

Prova 36	Femin., 1500m Livres					Absoluto
25-04-2021 - 10:50	Final Directa					Resultados
Recorde Nacional Absoluto	16:15.12	DURAES Diana Margarida	SLB	Lisboa	09-02-2020	
Recorde Nacional Sen	16:15.12	DURAES Diana Margarida	SLB	Lisboa	09-02-2020	
Recorde Nacional Jun17	16:20.80	HOLUB Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016	
Recorde Nacional Jun16	16:43.22	HOLUB Tamila Hryhorivna	SCB	Singapore (SGP)	29-08-2015	
Recorde Nacional Juv A	16:54.60	HOLUB Tamila Hryhorivna	POR	Dordrecht (NED)	11-07-2014	
Recorde Nacional Juv B	17:34.28	VELOSO Maria Miguel	CNAC	Coimbra	08-07-2007	
Recorde Nacional Inf A	18:05.56	ROSA Mafalda Sofia	CNRM	Rio Maior	24-06-2016	
Recorde Nacional Inf B	18:11.07	RUIVO Filipa Vilas	DNMG	Coimbra	05-07-2009	
Recorde Meeting	16:36.66	HOLUB Tamila Hryhorivna	POR	Coimbra	27-05-2017	

JO : 16:32.04 / CEPL Abs: 16:34.98 / CMJ_Fem 14 - 17: 16:54.49 / CEJun_Fem 14 - 17: 17:14.78 / PreJun_Fem Juv: 17:45.82

Pontos: FINA 2021

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts FINA	Pontos
1.	DURAES Diana Margarida	96		Benfica	16:39.79	+0,77	780
	50m: 31.72 31.72	450m: 5:00.61	33.43	850m: 9:27.10	33.45	1250m: 13:54.17	33.41
	100m: 1:05.55 33.83	500m: 5:34.01	33.40	900m: 10:00.56	33.46	1300m: 14:27.53	33.36
	150m: 1:39.54 33.99	550m: 6:07.36	33.35	950m: 10:34.08	33.52	1350m: 15:01.01	33.48
	200m: 2:13.36 33.82	600m: 6:40.67	33.31	1000m: 11:07.33	33.25	1400m: 15:34.34	33.33
	250m: 2:46.92 33.56	650m: 7:13.91	33.24	1050m: 11:40.83	33.50	1450m: 16:07.46	33.12
	300m: 3:20.37 33.45	700m: 7:47.11	33.20	1100m: 12:14.12	33.29	1500m: 16:39.79	32.33
	350m: 3:53.80 33.43	750m: 8:20.52	33.41	1150m: 12:47.46	33.34		
	400m: 4:27.18 33.38	800m: 8:53.65	33.13	1200m: 13:20.76	33.30		
2.	QUEIROZ Ana Rita	02		Condeixa Clube	18:19.44	+0,58	586
	50m: 32.65 32.65	450m: 5:20.66	36.67	850m: 10:16.93	37.14	1250m: 15:14.53	37.45
	100m: 1:07.36 34.71	500m: 5:57.21	36.55	900m: 10:53.98	37.05	1300m: 15:51.88	37.35
	150m: 1:42.92 35.56	550m: 6:33.93	36.72	950m: 11:31.00	37.02	1350m: 16:28.64	36.76
	200m: 2:19.16 36.24	600m: 7:10.93	37.00	1000m: 12:08.33	37.33	1400m: 17:05.72	37.08
	250m: 2:54.88 35.72	650m: 7:48.09	37.16	1050m: 12:46.03	37.70	1450m: 17:42.66	36.94
	300m: 3:31.14 36.26	700m: 8:25.23	37.14	1100m: 13:22.93	36.90	1500m: 18:19.44	36.78
	350m: 4:07.83 36.69	750m: 9:02.44	37.21	1150m: 14:00.37	37.44		
	400m: 4:43.99 36.16	800m: 9:39.79	37.35	1200m: 14:37.08	36.71		
3.	PIMENTEL Marta Lima	04		Fluvial Portuense	18:33.85	+0,77	564
	50m: 32.80 32.80	450m: 5:26.73	37.09	850m: 10:25.44	37.25	1250m: 15:26.20	37.54
	100m: 1:08.15 35.35	500m: 6:03.80	37.07	900m: 11:02.96	37.52	1300m: 16:03.96	37.76
	150m: 1:44.55 36.40	550m: 6:41.03	37.23	950m: 11:40.32	37.36	1350m: 16:41.62	37.66
	200m: 2:21.57 37.02	600m: 7:18.56	37.53	1000m: 12:17.61	37.29	1400m: 17:19.53	37.91
	250m: 2:58.39 36.82	650m: 7:56.04	37.48	1050m: 12:55.18	37.57	1450m: 17:56.95	37.42
	300m: 3:35.51 37.12	700m: 8:33.62	37.58	1100m: 13:33.10	37.92	1500m: 18:33.85	36.90
	350m: 4:12.60 37.09	750m: 9:10.83	37.21	1150m: 14:10.76	37.66		
	400m: 4:49.64 37.04	800m: 9:48.19	37.36	1200m: 14:48.66	37.90		
4.	NUNES Rita Sofia	05		Colegio Efanor	19:03.94	+0,82	520
	50m: 33.32 33.32	450m: 5:35.84	38.03	850m: 10:42.84	38.26	1250m: 15:52.37	38.68
	100m: 1:09.63 36.31	500m: 6:14.11	38.27	900m: 11:21.28	38.44	1300m: 16:30.68	38.31
	150m: 1:46.93 37.30	550m: 6:52.29	38.18	950m: 11:59.72	38.44	1350m: 17:09.83	39.15
	200m: 2:24.82 37.89	600m: 7:30.62	38.33	1000m: 12:38.75	39.03	1400m: 17:48.09	38.26
	250m: 3:02.93 38.11	650m: 8:09.07	38.45	1050m: 13:17.41	38.66	1450m: 18:26.85	38.76
	300m: 3:41.38 38.45	700m: 8:48.08	39.01	1100m: 13:56.05	38.64	1500m: 19:03.94	37.09
	350m: 4:19.09 37.71	750m: 9:26.09	38.01	1150m: 14:34.69	38.64		
	400m: 4:57.81 38.72	800m: 10:04.58	38.49	1200m: 15:13.69	39.00		