

XXII Campeonato Nacional Masters de Verão , OPEN
XXII Portuguese Summer Masters Championships - OPEN
Vila Nova de Famalicão, 09 a 11 de Julho de 2021



Prova 23 11-07-2021	Masc., 400m Livres				25 - 94 anos Startlist
RN A(25-29)	4:12.44	NIZ Adriano Miguel	GDNVNF	Kazan (RUS)	16-08-2015
RN B(30-34)	4:10.56	NIZ Adriano Miguel	GDNVNF	London (GBR)	27-05-2016
RN C(35-39)	4:24.85	SILVA Pedro Miguel	CFV	Oeiras	02-07-2011
RN D(40-44)	4:33.43	CABRITA Miguel Mendonca	SAD	Évora	05-07-2014
RN E(45-49)	4:27.36	FREITAS Jose Carlos	CFP	Gotemburgo (SWE)	06-08-2010
RN F(50-54)	4:28.97	FREITAS Jose Carlos	CFP	Kazan (RUS)	16-08-2015
RN G(55-59)	4:34.69	FREITAS Jose Carlos	CFP	Loulé	14-07-2018
RN H(60-64)	5:20.99	CARVALHO Paulo Paula	SCP	Vila Nova de Famalicão	09-07-2021
RN I(65-69)	5:51.59	DYSON Stephen Thomas	INDANL	Reguengos de Monsaraz	30-06-2012
RN J(70-74)	5:53.42	DYSON Stephen Thomas	SAD	Budapeste (HUN)	20-08-2017
RN K(75-79)	6:47.14	BASTO Antonio Bessone	SAD	Póvoa de Varzim	22-02-2020
RN L(80-84)	9:25.42	RODRIGUES Antonio Alexandre	AAC	Reguengos de Monsaraz	19-07-2019
RN M(85-89)	14:42.74	COSTA Virgilio Zacarias	AAC	Reguengos de Monsaraz	20-07-2019

Pista	Nome	Ano	Clube	Tp inscrição	
Série 1 de 8					
1					
2	HORTA Jose Manuel	49	Alges	11:08.83	___:___:___
3	ROCHA Joao Castro	95	Fluvial Portuense	8:30.00	___:___:___
4	PINTO Paulo Monteiro	64	Porto	8:17.82	___:___:___
5	PINTO Fernando Manuel	61	Fluvial Portuense	8:25.55	___:___:___
6					
7					
8					

Série 2 de 8					
1	RAPOSO Jose Alexandre	55	Sporting de Aveiro	8:13.20	___:___:___
2	SOARES Manuel Edgar	54	O2 Portimao	7:55.76	___:___:___
3					
4	MADAIL Jose Henrique	54	Galitos/ Bresimar	7:43.67	___:___:___
5	ANTUNES Luis Miguel	68	Leixoes	7:45.22	___:___:___
6	SALGUEIRO Luis Vidigal	45	Alges	7:55.60	___:___:___
7	NEVES Sergio Manuel	82	Fluvial Portuense	8:00.00	___:___:___
8	LOUREIRO Luis Miguel	68	Fluvial Portuense	8:15.44	___:___:___



Prova 23, Masc., 400m Livres

Série 3 de 8

1	ROCHA Paulo Jorge	59	Fluvial Portuense	7:34.18	___:___:___
2					
3	IDA Hamilton Kenji	73	Vitoria Guimaraes	7:00.00	___:___:___
4	PIMENTEL Tiago Nuno	85	Braga	6:58.43	___:___:___
5	JUNIOR George Luiz	77	Vitoria Guimaraes	7:00.00	___:___:___
6	FERREIRA Domingos Jose	54	Sporting de Espinho	7:04.83	___:___:___
7	FERREIRA Jose Antonio	58	Leixoes	7:30.00	___:___:___
8	ALBUQUERQUE Nuno Carlos	64	Braga	7:39.05	___:___:___

Série 4 de 8

1	CORREIA Carlos Augusto	52	Masters de Almada	6:44.19	___:___:___
2	FERREIRA Francisco Jorge	62	Academica de Coimbra	6:40.00	___:___:___
3	FERREIRA Gilberto Luis	85	Braga	6:35.12	___:___:___
4	AMARAL Jose Rui	63	Fluvial Portuense	6:29.22	___:___:___
5	AITA Aleksandro	74	UD Oliveirense	6:30.00	___:___:___
6	SOUSA Luis Manuel	66	Fluvial Portuense	6:35.36	___:___:___
7					
8	SANTINHA Antonio Manuel	69	Masters de Almada	6:50.95	___:___:___

Série 5 de 8

1	PEREIRA Mario Nuno	81	Foca Quinta da Lixa CNF	6:28.27	___:___:___
2					
3	SEABRA Henrique Luis	61	Fluvial Portuense	6:07.95	___:___:___
4	TEJO Rui Miguel	69	Academica de Coimbra	5:54.34	___:___:___
5	MATOS Luis Miguel	92	Vitoria Guimaraes	6:00.00	___:___:___
6	OLIVEIRA Luis Miguel	83	Lisboa PoolSharks	6:10.00	___:___:___
7	BERNARDO Luis Miguel	61	Fluvial Portuense	6:21.03	___:___:___
8	DYSON Stephen Thomas	47	Alges	6:28.46	___:___:___

Série 6 de 8

1	MADUREIRA Fabio Andre	90	Penafiel	5:53.43	___:___:___
2	VIEGAS Paulo Humberto	82	Lisboa PoolSharks	5:50.00	___:___:___
3	AFONSO Hugo Andre	76	Sporting	5:45.32	___:___:___
4					
5					
6	BARROS Francisco Santos	72	Porto	5:48.37	___:___:___
7					
8	RODRIGUES Marcelo Porto	82	Natacao de Valongo	5:53.51	___:___:___

Prova 23, Masc., 400m Livres

Série 7 de 8

1 BENTO Jaime Carlos	61	Alges	5:33.35	___:___:___
2 MAIA Bruno Santos	81	Vilacondense	5:25.38	___:___:___
3 CARDOSO Alvaro Miguel	84	Lisboa PoolSharks	5:20.00	___:___:___
4 FERREIRA Francisco David	89	Fluvial Portuense	5:19.23	___:___:___
5 CALDEIRA Goncalo Jorge	96	Amigos da Natacao	5:20.00	___:___:___
6 SOUSA Paulo Alexandre	72	Lagoa AC	5:22.58	___:___:___
7 BERNARDES Jose Pedro	95	UD Oliveirense	5:30.00	___:___:___
8 AITA Cristian	77	Porto	5:35.21	___:___:___

Série 8 de 8

1 FERREIRA Artur Sousa	93	Colegio SMLamas	5:07.41	___:___:___
2 SOUSA Joao Pedro	74	Naval do Funchal	4:54.29	___:___:___
3				
4 VAZ Luis Emanuel	91	Famalicao	4:10.98	___:___:___
5 FREITAS Jose Carlos	63	Individual ANNP	4:28.61	___:___:___
6 QUEIROS Carlos Fernandes	86	Fluvial Portuense	4:50.00	___:___:___
7 BAPTISTA Filipe Jose	94	Feirense	5:00.74	___:___:___
8 BARBOSA Celso Ruben	77	Porto	5:17.67	___:___:___

