

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29
01/08/2021 - 15:30

Masc., 1500m Livres

Juvenis B
Resultados

Rec Nac Absoluto	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
Rec Nac Juv B	16:30.45	JORGE Duarte Miguel	CGA	Oeiras	21/07/2016

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FARIA Eduardo Nuno	06	Braga	17:13.06	+0,88	599	
	50m: 30.54 30.54	450m: 5:07.77	34.57	850m: 9:43.07	34.34	1250m: 14:19.36	34.31
	100m: 1:04.58 34.04	500m: 5:42.53	34.76	900m: 10:18.00	34.93	1300m: 14:54.46	35.10
	150m: 1:39.66 35.08	550m: 6:17.05	34.52	950m: 10:52.46	34.46	1350m: 15:27.74	33.28
	200m: 2:14.60 34.94	600m: 6:51.29	34.24	1000m: 11:27.02	34.56	1400m: 16:02.51	34.77
	250m: 2:49.48 34.88	650m: 7:25.38	34.09	1050m: 12:01.00	33.98	1450m: 16:38.32	35.81
	300m: 3:24.07 34.59	700m: 8:00.00	34.62	1100m: 12:35.98	34.98	1500m: 17:13.06	34.74
	350m: 3:58.87 34.80	750m: 8:34.35	34.35	1150m: 13:10.04	34.06		
	400m: 4:33.20 34.33	800m: 9:08.73	34.38	1200m: 13:45.05	35.01		
2.	LOUREIRO Bruno Silva	06	Porto	17:18.26	+0,76	590	
	50m: 31.81 31.81	450m: 5:07.98	34.42	850m: 9:45.59	34.46	1250m: 14:24.95	35.13
	100m: 1:06.70 34.89	500m: 5:42.56	34.58	900m: 10:20.31	34.72	1300m: 14:59.87	34.92
	150m: 1:40.51 33.81	550m: 6:17.21	34.65	950m: 10:55.07	34.76	1350m: 15:34.97	35.10
	200m: 2:15.21 34.70	600m: 6:52.33	35.12	1000m: 11:30.29	35.22	1400m: 16:10.17	35.20
	250m: 2:49.55 34.34	650m: 7:26.80	34.47	1050m: 12:04.89	34.60	1450m: 16:44.84	34.67
	300m: 3:24.33 34.78	700m: 8:01.56	34.76	1100m: 12:39.72	34.83	1500m: 17:18.26	33.42
	350m: 3:58.59 34.26	750m: 8:36.21	34.65	1150m: 13:14.72	35.00		
	400m: 4:33.56 34.97	800m: 9:11.13	34.92	1200m: 13:49.82	35.10		
3.	SANTOS Rui Miguel	06	Famalicao	17:35.73	+0,86	561	
	50m: 31.91 31.91	450m: 5:10.52	35.00	850m: 9:56.25	35.50	1250m: 14:41.70	35.01
	100m: 1:06.71 34.80	500m: 5:45.99	35.47	900m: 10:32.06	35.81	1300m: 15:16.63	34.93
	150m: 1:41.23 34.52	550m: 6:21.76	35.77	950m: 11:07.86	35.80	1350m: 15:51.98	35.35
	200m: 2:16.10 34.87	600m: 6:57.31	35.55	1000m: 11:43.76	35.90	1400m: 16:27.03	35.05
	250m: 2:50.71 34.61	650m: 7:33.16	35.85	1050m: 12:19.88	36.12	1450m: 17:01.92	34.89
	300m: 3:25.51 34.80	700m: 8:08.79	35.63	1100m: 12:55.54	35.66	1500m: 17:35.73	33.81
	350m: 4:00.82 35.31	750m: 8:44.86	36.07	1150m: 13:31.37	35.83		
	400m: 4:35.52 34.70	800m: 9:20.75	35.89	1200m: 14:06.69	35.32		
4.	JEVIC Milan Santos	06	Braga	17:44.00	+0,75	548	
	50m: 29.51 29.51	450m: 5:05.35	34.73	850m: 9:52.20	36.41	1250m: 14:43.88	35.19
	100m: 1:02.59 33.08	500m: 5:40.59	35.24	900m: 10:28.35	36.15	1300m: 15:20.99	37.11
	150m: 1:36.72 34.13	550m: 6:15.60	35.01	950m: 11:04.87	36.52	1350m: 15:57.66	36.67
	200m: 2:11.29 34.57	600m: 6:51.05	35.45	1000m: 11:41.94	37.07	1400m: 16:33.82	36.16
	250m: 2:46.01 34.72	650m: 7:26.68	35.63	1050m: 12:18.51	36.57	1450m: 17:08.97	35.15
	300m: 3:20.78 34.77	700m: 8:03.07	36.39	1100m: 12:55.38	36.87	1500m: 17:44.00	35.03
	350m: 3:55.50 34.72	750m: 8:39.15	36.08	1150m: 13:31.57	36.19		
	400m: 4:30.62 35.12	800m: 9:15.79	36.64	1200m: 14:08.69	37.12		
5.	FERNANDES Duarte Jose	06	Individual ANC	17:45.16	+0,75	546	
	50m: 31.37 31.37	450m: 5:14.69	35.58	850m: 9:57.74	35.33	1250m: 14:48.37	36.81
	100m: 1:06.10 34.73	500m: 5:50.11	35.42	900m: 10:33.25	35.51	1300m: 15:24.33	35.96
	150m: 1:41.53 35.43	550m: 6:25.61	35.50	950m: 11:08.89	35.64	1350m: 16:00.68	36.35
	200m: 2:17.14 35.61	600m: 7:01.19	35.58	1000m: 11:45.01	36.12	1400m: 16:36.97	36.29
	250m: 2:52.99 35.85	650m: 7:36.71	35.52	1050m: 12:21.47	36.46	1450m: 17:12.37	35.40
	300m: 3:28.43 35.44	700m: 8:11.99	35.28	1100m: 12:58.16	36.69	1500m: 17:45.16	32.79
	350m: 4:03.87 35.44	750m: 8:47.42	35.43	1150m: 13:35.23	37.07		
	400m: 4:39.11 35.24	800m: 9:22.41	34.99	1200m: 14:11.56	36.33		

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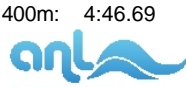
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Prova 29, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	DURAO Miguel Costa	06	Braga	17:46.23	+0,78	545	
	50m: 31.63 31.63	450m: 5:16.99	35.83	850m: 10:04.16	35.93	1250m: 14:50.55	35.90
	100m: 1:07.02 35.39	500m: 5:52.58	35.59	900m: 10:39.81	35.65	1300m: 15:26.14	35.59
	150m: 1:42.75 35.73	550m: 6:28.81	36.23	950m: 11:15.74	35.93	1350m: 16:01.74	35.60
	200m: 2:18.39 35.64	600m: 7:04.45	35.64	1000m: 11:51.20	35.46	1400m: 16:36.86	35.12
	250m: 2:54.38 35.99	650m: 7:40.53	36.08	1050m: 12:27.41	36.21	1450m: 17:11.95	35.09
	300m: 3:29.93 35.55	700m: 8:16.23	35.70	1100m: 13:03.16	35.75	1500m: 17:46.23	34.28
	350m: 4:05.30 35.37	750m: 8:52.47	36.24	1150m: 13:39.11	35.95		
	400m: 4:41.16 35.86	800m: 9:28.23	35.76	1200m: 14:14.65	35.54		
7.	ZHUKOV Mark	06	Braga	17:50.63	+0,77	538	
	50m: 31.84 31.84	450m: 5:14.91	35.85	850m: 10:03.08	36.33	1250m: 14:50.50	35.99
	100m: 1:06.14 34.30	500m: 5:51.10	36.19	900m: 10:39.04	35.96	1300m: 15:25.77	35.27
	150m: 1:41.41 35.27	550m: 6:27.14	36.04	950m: 11:14.99	35.95	1350m: 16:02.57	36.80
	200m: 2:16.65 35.24	600m: 7:02.77	35.63	1000m: 11:50.65	35.66	1400m: 16:38.21	35.64
	250m: 2:52.30 35.65	650m: 7:38.81	36.04	1050m: 12:26.66	36.01	1450m: 17:14.94	36.73
	300m: 3:27.94 35.64	700m: 8:14.49	35.68	1100m: 13:02.68	36.02	1500m: 17:50.63	35.69
	350m: 4:03.31 35.37	750m: 8:50.76	36.27	1150m: 13:38.73	36.05		
	400m: 4:39.06 35.75	800m: 9:26.75	35.99	1200m: 14:14.51	35.78		
8.	ALVES Andre Correia	06	Uniao Piedense	17:55.07	+0,77	531	
	50m: 31.63 31.63	450m: 5:18.89	36.28	850m: 10:07.08	36.34	1250m: 14:57.24	36.07
	100m: 1:07.26 35.63	500m: 5:54.97	36.08	900m: 10:43.61	36.53	1300m: 15:33.43	36.19
	150m: 1:43.09 35.83	550m: 6:30.23	35.26	950m: 11:20.09	36.48	1350m: 16:09.45	36.02
	200m: 2:19.65 36.56	600m: 7:05.99	35.76	1000m: 11:56.85	36.76	1400m: 16:45.62	36.17
	250m: 2:55.14 35.49	650m: 7:42.21	36.22	1050m: 12:32.39	35.54	1450m: 17:21.07	35.45
	300m: 3:30.70 35.56	700m: 8:18.43	36.22	1100m: 13:08.23	35.84	1500m: 17:55.07	34.00
	350m: 4:06.51 35.81	750m: 8:54.62	36.19	1150m: 13:44.62	36.39		
	400m: 4:42.61 36.10	800m: 9:30.74	36.12	1200m: 14:21.17	36.55		
9.	PEREIRA Tomas Veiga	06	Fundacao Beatriz Santos	17:59.60	+0,94	525	
	50m: 32.16 32.16	450m: 5:20.73	36.35	850m: 10:12.01	36.37	1250m: 15:02.38	36.35
	100m: 1:07.28 35.12	500m: 5:56.96	36.23	900m: 10:48.31	36.30	1300m: 15:38.44	36.06
	150m: 1:43.15 35.87	550m: 6:33.37	36.41	950m: 11:24.62	36.31	1350m: 16:14.19	35.75
	200m: 2:19.25 36.10	600m: 7:09.88	36.51	1000m: 12:01.00	36.38	1400m: 16:50.01	35.82
	250m: 2:56.06 36.81	650m: 7:46.36	36.48	1050m: 12:37.05	36.05	1450m: 17:25.06	35.05
	300m: 3:32.32 36.26	700m: 8:22.68	36.32	1100m: 13:13.29	36.24	1500m: 17:59.60	34.54
	350m: 4:08.66 36.34	750m: 8:59.05	36.37	1150m: 13:49.38	36.09		
	400m: 4:44.38 35.72	800m: 9:35.64	36.59	1200m: 14:26.03	36.65		
10.	PIRES Gustavo Teixeira	06	Columbofila Cantanhedense	18:02.42	+0,75	521	
	50m: 33.42 33.42	450m: 5:20.44	36.11	850m: 10:10.61	36.54	1250m: 15:01.76	36.54
	100m: 1:08.48 35.06	500m: 5:56.26	35.82	900m: 10:46.71	36.10	1300m: 15:38.26	36.50
	150m: 1:44.28 35.80	550m: 6:32.47	36.21	950m: 11:23.07	36.36	1350m: 16:14.99	36.73
	200m: 2:19.84 35.56	600m: 7:08.62	36.15	1000m: 11:59.20	36.13	1400m: 16:51.31	36.32
	250m: 2:55.85 36.01	650m: 7:45.24	36.62	1050m: 12:35.76	36.56	1450m: 17:27.66	36.35
	300m: 3:31.86 36.01	700m: 8:21.34	36.10	1100m: 13:11.93	36.17	1500m: 18:02.42	34.76
	350m: 4:08.21 36.35	750m: 8:58.00	36.66	1150m: 13:48.41	36.48		
	400m: 4:44.33 36.12	800m: 9:34.07	36.07	1200m: 14:25.22	36.81		
11.	BRANDAO Afonso Aires	06	Desportiva de Viana	18:04.54	+0,74	518	
	50m: 31.48 31.48	450m: 5:23.02	36.33	850m: 10:16.14	36.74	1250m: 15:07.88	36.67
	100m: 1:07.50 36.02	500m: 6:00.00	36.98	900m: 10:53.03	36.89	1300m: 15:44.64	36.76
	150m: 1:43.82 36.32	550m: 6:36.24	36.24	950m: 11:29.31	36.28	1350m: 16:20.98	36.34
	200m: 2:20.48 36.66	600m: 7:13.06	36.82	1000m: 12:05.98	36.67	1400m: 16:57.43	36.45
	250m: 2:56.52 36.04	650m: 7:49.63	36.57	1050m: 12:42.60	36.62	1450m: 17:31.82	34.39
	300m: 3:33.68 37.16	700m: 8:26.34	36.71	1100m: 13:18.59	35.99	1500m: 18:04.54	32.72
	350m: 4:10.04 36.36	750m: 9:02.20	35.86	1150m: 13:55.12	36.53		
	400m: 4:46.69 36.65	800m: 9:39.40	37.20	1200m: 14:31.21	36.09		

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Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	MESQUITA Rodrigo Andrade	06	Sporting	18:08.73	+0,79	512	
	50m: 31.61 31.61	450m: 5:21.12 35.84	850m: 10:13.38 36.26	1250m: 15:07.91 36.74			
	100m: 1:07.31 35.70	500m: 5:58.53 37.41	900m: 10:50.39 37.01	1300m: 15:45.07 37.16			
	150m: 1:43.85 36.54	550m: 6:34.43 35.90	950m: 11:25.74 35.35	1350m: 16:21.32 36.25			
	200m: 2:20.48 36.63	600m: 7:10.18 35.75	1000m: 12:03.21 37.47	1400m: 16:58.99 37.67			
	250m: 2:55.07 34.59	650m: 7:46.72 36.54	1050m: 12:40.57 37.36	1450m: 17:33.67 34.68			
	300m: 3:31.45 36.38	700m: 8:23.47 36.75	1100m: 13:17.54 36.97	1500m: 18:08.73 35.06			
	350m: 4:07.86 36.41	750m: 9:00.54 37.07	1150m: 13:54.30 36.76				
	400m: 4:45.28 37.42	800m: 9:37.12 36.58	1200m: 14:31.17 36.87				
13.	FIGUEIREDO Joao Pinto	06	O Crasto	18:08.84	+0,75	511	
	50m: 31.71 31.71	450m: 5:21.51 36.29	850m: 10:13.91 36.42	1250m: 15:07.07 36.60			
	100m: 1:07.00 35.29	500m: 5:57.96 36.45	900m: 10:50.08 36.17	1300m: 15:43.94 36.87			
	150m: 1:43.55 36.55	550m: 6:34.57 36.61	950m: 11:26.03 35.95	1350m: 16:21.37 37.43			
	200m: 2:19.94 36.39	600m: 7:11.04 36.47	1000m: 12:03.05 37.02	1400m: 16:58.19 36.82			
	250m: 2:56.20 36.26	650m: 7:47.39 36.35	1050m: 12:40.55 37.50	1450m: 17:34.31 36.12			
	300m: 3:32.30 36.10	700m: 8:24.01 36.62	1100m: 13:17.07 36.52	1500m: 18:08.84 34.53			
	350m: 4:08.74 36.44	750m: 9:00.86 36.85	1150m: 13:54.04 36.97				
	400m: 4:45.22 36.48	800m: 9:37.49 36.63	1200m: 14:30.47 36.43				
14.	CORREIA Tiago Almeida	06	Natacao do Montijo	18:15.57	+0,96	502	
	50m: 31.11 31.11	450m: 5:21.16 36.27	850m: 10:15.88 37.06	1250m: 15:13.14 37.61			
	100m: 1:06.21 35.10	500m: 5:57.76 36.60	900m: 10:53.33 37.45	1300m: 15:50.38 37.24			
	150m: 1:42.56 36.35	550m: 6:34.45 36.69	950m: 11:30.33 37.00	1350m: 16:27.31 36.93			
	200m: 2:18.96 36.40	600m: 7:11.39 36.94	1000m: 12:06.88 36.55	1400m: 17:04.32 37.01			
	250m: 2:55.82 36.86	650m: 7:48.24 36.85	1050m: 12:44.26 37.38	1450m: 17:40.75 36.43			
	300m: 3:32.01 36.19	700m: 8:25.07 36.83	1100m: 13:21.41 37.15	1500m: 18:15.57 34.82			
	350m: 4:08.66 36.65	750m: 9:01.94 36.87	1150m: 13:58.72 37.31				
	400m: 4:44.89 36.23	800m: 9:38.82 36.88	1200m: 14:35.53 36.81				
15.	SANTOS Tomas Nolan	06	Fundacao Beatriz Santos	18:15.90	+0,71	502	
	50m: 31.55 31.55	450m: 5:21.09 36.69	850m: 10:14.54 36.61	1250m: 15:10.90 37.10			
	100m: 1:06.45 34.90	500m: 5:57.93 36.84	900m: 10:51.49 36.95	1300m: 15:48.24 37.34			
	150m: 1:42.92 36.47	550m: 6:34.66 36.73	950m: 11:28.37 36.88	1350m: 16:25.44 37.20			
	200m: 2:18.73 35.81	600m: 7:11.40 36.74	1000m: 12:05.55 37.18	1400m: 17:03.12 37.68			
	250m: 2:54.92 36.19	650m: 7:47.70 36.30	1050m: 12:42.35 36.80	1450m: 17:39.58 36.46			
	300m: 3:31.28 36.36	700m: 8:24.53 36.83	1100m: 13:19.76 37.41	1500m: 18:15.90 36.32			
	350m: 4:07.80 36.52	750m: 9:01.02 36.49	1150m: 13:56.51 36.75				
	400m: 4:44.40 36.60	800m: 9:37.93 36.91	1200m: 14:33.80 37.29				
16.	RODRIGUES Francisco Manuel	06	Naval da Horta	18:40.50	+0,85	469	
	50m: 32.68 32.68	450m: 5:29.94 37.24	850m: 10:29.29 37.00	1250m: 15:30.65 38.21			
	100m: 1:08.48 35.80	500m: 6:07.48 37.54	900m: 11:06.78 37.49	1300m: 16:08.79 38.14			
	150m: 1:45.43 36.95	550m: 6:45.02 37.54	950m: 11:44.21 37.43	1350m: 16:47.12 38.33			
	200m: 2:22.83 37.40	600m: 7:22.40 37.38	1000m: 12:21.80 37.59	1400m: 17:24.81 37.69			
	250m: 3:00.46 37.63	650m: 7:59.82 37.42	1050m: 12:59.32 37.52	1450m: 18:02.93 38.12			
	300m: 3:38.03 37.57	700m: 8:37.27 37.45	1100m: 13:36.98 37.66	1500m: 18:40.50 37.57			
	350m: 4:15.41 37.38	750m: 9:14.48 37.21	1150m: 14:14.48 37.50				
	400m: 4:52.70 37.29	800m: 9:52.29 37.81	1200m: 14:52.44 37.96				
DNS	CASTRO Augusto Bernardo	06	Bombeiros Ponta Delgada				

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Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres

Prova 29 Masc., 1500m Livres Juvenis A
01/08/2021 - 15:30 Resultados

Rec Nac Absoluto	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
Rec Nac Juv A	15:45.55	SANTA Gustavo Manuel	POR	Tampere (FIN)	23/07/2009

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	16:53.75	+0,75	634	
	50m: 29.83 29.83	450m: 5:02.98	34.28	850m: 9:35.84	34.11	1250m: 14:06.98	33.73
	100m: 1:03.50 33.67	500m: 5:37.23	34.25	900m: 10:10.39	34.55	1300m: 14:40.77	33.79
	150m: 1:37.52 34.02	550m: 6:10.87	33.64	950m: 10:44.31	33.92	1350m: 15:14.47	33.70
	200m: 2:11.82 34.30	600m: 6:45.19	34.32	1000m: 11:18.20	33.89	1400m: 15:47.85	33.38
	250m: 2:45.76 33.94	650m: 7:19.26	34.07	1050m: 11:51.57	33.37	1450m: 16:21.22	33.37
	300m: 3:19.69 33.93	700m: 7:53.55	34.29	1100m: 12:25.46	33.89	1500m: 16:53.75	32.53
	350m: 3:54.42 34.73	750m: 8:27.85	34.30	1150m: 12:59.18	33.72		
	400m: 4:28.70 34.28	800m: 9:01.73	33.88	1200m: 13:33.25	34.07		
2.	ANSELMO Raul Sousa	05	Bombeiros Ponta Delgada	17:00.33	+0,85	622	
	50m: 30.17 30.17	450m: 5:01.79	34.28	850m: 9:37.42	34.17	1250m: 14:11.76	34.43
	100m: 1:03.22 33.05	500m: 5:36.36	34.57	900m: 10:11.59	34.17	1300m: 14:45.99	34.23
	150m: 1:36.99 33.77	550m: 6:10.63	34.27	950m: 10:45.87	34.28	1350m: 15:20.83	34.84
	200m: 2:10.76 33.77	600m: 6:45.04	34.41	1000m: 11:20.06	34.19	1400m: 15:55.07	34.24
	250m: 2:44.55 33.79	650m: 7:19.60	34.56	1050m: 11:54.35	34.29	1450m: 16:28.62	33.55
	300m: 3:18.89 34.34	700m: 7:54.24	34.64	1100m: 12:28.59	34.24	1500m: 17:00.33	31.71
	350m: 3:53.14 34.25	750m: 8:28.78	34.54	1150m: 13:03.10	34.51		
	400m: 4:27.51 34.37	800m: 9:03.25	34.47	1200m: 13:37.33	34.23		
3.	CARDOSO Guilherme Maia	05	Columbofila Cantanhedense	17:02.49	+0,73	618	
	50m: 30.54 30.54	450m: 5:04.59	34.67	850m: 9:38.54	34.52	1250m: 14:15.18	34.24
	100m: 1:03.82 33.28	500m: 5:39.05	34.46	900m: 10:13.04	34.50	1300m: 14:49.33	34.15
	150m: 1:37.95 34.13	550m: 6:12.75	33.70	950m: 10:48.13	35.09	1350m: 15:23.40	34.07
	200m: 2:11.88 33.93	600m: 6:46.51	33.76	1000m: 11:22.91	34.78	1400m: 15:57.22	33.82
	250m: 2:46.60 34.72	650m: 7:20.62	34.11	1050m: 11:57.41	34.50	1450m: 16:30.28	33.06
	300m: 3:20.93 34.33	700m: 7:54.64	34.02	1100m: 12:32.00	34.59	1500m: 17:02.49	32.21
	350m: 3:55.66 34.73	750m: 8:29.16	34.52	1150m: 13:06.38	34.38		
	400m: 4:29.92 34.26	800m: 9:04.02	34.86	1200m: 13:40.94	34.56		
4.	OLIVEIRA Jose Francisco	05	Ba-Leiria	17:11.72	+0,85	601	
	50m: 31.10 31.10	450m: 5:08.68	34.37	850m: 9:43.95	34.61	1250m: 14:20.71	34.40
	100m: 1:04.85 33.75	500m: 5:43.54	34.86	900m: 10:18.56	34.61	1300m: 14:55.28	34.57
	150m: 1:39.87 35.02	550m: 6:18.18	34.64	950m: 10:53.36	34.80	1350m: 15:28.99	33.71
	200m: 2:14.59 34.72	600m: 6:52.65	34.47	1000m: 11:27.73	34.37	1400m: 16:03.20	34.21
	250m: 2:49.57 34.98	650m: 7:26.48	33.83	1050m: 12:02.64	34.91	1450m: 16:37.96	34.76
	300m: 3:24.37 34.80	700m: 8:00.78	34.30	1100m: 12:37.16	34.52	1500m: 17:11.72	33.76
	350m: 3:59.09 34.72	750m: 8:35.21	34.43	1150m: 13:11.96	34.80		
	400m: 4:34.31 35.22	800m: 9:09.34	34.13	1200m: 13:46.31	34.35		
5.	PEREIRA Manuel Angelo	05	Sporting	17:17.20	+0,78	592	
	50m: 31.55 31.55	450m: 5:11.21	35.06	850m: 9:49.96	34.31	1250m: 14:26.13	34.28
	100m: 1:05.33 33.78	500m: 5:46.54	35.33	900m: 10:24.46	34.50	1300m: 15:01.16	35.03
	150m: 1:40.22 34.89	550m: 6:21.70	35.16	950m: 10:58.73	34.27	1350m: 15:36.11	34.95
	200m: 2:15.48 35.26	600m: 6:56.74	35.04	1000m: 11:33.41	34.68	1400m: 16:10.79	34.68
	250m: 2:50.61 35.13	650m: 7:31.22	34.48	1050m: 12:07.99	34.58	1450m: 16:44.54	33.75
	300m: 3:26.02 35.41	700m: 8:06.43	35.21	1100m: 12:42.70	34.71	1500m: 17:17.20	32.66
	350m: 4:00.95 34.93	750m: 8:40.82	34.39	1150m: 13:17.31	34.61		
	400m: 4:36.15 35.20	800m: 9:15.65	34.83	1200m: 13:51.85	34.54		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



PATROCINADOR OFICIAL



FORNECEDOR OFICIAL



PARCEIROS



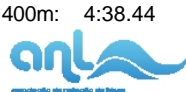
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	SOUSA Joao Maria	05	Braga	17:18.05	+0,81	590	
	50m: 30.39 30.39	450m: 5:04.00	34.21	850m: 9:42.26	35.07	1250m: 14:23.71	34.76
	100m: 1:04.65 34.26	500m: 5:38.73	34.73	900m: 10:17.27	35.01	1300m: 14:58.95	35.24
	150m: 1:38.37 33.72	550m: 6:13.15	34.42	950m: 10:52.09	34.82	1350m: 15:34.38	35.43
	200m: 2:12.73 34.36	600m: 6:48.16	35.01	1000m: 11:27.47	35.38	1400m: 16:09.78	35.40
	250m: 2:46.62 33.89	650m: 7:22.60	34.44	1050m: 12:02.62	35.15	1450m: 16:44.05	34.27
	300m: 3:21.31 34.69	700m: 7:57.80	35.20	1100m: 12:38.21	35.59	1500m: 17:18.05	34.00
	350m: 3:55.22 33.91	750m: 8:32.10	34.30	1150m: 13:13.72	35.51		
	400m: 4:29.79 34.57	800m: 9:07.19	35.09	1200m: 13:48.95	35.23		
7.	AMADO Pedro Maria	05	Alges	17:23.74	+0,86	581	
	50m: 30.85 30.85	450m: 5:09.33	34.72	850m: 9:49.01	34.74	1250m: 14:29.57	34.77
	100m: 1:04.73 33.88	500m: 5:44.50	35.17	900m: 10:24.23	35.22	1300m: 15:05.11	35.54
	150m: 1:39.48 34.75	550m: 6:19.38	34.88	950m: 10:59.05	34.82	1350m: 15:39.80	34.69
	200m: 2:15.11 35.63	600m: 6:54.58	35.20	1000m: 11:34.55	35.50	1400m: 16:15.18	35.38
	250m: 2:49.94 34.83	650m: 7:29.35	34.77	1050m: 12:09.25	34.70	1450m: 16:49.61	34.43
	300m: 3:24.99 35.05	700m: 8:04.53	35.18	1100m: 12:44.67	35.42	1500m: 17:23.74	34.13
	350m: 3:59.58 34.59	750m: 8:39.21	34.68	1150m: 13:19.43	34.76		
	400m: 4:34.61 35.03	800m: 9:14.27	35.06	1200m: 13:54.80	35.37		
8.	REMELHE Joao Anibal	05	Braga	17:34.20	+0,75	564	
	50m: 30.86 30.86	450m: 5:09.10	34.56	850m: 9:53.49	35.35	1250m: 14:38.34	35.60
	100m: 1:04.68 33.82	500m: 5:44.41	35.31	900m: 10:28.74	35.25	1300m: 15:14.22	35.88
	150m: 1:39.18 34.50	550m: 6:19.86	35.45	950m: 11:04.21	35.47	1350m: 15:50.31	36.09
	200m: 2:14.09 34.91	600m: 6:55.19	35.33	1000m: 11:39.88	35.67	1400m: 16:25.82	35.51
	250m: 2:49.14 35.05	650m: 7:30.67	35.48	1050m: 12:15.81	35.93	1450m: 17:00.34	34.52
	300m: 3:24.28 35.14	700m: 8:06.26	35.59	1100m: 12:50.93	35.12	1500m: 17:34.20	33.86
	350m: 3:59.14 34.86	750m: 8:42.19	35.93	1150m: 13:27.06	36.13		
	400m: 4:34.54 35.40	800m: 9:18.14	35.95	1200m: 14:02.74	35.68		
9.	GONCALVES Alexandre Ramos	05	Colegio SMLamas	17:36.31	+0,81	560	
	50m: 31.96 31.96	450m: 5:13.82	36.05	850m: 9:58.06	35.47	1250m: 14:42.10	35.11
	100m: 1:06.44 34.48	500m: 5:49.17	35.35	900m: 10:32.96	34.90	1300m: 15:18.41	36.31
	150m: 1:41.67 35.23	550m: 6:23.30	34.13	950m: 11:08.69	35.73	1350m: 15:54.80	36.39
	200m: 2:17.45 35.78	600m: 6:58.38	35.08	1000m: 11:44.12	35.43	1400m: 16:30.15	35.35
	250m: 2:52.88 35.43	650m: 7:35.14	36.76	1050m: 12:19.31	35.19	1450m: 17:02.83	32.68
	300m: 3:28.15 35.27	700m: 8:10.79	35.65	1100m: 12:55.14	35.83	1500m: 17:36.31	33.48
	350m: 4:02.80 34.65	750m: 8:47.02	36.23	1150m: 13:31.05	35.91		
	400m: 4:37.77 34.97	800m: 9:22.59	35.57	1200m: 14:06.99	35.94		
10.	NETO Vasco Goncalves	05	Porto	17:36.43	+0,82	560	
	50m: 31.42 31.42	450m: 5:07.81	34.85	850m: 9:50.86	35.75	1250m: 14:39.21	36.21
	100m: 1:05.67 34.25	500m: 5:42.96	35.15	900m: 10:26.37	35.51	1300m: 15:15.08	35.87
	150m: 1:39.95 34.28	550m: 6:18.06	35.10	950m: 11:02.18	35.81	1350m: 15:51.80	36.72
	200m: 2:14.41 34.46	600m: 6:53.36	35.30	1000m: 11:37.87	35.69	1400m: 16:27.02	35.22
	250m: 2:48.94 34.53	650m: 7:28.86	35.50	1050m: 12:14.14	36.27	1450m: 17:02.86	35.84
	300m: 3:23.66 34.72	700m: 8:04.25	35.39	1100m: 12:50.16	36.02	1500m: 17:36.43	33.57
	350m: 3:58.17 34.51	750m: 8:39.89	35.64	1150m: 13:26.55	36.39		
	400m: 4:32.96 34.79	800m: 9:15.11	35.22	1200m: 14:03.00	36.45		
11.	SANTOS Goncalo Carvalho	05	Louzan Natacao/EFAPEL	17:40.92	+0,78	553	
	50m: 32.49 32.49	450m: 5:14.27	35.83	850m: 9:59.05	36.21	1250m: 14:44.73	36.34
	100m: 1:06.21 33.72	500m: 5:49.85	35.58	900m: 10:34.08	35.03	1300m: 15:20.38	35.65
	150m: 1:41.87 35.66	550m: 6:24.84	34.99	950m: 11:09.37	35.29	1350m: 15:56.43	36.05
	200m: 2:16.98 35.11	600m: 6:59.93	35.09	1000m: 11:45.13	35.76	1400m: 16:31.26	34.83
	250m: 2:52.73 35.75	650m: 7:36.02	36.09	1050m: 12:20.62	35.49	1450m: 17:07.02	35.76
	300m: 3:27.79 35.06	700m: 8:11.67	35.65	1100m: 12:56.35	35.73	1500m: 17:40.92	33.90
	350m: 4:03.42 35.63	750m: 8:47.30	35.63	1150m: 13:32.60	36.25		
	400m: 4:38.44 35.02	800m: 9:22.84	35.54	1200m: 14:08.39	35.79		

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PARCEIROS



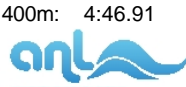
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	DIAS Pedro Anselmo	05	Academico Viseu	17:43.11	+0,82	549	
	50m: 30.62 30.62	450m: 5:13.04 35.98	850m: 10:01.21 36.04	1250m: 14:48.36 35.89			
	100m: 1:04.39 33.77	500m: 5:49.00 35.96	900m: 10:37.43 36.22	1300m: 15:23.96 35.60			
	150m: 1:39.51 35.12	550m: 6:25.05 36.05	950m: 11:13.34 35.91	1350m: 15:59.70 35.74			
	200m: 2:14.84 35.33	600m: 7:01.09 36.04	1000m: 11:49.15 35.81	1400m: 16:35.43 35.73			
	250m: 2:50.10 35.26	650m: 7:37.17 36.08	1050m: 12:24.95 35.80	1450m: 17:10.35 34.92			
	300m: 3:25.48 35.38	700m: 8:13.13 35.96	1100m: 13:00.94 35.99	1500m: 17:43.11 32.76			
	350m: 4:01.26 35.78	750m: 8:49.04 35.91	1150m: 13:36.86 35.92				
	400m: 4:37.06 35.80	800m: 9:25.17 36.13	1200m: 14:12.47 35.61				
13.	ALMEIDA Joao Neves	05	Fundacao Beatriz Santos	17:43.34	+0,74	549	
	50m: 31.37 31.37	450m: 5:13.91 35.77	850m: 10:00.56 36.01	1250m: 14:48.45 36.24			
	100m: 1:05.53 34.16	500m: 5:49.73 35.82	900m: 10:36.52 35.96	1300m: 15:24.84 36.39			
	150m: 1:40.53 35.00	550m: 6:25.43 35.70	950m: 11:12.24 35.72	1350m: 16:00.25 35.41			
	200m: 2:16.09 35.56	600m: 7:01.28 35.85	1000m: 11:48.27 36.03	1400m: 16:36.03 35.78			
	250m: 2:51.27 35.18	650m: 7:36.95 35.67	1050m: 12:24.21 35.94	1450m: 17:10.84 34.81			
	300m: 3:26.60 35.33	700m: 8:12.64 35.69	1100m: 13:00.11 35.90	1500m: 17:43.34 32.50			
	350m: 4:02.44 35.84	750m: 8:48.56 35.92	1150m: 13:36.09 35.98				
	400m: 4:38.14 35.70	800m: 9:24.55 35.99	1200m: 14:12.21 36.12				
14.	LEITE Afonso Martim	05	Foca Quinta da Lixa CNF	17:44.55	+0,79	547	
	50m: 31.69 31.69	450m: 5:09.14 34.61	850m: 9:54.33 35.94	1250m: 14:44.76 36.55			
	100m: 1:05.71 34.02	500m: 5:44.33 35.19	900m: 10:30.67 36.34	1300m: 15:21.35 36.59			
	150m: 1:40.15 34.44	550m: 6:19.54 35.21	950m: 11:06.97 36.30	1350m: 15:57.82 36.47			
	200m: 2:15.36 35.21	600m: 6:55.13 35.59	1000m: 11:43.08 36.11	1400m: 16:34.19 36.37			
	250m: 2:50.27 34.91	650m: 7:30.93 35.80	1050m: 12:19.12 36.04	1450m: 17:10.28 36.09			
	300m: 3:24.89 34.62	700m: 8:06.66 35.73	1100m: 12:55.53 36.41	1500m: 17:44.55 34.27			
	350m: 3:59.67 34.78	750m: 8:42.46 35.80	1150m: 13:31.70 36.17				
	400m: 4:34.53 34.86	800m: 9:18.39 35.93	1200m: 14:08.21 36.51				
15.	BARBOSA Diogo Sousa	05	Benfica	17:44.63	+0,81	547	
	50m: 30.76 30.76	450m: 5:15.18 35.48	850m: 10:01.65 36.01	1250m: 14:50.11 36.10			
	100m: 1:05.85 35.09	500m: 5:51.16 35.98	900m: 10:37.62 35.97	1300m: 15:25.79 35.68			
	150m: 1:41.27 35.42	550m: 6:26.87 35.71	950m: 11:13.74 36.12	1350m: 16:01.37 35.58			
	200m: 2:17.06 35.79	600m: 7:02.42 35.55	1000m: 11:49.45 35.71	1400m: 16:36.80 35.43			
	250m: 2:52.55 35.49	650m: 7:38.11 35.69	1050m: 12:25.30 35.85	1450m: 17:12.47 35.67			
	300m: 3:28.32 35.77	700m: 8:14.00 35.89	1100m: 13:01.46 36.16	1500m: 17:44.63 32.16			
	350m: 4:03.97 35.65	750m: 8:49.60 35.60	1150m: 13:37.66 36.20				
	400m: 4:39.70 35.73	800m: 9:25.64 36.04	1200m: 14:14.01 36.35				
16.	TORRES Joao Pedro	05	Porto	18:02.70	+1,01	520	
	50m: 31.44 31.44	450m: 5:17.69 36.91	850m: 10:04.62 35.62	1250m: 15:00.45 37.13			
	100m: 1:05.75 34.31	500m: 5:54.35 36.66	900m: 10:41.93 37.31	1300m: 15:37.61 37.16			
	150m: 1:41.04 35.29	550m: 6:28.87 34.52	950m: 11:18.48 36.55	1350m: 16:14.15 36.54			
	200m: 2:16.72 35.68	600m: 7:04.48 35.61	1000m: 11:55.10 36.62	1400m: 16:51.08 36.93			
	250m: 2:52.42 35.70	650m: 7:40.04 35.56	1050m: 12:32.53 37.43	1450m: 17:27.77 36.69			
	300m: 3:28.44 36.02	700m: 8:16.12 36.08	1100m: 13:09.38 36.85	1500m: 18:02.70 34.93			
	350m: 4:04.45 36.01	750m: 8:52.09 35.97	1150m: 13:45.60 36.22				
	400m: 4:40.78 36.33	800m: 9:29.00 36.91	1200m: 14:23.32 37.72				
17.	RIBEIRO Tomas Carvalhinho	05	Natacao da Maia	18:10.25	+0,77	509	
	50m: 30.80 30.80	450m: 5:23.84 36.93	850m: 10:18.97 36.04	1250m: 15:11.37 36.04			
	100m: 1:05.68 34.88	500m: 6:01.06 37.22	900m: 10:55.89 36.92	1300m: 15:47.54 36.17			
	150m: 1:41.63 35.95	550m: 6:37.66 36.60	950m: 11:32.39 36.50	1350m: 16:23.40 35.86			
	200m: 2:18.64 37.01	600m: 7:15.02 37.36	1000m: 12:09.14 36.75	1400m: 16:59.50 36.10			
	250m: 2:55.40 36.76	650m: 7:51.68 36.66	1050m: 12:45.34 36.20	1450m: 17:35.18 35.68			
	300m: 3:32.31 36.91	700m: 8:28.96 37.28	1100m: 13:22.30 36.96	1500m: 18:10.25 35.07			
	350m: 4:09.35 37.04	750m: 9:05.65 36.69	1150m: 13:58.67 36.37				
	400m: 4:46.91 37.56	800m: 9:42.93 37.28	1200m: 14:35.33 36.66				

ORGANIZAÇÃO



PARCEIROS



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
18.	LAFUENTE Miguel Teixeira	05	Porto	18:13.65	+0,75	505	
	50m: 30.98 30.98	450m: 5:17.90 36.75	850m: 10:14.81 36.69	1250m: 15:13.72 37.17			
	100m: 1:05.98 35.00	500m: 5:55.10 37.20	900m: 10:51.99 37.18	1300m: 15:51.09 37.37			
	150m: 1:41.46 35.48	550m: 6:31.91 36.81	950m: 11:29.84 37.85	1350m: 16:27.72 36.63			
	200m: 2:17.11 35.65	600m: 7:09.58 37.67	1000m: 12:08.06 38.22	1400m: 17:04.72 37.00			
	250m: 2:52.92 35.81	650m: 7:46.26 36.68	1050m: 12:44.82 36.76	1450m: 17:39.91 35.19			
	300m: 3:28.42 35.50	700m: 8:23.55 37.29	1100m: 13:22.30 37.48	1500m: 18:13.65 33.74			
	350m: 4:04.08 35.66	750m: 9:00.66 37.11	1150m: 13:58.67 36.37				
	400m: 4:41.15 37.07	800m: 9:38.12 37.46	1200m: 14:36.55 37.88				
DNS	OLIVEIRA Diogo Alexandre	05	Naval do Funchal				
DNS	RIBEIRO Filipe Silva	05	Leixoes				

Prova 29 Masc., 1500m Livres Juvenis [A e B]
01/08/2021 - 15:30 Resultados

Rec Nac Absoluto	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
Rec Nac Juv A	15:45.55	SANTA Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	16:30.45	JORGE Duarte Miguel	CGA	Oeiras	21/07/2016

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	16:53.75	+0,75	634	
	50m: 29.83 29.83	450m: 5:02.98 34.28	850m: 9:35.84 34.11	1250m: 14:06.98 33.73			
	100m: 1:03.50 33.67	500m: 5:37.23 34.25	900m: 10:10.39 34.55	1300m: 14:40.77 33.79			
	150m: 1:37.52 34.02	550m: 6:10.87 33.64	950m: 10:44.31 33.92	1350m: 15:14.47 33.70			
	200m: 2:11.82 34.30	600m: 6:45.19 34.32	1000m: 11:18.20 33.89	1400m: 15:47.85 33.38			
	250m: 2:45.76 33.94	650m: 7:19.26 34.07	1050m: 11:51.57 33.37	1450m: 16:21.22 33.37			
	300m: 3:19.69 33.93	700m: 7:53.55 34.29	1100m: 12:25.46 33.89	1500m: 16:53.75 32.53			
	350m: 3:54.42 34.73	750m: 8:27.85 34.30	1150m: 12:59.18 33.72				
	400m: 4:28.70 34.28	800m: 9:01.73 33.88	1200m: 13:33.25 34.07				
2.	ANSELMO Raul Sousa	05	Bombeiros Ponta Delgada	17:00.33	+0,85	622	
	50m: 30.17 30.17	450m: 5:01.79 34.28	850m: 9:37.42 34.17	1250m: 14:11.76 34.43			
	100m: 1:03.22 33.05	500m: 5:36.36 34.57	900m: 10:11.59 34.17	1300m: 14:45.99 34.23			
	150m: 1:36.99 33.77	550m: 6:10.63 34.27	950m: 10:45.87 34.28	1350m: 15:20.83 34.84			
	200m: 2:10.76 33.77	600m: 6:45.04 34.41	1000m: 11:20.06 34.19	1400m: 15:55.07 34.24			
	250m: 2:44.55 33.79	650m: 7:19.60 34.56	1050m: 11:54.35 34.29	1450m: 16:28.62 33.55			
	300m: 3:18.89 34.34	700m: 7:54.24 34.64	1100m: 12:28.59 34.24	1500m: 17:00.33 31.71			
	350m: 3:53.14 34.25	750m: 8:28.78 34.54	1150m: 13:03.10 34.51				
	400m: 4:27.51 34.37	800m: 9:03.25 34.47	1200m: 13:37.33 34.23				
3.	CARDOSO Guilherme Maia	05	Columbifila Cantanhedense	17:02.49	+0,73	618	
	50m: 30.54 30.54	450m: 5:04.59 34.67	850m: 9:38.54 34.52	1250m: 14:15.18 34.24			
	100m: 1:03.82 33.28	500m: 5:39.05 34.46	900m: 10:13.04 34.50	1300m: 14:49.33 34.15			
	150m: 1:37.95 34.13	550m: 6:12.75 33.70	950m: 10:48.13 35.09	1350m: 15:23.40 34.07			
	200m: 2:11.88 33.93	600m: 6:46.51 33.76	1000m: 11:22.91 34.78	1400m: 15:57.22 33.82			
	250m: 2:46.60 34.72	650m: 7:20.62 34.11	1050m: 11:57.41 34.50	1450m: 16:30.28 33.06			
	300m: 3:20.93 34.33	700m: 7:54.64 34.02	1100m: 12:32.00 34.59	1500m: 17:02.49 32.21			
	350m: 3:55.66 34.73	750m: 8:29.16 34.52	1150m: 13:06.38 34.38				
	400m: 4:29.92 34.26	800m: 9:04.02 34.86	1200m: 13:40.94 34.56				

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



PATROCINADOR OFICIAL



FORNECEDOR OFICIAL



PARCEIROS



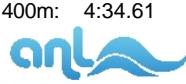
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juvenis [A e B]

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	OLIVEIRA Jose Francisco	05	Ba-Leiria	17:11.72	+0,85	601	
	50m: 31.10 31.10	450m: 5:08.68 34.37	850m: 9:43.95 34.61	1250m: 14:20.71 34.40			
	100m: 1:04.85 33.75	500m: 5:43.54 34.86	900m: 10:18.56 34.61	1300m: 14:55.28 34.57			
	150m: 1:39.87 35.02	550m: 6:18.18 34.64	950m: 10:53.36 34.80	1350m: 15:28.99 33.71			
	200m: 2:14.59 34.72	600m: 6:52.65 34.47	1000m: 11:27.73 34.37	1400m: 16:03.20 34.21			
	250m: 2:49.57 34.98	650m: 7:26.48 33.83	1050m: 12:02.64 34.91	1450m: 16:37.96 34.76			
	300m: 3:24.37 34.80	700m: 8:00.78 34.30	1100m: 12:37.16 34.52	1500m: 17:11.72 33.76			
	350m: 3:59.09 34.72	750m: 8:35.21 34.43	1150m: 13:11.96 34.80				
	400m: 4:34.31 35.22	800m: 9:09.34 34.13	1200m: 13:46.31 34.35				
5.	FARIA Eduardo Nuno	06	Braga	17:13.06	+0,88	599	
	50m: 30.54 30.54	450m: 5:07.77 34.57	850m: 9:43.07 34.34	1250m: 14:19.36 34.31			
	100m: 1:04.58 34.04	500m: 5:42.53 34.76	900m: 10:18.00 34.93	1300m: 14:54.46 35.10			
	150m: 1:39.66 35.08	550m: 6:17.05 34.52	950m: 10:52.46 34.46	1350m: 15:27.74 33.28			
	200m: 2:14.60 34.94	600m: 6:51.29 34.24	1000m: 11:27.02 34.56	1400m: 16:02.51 34.77			
	250m: 2:49.48 34.88	650m: 7:25.38 34.09	1050m: 12:01.00 33.98	1450m: 16:38.32 35.81			
	300m: 3:24.07 34.59	700m: 8:00.00 34.62	1100m: 12:35.98 34.98	1500m: 17:13.06 34.74			
	350m: 3:58.87 34.80	750m: 8:34.35 34.35	1150m: 13:10.04 34.06				
	400m: 4:33.20 34.33	800m: 9:08.73 34.38	1200m: 13:45.05 35.01				
6.	PEREIRA Manuel Angelo	05	Sporting	17:17.20	+0,78	592	
	50m: 31.55 31.55	450m: 5:11.21 35.06	850m: 9:49.96 34.31	1250m: 14:26.13 34.28			
	100m: 1:05.33 33.78	500m: 5:46.54 35.33	900m: 10:24.46 34.50	1300m: 15:01.16 35.03			
	150m: 1:40.22 34.89	550m: 6:21.70 35.16	950m: 10:58.73 34.27	1350m: 15:36.11 34.95			
	200m: 2:15.48 35.26	600m: 6:56.74 35.04	1000m: 11:33.41 34.68	1400m: 16:10.79 34.68			
	250m: 2:50.61 35.13	650m: 7:31.22 34.48	1050m: 12:07.99 34.58	1450m: 16:44.54 33.75			
	300m: 3:26.02 35.41	700m: 8:06.43 35.21	1100m: 12:42.70 34.71	1500m: 17:17.20 32.66			
	350m: 4:00.95 34.93	750m: 8:40.82 34.39	1150m: 13:17.31 34.61				
	400m: 4:36.15 35.20	800m: 9:15.65 34.83	1200m: 13:51.85 34.54				
7.	SOUSA Joao Maria	05	Braga	17:18.05	+0,81	590	
	50m: 30.39 30.39	450m: 5:04.00 34.21	850m: 9:42.26 35.07	1250m: 14:23.71 34.76			
	100m: 1:04.65 34.26	500m: 5:38.73 34.73	900m: 10:17.27 35.01	1300m: 14:58.95 35.24			
	150m: 1:38.37 33.72	550m: 6:13.15 34.42	950m: 10:52.09 34.82	1350m: 15:34.38 35.43			
	200m: 2:12.73 34.36	600m: 6:48.16 35.01	1000m: 11:27.47 35.38	1400m: 16:09.78 35.40			
	250m: 2:46.62 33.89	650m: 7:22.60 34.44	1050m: 12:02.62 35.15	1450m: 16:44.05 34.27			
	300m: 3:21.31 34.69	700m: 7:57.80 35.20	1100m: 12:38.21 35.59	1500m: 17:18.05 34.00			
	350m: 3:55.22 33.91	750m: 8:32.10 34.30	1150m: 13:13.72 35.51				
	400m: 4:29.79 34.57	800m: 9:07.19 35.09	1200m: 13:48.95 35.23				
8.	LOUREIRO Bruno Silva	06	Porto	17:18.26	+0,76	590	
	50m: 31.81 31.81	450m: 5:07.98 34.42	850m: 9:45.59 34.46	1250m: 14:24.95 35.13			
	100m: 1:06.70 34.89	500m: 5:42.56 34.58	900m: 10:20.31 34.72	1300m: 14:59.87 34.92			
	150m: 1:40.51 33.81	550m: 6:17.21 34.65	950m: 10:55.07 34.76	1350m: 15:34.97 35.10			
	200m: 2:15.21 34.70	600m: 6:52.33 35.12	1000m: 11:30.29 35.22	1400m: 16:10.17 35.20			
	250m: 2:49.55 34.34	650m: 7:26.80 34.47	1050m: 12:04.89 34.60	1450m: 16:44.84 34.67			
	300m: 3:24.33 34.78	700m: 8:01.56 34.76	1100m: 12:39.72 34.83	1500m: 17:18.26 33.42			
	350m: 3:58.59 34.26	750m: 8:36.21 34.65	1150m: 13:14.72 35.00				
	400m: 4:33.56 34.97	800m: 9:11.13 34.92	1200m: 13:49.82 35.10				
9.	AMADO Pedro Maria	05	Alges	17:23.74	+0,86	581	
	50m: 30.85 30.85	450m: 5:09.33 34.72	850m: 9:49.01 34.74	1250m: 14:29.57 34.77			
	100m: 1:04.73 33.88	500m: 5:44.50 35.17	900m: 10:24.23 35.22	1300m: 15:05.11 35.54			
	150m: 1:39.48 34.75	550m: 6:19.38 34.88	950m: 10:59.05 34.82	1350m: 15:39.80 34.69			
	200m: 2:15.11 35.63	600m: 6:54.58 35.20	1000m: 11:34.55 35.50	1400m: 16:15.18 35.38			
	250m: 2:49.94 34.83	650m: 7:29.35 34.77	1050m: 12:09.25 34.70	1450m: 16:49.61 34.43			
	300m: 3:24.99 35.05	700m: 8:04.53 35.18	1100m: 12:44.67 35.42	1500m: 17:23.74 34.13			
	350m: 3:59.58 34.59	750m: 8:39.21 34.68	1150m: 13:19.43 34.76				
	400m: 4:34.61 35.03	800m: 9:14.27 35.06	1200m: 13:54.80 35.37				

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PARCEIROS



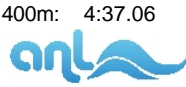
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juvenis [A e B]

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	REMELHE Joao Anibal	05	Braga	17:34.20	+0,75	564	
	50m: 30.86 30.86	450m: 5:09.10	34.56	850m: 9:53.49	35.35	1250m: 14:38.34	35.60
	100m: 1:04.68 33.82	500m: 5:44.41	35.31	900m: 10:28.74	35.25	1300m: 15:14.22	35.88
	150m: 1:39.18 34.50	550m: 6:19.86	35.45	950m: 11:04.21	35.47	1350m: 15:50.31	36.09
	200m: 2:14.09 34.91	600m: 6:55.19	35.33	1000m: 11:39.88	35.67	1400m: 16:25.82	35.51
	250m: 2:49.14 35.05	650m: 7:30.67	35.48	1050m: 12:15.81	35.93	1450m: 17:00.34	34.52
	300m: 3:24.28 35.14	700m: 8:06.26	35.59	1100m: 12:50.93	35.12	1500m: 17:34.20	33.86
	350m: 3:59.14 34.86	750m: 8:42.19	35.93	1150m: 13:27.06	36.13		
	400m: 4:34.54 35.40	800m: 9:18.14	35.95	1200m: 14:02.74	35.68		
11.	SANTOS Rui Miguel	06	Famalicao	17:35.73	+0,86	561	
	50m: 31.91 31.91	450m: 5:10.52	35.00	850m: 9:56.25	35.50	1250m: 14:41.70	35.01
	100m: 1:06.71 34.80	500m: 5:45.99	35.47	900m: 10:32.06	35.81	1300m: 15:16.63	34.93
	150m: 1:41.23 34.52	550m: 6:21.76	35.77	950m: 11:07.86	35.80	1350m: 15:51.98	35.35
	200m: 2:16.10 34.87	600m: 6:57.31	35.55	1000m: 11:43.76	35.90	1400m: 16:27.03	35.05
	250m: 2:50.71 34.61	650m: 7:33.16	35.85	1050m: 12:19.88	36.12	1450m: 17:01.92	34.89
	300m: 3:25.51 34.80	700m: 8:08.79	35.63	1100m: 12:55.54	35.66	1500m: 17:35.73	33.81
	350m: 4:00.82 35.31	750m: 8:44.86	36.07	1150m: 13:31.37	35.83		
	400m: 4:35.52 34.70	800m: 9:20.75	35.89	1200m: 14:06.69	35.32		
12.	GONCALVES Alexandre Ramos	05	Colegio SMLamas	17:36.31	+0,81	560	
	50m: 31.96 31.96	450m: 5:13.82	36.05	850m: 9:58.06	35.47	1250m: 14:42.10	35.11
	100m: 1:06.44 34.48	500m: 5:49.17	35.35	900m: 10:32.96	34.90	1300m: 15:18.41	36.31
	150m: 1:41.67 35.23	550m: 6:23.30	34.13	950m: 11:08.69	35.73	1350m: 15:54.80	36.39
	200m: 2:17.45 35.78	600m: 6:58.38	35.08	1000m: 11:44.12	35.43	1400m: 16:30.15	35.35
	250m: 2:52.88 35.43	650m: 7:35.14	36.76	1050m: 12:19.31	35.19	1450m: 17:02.83	32.68
	300m: 3:28.15 35.27	700m: 8:10.79	35.65	1100m: 12:55.14	35.83	1500m: 17:36.31	33.48
	350m: 4:02.80 34.65	750m: 8:47.02	36.23	1150m: 13:31.05	35.91		
	400m: 4:37.77 34.97	800m: 9:22.59	35.57	1200m: 14:06.99	35.94		
13.	NETO Vasco Goncalves	05	Porto	17:36.43	+0,82	560	
	50m: 31.42 31.42	450m: 5:07.81	34.85	850m: 9:50.86	35.75	1250m: 14:39.21	36.21
	100m: 1:05.67 34.25	500m: 5:42.96	35.15	900m: 10:26.37	35.51	1300m: 15:15.08	35.87
	150m: 1:39.95 34.28	550m: 6:18.06	35.10	950m: 11:02.18	35.81	1350m: 15:51.80	36.72
	200m: 2:14.41 34.46	600m: 6:53.36	35.30	1000m: 11:37.87	35.69	1400m: 16:27.02	35.22
	250m: 2:48.94 34.53	650m: 7:28.86	35.50	1050m: 12:14.14	36.27	1450m: 17:02.86	35.84
	300m: 3:23.66 34.72	700m: 8:04.25	35.39	1100m: 12:50.16	36.02	1500m: 17:36.43	33.57
	350m: 3:58.17 34.51	750m: 8:39.89	35.64	1150m: 13:26.55	36.39		
	400m: 4:32.96 34.79	800m: 9:15.11	35.22	1200m: 14:03.00	36.45		
14.	SANTOS Goncalo Carvalho	05	Louzan Natacao/EFAPEL	17:40.92	+0,78	553	
	50m: 32.49 32.49	450m: 5:14.27	35.83	850m: 9:59.05	36.21	1250m: 14:44.73	36.34
	100m: 1:06.21 33.72	500m: 5:49.85	35.58	900m: 10:34.08	35.03	1300m: 15:20.38	35.65
	150m: 1:41.87 35.66	550m: 6:24.84	34.99	950m: 11:09.37	35.29	1350m: 15:56.43	36.05
	200m: 2:16.98 35.11	600m: 6:59.93	35.09	1000m: 11:45.13	35.76	1400m: 16:31.26	34.83
	250m: 2:52.73 35.75	650m: 7:36.02	36.09	1050m: 12:20.62	35.49	1450m: 17:07.02	35.76
	300m: 3:27.79 35.06	700m: 8:11.67	35.65	1100m: 12:56.35	35.73	1500m: 17:40.92	33.90
	350m: 4:03.42 35.63	750m: 8:47.30	35.63	1150m: 13:32.60	36.25		
	400m: 4:38.44 35.02	800m: 9:22.84	35.54	1200m: 14:08.39	35.79		
15.	DIAS Pedro Anselmo	05	Academico Viseu	17:43.11	+0,82	549	
	50m: 30.62 30.62	450m: 5:13.04	35.98	850m: 10:01.21	36.04	1250m: 14:48.36	35.89
	100m: 1:04.39 33.77	500m: 5:49.00	35.96	900m: 10:37.43	36.22	1300m: 15:23.96	35.60
	150m: 1:39.51 35.12	550m: 6:25.05	36.05	950m: 11:13.34	35.91	1350m: 15:59.70	35.74
	200m: 2:14.84 35.33	600m: 7:01.09	36.04	1000m: 11:49.15	35.81	1400m: 16:35.43	35.73
	250m: 2:50.10 35.26	650m: 7:37.17	36.08	1050m: 12:24.95	35.80	1450m: 17:10.35	34.92
	300m: 3:25.48 35.38	700m: 8:13.13	35.96	1100m: 13:00.94	35.99	1500m: 17:43.11	32.76
	350m: 4:01.26 35.78	750m: 8:49.04	35.91	1150m: 13:36.86	35.92		
	400m: 4:37.06 35.80	800m: 9:25.17	36.13	1200m: 14:12.47	35.61		

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PARCEIROS



Campeonato Nacional de Juvenis
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Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juvenis [A e B]

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	ALMEIDA Joao Neves	05	Fundacao Beatriz Santos	17:43.34	+0,74	549	
	50m: 31.37 31.37	450m: 5:13.91 35.77	850m: 10:00.56 36.01	1250m: 14:48.45 36.24			
	100m: 1:05.53 34.16	500m: 5:49.73 35.82	900m: 10:36.52 35.96	1300m: 15:24.84 36.39			
	150m: 1:40.53 35.00	550m: 6:25.43 35.70	950m: 11:12.24 35.72	1350m: 16:00.25 35.41			
	200m: 2:16.09 35.56	600m: 7:01.28 35.85	1000m: 11:48.27 36.03	1400m: 16:36.03 35.78			
	250m: 2:51.27 35.18	650m: 7:36.95 35.67	1050m: 12:24.21 35.94	1450m: 17:10.84 34.81			
	300m: 3:26.60 35.33	700m: 8:12.64 35.69	1100m: 13:00.11 35.90	1500m: 17:43.34 32.50			
	350m: 4:02.44 35.84	750m: 8:48.56 35.92	1150m: 13:36.09 35.98				
	400m: 4:38.14 35.70	800m: 9:24.55 35.99	1200m: 14:12.21 36.12				
17.	JEVIC Milan Santos	06	Braga	17:44.00	+0,75	548	
	50m: 29.51 29.51	450m: 5:05.35 34.73	850m: 9:52.20 36.41	1250m: 14:43.88 35.19			
	100m: 1:02.59 33.08	500m: 5:40.59 35.24	900m: 10:28.35 36.15	1300m: 15:20.99 37.11			
	150m: 1:36.72 34.13	550m: 6:15.60 35.01	950m: 11:04.87 36.52	1350m: 15:57.66 36.67			
	200m: 2:11.29 34.57	600m: 6:51.05 35.45	1000m: 11:41.94 37.07	1400m: 16:33.82 36.16			
	250m: 2:46.01 34.72	650m: 7:26.68 35.63	1050m: 12:18.51 36.57	1450m: 17:08.97 35.15			
	300m: 3:20.78 34.77	700m: 8:03.07 36.39	1100m: 12:55.38 36.87	1500m: 17:44.00 35.03			
	350m: 3:55.50 34.72	750m: 8:39.15 36.08	1150m: 13:31.57 36.19				
	400m: 4:30.62 35.12	800m: 9:15.79 36.64	1200m: 14:08.69 37.12				
18.	LEITE Afonso Martim	05	Foca Quinta da Lixa CNF	17:44.55	+0,79	547	
	50m: 31.69 31.69	450m: 5:09.14 34.61	850m: 9:54.33 35.94	1250m: 14:44.76 36.55			
	100m: 1:05.71 34.02	500m: 5:44.33 35.19	900m: 10:30.67 36.34	1300m: 15:21.35 36.59			
	150m: 1:40.15 34.44	550m: 6:19.54 35.21	950m: 11:06.97 36.30	1350m: 15:57.82 36.47			
	200m: 2:15.36 35.21	600m: 6:55.13 35.59	1000m: 11:43.08 36.11	1400m: 16:34.19 36.37			
	250m: 2:50.27 34.91	650m: 7:30.93 35.80	1050m: 12:19.12 36.04	1450m: 17:10.28 36.09			
	300m: 3:24.89 34.62	700m: 8:06.66 35.73	1100m: 12:55.53 36.41	1500m: 17:44.55 34.27			
	350m: 3:59.67 34.78	750m: 8:42.46 35.80	1150m: 13:31.70 36.17				
	400m: 4:34.53 34.86	800m: 9:18.39 35.93	1200m: 14:08.21 36.51				
19.	BARBOSA Diogo Sousa	05	Benfica	17:44.63	+0,81	547	
	50m: 30.76 30.76	450m: 5:15.18 35.48	850m: 10:01.65 36.01	1250m: 14:50.11 36.10			
	100m: 1:05.85 35.09	500m: 5:51.16 35.98	900m: 10:37.62 35.97	1300m: 15:25.79 35.68			
	150m: 1:41.27 35.42	550m: 6:26.87 35.71	950m: 11:13.74 36.12	1350m: 16:01.37 35.58			
	200m: 2:17.06 35.79	600m: 7:02.42 35.55	1000m: 11:49.45 35.71	1400m: 16:36.80 35.43			
	250m: 2:52.55 35.49	650m: 7:38.11 35.69	1050m: 12:25.30 35.85	1450m: 17:12.47 35.67			
	300m: 3:28.32 35.77	700m: 8:14.00 35.89	1100m: 13:01.46 36.16	1500m: 17:44.63 32.16			
	350m: 4:03.97 35.65	750m: 8:49.60 35.60	1150m: 13:37.66 36.20				
	400m: 4:39.70 35.73	800m: 9:25.64 36.04	1200m: 14:14.01 36.35				
20.	FERNANDES Duarte Jose	06	Individual ANC	17:45.16	+0,75	546	
	50m: 31.37 31.37	450m: 5:14.69 35.58	850m: 9:57.74 35.33	1250m: 14:48.37 36.81			
	100m: 1:06.10 34.73	500m: 5:50.11 35.42	900m: 10:33.25 35.51	1300m: 15:24.33 35.96			
	150m: 1:41.53 35.43	550m: 6:25.61 35.50	950m: 11:08.89 35.64	1350m: 16:00.68 36.35			
	200m: 2:17.14 35.61	600m: 7:01.19 35.58	1000m: 11:45.01 36.12	1400m: 16:36.97 36.29			
	250m: 2:52.99 35.85	650m: 7:36.71 35.52	1050m: 12:21.47 36.46	1450m: 17:12.37 35.40			
	300m: 3:28.43 35.44	700m: 8:11.99 35.28	1100m: 12:58.16 36.69	1500m: 17:45.16 32.79			
	350m: 4:03.87 35.44	750m: 8:47.42 35.43	1150m: 13:35.23 37.07				
	400m: 4:39.11 35.24	800m: 9:22.41 34.99	1200m: 14:11.56 36.33				
21.	DURAO Miguel Costa	06	Braga	17:46.23	+0,78	545	
	50m: 31.63 31.63	450m: 5:16.99 35.83	850m: 10:04.16 35.93	1250m: 14:50.55 35.90			
	100m: 1:07.02 35.39	500m: 5:52.58 35.59	900m: 10:39.81 35.65	1300m: 15:26.14 35.59			
	150m: 1:42.75 35.73	550m: 6:28.81 36.23	950m: 11:15.74 35.93	1350m: 16:01.74 35.60			
	200m: 2:18.39 35.64	600m: 7:04.45 35.64	1000m: 11:51.20 35.46	1400m: 16:36.86 35.12			
	250m: 2:54.38 35.99	650m: 7:40.53 36.08	1050m: 12:27.41 36.21	1450m: 17:11.95 35.09			
	300m: 3:29.93 35.55	700m: 8:16.23 35.70	1100m: 13:03.16 35.75	1500m: 17:46.23 34.28			
	350m: 4:05.30 35.37	750m: 8:52.47 36.24	1150m: 13:39.11 35.95				
	400m: 4:41.16 35.86	800m: 9:28.23 35.76	1200m: 14:14.65 35.54				

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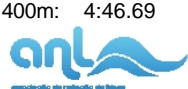
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juvenis [A e B]

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
22.	ZHUKOV Mark	06	Braga	17:50.63	+0,77	538	
	50m: 31.84 31.84	450m: 5:14.91 35.85	850m: 10:03.08 36.33	1250m: 14:50.50 35.99			
	100m: 1:06.14 34.30	500m: 5:51.10 36.19	900m: 10:39.04 35.96	1300m: 15:25.77 35.27			
	150m: 1:41.41 35.27	550m: 6:27.14 36.04	950m: 11:14.99 35.95	1350m: 16:02.57 36.80			
	200m: 2:16.65 35.24	600m: 7:02.77 35.63	1000m: 11:50.65 35.66	1400m: 16:38.21 35.64			
	250m: 2:52.30 35.65	650m: 7:38.81 36.04	1050m: 12:26.66 36.01	1450m: 17:14.94 36.73			
	300m: 3:27.94 35.64	700m: 8:14.49 35.68	1100m: 13:02.68 36.02	1500m: 17:50.63 35.69			
	350m: 4:03.31 35.37	750m: 8:50.76 36.27	1150m: 13:38.73 36.05				
	400m: 4:39.06 35.75	800m: 9:26.75 35.99	1200m: 14:14.51 35.78				
23.	ALVES Andre Correia	06	Uniao Piedense	17:55.07	+0,77	531	
	50m: 31.63 31.63	450m: 5:18.89 36.28	850m: 10:07.08 36.34	1250m: 14:57.24 36.07			
	100m: 1:07.26 35.63	500m: 5:54.97 36.08	900m: 10:43.61 36.53	1300m: 15:33.43 36.19			
	150m: 1:43.09 35.83	550m: 6:30.23 35.26	950m: 11:20.09 36.48	1350m: 16:09.45 36.02			
	200m: 2:19.65 36.56	600m: 7:05.99 35.76	1000m: 11:56.85 36.76	1400m: 16:45.62 36.17			
	250m: 2:55.14 35.49	650m: 7:42.21 36.22	1050m: 12:32.39 35.54	1450m: 17:21.07 35.45			
	300m: 3:30.70 35.56	700m: 8:18.43 36.22	1100m: 13:08.23 35.84	1500m: 17:55.07 34.00			
	350m: 4:06.51 35.81	750m: 8:54.62 36.19	1150m: 13:44.62 36.39				
	400m: 4:42.61 36.10	800m: 9:30.74 36.12	1200m: 14:21.17 36.55				
24.	PEREIRA Tomas Veiga	06	Fundacao Beatriz Santos	17:59.60	+0,94	525	
	50m: 32.16 32.16	450m: 5:20.73 36.35	850m: 10:12.01 36.37	1250m: 15:02.38 36.35			
	100m: 1:07.28 35.12	500m: 5:56.96 36.23	900m: 10:48.31 36.30	1300m: 15:38.44 36.06			
	150m: 1:43.15 35.87	550m: 6:33.37 36.41	950m: 11:24.62 36.31	1350m: 16:14.19 35.75			
	200m: 2:19.25 36.10	600m: 7:09.88 36.51	1000m: 12:01.00 36.38	1400m: 16:50.01 35.82			
	250m: 2:56.06 36.81	650m: 7:46.36 36.48	1050m: 12:37.05 36.05	1450m: 17:25.06 35.05			
	300m: 3:32.32 36.26	700m: 8:22.68 36.32	1100m: 13:13.29 36.24	1500m: 17:59.60 34.54			
	350m: 4:08.66 36.34	750m: 8:59.05 36.37	1150m: 13:49.38 36.09				
	400m: 4:44.38 35.72	800m: 9:35.64 36.59	1200m: 14:26.03 36.65				
25.	PIRES Gustavo Teixeira	06	Columbofila Cantanhedense	18:02.42	+0,75	521	
	50m: 33.42 33.42	450m: 5:20.44 36.11	850m: 10:10.61 36.54	1250m: 15:01.76 36.54			
	100m: 1:08.48 35.06	500m: 5:56.26 35.82	900m: 10:46.71 36.10	1300m: 15:38.26 36.50			
	150m: 1:44.28 35.80	550m: 6:32.47 36.21	950m: 11:23.07 36.36	1350m: 16:14.99 36.73			
	200m: 2:19.84 35.56	600m: 7:08.62 36.15	1000m: 11:59.20 36.13	1400m: 16:51.31 36.32			
	250m: 2:55.85 36.01	650m: 7:45.24 36.62	1050m: 12:35.76 36.56	1450m: 17:27.66 36.35			
	300m: 3:31.86 36.01	700m: 8:21.34 36.10	1100m: 13:11.93 36.17	1500m: 18:02.42 34.76			
	350m: 4:08.21 36.35	750m: 8:58.00 36.66	1150m: 13:48.41 36.48				
	400m: 4:44.33 36.12	800m: 9:34.07 36.07	1200m: 14:25.22 36.81				
26.	TORRES Joao Pedro	05	Porto	18:02.70	+1,01	520	
	50m: 31.44 31.44	450m: 5:17.69 36.91	850m: 10:04.62 35.62	1250m: 15:00.45 37.13			
	100m: 1:05.75 34.31	500m: 5:54.35 36.66	900m: 10:41.93 37.31	1300m: 15:37.61 37.16			
	150m: 1:41.04 35.29	550m: 6:28.87 34.52	950m: 11:18.48 36.55	1350m: 16:14.15 36.54			
	200m: 2:16.72 35.68	600m: 7:04.48 35.61	1000m: 11:55.10 36.62	1400m: 16:51.08 36.93			
	250m: 2:52.42 35.70	650m: 7:40.04 35.56	1050m: 12:32.53 37.43	1450m: 17:27.77 36.69			
	300m: 3:28.44 36.02	700m: 8:16.12 36.08	1100m: 13:09.38 36.85	1500m: 18:02.70 34.93			
	350m: 4:04.45 36.01	750m: 8:52.09 35.97	1150m: 13:45.60 36.22				
	400m: 4:40.78 36.33	800m: 9:29.00 36.91	1200m: 14:23.32 37.72				
27.	BRANDAO Afonso Aires	06	Desportiva de Viana	18:04.54	+0,74	518	
	50m: 31.48 31.48	450m: 5:23.02 36.33	850m: 10:16.14 36.74	1250m: 15:07.88 36.67			
	100m: 1:07.50 36.02	500m: 6:00.00 36.98	900m: 10:53.03 36.89	1300m: 15:44.64 36.76			
	150m: 1:43.82 36.32	550m: 6:36.24 36.24	950m: 11:29.31 36.28	1350m: 16:20.98 36.34			
	200m: 2:20.48 36.66	600m: 7:13.06 36.82	1000m: 12:05.98 36.67	1400m: 16:57.43 36.45			
	250m: 2:56.52 36.04	650m: 7:49.63 36.57	1050m: 12:42.60 36.62	1450m: 17:31.82 34.39			
	300m: 3:33.68 37.16	700m: 8:26.34 36.71	1100m: 13:18.59 35.99	1500m: 18:04.54 32.72			
	350m: 4:10.04 36.36	750m: 9:02.20 35.86	1150m: 13:55.12 36.53				
	400m: 4:46.69 36.65	800m: 9:39.40 37.20	1200m: 14:31.21 36.09				

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Campeonato Nacional de Juvenis
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Prova 29, Masc., 1500m Livres, Juvenis [A e B]

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
28.	MESQUITA Rodrigo Andrade	06	Sporting	18:08.73	+0,79	512	
	50m: 31.61 31.61	450m: 5:21.12 35.84	850m: 10:13.38 36.26	1250m: 15:07.91 36.74			
	100m: 1:07.31 35.70	500m: 5:58.53 37.41	900m: 10:50.39 37.01	1300m: 15:45.07 37.16			
	150m: 1:43.85 36.54	550m: 6:34.43 35.90	950m: 11:25.74 35.35	1350m: 16:21.32 36.25			
	200m: 2:20.48 36.63	600m: 7:10.18 35.75	1000m: 12:03.21 37.47	1400m: 16:58.99 37.67			
	250m: 2:55.07 34.59	650m: 7:46.72 36.54	1050m: 12:40.57 37.36	1450m: 17:33.67 34.68			
	300m: 3:31.45 36.38	700m: 8:23.47 36.75	1100m: 13:17.54 36.97	1500m: 18:08.73 35.06			
	350m: 4:07.86 36.41	750m: 9:00.54 37.07	1150m: 13:54.30 36.76				
	400m: 4:45.28 37.42	800m: 9:37.12 36.58	1200m: 14:31.17 36.87				
29.	FIGUEIREDO Joao Pinto	06	O Crasto	18:08.84	+0,75	511	
	50m: 31.71 31.71	450m: 5:21.51 36.29	850m: 10:13.91 36.42	1250m: 15:07.07 36.60			
	100m: 1:07.00 35.29	500m: 5:57.96 36.45	900m: 10:50.08 36.17	1300m: 15:43.94 36.87			
	150m: 1:43.55 36.55	550m: 6:34.57 36.61	950m: 11:26.03 35.95	1350m: 16:21.37 37.43			
	200m: 2:19.94 36.39	600m: 7:11.04 36.47	1000m: 12:03.05 37.02	1400m: 16:58.19 36.82			
	250m: 2:56.20 36.26	650m: 7:47.39 36.35	1050m: 12:40.55 37.50	1450m: 17:34.31 36.12			
	300m: 3:32.30 36.10	700m: 8:24.01 36.62	1100m: 13:17.07 36.52	1500m: 18:08.84 34.53			
	350m: 4:08.74 36.44	750m: 9:00.86 36.85	1150m: 13:54.04 36.97				
	400m: 4:45.22 36.48	800m: 9:37.49 36.63	1200m: 14:30.47 36.43				
30.	RIBEIRO Tomas Carvalhinho	05	Natacao da Maia	18:10.25	+0,77	509	
	50m: 30.80 30.80	450m: 5:23.84 36.93	850m: 10:18.97 36.04	1250m: 15:11.37 36.04			
	100m: 1:05.68 34.88	500m: 6:01.06 37.22	900m: 10:55.89 36.92	1300m: 15:47.54 36.17			
	150m: 1:41.63 35.95	550m: 6:37.66 36.60	950m: 11:32.39 36.50	1350m: 16:23.40 35.86			
	200m: 2:18.64 37.01	600m: 7:15.02 37.36	1000m: 12:09.14 36.75	1400m: 16:59.50 36.10			
	250m: 2:55.40 36.76	650m: 7:51.68 36.66	1050m: 12:45.34 36.20	1450m: 17:35.18 35.68			
	300m: 3:32.31 36.91	700m: 8:28.96 37.28	1100m: 13:22.30 36.96	1500m: 18:10.25 35.07			
	350m: 4:09.35 37.04	750m: 9:05.65 36.69	1150m: 13:58.67 36.37				
	400m: 4:46.91 37.56	800m: 9:42.93 37.28	1200m: 14:35.33 36.66				
31.	LAFUENTE Miguel Teixeira	05	Porto	18:13.65	+0,75	505	
	50m: 30.98 30.98	450m: 5:17.90 36.75	850m: 10:14.81 36.69	1250m: 15:13.72 37.17			
	100m: 1:05.98 35.00	500m: 5:55.10 37.20	900m: 10:51.99 37.18	1300m: 15:51.09 37.37			
	150m: 1:41.46 35.48	550m: 6:31.91 36.81	950m: 11:29.84 37.85	1350m: 16:27.72 36.63			
	200m: 2:17.11 35.65	600m: 7:09.58 37.67	1000m: 12:08.06 38.22	1400m: 17:04.72 37.00			
	250m: 2:52.92 35.81	650m: 7:46.26 36.68	1050m: 12:44.82 36.76	1450m: 17:39.91 35.19			
	300m: 3:32.42 35.50	700m: 8:23.55 37.29	1100m: 13:22.30 37.48	1500m: 18:13.65 33.74			
	350m: 4:04.08 35.66	750m: 9:00.66 37.11	1150m: 13:58.67 36.37				
	400m: 4:41.15 37.07	800m: 9:38.12 37.46	1200m: 14:36.55 37.88				
32.	CORREIA Tiago Almeida	06	Natacao do Montijo	18:15.57	+0,96	502	
	50m: 31.11 31.11	450m: 5:21.16 36.27	850m: 10:15.88 37.06	1250m: 15:13.14 37.61			
	100m: 1:06.21 35.10	500m: 5:57.76 36.60	900m: 10:53.33 37.45	1300m: 15:50.38 37.24			
	150m: 1:42.56 36.35	550m: 6:34.45 36.69	950m: 11:30.33 37.00	1350m: 16:27.31 36.93			
	200m: 2:18.96 36.40	600m: 7:11.39 36.94	1000m: 12:06.88 36.55	1400m: 17:04.32 37.01			
	250m: 2:55.82 36.86	650m: 7:48.24 36.85	1050m: 12:44.26 37.38	1450m: 17:40.75 36.43			
	300m: 3:32.01 36.19	700m: 8:25.07 36.83	1100m: 13:21.41 37.15	1500m: 18:15.57 34.82			
	350m: 4:08.66 36.65	750m: 9:01.94 36.87	1150m: 13:58.72 37.31				
	400m: 4:44.89 36.23	800m: 9:38.82 36.88	1200m: 14:35.53 36.81				
33.	SANTOS Tomas Nolan	06	Fundacao Beatriz Santos	18:15.90	+0,71	502	
	50m: 31.55 31.55	450m: 5:21.09 36.69	850m: 10:14.54 36.61	1250m: 15:10.90 37.10			
	100m: 1:06.45 34.90	500m: 5:57.93 36.84	900m: 10:51.49 36.95	1300m: 15:48.24 37.34			
	150m: 1:42.92 36.47	550m: 6:34.66 36.73	950m: 11:28.37 36.88	1350m: 16:25.44 37.20			
	200m: 2:18.73 35.81	600m: 7:11.40 36.74	1000m: 12:05.55 37.18	1400m: 17:03.12 37.68			
	250m: 2:54.92 36.19	650m: 7:47.70 36.30	1050m: 12:42.35 36.80	1450m: 17:39.58 36.46			
	300m: 3:31.28 36.36	700m: 8:24.53 36.83	1100m: 13:19.76 37.41	1500m: 18:15.90 36.32			
	350m: 4:07.80 36.52	750m: 9:01.02 36.49	1150m: 13:56.51 36.75				
	400m: 4:44.40 36.60	800m: 9:37.93 36.91	1200m: 14:33.80 37.29				

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Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juvenis [A e B]

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
34.	RODRIGUES Francisco Manuel	06	Naval da Horta	18:40.50	+0,85	469	
	50m: 32.68 32.68	450m: 5:29.94 37.24	850m: 10:29.29 37.00	1250m: 15:30.65 38.21			
	100m: 1:08.48 35.80	500m: 6:07.48 37.54	900m: 11:06.78 37.49	1300m: 16:08.79 38.14			
	150m: 1:45.43 36.95	550m: 6:45.02 37.54	950m: 11:44.21 37.43	1350m: 16:47.12 38.33			
	200m: 2:22.83 37.40	600m: 7:22.40 37.38	1000m: 12:21.80 37.59	1400m: 17:24.81 37.69			
	250m: 3:00.46 37.63	650m: 7:59.82 37.42	1050m: 12:59.32 37.52	1450m: 18:02.93 38.12			
	300m: 3:38.03 37.57	700m: 8:37.27 37.45	1100m: 13:36.98 37.66	1500m: 18:40.50 37.57			
	350m: 4:15.41 37.38	750m: 9:14.48 37.21	1150m: 14:14.48 37.50				
	400m: 4:52.70 37.29	800m: 9:52.29 37.81	1200m: 14:52.44 37.96				
DNS	CASTRO Augusto Bernardo	06	Bombeiros Ponta Delgada				
DNS	OLIVEIRA Diogo Alexandre	05	Naval do Funchal				
DNS	RIBEIRO Filipe Silva	05	Leixoes				

Prova 29 Masc., 1500m Livres Juniores
01/08/2021 - 15:30 Resultados

Rec Nac Absoluto	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
Rec Nac Jun18	15:23.46	PINA Guilherme Filipe	POR	Hodmezovasarhely (HUN)	07/07/2016
Rec Nac Jun17	15:43.45	PINA Guilherme Filipe	POR	Singapore (SGP)	30/08/2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CLARA Vitor Belo	04	Ba-Leiria	16:08.87	+0,77	726	
	50m: 28.89 28.89	450m: 4:47.52 32.30	850m: 9:07.71 32.63	1250m: 13:27.91 32.74			
	100m: 1:00.75 31.86	500m: 5:19.90 32.38	900m: 9:40.29 32.58	1300m: 14:00.71 32.80			
	150m: 1:33.37 32.62	550m: 5:52.34 32.44	950m: 10:13.00 32.71	1350m: 14:33.09 32.38			
	200m: 2:05.91 32.54	600m: 6:25.00 32.66	1000m: 10:45.63 32.63	1400m: 15:05.57 32.48			
	250m: 2:38.15 32.24	650m: 6:57.59 32.59	1050m: 11:17.99 32.36	1450m: 15:37.76 32.19			
	300m: 3:10.47 32.32	700m: 7:30.30 32.71	1100m: 11:50.49 32.50	1500m: 16:08.87 31.11			
	350m: 3:42.72 32.25	750m: 8:02.54 32.24	1150m: 12:22.66 32.17				
	400m: 4:15.22 32.50	800m: 8:35.08 32.54	1200m: 12:55.17 32.51				
2.	ALMEIDA Bernardo Victorino	04	Sporting	16:14.62	+0,64	713	
	50m: 27.96 27.96	450m: 4:47.08 32.58	850m: 9:09.54 32.64	1250m: 13:32.78 33.08			
	100m: 59.04 31.08	500m: 5:20.07 32.99	900m: 9:42.65 33.11	1300m: 14:05.49 32.71			
	150m: 1:31.44 32.40	550m: 5:52.58 32.51	950m: 10:15.16 32.51	1350m: 14:38.10 32.61			
	200m: 2:04.08 32.64	600m: 6:25.46 32.88	1000m: 10:48.36 33.20	1400m: 15:10.98 32.88			
	250m: 2:36.73 32.65	650m: 6:58.12 32.66	1050m: 11:21.01 32.65	1450m: 15:43.02 32.04			
	300m: 3:08.91 32.18	700m: 7:31.15 33.03	1100m: 11:53.93 32.92	1500m: 16:14.62 31.60			
	350m: 3:41.73 32.82	750m: 8:03.81 32.66	1150m: 12:26.58 32.65				
	400m: 4:14.50 32.77	800m: 8:36.90 33.09	1200m: 12:59.70 33.12				
3.	LOPES Luis Afonso	03	Viver Santarem	16:47.33	+0,69	646	
	50m: 29.33 29.33	450m: 4:52.96 33.91	850m: 9:26.99 34.39	1250m: 13:58.67 34.27			
	100m: 1:01.11 31.78	500m: 5:27.43 34.47	900m: 10:00.84 33.85	1300m: 14:32.24 33.57			
	150m: 1:34.61 33.50	550m: 6:01.69 34.26	950m: 10:34.81 33.97	1350m: 15:06.66 34.42			
	200m: 2:06.86 32.25	600m: 6:35.38 33.69	1000m: 11:08.60 33.79	1400m: 15:40.80 34.14			
	250m: 2:39.30 32.44	650m: 7:08.95 33.57	1050m: 11:42.57 33.97	1450m: 16:14.44 33.64			
	300m: 3:12.14 32.84	700m: 7:43.25 34.30	1100m: 12:17.00 34.43	1500m: 16:47.33 32.89			
	350m: 3:45.54 33.40	750m: 8:17.95 34.70	1150m: 12:50.76 33.76				
	400m: 4:19.05 33.51	800m: 8:52.60 34.65	1200m: 13:24.40 33.64				

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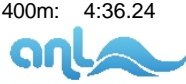
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	CARDOSO Filipe Santos	04	Gafanha da Encarnacao	16:53.55	+0,69	634	
	50m: 30.82 30.82	450m: 5:07.35 34.67	850m: 9:42.89 34.18	1250m: 14:11.42 32.96			
	100m: 1:05.24 34.42	500m: 5:42.08 34.73	900m: 10:16.99 34.10	1300m: 14:44.50 33.08			
	150m: 1:39.42 34.18	550m: 6:16.28 34.20	950m: 10:50.82 33.83	1350m: 15:17.16 32.66			
	200m: 2:14.14 34.72	600m: 6:50.92 34.64	1000m: 11:24.82 34.00	1400m: 15:50.38 33.22			
	250m: 2:48.61 34.47	650m: 7:25.37 34.45	1050m: 11:58.19 33.37	1450m: 16:22.15 31.77			
	300m: 3:23.33 34.72	700m: 7:59.99 34.62	1100m: 12:32.04 33.85	1500m: 16:53.55 31.40			
	350m: 3:57.63 34.30	750m: 8:34.28 34.29	1150m: 13:05.08 33.04				
	400m: 4:32.68 35.05	800m: 9:08.71 34.43	1200m: 13:38.46 33.38				
5.	CARVALHO Martim Henriques	04	Rio Maior	16:57.71	+0,74	626	
	50m: 29.99 29.99	450m: 4:56.10 33.39	850m: 9:28.27 34.49	1250m: 14:06.48 35.01			
	100m: 1:02.58 32.59	500m: 5:29.68 33.58	900m: 10:02.67 34.40	1300m: 14:41.10 34.62			
	150m: 1:35.91 33.33	550m: 6:03.66 33.98	950m: 10:37.47 34.80	1350m: 15:16.12 35.02			
	200m: 2:09.23 33.32	600m: 6:37.46 33.80	1000m: 11:12.14 34.67	1400m: 15:50.72 34.60			
	250m: 2:42.60 33.37	650m: 7:11.18 33.72	1050m: 11:47.20 35.06	1450m: 16:24.50 33.78			
	300m: 3:15.82 33.22	700m: 7:45.16 33.98	1100m: 12:21.91 34.71	1500m: 16:57.71 33.21			
	350m: 3:49.25 33.43	750m: 8:19.50 34.34	1150m: 12:56.76 34.85				
	400m: 4:22.71 33.46	800m: 8:53.78 34.28	1200m: 13:31.47 34.71				
6.	SILVA Nuno Marques	04	Ba-Leiria	17:00.82	+0,70	621	
	50m: 29.62 29.62	450m: 5:00.39 34.61	850m: 9:36.56 33.41	1250m: 14:10.75 34.85			
	100m: 1:02.25 32.63	500m: 5:35.11 34.72	900m: 10:10.22 33.66	1300m: 14:46.23 35.48			
	150m: 1:35.74 33.49	550m: 6:09.99 34.88	950m: 10:44.16 33.94	1350m: 15:20.50 34.27			
	200m: 2:09.00 33.26	600m: 6:44.64 34.65	1000m: 11:18.33 34.17	1400m: 15:55.04 34.54			
	250m: 2:42.87 33.87	650m: 7:18.94 34.30	1050m: 11:52.72 34.39	1450m: 16:28.79 33.75			
	300m: 3:16.80 33.93	700m: 7:53.55 34.61	1100m: 12:26.80 34.08	1500m: 17:00.82 32.03			
	350m: 3:51.09 34.29	750m: 8:28.31 34.76	1150m: 13:01.33 34.53				
	400m: 4:25.78 34.69	800m: 9:03.15 34.84	1200m: 13:35.90 34.57				
7.	CARVALHO Goncalo Renato	04	Porto	17:03.61	+0,69	616	
	50m: 30.44 30.44	450m: 5:03.46 34.47	850m: 9:36.48 33.95	1250m: 14:12.32 34.90			
	100m: 1:04.26 33.82	500m: 5:37.52 34.06	900m: 10:11.02 34.54	1300m: 14:47.45 35.13			
	150m: 1:38.39 34.13	550m: 6:11.30 33.78	950m: 10:45.23 34.21	1350m: 15:22.16 34.71			
	200m: 2:12.49 34.10	600m: 6:45.57 34.27	1000m: 11:19.31 34.08	1400m: 15:56.78 34.62			
	250m: 2:46.52 34.03	650m: 7:19.69 34.12	1050m: 11:53.51 34.20	1450m: 16:31.22 34.44			
	300m: 3:20.67 34.15	700m: 7:53.93 34.24	1100m: 12:28.01 34.50	1500m: 17:03.61 32.39			
	350m: 3:54.86 34.19	750m: 8:28.46 34.53	1150m: 13:02.55 34.54				
	400m: 4:28.99 34.13	800m: 9:02.53 34.07	1200m: 13:37.42 34.87				
8.	GUIMARAES Hugo Goncalves	04	Desportiva de Viana	17:11.91	+0,74	601	
	50m: 30.04 30.04	450m: 5:04.10 34.55	850m: 9:42.02 34.98	1250m: 14:19.81 34.65			
	100m: 1:03.03 32.99	500m: 5:38.63 34.53	900m: 10:17.18 35.16	1300m: 14:54.58 34.77			
	150m: 1:37.61 34.58	550m: 6:13.05 34.42	950m: 10:52.12 34.94	1350m: 15:29.48 34.90			
	200m: 2:11.74 34.13	600m: 6:47.56 34.51	1000m: 11:27.36 35.24	1400m: 16:04.44 34.96			
	250m: 2:46.25 34.51	650m: 7:22.64 35.08	1050m: 12:01.42 34.06	1450m: 16:38.93 34.49			
	300m: 3:20.57 34.32	700m: 7:57.29 34.65	1100m: 12:35.95 34.53	1500m: 17:11.91 32.98			
	350m: 3:55.00 34.43	750m: 8:32.12 34.83	1150m: 13:10.67 34.72				
	400m: 4:29.55 34.55	800m: 9:07.04 34.92	1200m: 13:45.16 34.49				
9.	RODRIGUES Rodrigo Reis	04	Sao Roque	17:24.86	+0,68	579	
	50m: 31.06 31.06	450m: 5:11.66 35.42	850m: 9:51.40 35.00	1250m: 14:31.88 35.79			
	100m: 1:05.48 34.42	500m: 5:46.80 35.14	900m: 10:25.98 34.58	1300m: 15:07.63 35.75			
	150m: 1:40.55 35.07	550m: 6:22.22 35.42	950m: 11:01.12 35.14	1350m: 15:43.68 36.05			
	200m: 2:15.36 34.81	600m: 6:56.88 34.66	1000m: 11:35.82 34.70	1400m: 16:18.92 35.24			
	250m: 2:51.15 35.79	650m: 7:32.38 35.50	1050m: 12:11.06 35.24	1450m: 16:52.79 33.87			
	300m: 3:26.00 34.85	700m: 8:06.97 34.59	1100m: 12:45.65 34.59	1500m: 17:24.86 32.07			
	350m: 4:01.25 35.25	750m: 8:41.97 35.00	1150m: 13:21.19 35.54				
	400m: 4:36.24 34.99	800m: 9:16.40 34.43	1200m: 13:56.09 34.90				

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Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	MACHADO Martim Miranda	03	Individual ANC				
DNS	RIBEIRO Gustavo Carvalhais	03	Galitos/ Bresimar				

Prova 29
01/08/2021 - 15:30 Masc., 1500m Livres Absolutos Resultados

Rec Nac Absoluto	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
Rec Nac Sen	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
Rec Nac Jun18	15:23.46	PINA Guilherme Filipe	POR	Hodmezovasarhely (HUN)	07/07/2016
Rec Nac Jun17	15:43.45	PINA Guilherme Filipe	POR	Singapore (SGP)	30/08/2015

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CARDOSO Diogo Santos	01	Colegio Monte Maior	15:38.78	+0,79	798	
	50m: 28.36 28.36	450m: 4:40.71	31.53	850m: 8:53.99	31.53	1250m: 13:04.67	31.40
	100m: 59.40 31.04	500m: 5:12.54	31.83	900m: 9:25.48	31.49	1300m: 13:35.89	31.22
	150m: 1:30.74 31.34	550m: 5:44.20	31.66	950m: 9:56.97	31.49	1350m: 14:07.21	31.32
	200m: 2:02.37 31.63	600m: 6:16.06	31.86	1000m: 10:28.45	31.48	1400m: 14:38.35	31.14
	250m: 2:34.13 31.76	650m: 6:47.50	31.44	1050m: 10:59.63	31.18	1450m: 15:09.88	31.53
	300m: 3:05.71 31.58	700m: 7:19.23	31.73	1100m: 11:30.79	31.16	1500m: 15:38.78	28.90
	350m: 3:37.22 31.51	750m: 7:50.80	31.57	1150m: 12:02.00	31.21		
	400m: 4:09.18 31.96	800m: 8:22.46	31.66	1200m: 12:33.27	31.27		
2.	CLARA Vitor Belo	04	Ba-Leiria	16:08.87	+0,77	726	
	50m: 28.89 28.89	450m: 4:47.52	32.30	850m: 9:07.71	32.63	1250m: 13:27.91	32.74
	100m: 1:00.75 31.86	500m: 5:19.90	32.38	900m: 9:40.29	32.58	1300m: 14:00.71	32.80
	150m: 1:33.37 32.62	550m: 5:52.34	32.44	950m: 10:13.00	32.71	1350m: 14:33.09	32.38
	200m: 2:05.91 32.54	600m: 6:25.00	32.66	1000m: 10:45.63	32.63	1400m: 15:05.57	32.48
	250m: 2:38.15 32.24	650m: 6:57.59	32.59	1050m: 11:17.99	32.36	1450m: 15:37.76	32.19
	300m: 3:10.47 32.32	700m: 7:30.30	32.71	1100m: 11:50.49	32.50	1500m: 16:08.87	31.11
	350m: 3:42.72 32.25	750m: 8:02.54	32.24	1150m: 12:22.66	32.17		
	400m: 4:15.22 32.50	800m: 8:35.08	32.54	1200m: 12:55.17	32.51		
3.	ALMEIDA Bernardo Victorino	04	Sporting	16:14.62	+0,64	713	
	50m: 27.96 27.96	450m: 4:47.08	32.58	850m: 9:09.54	32.64	1250m: 13:32.78	33.08
	100m: 59.04 31.08	500m: 5:20.07	32.99	900m: 9:42.65	33.11	1300m: 14:05.49	32.71
	150m: 1:31.44 32.40	550m: 5:52.58	32.51	950m: 10:15.16	32.51	1350m: 14:38.10	32.61
	200m: 2:04.08 32.64	600m: 6:25.46	32.88	1000m: 10:48.36	33.20	1400m: 15:10.98	32.88
	250m: 2:36.73 32.65	650m: 6:58.12	32.66	1050m: 11:21.01	32.65	1450m: 15:43.02	32.04
	300m: 3:08.91 32.18	700m: 7:31.15	33.03	1100m: 11:53.93	32.92	1500m: 16:14.62	31.60
	350m: 3:41.73 32.82	750m: 8:03.81	32.66	1150m: 12:26.58	32.65		
	400m: 4:14.50 32.77	800m: 8:36.90	33.09	1200m: 12:59.70	33.12		
4.	SANTOS Pedro Miguel	01	Porto	16:17.65	+0,68	707	
	50m: 28.91 28.91	450m: 4:46.96	32.43	850m: 9:05.76	32.88	1250m: 13:31.74	34.19
	100m: 1:00.86 31.95	500m: 5:19.16	32.20	900m: 9:38.61	32.85	1300m: 14:04.80	33.06
	150m: 1:34.43 33.57	550m: 5:51.01	31.85	950m: 10:11.88	33.27	1350m: 14:37.42	32.62
	200m: 2:06.05 31.62	600m: 6:23.01	32.00	1000m: 10:45.23	33.35	1400m: 15:11.14	33.72
	250m: 2:37.71 31.66	650m: 6:55.34	32.33	1050m: 11:18.43	33.20	1450m: 15:44.89	33.75
	300m: 3:09.69 31.98	700m: 7:27.64	32.30	1100m: 11:51.02	32.59	1500m: 16:17.65	32.76
	350m: 3:42.08 32.39	750m: 8:00.14	32.50	1150m: 12:24.26	33.24		
	400m: 4:14.53 32.45	800m: 8:32.88	32.74	1200m: 12:57.55	33.29		

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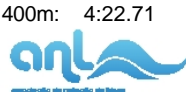
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	AMARAL Francisco Rodriguez	02	Porto	16:26.85	+0,86	687	
	50m: 29.24 29.24	450m: 4:50.94 32.80	850m: 9:13.92 32.99	1250m: 13:40.15 33.55			
	100m: 1:01.30 32.06	500m: 5:24.15 33.21	900m: 9:47.54 33.62	1300m: 14:14.18 34.03			
	150m: 1:33.85 32.55	550m: 5:56.86 32.71	950m: 10:20.45 32.91	1350m: 14:47.55 33.37			
	200m: 2:06.73 32.88	600m: 6:29.69 32.83	1000m: 10:53.56 33.11	1400m: 15:21.18 33.63			
	250m: 2:39.39 32.66	650m: 7:02.27 32.58	1050m: 11:26.80 33.24	1450m: 15:54.21 33.03			
	300m: 3:12.41 33.02	700m: 7:35.17 32.90	1100m: 12:00.25 33.45	1500m: 16:26.85 32.64			
	350m: 3:45.04 32.63	750m: 8:07.90 32.73	1150m: 12:32.97 32.72				
	400m: 4:18.14 33.10	800m: 8:40.93 33.03	1200m: 13:06.60 33.63				
6.	TRAVANCA Sergio Filipe	00	Individual ANNP	16:30.95	+0,79	679	
	50m: 28.60 28.60	450m: 4:51.17 32.94	850m: 9:16.30 33.48	1250m: 13:45.56 33.70			
	100m: 1:01.06 32.46	500m: 5:24.20 33.03	900m: 9:50.00 33.70	1300m: 14:19.22 33.66			
	150m: 1:33.75 32.69	550m: 5:57.28 33.08	950m: 10:23.51 33.51	1350m: 14:52.88 33.66			
	200m: 2:06.56 32.81	600m: 6:30.41 33.13	1000m: 10:56.99 33.48	1400m: 15:26.40 33.52			
	250m: 2:39.49 32.93	650m: 7:03.27 32.86	1050m: 11:30.43 33.44	1450m: 15:59.10 32.70			
	300m: 3:12.42 32.93	700m: 7:36.42 33.15	1100m: 12:04.28 33.85	1500m: 16:30.95 31.85			
	350m: 3:45.13 32.71	750m: 8:09.30 32.88	1150m: 12:38.12 33.84				
	400m: 4:18.23 33.10	800m: 8:42.82 33.52	1200m: 13:11.86 33.74				
7.	SILVA Pedro Miguel	94	Colegio Monte Maior	16:45.08	+0,70	650	
	50m: 29.29 29.29	450m: 4:56.07 33.56	850m: 9:27.41 33.69	1250m: 13:56.66 33.60			
	100m: 1:01.56 32.27	500m: 5:30.10 34.03	900m: 10:01.05 33.64	1300m: 14:30.47 33.81			
	150m: 1:34.43 32.87	550m: 6:03.69 33.59	950m: 10:34.40 33.35	1350m: 15:04.41 33.94			
	200m: 2:07.81 33.38	600m: 6:37.80 34.11	1000m: 11:08.17 33.77	1400m: 15:38.27 33.86			
	250m: 2:41.43 33.62	650m: 7:11.75 33.95	1050m: 11:41.62 33.45	1450m: 16:12.08 33.81			
	300m: 3:14.99 33.56	700m: 7:45.94 34.19	1100m: 12:15.06 33.44	1500m: 16:45.08 33.00			
	350m: 3:48.64 33.65	750m: 8:19.85 33.91	1150m: 12:48.95 33.89				
	400m: 4:22.51 33.87	800m: 8:53.72 33.87	1200m: 13:23.06 34.11				
8.	LOPES Luis Afonso	03	Viver Santarem	16:47.33	+0,69	646	
	50m: 29.33 29.33	450m: 4:52.96 33.91	850m: 9:26.99 34.39	1250m: 13:58.67 34.27			
	100m: 1:01.11 31.78	500m: 5:27.43 34.47	900m: 10:00.84 33.85	1300m: 14:32.24 33.57			
	150m: 1:34.61 33.50	550m: 6:01.69 34.26	950m: 10:34.81 33.97	1350m: 15:06.66 34.42			
	200m: 2:06.86 32.25	600m: 6:35.38 33.69	1000m: 11:08.60 33.79	1400m: 15:40.80 34.14			
	250m: 2:39.30 32.44	650m: 7:08.95 33.57	1050m: 11:42.57 33.97	1450m: 16:14.44 33.64			
	300m: 3:12.14 32.84	700m: 7:43.25 34.30	1100m: 12:17.00 34.43	1500m: 16:47.33 32.89			
	350m: 3:45.54 33.40	750m: 8:17.95 34.70	1150m: 12:50.76 33.76				
	400m: 4:19.05 33.51	800m: 8:52.60 34.65	1200m: 13:24.40 33.64				
9.	CARDOSO Filipe Santos	04	Gafanha da Encarnacao	16:53.55	+0,69	634	
	50m: 30.82 30.82	450m: 5:07.35 34.67	850m: 9:42.89 34.18	1250m: 14:11.42 32.96			
	100m: 1:05.24 34.42	500m: 5:42.08 34.73	900m: 10:16.99 34.10	1300m: 14:44.50 33.08			
	150m: 1:39.42 34.18	550m: 6:16.28 34.20	950m: 10:50.82 33.83	1350m: 15:17.16 32.66			
	200m: 2:14.14 34.72	600m: 6:50.92 34.64	1000m: 11:24.82 34.00	1400m: 15:50.38 33.22			
	250m: 2:48.61 34.47	650m: 7:25.37 34.45	1050m: 11:58.19 33.37	1450m: 16:22.15 31.77			
	300m: 3:23.33 34.72	700m: 7:59.99 34.62	1100m: 12:32.04 33.85	1500m: 16:53.55 31.40			
	350m: 3:57.63 34.30	750m: 8:34.28 34.29	1150m: 13:05.08 33.04				
	400m: 4:32.68 35.05	800m: 9:08.71 34.43	1200m: 13:38.46 33.38				
10.	CARVALHO Martim Henriques	04	Rio Maior	16:57.71	+0,74	626	
	50m: 29.99 29.99	450m: 4:56.10 33.39	850m: 9:28.27 34.49	1250m: 14:06.48 35.01			
	100m: 1:02.58 32.59	500m: 5:29.68 33.58	900m: 10:02.67 34.40	1300m: 14:41.10 34.62			
	150m: 1:35.91 33.33	550m: 6:03.66 33.98	950m: 10:37.47 34.80	1350m: 15:16.12 35.02			
	200m: 2:09.23 33.32	600m: 6:37.46 33.80	1000m: 11:12.14 34.67	1400m: 15:50.72 34.60			
	250m: 2:42.60 33.37	650m: 7:11.18 33.72	1050m: 11:47.20 35.06	1450m: 16:24.50 33.78			
	300m: 3:15.82 33.22	700m: 7:45.16 33.98	1100m: 12:21.91 34.71	1500m: 16:57.71 33.21			
	350m: 3:49.25 33.43	750m: 8:19.50 34.34	1150m: 12:56.76 34.85				
	400m: 4:22.71 33.46	800m: 8:53.78 34.28	1200m: 13:31.47 34.71				

ORGANIZAÇÃO



PARCEIROS



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	SILVA Nuno Marques	04	Ba-Leiria	17:00.82	+0,70	621	
	50m: 29.62 29.62	450m: 5:00.39	34.61	850m: 9:36.56	33.41	1250m: 14:10.75	34.85
	100m: 1:02.25 32.63	500m: 5:35.11	34.72	900m: 10:10.22	33.66	1300m: 14:46.23	35.48
	150m: 1:35.74 33.49	550m: 6:09.99	34.88	950m: 10:44.16	33.94	1350m: 15:20.50	34.27
	200m: 2:09.00 33.26	600m: 6:44.64	34.65	1000m: 11:18.33	34.17	1400m: 15:55.04	34.54
	250m: 2:42.87 33.87	650m: 7:18.94	34.30	1050m: 11:52.72	34.39	1450m: 16:28.79	33.75
	300m: 3:16.80 33.93	700m: 7:53.55	34.61	1100m: 12:26.80	34.08	1500m: 17:00.82	32.03
	350m: 3:51.09 34.29	750m: 8:28.31	34.76	1150m: 13:01.33	34.53		
	400m: 4:25.78 34.69	800m: 9:03.15	34.84	1200m: 13:35.90	34.57		
12.	CARVALHO Goncalo Renato	04	Porto	17:03.61	+0,69	616	
	50m: 30.44 30.44	450m: 5:03.46	34.47	850m: 9:36.48	33.95	1250m: 14:12.32	34.90
	100m: 1:04.26 33.82	500m: 5:37.52	34.06	900m: 10:11.02	34.54	1300m: 14:47.45	35.13
	150m: 1:38.39 34.13	550m: 6:11.30	33.78	950m: 10:45.23	34.21	1350m: 15:22.16	34.71
	200m: 2:12.49 34.10	600m: 6:45.57	34.27	1000m: 11:19.31	34.08	1400m: 15:56.78	34.62
	250m: 2:46.52 34.03	650m: 7:19.69	34.12	1050m: 11:53.51	34.20	1450m: 16:31.22	34.44
	300m: 3:20.67 34.15	700m: 7:53.93	34.24	1100m: 12:28.01	34.50	1500m: 17:03.61	32.39
	350m: 3:54.86 34.19	750m: 8:28.46	34.53	1150m: 13:02.55	34.54		
	400m: 4:28.99 34.13	800m: 9:02.53	34.07	1200m: 13:37.42	34.87		
13.	GUIMARAES Hugo Goncalves	04	Desportiva de Viana	17:11.91	+0,74	601	
	50m: 30.04 30.04	450m: 5:04.10	34.55	850m: 9:42.02	34.98	1250m: 14:19.81	34.65
	100m: 1:03.03 32.99	500m: 5:38.63	34.53	900m: 10:17.18	35.16	1300m: 14:54.58	34.77
	150m: 1:37.61 34.58	550m: 6:13.05	34.42	950m: 10:52.12	34.94	1350m: 15:29.48	34.90
	200m: 2:11.74 34.13	600m: 6:47.56	34.51	1000m: 11:27.36	35.24	1400m: 16:04.44	34.96
	250m: 2:46.25 34.51	650m: 7:22.64	35.08	1050m: 12:01.42	34.06	1450m: 16:38.93	34.49
	300m: 3:20.57 34.32	700m: 7:57.29	34.65	1100m: 12:35.95	34.53	1500m: 17:11.91	32.98
	350m: 3:55.00 34.43	750m: 8:32.12	34.83	1150m: 13:10.67	34.72		
	400m: 4:29.55 34.55	800m: 9:07.04	34.92	1200m: 13:45.16	34.49		
14.	RODRIGUES Rodrigo Reis	04	Sao Roque	17:24.86	+0,68	579	
	50m: 31.06 31.06	450m: 5:11.66	35.42	850m: 9:51.40	35.00	1250m: 14:31.88	35.79
	100m: 1:05.48 34.42	500m: 5:46.80	35.14	900m: 10:25.98	34.58	1300m: 15:07.63	35.75
	150m: 1:40.55 35.07	550m: 6:22.22	35.42	950m: 11:01.12	35.14	1350m: 15:43.68	36.05
	200m: 2:15.36 34.81	600m: 6:56.88	34.66	1000m: 11:35.82	34.70	1400m: 16:18.92	35.24
	250m: 2:51.15 35.79	650m: 7:32.38	35.50	1050m: 12:11.06	35.24	1450m: 16:52.79	33.87
	300m: 3:26.00 34.85	700m: 8:06.97	34.59	1100m: 12:45.65	34.59	1500m: 17:24.86	32.07
	350m: 4:01.25 35.25	750m: 8:41.97	35.00	1150m: 13:21.19	35.54		
	400m: 4:36.24 34.99	800m: 9:16.40	34.43	1200m: 13:56.09	34.90		
15.	CARVALHO Daniel Luis	02	Braga	17:26.40	+0,79	576	
	50m: 29.78 29.78	450m: 5:00.65	34.74	850m: 9:44.45	35.47	1250m: 14:29.49	35.87
	100m: 1:02.28 32.50	500m: 5:36.20	35.55	900m: 10:19.78	35.33	1300m: 15:04.95	35.46
	150m: 1:35.94 33.66	550m: 6:11.56	35.36	950m: 10:55.23	35.45	1350m: 15:40.51	35.56
	200m: 2:09.49 33.55	600m: 6:46.73	35.17	1000m: 11:30.32	35.09	1400m: 16:16.13	35.62
	250m: 2:43.31 33.82	650m: 7:22.49	35.76	1050m: 12:05.89	35.57	1450m: 16:51.69	35.56
	300m: 3:17.17 33.86	700m: 7:58.06	35.57	1100m: 12:41.86	35.97	1500m: 17:26.40	34.71
	350m: 3:51.41 34.24	750m: 8:33.59	35.53	1150m: 13:17.80	35.94		
	400m: 4:25.91 34.50	800m: 9:08.98	35.39	1200m: 13:53.62	35.82		
DNS	MACHADO Martim Miranda	03	Individual ANC				
DNS	RIBEIRO Gustavo Carvalhais	03	Galitos/ Bresimar				

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



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PARCEIROS



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres

Prova 29 Masc., 1500m Livres Open
01/08/2021 - 15:30 Resultados

Rec Nac Absoluto	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
Rec Nac Sen	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
Rec Nac Jun18	15:23.46	PINA Guilherme Filipe	POR	Hodmezovasarhely (HUN)	07/07/2016
Rec Nac Jun17	15:43.45	PINA Guilherme Filipe	POR	Singapore (SGP)	30/08/2015
Rec Nac Juv A	15:45.55	SANTA Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	16:30.45	JORGE Duarte Miguel	CGA	Oeiras	21/07/2016
Rec Nac Inf A	16:43.48	OLIVEIRA Pedro Fontoura	CFB	Rio Maior	19/06/2004
Rec Nac Inf B	17:21.58	OLIVEIRA Pedro Fontoura	CFB	Restelo	27/07/2003

Pontos: FINA 2021

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CARDOSO Diogo Santos	01	Colegio Monte Maior	15:38.78	+0,79	798	
	50m: 28.36 28.36	450m: 4:40.71	31.53	850m: 8:53.99	31.53	1250m: 13:04.67	31.40
	100m: 59.40 31.04	500m: 5:12.54	31.83	900m: 9:25.48	31.49	1300m: 13:35.89	31.22
	150m: 1:30.74 31.34	550m: 5:44.20	31.66	950m: 9:56.97	31.49	1350m: 14:07.21	31.32
	200m: 2:02.37 31.63	600m: 6:16.06	31.86	1000m: 10:28.45	31.48	1400m: 14:38.35	31.14
	250m: 2:34.13 31.76	650m: 6:47.50	31.44	1050m: 10:59.63	31.18	1450m: 15:09.88	31.53
	300m: 3:05.71 31.58	700m: 7:19.23	31.73	1100m: 11:30.79	31.16	1500m: 15:38.78	28.90
	350m: 3:37.22 31.51	750m: 7:50.80	31.57	1150m: 12:02.00	31.21		
	400m: 4:09.18 31.96	800m: 8:22.46	31.66	1200m: 12:33.27	31.27		
2.	CLARA Vitor Belo	04	Ba-Leiria	16:08.87	+0,77	726	
	50m: 28.89 28.89	450m: 4:47.52	32.30	850m: 9:07.71	32.63	1250m: 13:27.91	32.74
	100m: 1:00.75 31.86	500m: 5:19.90	32.38	900m: 9:40.29	32.58	1300m: 14:00.71	32.80
	150m: 1:33.37 32.62	550m: 5:52.34	32.44	950m: 10:13.00	32.71	1350m: 14:33.09	32.38
	200m: 2:05.91 32.54	600m: 6:25.00	32.66	1000m: 10:45.63	32.63	1400m: 15:05.57	32.48
	250m: 2:38.15 32.24	650m: 6:57.59	32.59	1050m: 11:17.99	32.36	1450m: 15:37.76	32.19
	300m: 3:10.47 32.32	700m: 7:30.30	32.71	1100m: 11:50.49	32.50	1500m: 16:08.87	31.11
	350m: 3:42.72 32.25	750m: 8:02.54	32.24	1150m: 12:22.66	32.17		
	400m: 4:15.22 32.50	800m: 8:35.08	32.54	1200m: 12:55.17	32.51		
3.	ALMEIDA Bernardo Victorino	04	Sporting	16:14.62	+0,64	713	
	50m: 27.96 27.96	450m: 4:47.08	32.58	850m: 9:09.54	32.64	1250m: 13:32.78	33.08
	100m: 59.04 31.08	500m: 5:20.07	32.99	900m: 9:42.65	33.11	1300m: 14:05.49	32.71
	150m: 1:31.44 32.40	550m: 5:52.58	32.51	950m: 10:15.16	32.51	1350m: 14:38.10	32.61
	200m: 2:04.08 32.64	600m: 6:25.46	32.88	1000m: 10:48.36	33.20	1400m: 15:10.98	32.88
	250m: 2:36.73 32.65	650m: 6:58.12	32.66	1050m: 11:21.01	32.65	1450m: 15:43.02	32.04
	300m: 3:08.91 32.18	700m: 7:31.15	33.03	1100m: 11:53.93	32.92	1500m: 16:14.62	31.60
	350m: 3:41.73 32.82	750m: 8:03.81	32.66	1150m: 12:26.58	32.65		
	400m: 4:14.50 32.77	800m: 8:36.90	33.09	1200m: 12:59.70	33.12		
4.	SANTOS Pedro Miguel	01	Porto	16:17.65	+0,68	707	
	50m: 28.91 28.91	450m: 4:46.96	32.43	850m: 9:05.76	32.88	1250m: 13:31.74	34.19
	100m: 1:00.86 31.95	500m: 5:19.16	32.20	900m: 9:38.61	32.85	1300m: 14:04.80	33.06
	150m: 1:34.43 33.57	550m: 5:51.01	31.85	950m: 10:11.88	33.27	1350m: 14:37.42	32.62
	200m: 2:06.05 31.62	600m: 6:23.01	32.00	1000m: 10:45.23	33.35	1400m: 15:11.14	33.72
	250m: 2:37.71 31.66	650m: 6:55.34	32.33	1050m: 11:18.43	33.20	1450m: 15:44.89	33.75
	300m: 3:09.69 31.98	700m: 7:27.64	32.30	1100m: 11:51.02	32.59	1500m: 16:17.65	32.76
	350m: 3:42.08 32.39	750m: 8:00.14	32.50	1150m: 12:24.26	33.24		
	400m: 4:14.53 32.45	800m: 8:32.88	32.74	1200m: 12:57.55	33.29		

ORGANIZAÇÃO



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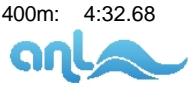
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	AMARAL Francisco Rodriguez	02	Porto	16:26.85	+0,86	687	
	50m: 29.24 29.24	450m: 4:50.94 32.80	850m: 9:13.92 32.99	1250m: 13:40.15 33.55			
	100m: 1:01.30 32.06	500m: 5:24.15 33.21	900m: 9:47.54 33.62	1300m: 14:14.18 34.03			
	150m: 1:33.85 32.55	550m: 5:56.86 32.71	950m: 10:20.45 32.91	1350m: 14:47.55 33.37			
	200m: 2:06.73 32.88	600m: 6:29.69 32.83	1000m: 10:53.56 33.11	1400m: 15:21.18 33.63			
	250m: 2:39.39 32.66	650m: 7:02.27 32.58	1050m: 11:26.80 33.24	1450m: 15:54.21 33.03			
	300m: 3:12.41 33.02	700m: 7:35.17 32.90	1100m: 12:00.25 33.45	1500m: 16:26.85 32.64			
	350m: 3:45.04 32.63	750m: 8:07.90 32.73	1150m: 12:32.97 32.72				
	400m: 4:18.14 33.10	800m: 8:40.93 33.03	1200m: 13:06.60 33.63				
6.	BARROS Bruno Rey	01	Sporting	16:29.49	+0,79	682	
	50m: 29.35 29.35	450m: 4:51.75 33.16	850m: 9:17.84 33.07	1250m: 13:44.91 32.84			
	100m: 1:01.83 32.48	500m: 5:25.49 33.74	900m: 9:52.04 34.20	1300m: 14:18.45 33.54			
	150m: 1:34.17 32.34	550m: 5:57.92 32.43	950m: 10:25.02 32.98	1350m: 14:51.39 32.94			
	200m: 2:06.81 32.64	600m: 6:30.88 32.96	1000m: 10:58.80 33.78	1400m: 15:25.17 33.78			
	250m: 2:39.22 32.41	650m: 7:03.88 33.00	1050m: 11:31.89 33.09	1450m: 15:57.39 32.22			
	300m: 3:12.31 33.09	700m: 7:37.84 33.96	1100m: 12:05.50 33.61	1500m: 16:29.49 32.10			
	350m: 3:45.24 32.93	750m: 8:10.96 33.12	1150m: 12:38.25 32.75				
	400m: 4:18.59 33.35	800m: 8:44.77 33.81	1200m: 13:12.07 33.82				
7.	TRAVANCA Sergio Filipe	00	Individual ANNP	16:30.95	+0,79	679	
	50m: 28.60 28.60	450m: 4:51.17 32.94	850m: 9:16.30 33.48	1250m: 13:45.56 33.70			
	100m: 1:01.06 32.46	500m: 5:24.20 33.03	900m: 9:50.00 33.70	1300m: 14:19.22 33.66			
	150m: 1:33.75 32.69	550m: 5:57.28 33.08	950m: 10:23.51 33.51	1350m: 14:52.88 33.66			
	200m: 2:06.56 32.81	600m: 6:30.41 33.13	1000m: 10:56.99 33.48	1400m: 15:26.40 33.52			
	250m: 2:39.49 32.93	650m: 7:03.27 32.86	1050m: 11:30.43 33.44	1450m: 15:59.10 32.70			
	300m: 3:12.42 32.93	700m: 7:36.42 33.15	1100m: 12:04.28 33.85	1500m: 16:30.95 31.85			
	350m: 3:45.13 32.71	750m: 8:09.30 32.88	1150m: 12:38.12 33.84				
	400m: 4:18.23 33.10	800m: 8:42.82 33.52	1200m: 13:11.86 33.74				
8.	SILVA Pedro Miguel	94	Colegio Monte Maior	16:45.08	+0,70	650	
	50m: 29.29 29.29	450m: 4:56.07 33.56	850m: 9:27.41 33.69	1250m: 13:56.66 33.60			
	100m: 1:01.56 32.27	500m: 5:30.10 34.03	900m: 10:01.05 33.64	1300m: 14:30.47 33.81			
	150m: 1:34.43 32.87	550m: 6:03.69 33.59	950m: 10:34.40 33.35	1350m: 15:04.41 33.94			
	200m: 2:07.81 33.38	600m: 6:37.80 34.11	1000m: 11:08.17 33.77	1400m: 15:38.27 33.86			
	250m: 2:41.43 33.62	650m: 7:11.75 33.95	1050m: 11:41.62 33.45	1450m: 16:12.08 33.81			
	300m: 3:14.99 33.56	700m: 7:45.94 34.19	1100m: 12:15.06 33.44	1500m: 16:45.08 33.00			
	350m: 3:48.64 33.65	750m: 8:19.85 33.91	1150m: 12:48.95 33.89				
	400m: 4:22.51 33.87	800m: 8:53.72 33.87	1200m: 13:23.06 34.11				
9.	LOPES Luis Afonso	03	Viver Santarem	16:47.33	+0,69	646	
	50m: 29.33 29.33	450m: 4:52.96 33.91	850m: 9:26.99 34.39	1250m: 13:58.67 34.27			
	100m: 1:01.11 31.78	500m: 5:27.43 34.47	900m: 10:00.84 33.85	1300m: 14:32.24 33.57			
	150m: 1:34.61 33.50	550m: 6:01.69 34.26	950m: 10:34.81 33.97	1350m: 15:06.66 34.42			
	200m: 2:06.86 32.25	600m: 6:35.38 33.69	1000m: 11:08.60 33.79	1400m: 15:40.80 34.14			
	250m: 2:39.30 32.44	650m: 7:08.95 33.57	1050m: 11:42.57 33.97	1450m: 16:14.44 33.64			
	300m: 3:12.14 32.84	700m: 7:43.25 34.30	1100m: 12:17.00 34.43	1500m: 16:47.33 32.89			
	350m: 3:45.54 33.40	750m: 8:17.95 34.70	1150m: 12:50.76 33.76				
	400m: 4:19.05 33.51	800m: 8:52.60 34.65	1200m: 13:24.40 33.64				
10.	CARDOSO Filipe Santos	04	Gafanha da Encarnacao	16:53.55	+0,69	634	
	50m: 30.82 30.82	450m: 5:07.35 34.67	850m: 9:42.89 34.18	1250m: 14:11.42 32.96			
	100m: 1:05.24 34.42	500m: 5:42.08 34.73	900m: 10:16.99 34.10	1300m: 14:44.50 33.08			
	150m: 1:39.42 34.18	550m: 6:16.28 34.20	950m: 10:50.82 33.83	1350m: 15:17.16 32.66			
	200m: 2:14.14 34.72	600m: 6:50.92 34.64	1000m: 11:24.82 34.00	1400m: 15:50.38 33.22			
	250m: 2:48.61 34.47	650m: 7:25.37 34.45	1050m: 11:58.19 33.37	1450m: 16:22.15 31.77			
	300m: 3:23.33 34.72	700m: 7:59.99 34.62	1100m: 12:32.04 33.85	1500m: 16:53.55 31.40			
	350m: 3:57.63 34.30	750m: 8:34.28 34.29	1150m: 13:05.08 33.04				
	400m: 4:32.68 35.05	800m: 9:08.71 34.43	1200m: 13:38.46 33.38				

ORGANIZAÇÃO



PARCEIROS



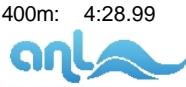
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	SARREIRA Tomas Amor	05	Nautico Marinha Grande	16:53.75	+0,75	634	
	50m: 29.83 29.83	450m: 5:02.98	34.28	850m: 9:35.84	34.11	1250m: 14:06.98	33.73
	100m: 1:03.50 33.67	500m: 5:37.23	34.25	900m: 10:10.39	34.55	1300m: 14:40.77	33.79
	150m: 1:37.52 34.02	550m: 6:10.87	33.64	950m: 10:44.31	33.92	1350m: 15:14.47	33.70
	200m: 2:11.82 34.30	600m: 6:45.19	34.32	1000m: 11:18.20	33.89	1400m: 15:47.85	33.38
	250m: 2:45.76 33.94	650m: 7:19.26	34.07	1050m: 11:51.57	33.37	1450m: 16:21.22	33.37
	300m: 3:19.69 33.93	700m: 7:53.55	34.29	1100m: 12:25.46	33.89	1500m: 16:53.75	32.53
	350m: 3:54.42 34.73	750m: 8:27.85	34.30	1150m: 12:59.18	33.72		
	400m: 4:28.70 34.28	800m: 9:01.73	33.88	1200m: 13:33.25	34.07		
12.	CARVALHO Martim Henriques	04	Rio Maior	16:57.71	+0,74	626	
	50m: 29.99 29.99	450m: 4:56.10	33.39	850m: 9:28.27	34.49	1250m: 14:06.48	35.01
	100m: 1:02.58 32.59	500m: 5:29.68	33.58	900m: 10:02.67	34.40	1300m: 14:41.10	34.62
	150m: 1:35.91 33.33	550m: 6:03.66	33.98	950m: 10:37.47	34.80	1350m: 15:16.12	35.02
	200m: 2:09.23 33.32	600m: 6:37.46	33.80	1000m: 11:12.14	34.67	1400m: 15:50.72	34.60
	250m: 2:42.60 33.37	650m: 7:11.18	33.72	1050m: 11:47.20	35.06	1450m: 16:24.50	33.78
	300m: 3:15.82 33.22	700m: 7:45.16	33.98	1100m: 12:21.91	34.71	1500m: 16:57.71	33.21
	350m: 3:49.25 33.43	750m: 8:19.50	34.34	1150m: 12:56.76	34.85		
	400m: 4:22.71 33.46	800m: 8:53.78	34.28	1200m: 13:31.47	34.71		
13.	ANSELMO Raul Sousa	05	Bombeiros Ponta Delgada	17:00.33	+0,85	622	
	50m: 30.17 30.17	450m: 5:01.79	34.28	850m: 9:37.42	34.17	1250m: 14:11.76	34.43
	100m: 1:03.22 33.05	500m: 5:36.36	34.57	900m: 10:11.59	34.17	1300m: 14:45.99	34.23
	150m: 1:36.99 33.77	550m: 6:10.63	34.27	950m: 10:45.87	34.28	1350m: 15:20.83	34.84
	200m: 2:10.76 33.77	600m: 6:45.04	34.41	1000m: 11:20.06	34.19	1400m: 15:55.07	34.24
	250m: 2:44.55 33.79	650m: 7:19.60	34.56	1050m: 11:54.35	34.29	1450m: 16:28.62	33.55
	300m: 3:18.89 34.34	700m: 7:54.24	34.64	1100m: 12:28.59	34.24	1500m: 17:00.33	31.71
	350m: 3:53.14 34.25	750m: 8:28.78	34.54	1150m: 13:03.10	34.51		
	400m: 4:27.51 34.37	800m: 9:03.25	34.47	1200m: 13:37.33	34.23		
14.	SILVA Nuno Marques	04	Ba-Leiria	17:00.82	+0,70	621	
	50m: 29.62 29.62	450m: 5:00.39	34.61	850m: 9:36.56	33.41	1250m: 14:10.75	34.85
	100m: 1:02.25 32.63	500m: 5:35.11	34.72	900m: 10:10.22	33.66	1300m: 14:46.23	35.48
	150m: 1:35.74 33.49	550m: 6:09.99	34.88	950m: 10:44.16	33.94	1350m: 15:20.50	34.27
	200m: 2:09.00 33.26	600m: 6:44.64	34.65	1000m: 11:18.33	34.17	1400m: 15:55.04	34.54
	250m: 2:42.87 33.87	650m: 7:18.94	34.30	1050m: 11:52.72	34.39	1450m: 16:28.79	33.75
	300m: 3:16.80 33.93	700m: 7:53.55	34.61	1100m: 12:26.80	34.08	1500m: 17:00.82	32.03
	350m: 3:51.09 34.29	750m: 8:28.31	34.76	1150m: 13:01.33	34.53		
	400m: 4:25.78 34.69	800m: 9:03.15	34.84	1200m: 13:35.90	34.57		
15.	CARDOSO Guilherme Maia	05	Columbofila Cantanhedense	17:02.49	+0,73	618	
	50m: 30.54 30.54	450m: 5:04.59	34.67	850m: 9:38.54	34.52	1250m: 14:15.18	34.24
	100m: 1:03.82 33.28	500m: 5:39.05	34.46	900m: 10:13.04	34.50	1300m: 14:49.33	34.15
	150m: 1:37.95 34.13	550m: 6:12.75	33.70	950m: 10:48.13	35.09	1350m: 15:23.40	34.07
	200m: 2:11.88 33.93	600m: 6:46.51	33.76	1000m: 11:22.91	34.78	1400m: 15:57.22	33.82
	250m: 2:46.60 34.72	650m: 7:20.62	34.11	1050m: 11:57.41	34.50	1450m: 16:30.28	33.06
	300m: 3:20.93 34.33	700m: 7:54.64	34.02	1100m: 12:32.00	34.59	1500m: 17:02.49	32.21
	350m: 3:55.66 34.73	750m: 8:29.16	34.52	1150m: 13:06.38	34.38		
	400m: 4:29.92 34.26	800m: 9:04.02	34.86	1200m: 13:40.94	34.56		
16.	CARVALHO Goncalo Renato	04	Porto	17:03.61	+0,69	616	
	50m: 30.44 30.44	450m: 5:03.46	34.47	850m: 9:36.48	33.95	1250m: 14:12.32	34.90
	100m: 1:04.26 33.82	500m: 5:37.52	34.06	900m: 10:11.02	34.54	1300m: 14:47.45	35.13
	150m: 1:38.39 34.13	550m: 6:11.30	33.78	950m: 10:45.23	34.21	1350m: 15:22.16	34.71
	200m: 2:12.49 34.10	600m: 6:45.57	34.27	1000m: 11:19.31	34.08	1400m: 15:56.78	34.62
	250m: 2:46.52 34.03	650m: 7:19.69	34.12	1050m: 11:53.51	34.20	1450m: 16:31.22	34.44
	300m: 3:20.67 34.15	700m: 7:53.93	34.24	1100m: 12:28.01	34.50	1500m: 17:03.61	32.39
	350m: 3:54.86 34.19	750m: 8:28.46	34.53	1150m: 13:02.55	34.54		
	400m: 4:28.99 34.13	800m: 9:02.53	34.07	1200m: 13:37.42	34.87		

ORGANIZAÇÃO



PARCEIROS



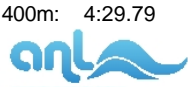
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	OLIVEIRA Jose Francisco	05	Ba-Leiria	17:11.72	+0,85	601	
	50m: 31.10 31.10	450m: 5:08.68 34.37	850m: 9:43.95 34.61	1250m: 14:20.71 34.40			
	100m: 1:04.85 33.75	500m: 5:43.54 34.86	900m: 10:18.56 34.61	1300m: 14:55.28 34.57			
	150m: 1:39.87 35.02	550m: 6:18.18 34.64	950m: 10:53.36 34.80	1350m: 15:28.99 33.71			
	200m: 2:14.59 34.72	600m: 6:52.65 34.47	1000m: 11:27.73 34.37	1400m: 16:03.20 34.21			
	250m: 2:49.57 34.98	650m: 7:26.48 33.83	1050m: 12:02.64 34.91	1450m: 16:37.96 34.76			
	300m: 3:24.37 34.80	700m: 8:00.78 34.30	1100m: 12:37.16 34.52	1500m: 17:11.72 33.76			
	350m: 3:59.09 34.72	750m: 8:35.21 34.43	1150m: 13:11.96 34.80				
	400m: 4:34.31 35.22	800m: 9:09.34 34.13	1200m: 13:46.31 34.35				
18.	GUIMARAES Hugo Goncalves	04	Desportiva de Viana	17:11.91	+0,74	601	
	50m: 30.04 30.04	450m: 5:04.10 34.55	850m: 9:42.02 34.98	1250m: 14:19.81 34.65			
	100m: 1:03.03 32.99	500m: 5:38.63 34.53	900m: 10:17.18 35.16	1300m: 14:54.58 34.77			
	150m: 1:37.61 34.58	550m: 6:13.05 34.42	950m: 10:52.12 34.94	1350m: 15:29.48 34.90			
	200m: 2:11.74 34.13	600m: 6:47.56 34.51	1000m: 11:27.36 35.24	1400m: 16:04.44 34.96			
	250m: 2:46.25 34.51	650m: 7:22.64 35.08	1050m: 12:01.42 34.06	1450m: 16:38.93 34.49			
	300m: 3:20.57 34.32	700m: 7:57.29 34.65	1100m: 12:35.95 34.53	1500m: 17:11.91 32.98			
	350m: 3:55.00 34.43	750m: 8:32.12 34.83	1150m: 13:10.67 34.72				
	400m: 4:29.55 34.55	800m: 9:07.04 34.92	1200m: 13:45.16 34.49				
19.	FARIA Eduardo Nuno	06	Braga	17:13.06	+0,88	599	
	50m: 30.54 30.54	450m: 5:07.77 34.57	850m: 9:43.07 34.34	1250m: 14:19.36 34.31			
	100m: 1:04.58 34.04	500m: 5:42.53 34.76	900m: 10:18.00 34.93	1300m: 14:54.46 35.10			
	150m: 1:39.66 35.08	550m: 6:17.05 34.52	950m: 10:52.46 34.46	1350m: 15:27.74 33.28			
	200m: 2:14.60 34.94	600m: 6:51.29 34.24	1000m: 11:27.02 34.56	1400m: 16:02.51 34.77			
	250m: 2:49.48 34.88	650m: 7:25.38 34.09	1050m: 12:01.00 33.98	1450m: 16:38.32 35.81			
	300m: 3:24.07 34.59	700m: 8:00.00 34.62	1100m: 12:35.98 34.98	1500m: 17:13.06 34.74			
	350m: 3:58.87 34.80	750m: 8:34.35 34.35	1150m: 13:10.04 34.06				
	400m: 4:33.20 34.33	800m: 9:08.73 34.38	1200m: 13:45.05 35.01				
20.	TIGRE Pedro Bethlem	06	Sporting	17:17.13	+0,71	592	
	50m: 31.00 31.00	450m: 5:08.74 34.85	850m: 9:44.26 34.27	1250m: 14:19.56 33.93			
	100m: 1:05.03 34.03	500m: 5:43.49 34.75	900m: 10:18.47 34.21	1300m: 14:52.67 33.11			
	150m: 1:39.63 34.60	550m: 6:18.18 34.69	950m: 10:53.02 34.55	1350m: 15:33.11 40.44			
	200m: 2:14.44 34.81	600m: 6:52.54 34.36	1000m: 11:27.38 34.36	1400m: 16:07.99 34.88			
	250m: 2:49.60 35.16	650m: 7:26.85 34.31	1050m: 12:02.12 34.74	1450m: 16:43.25 35.26			
	300m: 3:24.22 34.62	700m: 8:01.12 34.27	1100m: 12:36.25 34.13	1500m: 17:17.13 33.88			
	350m: 3:59.26 35.04	750m: 8:35.62 34.50	1150m: 13:10.58 34.33				
	400m: 4:33.89 34.63	800m: 9:09.99 34.37	1200m: 13:45.63 35.05				
21.	PEREIRA Manuel Angelo	05	Sporting	17:17.20	+0,78	592	
	50m: 31.55 31.55	450m: 5:11.21 35.06	850m: 9:49.96 34.31	1250m: 14:26.13 34.28			
	100m: 1:05.33 33.78	500m: 5:46.54 35.33	900m: 10:24.46 34.50	1300m: 15:01.16 35.03			
	150m: 1:40.22 34.89	550m: 6:21.70 35.16	950m: 10:58.73 34.27	1350m: 15:36.11 34.95			
	200m: 2:15.48 35.26	600m: 6:56.74 35.04	1000m: 11:33.41 34.68	1400m: 16:10.79 34.68			
	250m: 2:50.61 35.13	650m: 7:31.22 34.48	1050m: 12:07.99 34.58	1450m: 16:44.54 33.75			
	300m: 3:26.02 35.41	700m: 8:06.43 35.21	1100m: 12:42.70 34.71	1500m: 17:17.20 32.66			
	350m: 4:00.95 34.93	750m: 8:40.82 34.39	1150m: 13:17.31 34.61				
	400m: 4:36.15 35.20	800m: 9:15.65 34.83	1200m: 13:51.85 34.54				
22.	SOUSA Joao Maria	05	Braga	17:18.05	+0,81	590	
	50m: 30.39 30.39	450m: 5:04.00 34.21	850m: 9:42.26 35.07	1250m: 14:23.71 34.76			
	100m: 1:04.65 34.26	500m: 5:38.73 34.73	900m: 10:17.27 35.01	1300m: 14:58.95 35.24			
	150m: 1:38.37 33.72	550m: 6:13.15 34.42	950m: 10:52.09 34.82	1350m: 15:34.38 35.43			
	200m: 2:12.73 34.36	600m: 6:48.16 35.01	1000m: 11:27.47 35.38	1400m: 16:09.78 35.40			
	250m: 2:46.62 33.89	650m: 7:22.60 34.44	1050m: 12:02.62 35.15	1450m: 16:44.05 34.27			
	300m: 3:21.31 34.69	700m: 7:57.80 35.20	1100m: 12:38.21 35.59	1500m: 17:18.05 34.00			
	350m: 3:55.22 33.91	750m: 8:32.10 34.30	1150m: 13:13.72 35.51				
	400m: 4:29.79 34.57	800m: 9:07.19 35.09	1200m: 13:48.95 35.23				

ORGANIZAÇÃO



PARCEIROS



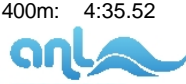
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
23.	LOUREIRO Bruno Silva	06	Porto	17:18.26	+0,76	590	
	50m: 31.81 31.81	450m: 5:07.98	34.42	850m: 9:45.59	34.46	1250m: 14:24.95	35.13
	100m: 1:06.70 34.89	500m: 5:42.56	34.58	900m: 10:20.31	34.72	1300m: 14:59.87	34.92
	150m: 1:40.51 33.81	550m: 6:17.21	34.65	950m: 10:55.07	34.76	1350m: 15:34.97	35.10
	200m: 2:15.21 34.70	600m: 6:52.33	35.12	1000m: 11:30.29	35.22	1400m: 16:10.17	35.20
	250m: 2:49.55 34.34	650m: 7:26.80	34.47	1050m: 12:04.89	34.60	1450m: 16:44.84	34.67
	300m: 3:24.33 34.78	700m: 8:01.56	34.76	1100m: 12:39.72	34.83	1500m: 17:18.26	33.42
	350m: 3:58.59 34.26	750m: 8:36.21	34.65	1150m: 13:14.72	35.00		
	400m: 4:33.56 34.97	800m: 9:11.13	34.92	1200m: 13:49.82	35.10		
24.	AMADO Pedro Maria	05	Alges	17:23.74	+0,86	581	
	50m: 30.85 30.85	450m: 5:09.33	34.72	850m: 9:49.01	34.74	1250m: 14:29.57	34.77
	100m: 1:04.73 33.88	500m: 5:44.50	35.17	900m: 10:24.23	35.22	1300m: 15:05.11	35.54
	150m: 1:39.48 34.75	550m: 6:19.38	34.88	950m: 10:59.05	34.82	1350m: 15:39.80	34.69
	200m: 2:15.11 35.63	600m: 6:54.58	35.20	1000m: 11:34.55	35.50	1400m: 16:15.18	35.38
	250m: 2:49.94 34.83	650m: 7:29.35	34.77	1050m: 12:09.25	34.70	1450m: 16:49.61	34.43
	300m: 3:24.99 35.05	700m: 8:04.53	35.18	1100m: 12:44.67	35.42	1500m: 17:23.74	34.13
	350m: 3:59.58 34.59	750m: 8:39.21	34.68	1150m: 13:19.43	34.76		
	400m: 4:34.61 35.03	800m: 9:14.27	35.06	1200m: 13:54.80	35.37		
25.	RODRIGUES Rodrigo Reis	04	Sao Roque	17:24.86	+0,68	579	
	50m: 31.06 31.06	450m: 5:11.66	35.42	850m: 9:51.40	35.00	1250m: 14:31.88	35.79
	100m: 1:05.48 34.42	500m: 5:46.80	35.14	900m: 10:25.98	34.58	1300m: 15:07.63	35.75
	150m: 1:40.55 35.07	550m: 6:22.22	35.42	950m: 11:01.12	35.14	1350m: 15:43.68	36.05
	200m: 2:15.36 34.81	600m: 6:56.88	34.66	1000m: 11:35.82	34.70	1400m: 16:18.92	35.24
	250m: 2:51.15 35.79	650m: 7:32.38	35.50	1050m: 12:11.06	35.24	1450m: 16:52.79	33.87
	300m: 3:26.00 34.85	700m: 8:06.97	34.59	1100m: 12:45.65	34.59	1500m: 17:24.86	32.07
	350m: 4:01.25 35.25	750m: 8:41.97	35.00	1150m: 13:21.19	35.54		
	400m: 4:36.24 34.99	800m: 9:16.40	34.43	1200m: 13:56.09	34.90		
26.	CARVALHO Daniel Luis	02	Braga	17:26.40	+0,79	576	
	50m: 29.78 29.78	450m: 5:00.65	34.74	850m: 9:44.45	35.47	1250m: 14:29.49	35.87
	100m: 1:02.28 32.50	500m: 5:36.20	35.55	900m: 10:19.78	35.33	1300m: 15:04.95	35.46
	150m: 1:35.94 33.66	550m: 6:11.56	35.36	950m: 10:55.23	35.45	1350m: 15:40.51	35.56
	200m: 2:09.49 33.55	600m: 6:46.73	35.17	1000m: 11:30.32	35.09	1400m: 16:16.13	35.62
	250m: 2:43.31 33.82	650m: 7:22.49	35.76	1050m: 12:05.89	35.57	1450m: 16:51.69	35.56
	300m: 3:17.17 33.86	700m: 7:58.06	35.57	1100m: 12:41.86	35.97	1500m: 17:26.40	34.71
	350m: 3:51.41 34.24	750m: 8:33.59	35.53	1150m: 13:17.80	35.94		
	400m: 4:25.91 34.50	800m: 9:08.98	35.39	1200m: 13:53.62	35.82		
27.	REMELHE Joao Anibal	05	Braga	17:34.20	+0,75	564	
	50m: 30.86 30.86	450m: 5:09.10	34.56	850m: 9:53.49	35.35	1250m: 14:38.34	35.60
	100m: 1:04.68 33.82	500m: 5:44.41	35.31	900m: 10:28.74	35.25	1300m: 15:14.22	35.88
	150m: 1:39.18 34.50	550m: 6:19.86	35.45	950m: 11:04.21	35.47	1350m: 15:50.31	36.09
	200m: 2:14.09 34.91	600m: 6:55.19	35.33	1000m: 11:39.88	35.67	1400m: 16:25.82	35.51
	250m: 2:49.14 35.05	650m: 7:30.67	35.48	1050m: 12:15.81	35.93	1450m: 17:00.34	34.52
	300m: 3:24.28 35.14	700m: 8:06.26	35.59	1100m: 12:50.93	35.12	1500m: 17:34.20	33.86
	350m: 3:59.14 34.86	750m: 8:42.19	35.93	1150m: 13:27.06	36.13		
	400m: 4:34.54 35.40	800m: 9:18.14	35.95	1200m: 14:02.74	35.68		
28.	SANTOS Rui Miguel	06	Famalicao	17:35.73	+0,86	561	
	50m: 31.91 31.91	450m: 5:10.52	35.00	850m: 9:56.25	35.50	1250m: 14:41.70	35.01
	100m: 1:06.71 34.80	500m: 5:45.99	35.47	900m: 10:32.06	35.81	1300m: 15:16.63	34.93
	150m: 1:41.23 34.52	550m: 6:21.76	35.77	950m: 11:07.86	35.80	1350m: 15:51.98	35.35
	200m: 2:16.10 34.87	600m: 6:57.31	35.55	1000m: 11:43.76	35.90	1400m: 16:27.03	35.05
	250m: 2:50.71 34.61	650m: 7:33.16	35.85	1050m: 12:19.88	36.12	1450m: 17:01.92	34.89
	300m: 3:25.51 34.80	700m: 8:08.79	35.63	1100m: 12:55.54	35.66	1500m: 17:35.73	33.81
	350m: 4:00.82 35.31	750m: 8:44.86	36.07	1150m: 13:31.37	35.83		
	400m: 4:35.52 34.70	800m: 9:20.75	35.89	1200m: 14:06.69	35.32		

ORGANIZAÇÃO



PARCEIROS



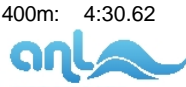
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
29.	GONCALVES Alexandre Ramos	05	Colegio SMLamas	17:36.31	+0,81	560	
	50m: 31.96 31.96	450m: 5:13.82	36.05	850m: 9:58.06	35.47	1250m: 14:42.10	35.11
	100m: 1:06.44 34.48	500m: 5:49.17	35.35	900m: 10:32.96	34.90	1300m: 15:18.41	36.31
	150m: 1:41.67 35.23	550m: 6:23.30	34.13	950m: 11:08.69	35.73	1350m: 15:54.80	36.39
	200m: 2:17.45 35.78	600m: 6:58.38	35.08	1000m: 11:44.12	35.43	1400m: 16:30.15	35.35
	250m: 2:52.88 35.43	650m: 7:35.14	36.76	1050m: 12:19.31	35.19	1450m: 17:02.83	32.68
	300m: 3:28.15 35.27	700m: 8:10.79	35.65	1100m: 12:55.14	35.83	1500m: 17:36.31	33.48
	350m: 4:02.80 34.65	750m: 8:47.02	36.23	1150m: 13:31.05	35.91		
	400m: 4:37.77 34.97	800m: 9:22.59	35.57	1200m: 14:06.99	35.94		
30.	NETO Vasco Goncalves	05	Porto	17:36.43	+0,82	560	
	50m: 31.42 31.42	450m: 5:07.81	34.85	850m: 9:50.86	35.75	1250m: 14:39.21	36.21
	100m: 1:05.67 34.25	500m: 5:42.96	35.15	900m: 10:26.37	35.51	1300m: 15:15.08	35.87
	150m: 1:39.95 34.28	550m: 6:18.06	35.10	950m: 11:02.18	35.81	1350m: 15:51.80	36.72
	200m: 2:14.41 34.46	600m: 6:53.36	35.30	1000m: 11:37.87	35.69	1400m: 16:27.02	35.22
	250m: 2:48.94 34.53	650m: 7:28.86	35.50	1050m: 12:14.14	36.27	1450m: 17:02.86	35.84
	300m: 3:23.66 34.72	700m: 8:04.25	35.39	1100m: 12:50.16	36.02	1500m: 17:36.43	33.57
	350m: 3:58.17 34.51	750m: 8:39.89	35.64	1150m: 13:26.55	36.39		
	400m: 4:32.96 34.79	800m: 9:15.11	35.22	1200m: 14:03.00	36.45		
31.	SANTOS Goncalo Carvalho	05	Louzan Natacao/EFAPEL	17:40.92	+0,78	553	
	50m: 32.49 32.49	450m: 5:14.27	35.83	850m: 9:59.05	36.21	1250m: 14:44.73	36.34
	100m: 1:06.21 33.72	500m: 5:49.85	35.58	900m: 10:34.08	35.03	1300m: 15:20.38	35.65
	150m: 1:41.87 35.66	550m: 6:24.84	34.99	950m: 11:09.37	35.29	1350m: 15:56.43	36.05
	200m: 2:16.98 35.11	600m: 6:59.93	35.09	1000m: 11:45.13	35.76	1400m: 16:31.26	34.83
	250m: 2:52.73 35.75	650m: 7:36.02	36.09	1050m: 12:20.62	35.49	1450m: 17:07.02	35.76
	300m: 3:27.79 35.06	700m: 8:11.67	35.65	1100m: 12:56.35	35.73	1500m: 17:40.92	33.90
	350m: 4:03.42 35.63	750m: 8:47.30	35.63	1150m: 13:32.60	36.25		
	400m: 4:38.44 35.02	800m: 9:22.84	35.54	1200m: 14:08.39	35.79		
32.	DIAS Pedro Anselmo	05	Academico Viseu	17:43.11	+0,82	549	
	50m: 30.62 30.62	450m: 5:13.04	35.98	850m: 10:01.21	36.04	1250m: 14:48.36	35.89
	100m: 1:04.39 33.77	500m: 5:49.00	35.96	900m: 10:37.43	36.22	1300m: 15:23.96	35.60
	150m: 1:39.51 35.12	550m: 6:25.05	36.05	950m: 11:13.34	35.91	1350m: 15:59.70	35.74
	200m: 2:14.84 35.33	600m: 7:01.09	36.04	1000m: 11:49.15	35.81	1400m: 16:35.43	35.73
	250m: 2:50.10 35.26	650m: 7:37.17	36.08	1050m: 12:24.95	35.80	1450m: 17:10.35	34.92
	300m: 3:25.48 35.38	700m: 8:13.13	35.96	1100m: 13:00.94	35.99	1500m: 17:43.11	32.76
	350m: 4:01.26 35.78	750m: 8:49.04	35.91	1150m: 13:36.86	35.92		
	400m: 4:37.06 35.80	800m: 9:25.17	36.13	1200m: 14:12.47	35.61		
33.	ALMEIDA Joao Neves	05	Fundacao Beatriz Santos	17:43.34	+0,74	549	
	50m: 31.37 31.37	450m: 5:13.91	35.77	850m: 10:00.56	36.01	1250m: 14:48.45	36.24
	100m: 1:05.53 34.16	500m: 5:49.73	35.82	900m: 10:36.52	35.96	1300m: 15:24.84	36.39
	150m: 1:40.53 35.00	550m: 6:25.43	35.70	950m: 11:12.24	35.72	1350m: 16:00.25	35.41
	200m: 2:16.09 35.56	600m: 7:01.28	35.85	1000m: 11:48.27	36.03	1400m: 16:36.03	35.78
	250m: 2:51.27 35.18	650m: 7:36.95	35.67	1050m: 12:24.21	35.94	1450m: 17:10.84	34.81
	300m: 3:26.60 35.33	700m: 8:12.64	35.69	1100m: 13:00.11	35.90	1500m: 17:43.34	32.50
	350m: 4:02.44 35.84	750m: 8:48.56	35.92	1150m: 13:36.09	35.98		
	400m: 4:38.14 35.70	800m: 9:24.55	35.99	1200m: 14:12.21	36.12		
34.	JEVIC Milan Santos	06	Braga	17:44.00	+0,75	548	
	50m: 29.51 29.51	450m: 5:05.35	34.73	850m: 9:52.20	36.41	1250m: 14:43.88	35.19
	100m: 1:02.59 33.08	500m: 5:40.59	35.24	900m: 10:28.35	36.15	1300m: 15:20.99	37.11
	150m: 1:36.72 34.13	550m: 6:15.60	35.01	950m: 11:04.87	36.52	1350m: 15:57.66	36.67
	200m: 2:11.29 34.57	600m: 6:51.05	35.45	1000m: 11:41.94	37.07	1400m: 16:33.82	36.16
	250m: 2:46.01 34.72	650m: 7:26.68	35.63	1050m: 12:18.51	36.57	1450m: 17:08.97	35.15
	300m: 3:20.78 34.77	700m: 8:03.07	36.39	1100m: 12:55.38	36.87	1500m: 17:44.00	35.03
	350m: 3:55.50 34.72	750m: 8:39.15	36.08	1150m: 13:31.57	36.19		
	400m: 4:30.62 35.12	800m: 9:15.79	36.64	1200m: 14:08.69	37.12		

ORGANIZAÇÃO



PARCEIROS



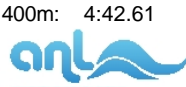
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
35.	LEITE Afonso Martim	05	Foca Quinta da Lixa CNF	17:44.55	+0,79	547	
	50m: 31.69 31.69	450m: 5:09.14 34.61	850m: 9:54.33 35.94	1250m: 14:44.76 36.55			
	100m: 1:05.71 34.02	500m: 5:44.33 35.19	900m: 10:30.67 36.34	1300m: 15:21.35 36.59			
	150m: 1:40.15 34.44	550m: 6:19.54 35.21	950m: 11:06.97 36.30	1350m: 15:57.82 36.47			
	200m: 2:15.36 35.21	600m: 6:55.13 35.59	1000m: 11:43.08 36.11	1400m: 16:34.19 36.37			
	250m: 2:50.27 34.91	650m: 7:30.93 35.80	1050m: 12:19.12 36.04	1450m: 17:10.28 36.09			
	300m: 3:24.89 34.62	700m: 8:06.66 35.73	1100m: 12:55.53 36.41	1500m: 17:44.55 34.27			
	350m: 3:59.67 34.78	750m: 8:42.46 35.80	1150m: 13:31.70 36.17				
	400m: 4:34.53 34.86	800m: 9:18.39 35.93	1200m: 14:08.21 36.51				
36.	BARBOSA Diogo Sousa	05	Benfica	17:44.63	+0,81	547	
	50m: 30.76 30.76	450m: 5:15.18 35.48	850m: 10:01.65 36.01	1250m: 14:50.11 36.10			
	100m: 1:05.85 35.09	500m: 5:51.16 35.98	900m: 10:37.62 35.97	1300m: 15:25.79 35.68			
	150m: 1:41.27 35.42	550m: 6:26.87 35.71	950m: 11:13.74 36.12	1350m: 16:01.37 35.58			
	200m: 2:17.06 35.79	600m: 7:02.42 35.55	1000m: 11:49.45 35.71	1400m: 16:36.80 35.43			
	250m: 2:52.55 35.49	650m: 7:38.11 35.69	1050m: 12:25.30 35.85	1450m: 17:12.47 35.67			
	300m: 3:28.32 35.77	700m: 8:14.00 35.89	1100m: 13:01.46 36.16	1500m: 17:44.63 32.16			
	350m: 4:03.97 35.65	750m: 8:49.60 35.60	1150m: 13:37.66 36.20				
	400m: 4:39.70 35.73	800m: 9:25.64 36.04	1200m: 14:14.01 36.35				
37.	FERNANDES Duarte Jose	06	Individual ANC	17:45.16	+0,75	546	
	50m: 31.37 31.37	450m: 5:14.69 35.58	850m: 9:57.74 35.33	1250m: 14:48.37 36.81			
	100m: 1:06.10 34.73	500m: 5:50.11 35.42	900m: 10:33.25 35.51	1300m: 15:24.33 35.96			
	150m: 1:41.53 35.43	550m: 6:25.61 35.50	950m: 11:08.89 35.64	1350m: 16:00.68 36.35			
	200m: 2:17.14 35.61	600m: 7:01.19 35.58	1000m: 11:45.01 36.12	1400m: 16:36.97 36.29			
	250m: 2:52.99 35.85	650m: 7:36.71 35.52	1050m: 12:21.47 36.46	1450m: 17:12.37 35.40			
	300m: 3:28.43 35.44	700m: 8:11.99 35.28	1100m: 12:58.16 36.69	1500m: 17:45.16 32.79			
	350m: 4:03.87 35.44	750m: 8:47.42 35.43	1150m: 13:35.23 37.07				
	400m: 4:39.11 35.24	800m: 9:22.41 34.99	1200m: 14:11.56 36.33				
38.	DURAO Miguel Costa	06	Braga	17:46.23	+0,78	545	
	50m: 31.63 31.63	450m: 5:16.99 35.83	850m: 10:04.16 35.93	1250m: 14:50.55 35.90			
	100m: 1:07.02 35.39	500m: 5:52.58 35.59	900m: 10:39.81 35.65	1300m: 15:26.14 35.59			
	150m: 1:42.75 35.73	550m: 6:28.81 36.23	950m: 11:15.74 35.93	1350m: 16:01.74 35.60			
	200m: 2:18.39 35.64	600m: 7:04.45 35.64	1000m: 11:51.20 35.46	1400m: 16:36.86 35.12			
	250m: 2:54.38 35.99	650m: 7:40.53 36.08	1050m: 12:27.41 36.21	1450m: 17:11.95 35.09			
	300m: 3:29.93 35.55	700m: 8:16.23 35.70	1100m: 13:03.16 35.75	1500m: 17:46.23 34.28			
	350m: 4:05.30 35.37	750m: 8:52.47 36.24	1150m: 13:39.11 35.95				
	400m: 4:41.16 35.86	800m: 9:28.23 35.76	1200m: 14:14.65 35.54				
39.	ZHUKOV Mark	06	Braga	17:50.63	+0,77	538	
	50m: 31.84 31.84	450m: 5:14.91 35.85	850m: 10:03.08 36.33	1250m: 14:50.50 35.99			
	100m: 1:06.14 34.30	500m: 5:51.10 36.19	900m: 10:39.04 35.96	1300m: 15:25.77 35.27			
	150m: 1:41.41 35.27	550m: 6:27.14 36.04	950m: 11:14.99 35.95	1350m: 16:02.57 36.80			
	200m: 2:16.65 35.24	600m: 7:02.77 35.63	1000m: 11:50.65 35.66	1400m: 16:38.21 35.64			
	250m: 2:52.30 35.65	650m: 7:38.81 36.04	1050m: 12:26.66 36.01	1450m: 17:14.94 36.73			
	300m: 3:27.94 35.64	700m: 8:14.49 35.68	1100m: 13:02.68 36.02	1500m: 17:50.63 35.69			
	350m: 4:03.31 35.37	750m: 8:50.76 36.27	1150m: 13:38.73 36.05				
	400m: 4:39.06 35.75	800m: 9:26.75 35.99	1200m: 14:14.51 35.78				
40.	ALVES Andre Correia	06	Uniao Piedense	17:55.07	+0,77	531	
	50m: 31.63 31.63	450m: 5:18.89 36.28	850m: 10:07.08 36.34	1250m: 14:57.24 36.07			
	100m: 1:07.26 35.63	500m: 5:54.97 36.08	900m: 10:43.61 36.53	1300m: 15:33.43 36.19			
	150m: 1:43.09 35.83	550m: 6:30.23 35.26	950m: 11:20.09 36.48	1350m: 16:09.45 36.02			
	200m: 2:19.65 36.56	600m: 7:05.99 35.76	1000m: 11:56.85 36.76	1400m: 16:45.62 36.17			
	250m: 2:55.14 35.49	650m: 7:42.21 36.22	1050m: 12:32.39 35.54	1450m: 17:21.07 35.45			
	300m: 3:30.70 35.56	700m: 8:18.43 36.22	1100m: 13:08.23 35.84	1500m: 17:55.07 34.00			
	350m: 4:06.51 35.81	750m: 8:54.62 36.19	1150m: 13:44.62 36.39				
	400m: 4:42.61 36.10	800m: 9:30.74 36.12	1200m: 14:21.17 36.55				

ORGANIZAÇÃO



PARCEIROS



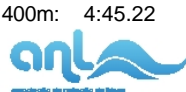
Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
41.	PEREIRA Tomas Veiga	06	Fundacao Beatriz Santos	17:59.60	+0,94	525	
	50m: 32.16 32.16	450m: 5:20.73	36.35	850m: 10:12.01	36.37	1250m: 15:02.38	36.35
	100m: 1:07.28 35.12	500m: 5:56.96	36.23	900m: 10:48.31	36.30	1300m: 15:38.44	36.06
	150m: 1:43.15 35.87	550m: 6:33.37	36.41	950m: 11:24.62	36.31	1350m: 16:14.19	35.75
	200m: 2:19.25 36.10	600m: 7:09.88	36.51	1000m: 12:01.00	36.38	1400m: 16:50.01	35.82
	250m: 2:56.06 36.81	650m: 7:46.36	36.48	1050m: 12:37.05	36.05	1450m: 17:25.06	35.05
	300m: 3:32.32 36.26	700m: 8:22.68	36.32	1100m: 13:13.29	36.24	1500m: 17:59.60	34.54
	350m: 4:08.66 36.34	750m: 8:59.05	36.37	1150m: 13:49.38	36.09		
	400m: 4:44.38 35.72	800m: 9:35.64	36.59	1200m: 14:26.03	36.65		
42.	PIRES Gustavo Teixeira	06	Columbofila Cantanhedense	18:02.42	+0,75	521	
	50m: 33.42 33.42	450m: 5:20.44	36.11	850m: 10:10.61	36.54	1250m: 15:01.76	36.54
	100m: 1:08.48 35.06	500m: 5:56.26	35.82	900m: 10:46.71	36.10	1300m: 15:38.26	36.50
	150m: 1:44.28 35.80	550m: 6:32.47	36.21	950m: 11:23.07	36.36	1350m: 16:14.99	36.73
	200m: 2:19.84 35.56	600m: 7:08.62	36.15	1000m: 11:59.20	36.13	1400m: 16:51.31	36.32
	250m: 2:55.85 36.01	650m: 7:45.24	36.62	1050m: 12:35.76	36.56	1450m: 17:27.66	36.35
	300m: 3:31.86 36.01	700m: 8:21.34	36.10	1100m: 13:11.93	36.17	1500m: 18:02.42	34.76
	350m: 4:08.21 36.35	750m: 8:58.00	36.66	1150m: 13:48.41	36.48		
	400m: 4:44.33 36.12	800m: 9:34.07	36.07	1200m: 14:25.22	36.81		
43.	TORRES Joao Pedro	05	Porto	18:02.70	+1,01	520	
	50m: 31.44 31.44	450m: 5:17.69	36.91	850m: 10:04.62	35.62	1250m: 15:00.45	37.13
	100m: 1:05.75 34.31	500m: 5:54.35	36.66	900m: 10:41.93	37.31	1300m: 15:37.61	37.16
	150m: 1:41.04 35.29	550m: 6:28.87	34.52	950m: 11:18.48	36.55	1350m: 16:14.15	36.54
	200m: 2:16.72 35.68	600m: 7:04.48	35.61	1000m: 11:55.10	36.62	1400m: 16:51.08	36.93
	250m: 2:52.42 35.70	650m: 7:40.04	35.56	1050m: 12:32.53	37.43	1450m: 17:27.77	36.69
	300m: 3:28.44 36.02	700m: 8:16.12	36.08	1100m: 13:09.38	36.85	1500m: 18:02.70	34.93
	350m: 4:04.45 36.01	750m: 8:52.09	35.97	1150m: 13:45.60	36.22		
	400m: 4:40.78 36.33	800m: 9:29.00	36.91	1200m: 14:23.32	37.72		
44.	BRANDAO Afonso Aires	06	Desportiva de Viana	18:04.54	+0,74	518	
	50m: 31.48 31.48	450m: 5:23.02	36.33	850m: 10:16.14	36.74	1250m: 15:07.88	36.67
	100m: 1:07.50 36.02	500m: 6:00.00	36.98	900m: 10:53.03	36.89	1300m: 15:44.64	36.76
	150m: 1:43.82 36.32	550m: 6:36.24	36.24	950m: 11:29.31	36.28	1350m: 16:20.98	36.34
	200m: 2:20.48 36.66	600m: 7:13.06	36.82	1000m: 12:05.98	36.67	1400m: 16:57.43	36.45
	250m: 2:56.52 36.04	650m: 7:49.63	36.57	1050m: 12:42.60	36.62	1450m: 17:31.82	34.39
	300m: 3:33.68 37.16	700m: 8:26.34	36.71	1100m: 13:18.59	35.99	1500m: 18:04.54	32.72
	350m: 4:10.04 36.36	750m: 9:02.20	35.86	1150m: 13:55.12	36.53		
	400m: 4:46.69 36.65	800m: 9:39.40	37.20	1200m: 14:31.21	36.09		
45.	MESQUITA Rodrigo Andrade	06	Sporting	18:08.73	+0,79	512	
	50m: 31.61 31.61	450m: 5:21.12	35.84	850m: 10:13.38	36.26	1250m: 15:07.91	36.74
	100m: 1:07.31 35.70	500m: 5:58.53	37.41	900m: 10:50.39	37.01	1300m: 15:45.07	37.16
	150m: 1:43.85 36.54	550m: 6:34.43	35.90	950m: 11:25.74	35.35	1350m: 16:21.32	36.25
	200m: 2:20.48 36.63	600m: 7:10.18	35.75	1000m: 12:03.21	37.47	1400m: 16:58.99	37.67
	250m: 2:55.07 34.59	650m: 7:46.72	36.54	1050m: 12:40.57	37.36	1450m: 17:33.67	34.68
	300m: 3:31.45 36.38	700m: 8:23.47	36.75	1100m: 13:17.54	36.97	1500m: 18:08.73	35.06
	350m: 4:07.86 36.41	750m: 9:00.54	37.07	1150m: 13:54.30	36.76		
	400m: 4:45.28 37.42	800m: 9:37.12	36.58	1200m: 14:31.17	36.87		
46.	FIGUEIREDO Joao Pinto	06	O Crasto	18:08.84	+0,75	511	
	50m: 31.71 31.71	450m: 5:21.51	36.29	850m: 10:13.91	36.42	1250m: 15:07.07	36.60
	100m: 1:07.00 35.29	500m: 5:57.96	36.45	900m: 10:50.08	36.17	1300m: 15:43.94	36.87
	150m: 1:43.55 36.55	550m: 6:34.57	36.61	950m: 11:26.03	35.95	1350m: 16:21.37	37.43
	200m: 2:19.94 36.39	600m: 7:11.04	36.47	1000m: 12:03.05	37.02	1400m: 16:58.19	36.82
	250m: 2:56.20 36.26	650m: 7:47.39	36.35	1050m: 12:40.55	37.50	1450m: 17:34.31	36.12
	300m: 3:32.30 36.10	700m: 8:24.01	36.62	1100m: 13:17.07	36.52	1500m: 18:08.84	34.53
	350m: 4:08.74 36.44	750m: 9:00.86	36.85	1150m: 13:54.04	36.97		
	400m: 4:45.22 36.48	800m: 9:37.49	36.63	1200m: 14:30.47	36.43		

ORGANIZAÇÃO



PARCEIROS



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN
Oeiras, 30 Julho a 01 Agosto de 2021



Prova 29, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
47.	RIBEIRO Tomas Carvalhinho	05	Natacao da Maia	18:10.25	+0,77	509	
	50m: 30.80 30.80 450m: 5:23.84 36.93 850m: 10:18.97 36.04 1250m: 15:11.37 36.04						
	100m: 1:05.68 34.88 500m: 6:01.06 37.22 900m: 10:55.89 36.92 1300m: 15:47.54 36.17						
	150m: 1:41.63 35.95 550m: 6:37.66 36.60 950m: 11:32.39 36.50 1350m: 16:23.40 35.86						
	200m: 2:18.64 37.01 600m: 7:15.02 37.36 1000m: 12:09.14 36.75 1400m: 16:59.50 36.10						
	250m: 2:55.40 36.76 650m: 7:51.68 36.66 1050m: 12:45.34 36.20 1450m: 17:35.18 35.68						
	300m: 3:32.31 36.91 700m: 8:28.96 37.28 1100m: 13:22.30 36.96 1500m: 18:10.25 35.07						
	350m: 4:09.35 37.04 750m: 9:05.65 36.69 1150m: 13:58.67 36.37						
	400m: 4:46.91 37.56 800m: 9:42.93 37.28 1200m: 14:35.33 36.66						
48.	LAFUENTE Miguel Teixeira	05	Porto	18:13.65	+0,75	505	
	50m: 30.98 30.98 450m: 5:17.90 36.75 850m: 10:14.81 36.69 1250m: 15:13.72 37.17						
	100m: 1:05.98 35.00 500m: 5:55.10 37.20 900m: 10:51.99 37.18 1300m: 15:51.09 37.37						
	150m: 1:41.46 35.48 550m: 6:31.91 36.81 950m: 11:29.84 37.85 1350m: 16:27.72 36.63						
	200m: 2:17.11 35.65 600m: 7:09.58 37.67 1000m: 12:08.06 38.22 1400m: 17:04.72 37.00						
	250m: 2:52.92 35.81 650m: 7:46.26 36.68 1050m: 12:44.82 36.76 1450m: 17:39.91 35.19						
	300m: 3:28.42 35.50 700m: 8:23.55 37.29 1100m: 13:22.30 37.48 1500m: 18:13.65 33.74						
	350m: 4:04.08 35.66 750m: 9:00.66 37.11 1150m: 13:58.67 36.37						
	400m: 4:41.15 37.07 800m: 9:38.12 37.46 1200m: 14:36.55 37.88						
49.	CORREIA Tiago Almeida	06	Natacao do Montijo	18:15.57	+0,96	502	
	50m: 31.11 31.11 450m: 5:21.16 36.27 850m: 10:15.88 37.06 1250m: 15:13.14 37.61						
	100m: 1:06.21 35.10 500m: 5:57.76 36.60 900m: 10:53.33 37.45 1300m: 15:50.38 37.24						
	150m: 1:42.56 36.35 550m: 6:34.45 36.69 950m: 11:30.33 37.00 1350m: 16:27.31 36.93						
	200m: 2:18.96 36.40 600m: 7:11.39 36.94 1000m: 12:06.88 36.55 1400m: 17:04.32 37.01						
	250m: 2:55.82 36.86 650m: 7:48.24 36.85 1050m: 12:44.26 37.38 1450m: 17:40.75 36.43						
	300m: 3:32.01 36.19 700m: 8:25.07 36.83 1100m: 13:21.41 37.15 1500m: 18:15.57 34.82						
	350m: 4:08.66 36.65 750m: 9:01.94 36.87 1150m: 13:58.72 37.31						
	400m: 4:44.89 36.23 800m: 9:38.82 36.88 1200m: 14:35.53 36.81						
50.	SANTOS Tomas Nolan	06	Fundacao Beatriz Santos	18:15.90	+0,71	502	
	50m: 31.55 31.55 450m: 5:21.09 36.69 850m: 10:14.54 36.61 1250m: 15:10.90 37.10						
	100m: 1:06.45 34.90 500m: 5:57.93 36.84 900m: 10:51.49 36.95 1300m: 15:48.24 37.34						
	150m: 1:42.92 36.47 550m: 6:34.66 36.73 950m: 11:28.37 36.88 1350m: 16:25.44 37.20						
	200m: 2:18.73 35.81 600m: 7:11.40 36.74 1000m: 12:05.55 37.18 1400m: 17:03.12 37.68						
	250m: 2:54.92 36.19 650m: 7:47.70 36.30 1050m: 12:42.35 36.80 1450m: 17:39.58 36.46						
	300m: 3:31.28 36.36 700m: 8:24.53 36.83 1100m: 13:19.76 37.41 1500m: 18:15.90 36.32						
	350m: 4:07.80 36.52 750m: 9:01.02 36.49 1150m: 13:56.51 36.75						
	400m: 4:44.40 36.60 800m: 9:37.93 36.91 1200m: 14:33.80 37.29						
51.	RODRIGUES Francisco Manuel	06	Naval da Horta	18:40.50	+0,85	469	
	50m: 32.68 32.68 450m: 5:29.94 37.24 850m: 10:29.29 37.00 1250m: 15:30.65 38.21						
	100m: 1:08.48 35.80 500m: 6:07.48 37.54 900m: 11:06.78 37.49 1300m: 16:08.79 38.14						
	150m: 1:45.43 36.95 550m: 6:45.02 37.54 950m: 11:44.21 37.43 1350m: 16:47.12 38.33						
	200m: 2:22.83 37.40 600m: 7:22.40 37.38 1000m: 12:21.80 37.59 1400m: 17:24.81 37.69						
	250m: 3:00.46 37.63 650m: 7:59.82 37.42 1050m: 12:59.32 37.52 1450m: 18:02.93 38.12						
	300m: 3:38.03 37.57 700m: 8:37.27 37.45 1100m: 13:36.98 37.66 1500m: 18:40.50 37.57						
	350m: 4:15.41 37.38 750m: 9:14.48 37.21 1150m: 14:14.48 37.50						
	400m: 4:52.70 37.29 800m: 9:52.29 37.81 1200m: 14:52.44 37.96						
DNS	CASTRO Augusto Bernardo	06	Bombeiros Ponta Delgada				
DNS	MACHADO Martim Miranda	03	Individual ANC				
DNS	OLIVEIRA Diogo Alexandre	05	Naval do Funchal				
DNS	RIBEIRO Filipe Silva	05	Leixoes				
DNS	RIBEIRO Gustavo Carvalhais	03	Galitos/ Bresimar				
DNS	DUARTE Joao Nunes	01	Angola				

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