

Prova 18
28-03-2021 - 10:00

Femin., 800m Livres

Absolutos
Resultados

RN Absoluto	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23-06-2018
RN Sen	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23-06-2018
RN Jun 17	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
RN Jun 16	8:45.53	HOLUB Tamila Hryhorivna	SCB	Coimbra	30-05-2015
RN Juv A	8:50.68	HOLUB Tamila Hryhorivna	SCB	Oeiras	27-07-2014
RN Juv B	9:07.70	SILVA Alexandra Maria	POR	Split (CRO)	10-09-1981

TAC Juv 50m: 9:54.99 - 25m: 9:48.37; Jun 50m: 9:32.21 - 25m: 9:22.75; Sen 50m: 9:10.20 - 25m: 9:04.22 / JO Absoluto: 8:33.36 / CMJ_Fem 14 - 17: 8:54.28 / CEPL Abs: 8:44.00 / CEJun_Fem 14 - 17: 9:04.96 / PreJun_Fem Juv: 9:21.31

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	HOLUB Tamila Hryhorivna <i>Minimos CEPL</i>	99	Braga	8:42.39	+0,73	799	
	50m: 30.75 30.75	250m: 2:41.30	32.49	450m: 4:52.62	32.88	650m: 7:05.15	33.06
	100m: 1:03.50 32.75	300m: 3:14.01	32.71	500m: 5:25.70	33.08	700m: 7:38.72	33.57
	150m: 1:36.33 32.83	350m: 3:46.76	32.75	550m: 5:58.71	33.01	750m: 8:11.42	32.70
	200m: 2:08.81 32.48	400m: 4:19.74	32.98	600m: 6:32.09	33.38	800m: 8:42.39	30.97
2.	DURAES Diana Margarida <i>Minimos CEPL</i>	96	Benfica	8:42.93	+0,75	796	
	50m: 31.25 31.25	250m: 2:43.14	32.72	450m: 4:54.57	32.79	650m: 7:05.93	32.73
	100m: 1:04.38 33.13	300m: 3:15.99	32.85	500m: 5:27.54	32.97	700m: 7:38.81	32.88
	150m: 1:37.32 32.94	350m: 3:48.84	32.85	550m: 6:00.31	32.77	750m: 8:11.56	32.75
	200m: 2:10.42 33.10	400m: 4:21.78	32.94	600m: 6:33.20	32.89	800m: 8:42.93	31.37
3.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	9:07.70	+0,79	693	
	50m: 31.60 31.60	250m: 2:47.19	34.59	450m: 5:07.09	35.09	650m: 7:25.00	34.41
	100m: 1:04.77 33.17	300m: 3:21.94	34.75	500m: 5:41.82	34.73	700m: 7:59.70	34.70
	150m: 1:38.18 33.41	350m: 3:56.97	35.03	550m: 6:16.25	34.43	750m: 8:34.23	34.53
	200m: 2:12.60 34.42	400m: 4:32.00	35.03	600m: 6:50.59	34.34	800m: 9:07.70	33.47
4.	CARDEAL Joana Nunes	02	Academico Viseu	9:13.52	+0,80	671	
	50m: 31.98 31.98	250m: 2:50.55	35.06	450m: 5:10.27	34.94	650m: 7:30.09	34.96
	100m: 1:05.99 34.01	300m: 3:25.22	34.67	500m: 5:45.23	34.96	700m: 8:05.16	35.07
	150m: 1:40.82 34.83	350m: 4:00.39	35.17	550m: 6:20.27	35.04	750m: 8:39.80	34.64
	200m: 2:15.49 34.67	400m: 4:35.33	34.94	600m: 6:55.13	34.86	800m: 9:13.52	33.72
5.	PIRES Marta Joao	05	Alges	9:15.30	+0,77	665	
	50m: 32.29 32.29	250m: 2:52.65	34.94	450m: 5:13.26	34.77	650m: 7:33.41	34.51
	100m: 1:07.49 35.20	300m: 3:27.97	35.32	500m: 5:48.62	35.36	700m: 8:08.18	34.77
	150m: 1:42.35 34.86	350m: 4:03.22	35.25	550m: 6:23.67	35.05	750m: 8:42.24	34.06
	200m: 2:17.71 35.36	400m: 4:38.49	35.27	600m: 6:58.90	35.23	800m: 9:15.30	33.06
6.	QUEIROZ Ana Rita	02	Condeixa Clube	9:17.76	+0,76	656	
	50m: 32.00 32.00	250m: 2:49.84	35.06	450m: 5:11.05	35.40	650m: 7:33.28	35.55
	100m: 1:05.52 33.52	300m: 3:24.87	35.03	500m: 5:46.61	35.56	700m: 8:08.95	35.67
	150m: 1:39.76 34.24	350m: 4:00.09	35.22	550m: 6:22.13	35.52	750m: 8:43.25	34.30
	200m: 2:14.78 35.02	400m: 4:35.65	35.56	600m: 6:57.73	35.60	800m: 9:17.76	34.51
7.	MENDES Mariana Amaral	02	Colegio Monte Maior	9:17.87	+0,84	656	
	50m: 32.39 32.39	250m: 2:51.40	34.99	450m: 5:12.08	35.28	650m: 7:33.49	35.39
	100m: 1:06.88 34.49	300m: 3:26.35	34.95	500m: 5:47.40	35.32	700m: 8:08.97	35.48
	150m: 1:41.39 34.51	350m: 4:01.48	35.13	550m: 6:22.71	35.31	750m: 8:43.89	34.92
	200m: 2:16.41 35.02	400m: 4:36.80	35.32	600m: 6:58.10	35.39	800m: 9:17.87	33.98

ORGANIZAÇÃO



CÂMARA MUNICIPAL
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PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA
E ALIMENTAÇÃO FUNCIONAL



PARCEIROS



Prova 18, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	LOPES Daniela Magalhaes	05	Famalicao	9:25.25	+0,79	630	
	50m: 31.81 31.81	250m: 2:54.65	36.23 450m: 5:18.41	35.60	650m: 7:40.12	35.28	
	100m: 1:06.27 34.46	300m: 3:30.78	36.13 500m: 5:53.96	35.55	700m: 8:15.42	35.30	
	150m: 1:42.11 35.84	350m: 4:07.09	36.31 550m: 6:29.48	35.52	750m: 8:50.75	35.33	
	200m: 2:18.42 36.31	400m: 4:42.81	35.72 600m: 7:04.84	35.36	800m: 9:25.25	34.50	
9.	CARDEAL Beatriz Nunes	04	Academico Viseu	9:25.43	+0,74	630	
	50m: 32.24 32.24	250m: 2:53.25	35.47 450m: 5:16.06	35.67	650m: 7:39.79	35.76	
	100m: 1:07.07 34.83	300m: 3:28.79	35.54 500m: 5:51.90	35.84	700m: 8:15.86	36.07	
	150m: 1:42.48 35.41	350m: 4:04.45	35.66 550m: 6:27.97	36.07	750m: 8:51.23	35.37	
	200m: 2:17.78 35.30	400m: 4:40.39	35.94 600m: 7:04.03	36.06	800m: 9:25.43	34.20	
10.	ALVES Joana Silva	05	Benedita	9:36.88	+0,63	593	
	50m: 32.02 32.02	250m: 2:55.45	36.29 450m: 5:20.38	35.97	650m: 7:47.41	36.95	
	100m: 1:06.87 34.85	300m: 3:31.83	36.38 500m: 5:57.00	36.62	700m: 8:23.97	36.56	
	150m: 1:42.80 35.93	350m: 4:08.20	36.37 550m: 6:33.61	36.61	750m: 9:00.77	36.80	
	200m: 2:19.16 36.36	400m: 4:44.41	36.21 600m: 7:10.46	36.85	800m: 9:36.88	36.11	
11.	RODRIGUES Joana Francisca	04	Uniao Coimbra	9:40.27	+0,72	583	
	50m: 31.91 31.91	250m: 2:55.98	36.66 450m: 5:22.74	36.91	650m: 7:51.34	37.22	
	100m: 1:06.80 34.89	300m: 3:32.33	36.35 500m: 5:59.99	37.25	700m: 8:28.84	37.50	
	150m: 1:42.87 36.07	350m: 4:09.19	36.86 550m: 6:37.11	37.12	750m: 9:05.80	36.96	
	200m: 2:19.32 36.45	400m: 4:45.83	36.64 600m: 7:14.12	37.01	800m: 9:40.27	34.47	
12.	PEIXOTO Carolina Esteves	06	Braga	9:40.70	+0,76	581	
	50m: 32.87 32.87	250m: 2:57.98	36.65 450m: 5:25.20	36.51	650m: 7:52.24	36.44	
	100m: 1:08.34 35.47	300m: 3:34.99	37.01 500m: 6:02.18	36.98	700m: 8:28.86	36.62	
	150m: 1:44.53 36.19	350m: 4:11.72	36.73 550m: 6:38.88	36.70	750m: 9:04.84	35.98	
	200m: 2:21.33 36.80	400m: 4:48.69	36.97 600m: 7:15.80	36.92	800m: 9:40.70	35.86	
13.	LOPES Francisca Macedo	05	Vilacondense	9:43.80	+0,82	572	
	50m: 32.22 32.22	250m: 2:57.23	36.70 450m: 5:24.07	36.66	650m: 7:52.27	37.35	
	100m: 1:07.59 35.37	300m: 3:33.85	36.62 500m: 6:00.98	36.91	700m: 8:29.65	37.38	
	150m: 1:43.98 36.39	350m: 4:10.67	36.82 550m: 6:37.96	36.98	750m: 9:07.06	37.41	
	200m: 2:20.53 36.55	400m: 4:47.41	36.74 600m: 7:14.92	36.96	800m: 9:43.80	36.74	
14.	FARIA Leonor Verissimo	06	Nucleo de Pombal	9:45.61	+0,82	567	
	50m: 32.51 32.51	250m: 2:58.96	37.07 450m: 5:27.40	37.28	650m: 7:56.31	37.20	
	100m: 1:08.17 35.66	300m: 3:36.03	37.07 500m: 6:04.61	37.21	700m: 8:33.11	36.80	
	150m: 1:45.05 36.88	350m: 4:13.05	37.02 550m: 6:41.79	37.18	750m: 9:09.82	36.71	
	200m: 2:21.89 36.84	400m: 4:50.12	37.07 600m: 7:19.11	37.32	800m: 9:45.61	35.79	
15.	CATALAO Leonor Tavares	06	Sporting	9:55.14	+0,82	540	
	50m: 33.85 33.85	250m: 3:04.89	37.88 450m: 5:36.33	37.51	650m: 8:06.46	37.24	
	100m: 1:10.70 36.85	300m: 3:42.93	38.04 500m: 6:13.84	37.51	700m: 8:43.92	37.46	
	150m: 1:48.79 38.09	350m: 4:21.04	38.11 550m: 6:51.51	37.67	750m: 9:19.95	36.03	
	200m: 2:27.01 38.22	400m: 4:58.82	37.78 600m: 7:29.22	37.71	800m: 9:55.14	35.19	
16.	RAMOS Joana Barbas	06	Gafanha da Encarnacao	9:57.32	+0,80	534	
	50m: 34.10 34.10	250m: 3:05.65	38.11 450m: 5:37.33	37.42	650m: 8:07.90	37.07	
	100m: 1:11.29 37.19	300m: 3:43.65	38.00 500m: 6:15.23	37.90	700m: 8:44.76	36.86	
	150m: 1:49.47 38.18	350m: 4:21.74	38.09 550m: 6:53.10	37.87	750m: 9:20.95	36.19	
	200m: 2:27.54 38.07	400m: 4:59.91	38.17 600m: 7:30.83	37.73	800m: 9:57.32	36.37	

Prova 18, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	COSTA Anita Gouveia	06	Condeixa Clube	9:58.36	+0,72	531	
	50m: 33.04 33.04	250m: 3:03.90	38.56 450m: 5:35.74	38.03	650m: 8:08.17	37.79	
	100m: 1:09.72 36.68	300m: 3:41.18	37.28 500m: 6:14.21	38.47	700m: 8:45.98	37.81	
	150m: 1:47.87 38.15	350m: 4:19.14	37.96 550m: 6:52.41	38.20	750m: 9:22.73	36.75	
	200m: 2:25.34 37.47	400m: 4:57.71	38.57 600m: 7:30.38	37.97	800m: 9:58.36	35.63	
18.	PINTO Leonor Filipa	06	Porto	9:59.80	+0,80	528	
	50m: 33.04 33.04	250m: 3:01.70	38.02 450m: 5:34.01	37.72	650m: 8:06.96	38.04	
	100m: 1:09.16 36.12	300m: 3:40.11	38.41 500m: 6:12.23	38.22	700m: 8:45.35	38.39	
	150m: 1:45.86 36.70	350m: 4:17.90	37.79 550m: 6:50.40	38.17	750m: 9:23.13	37.78	
	200m: 2:23.68 37.82	400m: 4:56.29	38.39 600m: 7:28.92	38.52	800m: 9:59.80	36.67	
19.	FROIS Maria Francisca	06	Ba-Leiria	10:00.07	+0,83	527	
	50m: 32.62 32.62	250m: 3:04.17	38.16 450m: 5:36.66	37.21	650m: 8:08.01	37.14	
	100m: 1:09.53 36.91	300m: 3:42.62	38.45 500m: 6:14.71	38.05	700m: 8:45.04	37.03	
	150m: 1:47.93 38.40	350m: 4:21.07	38.45 550m: 6:52.99	38.28	750m: 9:22.23	37.19	
	200m: 2:26.01 38.08	400m: 4:59.45	38.38 600m: 7:30.87	37.88	800m: 10:00.07	37.84	
20.	ALMEIDA Maria Emilia	07	Galitos / Bresimar	10:06.91	+0,84	509	
	50m: 34.57 34.57	250m: 3:04.86	37.66 450m: 5:37.42	38.08	650m: 8:12.01	38.47	
	100m: 1:12.06 37.49	300m: 3:42.98	38.12 500m: 6:16.14	38.72	700m: 8:51.38	39.37	
	150m: 1:49.47 37.41	350m: 4:20.81	37.83 550m: 6:54.68	38.54	750m: 9:29.55	38.17	
	200m: 2:27.20 37.73	400m: 4:59.34	38.53 600m: 7:33.54	38.86	800m: 10:06.91	37.36	
21.	NUNES Rita Sofia	05	Colegio Efanor	10:21.73	+0,89	474	
	50m: 33.35 33.35	250m: 3:08.59	39.14 450m: 5:45.66	39.21	650m: 8:24.63	39.60	
	100m: 1:11.79 38.44	300m: 3:48.29	39.70 500m: 6:25.29	39.63	700m: 9:04.33	39.70	
	150m: 1:50.08 38.29	350m: 4:27.39	39.10 550m: 7:05.51	40.22	750m: 9:43.48	39.15	
	200m: 2:29.45 39.37	400m: 5:06.45	39.06 600m: 7:45.03	39.52	800m: 10:21.73	38.25	
DNS	CHEROUATI Souad Nefissa	89	Benfica				
DNS	MONTEIRO Ana Catarina	93	Vilacondense				
DNS	FLORENCIO Matilde Alves	04	Condeixa Clube				
DNS	FERREIRA Maria Neto	06	Fundacao Beatriz Santos				
DNS	PIRES Catarina Gaspar	06	Porto				