

Prova 33

Masc., 400m Livres

Absoluto

25-04-2021 - 18:10

Resultados Final

Recorde Nacional Absoluto	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
Recorde Nacional Sen	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
Recorde Nacional Jun18	3:53.79	LOPES Jose Paulo	SCB	Oeiras	28-07-2018
Recorde Nacional Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinki (FIN)	14-07-2010
Recorde Nacional Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
Recorde Nacional Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006
Recorde Nacional Inf A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
Recorde Nacional Inf B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26-07-2003
Recorde Meeting	3:57.46	LOPES Jose Paulo	POR	Coimbra	20-05-2018

JO : 3:46.78 / CEPL 12 +: 3:51.98 / TAC : 4:20.37

Pontos: FINA 2021

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts FINA	Pontos
Final A							
1.	COSTA Tiago Cunha	99		Sporting	3:58.02	+0,65	790 16,00
	50m: 27.26 27.26	150m: 1:26.92	30.19	250m: 2:27.79	30.69	350m: 3:29.52	30.92
	100m: 56.73 29.47	200m: 1:57.10	30.18	300m: 2:58.60	30.81	400m: 3:58.02	28.50
2.	GOMES Goncalo Andre	03		Fundacao Beatriz Santos	4:08.79	+0,65	692 13,00
	50m: 27.79 27.79	150m: 1:31.42	32.28	250m: 2:34.68	31.46	350m: 3:38.65	31.98
	100m: 59.14 31.35	200m: 2:03.22	31.80	300m: 3:06.67	31.99	400m: 4:08.79	30.14
3.	MACHADO Martim Miranda	03		Uniao Coimbra	4:09.18	+0,65	688 11,00
	50m: 28.57 28.57	150m: 1:31.45	32.07	250m: 2:35.75	31.78	350m: 3:38.99	31.35
	100m: 59.38 30.81	200m: 2:03.97	32.52	300m: 3:07.64	31.89	400m: 4:09.18	30.19
4.	BASTOS Lucas Pereira	00		Nautico Academico	4:10.68	+0,70	676 10,00
	50m: 28.38 28.38	150m: 1:30.04	31.21	250m: 2:33.46	31.92	350m: 3:38.64	32.71
	100m: 58.83 30.45	200m: 2:01.54	31.50	300m: 3:05.93	32.47	400m: 4:10.68	32.04
5.	LOPES Luis Afonso	03		Viver Santarem	4:13.80	+0,71	651 9,00
	50m: 28.54 28.54	150m: 1:31.43	31.79	250m: 2:36.09	32.41	350m: 3:41.51	32.74
	100m: 59.64 31.10	200m: 2:03.68	32.25	300m: 3:08.77	32.68	400m: 4:13.80	32.29
6.	ALMEIDA Bernardo Victorino	04		Sporting	4:14.36	+0,64	647 8,00
	50m: 27.95 27.95	150m: 1:31.96	32.64	250m: 2:36.23	32.07	350m: 3:41.14	32.66
	100m: 59.32 31.37	200m: 2:04.16	32.20	300m: 3:08.48	32.25	400m: 4:14.36	33.22
7.	BARROS Bruno Rey	01		Sporting	4:17.66	+0,70	623 7,00
	50m: 29.34 29.34	150m: 1:33.85	32.60	250m: 2:39.71	32.72	350m: 3:45.59	32.41
	100m: 1:01.25 31.91	200m: 2:06.99	33.14	300m: 3:13.18	33.47	400m: 4:17.66	32.07
8.	MASCARENHAS Henrique Silva	01		Angola	4:21.88	+0,68	593 -
	<i>FTL</i>						
	50m: 28.96 28.96	150m: 1:34.34	32.66	250m: 2:40.95	33.16	350m: 3:48.50	33.85
	100m: 1:01.68 32.72	200m: 2:07.79	33.45	300m: 3:14.65	33.70	400m: 4:21.88	33.38
9.	LOPES Tomas Teixeira	02		Vitoria Guimaraes	4:25.10	+0,64	572 -
	<i>FTL</i>						
	50m: 26.27 26.27	150m: 1:23.49	29.01	250m: 2:34.49	42.50	350m: 3:49.07	36.98
	100m: 54.48 28.21	200m: 1:51.99	28.50	300m: 3:12.09	37.60	400m: 4:25.10	36.03



XIII MEETING CIDADE DE COIMBRA
XXXII Torneio Internacional Queima das Fitas
Coimbra, 24.4.- 25.4.2021



Prova 33, Masc., 400m Livres, Final, Absoluto

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts FINA	Pontos
10.	AMORIM Ivan Emanuel <i>FTL</i>	02		Colegio Efanor	4:27.15	+0,75	559
	50m: 29.18 29.18	150m: 1:34.76	33.31	250m: 2:44.11	34.85	350m: 3:54.66	35.31
	100m: 1:01.45 32.27	200m: 2:09.26	34.50	300m: 3:19.35	35.24	400m: 4:27.15	32.49
Final B							
11.	PAZ Antonio Manuel <i>FTL</i>	04		Bombeiros Ponta Delgada	4:24.89	+0,65	573
	50m: 29.29 29.29	150m: 1:35.29	33.52	250m: 2:43.40	34.16	350m: 3:51.99	34.23
	100m: 1:01.77 32.48	200m: 2:09.24	33.95	300m: 3:17.76	34.36	400m: 4:24.89	32.90
12.	RIBEIRO Filipe Silva <i>FTL</i>	05		Leixoes	4:31.61	+0,69	531
	50m: 29.26 29.26	150m: 1:36.39	34.55	250m: 2:47.71	35.65	350m: 3:58.06	34.83
	100m: 1:01.84 32.58	200m: 2:12.06	35.67	300m: 3:23.23	35.52	400m: 4:31.61	33.55
13.	DUARTE Joao Nunes <i>FTL</i>	01		Angola	4:32.75	+0,70	525
	50m: 30.82 30.82	150m: 1:39.37	34.71	250m: 2:49.18	34.73	350m: 3:58.99	34.70
	100m: 1:04.66 33.84	200m: 2:14.45	35.08	300m: 3:24.29	35.11	400m: 4:32.75	33.76

