

Prova 33

Masc., 400m Livres

Absoluto

25-04-2021 - 10:30

Resultados Elimin

Recorde Nacional Absoluto	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
Recorde Nacional Sen	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
Recorde Nacional Jun18	3:53.79	LOPES Jose Paulo	SCB	Oeiras	28-07-2018
Recorde Nacional Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinquia (FIN)	14-07-2010
Recorde Nacional Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
Recorde Nacional Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006
Recorde Nacional Inf A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
Recorde Nacional Inf B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26-07-2003
Recorde Meeting	3:57.46	LOPES Jose Paulo	POR	Coimbra	20-05-2018

JO : 3:46.78 / CEPL 12 +: 3:51.98 / CMJ_Masc 15 - 18: 3:56.53 / CEJun_Masc 15 - 18: 4:01.28 / PreJun_Masc Juv: 4:08.52 /

TAC : 4:20.37

Pontos: FINA 2021

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts FINA	Pontos
1.	LOPES Tomas Teixeira	02		Vitoria Guimaraes	4:01.72	+0,64	754 A -
	50m: 28.28 28.28	150m: 1:30.00	30.97	250m: 2:31.32	30.51	350m: 3:31.93	30.27
	100m: 59.03 30.75	200m: 2:00.81	30.81	300m: 3:01.66	30.34	400m: 4:01.72	29.79
2.	COSTA Tiago Cunha	99		Sporting	4:04.85	+0,68	726 A -
	50m: 27.69 27.69	150m: 1:28.54	30.84	250m: 2:30.95	31.09	350m: 3:33.62	31.18
	100m: 57.70 30.01	200m: 1:59.86	31.32	300m: 3:02.44	31.49	400m: 4:04.85	31.23
3.	MARQUES Gustavo Pires	04		Uniao Coimbra	4:10.03	+0,69	681 A -
	50m: 28.47 28.47	150m: 1:31.28	31.35	250m: 2:35.50	31.85	350m: 3:39.25	31.59
	100m: 59.93 31.46	200m: 2:03.65	32.37	300m: 3:07.66	32.16	400m: 4:10.03	30.78
4.	GOMES Goncalo Andre	03		Fundacao Beatriz Santos	4:11.44	+0,68	670 A -
	50m: 28.21 28.21	150m: 1:31.16	31.93	250m: 2:35.14	32.49	350m: 3:39.79	32.38
	100m: 59.23 31.02	200m: 2:02.65	31.49	300m: 3:07.41	32.27	400m: 4:11.44	31.65
5.	LOPES Luis Afonso	03		Viver Santarem	4:12.12	+0,69	665 A -
	50m: 28.96 28.96	150m: 1:33.36	32.11	250m: 2:38.08	31.97	350m: 3:42.25	31.95
	100m: 1:01.25 32.29	200m: 2:06.11	32.75	300m: 3:10.30	32.22	400m: 4:12.12	29.87
6.	ALMEIDA Bernardo Victorino	04		Sporting	4:13.38	+0,62	655 A -
	50m: 28.97 28.97	150m: 1:33.11	32.76	250m: 2:37.45	31.93	350m: 3:41.66	32.00
	100m: 1:00.35 31.38	200m: 2:05.52	32.41	300m: 3:09.66	32.21	400m: 4:13.38	31.72
7.	BASTOS Lucas Pereira	00		Nautico Academico	4:14.79	+0,72	644 A -
	50m: 28.46 28.46	150m: 1:31.75	32.16	250m: 2:37.01	32.67	350m: 3:42.31	32.74
	100m: 59.59 31.13	200m: 2:04.34	32.59	300m: 3:09.57	32.56	400m: 4:14.79	32.48
8.	MACHADO Martim Miranda	03		Uniao Coimbra	4:18.84	+0,69	614 A -
	50m: 29.57 29.57	150m: 1:34.12	32.54	250m: 2:39.91	32.95	350m: 3:46.38	33.41
	100m: 1:01.58 32.01	200m: 2:06.96	32.84	300m: 3:12.97	33.06	400m: 4:18.84	32.46
9.	RIBEIRO Diogo Matos	04		Uniao Coimbra	4:21.95	+0,70	592 A -
	FTL						
	50m: 28.09 28.09	150m: 1:33.47	33.50	250m: 2:39.70	32.74	350m: 3:47.87	34.25
	100m: 59.97 31.88	200m: 2:06.96	33.49	300m: 3:13.62	33.92	400m: 4:21.95	34.08
10.	BARROS Bruno Rey	01		Sporting	4:23.46	+0,68	582 A -
	FTL						
	50m: 29.72 29.72	150m: 1:35.18	33.25	250m: 2:42.84	33.68	350m: 3:50.71	33.65
	100m: 1:01.93 32.21	200m: 2:09.16	33.98	300m: 3:17.06	34.22	400m: 4:23.46	32.75

Prova 33, Masc., 400m Livres, Elimin, Absoluto

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReacPts FINA	Pontos
11.	AMORIM Ivan Emanuel FTL	02		Colegio Efanor	4:25.61	+0,76 568 B	-
	50m: 29.49 29.49 150m: 1:35.85 33.80 250m: 2:44.22 34.46 350m: 3:53.06 33.89						
	100m: 1:02.05 32.56 200m: 2:09.76 33.91 300m: 3:19.17 34.95 400m: 4:25.61 32.55						
12.	MASCARENHAS Henrique Silva FTL	01		Angola	4:30.40	+0,67 539 B	-
	50m: 29.84 29.84 150m: 1:37.93 34.19 250m: 2:46.88 34.37 350m: 3:56.09 34.69						
	100m: 1:03.74 33.90 200m: 2:12.51 34.58 300m: 3:21.40 34.52 400m: 4:30.40 34.31						
13.	PAZ Antonio Manuel FTL	04		Bombeiros Ponta Delgada	4:31.26	+0,66 533 B	-
	50m: 29.59 29.59 150m: 1:36.17 33.69 250m: 2:44.69 34.70 350m: 3:56.05 35.72						
	100m: 1:02.48 32.89 200m: 2:09.99 33.82 300m: 3:20.33 35.64 400m: 4:31.26 35.21						
14.	RIBEIRO Filipe Silva FTL	05		Leixoes	4:31.82	+0,69 530 B	-
	50m: 29.43 29.43 150m: 1:37.70 34.53 250m: 2:46.51 33.96 350m: 3:57.55 35.77						
	100m: 1:03.17 33.74 200m: 2:12.55 34.85 300m: 3:21.78 35.27 400m: 4:31.82 34.27						
15.	DUARTE Joao Nunes FTL	01		Angola	4:40.03	+0,69 485 B	-
	50m: 31.64 31.64 150m: 1:41.24 35.23 250m: 2:53.17 35.63 350m: 4:04.63 35.81						
	100m: 1:06.01 34.37 200m: 2:17.54 36.30 300m: 3:28.82 35.65 400m: 4:40.03 35.40						