

COIMBRA-RUMO A TÓQUIO 2021
Coimbra, 27- - 28-3-2021

Prova 2 Masc., 1500m Livres Absolutos
27-03-2021 - 10:40 Resultados

RN Absoluto	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30-03-2017
RN Sen	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30-03-2017
RN Jun 18	15:23.46	PINA Guilherme Filipe	POR	Hodmezovasarhely (HUN)	07-07-2016
RN Jun 17	15:43.45	PINA Guilherme Filipe	POR	Singapore (SGP)	30-08-2015
RN Juv A	15:45.55	SANTA Gustavo Manuel	POR	Tampere (FIN)	23-07-2009
RN Juv B	16:30.45	JORGE Duarte Miguel	CGA	Oeiras	21-07-2016

TAC Juv 50m: 17:24.74 - 25m: 16:57.29; Jun 50m: 16:44.75 - 25m: 16:18.45; Sen 50m: 16:06.01 - 25m: 15:40.77 / JO Absoluto: 15:00.99 / CMJ_Masc 15 - 18: 15:38.05 / CEPL 12 +: 15:20.01 / CEJun_Masc 15 - 18: 15:56.90 / PreJun_Masc Juv: 16:25.61

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	RIBEIRO Gustavo Carvalhais <i>Minimos CEJun</i>	03	Galitos / Bresimar	15:56.33	+0,79	755		
	50m: 29.03	29.03	450m: 4:44.19	32.23	850m: 8:59.70	31.73	1250m: 13:15.60	31.84
	100m: 1:00.12	31.09	500m: 5:16.66	32.47	900m: 9:31.59	31.89	1300m: 13:47.80	32.20
	150m: 1:31.83	31.71	550m: 5:48.46	31.80	950m: 10:03.52	31.93	1350m: 14:19.90	32.10
	200m: 2:03.76	31.93	600m: 6:20.35	31.89	1000m: 10:35.47	31.95	1400m: 14:52.41	32.51
	250m: 2:35.80	32.04	650m: 6:52.09	31.74	1050m: 11:07.37	31.90	1450m: 15:24.47	32.06
	300m: 3:07.95	32.15	700m: 7:24.16	32.07	1100m: 11:39.56	32.19	1500m: 15:56.33	31.86
	350m: 3:39.87	31.92	750m: 7:55.93	31.77	1150m: 12:11.42	31.86		
	400m: 4:11.96	32.09	800m: 8:27.97	32.04	1200m: 12:43.76	32.34		
2.	CARDOSO Diogo Santos	01	Colegio Monte Maior	15:58.14	+0,76	751		
	50m: 29.42	29.42	450m: 4:44.89	32.31	850m: 9:02.12	32.23	1250m: 13:19.92	32.48
	100m: 1:01.42	32.00	500m: 5:17.11	32.22	900m: 9:34.18	32.06	1300m: 13:52.35	32.43
	150m: 1:33.19	31.77	550m: 5:49.03	31.92	950m: 10:06.44	32.26	1350m: 14:24.80	32.45
	200m: 2:05.29	32.10	600m: 6:21.24	32.21	1000m: 10:38.69	32.25	1400m: 14:56.99	32.19
	250m: 2:37.13	31.84	650m: 6:53.02	31.78	1050m: 11:10.75	32.06	1450m: 15:28.12	31.13
	300m: 3:08.75	31.62	700m: 7:25.33	32.31	1100m: 11:42.79	32.04	1500m: 15:58.14	30.02
	350m: 3:40.56	31.81	750m: 7:57.46	32.13	1150m: 12:15.03	32.24		
	400m: 4:12.58	32.02	800m: 8:29.89	32.43	1200m: 12:47.44	32.41		
3.	MACHADO Martim Miranda	03	Uniao Coimbra	16:06.70	+0,71	731		
	50m: 29.26	29.26	450m: 4:44.30	32.14	850m: 9:02.46	32.24	1250m: 13:21.12	32.70
	100m: 1:00.76	31.50	500m: 5:16.51	32.21	900m: 9:34.58	32.12	1300m: 13:54.27	33.15
	150m: 1:32.51	31.75	550m: 5:48.64	32.13	950m: 10:06.71	32.13	1350m: 14:27.82	33.55
	200m: 2:04.41	31.90	600m: 6:20.99	32.35	1000m: 10:39.09	32.38	1400m: 15:01.09	33.27
	250m: 2:35.97	31.56	650m: 6:53.27	32.28	1050m: 11:11.33	32.24	1450m: 15:34.61	33.52
	300m: 3:08.24	32.27	700m: 7:25.57	32.30	1100m: 11:43.43	32.10	1500m: 16:06.70	32.09
	350m: 3:39.93	31.69	750m: 7:57.62	32.05	1150m: 12:15.76	32.33		
	400m: 4:12.16	32.23	800m: 8:30.22	32.60	1200m: 12:48.42	32.66		
4.	LOPES Luis Afonso	03	Viver Santarem	16:28.61	+0,66	683		
	50m: 28.96	28.96	450m: 4:48.79	32.51	850m: 9:14.26	33.27	1250m: 13:42.14	33.62
	100m: 1:00.55	31.59	500m: 5:21.84	33.05	900m: 9:47.29	33.03	1300m: 14:15.88	33.74
	150m: 1:33.12	32.57	550m: 5:55.51	33.67	950m: 10:20.49	33.20	1350m: 14:49.71	33.83
	200m: 2:05.88	32.76	600m: 6:28.62	33.11	1000m: 10:53.84	33.35	1400m: 15:23.72	34.01
	250m: 2:38.54	32.66	650m: 7:01.63	33.01	1050m: 11:27.59	33.75	1450m: 15:56.80	33.08
	300m: 3:11.45	32.91	700m: 7:34.33	32.70	1100m: 12:00.98	33.39	1500m: 16:28.61	31.81
	350m: 3:43.93	32.48	750m: 8:07.49	33.16	1150m: 12:34.78	33.80		
	400m: 4:16.28	32.35	800m: 8:40.99	33.50	1200m: 13:08.52	33.74		

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COIMBRA-RUMO A TÓQUIO 2021
Coimbra, 27- - 28-3-2021

Prova 2, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	MARQUES Gustavo Pires	04	Uniao Coimbra	16:43.94	+0,74	653	
	50m: 28.90 28.90	450m: 4:50.34	33.23	850m: 9:21.67	34.17	1250m: 13:55.28	34.16
	100m: 1:01.18 32.28	500m: 5:24.12	33.78	900m: 9:55.88	34.21	1300m: 14:29.41	34.13
	150m: 1:33.52 32.34	550m: 5:57.74	33.62	950m: 10:29.94	34.06	1350m: 15:03.63	34.22
	200m: 2:06.35 32.83	600m: 6:31.52	33.78	1000m: 11:03.89	33.95	1400m: 15:37.44	33.81
	250m: 2:38.74 32.39	650m: 7:05.43	33.91	1050m: 11:38.20	34.31	1450m: 16:11.11	33.67
	300m: 3:11.46 32.72	700m: 7:39.41	33.98	1100m: 12:12.59	34.39	1500m: 16:43.94	32.83
	350m: 3:43.86 32.40	750m: 8:13.41	34.00	1150m: 12:47.01	34.42		
	400m: 4:17.11 33.25	800m: 8:47.50	34.09	1200m: 13:21.12	34.11		
6.	CARVALHO Martim Henriques	04	Rio Maior	16:59.46	+0,71	623	
	50m: 30.35 30.35	450m: 4:54.63	33.25	850m: 9:28.79	34.62	1250m: 14:08.39	35.39
	100m: 1:02.80 32.45	500m: 5:28.50	33.87	900m: 10:03.51	34.72	1300m: 14:42.46	34.07
	150m: 1:35.70 32.90	550m: 6:02.80	34.30	950m: 10:38.43	34.92	1350m: 15:17.75	35.29
	200m: 2:08.04 32.34	600m: 6:36.80	34.00	1000m: 11:13.28	34.85	1400m: 15:52.12	34.37
	250m: 2:40.88 32.84	650m: 7:11.39	34.59	1050m: 11:48.31	35.03	1450m: 16:26.32	34.20
	300m: 3:14.01 33.13	700m: 7:45.25	33.86	1100m: 12:23.03	34.72	1500m: 16:59.46	33.14
	350m: 3:47.69 33.68	750m: 8:19.94	34.69	1150m: 12:58.27	35.24		
	400m: 4:21.38 33.69	800m: 8:54.17	34.23	1200m: 13:33.00	34.73		
7.	ANSELMO Raul Sousa	05	Bombeiros Ponta Delgada	17:02.96	+0,73	617	
	50m: 31.04 31.04	450m: 5:05.46	34.58	850m: 9:39.65	34.36	1250m: 14:12.05	34.47
	100m: 1:04.63 33.59	500m: 5:40.00	34.54	900m: 10:13.85	34.20	1300m: 14:46.48	34.43
	150m: 1:38.85 34.22	550m: 6:14.52	34.52	950m: 10:47.29	33.44	1350m: 15:20.93	34.45
	200m: 2:12.87 34.02	600m: 6:48.72	34.20	1000m: 11:20.97	33.68	1400m: 15:55.45	34.52
	250m: 2:47.70 34.83	650m: 7:23.05	34.33	1050m: 11:54.81	33.84	1450m: 16:29.37	33.92
	300m: 3:22.13 34.43	700m: 7:57.09	34.04	1100m: 12:28.87	34.06	1500m: 17:02.96	33.59
	350m: 3:56.69 34.56	750m: 8:31.29	34.20	1150m: 13:02.99	34.12		
	400m: 4:30.88 34.19	800m: 9:05.29	34.00	1200m: 13:37.58	34.59		
8.	SOUSA Joao Maria	05	Braga	17:15.43	+0,72	595	
	50m: 30.29 30.29	450m: 5:05.26	34.35	850m: 9:39.47	33.99	1250m: 14:21.00	35.57
	100m: 1:03.80 33.51	500m: 5:39.90	34.64	900m: 10:14.27	34.80	1300m: 14:56.60	35.60
	150m: 1:38.16 34.36	550m: 6:14.24	34.34	950m: 10:48.63	34.36	1350m: 15:31.68	35.08
	200m: 2:12.74 34.58	600m: 6:48.64	34.40	1000m: 11:23.34	34.71	1400m: 16:06.88	35.20
	250m: 2:47.39 34.65	650m: 7:22.79	34.15	1050m: 11:58.50	35.16	1450m: 16:41.49	34.61
	300m: 3:21.83 34.44	700m: 7:56.92	34.13	1100m: 12:33.94	35.44	1500m: 17:15.43	33.94
	350m: 3:56.67 34.84	750m: 8:31.00	34.08	1150m: 13:09.58	35.64		
	400m: 4:30.91 34.24	800m: 9:05.48	34.48	1200m: 13:45.43	35.85		
9.	CARVALHO Joao Carlos	05	Braga	17:16.28	+0,73	593	
	50m: 29.81 29.81	450m: 5:02.42	34.71	850m: 9:43.90	35.09	1250m: 14:25.14	35.36
	100m: 1:02.84 33.03	500m: 5:37.62	35.20	900m: 10:19.34	35.44	1300m: 15:00.00	34.86
	150m: 1:36.11 33.27	550m: 6:12.46	34.84	950m: 10:54.41	35.07	1350m: 15:34.85	34.85
	200m: 2:09.85 33.74	600m: 6:47.63	35.17	1000m: 11:29.13	34.72	1400m: 16:09.87	35.02
	250m: 2:43.74 33.89	650m: 7:22.89	35.26	1050m: 12:04.05	34.92	1450m: 16:43.97	34.10
	300m: 3:18.40 34.66	700m: 7:58.03	35.14	1100m: 12:39.42	35.37	1500m: 17:16.28	32.31
	350m: 3:52.76 34.36	750m: 8:33.20	35.17	1150m: 13:14.45	35.03		
	400m: 4:27.71 34.95	800m: 9:08.81	35.61	1200m: 13:49.78	35.33		

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COIMBRA-RUMO A TÓQUIO 2021
Coimbra, 27- - 28-3-2021

Prova 2, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
10.	CLARA Vitor Belo	04	Ba-Leiria	17:22.19	+0,70	583		
	50m: 29.94	29.94	450m: 5:05.16	35.28	850m: 9:46.34	34.67	1250m: 14:28.29	35.65
	100m: 1:02.53	32.59	500m: 5:39.79	34.63	900m: 10:21.30	34.96	1300m: 15:03.27	34.98
	150m: 1:36.27	33.74	550m: 6:15.28	35.49	950m: 10:56.32	35.02	1350m: 15:38.60	35.33
	200m: 2:10.46	34.19	600m: 6:50.57	35.29	1000m: 11:31.27	34.95	1400m: 16:13.66	35.06
	250m: 2:45.31	34.85	650m: 7:25.91	35.34	1050m: 12:06.89	35.62	1450m: 16:48.11	34.45
	300m: 3:20.16	34.85	700m: 8:00.92	35.01	1100m: 12:41.82	34.93	1500m: 17:22.19	34.08
	350m: 3:54.89	34.73	750m: 8:36.36	35.44	1150m: 13:16.98	35.16		
	400m: 4:29.88	34.99	800m: 9:11.67	35.31	1200m: 13:52.64	35.66		
11.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	17:35.16	+0,80	562		
	50m: 30.50	30.50	450m: 5:05.81	34.15	850m: 9:48.47	35.54	1250m: 14:37.27	36.21
	100m: 1:04.29	33.79	500m: 5:40.91	35.10	900m: 10:24.53	36.06	1300m: 15:13.33	36.06
	150m: 1:38.63	34.34	550m: 6:15.56	34.65	950m: 11:00.51	35.98	1350m: 15:49.31	35.98
	200m: 2:13.33	34.70	600m: 6:50.74	35.18	1000m: 11:36.55	36.04	1400m: 16:25.26	35.95
	250m: 2:47.70	34.37	650m: 7:25.79	35.05	1050m: 12:12.37	35.82	1450m: 17:00.75	35.49
	300m: 3:22.44	34.74	700m: 8:01.46	35.67	1100m: 12:48.63	36.26	1500m: 17:35.16	34.41
	350m: 3:57.03	34.59	750m: 8:36.88	35.42	1150m: 13:24.45	35.82		
	400m: 4:31.66	34.63	800m: 9:12.93	36.05	1200m: 14:01.06	36.61		

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