

Prova 14
19-12-2020 - 11:00

Masc., 1500m Livres

Absoluto
Resultados

RN Absoluto	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30-03-2017
RN Sen	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30-03-2017
RN Jun 18	15:23.46	PINA Guilherme Filipe	POR	Hodmezovasarhely (HUN)	07-07-2016
RN Jun 17	15:43.45	PINA Guilherme Filipe	POR	Singapore (SGP)	30-08-2015
RN Juv A	15:45.55	SANTA Gustavo Manuel	POR	Tampere (FIN)	23-07-2009
RN Juv B	16:30.45	JORGE Duarte Miguel	CGA	Oeiras	21-07-2016
RN Inf A	16:43.48	OLIVEIRA Pedro Fontoura	CFB	Rio Maior	19-06-2004
RN Inf B	17:21.58	OLIVEIRA Pedro Fontoura	CFB	Restelo	27-07-2003

CEPL 12 +: 15:20.01 / CEJun_Masc 15 - 18: 15:56.90 / JO : 15:00.99

Pontos: FINA 2020

Lugar			Ano			Tempo final			Pts
1.	CARDOSO Diogo Santos		01	Colegio Monte Maior		15:57.84			751
	50m:	29.00 29.00	450m:	4:46.25 32.30	850m:	9:03.40 32.27	1250m:	13:20.15 32.11	
	100m:	1:00.83 31.83	500m:	5:18.64 32.39	900m:	9:35.45 32.05	1300m:	13:52.26 32.11	
	150m:	1:33.26 32.43	550m:	5:50.88 32.24	950m:	10:07.53 32.08	1350m:	14:24.18 31.92	
	200m:	2:05.34 32.08	600m:	6:23.00 32.12	1000m:	10:39.55 32.02	1400m:	14:56.46 32.28	
	250m:	2:37.58 32.24	650m:	6:54.85 31.85	1050m:	11:11.46 31.91	1450m:	15:28.04 31.58	
	300m:	3:09.68 32.10	700m:	7:27.02 32.17	1100m:	11:43.63 32.17	1500m:	15:57.84 29.80	
	350m:	3:41.79 32.11	750m:	7:59.21 32.19	1150m:	12:15.78 32.15			
	400m:	4:13.95 32.16	800m:	8:31.13 31.92	1200m:	12:48.04 32.26			
2.	CAMPOS Tiago Filipe		99	Rio Maior		16:18.04			706
	50m:	29.29 29.29	450m:	4:47.41 32.45	850m:	9:10.23 33.09	1250m:	13:36.29 33.08	
	100m:	1:01.38 32.09	500m:	5:19.63 32.22	900m:	9:43.65 33.42	1300m:	14:09.34 33.05	
	150m:	1:34.01 32.63	550m:	5:52.26 32.63	950m:	10:16.84 33.19	1350m:	14:42.33 32.99	
	200m:	2:06.08 32.07	600m:	6:25.01 32.75	1000m:	10:50.26 33.42	1400m:	15:15.78 33.45	
	250m:	2:38.09 32.01	650m:	6:57.68 32.67	1050m:	11:23.54 33.28	1450m:	15:48.12 32.34	
	300m:	3:10.41 32.32	700m:	7:30.52 32.84	1100m:	11:56.89 33.35	1500m:	16:18.04 29.92	
	350m:	3:42.61 32.20	750m:	8:03.74 33.22	1150m:	12:29.94 33.05			
	400m:	4:14.96 32.35	800m:	8:37.14 33.40	1200m:	13:03.21 33.27			
3.	MACHADO Martim Miranda		03	Uniao Coimbra		16:28.20			684
	50m:	29.67 29.67	450m:	4:48.82 32.34	850m:	9:13.05 33.19	1250m:	13:41.29 33.38	
	100m:	1:02.27 32.60	500m:	5:21.50 32.68	900m:	9:46.25 33.20	1300m:	14:15.04 33.75	
	150m:	1:34.52 32.25	550m:	5:54.09 32.59	950m:	10:19.67 33.42	1350m:	14:48.63 33.59	
	200m:	2:06.90 32.38	600m:	6:27.02 32.93	1000m:	10:53.17 33.50	1400m:	15:22.52 33.89	
	250m:	2:38.93 32.03	650m:	7:00.06 33.04	1050m:	11:26.59 33.42	1450m:	15:56.01 33.49	
	300m:	3:11.52 32.59	700m:	7:33.60 33.54	1100m:	12:00.12 33.53	1500m:	16:28.20 32.19	
	350m:	3:43.66 32.14	750m:	8:06.63 33.03	1150m:	12:33.79 33.67			
	400m:	4:16.48 32.82	800m:	8:39.86 33.23	1200m:	13:07.91 34.12			
4.	MARQUES Gustavo Pires		04	Uniao Coimbra		16:59.24			624
	50m:	29.93 29.93	450m:	5:00.98 33.97	850m:	9:34.24 33.96	1250m:	14:07.78 34.32	
	100m:	1:03.40 33.47	500m:	5:35.26 34.28	900m:	10:08.46 34.22	1300m:	14:42.19 34.41	
	150m:	1:36.76 33.36	550m:	6:09.32 34.06	950m:	10:42.49 34.03	1350m:	15:16.48 34.29	
	200m:	2:10.76 34.00	600m:	6:43.66 34.34	1000m:	11:16.56 34.07	1400m:	15:51.07 34.59	
	250m:	2:44.46 33.70	650m:	7:17.79 34.13	1050m:	11:50.65 34.09	1450m:	16:25.43 34.36	
	300m:	3:18.75 34.29	700m:	7:52.12 34.33	1100m:	12:24.97 34.32	1500m:	16:59.24 33.81	
	350m:	3:52.86 34.11	750m:	8:26.14 34.02	1150m:	12:59.02 34.05			
	400m:	4:27.01 34.15	800m:	9:00.28 34.14	1200m:	13:33.46 34.44			

Prova 14, Masc., 1500m Livres, Absoluto

Lugar			Ano					Tempo final	Pts			
5.	GOMES Goncalo Andre		03	Fundacao Beatriz Santos				17:00.68	621			
	50m:	30.24	30.24	450m:	5:04.74	34.16	850m:	9:36.54	34.21	1250m:	14:10.35	34.59
	100m:	1:03.44	33.20	500m:	5:39.20	34.46	900m:	10:10.42	33.88	1300m:	14:44.69	34.34
	150m:	1:37.82	34.38	550m:	6:12.97	33.77	950m:	10:44.89	34.47	1350m:	15:19.50	34.81
	200m:	2:12.58	34.76	600m:	6:46.50	33.53	1000m:	11:18.92	34.03	1400m:	15:54.01	34.51
	250m:	2:46.98	34.40	650m:	7:20.41	33.91	1050m:	11:53.37	34.45	1450m:	16:28.59	34.58
	300m:	3:21.43	34.45	700m:	7:54.27	33.86	1100m:	12:27.32	33.95	1500m:	17:00.68	32.09
	350m:	3:56.03	34.60	750m:	8:28.39	34.12	1150m:	13:01.87	34.55			
	400m:	4:30.58	34.55	800m:	9:02.33	33.94	1200m:	13:35.76	33.89			
6.	CARVALHO Daniel Luis		02	Braga				17:07.77	608			
	50m:	29.48	29.48	450m:	4:55.88	34.17	850m:	9:32.98	35.06	1250m:	14:12.98	35.19
	100m:	1:02.05	32.57	500m:	5:30.15	34.27	900m:	10:07.60	34.62	1300m:	14:48.33	35.35
	150m:	1:34.83	32.78	550m:	6:04.59	34.44	950m:	10:42.65	35.05	1350m:	15:23.17	34.84
	200m:	2:07.64	32.81	600m:	6:39.21	34.62	1000m:	11:17.47	34.82	1400m:	15:58.32	35.15
	250m:	2:40.73	33.09	650m:	7:13.71	34.50	1050m:	11:52.85	35.38	1450m:	16:33.28	34.96
	300m:	3:14.17	33.44	700m:	7:48.12	34.41	1100m:	12:27.68	34.83	1500m:	17:07.77	34.49
	350m:	3:47.78	33.61	750m:	8:23.12	35.00	1150m:	13:02.80	35.12			
	400m:	4:21.71	33.93	800m:	8:57.92	34.80	1200m:	13:37.79	34.99			
7.	SILVA Nuno Marques		04	Ba-Leiria				17:26.66	576			
	50m:	30.08	30.08	450m:	5:10.72	35.45	850m:	9:54.33	35.32	1250m:	14:36.09	34.69
	100m:	1:03.78	33.70	500m:	5:45.94	35.22	900m:	10:29.56	35.23	1300m:	15:10.78	34.69
	150m:	1:38.71	34.93	550m:	6:21.22	35.28	950m:	11:05.06	35.50	1350m:	15:45.43	34.65
	200m:	2:14.05	35.34	600m:	6:57.07	35.85	1000m:	11:40.96	35.90	1400m:	16:19.77	34.34
	250m:	2:49.13	35.08	650m:	7:32.49	35.42	1050m:	12:15.80	34.84	1450m:	16:54.20	34.43
	300m:	3:24.10	34.97	700m:	8:07.99	35.50	1100m:	12:50.93	35.13	1500m:	17:26.66	32.46
	350m:	3:59.68	35.58	750m:	8:43.97	35.98	1150m:	13:26.38	35.45			
	400m:	4:35.27	35.59	800m:	9:19.01	35.04	1200m:	14:01.40	35.02			
8.	CLARA Vitor Belo		04	Ba-Leiria				17:37.95	558			
	50m:	29.78	29.78	450m:	5:00.55	34.26	850m:	9:48.73	36.63	1250m:	14:37.31	36.65
	100m:	1:02.35	32.57	500m:	5:35.70	35.15	900m:	10:25.01	36.28	1300m:	15:13.49	36.18
	150m:	1:35.81	33.46	550m:	6:11.07	35.37	950m:	11:01.05	36.04	1350m:	15:50.50	37.01
	200m:	2:09.50	33.69	600m:	6:47.05	35.98	1000m:	11:37.17	36.12	1400m:	16:27.20	36.70
	250m:	2:43.41	33.91	650m:	7:23.44	36.39	1050m:	12:13.27	36.10	1450m:	17:03.80	36.60
	300m:	3:17.31	33.90	700m:	7:59.54	36.10	1100m:	12:49.22	35.95	1500m:	17:37.95	34.15
	350m:	3:51.66	34.35	750m:	8:35.70	36.16	1150m:	13:25.43	36.21			
	400m:	4:26.29	34.63	800m:	9:12.10	36.40	1200m:	14:00.66	35.23			
9.	TROMBINHAS Tiago Miguel		04	Colegio Monte Maior				17:56.74	529			
	50m:	31.00	31.00	450m:	5:15.27	36.57	850m:	10:05.89	36.77	1250m:	14:56.86	36.57
	100m:	1:05.35	34.35	500m:	5:50.95	35.68	900m:	10:41.92	36.03	1300m:	15:33.24	36.38
	150m:	1:40.47	35.12	550m:	6:27.52	36.57	950m:	11:18.50	36.58	1350m:	16:09.57	36.33
	200m:	2:15.74	35.27	600m:	7:03.32	35.80	1000m:	11:54.54	36.04	1400m:	16:45.81	36.24
	250m:	2:51.26	35.52	650m:	7:40.17	36.85	1050m:	12:31.14	36.60	1450m:	17:21.91	36.10
	300m:	3:26.94	35.68	700m:	8:16.82	36.65	1100m:	13:07.13	35.99	1500m:	17:56.74	34.83
	350m:	4:02.85	35.91	750m:	8:53.48	36.66	1150m:	13:43.72	36.59			
	400m:	4:38.70	35.85	800m:	9:29.12	35.64	1200m:	14:20.29	36.57			

Prova 14, Masc., 1500m Livres, Absoluto

Lugar			Ano			Tempo final	Pts					
10.	DUARTE Joao Nunes		01	Colegio Efanor		18:12.69	506					
	50m:	31.29	31.29	450m:	5:19.35	36.26	850m:	10:13.16	36.86	1250m:	15:09.48	37.03
	100m:	1:05.92	34.63	500m:	5:55.96	36.61	900m:	10:50.36	37.20	1300m:	15:46.59	37.11
	150m:	1:41.75	35.83	550m:	6:32.49	36.53	950m:	11:27.23	36.87	1350m:	16:23.70	37.11
	200m:	2:17.60	35.85	600m:	7:09.34	36.85	1000m:	12:04.50	37.27	1400m:	17:00.80	37.10
	250m:	2:53.62	36.02	650m:	7:45.79	36.45	1050m:	12:41.32	36.82	1450m:	17:36.94	36.14
	300m:	3:29.97	36.35	700m:	8:22.44	36.65	1100m:	13:18.43	37.11	1500m:	18:12.69	35.75
	350m:	4:06.46	36.49	750m:	8:59.27	36.83	1150m:	13:55.05	36.62			
	400m:	4:43.09	36.63	800m:	9:36.30	37.03	1200m:	14:32.45	37.40			