 5:04.73	34.13
6.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	5:17.05	+0,82	592	
	50m: 33.37 33.37	150m: 1:56.48	44.25	250m: 3:22.25	43.16	350m: 4:42.26	36.86
	100m: 1:12.23 38.86	200m: 2:39.09	42.61	300m: 4:05.40	43.15	400m: 5:17.05	34.79
7.	RIBEIRO Margarida Messias	98	GeS Loures	5:27.61	+0,72	537	
	50m: 33.10 33.10	150m: 1:55.60	43.69	250m: 3:23.92	45.87	350m: 4:50.14	38.83
	100m: 1:11.91 38.81	200m: 2:38.05	42.45	300m: 4:11.31	47.39	400m: 5:27.61	37.47
8.	LOPES Francisca Macedo	05	Vilacondense	5:31.71	+0,81	517	
	50m: 35.18 35.18	150m: 2:00.89	44.14	250m: 3:30.43	46.54	350m: 4:55.32	37.71
	100m: 1:16.75 41.57	200m: 2:43.89	43.00	300m: 4:17.61	47.18	400m: 5:31.71	36.39
DSQ	ROSA Mariana Carmo	05	Louzan Natacao/EFAPEL				
	<i>SW 6.5 - O (a) atleta não chegou na posição dorsal, (percurso costas)</i>						