

Prova 7 Femin., 200m Costas 10 anos e mais velhos
26-06-2021 - 16:50 Resultados

Rec Nac Adaptada S14	3:14.60	RESENDE, Sonia Castanheiro	SCA	Póvoa de Varzim	18-06-2016
Rec Nac Adaptada S15	3:43.76	CORREIA, Raquel Rosa	ACDCBR	Póvoa de Varzim	18-06-2016
Rec Nac Adaptada S21	3:41.39	NG, Mannie	POR	Liberec (CZE)	08-07-2009

Pontos: FINA 2021

Lugar	Nome	Ano	Classe	Excp	Clube	Tempo final	IPC	Pts
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Classe S14-Absoluto

1.	MONTEIRO, Raquel Rocilio	98	S14		Feira Viva	4:16.16	111	9,00
	50m: 1:03.21 1:03.21	100m: 2:07.63 1:04.42	150m: 3:13.21 1:05.58	200m: 4:16.16 1:02.95				
2.	PALMA, Ana Filipa	94	S14		Naval de Faro	4:49.82	77	7,00
	50m: 1:00.77 1:00.77	100m: 2:16.35 1:15.58	150m: 3:35.87 1:19.52	200m: 4:49.82 1:13.95				

Classe S21 (SDown)-Absoluto

1.	CASTRO, Ana Alexandra	92	S21		Porto	4:10.68	119	9,00
	50m: 1:03.64 1:03.64	100m: 2:04.66 1:01.02	150m: 3:09.46 1:04.80	200m: 4:10.68 1:01.22				

Classe S14-Seniores

1.	MONTEIRO, Raquel Rocilio	98	S14		Feira Viva	4:16.16	111	9,00
	50m: 1:03.21 1:03.21	100m: 2:07.63 1:04.42	150m: 3:13.21 1:05.58	200m: 4:16.16 1:02.95				
2.	PALMA, Ana Filipa	94	S14		Naval de Faro	4:49.82	77	7,00
	50m: 1:00.77 1:00.77	100m: 2:16.35 1:15.58	150m: 3:35.87 1:19.52	200m: 4:49.82 1:13.95				

Classe S21 (SDown)-Seniores

1.	CASTRO, Ana Alexandra	92	S21		Porto	4:10.68	119	9,00
	50m: 1:03.64 1:03.64	100m: 2:04.66 1:01.02	150m: 3:09.46 1:04.80	200m: 4:10.68 1:01.22				

