

XXII Campeonato Nacional Masters de Verão , OPEN
XXII Portuguese Summer Masters Championships - OPEN
Vila Nova de Famalicão, 09 a 11 de Julho de 2021



Prova 4 Masc., 200m Bruços Master Esc A
09-07-2021 Resultados

RN A(25-29) 2:27.30 SILVA Pedro Miguel ADRCIMM Reguengos de Monsaraz 19-07-2019
Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	MOREIRA Jose Luis	93	Natacao da Maia	3:10.78	+0,83	436	9,00
	50m: 41.98 41.98	100m: 1:30.83 48.85	150m: 2:20.69 49.86	200m: 3:10.78 50.09			
2.	MENESES Goncalo Goncalves	92	Braga	3:12.02	+0,95	427	7,00
	50m: 41.78 41.78	100m: 1:29.34 47.56	150m: 2:20.43 51.09	200m: 3:12.02 51.59			
3.	ROCHA Joao Castro	95	Fluvial Portuense	4:09.77	+1,49	194	6,00
	50m: 58.07 58.07	100m: 2:00.34 1:02.27	150m: 3:05.51 1:05.17	200m: 4:09.77 1:04.26			

Prova 4 Masc., 200m Bruços Master Esc B
09-07-2021 Resultados

RN B(30-34) 2:27.06 PINOTES Pedro Miguel SCP Reguengos de Monsaraz 19-07-2019
Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	MONTEIRO Bruno Daniel	88	Leixoes	2:38.01	+0,75	748	9,00
	50m: 35.50 35.50	100m: 1:17.21 41.71	150m: 1:59.50 42.29	200m: 2:38.01 38.51			
2.	CARVALHO Joao Carlos	90	Lisboa PoolSharks	2:52.99	+0,88	570	7,00
	50m: 39.29 39.29	100m: 1:22.68 43.39	150m: 2:08.04 45.36	200m: 2:52.99 44.95			
3.	GOMES Luis Manuel	88	Vitoria Guimaraes	2:58.54	+0,89	519	6,00
	50m: 38.59 38.59	100m: 1:24.12 45.53	150m: 2:11.66 47.54	200m: 2:58.54 46.88			
4.	FERNANDES Andre Manuel	88	Lisboa PoolSharks	3:31.81	+1,01	310	5,00
	50m: 48.58 48.58	100m: 1:41.39 52.81	150m: 2:37.16 55.77	200m: 3:31.81 54.65			

Prova 4 Masc., 200m Bruços Master Esc C
09-07-2021 Resultados

RN C(35-39) 2:43.03 COSTA Rodrigo Marques CNLA Loulé 05-07-2015
Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	NIZ Adriano Miguel <i>Rec Nac Esc C</i>	86	Famalicão	2:42.04	+0,81	815	9,00
	50m: 35.94 35.94	100m: 1:17.57 41.63	150m: 2:00.02 42.45	200m: 2:42.04 42.02			
2.	SOUSA Pedro Alexandre	82	Porto	2:55.32	+0,74	643	7,00
	50m: 40.19 40.19	100m: 1:25.50 45.31	150m: 2:11.22 45.72	200m: 2:55.32 44.10			
3.	COSTA Antonio Sergio	84	Famalicão	3:09.37	+0,85	510	6,00
	50m: 40.10 40.10	100m: 1:25.88 45.78	150m: 2:15.08 49.20	200m: 3:09.37 54.29			

Splash Meet Manager, 11.69847

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09-07-2021 13:29 - Página 1



XXII Campeonato Nacional Masters de Verão , OPEN
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Vila Nova de Famalicão, 09 a 11 de Julho de 2021



Prova 4, Masc., 200m Bruços, Master Esc C

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
4.	SILVA Bruno Miguel	86	Lisboa PoolSharks	3:20.64	+1,03	429	5,00
	50m: 42.90 42.90	100m: 1:32.39 49.49	150m: 2:25.85 53.46	200m: 3:20.64 54.79			
5.	FREITAS Joao Dinis	83	Masters de Almada	3:50.62	+0,90	282	4,00
	50m: 52.53 52.53	100m: 1:52.82 1:00.29	150m: 2:54.89 1:02.07	200m: 3:50.62 55.73			
6.	TOMAS Daniel Rocha	83	Obidos Criativa	3:51.74	+0,93	278	3,00
	50m: 47.05 47.05	100m: 1:47.06 1:00.01	150m: 2:50.02 1:02.96	200m: 3:51.74 1:01.72			
7.	NEVES Sergio Manuel	82	Fluvial Portuense	4:16.53	+1,01	205	2,00
	50m: 59.56 59.56	100m: 2:09.84 1:10.28	150m: 3:16.56 1:06.72	200m: 4:16.53 59.97			

Prova 4 Masc., 200m Bruços Master Esc D
09-07-2021 Resultados

RN D(40-44)	2:34.20	ROSARIO Vasco Jorge	SAD	Loulé	10-07-2016
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Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	SANTOS Patrick	79	Sporting	2:58.32	+0,83	605	9,00
	50m: 40.56 40.56	100m: 1:25.36 44.80	150m: 2:12.19 46.83	200m: 2:58.32 46.13			
2.	BATISTA Nelson Duarte	80	CPCD-Povoa St Iria	3:04.13	+0,99	549	7,00
	50m: 40.42 40.42	100m: 1:26.80 46.38	150m: 2:15.52 48.72	200m: 3:04.13 48.61			
3.	AITA Cristian	77	Porto	3:22.81	+0,85	411	6,00
	50m: 45.84 45.84	100m: 1:37.52 51.68	150m: 2:31.67 54.15	200m: 3:22.81 51.14			
4.	NOVAIS Jose Orlando	78	Vitoria Guimaraes	3:28.77	+0,91	377	5,00
	50m: 45.63 45.63	100m: 1:38.68 53.05	150m: 2:34.49 55.81	200m: 3:28.77 54.28			

DSQ SA Filipe Teixeira 78 Porto -
722 - Tocou com uma mão na parede na viragem aos 150 m - SW 7.6

Prova 4 Masc., 200m Bruços Master Esc E
09-07-2021 Resultados

RN E(45-49)	2:44.19	DUARTE Jose Samuel	SCP	Reguengos de Monsaraz	30-06-2012
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Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	NUNES Miguel Angelo	73	Estarreja	3:18.06	+0,83	467	9,00
	50m: 43.76 43.76	100m: 1:33.22 49.46	150m: 2:25.95 52.73	200m: 3:18.06 52.11			
2.	CUNHA Tiago Filipe	76	Amigos da Natacao	3:22.32	+0,89	438	7,00
	50m: 46.11 46.11	100m: 1:36.40 50.29	150m: 2:30.19 53.79	200m: 3:22.32 52.13			
3.	FRANCA Nuno Avila	72	Academica de Coimbra	3:35.27	+0,89	364	6,00
	50m: 45.05 45.05	100m: 1:38.67 53.62	150m: 2:36.26 57.59	200m: 3:35.27 59.01			

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09-07-2021 13:29 - Página 2



XXII Campeonato Nacional Masters de Verão , OPEN
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Vila Nova de Famalicão, 09 a 11 de Julho de 2021



Prova 4, Masc., 200m Bruços, Master Esc E

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
4.	FARIA Decio Manuel	72	Feirense	3:39.50	+0,95	343	5,00
	50m: 49.30 49.30	100m: 1:45.40 56.10	150m: 2:44.97 59.57	200m: 3:39.50 54.53			
DNS	PEREIRA Paulo Sergio	74	Fluvial Portuense				-

Prova 4 Masc., 200m Bruços Master Esc F
09-07-2021 Resultados

RN F(50-54) 2:47.07 DUARTE Jose Samuel SCP Famalicão 09-07-2017

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	LIMA Jorge Sequeira	67	Sporting	3:10.37	+0,91	594	9,00
	50m: 42.84 42.84	100m: 1:30.85 48.01	150m: 2:22.25 51.40	200m: 3:10.37 48.12			
2.	BASTO Gustavo Ferreira	67	Galitos/ Bresimar	3:15.13	+0,86	551	7,00
	50m: 42.43 42.43	100m: 1:32.17 49.74	150m: 2:24.21 52.04	200m: 3:15.13 50.92			
3.	GONCALVES Carlos Guimaraes	70	Fluvial Portuense	3:19.40	+1,01	517	6,00
	50m: 46.96 46.96	100m: 1:38.03 51.07	150m: 2:28.03 50.00	200m: 3:19.40 51.37			
4.	SOARES Joao Tiago	70	Porto	3:34.26	+0,86	416	5,00
	50m: 49.74 49.74	100m: 1:45.34 55.60	150m: 2:42.98 57.64	200m: 3:34.26 51.28			
5.	ROCHA Mario Xavier	70	Feirense	3:40.70	+1,02	381	4,00
	50m: 50.40 50.40	100m: 1:46.36 55.96	150m: 2:44.64 58.28	200m: 3:40.70 56.06			
6.	SILVA Marco Paulo	70	Naval Povoense	3:43.70	+0,94	366	3,00
	50m: 47.99 47.99	100m: 1:44.77 56.78	150m: 2:45.73 1:00.96	200m: 3:43.70 57.97			
7.	AMARAL Joao Gunther	69	Fluvial Portuense	3:44.25	+0,92	363	2,00
	50m: 48.07 48.07	100m: 1:43.40 55.33	150m: 2:42.91 59.51	200m: 3:44.25 1:01.34			
8.	SANTINHA Antonio Manuel	69	Masters de Almada	3:50.73	+1,10	333	1,00
	50m: 55.65 55.65	100m: 1:56.94 1:01.29	150m: 2:57.58 1:00.64	200m: 3:50.73 53.15			
9.	BAPTISTA Jose Manuel	69	Leixoes	3:50.90	+1,17	333	-
	50m: 52.36 52.36	100m: 1:51.47 59.11	150m: 2:52.21 1:00.74	200m: 3:50.90 58.69			
DNS	PAIVA Henrique Silva	67	Feirense				-

Splash Meet Manager, 11.69847

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09-07-2021 13:29 - Página 3

ORGANIZAÇÃO



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XXII Campeonato Nacional Masters de Verão , OPEN
XXII Portuguese Summer Masters Championships - OPEN
Vila Nova de Famalicão, 09 a 11 de Julho de 2021



Prova 4, Masc., 200m Bruços

Prova 4 Masc., 200m Bruços Master Esc G
09-07-2021 Resultados

RN G(55-59) 3:07.15 SOARES Ralf Pinto ANE Reguengos de Monsaraz 19-07-2019

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BARROSO Jose Miguel	62	Fluvial Portuense	3:09.27	+0,88	644	9,00
	50m: 43.79 43.79	100m: 1:31.88 48.09	150m: 2:20.50 48.62	200m: 3:09.27 48.77			
2.	SOUZA Antonio Fernando	65	Porto	3:11.55	+0,76	621	7,00
	50m: 42.85 42.85	100m: 1:31.65 48.80	150m: 2:21.14 49.49	200m: 3:11.55 50.41			
3.	TRIGO Daniel Castro	65	Sporting de Aveiro	3:54.08	+1,03	340	6,00
	50m: 53.85 53.85	100m: 1:55.42 1:01.57	150m: 2:55.78 1:00.36	200m: 3:54.08 58.30			
4.	SILVA Rui Manuel	64	Academica de Coimbra	3:54.09	+1,08	340	5,00
	50m: 48.41 48.41	100m: 1:46.79 58.38	150m: 2:49.45 1:02.66	200m: 3:54.09 1:04.64			
5.	MADUREIRA Pedro Marcos	64	Porto	3:57.82	+1,03	324	4,00
	50m: 54.99 54.99	100m: 1:57.02 1:02.03	150m: 3:01.16 1:04.14	200m: 3:57.82 56.66			
6.	SEARA Joao Henrique	63	Leixoes	4:17.72	+0,87	255	3,00
	50m: 54.54 54.54	100m: 1:56.86 1:02.32	150m: 3:05.86 1:09.00	200m: 4:17.72 1:11.86			
7.	TEIXEIRA Albano Couto	63	Foca Quinta da Lixa CNF	4:20.21	+1,15	247	2,00
	50m: 55.71 55.71	100m: 2:00.77 1:05.06	150m: 3:10.27 1:09.50	200m: 4:20.21 1:09.94			
DNS	SOARES Ralf Pinto	64	Nadadores dos Estoris				-
DNS	DUARTE Jose Samuel	65	Sporting				-

Prova 4 Masc., 200m Bruços Master Esc H
09-07-2021 Resultados

RN H(60-64) 3:11.56 SILVA Carlos Roberto SAD Loulé 10-07-2016

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BERNARDO Luis Miguel	61	Fluvial Portuense	3:18.92	+0,99	632	9,00
	50m: 44.57 44.57	100m: 1:35.09 50.52	150m: 2:27.63 52.54	200m: 3:18.92 51.29			
2.	ROCHA Paulo Jorge	59	Fluvial Portuense	4:25.59	+1,48	265	7,00
	50m: 1:00.71 1:00.71	100m: 2:09.45 1:08.74	150m: 3:22.38 1:12.93	200m: 4:25.59 1:03.21			
3.	PINTO Fernando Manuel	61	Fluvial Portuense	4:44.35	+1,01	216	6,00
	50m: 1:06.91 1:06.91	100m: 2:18.60 1:11.69	150m: 3:32.82 1:14.22	200m: 4:44.35 1:11.53			
4.	FERRARIA Alfredo Gouveia	57	Porto	5:51.24		114	5,00
	50m: 1:19.18 1:19.18	100m: 2:51.77 1:32.59	150m: 4:23.23 1:31.46	200m: 5:51.24 1:28.01			

Splash Meet Manager, 11.69847

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09-07-2021 13:29 - Página 4

ORGANIZAÇÃO



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XXII Campeonato Nacional Masters de Verão , OPEN
XXII Portuguese Summer Masters Championships - OPEN
Vila Nova de Famalicão, 09 a 11 de Julho de 2021



Prova 4, Masc., 200m Bruços

Prova 4 Masc., 200m Bruços Master Esc I
09-07-2021 Resultados

RN I(65-69) 3:25.11 BASTO Antonio Bessone SAD Loulé 29-06-2013

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BARROS Mario Jorge	56	Porto	3:45.73	+0,94	573	9,00
	50m: 54.34 54.34	100m: 1:52.54 58.20	150m: 2:52.10 59.56	200m: 3:45.73 53.63			
2.	CECILIO Antonio Alves	54	Fluvial Portuense	3:53.79	+1,13	516	7,00
	50m: 52.46 52.46	100m: 1:51.65 59.19	150m: 2:54.03 1:02.38	200m: 3:53.79 59.76			
3.	BAIRRADA Mario Gomes	52	Alges	4:18.69	+1,08	381	6,00
	50m: 57.26 57.26	100m: 2:03.74 1:06.48	150m: 3:11.42 1:07.68	200m: 4:18.69 1:07.27			
4.	MAGALHAES Alfredo Coelho	53	Porto	4:45.76		282	5,00
	50m: 1:07.38 1:07.38	100m: 2:20.44 1:13.06	150m: 3:35.72 1:15.28	200m: 4:45.76 1:10.04			
5.	ROSEIRA Joao Luis	55	Fluvial Portuense	5:42.21	+1,16	164	4,00
	50m: 1:19.17 1:19.17	100m: 2:48.03 1:28.86	150m: 4:17.45 1:29.42	200m: 5:42.21 1:24.76			

Prova 4 Masc., 200m Bruços Master Esc J
09-07-2021 Resultados

RN J(70-74) 3:33.87 BASTO Antonio Bessone SAD Loulé 05-07-2015

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	LEITE Jose	48	Foca Quinta da Lixa CNF	4:18.95	+1,20	411	9,00
	50m: 57.44 57.44	100m: 2:06.23 1:08.79	150m: 3:15.18 1:08.95	200m: 4:18.95 1:03.77			
2.	FREITAS Joaquim Fidalgo	47	Academica de Coimbra	4:37.88	+1,37	333	7,00
	50m: 58.28 58.28	100m: 2:08.49 1:10.21	150m: 3:22.95 1:14.46	200m: 4:37.88 1:14.93			
3.	MARQUES Antonio Jorge	51	Fluvial Portuense	4:55.39	+1,18	277	6,00
	50m: 1:05.76 1:05.76	100m: 2:20.77 1:15.01	150m: 3:39.56 1:18.79	200m: 4:55.39 1:15.83			
4.	HORTA Jose Manuel	49	Alges	5:36.53		187	5,00
	50m: 1:19.27 1:19.27	100m: 2:46.67 1:27.40	150m: 4:14.19 1:27.52	200m: 5:36.53 1:22.34			



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Prova 4, Masc., 200m Bruços

Prova 4 Masc., 200m Bruços Master Esc K
09-07-2021 Resultados

RN K(75-79) 4:38.17 TEIXEIRA Joao Rodrigues AAC Coimbra 21-01-2012

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	GASPAR Alexandre Azevedo	45	Alges	4:17.23	+1,15	499	9,00
<i>Rec Nac Esc K</i>							
	50m: 58.70 58.70	100m: 2:04.55 1:05.85	150m: 3:11.70 1:07.15	200m: 4:17.23 1:05.53			
2.	SOUSA Antero Silva	43	Fluvial Portuense	4:57.26	+1,35	323	7,00
	50m: 1:07.61 1:07.61	100m: 2:23.40 1:15.79	150m: 3:41.57 1:18.17	200m: 4:57.26 1:15.69			

Prova 4 Masc., 200m Bruços Master Esc L
09-07-2021 Resultados

RN L(80-84) 4:25.28 GOMES Leonel Sousa AAC Reguengos de Monsaraz 04-07-2010

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	TENREIRO Manuel Monteiro	40	Academica de Coimbra	5:51.88		243	9,00
	50m: 1:23.71 1:23.71	100m: 2:59.65 1:35.94	150m: 4:30.58 1:30.93	200m: 5:51.88 1:21.30			

Prova 4 Masc., 200m Bruços Master Esc N
09-07-2021 Resultados

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
DNS	COSTA Virgilio Zacarias	31	Academica de Coimbra				-



XXII Campeonato Nacional Masters de Verão , OPEN
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Vila Nova de Famalicão, 09 a 11 de Julho de 2021



Prova 4, Masc., 200m Bruços

Prova 4	Masc., 200m Bruços				Absoluto
09-07-2021					Resultados
RN A(25-29)	2:27.30	SILVA Pedro Miguel	ADRCIMM	Reguengos de Monsaraz	19-07-2019
RN B(30-34)	2:27.06	PINOTES Pedro Miguel	SCP	Reguengos de Monsaraz	19-07-2019
RN C(35-39)	2:43.03	COSTA Rodrigo Marques	CNLA	Loulé	05-07-2015
RN D(40-44)	2:34.20	ROSARIO Vasco Jorge	SAD	Loulé	10-07-2016
RN E(45-49)	2:44.19	DUARTE Jose Samuel	SCP	Reguengos de Monsaraz	30-06-2012
RN F(50-54)	2:47.07	DUARTE Jose Samuel	SCP	Famalicão	09-07-2017
RN G(55-59)	3:07.15	SOARES Ralf Pinto	ANE	Reguengos de Monsaraz	19-07-2019
RN H(60-64)	3:11.56	SILVA Carlos Roberto	SAD	Loulé	10-07-2016
RN I(65-69)	3:25.11	BASTO Antonio Bessone	SAD	Loulé	29-06-2013
RN J(70-74)	3:33.87	BASTO Antonio Bessone	SAD	Loulé	05-07-2015
RN K(75-79)	4:38.17	TEIXEIRA Joao Rodrigues	AAC	Coimbra	21-01-2012
RN L(80-84)	4:25.28	GOMES Leonel Sousa	AAC	Reguengos de Monsaraz	04-07-2010

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	MONTEIRO Bruno Daniel	88	Leixoes	2:38.01	+0,75	748	9,00
	50m: 35.50 35.50	100m: 1:17.21 41.71	150m: 1:59.50	42.29	200m: 2:38.01 38.51		
2.	NIZ Adriano Miguel	86	Famalicão	2:42.04	+0,81	815	9,00
	50m: 35.94 35.94	100m: 1:17.57 41.63	150m: 2:00.02	42.45	200m: 2:42.04 42.02		
3.	CARVALHO Joao Carlos	90	Lisboa PoolSharks	2:52.99	+0,88	570	7,00
	50m: 39.29 39.29	100m: 1:22.68 43.39	150m: 2:08.04	45.36	200m: 2:52.99 44.95		
4.	SOUSA Pedro Alexandre	82	Porto	2:55.32	+0,74	643	7,00
	50m: 40.19 40.19	100m: 1:25.50 45.31	150m: 2:11.22	45.72	200m: 2:55.32 44.10		
5.	SANTOS Patrick	79	Sporting	2:58.32	+0,83	605	9,00
	50m: 40.56 40.56	100m: 1:25.36 44.80	150m: 2:12.19	46.83	200m: 2:58.32 46.13		
6.	GOMES Luis Manuel	88	Vitoria Guimaraes	2:58.54	+0,89	519	6,00
	50m: 38.59 38.59	100m: 1:24.12 45.53	150m: 2:11.66	47.54	200m: 2:58.54 46.88		
7.	BATISTA Nelson Duarte	80	CPCD-Povoa St Iria	3:04.13	+0,99	549	7,00
	50m: 40.42 40.42	100m: 1:26.80 46.38	150m: 2:15.52	48.72	200m: 3:04.13 48.61		
8.	BARROSO Jose Miguel	62	Fluvial Portuense	3:09.27	+0,88	644	9,00
	50m: 43.79 43.79	100m: 1:31.88 48.09	150m: 2:20.50	48.62	200m: 3:09.27 48.77		
9.	COSTA Antonio Sergio	84	Famalicão	3:09.37	+0,85	510	6,00
	50m: 40.10 40.10	100m: 1:25.88 45.78	150m: 2:15.08	49.20	200m: 3:09.37 54.29		
10.	LIMA Jorge Sequeira	67	Sporting	3:10.37	+0,91	594	9,00
	50m: 42.84 42.84	100m: 1:30.85 48.01	150m: 2:22.25	51.40	200m: 3:10.37 48.12		
11.	MOREIRA Jose Luis	93	Natacao da Maia	3:10.78	+0,83	436	9,00
	50m: 41.98 41.98	100m: 1:30.83 48.85	150m: 2:20.69	49.86	200m: 3:10.78 50.09		
12.	SOUSA Antonio Fernando	65	Porto	3:11.55	+0,76	621	7,00
	50m: 42.85 42.85	100m: 1:31.65 48.80	150m: 2:21.14	49.49	200m: 3:11.55 50.41		

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09-07-2021 13:29 - Página 7



XXII Campeonato Nacional Masters de Verão , OPEN
XXII Portuguese Summer Masters Championships - OPEN
Vila Nova de Famalicão, 09 a 11 de Julho de 2021



Prova 4, Masc., 200m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
13.	MENESES Goncalo Goncalves	92	Braga	3:12.02	+0,95	427	7,00
	50m: 41.78 41.78	100m: 1:29.34 47.56	150m: 2:20.43 51.09	200m: 3:12.02 51.59			
14.	BASTO Gustavo Ferreira	67	Galitos/ Bresimar	3:15.13	+0,86	551	7,00
	50m: 42.43 42.43	100m: 1:32.17 49.74	150m: 2:24.21 52.04	200m: 3:15.13 50.92			
15.	NUNES Miguel Angelo	73	Estarreja	3:18.06	+0,83	467	9,00
	50m: 43.76 43.76	100m: 1:33.22 49.46	150m: 2:25.95 52.73	200m: 3:18.06 52.11			
16.	BERNARDO Luis Miguel	61	Fluvial Portuense	3:18.92	+0,99	632	9,00
	50m: 44.57 44.57	100m: 1:35.09 50.52	150m: 2:27.63 52.54	200m: 3:18.92 51.29			
17.	GONCALVES Carlos Guimaraes	70	Fluvial Portuense	3:19.40	+1,01	517	6,00
	50m: 46.96 46.96	100m: 1:38.03 51.07	150m: 2:28.03 50.00	200m: 3:19.40 51.37			
18.	SILVA Bruno Miguel	86	Lisboa PoolSharks	3:20.64	+1,03	429	5,00
	50m: 42.90 42.90	100m: 1:32.39 49.49	150m: 2:25.85 53.46	200m: 3:20.64 54.79			
19.	CUNHA Tiago Filipe	76	Amigos da Natacao	3:22.32	+0,89	438	7,00
	50m: 46.11 46.11	100m: 1:36.40 50.29	150m: 2:30.19 53.79	200m: 3:22.32 52.13			
20.	AITA Cristian	77	Porto	3:22.81	+0,85	411	6,00
	50m: 45.84 45.84	100m: 1:37.52 51.68	150m: 2:31.67 54.15	200m: 3:22.81 51.14			
21.	NOVAIS Jose Orlando	78	Vitoria Guimaraes	3:28.77	+0,91	377	5,00
	50m: 45.63 45.63	100m: 1:38.68 53.05	150m: 2:34.49 55.81	200m: 3:28.77 54.28			
22.	FERNANDES Andre Manuel	88	Lisboa PoolSharks	3:31.81	+1,01	310	5,00
	50m: 48.58 48.58	100m: 1:41.39 52.81	150m: 2:37.16 55.77	200m: 3:31.81 54.65			
23.	SOARES Joao Tiago	70	Porto	3:34.26	+0,86	416	5,00
	50m: 49.74 49.74	100m: 1:45.34 55.60	150m: 2:42.98 57.64	200m: 3:34.26 51.28			
24.	FRANCA Nuno Avila	72	Academica de Coimbra	3:35.27	+0,89	364	6,00
	50m: 45.05 45.05	100m: 1:38.67 53.62	150m: 2:36.26 57.59	200m: 3:35.27 59.01			
25.	FARIA Decio Manuel	72	Feirense	3:39.50	+0,95	343	5,00
	50m: 49.30 49.30	100m: 1:45.40 56.10	150m: 2:44.97 59.57	200m: 3:39.50 54.53			
26.	ROCHA Mario Xavier	70	Feirense	3:40.70	+1,02	381	4,00
	50m: 50.40 50.40	100m: 1:46.36 55.96	150m: 2:44.64 58.28	200m: 3:40.70 56.06			
27.	SILVA Marco Paulo	70	Naval Povoense	3:43.70	+0,94	366	3,00
	50m: 47.99 47.99	100m: 1:44.77 56.78	150m: 2:45.73 1:00.96	200m: 3:43.70 57.97			
28.	AMARAL Joao Gunther	69	Fluvial Portuense	3:44.25	+0,92	363	2,00
	50m: 48.07 48.07	100m: 1:43.40 55.33	150m: 2:42.91 59.51	200m: 3:44.25 1:01.34			
29.	BARROS Mario Jorge	56	Porto	3:45.73	+0,94	573	9,00
	50m: 54.34 54.34	100m: 1:52.54 58.20	150m: 2:52.10 59.56	200m: 3:45.73 53.63			
30.	FREITAS Joao Dinis	83	Masters de Almada	3:50.62	+0,90	282	4,00
	50m: 52.53 52.53	100m: 1:52.82 1:00.29	150m: 2:54.89 1:02.07	200m: 3:50.62 55.73			

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09-07-2021 13:29 - Página 8

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PARCEIROS



XXII Campeonato Nacional Masters de Verão , OPEN
XXII Portuguese Summer Masters Championships - OPEN
Vila Nova de Famalicão, 09 a 11 de Julho de 2021



Prova 4, Masc., 200m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
31.	SANTINHA Antonio Manuel	69	Masters de Almada	3:50.73	+1,10	333	1,00
	50m: 55.65 55.65	100m: 1:56.94 1:01.29	150m: 2:57.58	1:00.64	200m: 3:50.73	53.15	
32.	BAPTISTA Jose Manuel	69	Leixoes	3:50.90	+1,17	333	-
	50m: 52.36 52.36	100m: 1:51.47 59.11	150m: 2:52.21	1:00.74	200m: 3:50.90	58.69	
33.	TOMAS Daniel Rocha	83	Obidos Criativa	3:51.74	+0,93	278	3,00
	50m: 47.05 47.05	100m: 1:47.06 1:00.01	150m: 2:50.02	1:02.96	200m: 3:51.74	1:01.72	
34.	CECILIO Antonio Alves	54	Fluvial Portuense	3:53.79	+1,13	516	7,00
	50m: 52.46 52.46	100m: 1:51.65 59.19	150m: 2:54.03	1:02.38	200m: 3:53.79	59.76	
35.	TRIGO Daniel Castro	65	Sporting de Aveiro	3:54.08	+1,03	340	6,00
	50m: 53.85 53.85	100m: 1:55.42 1:01.57	150m: 2:55.78	1:00.36	200m: 3:54.08	58.30	
36.	SILVA Rui Manuel	64	Academica de Coimbra	3:54.09	+1,08	340	5,00
	50m: 48.41 48.41	100m: 1:46.79 58.38	150m: 2:49.45	1:02.66	200m: 3:54.09	1:04.64	
37.	MADUREIRA Pedro Marcos	64	Porto	3:57.82	+1,03	324	4,00
	50m: 54.99 54.99	100m: 1:57.02 1:02.03	150m: 3:01.16	1:04.14	200m: 3:57.82	56.66	
38.	ROCHA Joao Castro	95	Fluvial Portuense	4:09.77	+1,49	194	6,00
	50m: 58.07 58.07	100m: 2:00.34 1:02.27	150m: 3:05.51	1:05.17	200m: 4:09.77	1:04.26	
39.	NEVES Sergio Manuel	82	Fluvial Portuense	4:16.53	+1,01	205	2,00
	50m: 59.56 59.56	100m: 2:09.84 1:10.28	150m: 3:16.56	1:06.72	200m: 4:16.53	59.97	
40.	GASPAR Alexandre Azevedo Rec Nac Esc K	45	Alges	4:17.23	+1,15	499	9,00
	50m: 58.70 58.70	100m: 2:04.55 1:05.85	150m: 3:11.70	1:07.15	200m: 4:17.23	1:05.53	
41.	SEARA Joao Henrique	63	Leixoes	4:17.72	+0,87	255	3,00
	50m: 54.54 54.54	100m: 1:56.86 1:02.32	150m: 3:05.86	1:09.00	200m: 4:17.72	1:11.86	
42.	BAIRRADA Mario Gomes	52	Alges	4:18.69	+1,08	381	6,00
	50m: 57.26 57.26	100m: 2:03.74 1:06.48	150m: 3:11.42	1:07.68	200m: 4:18.69	1:07.27	
43.	LEITE Jose	48	Foca Quinta da Lixa CNF	4:18.95	+1,20	411	9,00
	50m: 57.44 57.44	100m: 2:06.23 1:08.79	150m: 3:15.18	1:08.95	200m: 4:18.95	1:03.77	
44.	TEIXEIRA Albano Couto	63	Foca Quinta da Lixa CNF	4:20.21	+1,15	247	2,00
	50m: 55.71 55.71	100m: 2:00.77 1:05.06	150m: 3:10.27	1:09.50	200m: 4:20.21	1:09.94	
45.	ROCHA Paulo Jorge	59	Fluvial Portuense	4:25.59	+1,48	265	7,00
	50m: 1:00.71 1:00.71	100m: 2:09.45 1:08.74	150m: 3:22.38	1:12.93	200m: 4:25.59	1:03.21	
46.	FREITAS Joaquim Fidalgo	47	Academica de Coimbra	4:37.88	+1,37	333	7,00
	50m: 58.28 58.28	100m: 2:08.49 1:10.21	150m: 3:22.95	1:14.46	200m: 4:37.88	1:14.93	
47.	PINTO Fernando Manuel	61	Fluvial Portuense	4:44.35	+1,01	216	6,00
	50m: 1:06.91 1:06.91	100m: 2:18.60 1:11.69	150m: 3:32.82	1:14.22	200m: 4:44.35	1:11.53	



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Prova 4, Masc., 200m Bruços, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
48.	MAGALHAES Alfredo Coelho	53	Porto	4:45.76		282	5,00
	50m: 1:07.38 1:07.38	100m: 2:20.44 1:13.06	150m: 3:35.72 1:15.28	200m: 4:45.76 1:10.04			
49.	MARQUES Antonio Jorge	51	Fluvial Portuense	4:55.39	+1,18	277	6,00
	50m: 1:05.76 1:05.76	100m: 2:20.77 1:15.01	150m: 3:39.56 1:18.79	200m: 4:55.39 1:15.83			
50.	SOUSA Antero Silva	43	Fluvial Portuense	4:57.26	+1,35	323	7,00
	50m: 1:07.61 1:07.61	100m: 2:23.40 1:15.79	150m: 3:41.57 1:18.17	200m: 4:57.26 1:15.69			
51.	HORTA Jose Manuel	49	Alges	5:36.53		187	5,00
	50m: 1:19.27 1:19.27	100m: 2:46.67 1:27.40	150m: 4:14.19 1:27.52	200m: 5:36.53 1:22.34			
52.	ROSEIRA Joao Luis	55	Fluvial Portuense	5:42.21	+1,16	164	4,00
	50m: 1:19.17 1:19.17	100m: 2:48.03 1:28.86	150m: 4:17.45 1:29.42	200m: 5:42.21 1:24.76			
53.	FERRARIA Alfredo Gouveia	57	Porto	5:51.24		114	5,00
	50m: 1:19.18 1:19.18	100m: 2:51.77 1:32.59	150m: 4:23.23 1:31.46	200m: 5:51.24 1:28.01			
54.	TENREIRO Manuel Monteiro	40	Academica de Coimbra	5:51.88		243	9,00
	50m: 1:23.71 1:23.71	100m: 2:59.65 1:35.94	150m: 4:30.58 1:30.93	200m: 5:51.88 1:21.30			
DSQ	SA Filipe Teixeira	78	Porto				-
	722 - Tocou com uma mão na parede na viragem aos 150 m - SW 7.6						
DNS	SOARES Ralf Pinto	64	Nadadores dos Estoris				-
DNS	COSTA Virgilio Zacarias	31	Academica de Coimbra				-
DNS	PAIVA Henrique Silva	67	Feirense				-
DNS	DUARTE Jose Samuel	65	Sporting				-
DNS	PEREIRA Paulo Sergio	74	Fluvial Portuense				-